

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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Mount St. Mary's University graduates 522

On May 14, Mount St. Mary's University celebrated its 209th Commencement Ceremony with the graduation of 522 students. As in past years, we would like to acknowledge the graduating Mount students who have held leadership roles in the Emmitsburg News-Journal.

Kelly Smith began her work for the News-Journal in July of 2016 as the paper's Sport's Editor. "Working at the Emmitsburg News-Journal was an amazing experience," She stated, "Immediately, I was welcomed by the managing staff, writers and editors. It felt like one big family with the main goal to keep the people of Emmitsburg in the know. I would like to thank Michael, Angela and the entire newspaper staff for allowing me to pursue this amazing opportunity." Kelly will assume the position of Marketing and Events Coordinator at Catocin Breeze Vineyard in Thurmont.

The News-Journal's Arts Editor, Jack Williams, has worked for the paper for two years. Jack he will be moving to Baltimore to pursue a Master's in Social Work.

"I don't believe a newspaper can be successful without a great staff and a caring community.

We're lucky to have both at the News-Journal. We receive so many compliments for the work that we do, but it's really just a reflection of the people we write for. Working with the staff of the News-Journal has meant a great deal in my time here. What's striking about this newspaper is the independence we were given and the support we have received from the community...To be honest, I can't think of a single downside that came from working here. There are very few experiences where that's the case, and I'm beyond grateful that I was able to take part in this community by writing for this newspaper."

The paper's Assistant Editor Leanne Leary was commissioned a Second Lieutenant in the Army upon graduation and will headed to the Army's 460th Quartermaster Company.

"The past four years with the ENJ have been incredible and to have documentation of my growth and challenges and highlights and everything that comes with this monthly paper is such a blessing. I've worked with people here who have made me a better writer and who have given me the coolest gifts of feedback, praise and constructive criticism. It's go-



The News-Journal congratulates our graduating students (from left to right) Kelly Smith, Leanne Leary, Angela Smith, Sean Vietri and Jack Williams (not pictured).

ing to be weird not sending this in every month, but I can't wait to follow the next generation of writers through their four years!!"

The paper's Managing Editor, Angela Smith completed her MBA and will join the Mount's Marketing and Communication Office. When asked what working for the News-Journal has meant to her, she said, "Working for the News-Journal has allowed me to take on a management position in a field that I love. I have always loved writing, and I have gotten great experience

organizing each monthly edition and coordinating with writers, editors and other contributors."

We also bid farewell to our local sports writer, Thurmont native Sean Vietri who is a graduating from Saint Maria Goretti High School, and headed to Gonzaga University where he will be majoring in electrical engineering.

As with all our graduates, we are sorry to see these wonderful and talented people leave, but we wish them all the best for their future endeavors.

Strawberry Hill to sell 574 acres

Strawberry Hill Nature Preserve is currently in the final stages of negotiating a partnership with the Department of Conservation and Natural Resources (DCNR) and The Conservation Fund to transfer 574 acres to become part of the Michaux State Forest.

In 2008 Strawberry Hill's ability to subsidize its educational programs and maintain the Preserve was reduced as a result of significant losses to the Foundation's stock market investments. While the Foundation's assets have recovered, increased operational and facility management costs, coupled with continued financial pressures, have strained the ability of the Foundation to provide affordable quality education and protect the watershed.

In order to continue servicing the community's environmental education needs, Strawberry Hill had to consider the land transfer as a viable means to procure additional funds. The Board made an initial grant request of \$987,500 to DCNR in exchange for the 574 acres, however, DCNR only ap-

proved \$837,000, or 85% of the requested amount, leaving a hole of \$163,000 in the foundation's endowment budget, plus an additional \$100,000 in project costs (legal fees, land survey etc.)

Through further negotiations with private corporations Strawberry Hill was able to secure an additional \$100,000. The Foundation continues to look for support from local government representatives, the Adams County Community Foundation, local businesses, and the Adams County community to help close the remaining gap.

\$1 million was the initial goal raise to support the endowment for educational programming and continue to provide community access to the Preserve. This would raise the endowment to roughly \$1.5 million, the annual return would cover the cost of annual operations while still allowing the principal investments to grow for future uses.

Strawberry Hill is also in the process of looking at other options to open up future avenues to generate revenue, including allowing



Strawberry Hill is in the final stages of selling over 90% of the protected preserve to raise funds for its ongoing educational programs.

the Preserve to serve as a gathering point for access to the southern part of the South Mountain Range via the Michaux State Forest.

Strawberry Hill Foundation, Inc. was created in 1986 as a charitable non-profit with the

primary mission to provide environmental education to the surrounding area and protect the Swamp Creek Watershed. The Nature Preserve and Environmental Education Center lie at the heart of this mission.

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EMMITSBURG NEWS

Frustration over waste odor

Residents vented frustration with the town over the unpleasant odor that has been lingering in town for the past few months as a result of the storage of poultry processing plants waste stored in one of the town's empty lagoons. In November, the town contracted with Enviro-Organic Technologies (EOT) to store the waste from Nov to Feb. The town was paid \$80,000 for the four months the waste was to be stored.

Prior to approving the contract, the town failed to verify that the private storage of the agriculture waste was allowed under the current zoning requirements. The town only reached out to the county after an inquiry from this paper was made to town.

Complaints about the odor began in February as the smell emanated throughout the town as the sludge was being removed from the lagoon. According to EOT, the odor was only supposed to last for about two weeks. Unfortunately, this has not been the case. According to those who spoke at the May 1st town meeting, not only does the odor present an inconvenience, it poses health concerns for those suffering from asthma or other medical conditions.

Mary Ann Wivell wanted to know what the residents are inhaling and if it is hazardous to their health. "The odor is overwhelming," stated Wivell. "People want to be outside enjoying the weather, but the smell is unbearable." The odor has certainly caused a stir among residents who cannot leave their windows open, hang their laundry outside or allow their children to play outdoors without being inundated with the awful smell.

Some residents question whether or not the Board and town staff conducted thorough research on the material being stored. Others questioned the town's ability to conduct adequate research prior to agreeing to projects that will have an impact on the town fiscally as well as resident's quality of life.

Paula Lindsay, owner of the property adjacent to the Wastewater Treatment Plant, said, "the odor is truly offensive." "More concerning is that there have been no studies on exactly what the contents of the lagoon are. It is known that hydrogen sulfides are released as a product of anaerobic breakdown in the slurry, causing the awful odor, but how does this affect resident's health?"

In responding to Lindsay's com-

ments, Town Council President Tim O'Donnell implied it was Lindsay's fault for moving next to the sewer plant. Lindsay however said the old sewer plant was put in after he moved in, and he never had a problem with the smell from the old sewer plant – "it's the commercial storage of agriculture waste being shipped in from Virginia that I have a problem with." He said.

EOT noted that they "can't deny the smell" but assured the community that he would do their best to mitigate the smell as best they can. However, they can't guarantee that there will never be an odor. They also noted they will never be able to get the tanks "squeaky clean."

Every time the crust on top of the slurry is disturbed and the mixture is agitated, the odor worsens. The cap/crust that forms over the mixture needs to harden and completely reform. This will happen as soon as the slurry is left alone and not mixed any further. Snader also proposed that a straw mat, at minimum of 6 inches thick, be placed under the cap, which will also help to reduce the odor. Thanks to the length of the contract signed by the town, residents expect the resulting odor begin again this fall.

Fire/Ambulance begin merger talks


The Vigilant Hose Company (VHC) and the Emmitsburg Volunteer Ambulance Company (EVAC) have formally begun to discuss merging personnel, resources and facilities.

In a joint press relapse, VHC President Frank Davis and EVAC President May Lou Little stressed that this is an

open and positive step that both organizations have long discussed. Both groups have recently been discussing possible ways to potentially combine personnel and resources to better meet the needs of the community.

While the VHC is recognized as one of the strongest volunteer fire compa-

nies in Frederick County, the EVAC has struggled in recent years with ongoing leadership woes and failure to meet minimum staffing standards. Dating back to 1998, EVAC's failure rate and inability to meet county standards has resulted in it coming under scrutiny, resulting in multiple suspensions by the



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Frederick Department of Fire and Rescue Service.

The most recent suspension of the EVAC occurred in 2014 when it was temporary ordered by the county to cease rescue activity following its failure to respond to the

majority of dispatched calls. The suspension was only lifted a year later under the condition that the EVAC would begin serious discussions with the VHC concerning a merger or consolidation of the two organizations.

Emmitsburg news-briefs . . .

Town to cease responding to media information requests

In an apparent response to this paper's independent analysis of the data provided by the town staff on solar farm costs, which differs by \$2 million over the Mayor's projected costs/benefits, the town has instituted a new policy of not responding to media information requests until it has been presented to the Board of Commissioners for review.

The town however failed to notify the media on the new policy; instead it fell to Town Commissioner Joe Ritz to notify the press. In his e-mail, Commissioner Ritz stated: "While I do not agree with it, I wanted to ensure you were made aware in the event you

do not receive information in a timely manner. I can't speak for my fellow commissioners; however, I'm always available for comment." Needless to say, the town failed to respond to an inquire as to the "official" basis for the new policy.

Compost program in the works

The Emmitsburg Green Team is in the process of working on a composting program for residents in order to further the town's vision of sustainability. Town Manager Cathy Willets explained to the Board of Commissioners that there is a grant available to start up the Emmitsburg Composting program. The program, run by Backyard Composting, offers compost bins to

the town. The town would purchase 40 bins at \$27 per bin and the bins would be sold to residents wishing to participate in the program for \$20. The total cost to the town, initially, would be \$1,080. If all bins were sold, the town would only "be out" \$280. If the town decided to move forward with this program, the bins would be purchased mid-July and would receive them by early August.

Extra pool lighting denied

The Board of Commissioners voted not to purchase extra lighting for the town pool currently undergoing renovations. The extra lighting outside the pool, in addition to the proposed lighting within the

pool, would be required to extend the pool's hours after dark. Initially, the town thought that they would only need to install in-pool lighting, which would have cost approximately \$13,200. However, with the addition of lighting on the deck

and pathways, the lighting addition became too costly. While the board chose not to install lighting, it agreed to purchase a new diving board at a \$5,000. Lighting may be considered in the future in order to extend the pool's hours of operation.



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FAIRFIELD/CARROLL VALLEY NEWS

Fight against casino ramps up

Residents of Freedom Township and “No Casino” supporters rallied together on May 6 to speak about a possible referendum to stop the proposed Mason-Dixon Downs from coming to Freedom Township. Upwards of 75 members of the community attended the rally to voice their concerns with the proposed ‘racino’.

Opposition stems from local businessman David LeVan’s \$300 million proposed Mason-Dixon Downs casino/racetrack, to be located in the heart of the rural community of Freedom Township. The proposed location for the ‘racino’ is on Emmitsburg Road, less than a mile from U.S. Route 15 and the Maryland line. Those in support of the ‘racino’ continue to push for the economic growth they would hope to see come from the presence of Mason-Dixon Downs. Those against, strongly oppose the culture

that tends to come along with casinos and have concerns for safety within the community, concerns with upkeep and maintenance of the roads to be used and hindrance of the integrity of the rural nature of the township.

During the May 3 Planning Commission meeting, resident Rebecca Kernat asked the Commission to make a recommendation to the Board of Supervisors to vote for a referendum in Freedom Township to prohibit the racetrack/casino. The “No Casino” group started a campaign where they went door-to-door collecting signatures from those opposed to the installation of a ‘racino’, and the culmination of the campaign occurred on the 6th with a rally against Mason-Dixon Downs. Freedom Planning Commission members said a ballot referendum has never been used in Freedom Township.

Kernat said that PA law provides for a referendum to be put on the ballot to prohibit a racetrack if there is an existent racetrack within 50 air miles of the proposed facility. “This may be the best way to see what citizens want,” said Kernat. The referendum may be placed on a ballot by a resolution of the Board of Supervisors once they receive a petition representing at least 25% of those who attended the last political election. By the “No Casino” group’s calculations, they only needed 47 names on the petition.

The Board of Supervisors was presented two separate petitions during their May 10 meeting. The first petition included 276 signatures collected over the course of a few weekends, and a second petition with 120 names was collected in just four days. All names collected were those of registered voters in the township. The Board of Supervisors will pro-

vide the information presented, including the references, petitions and related information to the Township Solicitor and will take action on the proposed referendum during the June meeting.

Regardless of the referendum, LeVan is still early in the process, and doesn’t intend on stopping anytime soon. For the past three months, LeVan and his team have been in the process of asking for a text amendment to the current zoning ordinance in order to allow for the ‘racino’ facility to be built on a mixed-use zoned property. LeVan’s team presented the Planning Commission with the third revised copy of the text amendment, and intends on presenting the finalized version for review during the June Planning Commission meeting.

The application to the Horse Racing Commission for the harness racing license is due June 14. However, the possibility of a referendum won’t slow the ‘racino’ project from proceeding, said George Broseman,

an attorney representing the project. LeVan must convince the State Horse Racing Commission that the project is worthy of Pennsylvania’s last remaining casino license, which must be paired with a horseracing track. As LeVan stated, the harness racing license is conditional, meaning that he needs to be approved for the horseracing license before he can apply for a casino license. If he receives the horseracing license, LeVan will move on to the Pennsylvania Gaming Control Board for final consideration of a casino license.

The referendum may appear on the November ballot for Freedom Township residents to weigh in on their opinion on the racino, but for now, LeVan intends on submitting the application for the racetrack license. If the township does not make a decision about the zoning laws by the time the license application is due, Mason Dixon Downs will write the pending status of that decision into the application, Broseman said.

Carroll Valley votes yes to chickens, no to sprinklers

During the May 9 Carroll Valley Borough Council meeting, the Council voted in favor of chickens in the Borough and against the mandated in-home sprinkler systems. Both topics have been on the table, going back and forth for months, even years, but the Council has officially chosen to advertise their stance on the ordinances, which will be officially voted upon during the June meeting.

The Chicken Ordinance has been a topic of debate for the past several months, residents of the Borough standing relatively evenly on both sides of the topic. Arguments in favor of the chickens included: the desire to eat and maintain an organic lifestyle, knowing where the food being consumed came from, teaching children responsibility, pleasure

of having chickens as pets. Those against chickens in the Borough showed concern over potential improper maintenance, lack of cleanliness, noise, and attraction of bugs and other nuisance wildlife. Both sides were weighed by the Council, but in the end, they voted in favor of chickens.

The new proposed ordinance, that was presented at the May meeting, reads as follows: “An Ordinance of the Borough of Carroll Valley amending Chapter 2 of the Borough of Carroll Valley Code of Ordinances to: create a new part 4, entitled “chickens” to include provisions permitting the limited keeping of domesticated chickens as an accessory use to a single-family detached dwelling.” In short, if passed, the Borough will allow backyard chickens outside of properties zoned

agricultural. Those wishing to keep a few backyard chickens will have to acquire a permit from the Borough first.

The ordinance presented to the Council included 2 lines that were removed: the notarization of the applicant’s signature on the permit document, and the deed precedence over the permit. Neither of these conditions are present in other Borough ordinances, so the Council voted to exclude them from this document to maintain consistency within Borough Ordinances.

The mandated in-home sprinklers have been another hot topic as of late in the Borough. This issue was brought back up to the Council at the end of 2016, when Council member Tyler Pyles asked the Council to consider repealing the mandate. Since that

time, the Ordinance has been discussed by the Planning Commission, who recommended not repealing the ordinance.

Realtors and some builders in the area stand on the side of not mandating sprinklers, as the added expense has been turning new potential builders in Carroll Valley away. “The cost of these sprinkler systems generally starts at \$6,000 and depending on the size of the home, may exceed well over \$10,000,” said local realtor Trish Rowe. “It should be a home-owners choice to install these sprinklers.”

Fire Department personnel stand on the other side of the argument, having seen the detrimental effects of fires. “It is a life safety issue,” said Dave Martin, Fountaintdale Fire Department Chief. Reality is, even the best responding volunteers don’t always

make it to the fire in time. With the way the new buildings are being constructed, the Fire Department only has five to ten minutes to get to the scene before the home is engulfed in flames. Fairfield Fire Chief Bill Jacobs closed by asking, “What is a life worth?” “Carroll Valley is on the cutting edge, mandating these sprinklers and should remain that way.”

After hearing public comment for several months on this topic, Council was ready to make a decision. Council members were all but evenly torn on the topic, but voted 4 – 3 in favor of the repeal.

Both ordinances will be voted upon during the June Borough Council meeting. A public hearing concerning the sprinklers will be held at 6 p.m., prior to the regularly scheduled Council meeting.

Liberty Township Supervisor candidates split tickets

On May 16 Liberty Township residents showed up in droves to vote for the third elected Supervisor seat, currently occupied by Walter Barlow. Both Barlow and his challenger, newcomer Vincent Gee ran on both the Republican and Democratic tickets. Barlow won the Republican ballot winning 92 votes to Gee’s 82. Gee won the Democratic ballot garnering 33 votes to Barlow’s 28. Because each won a party ticket, they will face off again in the November general election.

Normally small town elections such as this pass by without too much fuss. However, with everything that has happened within the Township over the past year, residents wanted to make sure they showed up to vote during the May election. Many residents need to see a change in the Township, and electing a new team of Supervisors may be the best way to get that

change. Recently, the community has been questioning the current Board of Supervisors and their ability to serve the community. Many questions have gone unanswered or ignored, and residents are tired of it.

Unfortunately, as many residents have noted, Supervisor Chairman John Bostek’s term doesn’t end until 2019, and Supervisor Vice-Chairman Robert Jackson’s term doesn’t end until 2021. In response to these circumstances and the discontentment within the community, a group of residents

have asked Jackson and Bostek to step down from their positions, noting that if they did not, they would form a petition to ask for their impeachment. Bostek simply responded with “thank you” while Jackson had no reply.

Gee has been living in the Township since 2013, and noted that he will to use his 20 years of professional and technological experience to assist the township to the best of his ability. His experience entails handling emergencies, planning, managing and work-

ing with teams. He notes his greatest strength as his “ability to bring people together to solve problems.” “Our township’s success will only be through better management, honesty, new technology and teamwork. Given the opportunity, I will work on matters which

are important to you,” stated Gee.

Barlow was born and raised in Liberty Township, and wanted to continue serving the community as a Supervisor. In addition to being a Supervisor, he has also been a member of the road crew for many years.

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THURMONT NEWS

Thurmont presents FY18 budget

The Thurmont Town Council has been working on the 2018 fiscal year budget for the past two months, and work may finally be drawing to an end. After several meetings, workshops and public hearings the town presented a finalized version of the budget at the end of May.

This year's General fund revenue is \$3,547,982 and the expenditures total \$3,441,071, making the Operating Budget \$106,911. In one of the first drafts of the budget, a HUR One-time Grant

in the amount of \$163,896 was included as a line item within the Capital Budget, but was taken out. Commissioners felt it unnecessary to include the potential grant since the town may not actually receive those funds.

The General fund includes the Streets and Parks Department. Some capital improvement projects residents can expect during this fiscal year are: Frederick Road Bridge repairs, tree treatment in Community Park, Trolley Trail Overlay, street paving, 8 Frederick

Street demolition and post demolition blacktop installation. Some additional expenses from the Police Department added in this year's budget are: portable radios, body cameras, in car cameras. The total cost for these, and some additional items is \$37,000.

The FY18 electric fund revenue is \$6,429,909 and the expenditures are \$6,120,312. The Capital Budget for the Electric fund is \$269,700. \$330,000 was added in April to the electric fund revenues. This amount was procured

from energy cost savings within the town.

The Water fund revenue totals \$962,200 and the expenditures are \$829,779, allowing the Capital Budget for the Water fund to be \$82,500. Some project expenses within the Water fund include: replacement of the South Pumping Station, Phase 1 Water Distribution Systems improvements and a residential water meter upgrade project.

Lastly, the Wastewater fund revenue is \$1,659,188 and the expenditures are \$1,405,112. The capital budget for Wastewater is \$186,825. The revenue increased

slightly from last year. This increase is due to some residential and small commercial growth in town. The operating expenses have also slightly increased from last year.

As part of the budget development process, the town council approved a new, lower constant yield tax rate, meaning that the town will not collect any more money from residents. Residents will continue to pay the same property taxes as last year even though property values have increased.

You may view the complete FY18 budget on the town's website www.thurmont.com.

Thurmont recognized as Tree City USA

The Town of Thurmont was recently named a 2016 Tree City USA by the Arbor Day Foundation in honor of its commitment to effective urban forest management. Becky Wilson from the Maryland Department of Natural Resources presented the award to the Mayor and Commissioners, Chief Administrative Officer, and community volunteers at the weekly town meeting on May 2. Wilson, who participated in several tree planting projects in Thurmont, happily recognized Thurmont as the newest

municipality in the state to be recognized as a Tree City USA community. Wilson noted that Thurmont is the 37th municipality out of 147 eligible in the state to receive this award. Mayor John A. Kinnaird acknowledged all of the hard work put forth by staff and volunteers to achieve the award. "This award is a because of all of you", Kinnaird said while addressing the volunteers in the room, and added "The Town of Thurmont thanks you".

Thurmont achieved the Tree City USA recognition by meeting

the program's four requirements: a dedicated team devoted to tree care, a tree-care ordinance, an annual community forestry budget of at least \$2 per capita and an Arbor Day observance and proclamation. Town staff and volunteers recently planted 50 trees in the Thurmont Community Park. Another 42 trees were planted in Eyer Road Park and Orchard Hills Park by town staff. Chief Administrative Officer Jim Humerick acknowledged that the next community tree planting project is being planned for the fall.



Volunteers joined the Mayor, Commissioners, and CAO of Thurmont to accept the Tree City USA award from the Maryland Dept. of Natural Resources.

East End Park phase 1 complete

While predictions of heavy rain on May 13 caused the town to call off the official ribbon cutting ceremony until June 17 to celebrate the completion of Phase 1 of the East End Park Inclusive Play Area, it could not keep kids eager to play away. On Sunday, the park was crowded with lines for every ride in the park.

The Inclusive Play Area was the brainchild of the Catoctin Civitan Club, who in 2015 approached the Board of Commissioners about the idea of an all-inclusive playground that would replace some of the deteriorating equipment in East End Park. Members of the Club, with the goal of helping people with developmental and intellectual disabilities in mind, no-

ticed that Thurmont parks were not all wheelchair accessible. This posed a concern for many members, so they brought some sketches and ideas to the Board for consideration.

From there, the playground was designed and phase one was completed. The new playground was designed and installed by Playground Specialists, Inc. from Thurmont. The playground allows for children of all abilities to play together without obstacles or constraints. There are two more phases scheduled as soon as funding can be obtained by the Town and the local Civitan Club. The first phase of the project cost over \$70,000 and was completely funded through a Program Open Space grant obtained by the Town and a Ci-

vitan International Grant obtained by the local Civitan club.

The final two phases are estimated to cost over \$200,000 to complete the one-of-a-kind project. "We are very happy to be able to partner with the Catoctin Area Civitan Club on such a wonderful project. Our goal is to get the grant funding to complete the remaining two phases in the next six to twelve months", said Thurmont Commissioner Wayne Hooper.

"The Town of Thurmont is very excited to be able to provide an all-inclusive facility such as this. We are very proud that the Civitan Club, along with the town is able to partner to bring this goal to a reality," said Thurmont Chief Administrative officer Jim Humerick.



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100 YEARS AGO THIS MONTH

June 1917

June 1

Seven Enlist

Today was recruiting day in Emmitsburg for Company A, of Frederick, the Company of the First Regiment, M. N. G. The recruiters made their headquarters at the Chronicle offices. Almost on the stroke of the appointed hour, the first recruit, Francis Xavier Elder, presented himself and after preliminary examinations was accepted. Closely followed him came Joseph Felix, Joseph Adelsberger, Robert Reifsnider, Benjamin Topper, George Waggerman, and Louis Stoner.

This little squad of red-blooded patriots then left for Frederick for the more rigid examination by the company's doctor, and all passed and were qualified except Reifsnider, who, much to his regret and that of his friends, failed to measure up to the required height. These six, since their return, have been receiving congratulations for their manly actions. Emmitsburg is proud of them and of the honor thus conferred on the district by their actions.

Defense League Notice

As the date for the regular meeting of the Defense League conflicts with the date chosen for the card party to benefit the Red Cross, there will be no meeting of the Defense League this week.

Roterings Robbed

Using a long ladder and making an entrance through the second story window, thieves entered the clothing and furnishings store of C. F. Roterings Wednesday night and made away with clothing and furnished goods valued at several hundred dollars.

The heavy locks and iron bars on the doors and windows on the first floor prevented operating where most of the stock is kept, and to avoid detection while at work the robbers chose the side window shadowed by the Methodist Church. They broke the bolts, removed the sash and stepped over the lower frame into the stock room. There they sorted out only such goods as appealed to them, being particular to take only sizes that were suitable to their own needs. Among the "swag" taken were bathrobes, suits, sweaters, stockings and

neckties, leaving a host of things that might easily have been converted into cash. The store was open as usual on Thursday, and as no one had occasion to go to the stockroom the robbery was not detected until a passerby noticed the window and the ladder resting against the wall and alerted the store clerk.

June 8

Five More Volunteers

Delighted with the success on the previous Tuesday, the recruiting squad of Company A, First Regiment, M.N.G., returned to Emmitsburg and signed up five more boys. They included Clarence Myers, Charles Sharrer, Carroll McCleaf, Earl Weikert and Frank Bouey. Quinn Topper and William Bowling enlisted in the regular service. Simon Klosky has enlisted in the aviation Corps.

Red Cross Benefit A Success

The Finch and Five Hundred card party given under the auspices of the Woman's Auxiliary of the National Defense League in the parlor and dining room of the New Sagle Hotel last evening proved to be a fine success, socially and financially. Attended by about 75 persons, it yielded the Association nearly \$50. The rooms were very appropriately decorated with flags and the national colors. There were large red cardboard crosses, and for favors each person was given a tiny flag. A goodly number of out-of-town guests were present. Refreshments were served, consisting of lemonade and fancy cookies.

Mrs. Jacob Eiker

Mrs. Carrie Eiker, wife of Jacob Eiker, died at her home near Fairfield Tuesday afternoon from a stroke of apoplexy. She was 37. She leaves her husband and six children, all at home, also her father, who she was caring for.

Registration Day In Emmitsburg

Tuesday was registration day for boys eligible in the selective draft. In Emmitsburg's precinct 1, 192 whites and three colored were registered; and in precinct 2 there were 95 whites, making a total from both precincts of 286. Those who registered should carry the cards wherever they go. Under the law,



Robert B. Reifsnider

any officer has the power to stop anyone whom they think is of eligible age and demand to see his registration card. If this evidence is not available the person is liable to be arrested.

June 15

Road Workers Strike

A strike for higher wages among the men working on the state road between Emmitsburg and Taneytown took place. The strike was nipped in the bud when all the men were fired on the spot and new workers were brought in.

Henry Crouse

Henry Crouse died Wednesday evening from injuries sustained by being thrown under a land roller and drug several hundred yards. The action occurred Tuesday afternoon while working on the state road between Emmitsburg and Taneytown. Crouse had only joined the crew a few hours earlier after the first crew had been fired and had no experience working the land roller.

June 22

People Of Emmitsburg Rise To The Occasion

The big and very successful patriotic meeting held in the Square Wednesday night leaves no doubt as to the interest of the people of Emmitsburg in the efforts of the government to make good on the sale of liberty bonds. More than 500 people listened intently to the practical presentation of Liberty Bonds. The enthusiastic crowd that listened to the speakers, each of who was time and time again interrupted by rounds of applause.

Through the courtesy of Mr. Elder, the commodious porch of the Hotel Spangler was placed at the disposal of the committee. Before the introductions of the speakers and between and



First volunteers in Emmitsburg for WWI. Back row (from left to right) - Benjamin Topper, Francis Elder, Joseph Adelsberger. Front row - Joseph Felix, George Waggerman, Lewis Stoner.

after each speech, the Emmitt Coronet Band played patriotic songs. The porch of the hotel was appropriately decorated and on either side of the speakers, Lewis Stoner and Frank Elder, in khaki uniforms, held the stars and stripes. These boys are presently recruits from the District, which Emmitsburg is justly proud.

House Destroyed By Fire

Fire of unknown origin on Saturday night completely destroyed a tenant's house near Creagerstown. The loss is estimated at about \$1,700. The house was a two-story, constructed of stone. In the morning nothing but the walls were standing. Every piece of wood is burned. How the blaze originated is not known, as the tenant stated that when he left for Frederick early in the evening, the place was unoccupied and there was no fire in the stove. It was shortly after 10 o'clock when the blaze was discovered and an alarm sounded. The tenants were only able to save the clothing they wore on their backs.

Cooking, Canning, And Drying

On Thursday, July 5, there will be a free demonstration of a very practical, helpful talk on food conservation at the school auditorium by a government expert. Everyone is invited, men as well as women.

As food conservation is one of the most important factors in the war and as the government has worked out special plans for canning and drying fruit and preparing vegetables for proper preservation, it will be to the advantage of all housekeepers in Emmitsburg and the surrounding districts to hear this lecture and witness the demonstration.

June 29

Thurmont Suffers Fire Loss

Fire of mysterious origins wrecked

the property on the corner of Church and West Main Street in Thurmont. A store, barbershop, and bowling alleys and poolroom, all tenants in the building, suffered heavy losses by the fire. The fire is the third on the property within a year and there have been a number of reports spread as to the origin, but no confirmation can be secured.

Wisotzkey Brothers, a confectioner, occupied the corner store in the building. They succeeded in saving most of their goods. It is estimated their loss will be between \$500 and \$600. The barbershop and bowling alleys were conducted by Quinn Florence. He suffered a total loss. The poolroom was run by Morris Albaugh. His loss too, was practically a total one. William Henshaw, who has a tiny shop, and William Hahn, meat store, also tenants in the building, have practically no loss.

The fire was discovered about two o'clock Tuesday morning, the blaze being detected in the rear of the barbershop, near the bowling alleys. A general alarm was given and a great crowd of people was attracted to the scene and rendered assistance. The fire was not brought under control until around 5:30.

Town To Cede Control Of Roads To State

An ordinance, granting to the State of Maryland the public easement of Frederick, Gettysburg and East and West Main Streets, has been approved by the Commissioners of Emmitsburg. The ordinance was necessary to formally relinquish to the State the roads as part of the state's effort to construct highways. Henceforth, the State of Maryland will be responsible for the maintenance of these roads.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

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FROM THE DESK OF . . .

County Council President Bud Otis

Another stellar year for Frederick County! The FY 2018 General Fund Operating Budget has been adopted for \$582M, and the Capital Projects Budget of \$170M. The Council voted 4-2-1 to pass these Budgets. Council Members Keegan-Ayer, Donald, Fitzwater and myself voted for it, Council Members Chmelik and Shreve voted against passage, and Council Member Delauter was absent from the meeting.

Here's why I voted for the budget. It is fiscally sound, conservative, resident prioritized, and our property tax rates have remained the same for the third year in a row at \$1.06. County income taxes have also remained steady.

Our residents were polled and asked what their top priorities are for using their hard-earned money to fund programs within Frederick County. People responded and indicated their top priorities are Education at 45% and Public Safety at 37%. CE Jan Gardner and her team tailored the budget to reflect many of the needs highlighted by the people who live here.

A high percentage (80% or \$467M) of the budget is allocated to mandated programs. The discretionary portion (20% or \$114M), in my opinion, has been wisely allocated. It preserves our tremendous AAA Bond Rating (allowing FCG to leverage bond debt at the lowest rate possible, thus saving millions in interest fees on the debt) by replenishing the Revenue Stabilization fund. This allows the County to use monies saved on other vital programs.

Some other areas to highlight:

Education – FCPS funding is increasing \$13.8M which is \$10M over Maintenance of Effort. The budget for the schools has been flat for several years prior to the new Charter Government coming into being. Sustaining the school system at the mandated MOE put us in a hold pattern on salaries, some construction, pensions and positions. FCPS is a stellar system, and being able to fund them appropriately, albeit incrementally, was one of my personal goals coming into office. The Capital Projects Budget allocates funding for the construc-

tion of Butterfly Ridge Elementary, Sugarloaf Elementary and final completion of the new Frederick High School. It also includes design funding for a new Rock Creek School and a feasibility study to address the severe overcrowding at Waverly Elementary School. There are many pluses to a very strong public school system as it is one of the highest rating factors for people considering Frederick County as a place to live, along with businesses considering moving into our area. Not to mention the far ranging value of well-educated students and excellent teachers.

Public Safety – Funding 8 new Correctional Officer positions and 4 new Deputies in the Sheriff's Office. To help offset the tremendous workload and overtime burden at the Division of Fire and Rescue, 12 new positions have been funded which brings the total positions supported to 53 firefighters and other personnel when counting the 41 positions funded by the Federal SAFER Grant. This increase helps to counter balance the elimination of 38 positions under the fi-

nal Board of County Commissioners. Emergency Management is adding 8 new positions to the 9-1-1 Call Center to better respond to crisis calls from our residents. Our law enforcement and emergency response personnel are exemplary, highly trained and motivated personnel. We really don't appreciate them until...we need them.

Our County Employees – approval of a 2% cost-of-living adjustment for all employees. I truly value the unseen and many times unnoticed efforts of our great work force. We have so many dedicated, talented and heartfelt people who make us proud each and every day. Thank you to all.

So, these three areas comprise over 90% of the new expenditures in the Budget. There are a number of other areas also receiving additional monies including FCC, newly formed Division of Aging (by percentage, our senior population is growing faster here than in Florida!), Citizens Services Division, Public Libraries, Transit, Parks and Recreation, Office of Economic Development, Ani-

mal Control, our Interagency Information Technologies, Office of Sustainability, Utilities and Solid Waste Management Division, and Division of Public Works – who doesn't want good roads and highway markings?

This budget is well-rounded, provides grant monies supporting programs for some of our most vulnerable residents including homeless students, and is reflective of most of our residents' values including my own. I saw nothing of note to cut, and did not offer any budget amendments as after serious review, found it to be a solid and well-constructed, fiscally sound financial plan for FY 2018. Our rate of growth at 3.9% is in line with the 3.8% rate for Frederick City, surrounding jurisdictions, and the 4.3% rate for the State of Maryland.

Enjoy our beautiful County. Tourists spend \$1M per day taking in the sights and attractions we have right here in our respective backyards. My wife Rose and I hope you enjoy this beautiful weather and take some time to enjoy the many scenic parks, arts, music and recreation activities Frederick County offers.

County Councilman Kirby Delauter

As you may be aware, I have announced I am running for the office of County Executive. We had our kickoff event on May 12th which was very well attended with over 300 supporters. This campaign is in full stride to win in 2018. As a council member I've witnessed our budget increase by \$60 Million in just three years and it's on pace to approach a \$100 Million increase in just one term. That's a 20% increase in the overall

budget. How many of you taxpayers received 20% more in pay over the past four years? We have to stop the fiscal insanity and start to look outside the standard government box for inventive ways to provide core services while not breaking the backs of taxpayers.

There are many issues that I feel need addressed in this county but the five main issues I will be concentrating on are as follows.

Senior Tax Credit - I was part of

creating a true senior tax credit to help those seniors that helped build this county. As your next county executive I want to expand the senior property tax credit for the hard working seniors that want to retire in this county. Seniors should not be taxed out of the county they helped create and should expect they can enjoy their golden years and their family without the financial stress of increasing property taxes.

School Construction - I, as well as my wife and four children, attended Frederick County Public Schools. I care very much about school system for the current and future children of this county. My daughter is a teacher for Frederick county schools and I want to help improve our school system.

Through public/private partnerships we can build schools with the same quality, at a more aggressive rate and at a better value for the taxpayer. This is important especially on the elementary level where capacity is critical. Another important point I support is school choice. Taxpayers should have a choice as to what is best for their children. As your next county executive I will lead this effort and provide results, not rhetoric in solving our school issues.

Fire Service - In this county we will continue to need volunteer and paid fire and emergency personnel. Both are very important to the quality of life in this county. Being a volunteer is more difficult with increasing state regulations and decreasing free time to volunteer. As

your next county executive I will help the volunteers continue to serve our community while saving us valuable tax dollars. I supported the interim funding request from seven volunteer fire companies that would allow them to achieve their goals while minimizing the effect to the budget. I have very knowledgeable career and volunteer personnel willing to step up and provide assistance for a solid plan to stabilize our fire rescue services.

Sheriff Department - I support our Sheriff and Deputies 100 percent. We have a Sheriff that not only provides a first class service to our residents, he is fiscally responsible as well. The last thing we need in this county is an executive who's philosophy is at odds with the Sheriff. While other counties such as Montgomery want to become sanctuary counties, that is something that I do not support. As your next county executive, I will always put legal, taxpaying citizens first.

Taxes, fees and regulations - While the current executive supports big government tax and spend policies of Obama and O'Malley, I have a proven track record of the opposite. I have eliminated onerous taxes and fees as well as refunded tax dollars to our tax paying citizens. As your next county executive I will restore fiscal sanity to our county. Tens of millions of your tax dollars are being wasted annually. This along with hundreds of additional hires by this administration. A prime example is a position added for a full time person to check your recycling bins, with this kind of nonsense, you tell me why your taxes continue to increase.

I am Kirby Delauter and with the support of my family and the grace of God, I will do what is best for this county as your next County Executive.

GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardner

The County recently approved a modest and responsible budget for Fiscal Year 2018 that delivers exceptional schools and safe communities while planning for our growing senior population. Thanks to our fiscal responsibility and our vibrant economy, we are able to provide top-notch education, safe communities and a high quality of life with no tax rate increase.

In fact, because of the County's stellar AAA bond rating earned just last year from all three rating agencies, our debt service has dropped, saving taxpayers \$2 million a year. That's real money! The budget is lean, sensible, balanced and fiscally responsible. It protects taxpayers' money.

We are investing in core services - both education and public safety. Funding provided for our schools will be used to implement the second year phase-in of the teachers' and staff's new competitive pay scale. And on the public safety front, to meet the growing volume of calls for service and to address the opioid and heroin crisis, positions have been added in the Sheriff's Office, Corrections, Fire/EMS and at 9-1-1 Communications. In fact, a majority of the new positions in the budget are in public safety. I was also pleased to support all our volunteer fire and EMS companies with an increase in

the funding matrix to support their ongoing operations. Keeping our communities safe is a fundamental responsibility of local government.

The budget also begins to implement our Seniors First initiative to plan and provide for the rapidly growing population of seniors who call Frederick County home. The budget includes in-home health aides to help more seniors to continue to live in their own homes, avoiding more costly nursing home care, an expansion of Meals on Wheels so no senior goes hungry, and a small amount of additional support for the Thurmont Senior Center. I am also pleased that the county is once again taking care of our own and keeping our promise to our seniors at Citizens Care and Rehabilitation Center and Montevue Assisted Living. The facilities are operating as a self-sustaining financial operation with no general fund support. We are once again accepting some indigent patients at Montevue.

Both Thurmont and Emmitsburg are allocated funds to help pay for sidewalk projects. Thurmont is improving access to the regional library by adding a sidewalk along Moser Road, while Emmitsburg is discussing a plan with Mount St. Mary's University to install a sidewalk or path into town from Mount St. Mary's University's campus. In

Woodsboro and Walkersville, residents will soon benefit from a new branch library that is under construction and will open to residents in January of 2018.

I want to thank Council President Bud Otis, Vice President M.C. Keegan-Ayer, and Council Members Jerry Donald and Jessica Fitzwater for supporting this lean, sensible budget and keeping Frederick County a great place to live, work and raise a family

Community Partnership Grants awarded

Once again, I am proud to announce Community Partnership Grants restoring our longstanding and productive partnerships with our human service non-profit agencies. Together, we do more to help all our residents achieve success and we save money in the process.

The Community Partnership Grant program is cost-effective and saves taxpayers money. These grants leverage county resources, avoid duplication of effort and establish a strong functional collaboration to meet the human service needs in the community. Working together with the community, the county saves tax dollars through early intervention and prevention.

Some of the non-profits awarded grants for fiscal year 2018 include the

Mission of Mercy, to provide health care to county seniors; the Seton Center, to offer dental care through its DePaul Dental Program; and the Thurmont Senior Center, to purchase a refrigerator/freezer and dishwasher.

Heroin/opioid awareness

At the end of April, we unveiled a billboard along Rt. 85, in front of the Work Release Center at Marcie's Choice Lane, to illustrate the sobering impact of the heroin and opioid epidemic. Statistics for Frederick County in 2017 reflect the reality that on average we experience one overdose every single day and one death from an overdose about every 10 days. In Maryland, more people are dying from overdoses than are killed in car accidents or by homicide. Drugs are tearing families apart, leaving a wake of destruction, affecting many people beyond those with addictions including young children.

The billboard will update statistics monthly to raise public awareness as part of the county's fight to end this vicious cycle. Advocacy groups like the Maryland Heroin Awareness Advocates, the Crossroads Center of Frederick and the Richard Carbaugh Hope Foundation all supported the billboard. Advocates also are working with the Town of Thurmont, which is interested in erecting a similar sign in the town.

It is time for families to talk about this heroin and opioid epidemic and

its serious impacts with all their family members, friends and neighbors. The average age of someone overdosing is a young adult in their 20s but we have people of all ages, including in their 50s and 60s, dying from this addiction. There is hope and there is help. If you need help or know someone who does, you can call 2-1-1.

Celebrations and events

Congratulations to Grace Rocky Hill Lutheran Church in Woodsboro on their celebration of 250 years of service. I was honored to join the congregation for their church service, picnic, and historic tours. Since the church's humble beginnings in the 1767, members of Grace Rocky Hill Lutheran have worked hard, putting their faith into action and making a difference in our community!

Earlier this spring, I also had the opportunity to visit the annual Thurmont Business Showcase which was bustling with activity. It is a great event and a great way to learn about the fabulous businesses operating in the northern part of our county. I'm always impressed when I meet with the men and women who choose to start and grow their businesses in Frederick County.

This month, remember to stop by Vigilant Hose Company's Spring Fling on June 10th at Mount St. Mary's. I look forward to seeing you on June 24th at Community Heritage Day in Emmitsburg!

"Sanctuary! Sanctuary!"

Justin M. Kiska

"Sanctuary! Sanctuary!" Any fan of classic literature should recognize that line from Victor Hugo's *The Hunchback of Notre Dame*. It's the first thing that goes through my mind every time I hear someone talk about "sanctuary cities." A little voice in the back of my head repeats Hugo's line, making me smile for a minute. It's probably a psychological coping mechanism. My mind tries to relax me because it knows how worked up I can get about the issue of sanctuary cities.

More often than not, I try to be a pragmatic, middle-of-the-road kind of thinker. I would rather find common ground so that something can be accomplished, rather than having two sides dig in on their extreme positions and nothing gets done. I know. To some, being a moderate is a bad thing. But it is what it is.

When it comes to sanctuary cities though, I find myself coming down very firmly on one side.

According to Wikipedia, a sanctuary city "is a city that limits its cooperation with the national government effort to enforce immigration law. Leaders of sanctuary cities want to reduce the fear

of deportation and possible family break-up among people who are in the country illegally so that such people will be more willing to report crimes, use health and social services, and enroll their children in school."

When you first read that, you think, okay, it isn't that bad. Except for one little word . . . "illegally." "... people who are in the country ILLEGALLY. . ."

Let's take the issue of immigration out of the equation for the moment. That is a much broader conversation. And if lawmakers from the national level down can't come up with meaningful immigration reform/policy, I certainly won't be able to solve the problem in 800 words.

What I want to focus on is the fact there are cities, and counties, across the country led by elected officials that are openly breaking the law. These are individuals who stand up and swear to uphold the law, yet flagrantly defying it.

If a person has entered the United States illegally, they should not be protected by someone else breaking the law.

According to U.S. Citizenship and Immigration Services, hundreds of thousands of people become naturalized citizens of the United States each year. If so many are willing to follow the rules and go through the process legally, why should those who aren't receive sanctuary? They are breaking our laws. Laws that we see by the number of people becoming citizens, many want to follow, believe in, and uphold.

It's been reported that there are more than 300 state and local jurisdictions that have some form of "sanctuary policy" in place. The

good news - this year thirty-three states have considered laws that would crackdown on such jurisdictions.

For a city or county to openly say they are going to disregard the law, they deserve to be punished for their actions. After that, if the residents of one of these sanctuary communities don't want to lose federal dollars or state assistance, then it is up to them to replace the elected officials who decided they were going to break the law.

Elected officials and those who put policies in place to create these sanctuary cities are just as criminal as those who break into our country illegally.

Do our immigration laws need to be reviewed and modernized? Yes. But until that happens, there are laws in place that must be followed - for those coming into the United States and for the officials that run state and local governments and agencies.

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FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

On Saturday April 22nd, the Carroll Valley Trout Fishing Derby was held. About 109 young boys and girls were in attendance. Approximately 87 of those fishing were under the age of 10. The event was very successful despite the cloud cover, light rain, and damp weather. It was a good day to catch trout. "No reflection," I was told. It must be true, our young participants reeled in about 80 trout within the 4-hour event.

The Fishing Derby would not have been successful if it wasn't for all the people working behind the scenes making it so. Thanks to Councilmen Bruce Carr, Tom Fitzsimmons, and Tyler Pyles who organized and managed the derby. Thanks goes to the Fish & Boat Commission Conservation Officer Rachael Thurner-Diaz for monitoring the event. Special appreciation is extended to McSherrytown Fish and Game Association, Dave Swope, who donated 250 trout. The fishing poles were donated by the Two Brothers Guide Service, Tyler and Brandon Pyles. Table donations were provided by Jim Torborg and the Jarrell family.

The key ingredient for a successful community event are the volunteers. Thank you MaryAnn Carr, Sterling Shuyler, Amanda and Steve

Bell, Jeni, Jim and Morgan Jarrell, Lori Davidson, Bob Poole, Ryan Orndorff, Buddy Weller, Rick and Brad Wolfgang, Roger Vinson, and Kristen and Mike Vlcej. To see the pictures taken, go to www.ronpictures.net Again, thank you all for making this a special day for our young attendees and their families.

This month, we celebrate the national flag, and fathers. National Flag Day is June 14th. Be proud! Fly the flag that day. Remember the flag is flown from sunrise to sunset. The flag should not be flown at night without a light on it. Father's Day will be celebrated on June 18th.

Father's Day became an official holiday in 1972 when President Nixon issued a proclamation declaring the third Sunday in June as Father's Day. It is a day set aside to spend some quality time with dad, grandfather, and great-grandfather or father figure.

On June 3rd Saturday from 8 a.m. to 2 p.m. the Carroll Valley Community Yard Sale will be held at the Ski Liberty parking lot. For adults who want to breakout from their everyday routine, a unique one-day learning opportunity will be offered on Wednesday, June 14, 2017 from 8:30 a.m. - 2:30 p.m. at the Gettysburg Campus of HACC,

Central Pennsylvania's Community College.

Few of us find enough time for ourselves. The day of learning will allow individuals to feed a passion, explore an interest and learn something new. Unlike so many pesky tasks of life, time spent learning is never wasted! The Gettysburg Campus Community Education Day will offer 16 informative educational sessions. Participants will have an opportunity to choose three sessions. Class topics include genealogy, pop culture, history, holistic health, retirement, and much more. For a complete listing of class sessions and to register, go to www.hacc.edu/GettysburgCommunity or call the Gettysburg Campus at 717-337-3855 ext. 119903. A continental breakfast and bagged lunch is also included in the \$49.00 registration fee.

At 12:24 a.m. EDT on June 21st summer begins. It's a time to relax and enjoy our natural environment. We are surrounded by the aesthetics and natural beauty of Carroll Valley's country scenery and wildlife. But we need to be aware that the summer months represent a time period when the cases of Lyme disease increase. Why? We spend more time outdoors enjoying where we live. Lyme disease

is an infection caused by the bacterium *Borrelia burgdorferi*. It is carried to people from a bite from a black-legged or deer tick. The disease affects different body systems, such as the nervous system, joints, skin, and heart. Early symptoms may include headache, fever, fatigue and a characteristic circular skin rash. It is treatable.

Some of things you should consider when you are out and about are: stay out of tall grass and uncleared areas of the forest floor; don't roll in a pile of leaves, check daily for ticks; and if you plan to use insect repellent, be sure to review the safety information on the label. There are many websites that provide information on Lyme disease. One site you may want to visit www.lymemd.org.

Working on the lawn and still have leaves to rake up and get rid of? If you are thinking about burning them then let's discuss open burning. Open burning is the outdoor burning of any materials wherein products of combustion are emitted directly into the ambient air without passing through a stack or chimney from an enclosed chamber. Before you start a fire, you should read the Carroll Valley Borough Ordinance 6-2008. The ordinance contains such information as what you are and are not allowed to burn, what your safety and supervisory responsibilities are. Go

to the Borough's website www.carrollvalley.org, click Administration > Ordinances. Scroll down to the bottom of the screen and click Open Burning. If you have any questions, call the borough office at 642-8269.

The Borough election results have been certified. The following candidates will move on to the November ballot and they are: (Council 4-year term) David Lillard, Richard Mathews, and Robert C. Verderame; (Council 2/4-year term) Jard Huster; (Tax Collector) Phyllis Doyle Smith; and (Mayor) Ron Harris. Thanks goes to everyone who came out to vote. There will be a Public Hearing on June 13th at 6 p.m. to hear testimony on why the 2004 sprinkler ordinance should not be repealed. Presently, the ordinance requires that a new constructed home must contain a sprinkler system. Borough meetings to be held are: Planning Commission (June 5th); Borough Council (June 13th) Public Safety (June 19th); Finance Committee (June 26th) and Parks & Recreation (June 28th). Please be sure to mark your calendar for our July 4th Celebration. Go to www.cvjuly4th.com for further details. Please slow down when driving and be sure you and your passengers buckle up. Questions call me at 301-606-2021 or email me at MayorRonHarris@comcast.net.

State Representative Dan Moul

The federal Environmental Protection Agency (EPA) adopted regulations in 1999 that require municipalities in growing areas with housing developments, like those in many areas of Adams County, to implement storm water management programs to help control "pollution" from storm water runoff.

The EPA regulations apply to municipal separate storm sewer systems (MS4s), and mandate the adoption of ordinances or other regulatory measures to imple-

ment local storm water management programs.

The EPA regulations aim to eliminate the brown water you see in our rivers and streams following a heavy rain or storm. However, silt - as it is known - has been a fact of life in our waterways since the beginning of time when a good hard rain and fast-moving water would churn up the fine sand, clay, minerals and other sediment resting on the bottom of a riverbed or waterway and carry it a little further downstream.

The Mississippi delta is one of the more notable beneficiaries of this fertile sediment and, when used in agriculture, it can enrich soil, making it more productive. Heavy silt could make life more challenging for shellfish and other species that filter their nutrients from the water, but there is little, if any, evidence to show this is happening in our area.

As I see it, the regulations are

ill conceived and cost prohibitive. They serve to fix a problem where none exists. This is yet another unfunded mandate handed down by the federal government that will cost taxpayers billions of dollars.

The federal regulations, which are being implemented by the Pennsylvania Department of Environmental Protection (DEP), require MS4s to prohibit non-storm water discharges, have erosion and sediment controls, apply strict post-construction runoff controls from development and impose

sanctions for non-compliance. What this means is that DEP will dictate what hoops municipalities must jump through and punish them if they don't.

In Conewago Township, where this MS4 program is being implemented, the township supervisors have accepted this mandate, hired costly engineers to do studies and measure progress that cannot be measured, and raised taxes and fees by \$500,000 to cover the anticipated annual price tag.

This project amounts to an engineer's dream come true! As a taxpayer living in a municipality that has adopted the MS4 program, how are we to know how much engineering is needed to satisfy the requirements of the program? Should we buy a tractor trailer load when a pickup will do? What's worse, if you are a new homeowner, you are already paying for the new regulations, which require all new residential developments to have a retention basin and seepage pits - adding thousands of dollars to the cost of a new home.

I do not accept these mandates. I believe it is a federal government overreach and have called for meetings with DEP and township officials. In the meantime, I have drafted House Resolution 107, which is now in committee. My resolution urges the U.S. Congress to repeal the EPA's MS4 Program. These onerous regulations fail to identify a clear and measurable objective while threatening to cost taxpayers in communities across the Commonwealth billions of dollars we can ill afford.

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Thank you!

Thank you to all the resident of Liberty Township for coming out and voting in the May primary. Special thanks to my supporters and your vote of confidence as your voice as Township Supervisor.

I need your support again in the general election in November if am to continue to serve you!

God bless and thanks again.

Walter Barlow
Liberty Township Supervisor

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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Randy Phiel

Although it was a perfect weather day for voting, the recent primary turnout was very light on May 16 with only 18% of registered voters casting their ballots in this largely municipal election. We anticipated a light turnout; but hoped it would be at least in the high 20's. A few precincts were above 30% while at least three were at 8%. What a difference six months and a hotly contested Presidential Election made.

I will continue to spread the word that municipal elections are very, very important. These elected officials are the boots on the ground that provide necessities like police protection, street maintenance, water, sewer, permitting, code enforcement and snow removal.

I am also happy to report that there were no significant issues at the two polls that were moved in Littlestown and Carroll Valley as they seemed to function well. The move also provided an opportunity for residents to visit the Littlestown Senior Center and the new Carroll Valley Municipal Building.

We have been extremely anxious for the public and all staff to visit the new Adams County Human Services Building. The time for that to happen has arrived. There will be a public Open House and Commissioners Forum on Tuesday, June 20. The building will be open to walk through from 4-7, followed by an Adams County Commissioners Community Fo-

rum on Economic Development from 7-8:30 in the new multi-purpose meeting room. Following the forum - the building will again re-open to the public until 9:30. Staff will be stationed around the building to provide direction and answer questions. Phase 1 that has been completed included Children & Youth Services, Probation, IT, Security & Maintenance. Phase 2 will be completed at the end of this month with MHIDD, Court Operations, Multi-purpose Meeting Room, Domestic Relations and two DJ Offices being added. Phase 3 includes the large courtroom and the Sheriff's satellite office. Except for furniture - they will all mostly be done by the time of the Open House.

The County and the Courts have worked tirelessly and cooperatively to make this vision come to fruition both operationally and fiscally. We invite you to come see the pleasing result for yourself!

On Wednesday May 17, the Adams County Conservation District hosted a "State of the Waters" presentation at the Adams County Agricultural Center. A panel of experts, including our own conservation district staff, provided information regarding water quality, nutrients and phosphate's in the water, droughts, aquifers, and Chesapeake Bay initiatives. It was also recognized that most Adams County farm-

ers are trying to do the right thing with farming practices like no-till planting that reduce nitrates and phosphates from entering the water shed. According to Conservation Technician Brain Sneeringer periodic testing has evidenced a reduction in those pollutants.

Adams County held a Tire Recycling Event on Saturday May 13, 2017 at the Agricultural and Natural Resources Center, collecting over 1,400 tires from area residents. This year was the 12th such event that have been held in Adams County since 2004. As a result of these events, over 22,704 tires have been brought in for recycling - that means over 300 tons of waste tires have been removed from Adams County lands! This year's event was sponsored by the Adams County Office of Planning & Development, in partnership with the Adams County Conservation District and the Adams County Probation Services Department. The Pennsylvania Department of Environmental Protection has awarded Adams County a grant to cover half of the cost of this recycling program.

By removing these tires from the environment, Adams County has eliminated a potential breeding ground for mosquitoes which could possibly harbor the threat of the West Nile Virus.

For more information on West Nile Virus, please contact the Adams County Conservation District at 717-

334-0636. For more information on recycling, waste management and future tire recycling events, please call the Planning Office at 717-337-9827. More news will be forthcoming on a County Electronic Recycling Event this fall.

Most Adams County residents are not aware that there is a memorial in the lawn outside the coroner's office to commemorate accident victims and families. This memorial and the annual memorial service are the result of the efforts of Adams County Coroner Pat Felix. Each year the families of victims are invited to this very poignant event - which is held at the memorial when weather permits and at the DES Building when the weather does not cooperate. The program involves prayer, remarks, wonderful vocals and giving of flowers to each family.

This year's program took place last Sunday. Since becoming commissioner, I have had the honor of being invited to provide remarks. Whether you have just recently suffered traumatic loss, or are one of the presenters, the program makes all of us reflect on past losses and the value of relationships we too frequently take for granted. There is no doubt it also helps to provide some further closure for the families. Thank you to Coroner Pat Felix and her staff for providing this service to our community!

It would be difficult to write this ENJ article without mentioning the Pennsylvania State Budget as the elephant in the room this spring. The proposed cuts to human services, probation and court programs are significant. County officials are very concerned about the ramifications. The end result could significantly affect county services and budgets. One example is an 18.3M cut in Intermediate Punishment alone will place more inmates in prison with significant increased costs. County officials feel that costs for required services may just be pushed down from the state to the county. Counties will then be faced with cutting important services, raising taxes, or both. Regardless of this final outcome, the Board anticipates this year's budget process will be challenging.

It seems that both spring and summer have arrived at the same time. One day it is summer and the next spring. You have to time your mowing to make it happen before the next rain. It is hard to believe that Memorial Day has now come and gone. The Totem Pole Playhouse open their season on May 26 with actress Michael Learned in Driving Miss Daisy (Yes that is the way she spells her first name). The Majestic Theater is always a wonderful and unique venue to go to the movies. No matter what you do get out there and experience all the historical, recreational, agricultural, natural and cultural opportunities that beautiful Adams County has to offer.

Senator Rich Alloway

The Chesapeake Bay watershed serves as a critical source of food and drinking water for millions of Americans. Unfortunately, the Bay and its tributaries are being choked by excess nutrients that not only diminish drinking water quality, but also threaten the fragile ecosystems within the entire watershed.

Lawmakers have struggled over the past several decades to devise a strategy to reduce pollution from municipal runoff, farms, overzealous gardeners and other human ac-

tivity. Run-off from these sources accounts for a significant percentage of all pollutants in the Chesapeake Bay watershed. Farmers have been working incredibly hard to address the situation, but almost half of the nutrients emitted by livestock is airborne ammonia, which buffers and wastewater treatment plants cannot treat. Even after passing numerous laws and investing billions of dollars, we've seen little progress in stemming the tide against the pollution of one of our nation's most important resources.

As Pennsylvania struggles to meet federal nutrient reduction mandates, we must take a closer look at alternative strategies to help address one of the greatest environmental challenges of our time. Right now, there are hundreds of private sector technologies that could play a role in meeting that challenge.

The commonwealth should

partner with the private sector and create a competitive bidding process for verified nitrogen credits. The credits can be applied toward meeting the federal mandate in a more cost-effective manner for taxpayers. Through a competitive bidding process, Pennsylvania can produce credits toward meeting the mandate and cut costs by 80 percent, according to a recommenda-

tion by the non-partisan Pennsylvania Legislative Budget & Finance Committee.

As policymakers explore a variety of new ways to reduce long-term costs to taxpayers as part of state budget negotiations, this solution could help clean our waterways and save taxpayers billions. As budget season begins, this idea should absolutely be among our highest priorities.

Letters to the Editor

A brief internet search will pull up several articles such as one in the Washington Post headlined "Studies: Casinos bring jobs, but also crime, bankruptcy, and even suicide." I do not question the motives of ACEDC in endorsing Mason Dixon Downs. Nor, do I question those of the Freedom Township Supervisors. The lure of additional tax revenue and new jobs is a great temptation. But, to increase human misery just to collect a few more tax dollars is wrong. The Bible tells us "the love of money is the root of all evil." Building Mason Dixon Downs, or any casino, is an evil.

Ed Cheney
Gettysburg

As homeowners in Fairfield we are strongly opposed to putting a casino in our area. We value our community from Gettysburg to Emmitsburg, as well as saw the disruption of community life and infrastructure in Charlestown when a casino hijacked the character of that community -- increasing crime, alcohol use among teens, and lowering the caliber of new residents and property values.

No casino. Thanks,
Suzanne and John Hale



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THE PASTOR'S DESK

When your life is... ...not the life you thought would be.

Pastor Gary Buchman
Emmitsburg Community
Bible Church

Life is Tough. How is that for an opening line. Chances are good that for many of you, the life that is, is not the life that you thought would be. Years ago, I heard about this thing called a Mid-Life crisis. It's kind of a male version of menopause, it's supposed to happen with guys in their 40's and 50's. (I must be going to live a long time because I am just having mine. But, I think I deserve it.) A lot of guys go through it because the life that is, is not the life they thought would be. They thought that they would have a higher position in the company, have more money, better health, better love life, more time off, ready to retire, etc. But, their hair is going, or gone, their hearing is shot, they have that furniture disease; that is, their chests have dropped down into their drawers. They have baldness, bifocals, bulges, bunions, bad knees, and more. Their nests are emptying but their kids have struggled with

self-esteem, drugs, sex, and have not pursued a law or medical degree, or marriage. Many have discovered that the ladder they thought they were climbing to success was actually leaning on the wrong wall.

You may have your story, it doesn't have to be a Mid-Life Crisis nor Menopause, but the things that are, are not what you dreamed or hoped that they would be. Your marriage, children, job, health, parents, retirement, home, car, or finances, are not what you were hoping for. Or, a major event has occurred that has been a life- game changer. Fire, theft, flood, accident, cancer, death, or divorce has left you breathless. Or, the boredom of sameness, has you depressed or discouraged. You wash the same clothes, prepare the same meals, clean the same house, mow the same lawn, watch the same TV shows, do the same job, day after day after day.

So, what do you do? Do you quit? Do you run away? Do you drop out and turn on to drugs, alcohol, or look for another partner? Or maybe, end it all? Quaint and Cute sayings

aren't cutting it anymore, not even Bible verses. I have a friend that lost two wives, both to cancer. He said, "If I hear Romans 8:28, ("All things work together for good...") again, I am going to scream." How about, "Into every life, a little rain must fall," or, "Behind every cloud is a silver lining."

Such was the case in the life of the men that followed Jesus. The life they dreamed of did not turn out to be the life that was. In John chapters 12-14, they were expecting a warrior to assume His throne as King of the World, but not to be imprisoned, rushed through a mock trial, and be beaten and executed. They were expecting to rule the world. Their hopes were dashed in just a few days. So, Jesus gives them some advice, that is fitting for all of us, when we, "feel all shook up," (had to squeeze a little Elvis in there). Jesus tells them just three short phrases (John 14:1)

Let not your heart be troubled- or literally, stop letting your circumstances shake you up. Re-adjust your focus, from your circumstances to God.

You Believe in God, right? God for these men was a no-brainer. They didn't believe in a gas explosion, or mischievous immortals with human emotions. They believed in a God who created everything, is all powerful, and with whom nothing is impossible; a promise keeping God, who loves them, and though He is Holy, Righteous, and Just, is also Gracious, Merciful, Loving and Good, and Who loves to be involved with His creation.

Believe also in Jesus. Stop, re-adjust, trust. Boom! That's it. The whole point of John's Gospel has been to prove that Jesus is one with God the Father (20:31). "Trust me," Jesus is saying, just as you may say to a small child. "I have a good plan even if you don't understand." His good plan for them was to take their penalty for sins upon Himself and to die for them, as their surrogate, and



ours as well. To prepare for them and for us, a place in the Father's house. Peter says He reserves your place for you. (1 Peter 1:3-5). He does this so we can all be with Him and share His glory forever. His good plan was for them to do great things, pray great prayers, have a great helper (the Holy Spirit), and have a great personal relationship with God (Ch. 14). And that's His plan for you.

Life is short, full of troubles, death is certain, but a place reserved in Heaven with Jesus. That's an awesome promise. How do you get it? "Believe also in Me." But know this. Jesus is not one way to God among many. He is the only way! He is not one truth among many others. He is the truth. All others are not the truth. He is not one-way to have life, He is the only giver of life both mortal and eternal. This is His promise to all who will listen and trust Him. 27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. 28 You have heard Me say to you, 'I am going away and coming back to you.' If you loved Me, you would rejoice because I said, 'I am going to Father,' for My Father is greater than I. Why not take all your anxiety

and entrust it to Jesus?

This is what you do, when the life that is, is not the life you thought it would be. You trust Jesus! He really does have a good plan even when you don't understand.

For the last 6 years, we have had the privilege of starting a church, with the Blue Ridge Baptist Association, called Emmitsburg Community Bible Church and have been meeting in the Emmitsburg Elementary School. A year ago, my wife and I began to believe that God would have us finish the fourth quarter of our lives with an organization called Churches in Missions or CiM. Last week Pastor Joe Engel was confirmed to be the new pastor of ECBC and on June 25th, we will be saying Good-Bye to our faith community in Emmitsburg and starting our new journey. We would love to have you join us for this service at 10 a.m..

It has also been my pleasure and honor, to have been able to write for this column in the Emmitsburg News-Journal and to have our sermons published by this paper online on www.emmitsburg.net. Thank you, Michael Hillman, and thank you, to each of you who read these articles. We love you all.

Pastor Gary Buchman

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Superstitions about diseases



This illustration depicts a treatment for whooping cough and chickenpox that was a custom practiced in Ireland and England in the 18th and 19th centuries. The ill child was passed three times under and over a donkey. Certain donkeys were considered to have better powers than others, allowing for their owners to charge more for the treatment.

June 3

Perhaps under this head may be classed the notion that a galvanic ring, as it is called, worn on the finger, will cure rheumatism. One sometimes sees people with a clumsy-looking silver ring which has a piece of copper laid into the inside, and this, though in constant contact throughout, is supposed (aided by the moisture of the hand) to keep up a gentle, but continual galvanic current, and so to alleviate or remove rheumatism.

This notion has an air of science about it, which may perhaps redeem it from the character of mere superstition; but the following case can put in no such claim. I recollect that when I was a boy a person came to my father (a clergyman), and asked for a 'sacramental shilling,' i. e., one out of the alms collected at the Holy Communion, to be made into a ring, and worn as a cure for epilepsy. He naturally declined to give one for 'superstitious uses,' and no doubt was thought very cruel by the unfortunate applicant.

Ruptured children are expected to be cured by being passed through a young tree, which has been split for the purpose. After the operation has been performed, the tree is bound up, and, if it grows together again, the child will be cured of its rupture. I have not heard anything about this for many years; perhaps it has fallen into disuse. There is an article on the subject in one of Hone's books, I think, and there the witch elm is specified as the proper tree for the purpose; but, whether from the scarcity of that tree, or from any other cause, I am not aware that it was considered necessary in this locality.

Ague is a disease about which various strange notions are prevalent. One is that it cannot be cured by a regular doctor—it is out of their reach altogether, and can only be touched by some old woman's nostrum. It is frequently treated with spiders and cobwebs. These, indeed, are said to contain arsenic; and, if so, there may be a touch of truth in the treatment. Fright is also looked upon as

a cure for ague. I suppose that, on the principle that similia similibus curantur, it is imagined that the shaking induced by the fright will counteract and destroy the shaking of the ague fit.

An old woman has told me that she was actually cured in this manner when she was young. She had had ague for a long time, and nothing would cure it. Now it happened that she had a fat pig in the sty, and a fat pig is an important personage in a poor man's establishment. Well aware of the importance of piggy in her eyes, and determined to give her as great a shock as possible, her husband came to her with a very long face as she was tottering down stairs one day, and told her that the pig was dead. Horror at this fearful news over-came all other feelings; she forgot all about her ague, and hurried to the scene of the catastrophe, where she found, to her great relief, that the pig was alive and well; but the fright had done its work, and from that day to this she has never had a touch of the ague, though she has resided on the same spot.

Equally strange are some of the notions about smallpox. Fried mice are relied on as a specific for it, and I am afraid that it is considered necessary that they should be fried alive.

With respect to whooping cough, again, it is believed that if you ask a person riding on a piebald horse what to do for it, his recommendation will be successful if attended to. My grandfather, at one time, used to always ride a piebald horse, and he was frequently stopped by people asking for a cure for whooping cough. His invariable answer was, 'Patience and water-gruel;' perhaps, upon the whole, the best advice that could be given.

Earrings are considered to be a cure for sore eyes, and perhaps they may be useful so long as the ear is sore, the ring acting as a mild sedative; but their efficacy is believed in even after the ear has healed.

Warts are another ailment expected to be cured by charms. A gentleman well known to me states that when he was a boy, the landlady of an inn where

he happened to be took compassion on his warty hands, and undertook to cure them by rubbing them with bacon. It was necessary, however, that the bacon should be stolen; so the good lady took it secretly from her own larder, which was supposed to answer the condition sufficiently. If I recollect right, the warts remained as bad as ever, which was perhaps due to the bacon not having been bona fide stolen.

There is a very distressing eruption about the mouth and throat, called the thrush, common among infants and persons in the last extremity of sickness. There is a notion about this disease that a person must have it once in his life, either at his birth or death. Nurses like to see it in babies; they say that it is healthy, and makes them feed more freely; but, if a sick person shows it, he is given over as past recovery, which is really indeed extremely rare in such cases.

should settle on your premises, unclaimed by their owner.

Going to my father's house one afternoon, I found the household in a state of excitement, as a stray swarm of bees had settled on the pump. A hive had been procured, and the coachman and I hived them securely. After this had been done, I was saying that they might think themselves fortunate in getting a hive of bees so cheap; but I found that this was not agreed to by all, for one man employed about the premises looked very grave, and shook his head. On my asking him what was the matter, he told me in a solemn undertone that he did not mean to say that there was anything in it, but people did say that if a stray swarm of bees came to a house, and were not claimed by their owner, there would be a death in the family within the year; and it was evident that he believed in the omen. As it turned out, there was a death in my house, though not in my father's, about seven months afterwards, and I have no doubt but that this was taken as a fulfillment of the portent.

Bees will not thrive if you quarrel about them.

It has been shewn in a contemporary publication, that it is customary in

many parts of England, when a death takes place, to go and formally impart the fact to the bees, to ask them to the funeral, and to fix a piece of crape upon their hives; thus treating these insects as beings possessed of something like human intelligence, and therefore entitled to all the respect which one member of a family pays to the rest.

Not long before penning these notes, I met with an instance of this feeling about bees. A neighbour of mine had bought a hive of bees at an auction of the goods of a farmer who had recently died. The bees seemed very sickly, and not likely to thrive, when my neighbour's servant bethought him that they had never been put in mourning for their late master; on this he got a piece of crape and tied it to a stick, which he fastened to the hive. After this the bees recovered, and when I saw them they were in a very flourishing state—a result that was unhesitatingly attributed to their having been put into mourning.

To read other selections for Robert Chambers' Book of Days visit www.thebookofdays.com.

June 7

Superstitions About Bees In Suffolk
It is unlucky that a stray swarm of bees

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16 Toyota Tacoma 4X4 Crew SR 3.5L, 7k.....	\$33,895	13 Honda Pilot EX-L AWD 3.5L, 38k.....	\$25,495
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COMMENTARY

Words From Winterbilt

Do we need to reduce the regulations?

Shannon Bohrer

For many years we have heard that our government is too big and it has too many regulations. The current administration promised to shrink the government and reduce the numbers of government regulations. The President issued an executive order requiring that for every new regulation enacted by the government, two regulations had to be deleted. It sounds good to say that for every new one, we get rid of two. After all, we are overregulated and overburdened by the regulations, aren't we? We often hear how the overburdensome regulations hurt business and is bad for the economy.

However, just for the sake of discussion, is there a downside to eliminating two regulations for every new regulation created? I think the answer is, "It depends." It depends on what the regulations are for and what the regulations accomplish. If the regulation is frivolous and does not add to the safety or wellbeing of the citizens, then the regulation could be eliminated. Conversely, if the regulation is helpful in securing the safety and wellbeing of the citizens, maybe eliminating it would be a mistake. When making arguments - for and against government regulations, we should also consider that not everyone would be in agreement as to what adds to the safety of the citizens. There are times

when regulations can help someone while creating a burden for another. Regulations that ensure product safety cost more to manufacture, but they also ensure safety. Don't they?

"I do have a political agenda. It's to have as few regulations as possible."
- Dan Quayle

Arguments for and against regulations has been playing out in Frederick County for several years, as they relate to event venues. An event venue is used for large gatherings, meetings, reunions and weddings. While there are commercial businesses that cater to events, there has also been a proliferation of event venues opening in agriculturally zoned areas. There are groups on both sides of this issue. Business owners that want to operate a business in agriculturally zoned land are in favor of regulations that allow the practice. However some of the neighbors of those businesses have been vocal about the noise, traffic and other issues - that negatively affects their lives. One recurring complaint is that neighbors are so disturbed by the hours and hours of music, that they have to retreat to the inside their home. Then when inside their home the music is still so loud that their windows rattle. Most people would not like that.

Along with these arguments we have the issue of property rights - on

both sides. The business owners say they have a right to conduct, non-agriculture activities on farmland, because the county created a law that permits that business. The business owners also say they can have amplified music, because of the county noise ordinance that sets a limit of 65 decibels and they are in compliance. According to the property owners that live next to these events, their property rights include being able to peacefully enjoy their property. They believe the enjoyment of their property includes not having to listen to uninvited music for hours. As one person said, it's like being at a very loud party that is greatly annoying - and not being able to leave. The property owners also present an argument that with an event venue as a neighbor, their property value declines. This is a significant issue that is being ignored - at this time.

What is unusual about the issue(s) with event venues is who wants the regulations and why. The normal complaint about government and regulations is that the regulations create a burden on small business owners. That complaint is the reason that our federal government now wants to reduce the numbers of regulations. Remember the two for one? However, in this case it is the business owners that want the regulations. These are regulations that allow behavior. They allow the events and they even allow the noise.

There are restrictive regulations that prohibit actions and there are permis-

sive regulations that allow actions. The issue of regulations that are permissive and/or restrictive I believe is important. Will the government add restrictive or permissive regulations? Additionally, if the government eliminates two regulations for each one enacted - will they be restrictive or permissive. Regulations on mineral and oil mining on federal lands can be permissive, allowing the practice and they can be restrictive, prohibiting the practice.

Financial regulations for financial institutions - which this administration says they want to reduce, are generally restrictive, but the history is also mixed. The history of dealing with financial regulations goes back for well over 150 years. Generally, a lack of early regulations was thought to be good for free markets, which were believed to be good for the country. Of course the Great Depression that started in 1929 was a large clue that free markets were not always beneficial. Responding to the depression congress passed "Glass-Steagall Act" which regulated financial institutions. The act created the Federal Deposit Insurance Corporation, which separated investment and commercial banking. When the act passed nearly 5000 banks had already failed. With the FDIC, the federal government was now providing insurance for depositors. The insurance funds were provided for by the banks themselves. The act also separated the investment and commercial banks, as the government did not wish to provide insurance for the gamblers. By that I mean investment banking.

Glass Stegial was a success and worked well from 1933 until 1999

when it was repealed. Nine years after the repeal we had a financial collapse. Maybe some regulations are good? After the financial collapse in 2008 the congress instituted some additional financial regulations and now the government wants to eliminate them. Does Congress have a short memory? If anything, maybe we should go back to "Glass-Steagall."

Things that are obvious are not necessarily true, and many things that are true are not all obvious.

- Dr. Joseph LeDoux

Our history of permissive and restrictive regulations includes the manufacturing and chemical industries, remember the Superfund sites? There are places so polluted that you could not live there. As of August 2016, there were 1328 Superfund sites. The places/sites were created in large part because of a lack of regulations. In 1980 congress passed the Comprehensive Environmental Response, Compensation, and Liability Act (CERCLA) to deal with the polluted sites. The good news is that since it was created 391 sites have been cleaned up, or delisted. The bad news is that 55 additional sites have been identified. Not all restrictive regulations are bad.

I am sure that there are many regulations we could eliminate, but maybe we should examine the regulations before we eliminate them. Maybe the real answer may be in the middle.

To read past editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.

Common Cents

Moral bankruptcy in the White House

Michael Parkhurst

I spend a lot of time on planes, a lot of time, and while people don't talk to each other as much as they used to before cell phones became all-consuming, I occasionally have the pleasure of sitting next to someone who can still carry on a coherent conversation.

On a recent flight I sat next to an Australian man and when our conversation turned to politics, he started that portion of the discussion with "What were you Americans thinking of when you elected Donald Trump?"

I had to admit to him that the only answer I could come up with was that the Democrats put up the only candidate Trump could have beaten. Had they put up anyone else, even Bozo the clown, Trump would be page 19-side bar story in some rag tag paper, not a front-page national embarrassment.

And let's be clear, Trump is a national embarrassment - and this is coming from someone who considers himself a classical conservative Republican. Having studied under William Buckley, the founder of The National Review, the flagship conservative publication that sparked the conservative revolution that spawned the likes of Ronald Reagan, I think it safe to say that if Buckley was alive today, he would flay Trump for his

outrageous lies- or, as Trump calls them, "alternative facts."

Anyone who ever watched Buckley take apart an opponent on his talk show 'Firing Line,' knows that Buckley would make quick work of Trump - and in doing so, bring some respect back to the conservative movement.

Where is the outrage from the conservative movement on Trump's attack on "fake news" sources? Aren't these the same news sources our grandparents listened to as they huddled around a fire during the Great Depression? That a whole generation listened to during World War II? That our parents turned to during the cold war? And my generation tuned into for our landing on the moon? How come suddenly they are 'fake news sources' while one-sided, unsubstantiated articles on internet websites are now 'trusted'?

Where was the moral outrage from Conservative Republicans when Trump was caught on tape bragging about grabbing women by the crotch? There was none. Where was the moral outrage when Trump denigrated Senator John McCain, a decorated Vietnam war veteran, for being captured? "I prefer winners," Trump said, "not losers who get captured." Apparently it didn't matter to conservatives that Trump has never served a day in his life...

Where was the moral outrage during

the debates where instead of laying out sound policies, Trump simply insulted his fellow candidates? I challenge anyone to name a single legitimate policy position that could actually be carried out! Did anyone really believe that he could get Mexico to pay for a border wall? Did anyone actually think he could ban the immigration of Muslims to this country?

Where is the moral outrage when science is rejected? When the protection of the environment is no longer considered a positive attribute, when instead of thoughtful discussion, our political discourse has degenerated into nothing more than simple insults? Has Trump made insulting one's way into office acceptable? If so, I fear for our country.

Every time I hear Trump say he intends to "Make America Great Again," I'm reminded of a saying, long attributed to Alexis de Tocqueville: "America is great because she is good, and if America ever ceases to be good, she will cease to be great."

In 1831, Alexis de Tocqueville, a young French aristocrat, set out from post-revolutionary France on a journey across America. Tocqueville looked to the flourishing democratic system in America as a possible model for post-revolutionary France. His study of the strengths and weaknesses of an evolving democratic society, which was published in his book, Democracy in America, has been quoted by every American president since Eisenhower,

and remains a key point of reference for any discussion of the American nation or the democratic system.

Now it turns out, de Tocqueville never actually wrote that phrase in his book, but for me, it still rings true. America will always be great as long as we are morally good. But with a morally bankrupt President who is driven only by self-aggrandizements and personal greed, the greatness of this country will be challenged.

Let's not mince words, Trump is a lost cause, and the sooner Conservative Republicans recognize that, the sooner we can get on with preventing any damage Trump will do to our national prestige.

Which bring me back to the ray of hope I always share with those I fly with - the U. S. Senate.

The role of the Senate was conceived by the Founding Fathers as a check on the popularly elected House of Representatives. To quote James Madison, our fourth President, the Senate's role is "first to protect the people against their rulers [and] secondly to protect the people against the transient impressions into which they themselves might be led."

"Transient impressions;" I can't think of a better way to describe Trump and his agenda. The American public got drunk on his promises - most of which he openly now ignores. Remember his call to "Drain the swamp?" He hired it!

It is up to the Senate to meet the expectations of our Founding Fathers and provide the adult leadership this county now so desperately needs. But if we are to get that leadership, Re-

publicans and Democrats need to set aside their political differences and rule as Americans first, Republicans and Democrats second.

If the Senate Republicans will not, or cannot find common ground with the Democrats, the outcome will be disastrous for them. Already one can feel a Democratic ground swell, which, if it continues to build, will return the House to Democratic control in the next midterm elections in 2018.

Given Trump has already announced his desire to seek a second term, unless an adult in the party stands up to him, the Democrats, who will undoubtedly field an exceptional candidate - like former Vice President Joe Biden - will give the Republicans a whipping not seen since the Whigs got voted into obscurity in 1856, which just so happen to pave the way for a new upstart political party - the Republican Party.

If Republicans cannot, or will not return to the civil, intellectual and morally based politics championed by William Buckley, and the best they can do is a Donald Trump, maybe we do need to go the way of the Whigs, and clear the way for a party that will embrace these values.

They already lost this conservative. If they can lose me, the 60% of the voters in the middle who don't like extremists, and are looking for someone to vote for that reflects their values, are already a lost cause.

To read past editions of Common Cents, visit the Authors section of Emmitsburg.net.

COMMENTARY

The American Mind

Single-payer healthcare here we come

William Hillman

If you want to make America great again, start with these two things: get people back on the prosperity train and fix health care.

On the question of health insurance, the old system did not work and the new system does not work. It's time for a single payer health care system.

Here are the facts from a recent report of 2013 U.S. health care expenditures:

- Medicare, Medicaid, the Children's Health Insurance Plan (CHIP), the VA system, military, and the Indian Health Service cost nearly 48% of overall health spending.
- Federal, state and local government employee health insurance cost 6.5% of total spending.
- Tax subsidies for private employer-paid insurance cost 10% of total spending.

In all, the federal government

along with state and local governments paid for 64% of the \$2.9 trillion in total U.S. health care costs in 2013!

Private employers and private individuals paid for the balance of U.S. health care expenditures. Employees of private employers are better advantaged over any other group because their insurance rates are lower and their personal contributions to health savings plans are made on a pretax basis.

Today, the most vulnerable of all Americans when it comes to health care costs, are those who are not employed by a company offering insurance and not eligible for public coverage. Insurance costs for these Americans can be staggering because they don't get the economies of scale that a large employer can get to cover its employees, and self-funding their own health care isn't a practical option. And, most don't get a tax credit. If these individuals have a small business, the costs to ensure their employees is an impossible financial burden. A study in 2008, indicated that over time fewer and

fewer of newly-formed small businesses offer employees insurance.

Here are some examples of how things are breaking down:

- Major health insurers have announced they are withdrawing from the Affordable Care Act exchanges and those who purchase their health insurance are increasingly concerned about getting insurance and how much it will cost if they can get it.
- Providers are shutting their doors to their Medicaid patients because the federal government continues to reduce reimbursements for these patient visits. For some of these patients, the costs and inconvenience to travel to a provider who will care for them become so challenging that the choice is often, but incorrectly, to not seek medical care.
- Prescription drug costs have increased an average almost 10% in each of the past 3 years.
- A reported 60% of bankruptcies in the U.S. are due to expensive medical bills.

- There's not a good system for insuring people from catastrophe illnesses.
- There aren't good systems for ensuring that proper care is being delivered. A recently published article reports that among new mothers who have had the Zika virus; only 25% of their babies are getting the required head ultrasound.
- A recent report on international health system efficiency ranked the United States last of 11 developed nations on measures such as quality of care, access to care, efficiency of care, and equity of care. And as that inefficiency increases, a smaller percentage of our dollars go to providing health care and a greater percentage of our dollars go to processing claims and paying the salaries of executives at insurers, hospitals, and healthcare systems.

These challenges are not just being seen at the individual level. The bills for the generous health insurance and pensions given teachers, state and local workers by politicians to keep these "voters" happy are coming due. In most of Pennsylvania, pensions and health insurance are

the two largest line items in school district budgets, and the squeezed budgets are causing school districts to lay off teachers and forego capital repairs and improvements. Small towns across the state are doing away with their police forces and services due to the stranglehold these obligations have on their budgets.

Health care insurance is inherently employment driven but in today's world, we rarely stay with a single employer for our work life. But when an individual has high and unaffordable medical costs, getting a job with an employer that offers insurance becomes a top priority. Think about how that chokes our economic growth and innovation.

Maybe it's time we all start to look at and talk about all health care funding - not just hot buttons like Medicare and Medicaid. Put it all on the table - private and government funding, the tax subsidies, and talk about all of it. Maybe if we do that we can develop a more equitable single-player plan for all of us.

Follow Bill Hillman on Twitter at @bhillman29.

To read past editions of *The American Mind*, visit the Authors section of Emmitsburg.net.

Down Under

Reality

Lindsay Coker
Melbourne, Australia

History is a combination of reality and lies. The reality of history becomes a lie. The unreality of the fable becomes the truth.

—Jean Cocteau, 1953

It may be true that an atheist could not be elected President of the United States.

Although there have been doubts about some of them, not one has ever admitted to being an unbeliever, and your current president is certainly not one of those. But he is different. He is assuredly a monotheist, believes in miracles, depends on faith, has a raft of disciples, and preaches an electrifying message. And he believes wholeheartedly in a God who must be worshipped.

The problem is that he believes he is that God.

What could be better in a nation of believers? Of gun-totin' misogynists who have a new messiah? He may not be omnipotent, but he exhibits such a command of double-speak that his pronouncements are gospel. He is also one of the real people, sharing many of their traits and attributes. Even down to physical details, for it would seem that among other things Mr. Trump has a small dick.

Anyone who has to boast so vehemently about his abilities to make a country great again, to boast about his conquests, and to reduce a reformed health system to

fragments is compensating for lack of tackle. I'm sure he also drives a bait car - anything dubbed 'the beast' has to be. Forget the bluster, ignore the hyperbole, and see your president for what he truly is: A braggart prophet. Anyone who publicly boasts about the women he's groped, how 'easy' they are, who has so little regard for reality has to be.

Faced with the harshness of the world as it is he takes godlike steps to prove points. Missiles on an air base to stop gas attacks, announcing with fanfare the parable that he has ordered the sending a ship to intimidate an errant country are just some obvious examples. The 'leader' of the free world has passed the point of lampoon, but as the leader of unquestioning zealots he reigns supreme. His conversations with the heads of other countries highlights it. Angela (Merkel) sees him for what he is, Malcolm (our man, in case you didn't know) puckered up because we need America's protection, Theresa (May) secretly scorns him, Vladimir (Putin) smiles his manipulating smirk, while the rest shake their collective heads and sigh. His support for Marie Le Pen in the French elections is an indication where his true values lay - ultra right, ultra nationalism, ultra rich.

But it leaves you in a very difficult position. As a place that still believes in democracy he is your elected leader, and thus deserves due respect. As a place that also makes him generalissimo, you have to live with the threat that entails

while trusting that the sane members of congress and the bureaucrats can veto the worst excesses. As a nation you are having to learn very smartly the difference between the sayings of an arrogant redeemer and reality.

The idea that your healthcare system will become the best in the world is just plain nonsense. It is not the worst, but was not established to cater for those who need it most, and attempts to incorporate them were bandaids instead of a total deletion and then reformatting. This new version will make the healthy better and the sick worse. The poorest will become poorer, the richer, richer. His vows of massive infrastructure replacement that start with building a wall on the Mexican border beggar belief; the boasts of returning you to being the centre of manufacturing have no basis in reality - that was handed to the Chinese years ago who have run with it toward being the leaders in innovation.

By far the biggest hurdle you faced, however, is coming to grip with reality - things as they are. Reality, in case you have forgotten, is the face of truth. It is not hope or prayer, expectation or plan. It is the ground of life, the rain falling, the crops growing. At present it is getting treatment at a medical facility but having to pay upfront, of never having enough schoolbooks or of being equal under the law and having legitimate redress.

It is overcrowded prisons, daily gun murders, rampant gangs, the sense of desperation and loss of hope, of unemployed youth, a war on drugs that has increased their use, and so called law and or-



der solutions that finish up making it worse.

It was not always like that. America was envied as the place where good things happened, where you were free to go your own way, where your contributions to society were valued, and even when the black clouds gathered your neighbours and your community would be there to help. Above all, it was a country where your vote counted, where progressive values held, where the future was bright. It was a reality of truth and trust, fair dealing and cooperation.

But when truth is mixed with untruth, confusion is born and fear becomes dominant. As the proverb puts it, half a truth is often a whole lie. This is not a Trump invention, but it is one he uses to his great advantage. It is the stock in trade of charlatans and pseudo-gods that depends on a hip-pocketed media and conniving legislatures - have a look at the way Oregon controls dissenters.

He may have fashioned himself on Zeus, el supremo of Olympus who hurled thunderbolts, who as sky god had power over the earth, especially the women there who he particularly liked, but our incumbent doesn't live on a magic mountain in mythology. He's actually ignorant of everything but his own fanatics.

He's all too imminent, a Baal of foreign ways with golden calf, telling us to bow down. Tell that to his supporters in the Bible belt and become an instant martyr, but tell it anyway. Reality has a way of turning around and biting you where it hurts.

Mr. Trump is going to be bitten. Reality will squash him on the windscreen of life.

Lindsay,
Down under but far from down.

To read past editions of *Down Under*, visit the Authors section of Emmitsburg.net.

THE (retired) ECOLOGIST

Avian hygiene comes to Emmitsburg

Bill Meredith

*Yonder on the morning's blink,
the sun is up, and so must I,
to wash and dress and eat and
drink,
and look at things, and talk and
think,
and work... and God knows
why.*

—A. E. Housman, "May."

I don't remember the exact date, but it was back in February, before the leaves had started coming out, and it started like an ordinary day. Acting purely from habit, I went out to fill the bird feeder and get the paper from the driveway. It was early enough to be fairly quiet; the sun was coming up, but the sky was overcast, so the light was not good for seeing birds or other assorted wildlife. There was no need to be scanning the sky, but I did... if you grow up on a farm, that's part of the habit. And then I saw something I'd never seen before in my life. Perched in a tree about 25 feet above me was a roll of toilet paper.

Habits. Everybody has them. We are trained from childhood to do certain things at certain times... routine things that have to be done every day, like those listed in Housman's poem, so there will be time to spend on more interesting or important activities. When we were children, we spent a lot of time just looking at things; that's how we learned. A lot of people gradually lose that habit as they grow older; but others keep the habit of looking at things all their lives, and end up becoming ecologists. And that leads to another habit... thinking about the things we see, and asking questions about

them. Sometimes they aren't very important, but we think and question anyhow; we can't help it. As Pogo used to say, "It's in the blood." Old habits don't just die hard; sometimes they don't die at all.

I stood there and stared up into the tree for a while, probably with my mouth open, and then I went inside and told my wife. She is a woman of many virtues, but being an ecologist is not one of them, and she didn't find a roll of toilet paper in a tree nearly as interesting as I did. So I was left to spend the rest of the morning asking questions. How did it get up there? Why would something like that happen? What will be the result of it? Would it really matter in the grand scheme of things?

About 700 years ago, William of Ockham proclaimed that when confronted with a complex question that has several possible answers, we should choose the answer that requires the fewest unprovable assumptions. Thus I was able to rule out Divine Intervention, and assume that human activity must have been the force that propelled the roll of toilet paper into the tree. I recalled occasions in the crazy times of the 1960s when college students celebrated Halloween and other festive occasions by tossing either toilet paper or various items of intimate apparel out of dormitory windows... an interesting and nostalgic idea, but there were no buildings of suitable height near the tree. Could it have fallen or been deliberately dropped from an airplane? Not impossible, but surely it would have unrolled on the way down. Could it have fallen off a passing truck and been blown up there by a gust of

wind? Unlikely; the tree is near a sharp turn in the road, where traffic cannot go more than 5 mph, and the wind had been calm lately. The only remotely possible agent of propulsion was the human arm. A small child couldn't have thrown it that high; any healthy adult could have thrown it, but usually adults are not motivated to do such things. So by elimination, a wandering teen-ager would seem the most likely culprit.

The old pruning hook that my father used to trim apple trees now sleeps peacefully in my garage. It is about 10 feet long, so I got it out and reached into the tree with it, but it was not long enough to reach the toilet paper. Climbing the tree was not an option at my age; even if I had been 30 years younger, there were too many small, dense branches, and the thought of getting stuck half-way up and my wife calling the fire department would have been embarrassing. I considered getting out the extension ladder, but it is getting too heavy for me to maneuver safely. So in the end I decided to leave the roll up there. Surely wind and rain would bring it down soon.

March and April came and went, and the trees bloomed and put out leaves. I more or less forgot about the toilet paper, but when the robins came back from their winter vacations and began nesting, I noticed one of them carrying a piece of white material in its beak. I checked and found that the toilet paper was still in the tree, looking a bit ragged. Before long, I noticed cardinals, sparrows and catbirds were also carrying off bits of it. At first, I assumed that they were just lining their nests with it; but then I began to wonder



Barn Swallows are fastidious when it comes to a clean nest which, while great for the babies, results in a never-ending cleanup effort below the nest. But for anyone lucky enough to have Barn Swallows, the effort is well worth it.

if they might be using it for its originally intended purpose. Most of the larger birds like pigeons, mourning doves, and blackbirds, take a cavalier attitude toward housekeeping; some, like eagles, hawks and herons, are brazenly negligent about it.

A few of the invasive immigrant species like English sparrows and starlings seem to flaunt their disregard of it. But many of the smaller songbirds are fastidious housekeepers. As a child, I noticed that each time the house wrens that nested on my grandmother's back porch brought a mouthful of insects to feed their young ones, they would carry away little membranous sacs of fecal waste that the nestlings had excreted. They never left that material near the nest; they usually carried it across the road and attached it to the barbed-wire fence. Years later, when I took the course in Ornithology in college, I learned that for small songbirds, such habits of hygiene are a matter of survival. Spatterings of such waste around a

nest would be a sure sign to predators that young birds were nearby.

Early in May we had about four inches of rain, accompanied by wind, and the remains of the roll of toilet paper finally fell out of the tree, all by itself. A good deal of it was missing, and for a while I wondered if the birds had learned to use it, and the universe... or at least the part of it occupied by my yard... might become a bit tidier. However, I have noticed that the volume of bird droppings on my car does not seem to have decreased, so evidently the adult birds have gone back to their old ways. But there may still be hope; perhaps the young ones who grew up under more hygienic conditions will change their ways. Hope springs eternal. I will wait and see how things are next spring before I give up on them.

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IN THE COUNTRY

Ticked off

Tim Iverson
Naturalist

Summer is settling in and the sirens of cicadas and other wildlife are in full chorus and heralding the warm days to come. Ticks are part of the package and are undeniably a scourge of summer days. There has been growing concern over ticks and the illnesses they can pass along over recent years. This year will be no stranger to increasing cases of Lyme Disease if trends and predictions hold. With this in mind, it's worth delving a little deeper into the world of these parasites to better defend ourselves from unwanted disease.

Ticks are small arachnid parasites that feed on the blood of other living things. Ticks undergo life stages beginning as an egg, larva, nymph, and finally an adult. For each life stage they must eat a blood meal to progress to the next developmental stage. In early stages they generally prefer small animals like mice or birds, and later prefer larger mammals like deer or occasionally humans.

Generally, ticks are found in hot humid climates. Usually ticks prefer scrubby woodlands or grassy areas. Ticks frequently hang onto the ends of grasses and shrubs with their two hind legs. With their front legs extended they will patiently wait to latch onto an unsuspecting passerby. Once they've snagged a ride they'll begin searching for a warm area with thin skin to feed. On a person these locations are generally the groin, armpits, behind the ear, or within hair.

Bites are potentially problematic because ticks are vectors for many types of diseases. Disease can only be transmitted when an infected tick bites an animal or person. Ticks evolved a rather ingenious method of avoiding detection. Their saliva contains an anti-clotting numbing agent, which allows the blood to flow freely and you'll never feel a thing. During this exchange of fluids a person or animal could be exposed or infected by diseases that are carried by the tick.

The tick species of most concern in Maryland are the Blacklegged and American Dog ticks. The Blacklegged, or Deer Tick, are vectors of Lyme Disease and Powassan (a very serious form of encephalitis). Blacklegged Ticks are very small, about the size of a poppy

seed. Lyme can cause fatigue, flu-like symptoms, and joint pain. If caught early it is usually treatable with few long term side effects. Powassan, while rare, is more serious. This virus presents with flu-like symptoms and can cause long term neurological damage often requiring hospitalization for respiratory issues and to prevent swelling in the brain. The American Dog Tick is a primary carrier of Rocky Mountain Spotted Fever. Rocky Mountain Spotted Fever is potentially fatal and causes fever, headache, and muscle aches. It is treatable with antibiotics and responds well if caught and treated early on. If you have been bitten or suspect a tick bite and any form of rash appears you should seek medical attention. However, it is important to note that rashes do not always appear.

The Cary Institute of Ecosystem studies is predicting that 2017 will be a particularly bad year for ticks. Throughout the northeast acorn production was above average in the fall of 2016. As a result there has been an increase in mouse populations across the region. In years with abundant mice populations tick populations surge as well. Considering this, the best offense is a good defense. While unpleasant in warm summer months, best practices include wearing long pants and sleeves, tucking pants into socks, and the use of an effective repellent. Repellents containing at least 20% DEET are effective and safe for human use with no known side effects. If you spend a large amount of time outdoors you can send articles of clothing (socks, pants, etc.) or buy clothing pretreated with permethrin. Permethrin is a repellent applied to clothing that can last as long as 30 wash cycles and is safe for human use and kills ticks on contact. Lastly, a thorough tick check and regular bathing after being outdoors can reduce tick bite incidents. Generally, it takes between 24 and 36 hours once a tick has begun feeding to transmit and contract any of the illnesses of concern. The more individuals can do to reduce their risk the less likely they will be to contract any disease.

In the event that a tick is found a few methods of removal generally float around in the conventional wisdom ethos. However, medically speaking there is a best way. With a pair of twee-

zers grab the tick as close to the skin as possible aiming for the head. Then pull upward steadily. The goal is to remove the entire tick at once. After the tick has been removed wash the area thoroughly with soap and water and disinfect with rubbing alcohol. Generally, it is unadvised to try to remove the tick with a hot match or chemicals as this can actually make the tick cling tighter. If you're unsure of what kind of tick may have been found or if it had any diseases ticks can be saved and sent in for testing. The Center for Disease Control (CDC) provides very detailed maps broken down by state and county levels on the rates and prevalence of Lyme Disease so individuals can check their risk level, as well.

Because of the physical size of ticks and the habitats they live in widespread chemical extermination or treatment wouldn't be practical or environmentally sound. However, there have been a number of efforts to prevent the spread of Lyme. There are patents for vaccines against Lyme Disease, however there are none commercially available for humans. Richard Ostfeld, a disease ecologist at the Cary Institute of Ecosystem Studies, is currently trying a different method. Ticks generally pick up Lyme from mice. He has been testing a mouse vaccine that rids mice of the bacteria. Mice are drawn to bait traps with vaccinated food. When the tick feeds on a vaccinated mouse disease won't be passed along. He found that even though only 28% of mice in a population were targeted prevalence of infected Blacklegged Ticks dropped by 75% after five years.

It's important to note that many people who contract Lyme may not even be aware of it all. Lyme is caused by a bacterial infection and can resolve itself, but the CDC estimates that 80% of those who go undiagnosed or untreated can develop long term heart or neurological problems that can last indefinitely. Being proactive and seeking prompt treatment is key for prevention and recovery. Being active and spending time outdoors with loved ones is one of the things that make the summer months so enjoyable. Get active and opt outside, just be proactive and take measures to ensure adventures are safe.

To read other articles by Tim Iverson, visit the Authors section of Emmitsburg.net.



2017 is predicted to be a particularly bad year for ticks due to a bumperacorn crop in 2016 which has resulted in an increase in the mouse population, upon which ticks feed.



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REAL SCIENCE

The 2017 Federal Science Budget

Michael Rosenthal

First, here is some good news for science. Congress approved a bipartisan spending bill on May 4, one day before its May 5 government shutdown deadline, which showed firm support for science, in spite of President Trump's March budget blueprint. Research historically has received bipartisan support, and this year was no exception.

The budget includes a significant increase for The National Institutes of Health, a 6.2 % increase over 2016; President Trump had recommended a \$2 billion cut for NIH. The approved budget calls for an additional \$2 billion for NIH, including a \$300 million cancer initiative, The 21st Century Cures Act. President Trump also proposed a massive decrease for the Environmental Protection Agency, completely eliminating the Chemical Safety and Hazard Investigation Board (CSB) and the Advanced Research Projects Agency-Energy (ARPA-E). The Environmental Protection Agency (EPA) was cut a modest 1.0%. The Chemical Safety Board funding remained flat. National Science Foundation (NSF) funding remained flat from 2016, and funding for the National Institute of Standards and Technology was reduced a modest 1%.

The Department of Agriculture's research grants program was actually increased by \$25 million. The Centers for Disease Control and Prevention was voted \$35 million in fund-

ing to deal with the lead water crisis in Flint, Michigan, and \$394 million was allotted to combat the Zika virus. The Office of Adolescent Health Teen Pregnancy Program received \$101 million, on par with 2016 funding. The Energy Department's Office of Science was voted a \$42 million increase instead of the \$900 million cut proposed by President Trump. ARPA-E was voted a modest increase to \$306 million. The Fish and Wildlife Service was voted \$11 million more than last year, focused on an effort to remove plants and animals from the endangered species list; and The U.S. Geological Survey was voted an increase of \$23 million, half of which is to develop an earthquake early warning system. NASA, the National Aeronautics and Space Administration, was voted an increase of \$368 million. The NASA budget includes funding for a lander on Jupiter's moon, Europa. The 2018 fiscal year begins in October.

How can anyone not see the importance of supporting research? Research isn't just a way to help graduate students get degrees or to employ scientists. Scientific research is what improves the quality of life in many, many ways - advances in health and disease cure and prevention, better technology for manufacturing and daily life, and many other effects.

In colleges, science is offered in courses designed for science majors and in courses designed for those majoring in other fields, what we

call non-science majors. To me, the importance of these courses is not just in learning the technical detail, as much as in understanding how science affects daily life, its significance, and how to discriminate between "real" science and "emotional" science. A good example is the controversy over vaccines. Many people continue to believe that vaccines lead to autism in children.

There is absolutely no scientific evidence to suggest that this is true. So, those who avoid vaccines for their children not only put their own children at risk, but introduce the risk of infection to others. How can such misconceptions come about? If more people had been introduced to scientific thinking at home, in school, and in college, would more logic be applied to such issues? I suspect there would be more logic, but there are always people who reject logic in favor of emotion. It is the responsibility of our educational system to refute emotional analysis of scientific-based issues in favor of logical and scientific analysis and action.

I never liked biology very much as I was growing up, because it was so descriptive and not (to me!) as logical and ordered as chemistry and physics. I really liked molecules (and I still do). I actually convinced my high school advisor to let me avoid taking biology by taking chemistry, physics, and four years of math. That was a mistake - they should not have let me do it. Biology has changed greatly, as molecular science has become its base, and as biochemistry has emerged as a powerful bridge field. My only remaining vestige from those days is that biologists should study as much chemistry as they can handle to understand the underlying molecular basis for biological phenomena. This leads to an important project now underway - the global search for some 25 species that



Cutting science research funding is an easy target for politicians, but it is a short sighted choice. The Human Genome Project has resulted in a plethora of medical breakthroughs, but would not have happened had it not been funded by the science budget.

have not been observed for many years, sometimes hundreds of years. The species include the Pink-headed Duck from Burma, "lost" for 68 years, the Woodland Tree Kangaroo of Indonesia, the Harlequin Frog from Venezuela, the Namdapha Flying Squirrel, and the Himalayan Quail from India, last seen in 1876. A full list of these species can be found at lostspecies.org. The reasons for these species fading away often will have a base in the chemistry of their surroundings.

The issue of Climate Change remains a prominent issue. The Trump Administration continues to consider the withdrawal of the United States from the Paris Climate Change Accord. It remains amazing to me (but I'm a scientist!) how anyone can deny the evidence, agreed upon by all scientists, that the burning of fossil fuels producing carbon dioxide, causes global warming. Many world leaders are urging President Trump to remain in the Paris Accord, a climate accord supported by 195 nations. President Trump made a campaign pledge to withdraw. Scientists universally agree that people's activities affect

the long-term health of the planet, with special emphasis on global warming, caused by the burning of fossil fuels. How can individuals deny that global warming is real and dangerous to the planet when virtually all scientists all over the world see it differently?

Related to this issue is the ever present larger question of how to economically and safely create energy. The environmentally kindest means include hydroelectric, wind, and solar sources, and these sources are under development all over the world. Nuclear power has great strengths, but events such as Fukushima indicate that there is potential downside to depending upon it, and the safe disposal of nuclear waste remains a challenge. Just this past month, the collapse of a nuclear waste storage tunnel in Hanford, Washington, indicated that safe disposal of nuclear waste is an important issue that must be dealt with in an appropriate manner.

Finally, let's get back to public attitudes toward science and end on a positive (at least to me!) note. On April 22 a day for A Global March for Science was declared. Hundreds of thousands of marchers at some 600 locations around the world marched to support science. The flagship event was in Washington, D.C., where the crowd was estimated to be 70,000 to 100,000 marchers. The Washington event was significantly non-partisan, but clearly was in reaction to President Trump's attitudes, policies, and proposals toward science. Washington wasn't the only large turnout. The crowds in New York, Chicago, and Los Angeles were nearly as large, and marches even took place in Norway and Ecuador. The marchers were not just scientists, but people who recognized the importance of science and the need for respect of science. There is only one scientist, named Bruce Wright, among the 125 people who live on Alaska's Atka Island. He is an ecologist who studies harmful algal blooms in the Gulf of Alaska and the Bering Sea, and he marched for science carrying a sign that proclaimed, "Science Is Truth".

To read past articles by Michael Rosenthal visit, the Authors section of Emmitsburg.net.



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THE VILLAGE IDIOT

The machines roared

Jack Deatherage

*In the Carboniferous Epoch we were promised abundance for all,
By robbing selected Peter to pay for collective Paul;
But, though we had plenty of money, there was nothing our money could buy,
And the Gods of the Copybook Headings said: "If you don't work you die."*

—J. Rudyard Kipling, The Gods of the Copybook Headings (1919)

One could think, or maybe not, that the educated, the elect and the anointed would understand Kipling's poem better'n I ever will. But the last 30 years of struggling to comprehend the world around me has led me to believe my betters ain't - ain't my betters. Nope. They's merely educated, elected and/or anointed, but seldom - if ever - better'n me.

I recall laughing at the county's state's attorney when he told me he would eventually catch all of Emmitsburg's drug dealers. None of the dealers I knew have been caught since that brief conversation, though the politician has since "advanced" to circuit court judge. And so it goes with the educated, the elect and the anointed. (Full disclosure: I voted for the SA even while laughing at him. At that time he was promoting a program that offered first-time convicted drug abusers a chance to get clean and sober rather than simply whiling away in the county's jail at the taxpayers' expense, and most likely advancing their skills and criminal knowledge. I've seen enough of the latter.)

Of course Kipling's poem is pointing out the flaws of progressive socialism and its bastard children - today's social justice warriors (SJW). (More disclosure: A long time friend (an SJW) recently died, taking with them useful knowledge I will never live long enough to acquire. Sadly, emotions ruled that one's political/ideological thinking while reality ruled in daily life. The SJW considered Kipling insulting. I considered the SJW to have been delusional - yet so practical in gardening, animal husbandry, wine making, preserving and barter as to confound me as badly as I confounded the SJW with my classical liberal thinking.)

When the factory was cranking out

enough biker wallets to keep me pulling a lever, stamping a pedal, feeding the splitter, or pulling the trigger on a spray gun, I had hours of time to dream of things I'd do were I ever in a place I could do them. Unlike my SJW friend and the state's attorney, it never occurred to me to force people to submit to my fantasies by way of government dictate. And grand fantasies they were, until they inevitably smacked into government.

A cousin asked me what I would do with some lottery winning that left me with more than one hundred million dollars after the government raped the prize with a collective 40% tax hit. He felt I should share the loot with the clan since I hadn't earned it and give the bulk of it to some charity. After all, what could I possibly do with such a windfall? He was shocked that I'd not give away a dime of it, that I'd some selfish plan for all of it. What follows is the selfish dream I often spent the workday in.

I've long since picked out the properties (just outside of the town's limits) where I would build a museum/library, a restaurant and a theater. Actually, a school. A "free to the town's kids" school designed by local architects, built by local contractors (as long as I could find suitable professionals within the county, or state.)

The museum would be stocked by the Mad American-Bulgarian and cousin Luke as I paid them to tramp about the rock seeking out anything they thought worth preserving. The museum would be a replica of a building in the Mad One's home town she once told me was worth my visiting - expanded to accommodate not only the things she found worthy, but those I find interesting as well. A "common man's" museum filled with possibilities. Not only would the museum be open to the public (free of

charge), the local kids showing any interest in art, history and crafts from around the rock would be encouraged to learn the various disciplines presented within, as well as the curating/caretaking of such an operation.

The restaurant would settle between the museum and the theater. Most of the raw foods supplied to the kitchen would be grown on the property. Everything else would be locally acquired. The restaurant would also have its own bakery and the kids interested in learning commercial kitchen skills would have the best teachers I could find to educate them in the culinary arts. From washing dishes to curing meats, from growing carrots to raising and slaughtering meats - I'd have it all presented at no cost to this place's kids.

Having toured the museum and sated one's pie hole, a comfortable seat in the theater would be the natural next step in a day-long adventure. I'm thinking of a theater along the lines of the old Tivoli in Frederick, the first stage theater I sat my ignorant self down in. A theater where one might see Abney Park perform live (after I had them flown in from the left coast), or a classic B&W flick such as "My Darling Clementine" might play on a "sliver screen". Of course, local thespians would be welcome, nay, encouraged to perform on the stage.

The entire fantasy would be geared toward educating the locals, kids and not, in any aspect of life involved in each of the three offerings. And every aspect would be offered. From study of soil ecology to money management, from washing chicken eggs to building stage props, from *charcuterie* to grubbing heirloom taters out of the dirt, nothing any child took an interest in would be ignored.

Oh, 'twas a grand dream I dreamed as the factory machines roared and the hours drifted by in pleasant fan-



"The Gods of the Copybook Headings" is a poem published by Rudyard Kipling in 1919, which contained age-old, unfashionable wisdom that Kipling saw as having been forgotten by society and replaced by "habits of wishful thinking. The "copybook headings" to which the title refers were proverbs or maxims, extolling virtues such as honesty or fair dealing that were printed at the top of the pages of 19th-century British students' special notebooks, called copybooks. The school-children had to write them by hand repeatedly down the page.

tasy. Still, no matter how I built the dream, designed the buildings, filled them with art, foods and actors the mental paradise was always invaded by the vile worm - government.

Obviously I'm not an ideological collectivist. I see government as "the problem" more often than it's being a benefit. So deeply has the worm squirmed into my thinking I can no longer see the details of my phantasm of a free school. With machines no longer filling my head with their clatter and roar I now find the day-dreaming time better spent in fitful naps, bread-building, perusing bread books, or sipping something numbing that I didn't build.

What would happen today should I wake to find myself cash-wealthy? (There are numerous types of wealth, cash is one of the more mundane

ones.) There would likely be no museum, or restaurant, and certainly no theater. No. I'd call my siblings and divide the loot between them and a few friends. Then I'd wait in comfort for the last stanza of Kipling's poem:

"And that after this is accomplished, and the brave new world begins

When all men are paid for existing and no man must pay for his sins,

As surely as Water will wet us, as surely as Fire will burn, The Gods of the Copybook Headings with terror and slaughter return!"

To read other articles by Jack Deatherage visit the Authors section of Emmitsburg.net.

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PETS

No stray turned away

Michael Hillman

My wife and I have a long standing policy that if a stray should make it onto our property, they will not be turned away. Of course, the policy has some unforeseen consequences, especially when it comes to a never ending flow of vet bills, but all one has to do is look into the eyes of a now healthy cat or dog to know it's all worth while.

Such is the case with "Q."

"Q" as he would eventually be known, alerted us to his presence one night last summer by engaging in a rather loud conversation with our cats in the recently completed cat enclosure which I had erected to allow our indoor cats some "outdoor time."

I imagine the conversion what like this:

"Q" – Hey what did you guys do to get locked up?

"Indoor Cats" – Locked up? Are you kidding us? We got a good gig, plenty of food, water, warm beds...

"Q" – Ya, but look at all you are missing, I get to roam everywhere, everything I see is mine. I can hunt when I want, sleep where want, go where I want. When is the last time you caught a mouse?

"Indoor Cats" – Well... We can sleep when we want to... which is most of the time, as for hunting, it depends, does a cat nip mouse count as a mouse?

"Q" – What a bunch of losers...

When I went outside with a food bowl for him, "Q" quickly disappeared under an adjoining bush,



Sometimes the best cats are not the ones you seek out, but the ones that seek out you - such is the case with "Q."

but by the time I returned to the house he was scoffing down the cat food as if there were no tomorrow.

When done, he took a few moments to groom his clearly disheveled coat, and then slowly wandered on his way. I had no idea if he was a new stray, or was a long established stray and we were on his normal route and the presence of the newly installed cat enclosure had merely caused him to pause and take in the view.

As expected, "Q" appeared the next night, and like the prior night, he took up an extended conversation with the cats in the enclosure, a conversation that only ended with the arrival of a bowl of food for him.

By the end of the 1st week, "Q's" arrival timing had become rather predictable. "Q" became such a regular that I eventually built him a simple enclosure to keep his food dry in rainy weather. While the enclosure was large enough to shelter him from the rain, he never took advantage of it. No matter how hard it rained out, he always left after eating. He apparently had things to do and places to go and we were just a spot to top off his stomach, which was fine with us.

That all changed however the night he showed up with a cough.

My wife was the first to notice it. Fearful that he could transmit whatever ailed him to our cats we were faced with one of two decision. Stop feeding him in hopes he would go away, or trap him and get him to a vet to be treated.

Yes, we had two options, but only one was ever truly considered.

By this time, "Q" was also showing up for breakfast, so for the next few nights, we skipped his dinner with the intent of forcing him to eat in the morning, where we could easily trap him and get him to the vets. The highly suspicious "Q" was not too thrilled about the plan, but by the third morning hunger got the better of him and he walked into the trap and was caught. Un-

like most feral cats who flail about trying to get of the trap, "Q" just sat in the trap with a 'oh well' look on his face as he awaited his destiny.

Our vet confirmed that "Q" indeed had the flu, and treated him for it. Seizing on the opportunity, we also had "Q" neutered, flea dipped, groomed, and given an initial round of shots.

"Q" arrived home that evening rather groggy, and given all that he went through that day, we opted to place him in the tack-room in the barn where he could recover in safety, and over the next few days we could monitor his incision.

Our intention had been to release him back into the wild, but that plan went by the wayside when I saw him sound asleep on the heated cat bed in the tack-room. It was raining out and it was not hard to imagine that this was his first time being inside, dry, on a warm bed, with a fully belly. It was going to be hard to take this away from him.

The following morning when I entered the tack room, "Q" didn't run. Instead he simply sat on his bed and looked at me. When I approached to touch him, he moved his head away, but showed no sign of running away to seek a hiding spot.

I decided not to push it.

By the third day "Q" allowed me to stroke his rough coat, which incited a loud purr from him. When I found the next day that he would allow me to pick him up, our belief that he was an old feral Tom was cast into the dust bin. Clearly "Q" had had a fair amount of interaction with humans, and for reasons that we will never know, he, like many feral cats, had found himself on his own.

Unfortunately for "Q," we already had our full complement in the house, so if he was going to stay, it would be as a barn cat. But that in itself created a problem, as by their nature, barn cats are free to roam around the property. If left free to roam, we had no doubt that "Q" would soon resume his prior routine. As his old route paralleled a busy road, the final outcome of

allowing him to roam freely again was obvious. To make matters more difficult, as a former tomcat, "Q" carried a dominant streak that did not sit well with our existing barn cat.

So the tasks before us we clear: "Q" had to learn new boundaries and learn to play nice with other cats.

Teaching "Q" new boundaries involved walking him on a leash, just like a dog. Surprisingly "Q" took the wearing a harness like a duck takes to water. Yes, he fussed when it was put on, but once he learned it meant going out, his resistance quickly faded.

As time wore on, "Q" increasingly showed less and less inclination to wander off his "new turf," and the day finally came to test his understanding of the rules. I held my breath as I unhooked the leash. For more than five minutes "Q" sat and simply looked at me as if to say "now what?" Then he got a bug up his butt and took off like a flash – right up the tallest tree on the property.

I mumbled a few choice profanities under my breath as I tried to figure out if I could get to him with my ladder, or if he was going to humiliate me by making me call the fire company out. Just when I had decided on the later, "Q" began to make his way slowly down the tree. When finally down, he ran up to me and looked up as if to say: "that was fun, what next?"

Every time we thought we had "Q" set on his boundaries and chanced turning our heads away for a moment, "Q" would disappear. Fortunately, like our others outside cats, "Q" wore a radio transmitter on his collar, which allowed us to track him. On more than one occasion, "Q" was not lost, but simply walking behind me, watching me try to find him.

"Q" left the assigned territory just enough times that our confidence level in his ability to resist his roaming instincts was never assured. I soon realized however, the answer to ceasing his roaming was right under my nose.

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Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...
 The love I left behind.

-- Author Unknown

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One of the first things we did when we had moved onto the farm was install Invisible fencing to allow our dogs to roam freely on our property.

“The biggest issue with training cats to the invisible fence is to get them leashed trained so you can introduce them to the fence can train their instincts to retreat back into your yard when they are zapped,” said the expert with Invisible Fence.

“Well that’s easy” I said, “he is already leash trained.”

“In that case, you’re 98% there.”

He was right. Equipped with the cat-size receiver, the next day I escorted “Q” around his border – which also just happened to be the border for the dogs. At the end of the walk, I allowed “Q” to get his first shock. The collar was set on the lowest shock, so while “Q” technically got a shock, it probably was more a tingling sensation. But it was enough to give him pause as he backed away as to study the situation.

The next day as “Q” approached the same area he hesitated as he re-processed yesterday’s events. When he proceeded forward he hesitated when the collar beeped its warning. Upon receiving the shock again, he retreated quickly.

The next day, “Q” proved he could learn, when he approached the area again, he backed away as soon as he heard the warning beep, as he did elsewhere along the fence line. Assured that he would never leave the property, the decision was finally formalized that “Q” was officially ours. He had done everything we had asked of him, and did it with a purr. He had earned the right to live here.

Now all he had to learn was to play nice with his fellow barn-cat...

To read others articles by Michael Hillman visit the Authors section of emmitsburg.net



Walker used to be a Texas Ranger. No, just kidding. This Walker wasn't, but he's definitely full of life. He's a one-year-old Bichon mix who was found running in the streets. He can actually be a little shy at first, but once he gets to know you, his fun, bubbly personality comes out. And look at those ears! Too cute!



Gabrielle is a one-year-old brown tabby girl with a little bit of white around her face, belly and paws. As you can see, she's quite the model and loves to pose for pictures. Gabrielle will make someone a fabulous four-legged friend!

To learn more about Walker or Gabrielle come visit the Cumberland Valley Animal Shelter at www.cvas-pets.org or better yet, come visit them in person at the shelter! If you are unable to adopt, consider becoming a Guardian Angel for a dog or cat in the shelter. To learn more about becoming a Guardian Angel visit www.cvas-pets.org.

Pet cremation

Colt Black, F.D.

In today's world pets are treated like more than just common animals; they have status as a member of our family. For many people who choose not to have children pets become like their children, conversely for children their dog or cat becomes their very best friend in a world of mean schoolmates and parents who just don't get it or someone to talk to for an older person who lost their spouse.

Simply stated we cannot do enough for our pets, from the elaborate clothing many people put their pets in, to dog resorts and the heroic medical procedures we will pay for to save or extend our pet's life. So what about when that wagging tail stops or the purring is silenced upon the death of a beloved pet then what, who do you call?

With all of the services available for pets should there not be someone who can help provide a dignified and meaningful service for a member of the family regardless whether they had four legs or two? Many folks turn to their veterinarian especially in situations where a pet has been euthanized, however just because your vet offers cremation does not mean you have to accept subpar treatment of your beloved pet's earthly remains.

Most vets contract with a company who picks up pets by the truck load and cremates them in a large batch, meaning the box of cremated remains you get back may not be your dog Fido but your friend's cat Fluffy. Now to be fair some vets offer other options such as communal cremation where there are multiple animals in the cremation chamber separated out in metal pans. There is occasionally an offering of a private

cremation but it is usually very expensive since the way these companies who work with vets make their money is to cremate pets in a large group.

And what if you're pet dies at home and not a vet clinic, now you have to get your beloved pet from the house to the vet clinic for them to even help you with a cremation. And better yet maybe you don't want a cremation and you'd like to have someone provide a casket and bury your pet at home or in a pet cemetery?

Do you really think when it comes to death of a loved one, pet or human your physician is the best to be giving advice or providing services such as cremation? Absolutely not, physicians are there to save lives and minimize suffering period.

So then who should we call? The funeral director; just as families rely on us as professionals to attend to our deceased human loved ones we should expect the same care, compassion and professionalism afforded to our pets as well. Funeral directors are connected with a variety of service providers and products that can accommodate families who lose a pet similarly to that of a human.

From picking up your pet at your home or vet's clinic any time day or night, arranging a private cremation at a dignified pet crematory, providing caskets, urns, or other memorial products, arranging for burial or a host of other services and offerings funeral directors have the knowledge and resources to assist your family.

Whether its two or four legged, when death calls, make your first call the professionals your funeral director. For more information on pet services, please call 240-288-1300

“Insure” your pet is protected

**Shelby Smith
Antrim Veterinary Hospital**

Happy spring! It's Shelby with Antrim Veterinary Hospital. Have you ever wanted to do more for your pet but didn't have the funds? There is a solution to this problem. You can get health insurance for your pet. There are many different companies you can insure with whom have different premiums, plans, and deductibles just like human health insurance. You can pick plans that just cover accident and illness or plans that include wellness. Some companies even cover up to 90% of costs. Think of how much more you could do for your pet if you only had to pay 10% of your bill.

29% of dog owners and 21% of cat owners did not take their beloved pet to the veterinarian last year as they could not afford it. Medical treatments for both humans and pets have advanced

tremendously in the past 20 years. Unfortunately there is a cost related to the progress made in obtaining quicker and more accurate diagnoses and more successful therapies. That is why we have health insurance. So why not do the same for your pet? The best time to get insurance on your pet is when they are still young and healthy but you can get it at almost any age.

Most people with pets have budgeted for the expected visits such as food, accessories (collar, leash, bowls) and routine health care. But what about the unexpected costs such as emergencies or complicated illnesses? Statistics show that the average annual cost of a dog is about \$685 and \$705 for a cat. One third of all pets will need emergency veterinary treatment each year. Some of the common emergencies include cruciate rupture (\$2000), foreign body removal (\$1300), or a hit by car (\$1000 just to stabilize patient).

There are so many companies to choose from it can be overwhelm-

ing but a few we have found easiest to deal with are Trupanion, Healthy Paws, and Pets Best. Individual premiums vary based on breed, age, and sex. Policies that cover wellness tend to have higher premiums versus accident/illness policies.

Another tool you can use to help with unexpected expenses is Care Credit. Care Credit works similar to a credit card but you may use it for any medical expense including your own! They allow you to divide your total bill into 6 monthly payments that are interest free. It only takes a few minutes to apply and you will know if you qualify immediately.

What better gift is there than to give your pet something that continues to give back throughout their life? Relieve the financial burden and make the decisions for your pet based on the best medical option instead of cost. Come in today for your exam and a free 30 day trial of pet insurance.

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THE MASTER GARDENER

Phlox – a quintessential classic

Mary Ann Ryan
Adams County Master Gardener

Who know there were so many plants called Phlox? Some are spring, some are summer, some are shade and some are sun. Let's define the differences of this plant genus.

The spring blooming phlox include *P. stonoifera*, *P. pilosa*, *P. subulata*, and *P. divaricata*. *Phlox paniculata* is the summer bloomer. All five of these species are native to Pennsylvania and Maryland. Also, phlox are bee and butterfly attractants. From early spring through summer there could be some phlox species blooming which provides a nectar source for the early buzzers, as well as the hot weather flyers.

The two most common phlox species are *subulata* and *paniculata*.

Phlox subulata is commonly called creeping phlox or moss phlox. This plant is a low ground cover type plant, stretching only to 12" tall. As with all phlox, it attracts butterflies. Blooming in May, colors of pink, purple and white cover the ground to welcome the month in full sun. It is a great choice for a rock garden, to drape over a wall, or to use on a slope. When it's not blooming, it has nice green foliage. Although it could be considered a ground cover, it doesn't have stolens nor is it likely to spread beyond the breadth of the plant. They will reach 3 feet in width.

Phlox paniculata, the "other" common phlox, is very different than the creeping phlox. This is a summer bloomer, and depending on the cultivar, can be as tall as 18" up to 5'. This beautiful perennial requires full sun and

good air circulation. It will bloom in June through July, and depending on the variety, can be blooming through till September. This plant can be found in just about any shade of pink and purple as well as white. It requires well drained soils but does not tolerate dry conditions. A deep, rich soil is best.

The biggest problem with this species is powdery mildew. This is a disease that will cover the leaves with a white film. A very common problem for garden phlox, when the plant does not get enough sun or good air circulation, the disease will begin to spread. On the upside, this mildew does not kill the plant, and with the right garden design, the foliage of the infected phlox can be hidden with plants in front of them.

A gardener has a few choices to control this disease. First, they can spray a fungicide listed for powdery mildew on phlox as soon as they see it. Follow the label instructions on the fungicide bottle to be sure it is mixed and applied properly and at the right time, at the right temperature. There are both organic choices as well as chemical choices. The key is to read the label to be sure the product is listed for the problem and plant that is being controlled, in this case, mildew on phlox. Another easy thing to do is just cut the plants back and chances are the new foliage will be mildew free. Siting this plant becomes critical if trying to avoid mildew.



Phlox are quintessential garden classics relied on for generations to provide bushy clumps of fragrant color in a wide range of mixed and matched shades.

Good air circulation is key. Be sure not to crowd the phlox with lots of other plants around it, although planting some things in the foreground to hide potential mildew issues is a good idea. Mildew of phlox is different than mildews of other plants, so no need to worry about this mildew spreading to other types of plants.

P. paniculata has many, many cultivars. Some of my favorites are 'Robert Poore', 'Jeana', 'David', and 'David's Lavender'. All four of these varieties have been proven to be resistant to powdery mildew, a real plus. In my garden, I have found that to be true. 'Robert Poore' is 3'-4' tall and has a red-purple flower. 'Jeana' is a pink

flower, and will get close to 5' tall, great for a back of the border plant. When it's in full bloom it is spectacular.

'David' is a white, fragrant flower, reaching about 4' tall. Great planted close to a sitting area or entrance so the fragrance can be enjoyed. 'David's Lavender' is, well, lavender. It also gets about 4' tall, but not a fragrant. Both are mildew resistant. Both 'David' and 'David's Lavender' have very large flowers on top of tall stems. Very striking in any garden. 'David' has been my long season bloomer. I have seen him bloom well past August and into September.

Although 'David' is spectacular, 'Jeana' has become my favorite garden phlox. She is a tall one, about 5 feet. She has pink flowers and very abundant. Although the flowers are not nearly as big as 'David' or 'David's Lavender', 'Jeana' has lots and lots of flowers giving a huge display of color. Mildew resistant for sure, she looks great in the rear of any border, creating a backdrop acquired by few. 'Robert Poore' is very nice red/purple flowers. Although my experience is that it is harder to find in nurseries, it's well worth the search for its mildew resistance. Of all the phlox that I've grown, 'Robert Poore' has been the best at mildew resistance, which puts it on the top of my list of varieties.

Garden phlox mix well with other summer plants like rudbeckia and coneflowers. Add some *Sedum 'Matrona'* to the mix and you have a beautiful summer garden. Of all the phlox, the *paniculatas* are my favorite because of the colorful display.

Phlox divaricata is a spring bloomer that prefers dappled shade. It likes deep, well drained soils. Often called creeping phlox (yes, the same common name as *Phlox subulata* – a good reason to use botanical names) this sweet plant blooms in the spring. The flowers rise about 12" above the low growing foliage in April. Typically you will find varieties with pink and lavender flowers. It works great for a shady wall, or ground cover, however, it's not

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THE MASTER GARDENER

Small Town Gardener Reconsidering salad

Marianne Willburn

When someone is asked to bring a green salad to an event, the resulting product is fairly predictable: a mix of lettuce, tomato and cucumber. Whether winter or summer, spring or fall, a green salad is a green salad after all.

If the chef has gone a bit wild, there may be a roasted nut snuck between the lettuce leaves, but in these days of virulent allergic reactions, it is more likely that a sliced pepper or green onion will satisfy any attempt at an exciting ingredient du jour. How terribly boring.

Why is it that summer vegetables such as tomatoes and cucumbers are paired so inexorably with spring lettuce? A chef working seasonally is hard pressed to have tomatoes without bolted lettuce, lettuce without green tomatoes, and any one of them in deepest winter. Why don't our salads evolve?

A salad is a mix of ingredients, traditionally herbal, that is to say green, often mixed with cold fish or meat and some sort of dressing. Within that scope there are thousands of possibilities; but to explore them, one must release oneself from the lettuce/tomato/cucumber vortex in which our culture

dwells, and think seasonally.

Let us consider the spring garden for a moment. Lettuces abound. So do radishes, snow peas, arugula, green onions, spinach, cabbage, broccoli, kale and cauliflower. Flavorful herbs such as parsley, cilantro, fennel and dill are sending up new, tender shoots in colors from green to bronze. For those who thought to throw the seeds in the fall, edible borage and pansy blossoms are everywhere, and Mother Nature can always provide a bit of dandelion or chickweed to the adventurous salad spinner.

Live a little and start gathering. If you are concerned that the tastes and textures of some of these vegetables might alarm your taste buds, use those kitchen knives to create finer pieces that can be coated with dressing.

Once you've found your seasonal greens and not-so-greens, chopped, diced, minced and pinched them, then it's time to go into the kitchen and bling out your salad. Dried and fresh fruits, cheeses, nuts and bits of cold meats and fish can be added to raise that seasonal salad to unparalleled heights. Just maintain a light hand so flavors can shine without competing too heavily. And for goodness sake, don't lose your nerve, grab the shaker of bacon bits and call it a day. In fact while you're at it – and

for reasons too numerous to list – open the trash bin and throw that offensive can of chemically enhanced pseudo-food away. Don't ever look back.

Now you are ready to dress your masterpiece. Remember, this isn't a formal occasion, and if you've done your job right, you've got a svelte, sexy little body to clothe. Let it speak for itself. Much of the time this will be as simple as a dash of quality olive oil and balsamic vinegar seasoned with a bit of ground pepper and salt (the little black dress of dressings). Save the heavier dressings for your cobs and your chefs – the crisp spicy legs of arugula and fennel are not in need of a winter coat.

Or you can use a different acid/oil mixture depending on the meal. Fresh lime juice, garlic and cilantro in an oil base make a Latin themed dinner shine. And if sushi is on the menu, sesame oil, soy and rice wine vinegar will have your guests wondering how on earth you managed to carry the theme through to those greens.

In short, have fun. Be adventurous. Your garden can be a salad bowl any season of the year, you just need to change your perspective.

Marianne is a Master Gardener and the author of Big Dreams, Small Garden. You can read more at www.smalltowngardener.com

a rapid spreader. It will reseed, although not incredibly quickly. This is a nice woodland plant for spring color.

In addition to Phlox divaricata, Phlox stolonifera is also a spring bloomer. This very shallow rooted plant is also a ground cover that spreads more rapidly than divaricate when it's happy. This one likes full shade so does great in a woodland garden. As the name indicates, it will spread by stolens. Shades of purple and lavender will cover this plant in April. Unlike P. divaricata, P. stolonifera's flowers stay close to the foliage, where P. divaricata's

flowers hover above the foliage.

Phlox pilosa is another spring bloomer but unlike the last two mentioned, this one likes part sun to full sun and drier soils. Its common name is prairie phlox, indicating that it grows well in a sunnier location. Again the flower color is in the purple/lavender family.

A great plant Genus, there is a phlox for every occasion. Sun, shade, spring, summer...a phlox just may fit the bill.

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

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2016 Mount St. Mary's University Water report

Important Information About Your Drinking Water

We're pleased to present to you the Annual Water Quality Report for 2016. This report is designed to inform you about the water quality and services we deliver to you every day. Maryland Environmental Service (MES), an Agency of the State of Maryland, began operating the water treatment facility in June 2014 and prepared this report on behalf of the Mount St. Mary's University.

The Environmental Protection Agency (EPA) regulates Public Water Systems and the contaminants found in water through the implementation of the Safe Drinking Water Act (SDWA). The SDWA sets regulations and guidelines for how public water systems operate and identifies several hundred drinking water contaminants, establishes monitoring frequencies and limitations. The Maryland Department of the Environment (MDE) is responsible for the enforcement of the SDWA and routinely complete Sanitary Surveys as part of their ongoing inspection and monitoring program. MES provides safe dependable operations of the water system and is dedicated to consistently providing high quality drinking water that meets or exceeds the SDWA standards.

If you have any questions about this report or concerning your water utility, please contact Tood Otis, Director of Capital Projects & Energy Management at 240-344-4765, e-mail: otis@msmary.edu. Copies of this report will not be mailed to consumers but are available upon request from your utility.

The Mount St. Mary's University water works consists of three drilled wells. Before the water enters the distribution network chlorine is added to protect against microbial contaminants. The water is then pumped into a storage tank. The Maryland Department of the Environment has performed an assessment of the source water. A copy of the results is available. Call Maryland Environmental Service at 410-729-8350.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Important information Regarding Gross Alpha Emitters

Mount St. Mary's University's water system was placed on quarterly monitoring for Gross Alpha beginning in October 2014. Compliance with the MCL will be determined based on a annual rolling average of quarterly results. Alpha emitters are naturally occurring radiations in soil, air and water. These emitters generally occur when certain elements decay or break down in the environment. The emitters enter drinking water through various methods including the erosion of natural deposits. There are no immediate health risks from consuming water that contains gross alpha, however some people who drink water containing alpha emitters in excess of the MCL over many years may have an increased risk of getting cancer. Currently, the highest level of gross alpha detected is 12.4 pCi/L.

Definitions:

Maximum Contaminant Level Goal (MCLG) - The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Contaminant Level (MCL) - The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Action Level - The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow

Treatment Technique (TT) - A required process intended to reduce the level of a contaminant in drinking water

Turbidity - Relates to a condition where suspended particles are present in the water. Turbidity measurements are a way to describe the level of "cloudiness" of the water.

pCi/l - Picocuries per liter. A measure of radiation.

ppb - parts per billion or micrograms per liter

ppm - parts per million or milligrams per liter

Special Points of Interest:

The water at the Mount St. Mary's University is tested for over 120 different compounds. The Mount St. Mary's University's Drinking Water met all of the State and Federal requirements. Drinking Water, including bottled water, may reasonably be expected to contain at least small amounts of some compounds. The presence of these compounds does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's (EPA's) Safe Drinking Water Act Hotline (1-800-426-4791)

The table on this page lists all the drinking water contaminants that were detected during the 2016 calendar year. The presence of these compounds in the water does not necessarily indicate that the water poses a health risk. Unless otherwise noted, the data presented in the table is from testing done January 1 – December 31, 2016. The State requires us to monitor for certain contaminants less than once per year because the concentrations of these contaminants are not expected to vary significantly from year to year.

Sources of Drinking Water

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

In order to ensure that tap water is safe to drink, EPA prescribes regulations which limit the amount of certain compounds in water provided by public water systems. We treat our water according to EPA's regulations. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health.

Important Information About Arsenic

Arsenic is a semi-metal element in the periodic table. It is odorless and tasteless. It enters drinking water supplies from natural deposits in the earth or from agricultural and



industrial practices. Some people who drink water containing arsenic in excess of the MCL over many years could experience skin damage or problems with their circulatory system, and may have an increased risk of getting cancer. Currently, the arsenic levels are being monitored quarterly. We are constantly evaluating alternatives and treatment options for reducing the arsenic levels to less than 10 ppb.

Lead Prevention

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The Mount St. Mary's University is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your drinking water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the EPA Safe Drinking Water Hotline at 1-800-426-4791 or at <http://www.epa.gov/safewater/lead>.

Contaminant	Highest Level Allowed (EPA's MCL)	Highest Level Detected	Ideal Goal (EPA's MCLG)
Regulated at the Treatment Plant - Point of Entry			
Nitrate	10 ppm	2.8 ppm	10 ppm
Typical Source of Contamination: Runoff from fertilizer use		(range from 0.9 to 2.8 ppm)	
Barium (2016 Testing)	2000 ppb	741 ppb	2000 ppb
Typical Source of Contamination: Erosion of natural deposits		(range from 239 to 741 ppb)	
Selenium (2016 Testing)	50 ppb	1.52 ppb	10 ppm
Typical Source of Contamination: erosion of natural deposits; discharge from mines		(range from 0.0 to 1.52 ppb)	
Fluoride (2016 Testing)	4.0 ppm	0.13 ppm	4.0 ppm
Typical Source of Contamination: Water additive which promotes strong teeth		(range from 0.0 to 0.13 ppm)	
Arsenic	10 ppb	6.2 ppb	10 ppb
Typical Source of Contamination: Erosion of natural deposits		(range from 3.3 to 6.2 ppm)	
Combined Radium (226 & 228) (2015 Testing)	5 pCi/l	2.3 pCi/l	0 pCi/l
Typical sources of contaminant: Erosion of natural deposits		(range from 0.0 to 2.3 pCi/l)	
Uranium (2015 Testing)	30 ug/l	13.4 ug/l	0 ug/l
Typical sources of contaminant: Erosion of natural deposits		(range from 12.1 to 13.4 pCi/l)	
Gross Alpha (2015 Testing)	15 pCi/l*	12.4 pCi/l*	0.0 pCi/l*
Typical Source of Contamination: Erosion of natural deposits		(range from 7.3 to 12.4 pCi/l)	
* Please read page 4 of the Consumer Confidence report for more information on Gross Alpha Emitters			
Gross Beta - (2015 Testing)	50 pCi/l*	4.7 pCi/l**	0.0 pCi/l
Typical Source of Contamination: Erosion of natural deposits		(range from 0.0 to 4.7)	
*EPA considers 50 pCi/L to be the level of concern for beta particles			
** Because the beta particle results were below 50 pCi/L, no testing for individual beta particle constituents was required			
Regulated in the Distribution System			
Chlorine	4 ppm	1.21 ppm *	n/a
Water Additive used to control microbes. *Annual Average		(range from 0.52 to 1.77 ppm)	
Total Trihalomethanes (TTHM) (2016 Testing)	80 ppb	22.3 ppb	n/a
Typical Source of Contamination: By-product of drinking water chlorination		(range from 8.2 to 22.3 ppb)	
Haloacetic Acids (HAA5) (2016 Testing)	60 ppb	5.1 ppb	n/a
Typical Source of Contamination: By-product of drinking water chlorination		(range from 0.00 to 5.1 ppb)	
Regulated in the Distribution System			
	Action Level	90th percentile	Ideal Goal
Copper (2015 Testing)	1300 ppb	202 ppb	1300 ppb
Typical Source of Contamination: Corrosion of household plumbing fixtures and systems			
Lead (2015 Testing)	15 ppb	0 ppb	0 ppb
Typical Source of Contamination: Corrosion of household plumbing fixtures and systems			

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HEALTH NOTES

FMH Receives Healthgrades recognition

When it comes to your family's healthcare, it is important to know whom you can trust. You want to be a well-informed consumer so you can find the right doctor, the right hospital, and the right care for every member of your family. To find the information you need to understand, compare, and evaluate hospital performance, many healthcare consumers look to Healthgrades™, the nation's leading independent evaluator of hospitals and physicians.

Healthgrades™ independently analyzes more than 4,500 short-term acute care hospitals in the United States. Hospitals cannot opt in or opt out of the Healthgrades analysis and rating process. Healthgrades™ creates statistical models that compare actual vs. predicted performance for specific patient outcomes and factors in adjustments for differences in patient illness and risk factors of given patient populations.

We are pleased to announce that Frederick Memorial Hospital continues to be a leader in the delivery of outstanding care across a range of specialties and disciplines. In 2017, Healthgrades™ recognized Frederick Memorial Hospital as "best in class" among more than 4,500 hospitals across the country and specifically within the Washington- Arlington-Alexandria, D.C.-Virginia-Maryland-West Virginia region. Frederick Memorial Hospital's top honors include:

Distinguished Hospital Award for Clinical Excellence: Frederick Memorial Hospital was recognized for performance across at least 21 of 32 procedures and conditions, putting it in the top 5 percent of all hospitals in the nation. Of the 29 eligible Maryland hospitals, Frederick Memorial Hospital is one of only six hospitals to earn this designation in 2017, and one of only four hospitals in the state to achieve this distinction for a second consecutive year.

Patients treated in hospitals that received the Distinguished Hospital Award for Clinical Excellence had a 26 percent lower risk of dying than if they were treated in a non-recipient hospital.

America's 100 Best Hospitals for Coronary Interventional Procedures™: Awarded for a third consecutive year, Frederick Memorial Hospital is the only hospital in the region to receive this distinction this year. Patients treated at hospitals that received the America's 100 Best Hospitals for Coronary Interventional Procedures Award averaged a 45 percent lower risk of dying than if they were treated in a hospital that did not receive the award.

America's 100 Best Hospitals for Critical Care™: Critical care includes sepsis, respiratory failure, diabetic emergencies and pulmonary embolism. Frederick Memorial Hospital is the only hospital in the region to receive this distinction. Patients treated at hospitals that re-



The leadership team of Frederick Memorial Hospital gathered to accept the Healthgrades Distinguished Hospital Award for Excellence.

ceived the America's 100 Best Hospitals for Critical Care Award averaged a 30 percent lower risk of dying than if they were treated in a hospital that did not receive the award.

America's 100 Best Hospitals for Gastrointestinal Care™: Gastrointestinal care includes bowel obstruction, gastrointestinal bleed, pancreatitis, esophageal/stomach surgeries, small intestine surgeries, colorectal surgeries and gallbladder surgical care. Frederick Memorial is one of only four hospitals in the region to receive this distinction. Patients treated at hospitals that received the America's 100 Best Hospitals for Gastrointestinal Care Award averaged a 27 percent lower risk of experiencing a complication or dying while in the hospital than if they were treated in a hospital that did not receive the award.

America's 100 Best Hospitals for Pulmonary Care Award™: Pulmonary care includes the treatment of chronic obstructive pulmonary disease and pneumonia. Frederick Memorial is one of only two hospitals in the region to receive this distinction. Patients treated at hospitals that received the America's 100 Best Hospitals for Pulmonary Care Award averaged a 52 percent lower risk of dying than if they were treated in a hospital that did not receive the award.

America's 100 Best Hospital for Stroke Care Award™: Frederick is one of only two hospitals in the region to receive this distinction in 2017. Patients treated at hospitals that received the America's 100 Best Hospital for Stroke Care Award averaged a 34 percent lower risk of dying than if they were treated in a hospital that did not receive the award.

At Healthgrades™, their mission is to help consumers find the right doctor and the right hospital, for the right care. More than one million people a day rely upon Healthgrades to research, compare and connect with physicians and other healthcare professionals. To learn more about Healthgrades™ and their quality ratings system, visit Healthgrades.com.

To read more about Frederick Memorial Hospital's recognition as a 2017 Distinguished Hospital for Clinical Excellence, and the additional programs and services recognized by Healthgrades, visit [Frederick Memorial Hospital.org/quality](http://FrederickMemorialHospital.org/quality).

Frederick Regional Health System is the 14th health system in the country to become a certified member of MD Anderson Cancer Network®.

When Kathy, 59, was diagnosed with breast cancer, she knew it would be a long and challenging journey to be cancer free. With the oncology team at Frederick Regional Health System—and their affiliation with MD Anderson Cancer Network®, a program of MD Anderson Cancer Center—Kathy not only survived; she thrived.

Kathy Iverson is a breast cancer survivor and Frederick County resident.



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Buickster Hall grand opening a success

Taneytown's Buickster Hall held its grand opening on April 20 with a "meet the artist" night showcasing the very first artists to show their work in the newly renovated multi-arts events space. The opening event was a success; there was a large crowd waiting outside the doors prior to opening, and everyone who attended was incredibly excited. The team that has been so monumental in making this project happen was overwhelmed with the response they received during the opening event.

Since the grand opening, Buickster Hall has received nothing but positive comments from visitors. Taneytown itself has been incredibly responsive to the new venture, said Gondor. So far, people have come from Frederick, Baltimore, Washington, and Central Pennsylvania. Buickster Hall seems to be drawing quite the crowd! "We appreciate the accolades! We'd like to thank the community for their support of Buickster Hall. There was a tremendous partnership with many businesses in the Central Maryland community to assist us in making all this happen. We say thank you!"

For the grand opening, Buickster Hall welcomed artists Virginia Sperry and Alysha Csuk, the first artists to showcase their rust inspired work at the new multi-arts events space.

Alysha Csuk is a fine art photographer who runs her own photography business while also teaching photography. She has worked for several years creating a body of abstract imagery through her photographs. These abstracts were initially inspired by her exploration of the defunct Bethlehem

Steel site, but evolved to other facets of industry, including slate quarries and scrap yards.

From the day she first stepped foot on the Bethlehem Steel site, Csuk "felt a sort of magic" and immediately felt inspired by the hidden beauty that she found in the industrial ruins. Csuk hopes to elicit this same feeling of magic in every photograph she takes, opening the eyes of those who view her photography to the often overlooked beauty around them. While exploring this and many other industrial sites, Csuk has found that the effects of the elements have a transformative effect on the facades of the mill, slate and scrap and turn them into textural canvases.

In fact, when viewing Csuk's photography, one may believe that the photographs taken are manipulated after the fact. However, the images Csuk captures are all straight photography, meaning there is no image manipulation. The way she is able to capture something so mundane and seemingly ordinary as rusted metal and turn it into something beautiful is truly amazing. "I took that to heart while exploring the industrial ruins with my camera... it was with patience, careful study and observation that I was able to capture painterly abstract photographs that lay bare unlikely beauty in unexpected places."

When asked why she is drawn to these "rusty" images, and industrial sites, Csuk replied by saying, "I feel that I am drawn to subjects that embody bygone industry on many levels. First, physically from a photographic perspective bygone industry provides

a rich textured environment, environments that are unknown to many, which satisfies my adventurous spirit. Secondly, entering a bygone site often feels analogous to what it might be like to enter a time capsule. Time often feels like something you can't quite put your hands on (or ever have enough of), we have these moments in our lives where we feel time (the passage of time) more intensely and then we go about our lives and don't think much about it on a day to day basis, except for maybe when time is constraining us. Being in these environments, I feel, affords the opportunity to get closer to time, at least the ravages of time. Lastly, another reason I am drawn to bygone industry, is that I am charmed by the industrial era, the design and form components along with the history and overall the more simplistic way of life."

The second artist showcasing her rust-inspired work, Virginia Sperry, works with metal in a variety of different forms. She has created a vast body of work ranging from paintings, to sculptures; both abstract and life sized realistic pieces. Sperry reacts and responds to her surroundings, both attracted and repelled by the natural process of disintegration seen in nature. Her own personal experiences with loss have influenced her work, and she has created invoking pieces utilizing a wide variety of techniques and mediums to create thought-invoking works of art.

Sperry's paintings are the product of an experiment playing with rust as a medium to create. Her paintings are made with steel dust, vinegar and Japanese paper, and are truly something to behold. As a metal artist, Sperry



Over 200 people showed up for the grand opening of Taneytown's newest arts center, Buickster Hall.

has an on again/off again relationship with rust, but this experiment, painting with rust, has been one of success and is rather unique.

Movement plays a large role in Sperry's sculptures, noting a fascination with movement even in its most minute and simple forms. Using a variety of materials, including steel, fibers, handmade paper and polymer clay, she has been able to invoke movement in an array of different ways. She creates abstract steel and fiber sculptures, some larger than life, and others small, but most sculptures have a story attached to them. Sperry always invites the viewer to take over and interpret the pieces in their own way.

"Often my sculptures are informed by the materials that I use. Through my exploration of various materials, I record single brief moments within the ever-changing scenery of life. I am not tied down to one medium, I prefer to use whatever is in front of me to capture my views of the world. Found objects inspire a story; woven vessels hold a feeling and rusted steel leads to a series of paintings. Each technique, whether it be welding or weaving, lends itself to its own way of expression. I find

this exploration endlessly fascinating," states Sperry.

The work of both artists is truly beautiful and transformative. Looking at the way they perceive something as simple as rust and ruin, turning it into something beautiful. So if you haven't already, please take some time and stop by to visit Sperry and Csuk's work. Their art will be on display until June 11th!

Also, don't forget to keep in mind that the next artist to exhibit his work will be Marty Mummert, known for his original hand sketched and hand painted custom design signs from June 25th through July 9th. On June 24, from 6 to 8 p.m., you can meet Marty at another VIP event - this time, and in fitting with the season, it will have a beach themed! Marty's works have been featured in Better Homes and Gardens, Cottage Living, and Country Living. His television exposure includes Friends, The New Adventures of Old Christine, Yes Dear, and The Food Network's Wrapped."

The Buickster Hall team is working on filling in the calendar with some more exciting events, so stay tuned for more!

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WWI NEWS REPORTS FROM THE FRONT

“Lafayette, We Are Here”

June 1

The naivety of the International “Congress of Cranks and Whiskeris” is one’s first impression of the Stockholm Conference of Socialists, until you discover that over 100 foreign correspondents have flocked here to be in, what the Scandinavian Socialists quite honestly believe to be important preliminaries to peace, and that, regardless of what the rest of the world thinks, the enthusiastic neutral and belligerent comrades are taking themselves desperately serious.

Arriving on the Copenhagen Express, I sniffed the first scent of the international Socialist atmosphere on running into the reception committee, impressive in Prince Alberts and broad brimmed gray felt hats, who had come down to the station to meet the Austrian Socialist leader, Dr. Adler. Dr. Adler, however, perhaps still laboring under the private sorrow of his son’s recent conviction for murder, proves a rare eerie by declining to submit to the interviewing process.

So far the only practical result of the peace conference is that Stockholm is enjoying an unprecedented tourist boom. All the hotels are overflowing, and you soon come to admire Stockholm’s canny natives pursuing the popular pastime of parting all comers from their money.

A Swedish government official expressed his view that while the peace strivings of the Socialists were certainly interesting, and entitled to respectful considerations, said it was very much to be doubted whether they could push anything towards bringing about peace, in view of the almost hopeless complexity of the peace problem.

The Scandinavian Socialists and international delegates take a more optimistic view, but they, too, agree that the principle results, at least for the immediate future, will be the moral effect on the suffering masses. This, however, they hold, would alone justify the Stockholm conference, if, as a result of their verbose deliberations, the war were to be shortened by even one day, they

feel their efforts would not have been in vain.

In Russia, virtually all the political factions, all class organizations, councils and even the Socialist leaders, with the exception of the extreme lefties, echoed the appeal of the Russian Minister of War, Kerensky, to the troops and applauded the new order of the day, “Advance.”

Constant efforts have been made during the past two months by representatives, not only of the government, but of the soldiers, to bring home to the Army that the abandonment of active warfare would not only mean treachery to the Allies, but the inevitable loss of all that has been gained in the revolution.

It is confidently believed that this last call, supported as it is by almost every element of society, will move the Army to realization of the situation. All the commanders have added their appeals to the order of Minister Kerensky. They all emphasize the necessity of not only defending the country against the enemy, but of an immediate advance to relieve the pressure upon the Allies which Germany has been able to exert by transferring the bulk of her troops from the Eastern to the Western front.

June 8

General Pershing and his party arrived in London on Thursday. The expected arrival kept a fairly close secret from the London public until today, but the many preparations for the visitors, which have been going on in secrecy, came into public view early Thursday morning. Several floors in a hotel had been reserved for the American party, and the hotel was completely transformed by the placing of numerous signboards, the installation of bureaus of information, etc. designed to make the most efficient possible use of the place as temporary American Army headquarters.

Gen. Pershing has 198 officers, and enlisted men with him. The party sailed more than a week ago without any publicity being given to their departure, despite the fact that it was known to some

American newspapers. The newspapers loyally cooperated with the government in a voluntary censorship to safeguard the passage of the American officers.

Meanwhile, there is growing recognition in Allied circles that the Russian Revolution has wrecked the plans for the Allied campaign of 1917. And while the Allies hope that Russia may yet strike useful blows, they have expressed privately no great confidence. Military experts say that the situation of the Russian armies before the outbreak of the Revolution were extremely favorable. The losses of 1916 have been made good, the depots filled, and great numbers of new divisions created and guns and munitions were steadily increasing in quantities. This was not merely the result of an increasing output from the Russian factories, but was also due to the fact that the Allies have sent thousands of guns and millions of rounds of ammunition with the firm belief that the Russians were prepared to make good use of them against a common enemy.

Russia was at least passably equipped, and although internal difficulties of transportation and supply were far from overcome, the Russian military assured the Allies they could be counted upon this year. On the face of these assurances the campaign of 1917 was planned. The Franco-British offensive in the West was designed to open early in the year, so as to forestall a German attack, whether in the East or West, and help Russia by calling down upon the Western Front all available reserves of the enemy. In the same spirit of good comradeship, the Allies on the borders of Palestine, and Mesopotamia, receded to attract to themselves as many Turkish divisions as possible, thus lightening the task of the Russian Army in the Caucasus.

Thanks to the devotion of the Western Allies, a brilliant campaign by the gallant Russian Armies seemed assured and their intervention was time for certain date. But, when that day came, no Russian intervention occurred. If the Russian Revolution brings freedom to Russia, it also risks bringing slavery to Europe, and at best it will prolong the campaign for a year unless the Russian armies are able to renew their part.

Unfortunately, the situation in Russia continues to be extremely uncertain. The declaration of independence by Kronstand, the naval fortress near Petrograd, has been followed by a threat to send sailors from the garrison to Petrograd for demonstrations against the present Council of Deputies. The sailors said the demonstrations would be for the purpose of bringing about new elections of members of the Council of Workman’s and Soldiers Delegates, whose present members were de-



With Russia’s commitment to the war increasingly in question, the announcement of the Council of Workmen’s and Soldiers’ Delegates’ rejection of Germany’s overtures to conclude a separate peace was received with relief in the Allied capitals. Little did they know, that in this rejection lay the seeds for the eventual downfall of the Council and Russia’s withdrawal from the war.

nounced as bourgeois. The sailors also demanded that former Emperor Nicholas be handed over to them. At street meetings they express dissatisfaction with War Minister Kerensky and the whole provisional government.

Meanwhile, in Germany, there are reports of growing dissatisfaction among the people at large with the political results of the ruthless submarine campaign and the absence of any indication that it has brought the desired peace near to hand.

During their long campaign for the unrestricted use of submarines the advocates of this measure predicted immediate results. “Two or three months,” was the phrase used everywhere in streets and newspaper arguments in regard to the time it would take to bring England to her knees, ready for peace. Even though the official propaganda has since declared the government bound itself to no particular time to produce results, the prediction that they would be obtained in “two or three months” has remained in the minds of the people.

Grumbings are now heard that although four months have passed, England shows no signs of weakening, but on the contrary seems determined to prosecute the war more bitterly than ever. Statements that France has been bled white and will be forced to retire from the war had been made so often that they no longer attract the slightest credence. The entry of the United States into the war is regarded with gloom.

Reports have reached the government that Germany is attempting to get control of the island of Margarita, off the coast of Venezuela, for use as a submarine base. Venezuela is one of the South American governments that have joined in protesting against summary warfare as conducted by Germany, although her tactical position remains one of neutrality.

It is pointed out that cession of the island, even though temporary, would be a clear violation of the Monroe Doc-

trine and would undoubtedly call for energetic and prompt opposition by this government. Margarita is off the northern coast of Venezuela, near the southernmost corner of the Caribbean Sea and within striking distance of the Panama Canal, and would make it admirably adapt as a naval base.

A program for the general dismemberment of Russia was put forward at a meeting of the newly formed Independent Committee for a German peace. Speakers advocated far-reaching plans by German territorial enlargement. The principal speaker declared it was useless to attempt separate peace with the Russian provisional Government but suggested that advantage may be taking a present condition in Russia. He asserted that Finland and the Ukraine could easily be detached from Russia. The speaker further advocated the seizure by Germany of Lithuania and Courland and the colonization by 2 million German-speaking Russians from the interior of the Slavic dominions, thus weakening Russia and establishing a complete bulwark of dependent states east of Germany and Austria-Hungary.

June 15

The first day spent in Paris by Gen. Pershing was marked by enthusiastic popular demonstrations, given whenever the American commander made an appearance. Great throngs filled the Place de la Concorde hoping to catch a glimpse of the Americans. Hundreds of French soldiers on leave from the front, mingled in the throngs and gave hearty greetings to the troopers of the Third Cavalry who accompanied Gen. Pershing. A huge American flag waved over the general’s hotel, and everywhere the French and the American colors were intertwined.

Paris had hope for a great reception, but it is doubtful whether even the most optimistic pictured the almost frantic crowds that all but blocked the general’s automobiles. Men and women cheered themselves hoarse and flung masses of flowers into the cars.

Gen. Pershing and Field Marshal Joffre were the first to appear. Beyond them came a stream of American officers, each with a French officer as his host. The first shout of welcome became a continuous roar that seemed to shake the city to its foundations. The police hurriedly began to clear lanes which the half dozen automo-

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Bill Eiker

JUNE 1917

biles moved at a snail's pace between the crowds.

From hundreds of windows American flags were waved by men, women and children. French girls, with flags into the breast and their arms filled with flowers brought from their scanty savings, fairly flawed for a chance to get near enough to the machines to hurl their offerings onto the laps and on the shoulders of the astonished American officers. Boys, men and girls, and even some old women, struggled to jump on the running boards of General Pershing's car to shake hands with him.

It was not only Gen. Pershing who came in for unprecedented ovations, but every American officer caught sight of by the people were inundated with kisses and flowers. The crowd shouted themselves hoarse with cheers for America. From every window, from every elevation, and from the thousands upon thousands in the vicinity of the line of march there was hurled a welcome that no American in France will ever forget.

Meanwhile, in Russia, the demand of the revolutionaries for the trial and punishment of Nicholas Romanoff, the former Emperor, and his immediate jailing, which at first was made only by a handful of your responsible extremists, is growing daily. All of Petrograd laughed at the resolution of the Bolsheviks, the faction led by Nikolai Lenin, two days ago, demanding the transfer of Nicholas to Kronstadt or even to the Siberian mines. But today comes the official news that another battleship republic has adopted a resolution requiring the imprisonment of the former Emperor until he is placed on trial. The sailors declared that if the demand was rejected the warship would bombard Petrograd. On Thursday the streets of Petrograd were littered with thousands of leaflets calling for the trial for Nicholas II.

June 22

The Marquis de Chambrun, a descendent of the Marquis de Lafayette, was chosen to return formal thanks when General Pershing laid a wreath on the grave of the famous revolutionary general. The Marquis said: "There is no place so appropriate as his tomb at which to salute the occasion to our cause of the United States. In your person, General, I bow before the sword, which America has cast onto the scale for liberty, civilization, and humanity. We are united by the principle of liberty, justice and independence. Principles which heretofore have fortified the strength of our two democracies, and they will certainly bring about victory.

"We know that our two great countries are invincible. They have already proven it, and it rejoices us to think that a new victory is about to consecrate the same principles. General Pershing, in placing these flowers on this tomb you have touched the hearts of all Frenchmen as you have touched the heart of Lafayette's great-grandson."

Gen. Pershing replied: "It is a great pleasure for all of us Americans to have had this opportunity of visiting this great man's tomb, who did so much for America. We are happy, thus, to pay our tribute and seal more closely the bond that always existed between our two nations."



"Lafayette, We Are Here" quickly became the rallying cry for American troops in France. These words were spoken July 4, 1917 at the tomb of the Marquis de Lafayette during a speech honoring his heroic service in the cause of the American Revolution.

After three days as the guest of France, in which extraordinary honors were bestowed upon him, Gen. Pershing plunged into the work of making preparations for the arrival of the American military forces that he is to command. Carrying an arm full of documents to the new American Army headquarters near the hotel. He sat for the first time at his desk in the barely furnished office and took up the great volume of business which has been cumulative before and since his arrival.

Meanwhile, the German press said that the arrival of American troops in noteworthy numbers in the European theater was not expected until 1918. The German general staff also took the ground that the American forces should be treated as a negligible quantity and the general reckoning, owing to the difficulty of finding sufficient tonnage for transportation and supply.

Germany's situation was described as absolutely secure and German victory a certainty owing to the relentless work of their submarines. Estimates of French and British losses were supplied to further encourage the readers. England's losses in the 50 days of the spring offensive were placed at 225,000 men from 34 divisions engaged. The same proportion was applied to 72 French divisions, producing an estimate of French losses of more than 400,000.

In Russia, a stirring proclamation placing the Council of Workman's and Soldiers Delegates on record as irrevocably opposed to a separate peace, was adopted today by the Council. The proclamation was prompted by German and Austrian efforts to lure Russia into a separate peace and exhorts Russians to rally around the banner of revolution and increase the energy of the military power

for the defense of freedom.

The proclamation cites the receipt of a wireless telegram from the commander of the German armies on the Russian front, asserting that the government of the Central Powers is ready to conclude peace with Russia and asks Russia to send delegates to confer with them. The reply of the Council is a declaration of its attitude and Minister of War, Kerensky, has caused it to be sent to all troops on land and sea, and has been widely circulated throughout the country.

In Washington, Williams Jennings Bryan, former Secretary of State and international peace advocate, offered himself to the President in any capacity for war service, and made a stirring appeal for generous outpouring of money to meet the greatest humanitarian opportunity in the history at a Red Cross rally. Mr. Bryan said: "Our first duty today is to stand solidly behind our government and whatever it does, and our next duty is to give all we can to the Red Cross.

"I am glad that there is something in this country that citizens can do voluntarily, that they are under no compulsion to do, so they can have the credit of doing it because they want to do it. There is no written law that compels you to contribute to the Red Cross movement. But there is a moral law, that it seems to me every citizen ought to feel, and that is to contribute to help those upon who the burden falls most heavily."

June 29

Bone-dry prohibition was voted into the Food Control Bill by the Senate Committee of Agriculture. The ef-



Following America's entry into the war, the American Red Cross was dramatically transformed from a small organization with a limited staff to the globally influential institution that is easily recognized today.

fect of this action is to prohibit the use of any foodstuff in the manufacture of distilled spirits, beer, ale and other malt beverages. The Bill also authorized the taking of all existing distilled spirits for re-distillation into alcohol for war, industrial or other non-beverage purposes.

Thousands of telegrams and letters protesting against the provision are being received today by Senators. President Wilson has been informed that unless this feature of the Bill is settled to the satisfaction of many conflicting interest the result will be that the Food Bill, which should be passed by July 1 in order to be effective, will not be passed for a month, in other words, a filibuster is in plain sight. The President is reported to be aware of the grave danger confronting the country in connection with the prohibition legislation, as it is now framed.

The strike reported yesterday in the plant of the International Nickel Company at Bayonne New Jersey, when 2,500 workmen ceased work partly because they could not get beer, was cited today as an example of what might happen in war plants all over the country if workmen are deprived of their beer. It is said that the President believes that the legislation as it is now framed, would have a bad effect on business generally throughout the country.

Meanwhile, in Europe, the second contingent of American troops arrived and disembarked at a French seaport. The troops landed amid the frantic cheers from the people who gathered for hours before anticipation. Enthusiasm rose to a fever pitch when it was learned that the transports and convoys had successfully passed the submarine zone and the port was speedily flagged in honor of the occasion. The troops are in excellent shape and were enthusiastic over their reception and are eager for action.

When the troops have finished their preparations they will take a place on the battlefield, to be arranged by Gen. Pershing in consultation with the other military chiefs there, and will soon be carrying the

stars and stripes in assaults to drive the Germans out of France and Belgium.

It is not permissible to say what precautions were taken to get the American troop ships pass the waiting German submarines, but there is no doubt that the preparations were as carefully worked out as they were effective, because it is greatly believed that some time ago most of the German submarine fleet was withdrawn from its attacks on commercial shipping to make it ready to ambush the American troop ships in force.

In Russia, despite disorders in Sebastopol, there are indications of a marked improvement in the situation, with growing support of the provisional government and growing animosity against the forces trying to destabilize the Army.

The outbreak in Sebastopol appears to have been organized by the followers of the agitator Lenin, backed by extremists from Kronstadt who arrived at Sebastopol about a week ago. The majority of the sailors are said to have supported the Leninites, whereupon the local Council of Sailor Deputies expressed general distrust of their officers, ordered their disarmament and declared the disposition of the fleet's admiral.

It is reported that the Leninists are behind armed anti-government street demonstrations being held in Petrograd. The Leninist placarded the streets with manifestoes reading: "The Provisional government openly supports the power of the imperialist and the bourgeois; our patience is exhausted and we must, by demonstrations, make known our wishes and demands. We, therefore, invite the soldiers and the workmen to appear on the street with the watchwords: "Down with a Duma! Down with the bourgeois ministers! Down with war! We want bread, peace and liberty!"

Flags carried by the Bolshevik demonstrators were inscribed with: "Long live the People's Socialist Republic."

To read past edition of News Reports Form the Front visit the Historical Society section of Emmitsburg.net.



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COMMUNITY NOTES

Emmitsburg Memorial Cemetery

The Emmitsburg Memorial Cemetery Inc. recently erected a 32-niche columbarium, an addition which will allow for more community members who wish to be cremated to rest eternally in Emmitsburg. The ribbon cutting ceremony for the new columbarium was held on Saturday, May 20, with members of the Board of Directors present.

Burying the dead in cemeteries or single graves is what is traditionally preferred by many cultures today, but this requires a lot of land. Cremating the dead and storing the ashes in a columbarium is a practical and respectful solution to the need for space, and is becoming a more popular option today.

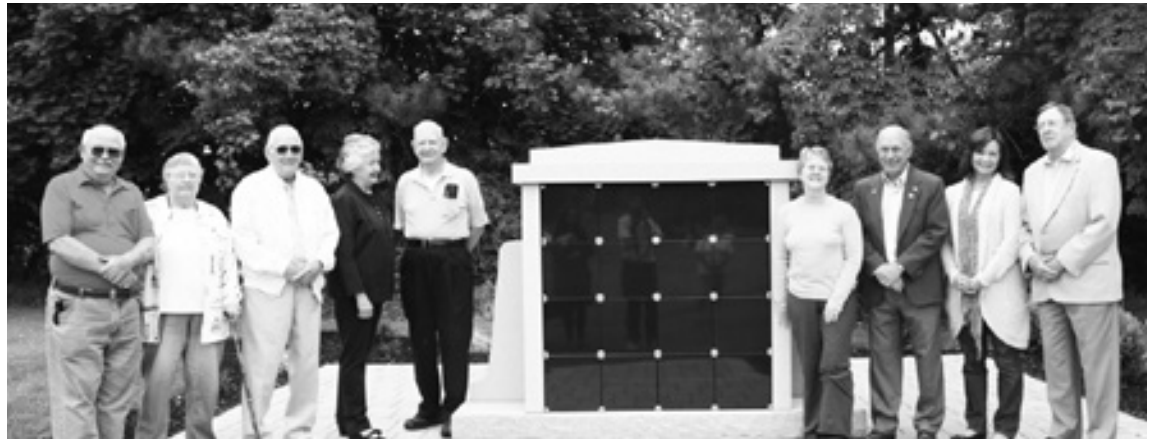
"Society is moving towards cremation, and this is the way the future is going for some people," stated Linda Stultz, a member

of the Board who attended high school in Emmitsburg and plans to be buried here someday.

Eric Glass, president of the Board of Directors, stated that the new addition was talked about for 10-15 years before it was ready to be built. Once the plans were put in place for the new columbarium, the process to place it on the grounds only took a few years. The columbarium will allow for a new service to the community, as the cemetery belongs to the people of Emmitsburg.

The columbarium is custom built, with memo finish, gray granite, and with jet-black polished nickel panels. Community members believe that this is an important addition for the town of Emmitsburg and anyone who would like to call the cemetery a place of rest.

"We started on this project two



Emmitsburg Memorial Cemetery Board members Eric Glass, Sue Sanders, Bernard Wivell, Becky Jones, Jim Kittinger, Linda Stultz, Bill Wivell, Debbie Wivell and Robert Gillelan next to the newly erected, 32 niche columbarium.

years ago and there are plans to put in two more if this goes the way we have planned," stated Bill Wivell, a member of the Board of Directors. "We've done quite a bit here in the last year, including widening the road, putting in new signs and lights at the entrance way."

The columbarium was built in a peaceful corner of the cemetery with a surrounding pathway for loved ones to visit and pay their respects to those who have

passed on. There is new landscaping and greenery which also allow for peaceful reflection, as well as a gorgeous view of our local mountains.

Another member of the Board, Sue Sanders, who was born and raised in Emmitsburg commented on the beauty and location of the cemetery, "The cemetery is important to me. It is a part of the town and when I'm buried, I will be able to see Emmitsburg from where I rest."

Emmitsburg Memorial Cemetery Inc., founded about 1845, was formerly known as Mountain View Cemetery, as it directly faces the mountains that surround the town.

According to James Helman, author of Helman's History of Emmitsburg, published in 1906, Mountain View Cemetery was started by Rev. Abner R. Kramer, who bought the field and sold burial lots while he was Pastor of what was then know as the Em-

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11:00 a.m.— *Farnsworth's Fatal Charge* - (Cavalry Battle)

4:00 p.m.— *The Wheatfield* - A Bloody Harvest

MONDAY, JULY 3RD

10:00 a.m.— *Clash at Fairfield* - (Cavalry Battle)

1:30 p.m.— *Cushing's Battery* - A Valiant Stand (Segment of Pickett's Charge)

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Combat veterans reconnect through dog training program

Dog training is proving to be a successful rehabilitation program for combat veterans. The Warrior Canine Connection (WCC) is working to improve the lives of veterans suffering from Post-Traumatic Stress Disorder. The program is an intervention for combat veterans that uses a concept called Mission Based Trauma Recovery (MBTR), according to Rick Yount, executive director of the Warrior Canine Connection.

"The MBTR model works so well because it harness-

es the healing power of the Warrior Ethos and the human-animal bond to reduce symptoms of combat trauma," said Yount. "Patients with combat stress train the dogs to assist another Veteran with invisible and/or physical wounds."

The WCC will be the focus of the next Fort Ritchie Community Center Speaker Series event on Friday, June 2nd. The event begins at 6:30 p.m. and will include two canine handlers with their dogs. Young said the model provides recovering combat veterans with a sense of purpose while

in treatment for combat stress symptoms such as isolation, emotional numbness, and re-experiencing past events.

The Fort Ritchie Community Center is located in Cascade, on the former Fort Ritchie property. Tickets for the Speaker Series event are \$15 per person or \$25 per couple and include hors d'oeuvres during a social hour as well as the opportunity to meet the speaker. For more information or to purchase tickets, please visit www.thefrcc.org

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COMMUNITY NOTES - OBITUARIES

Emmitsburg Reformed Church, now known as Incarnation, United Church of Christ.

Pastor Kramer sold his interest in the cemetery to a few men who later sold their interest to Sterling Galt, the Editor of the Emmitsburg Chronicle "who has improved it wonderfully," noted Helman. Interesting enough, the current President of the Board, Eric Glass, was also a publisher of the Emmitsburg Chronicle.

According to Helman, the following prominent individuals are buried in this cemetery: Jacob Sheets, 1801, 1895; John L. Motter, 1831, 1900; Abiah Martin, 1809, 1883; Peter Hoke, 1839, 1902; Mrs. Barbara Smith, 1803, 1884; Simon Whitmore, 1807, 1889; Samuel Motter, 1821, 1889; David Rhodes, 1800, 1878; John Troxell, 1814, 1881; Nicholas Moritz, 1785, 1883; Mathias Zacharias, 1758, 1825; David Whitmore, 1802, 1889; Christian Zacharias, 1802, 1875; George Martin; Adam Wingard, 1821, 1883; James W. Troxell, 1832, 1904; William G. Blair, 1844,

1900; Rev. E. E. Higbee, 1830, 1889; Charles Smith, 1792, 1847; Rev. Whitmore, 1819, 1884. For Emmitsburg history buffs, these names represent a who's-who of the key individual who shaped the town's history. Of course, since 1906, many, many more prominent members of the community now rest peacefully in the Emmitsburg Memorial Cemetery.

Around the end of 1973, the cemetery was deeded to the Emmitsburg Memorial Cemetery, Inc. from a private party and thus has become a community cemetery, which is both non-profit and nondenominational.

"The cemetery is open and welcoming to all members of the community," stated Debbie Wivell, a member of the Board, "You don't have to belong to a specific church to be buried here."

The Board of Directors were originally established with representation from each of the local churches. The cemetery is currently overseen by a committee of 10 members (all volunteers), including Eric Glass, Bob Gil-

lelan, Rebecca Hays Jones, Bill Wivell, Sue Sanders, Bern Wivell, Linda Stultz, Debbie Wivell, Jim Kittinger and Mary Catherine Shields. Some of these members have ancestors from Emmitsburg which date back to before the Civil War, and all hold the town close to their hearts.

Vice President of the Board, Bob Gillelan is one of these members, who also has five loved ones buried at the Emmitsburg Memorial Cemetery. "The cemetery and new columbarium give the community a lovely place to be buried and laid to rest," he stated.

"My father, Sam Hays, was instrumental in restoring the cemetery and making it beautiful. When Eric asked me to join the Board of Directors, I thought it would be an honor to carry on my father's vision," stated Rebecca Hays Jones.

All are encouraged to take a drive through this beautiful resting place, the Emmitsburg Memorial Cemetery, which is located off Waynesboro Pike, just to the west of the town proper.

Frances Marie Keilholtz



Frances Marie Keilholtz, 90, of Emmitsburg, MD, passed away peacefully on Tuesday, May 2, 2017 at her home. Born April 16, 1927 in Taneytown, MD, she was the daughter of the late Guy Anthony and Ruth M. (Sanders) Baker, Sr. She was the wife of the late Ralph Lee Keilholtz, Sr. They were married for 53 years.

Frances was a Registered Nurse and worked at Mount Saint Mary's University for 23 years. She was a member of St. Joseph Catholic Church in Emmitsburg. She enjoyed her large family and entertaining in her home, especially holidays and the annual Fire Cracker Open.

Surviving are 7 children, Becky Thompson and husband Bernie of Frederick, Ralph Keilholtz, Jr. and wife Charlene of Fairfield, PA, Mary

Ann Gill of Waynesboro, PA, Tom Keilholtz and wife Pam of Hedgesville, WV, Jeff Keilholtz and Angela Keilholtz, both of Emmitsburg, Steve Keilholtz and wife Lori of York Springs, PA; sister, Jane Omdorff of Emmitsburg; brother, Ret. Capt. USN, Charles Baker and wife Mary Anne of Finksburg; 24 grandchildren; 44 great-grandchildren; and many nieces and nephews. Frances is also remembered by close family friend, Russ Schantz of Thurmont, who was like a son to her. She was predeceased by sister, Katherine Peters and brother, Guy Baker, Jr.

A Mass of Christian Burial will be held at 11 a.m. on Saturday, May 6, 2017 at St. Joseph Catholic Church, 47 DePaul St., Emmitsburg, MD with the Rev. Charles F. Krieg, C.M. as celebrant. Interment will follow at New St. Joseph Cemetery. The family will receive friends 2-4 and 6-8 p.m., on Friday at MYERS-DURBORAW FUNERAL HOME, 210 W. Main St., Emmitsburg, MD.

In lieu of flowers, memorial contributions may be made to the Scott Key Center, 1050 Rocky Springs Rd., Frederick, MD, 21702. Online condolences may be made to the family at www.myersdurborawfh.com.

Major reconstruction project starting in Emmitsburg

Project to improve pedestrian crossings and street lighting

The Maryland Department of Transportation State Highway Administration (MDOT SHA) is beginning a \$3 million project to reconstruct MD 140 (Main Street) between Creamery Road and Timbermill Run in Emmitsburg, Frederick County. Weather permitting, the project will be complete summer 2018.

"MDOT SHA is working closely with town officials and other stakeholders to keep citizens informed about the ongoing roadway projects in Emmitsburg," said District 7 District Engineer John Concannon. "We thank the community in advance for their patience as we begin the reconstruction project and continue progress on the nearby MD 140 bridge over Flat Run. Please remember to slow down and stay alert within the work zone."

The project includes:
Constructing ADA-compliant sidewalks and pedestrian ramps;

- Installing street lighting;
- Adding drainage inlets and pipes for improved roadway drainage;



The year long nightmare on Main Street is about to begin.

- Installing crosswalks;
- Paving and striping MD 140.

MDOT SHA's contractor, A.J. Romano, Inc. of Laurel, will perform the work in phases to maintain accessibility during construction. Crews will guide motorists through the work zone by using cones, barrels, signs and a flagging operations, when needed. Motorists should expect to see crews working Monday through Friday between 9 a.m. and 3 p.m. More than 8,800 motorists use this portion of MD 140, each day.

While MDOT SHA and its transportation partners work hard to maintain safe traffic mobility in work zones, each driver needs to actively modify his or her driving style to help

prevent crashes. Stay alert and look for reduced speed limits, narrow driving lanes and highway workers. Slow down and don't follow too closely. Work Zone Safety is in Your Hands.

Maryland drivers can also know before they go by calling 511 or visiting www.md511.org for live traffic updates, including construction delays and lane closures.

Death Notices

Earl Francis Jones, 70, of Thurmont, died May 16.

and taking many special vacations with his family. A memorial service to celebrate Tim's life will be held on June 17 starting at 10:30 at Nettleton's Tranquillity.

Paul Richard Spangler, Sr., 82, of Emmitsburg, died May 16.

Kenneth Simmers, Sr., 70, of Thurmont, died May 14.

Timothy Nettleton, 58, of Emmitsburg, died April 28, following a long and valiant battle with cancer. Surviving in addition to his wife Greta are daughter, Deanna and son, Graham. Tim loved working on his farm, riding his Harley, flying his ultra-light plane

Patty Lou Glass McGlaughlin, 74, of Emmitsburg, died April 27.

George Allen "Jack" Myers, 86, of Taneytown, died April 27.

Nannette Carole Brown, 68, of Taneytown, died April 26.

Pauline Guyton Rice Duble, 94, of Thurmont, died April 21.



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MOM'S TIME OUT

Red Door Boutique expands

Danielle Ryan

If you're looking for a fun way to be creative with your friends, come on down to the Red Door Boutique, located in Taneytown, for some awesome craft classes!

Emily Graham, owner of the Red Door, is in the process of re-focusing her business strategy, offering more craft and art classes. She is creating more of a "hybridized" business; still maintaining the retail aspect of the store, while offering an expanded repertoire of classes. When Graham opened the Red Door back in 2015, her vision for the future of the business included offering more classes for locals wishing to learn different art forms while offering a place for people to have fun and be creative. She has thus far enjoyed teaching her paper craft classes, and in the past has offered paper wreath classes, altered book creations, personalized card making, scrapbooking and crafts for all holidays. Graham will continue teaching craft classes, but had a desire to expand the repertoire of classes offered.

Recently, Graham has brought two locals on board to teach

painting and crocheting classes, and so far both have been successful. The painting classes are taught in a similar style/fashion to paint nights. Light refreshments and wine are offered while participants enjoy creating their own masterpieces. The next painting class will be held June 21st at 2:30 p.m., so sign up today before it fills up. Crochet classes are also offered for those wishing to learn how to crochet, those wishing to learn new crocheting techniques, or those who want to meet other crochet enthusiasts in the community.

"Both parties benefit from these classes," said Graham. She is able to host the classes in her store, bringing potentially new customers in who may not have visited or heard about the Red Door before. The instructors of the classes benefit because not only do they profit from the classes, but they also are able to showcase their talent while creating and teaching in a fun environment. Graham has had several new customers while offering these classes. Not only does she advertise the classes and events on her Facebook page and website, but the instructors adver-



The Red Door Boutique kicked off its new craft and art classes with a crocheting class, which proved to be a huge hit with members of the community who had always wanted to learn, but lacked the resources until now.

tise them on their social media as well, further spreading the word.

Graham said that she is always looking for ideas for new classes as she hopes to continually update and find more interesting crafts to make. She is also open to hosting larger, private classes. If a group of, ideally, six or more is interested in participating in one of the classes, but are unable

to make one of the scheduled classes, Graham is more than willing to work to find a time for the group to come in and take the class.

Apart from the classes, Graham has also been offering Ladies Night Out. This event takes place every other month, and is a new event Graham is trying out. Ladies Night Out, as the name im-

plies, is a night for the girls. The event offers a variety of local vendors as well as wine and food. This event has been consistently growing since it started back in February, and Graham hopes to see it continue to grow, because it really is a fun night for the girls! Drop by on June 16 at 7 p.m. for a fun night with the ladies.

If crafting classes aren't your thing, but you would like to spend an afternoon with your friends enjoying some local craft and food vendors, then Super Saturday may be more your style. Super Saturdays are monthly events being held throughout the summer from 9 a.m. - 3 p.m.. The Red Door Boutique holds this event to feature local vendors offering unique products, food and services. Super Saturdays last year were successful, and Graham hopes they will grow even more this year. Super Saturdays will be held on June 26, July 8, and August 19, so make sure you drop by to check it out! Also, if you or someone you may know is interested in being a vendor feel free to contact Emily for more information at emily@reddoortaneytown.com or visit her website www.reddoortaneytown.com.

In the future, Graham hopes to continue offering a wide variety of classes and events. There may possibly be a floral arrangement class in the works, or even a photography class. Customers have inquired about both so Graham is working to make them happen. you haven't visited the Red Door yet, stop by and check it out! Store hours have changed a bit and the store is open Fridays from 11 a.m. to 6 p.m. and Saturday 10 a.m. to 4 p.m..

To read past editions of Mom's Time Out, visit the Author's section of Emmitsburg.net.



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There is nothing quite like the fragrance that fresh herbs provide. Their jarred, dried counterparts don't hold a candle to flavors that they can impart into recipes. What's wonderful is that if you love the fresh, aromatic flavors that fresh herbs can add to your cooking, you can keep a constant supply at your fingertips by planting a simple indoor herb garden. All you need is a sunny windowsill, some containers with drainage holes and saucers, herb seeds (or plants) and potting mix.

First, you need to choose the herbs that you wish to use. Ones that you will enjoy great success with include: basil, dill, rosemary, thyme, sage, oregano and cilantro. Depending on how quickly you'd like to "harvest", you can choose to start the herbs from seed or purchase small plants. Annual herbs are easy to start from seed, but perennial herbs take a longer time to germinate, so it's easier to start with plants.

Next, you'll need to choose individual containers for each herb, so that you can give each plant the specific care it needs. If you plan to plant more than one type of herb in a container, be sure that they require the same type of care. When you're ready to plant your seeds (or plants), a potting mix or peat-based compost is preferable to garden soil, as soil may contain unwanted organisms. Sow the seeds in the soil depth recommended on the seed packet, and be sure to provide them with the suggested conditions (sun exposure, temperature, etc.). As your herbs grow and are ready for use, be sure to snip and pinch them back to keep them from getting too long and wild.

If you follow these simple steps, you'll have a window herb garden that will provide your kitchen with fresh flavors...not to mention the plants themselves will provide a fresh scent in your kitchen.

Julia Child's Herb Biscuits

Julia's biscuit recipe is easy-as-can-be, but oh-so-good! It doesn't get any simpler than this. Try it as a flavorful addition to your next weekend brunch, afternoon sandwich break or evening meal. Recipe courtesy of: www.food.com

Prep Time: 15 mins
Total Time: 25 mins
Servings: 24

Ingredients:

- 3 cups all-purpose flour
- 2 teaspoons salt
- 4 teaspoons baking powder
- 1 teaspoon baking soda
- 8 tablespoons chilled shortening
- 4 tablespoons chives, minced
- 4 tablespoons parsley, minced
- 2 eggs, beaten
- 1 1/2 cups buttermilk

Instructions:

- Combine all dry ingredients in large bowl.
- Cut in the shortening.
- Add minced herbs.
- Stir in the eggs & buttermilk.
- Turn onto a floured surface & knead mixture briefly.
- Pat or roll out to 1/2" thickness & cut into rounds.
- Bake on an ungreased baking pan at 450 degrees for 10-15 minutes.

Olive Oil and Fresh Herb Sauce

Herb dipping sauces are wonderful with fresh crusty bread, as you enjoy a rich, Italian meal – but you can also use them as seasonings for fish and chicken, serve them as a sauce for pasta, or drizzle them over grilled vegetables. The herbs provide a fresh, clean flavor that is simply delicious. Recipe courtesy of: www.abiteofinspiration.com.

Ingredients:

- 1/4 cup high quality extra virgin olive oil
- 1 tablespoon Kalamata olives, finely chopped
- 1 garlic clove, minced
- 1/2 teaspoon fresh basil, finely chopped
- 1/4 teaspoon fresh rosemary, finely chopped
- 1/4 teaspoon fresh oregano, finely chopped
- Freshly ground black pepper
- Pinch of crushed red pepper (optional)
- Bread, for serving (optional)

Instructions:

- Pour olive oil into a bowl.
- Add all the other ingredients and stir well.
- Serve with bread alongside for dipping, if desired. You can also enjoy this sauce mixed in with pasta, on top of chicken or fish, or tossed with steamed veggies!
- Notes: This dipping sauce doesn't really need salt because the olives play the role of the salty component. However, if you would prefer it on the saltier side, feel free to add salt.

You can also add a teaspoon of parmesan cheese as an additional salty component, if you would like!

Easy Sheet Pan Lemon Herb Chicken and Parmesan Asparagus

Take advantage of fresh asparagus season being in full swing, and prepare this delicious 1-pan dinner which is highlighted by the freshness of herbs and citrus. Recipe courtesy of: www.butteryourbiscuit.com.

Ingredients:

- 3 bone in chicken breasts
- 3/4 cube butter melted
- Zest 1 lemon plus juice
- 2 tablespoon olive oil
- 2 tablespoons fresh rosemary
- 2 tablespoons fresh thyme
- 1 teaspoon kosher salt
- 1/2 teaspoon pepper
- 1 lb asparagus
- 1/4 cup parmesan cheese

Instructions:

- Preheat oven to 400.
- Rinse the asparagus and trim off woody end pieces, set aside.
- In a small bowl, mix butter, lemon zest, plus juice of 1/2 lemon, and herbs.



Working with one breast at a time, use your fingers to carefully separate the skin from the meat. Rub some butter herb mixture under the skin, then brush some over the top.

Place the chicken breasts on a rimmed baking sheet. Bake 30 minutes.

Remove pan from oven place asparagus around the chicken and drizzle with 2 tablespoons olive oil. Sprinkle kosher salt and freshly

ground pepper. Sprinkle parmesan over the asparagus. Bake for another 12 minutes.

Remove from oven, squeeze remaining half of lemon over chicken and veggies.

Carol Cogliano is the Director of Events at Hollabaugh Bros., Inc. Visit www.hollabaughbros.com for a full listing of their upcoming events and classes or call 717-677-8412 to register.



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LIBRARY NEWS

Blue Ridge Summit Free Library

Regular Events

Monday: Lego and Wee Build Creation night!!! Let your imagination show its genius! All ages welcome. From 3-5:30 p.m.

Tuesday: Coloring Club 3-5 p.m. Release your inner Monet! All ages welcome.

Wednesday: Coffee club in the community room from 3-5:30 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, &c. Food donations appreciated.

Wednesday: VITT (very important teens and 'twens) night. The community room is reserved for teen use from 6-7:30 p.m. Just hang out or play WII, board games, do puzzles, eat snacks, watch movies, make movies, &c.!

Saturday: Join us at 11 a.m. for Story and Craft Hour and all of its festivities! What could be better than a great book, a good snack, and a fun craft?

Upcoming Special Events

On June 3rd we are celebrating the start of the Summer Reading Program with our "Glamping Padooza" from 9 a.m.- 2 p.m. Set up your glamping site (glamorous camping) on the green. Story hour will start at 10:30 a.m., with a special presentation from Miss Sue's Crew from Waynesboro PA, reading their new book collaboration. There will be food, prizes for

the best glamping site, and the summer reading program bags and bookmarks. Register at the library for your glamping site by May 31st. If rain makes an appearance, we will be moving the event inside the library and on the porch. Please plan your site accordingly.

June 6: Join us for scherenschnitte, German papercutting, new members welcome, a great family activity.

June 9: We will be having our very first free outdoor movie! The festivities begin at 6 p.m. with farm to table displays on the green. Bring chairs or pillows!!! The movie will begin at dark.

June 20: the Summit Stitches quilting club will meet at 5:30 p.m. New members are always welcome! Bring a project, bring a friend, or just bring yourself!

June 22: Free adults only movie "La La Land," rated PG-13 will be. Winner of 6 Academy Awards® including Best Director for writer/director Damien Chazelle, and winner of a record-breaking 7 Golden Globe® Awards, La La Land is more than the most acclaimed movie of the year it's a cinematic treasure for the ages that you'll fall in love with again and again. Emma Stone and Ryan Gosling star as Mia and Sebastian, an actress and a jazz musician pursuing their Hollywood dreams ; and finding each other, in a vibrant celebration of hope, dreams, and love. Please call ahead or stop in at

the library to reserve your place, 717-794-2240.

Frederick County Public Libraries

The Annual Friends of the Library Book Sale is an annual June event and will held as part of the Emmitsburg Heritage Days. The Community Room will be filled with a wide variety of donated books priced to sell and all proceeds support the programs and events your family enjoys attending throughout the year at the library. The sale kicks off on Thursday, June 22 when the library opens at 10 am and the sale continues non-stop all day until 7 pm. Then on Saturday, during Heritage Days, all books will really be on sale when you can fill a bag for \$3.00. When you stop and shop at the book sale, be sure to ask how you can get involved in supporting Frederick County's oldest community library branch right in Emmitsburg.

And because it's June, the library wishes everyone a Happy Summer! We are building a better world through our summer reading program this summer by hosting a wide variety of events and programs for everyone. And because the Town's swimming pool will be closed this summer for upgrades, the Emmitsburg Branch Library is stepping up our program offerings as we host 17 programs in June alone to keep ev-

eryone entertained and engaged in fun. This is in addition to regular story programs. We are not kidding when we say we having something to keep your whole family busy. In fact, every library in Frederick County will be hosting many different types programs. Stop and pick up the very latest edition of 'Bookmarks' for the summer months or go to our new and improved website and click on the 'Participate' button to start making a list of every program you don't want to miss. Be sure to sign up for the summer challenge while you're here (or go online to sign up!). It is going on right now and in addition to the joy of reading, the entire family will be eligible for prizes generously donated by businesses throughout Maryland. Always see and learn more at www.fcpl.org.

Teens should visit us every Tuesday from 1 – 3 pm this summer for weekly Teen Takeover. Library staff will be featuring something new each week planned to appeal to kids going into grades 6-12. It might be a movie, it might be craft, snack will be included of course and there's always a chance to make new friends. No registration needed – just pop in at 1 pm and be prepared to take over! And mark your calendar for Saturday, July 8 for a unique DIY Shibori Tie-Dy workshop. Shibori is the traditional method of resist dyeing practiced for more than a thousand years.

Other special programming coming up....

Children (K-5):

Puppet Workshop: Join Miss Cheryl and learn basic puppeteering skills plus you'll participate in an impromptu performance. Saturday, June 10, 1 p.m.

LEGO Block Party: We'll have buckets and buckets of LEGO's so you can build a better a LEGO design. Monday, June 12, 2 p.m.

R.E.A.D. @ with Wags for Hope: You won't believe how much dogs like to be read to at the library. This is your chance to make a dog happy. Tuesday, June 20, 5 p.m.

Adults

Summer Travel on a Budget: Seton Center Inc. shares tips and tricks for travel on a budget for yourself or for the entire family. Tuesday, June 13, 6 p.m.

Boomer Afternoon – Flag Etiquette: What should you do with a worn out flag. Learn about the etiquette and protocol our American flag from members of the Emmitsburg VFW. Wednesday, June 14 at 3 p.m.

Small Town Gardener Talk: Gardening talk by Marianne Willburn, author of smalltowngardener.com and the new book Big Dreams, Small Garden. Saturday, June 16, 3 p.m.

Stitch and Chat: Bring your current project and get together with others who enjoy needle crafts such as knitting, crocheting and cross stitch. All activity levels welcome and always held the 3rd Tuesday from 2-4 p.m.

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SCHOOL NEWS

The ups & downs of student testing

Michael Bunitsky
Frederick County School Board

Spring has sprung, both meteorologically and educationally. It's the time of year for testing—national tests, state tests and college admission tests.

Frederick County students in the years PreK-12, spend nearly 200 hours taking tests mandated by the county. They spend many more hours more taking tests required by state and federal programs. Sadly, the biggest winners have been testing companies—they have enjoyed huge profits. But most teachers, parents and students believe it is all too much.

Assessments are necessary for effective teaching and learning in all subject areas. Teachers use them to assess needs and to gauge growth. Good teachers are consistently evaluating and assessing the progress of their students through classroom discussion, group activities and written material.

Aside from the teacher designed classroom exam, the relative worth of each test to students and teachers is debatable.

And debate it we do. Testing was one of the hot button issues in the last election for the Board of Education.

I have been around a long time, taught and developed curriculum for 40 years in Maryland and I enjoy history. So allow me to put some historical perspective on the testing debate. First some landmarks:

In 1965 the first national program, the Elementary and Secondary Education Act, the education piece of the War on Poverty, sent federal dollars to schools and set the first standards for educational opportunity for all American children. When you hear "standards" think standardized tests.

The 1970s and 1980s were the boom years of the standards movement. The goal was to hold schools and educators accountable for student learning. We called this functional testing. In Maryland every student would have to pass exams to show that they were "functionally literate" in math, reading and citizenship.

The Maryland School Performance Assessment Program known as MSPAP arrived in the

early 90's. The point was to grade or score elementary and middle school students based on actual performance and application of their knowledge. MSPAP required students to work both individually and in groups. The exam was administered for two hours each morning for four mornings. Students were required to read, write, answer short answer questions, set up experiments, write conclusions and more.

MSPAP assessments were more complex than the functional tests and thus more difficult to score. There were many questions about reliability and validity of MSPAP, but for the first time, schools could be labeled failing schools if they did not meet standards in just two out of eighteen categories.

And then came No Child Left Behind in 2001 and with it

- A requirement that each state develop an assessment system which would determine passing scores
- An expansion of the number of grades that would be tested (grades 3-11)
- All states were required to achieve a target score known

as Adequate Yearly Progress. Each year the standard would be raised until the 100% pass rate was reached

- Establishment of the High School Assessment, which required graduating students to pass in four specific subject areas.
- The distinction between assessing student proficiency and student growth. And the possible linking of student growth to teacher pay.

In 2009 we were introduced to Race to the Top, which is a system of federal grants to states meet goals based on six criteria. One of those criteria is Standards and Assessments—which means more testing according to standards. States with funding from the Bill and Melinda Gates foundation and others developed a set of standards, known as Common Core. Although Common Core was not required for federal funding, many states adopted Common Core.

Both No Child Left Behind and Race to the Top were controversial for a variety of reasons—school systems never achieved a 100% pass rate required by No Child Left Behind and many states like Maryland

had already adopted standards that exceeded Race to the Top.

Over time state school systems shifted to the Partnership for Assessment of Readiness for College and Careers, known as PARCC. This assessment is based on two subjects, English and Math, and is not a set curriculum nor does it test in other subjects.

The Every Student Succeeds Act was signed in 2015. The requirements and state responsibilities are still a work in progress and Maryland State Department of Education is asking Boards of Education for feedback about implementation. It will be released for public comment after May 24. The requirements for this law seem to change week to week. Information is available at www.marylandpublicschools.org

Somewhere along the way the objective of creating equal opportunity and high standards in education for every student regardless their economic background or geographical location, gave way to models of "accountability" that relied too much student test taking. Testing has taken away instructional time stimulated a July 2016 Commission to Review Maryland's use of Assessments and Testing in Public Schools.

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<p>Thursday, June 15th <i>Half Serious</i> Fried Chicken Hot Roast Beef Sandwiches</p>	<p>Friday, June 16th <i>BootLeg</i> Fish or Crab Cake</p>	<p>Saturday, June 17th <i>Borderline</i> Hot Chicken Sandwiches or Ham</p>

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FOUR YEARS AT THE MOUNT

With the fast approaching holiday, we gave our writers the theme of Father's Day. Here, we give overdue honors to the special men in our lives and remind us all to celebrate our own fathers.

Sophomore Year

Ice Cream Dad

Angela Tongohan
MSMU Class of 2020

My dad loves the month of June, partially because it is his birth month, and partially because of Father's Day. I can't say I blame him. If we think about it, there are a handful of holidays that mainly celebrate the woman in a relationship: Mother's Day, Valentine's Day, Thanksgiving (because of the dinner), and a few selected for their own unique reasons. A man is only really celebrated during two occasions: their birthday and Father's Day, granted that they are, in fact, a father.

Well, my dad always insisted on celebrating his birthday and Father's Day during two separate weekends, despite them being only a few days apart.

I always struggled during Father's Day. I reached the age of eleven without a father figure in my life. My parents were the unfortunate victims of a messy divorce, and after an amicable

reunion, agreed that I was better off growing up without switching from one household to another.

When my mother married my stepdad, my world turned upside down. It was bizarre, a new person in the house. It meant an extra seat to set at the dinner table, another person to fight over the remote control with. It meant another car in our driveway, crazy rock music blasting at eight in the morning, and a whole other person's junk sprawled all over our house.

He arrived during my prepubescent years, so it is safe to say that the transition was not the smoothest in history. But I did learn a very important lesson, and that was to love unconditionally.

I did not think it was possible for me to love anyone as much as I loved my mother, especially not someone who was not my own blood. But I learned to love him. He taught me how to drive, how to fix cars. He picked me up from school whenever I needed to stay for extracurricular,

and he attended the school meetings my mom couldn't attend.

He learned and remembered things about me; the small things, the things I appreciated most. When I was still in high school, I used to dedicate my Monday nights to watching sad movies. I called it Sad Movie Monday. My dad used to buy buckets of mint chocolate chip ice-cream and boxes of Drumsticks Sunday night because he knew how much ice-cream cheered me up.

I did not realize how big of a part my stepdad played in my life until the summer of 2016 when he went to the Philippines for a month. It was the first time since my parents got married that I didn't see him for longer than a few days.

Everything seemed off. My mom went to sleep early. Everyone was able to sleep in without being woken up by crazy loud music in the morning. Cans of coke no longer littered the kitchen, and the line of neatly shined shoes sat untouched.

There was something missing in our lives. And I eventually realized that was my dad.

This year is the first year that I

won't be around for the month of June. As an attempt to try and become a more independent woman, I have packed my summer schedule with a full-time job and summer classes. I spend barely any time at home. Mother's Day was not nearly as lustrous and I don't expect Father's Day to be any more spectacular.

But despite the fact that I won't be around as much as I'd like to, I do sincerely appreciate him, as I think many of us appreciate our fathers. He was always around when I needed someone to talk to. He was always around to fix the things I broke, and he watched corny action movies with me.

I do wish the best for my dad. He has become as much a part of my life as a real dad would have. Their efforts may not be as obvious as those of our mothers, for example, in my house, my mother usually cooks meals and cleans the house. My mother is also the one who seems most in touch with feelings and sensing problems.

My dad does not necessarily show emotions. He doesn't ask me how I am doing or how I am feeling or whether I am sad or angry or lonely. He doesn't hover, he doesn't prod. He is there. He

hands me a bowl of ice-cream whenever he thinks I am sad, or he shows me the tulips he helped grow in the garden because he knows they are my favorite flowers.

Dads are our role models because of how much they hold the household together. He doesn't complain or rant like my mother does, but instead silently walks into the house with tired eyes. He doesn't complain because he has accepted his role of being the patriarch of the family.

I love my dad. And although we fight, and although we don't talk as much as I do to my mother, I know that he loves me.

And how do I know, you may ask? He doesn't say it often, I can tell you that.

Whenever I come home, he will be sitting on the couch, two bowls of ice cream sitting on the coffee table, a poorly made action movie playing on the T.V.

He won't say anything, but he doesn't have to.

I love you, dad. Happy Father's Day.

To read other articles by Angela, visit the Authors section of Emmitsburg.net.

Junior Year

Father's Day Films

Michael Kenney Jr.
MSMU Class of 2019

"Luke, I am your father"

—Darth Vader, Star Wars: Episode V

—The Empire Strikes Back

After the golf clubs are set aside, his Bass Pro Shop gift card is spent, and the grill cools down, must Father's Day come to a close? Of course not! This year, cap off the traditional Father's Day agenda with a celebration of cinema's greatest fathers. I encourage you to pop some popcorn, sit down with your dad and enjoy some of the best Father's Day films of all time.

If you can only carve out enough time for one film this Father's Day, I would highly recommend the 2005 sports drama, *Cinderella Man*. Based on an impressively true story, the film follows the underdog Irish-American boxer, J.J. Braddock (Russell Crowe). It follows his fight to provide for his family and seize the heavyweight title amidst the hard-hit streets of New Jersey during the Great Depression. Through victory and heartbreak, the story celebrates the role of fatherhood as an enduring position of strength, resilience, loyalty and —most of all—love. Braddock epitomizes fatherhood and provides an inspiring example of ideal masculinity.

The 2000 film *The Patriot* earns another high spot on my list of Father's Day favorites as it advocates for the same style of the fatherhood that *Cinderella Man* presents. As a legendary French and Indian War veteran, widower and father of seven children, Francis Marion (Mel Gibson) gains a greater appreciation for his children and sister-in-law as he risks everything

to protect—and eventually avenge—his sons throughout the Revolutionary War. Like *Cinderella Man*'s Braddock, Marion hones his cleverness, morality and sheer strength to defend his family and as a result, represents an archetypal father.

The 1997 Italian film *Life is Beautiful* drives home an equally respectable portrayal of fatherhood. The film tells the tale of a free-spirited, Jewish librarian named Guido Orefice (Roberto Benigni) living in 1939 Italy. When Orefice and his son are captured and placed in a concentration camp, the father uses his wit, imagination and kind heart in his attempts to preserve his child's innocence. The film illustrates the profound inspiration men have in exuding courageous joy, particularly in the face of abject circumstances. Nominated for seven Academy Awards, the film promises cinematic excellence alongside its powerful message.

To pay comedies their due respect, *Mrs. Doubtfire*, *Cheaper by the Dozen*, and *Cheaper by the Dozen 2* promote the idea of the attentive father. While some critics may suggest that both films flirt with the clichéd "bumbling father" caricature, the protagonists should not be hastily categorized. Each father undergoes significant character arcs and, similarly to *Life is Beautiful*'s Orefice, the fathers' humor often plays a significant, intentional role in easing family tensions encouraging familial unity.

In the 1993 *Mrs. Doubtfire*, Daniel Hillard (Robin Williams) plays a goofy voice actor who struggles to hold down a job. When his no-nonsense wife Miranda (Sally Field) divorces him, Daniel, who is unemployed and without a fit home, is deemed an ill-fit father and thus has no custody over his two children. With the visitation rights in place Daniel struggles to spend time

with his children. With the help of friends and his skills as a former voice actor he concocts a false identity as a stout sixty-year-old nanny named Mrs. Doubtfire. *Miranda* hires Mrs. Doubtfire, giving Daniel practically full access to his children. As a nanny, Daniel gains a unique perspective into his children's lives and consequently realizes his faults as a father and former husband. Daniel works diligently to reverse his mistakes with humor and humility. *Mrs. Doubtfire* is a worthy addition to your list of Father's Day hopefuls because, while allowing for uproarious family fun, the film illustrates the ridiculous extent of a father's love. *Mrs. Doubtfire* renders a particularly honorable example of a father in a broken marriage because, while Daniel continues to pursue Miranda and tries to rectify their relationship, he always respects his former wife and never allows his bitterness to interfere with his relationship with his children.

The fatherhood presented both in *Cheaper by the Dozen* and *Cheaper by the Dozen 2* allows for light-hearted family fun and conveys the serious impact that a father has on his family's well-being. In the first of the series, Tom earns his dream job, forcing his family to move, just as his wife Kate (Bonnie Hunt) prepares for the release of her projected bestseller. As Kate embarks on her nation-wide book tour, Tom juggles the demands of his new job, a new neighborhood and his rambunctious twelve children. Ultimately, Tom must choose between the luxuries of his dream job and the welfare of his kids. In *Cheaper by the Dozen 2*, Tom finds himself again in a similar situation. Tempted by his paternal pride, Tom hopes defeat his long-time rival in the Annual Labor Day Family Cup. Yet again, he is forced to choose between bolstering his ego or aiding his family. Both *Cheaper by the Dozen* and *Cheaper by the Dozen 2* illustrate the power of a father who sur-

renders his professional and personal ambition for the welfare of his family and the raw joy that comes from building unique relationships with each individual child.

Looking for more Father's Day films? Rounding out my Father's Day favorites include *Finding Nemo*, *To Kill a Mockingbird*, *The Way, The Godfather*, *The Lion King* series, the

Taken series, and my dad's personal favorite—*Madagascar: Escape 2 Africa*. So this Father's Day, surprise your dad with an evening of films dedicated to him and the unique role of fathers everywhere.

To read other articles by Michael, visit the Authors section of Emmitsburg.net.

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FATHER'S DAY

Senior Year

To give praise where it is due

Sarah Muir
MSMU Class of 2018

A quote by Billy Graham states, "A good father is one of the most unsung, unpraised, unnoticed, yet one of the most valuable assets in our society." Because of this and the approaching holiday I propose to sing, praise, and notice fathers. Who are they, what are they do and what makes a "good" one.

The idea of Father's Day has a long history dating back to Saint Joseph's Day (March 19) during the Middle Ages. However, it found its way to America at the beginning of the 20th century. Unlike Mother's Day, which has roots dating all the way back to the pre-Civil War America, Father's Day was first received with lukewarm indifference. It first began in West Virginia as a day to commemorate the 362 men who had perished in a coal mining explosion the previous December. With the insistence and

support of Sonora Smart Dodd, it was celebrated as a holiday in Washington. She was raised by her father, a civil war veteran and single parent of six children and through her efforts the first celebration was held at a YMCA in Spokane, Washington on June 19, 1910.

The idea spread slowly around the country, being recognized by President Wilson in 1916 and later in 1924 President Coolidge advocated that Father's Day be observed by the states. The holiday was found to have garnered less support than its counterpart, Mother's Day. This was due in part to the sentimentality built around mothers and it was not until after World War II however when Father's Day was widely accepted and not until 1972 when it was declared a federal holiday.

It is easy to take good parents for granted and even though I try not to, it happens. We can sometimes forget the sacrific-

es our parents made; the blood, sweat, and tears that they gave to raise us. That is why we carve out one day of the year for them. One day to recognize the unconditional love of a parent, maybe with a bouquet of flowers and a heartfelt card. I am blessed to have the examples I have in my own life, between both my grandfathers and my dad I find myself startled at the high bar that they have set in their wake. For girls it is a fact of life that a father is a template by which all other men are compared. My father is among the most generous and most wonderful that have ever breathed, which is a bias I share with my sister.

To us, he has been a protector, a teacher and an adviser (even though we do not always take the advice given). Both of us have known a father that has done anything and everything for his daughters and even more for his wife. Throughout our lives we both have had a model of what a father and a husband should be. However, I find that father can be too cold a definition because I know that forever and always he is our daddy.

There is a cross-stitch sampler that my mom made as a teenager for her own father which reads, "Anyone can be a father but it takes someone special to be a daddy." He has made my sister and I stronger, smarter and more faith-filled individuals.

Father's Day also gives an opportunity to celebrate the father figures in our lives; men who we look up to and respect because of their generous and paternal nature. I remember a priest one time remarked about the paradigm of the holy family and recalled how Father's Day also recognizes those that are our family in everything, but blood. God gives many examples on how to be, but Joseph can be overlooked. In him we see an example of fatherly love that has little to do with blood. He gives the protection, security, and unconditional love of a parent to a child that is not his own.

Fathers are important and knowing them and having stories about them is something to be treasured. My grandmother talks of her father a lot and of how close they were. She speaks often of what they would laugh at

together, or how they would disagree over baseball players, how he would leave a shaker of salt by the garden in case anyone fancied a fresh tomato. Family histories, these small little stories breathes life into these memories.

I have been thinking about fathers a lot recently; fathers and luck. Mostly how lucky I am to have the father figures in my life. I have no one answer for "how to be a good father," mostly because I am not (nor will ever be) one myself. I do not think there is a rule book or manual that can help navigate the tumultuous waters of fatherhood. I am sure that any dad could tell you that fatherhood is a baptism by fire, figure-it-out-as-it-happens, type of life. So, this Father's Day, after the hallmark card and gift certificate and cake, remember that it does not nor should it end there. Every day we should recognize the men in our lives that have been there for us through thick and thin, with the unconditional love only a dad can have.

To read other articles by Sarah, visit the Authors section of Emmitsburg.net.

The Graduate

Terminal C Reflections

Leeanne Leary
MSMU Class of 2017

For the past few years, I've included an airport article at least once a year. There is something unique, fleeting and exciting about being in an airport, and so writing in one has to be special, at least I think it must. So, here I am in an airport awaiting my flight to Haiti. I waited for this moment to write partially for sentimental purposes partially for purposes of reminiscing on my love for procrastination all throughout college.

In an attempt to make this a little easier for anyone reading, I'm going to need to explain myself a bit. It is the month of Father's Day for our column, I just graduated so maybe I don't fit into that column anymore, I just commissioned and am leaving shortly for my first orders as an Army officer, and I'm currently on my way to Haiti for the wait time in between. Now, if you read to the end you'll see how I make all of this fit together, but if you get confused along the way just bear with me, please.

First, I'll explain my airport ramblings. I call an airport unique, fleeting, and exciting, though I recognize they are more often than not busy, overcrowded and frustrating. So, I admit check-in lines, security waits and changing terminals aren't ideal and probably hold nothing worth reflection. However, once you find your gate and sit down, something does happen. You are sitting simply waiting on an adventure, literally, as you probably

run through mental checklists of what you forgot, and would happen if you actually did forget, checking timelines, charging your phone, but if even for one second you stop to just wait, that's where the magic is. Again, you sit awaiting a chariot taking you to your next adventure, leaving one place for an entirely new one, knowing that you probably can't just drive home if you don't love it. Some combination of those factors makes it worth the chaos of an airport. Whether it's knowing you can't turn back, the anxiousness that pairs itself with another town, or the simple fact of remembering your mortal nature before you get into a tube that will fly tens of thousands of feet above the ground, it is the perfect recipe for reflection. I, like most, have plenty to reflect upon.

I graduated, commissioned, and am preparing to leave for my first orders. Though I know that these events are huge, I learned a huge lesson through it all and through the last few months. It is all exciting in its own right, but I don't care too much about the formalities of a commencement ceremony or the diploma that will shortly come in the mail. What I found is I care much more about the people who sat in the auditorium and watched my take my oath of office, the people who came and helped me carry my things out of graduation because I was on crutches, and the people who will move from that stage of my life to the next. The one who deserves special attention, then, is my Dad.

Okay, so this may seem a little formulaic at this point but I swear this all actually works this way.

My Dad, a man of few words, is perhaps my biggest influence in all that I do to include the events of the past few weeks. I know I've written about my dad before, but I shy away from it because I don't think I can do it justice. He's hard to explain, sometimes hard to understand, but has pushed me further than any other person could have. He checks my oil before I take a trip, last night he went out in the middle of the night because my check engine light came on hours before I had to drive to the airport, he cooked chicken for 50 people at my graduation party this weekend, but he is more.

He actually said "Why didn't you get a 100" almost every day of high school when I told him I got a 97 on a math test. And, he meant it. He knew who I was before I did, but never told me, simply pushed me. Believe me, I didn't like it. I think we probably fought at least a few times a week from age 14-18, but looking back I understand it all (people always say that happens, and I hate that they are right).

So, let's come full circle. Military, airports, Dad, Haiti - it all comes together.

Last week at my commissioning ceremony, the first thing that I saw when the formal part came to an end and I stepped down to say hi to everyone was my Dad smiling. Remember, what I've said about my Dad above and before. The man does smile, but this was something I've never seen before. I saw everything come together looking at my Dad, who smiled more that day than he does in a day of driving his boat around, which is his favorite activity. He was truly and genuinely proud, and he has been this whole time.

So, here is a short story in recognition of silence and the Dads who say less, but mean the most.

My final thoughts here in Terminal C are then this: I'm awaiting a trip to Haiti, where I'll continue the chaos, return right before my orders to Ft. Lee begin, and then start my military life. All of this I'll do knowing that the tube

I'm getting in to take me to my next adventure isn't very important, but the people around me are. Oh, and my Dad is proud.

Told you it would make sense, kind of.

To read other articles by Leeanne, visit the Authors section of Emmitsburg.net.



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FASHION

Fighting the formality of menswear

Valerie McPhail
MSMU Class of 2015

The sun has risen — beaming through the skyscrapers onto the Soho cobblestone, Midtown's sidewalks and the financial district's streets. As womenswear sheds its beloved tweed Chanel Jackets and New York's favorite Number 6 clog shoe, men's fashion finds a difficult time relating. In attempts, designers Stella McCartney, J W Anderson and fashion labels TopShop and Les Benjamins introduce new options for menswear.

No longer is the staunch suit and tie ensemble a comfortable look. With question the formality of the bland colored, over-dry cleaned suit presents a reason to communicate the need for an upgrade. Now, more than ever, men are looking for liberating ways to stay high and dry from the sticky suit situation — in fashion and in the sunshine.

Venture into a new style

To test new trends, reconsider how key pieces are being utilized from your wardrobe. Spring/Summer 2017 trends for men appear as oversized blazers, silky suit combinations and perhaps the clearest relation to womenswear: suede bomber jackets. Passionate for palm trees and seaside travels and beach dunes, Topman Design presented such images as prints on extra short shorts and identical short sleeved button downs. Additional trend spotting among summer suits included variations of a suit-like uniform look: a bomber jacket paired with color-coordinated shorts, and a salmon colored pullover with matching shorts of the same rhythm. The youthful, trend-setting brand introduces its young following to innovative styles of traditional menswear pieces.

In the same stride, Stella McCartney spearheads the conversation with the launch of her menswear label for Men's Spring/Summer 2017 Collection. Pieces were laid back, relaxed with

loose fitting finishes and hip with current trends including sportswear inspired pieces: tracksuit pants, slide-on shoes and the exemplar double-breasted blazer. Without abandoning the ideals like button downs and solid colored suits, McCartney resurrected these pieces with modern details: silver zippers thigh high above the knee, and a mix prints with graphics on button downs — re: the Playing Cards Printed Shirt. Shoes were forward thinking, slides, slip ons, and sneakers to complement such revisions to the classic look.

Stella McCartney's debut menswear collection is heavy with prints, that create a sense of modernity from within. One look was a matching shorts and short sleeve button-down of psychedelic floral print, another, a baby blue and white striped ensemble reflective of a similar vibe to Topman Design's iconic summer suit.

For Topman, the experimentation was commendable, for young fashion is define through its interest in exploration and adventure. For Stella McCartney, the move towards such trends sets a standard for this new menswear label in light of her namesake brand. McCartney's launch could not be more fitting than ever: new discoveries in men's fashion can find themselves in new lines and labels.

Switch up the details

Summer fashion is not necessarily synonymous with spending money on new trends and fashion's latest fads. Among street style advocates, button downs layered upon t-shirts are unbuttoned to create a new look. Gucci t-shirts and Kenzo graphic tees are among fashion's favorites that shine underneath Alexander Wang's Spring/Summer 2017 multicolored printed plaid tops.



Relax the suit and tie look with mix prints

Tie dye is making a tasteful comeback on denim, jackets and cotton t-shirts. This season, Valentino offers a high fashion runway reference. The colorful print is a replacement of a graphic t-shirt, while showing enthusiasm for summer spice, a print reserved for the season alone. The button down becomes both a jacket and an accessory in this summer's scene. Pair the simple switch with trousers, khaki pants or denim to take the look into the necessary occasion.

Take a leap into new styles of trousers: Similar to the Adidas track pant, slacks are appearing ultra-causal not only by their oversized fitting, but in the sportswear style. With racer stripes down the sides of the leg, the track pants can replace suit slacks, and can be paired with the t-shirt button down look, or with light weight sweaters this season.

Pay attention to prints

Expressive prints are a definitive part of this summer's fashion, so don't for-

get your traditional Hawaiian button down on your summer vacations. Prints on collared shirts, oversized sweaters and jackets are highlights to the season's wardrobe. Brooks Brothers, a brand of notoriety for quintessential fits and patterns — creating outfits for everyman in any season — taps into the trend by mixing prints throughout the brand's 2017 Spring Collection. In one look, a polka dotted accented accessory pops against a heathered gray plaid suit. Popular prints include the check, a variation of a plaid that appropriates in various scenarios without looking like a farmland uniform. The key to mixing prints thrives in the intention for pairing. Color coordinating shades and matching complementing colors will provide opportunities for successful risks.

Overcoming the formality of men's fashion throughout the summertime and the strict formality of the suit and tie lifestyle is not just a concern of shedding layers. Weather induced changes that initiate the spirit for a change of a way of dressing relinquish suits of their status role in society, unassumingly so to not draw attention to attire. The look is undeniably classic, but eventually gets tired, drawn out and dated. This summer's fashion breaks chains to such ideas on fashion and style. The tricks and tips mold a new perspective attending to the details commonly overlooked and disregarded. It utilizes pieces with an alteration, by reconsidering their relevance and role in creating an outfit. reimagine the power of prints and freedom released in the spirit of fashion.

Continued advancements and new ideas in the menswear industry among brands including Stella McCartney offer new ventures of design. Such news expands the capacity of the industry by offering men's fashion the opportunity to reconsider its perspective. Long gone are the days when men settled for a starchy suit year round. Combating the formalities of menswear involves drawing attention to the significance of design, the role of pieces in the closet and an eye on new points of view; the horizon draws upon the scene in this season.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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COMMUNITY NOTES

Taney Corporation hosts SMA tour

The Taney Corporation, a pre-built wood stairway and rail manufacturer located in Taneytown, MD hosted the SMA Group tour on May 12. SMA (Stairbuilders & Manufacturers Association) is a group of businesses who have an interest in stairbuilding, as well as architects and craftsmen. This group of 38 came from all over the US and Canada.

One co-stairbuilder summed it up, "Taney invited the group into their home and we got to meet Taney's family." "Your employees are the core and character of the company."

Taney is proud of our employees and wish to thank them for their hard work, talents, and many years of dedication.

The Taney Corporation started in 1958 manufacturing box stairways for government housing jobs, using local labor and Maryland lumber.

In 1962, Eric E. Glass, one of the original employees, purchased

the company, known as Taney Supply and Luber. The company rapidly outgrew the original factory site—The Feeser Building—on the east side of the Pennsylvania railroad. In 1963, a new facility was built on Allendale Lane next to Shower Lumber and Millwork. At this time, the company also began making circular stairways. In 1974, TANEY purchased Shower's business of manufacturing treads and risers. Additional facilities were built as the business continued to grow and the building complex is now situated on 15 acres of over 100,000 sq.ft.

The Taney Corporation delivers all of its products by its own fleet of trucks, which is unique in the industry. The company has grown from four employees in 1962 to over 100 today. Presently, Taney has salespeople and manufacturer's representatives and its distribution network covers 42 states.

Taney now designs and manufactures box stairs, circulars and spi-



The SMA Group, along with Jeff & Brian Glass, Taney's managers and salesmen surround the grand walnut elliptical staircase.

ral stairs, custom designed stairs, L-shaped and winder stairs, pre-built rails, stair parts, treads, risers and accessories. Taney is the largest stair-builder on the East Coast.





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ARTS

Way Off Broadway's The Funeral Farce

The Way Off Broadway Dinner Theatre, the Frederick area's only year-round producing theatre, is not only known for its Broadway-style Mainstage productions and one-of-a-kind Children's Theatre, but also for its interactive murder mysteries. Marquee Mysteries launched in 2005 with A Rock-n-Roll Golden Oldies Mystery. So popular was the show, that eleven more interactive mysteries have appeared at Way Off Broadway since, while even more are now produced outside of the theatre, including regularly on the Walkersville Southern Railroad.

For the 2017 Season, Way Off Broadway's producers announced a full Marquee Mysteries Series, which kicked off in March with Murder by Marriage. The second mystery in the series will be The Funeral Farce, on June 9th and 10th.

After dear Aunt Betty finally goes to meet her maker, it's time for her

family and friends to gathering and celebrate the life of the eccentric, curmudgeonly, straight-talking nagenarian. When another dead body turns up at the reception, it will be up to the guests to solve the murder. If you thought your family was dysfunctional, you haven't seen anything yet. Everyone loves a good who dunnit. Now is your chance to play detective and help solve the case.

Detective stories and mysteries have been a part of entertainment culture for as long as anyone can remember. From the days of Sir Arthur Conan Doyle and Agatha Christie to the modern television crime shows of today, everyone loves a good mystery. Everyone thinks they can be the next Sherlock Holmes. At Way Off Broadway, they have that chance!

The Funeral Farce is based on characters created and developed by Justin M. Kiska, who is over-

seeing the production and has written all of the theatre's mysteries since 2005.

"Even though each mystery has a cast of over-the-top, sometimes crazy characters and storylines," Kiska says, "they all have to be partially based in something with which everyone can relate. Everyone has family and knows what can happen at a funeral. So with The Funeral Farce, we take a little creative license and add a good dose of exaggeration to come up with a fun evening of mystery."

On Friday evening, June 9th and Saturday evening, June 10th, doors open and the "reception" begins at 6:30 p.m. All tickets for The Funeral Farce are \$43 per person and can be purchased by



visiting the theatre or calling the Box Office at 301.662.6600.

Following The Funeral Farce later this year are Game of Gangsters and A Holiday Who Dunnit?

To learn more about Way Off Broadway's Marquee Mysteries, or any of the theatre's past or present productions, visit www.wayoffbroadway.com.

Key to success is ruthlessness!

Gettysburg Community Theatre, the non-profit 501c3 organization located in the original Elks Lodge building at 49 York Street within the first block of Lincoln Square in historic downtown Gettysburg, will present "Ruthless! The Musical" — the

show that proves when it comes to show business, the key to success is ruthlessness. The book and lyrics are written by Joel Paley with music by Marvin Laird.

"Ruthless!" is a hilarious homage to shows like "Gypsy," "The Bad Seed", "The Women", and



"All About Eve." Driven and talented third grader Tina Denmark desperately wants to be the lead role in her school play and she will do anything to get the part.

Tessa Trax plays Tina Denmark, a cute reminder of Shirley Temple and Baby June, while her real life sister Audrey Trax plays school mate Louise Lerman, and their real life mother Carrie Trax, plays Judy Denmark, an average suburban housewife with no talent whatsoever...or so she thinks. Becky Wilcox plays the theatre critic Lita Encore who sings a campy tune called "I Hate Musicals", while Emily Smallwood plays a clutching wannabe actress Eve, and Linda Fink plays the third grade teacher Miss Thorn who really needs a vacation. Chad-Alan Carr plays the Norma Desmond meets Mama Rose agent Sylvia St. Croix and asks the question, "Talent... where does it come from?" Surprises are definitely in store during this musical comedy farce that celebrated two off-broadway hit productions.

Ruthless! is directed by Shane Miller with musical direction by Nick Werner who also accompanies the show at the piano. Performances are Fridays and Saturdays at 7pm and Sundays at 2pm June 2-18, 2017. Tickets can be ordered online, via phone, or at the box office. www.GettysburgCommunityTheatre.org 717-334-2692.

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Totem Pole Playhouse's summer lineup

Jack Williams
MSM Class of 2016

Summer has begun! I hope everyone had a wonderful Memorial Day and that your summer is off to a great start. There are a number of ways to celebrate the warmer months, many of which can be done right around us. One great option is The Totem Pole Playhouse, who have been rehearsing five shows for the upcoming summer season. Here are the details for each show, their dates, and respective ticket prices.

The first show of the year, by the time you read this, has already started its run. It's a play with a plot that might ring a bell: *Driving Miss Daisy*, a film adapted from the stageplay written by Alfred Uhry. For those of you who may not have seen this film, here is a general synopsis. This play centers around two characters, Daisy Werthan and Hoke Coleburn, living in Atlanta in 1948. Daisy is in her later years, age 72, and has just been in a traffic accident. Her son, Boolie, is telling Daisy that he would like to hire a driver for her to avoid any more accidents in the future. He hires Hoke Coleburn, a 60-year-old unemployed black man for the job. The play explores the relationship between these two characters in the midst of a historically contentious period in the South.

The show hosts some seasoned actors who have starred in many professional productions. Michael Learned stars as Daisy, a four-time Emmy Award winner for Best Actress, famous for her roles in *The Waltons*, *The Young and the Restless*, *General Hospital*, among many others. Lance E. Nichols performs the character of Hoke, having starred in *Treme*, *House of Cards*, and *The Curious Case of Benjamin Button*. The curtains rose on May 28, and will continue until June 11. 2 p.m. showings take place on Tuesday, Wednesday, Saturday and Sunday, with 8 p.m. showings Wednesday through Saturday. Tickets for this performance run for \$35 a seat.

While *Driving Miss Daisy* is a moving drama, maybe you're looking for a musical? Or a comedy? Well, *The Drowsy Chaperone* is a musical within a comedy! *The Drowsy Chaperone*, the winner of five Tony Awards and seven Drama Desk Awards, first premiered in 1997. This play centers on a young man known only as "The Man in Chair," a downhearted Broadway fanatic looking to lift his spirits by listening to a recording of a fictional Broadway musical called *The Drowsy Chaperone*. As he begins listening to the record, the play takes place in front of him, relaying the story of the day of a wedding between oil tycoon Robert Martin and Broadway star Janet Van De Graaff. The musical itself is a riveting experience, with comedic relief given by *The Man in Chair* to the audience, invisible to members of the play.

The stars of the show have extensive experience in the world of theater. Daniel Plimpton performs the role of oil tycoon Robert Martin, having performed on the US Tour of Spring

Awakening as Ernst Robel. Beth DeMichele plays Janet Van De Graaff, a role that she has taken on before with the Wagner College Theater in Staten Island. She has many other performances under her belt, having starred in *Legally Blonde*, *Les Misérables*, *The Wedding Singer* and *Hairspray*. Other notable performers include Elizabeth Broadhurst as *The Drowsy Chaperone*, with experience playing in a national tour of *Annie* and *Mary Poppins*, as well as Ray Ficca as Adolpho who starred as Flan in *Six Degrees of Separation*.

The Drowsy Chaperone will have three preview performances, taking place on Friday June 16 and Saturday June 17, with 8 p.m. showings on both days and a 2 p.m. showing on Saturday. Tickets to these performances only cost \$20 a seat! The show will run from June 20 through July 2, with matinees scheduled for the same days of the week as *Driving Miss Daisy*. Ticket prices during this run are priced at \$50 each.

The next performance is a musical called *I Love A Piano*. This work is a celebration of the music of Irving Berlin, widely regarded as one of America's greatest songwriters. He was an incredibly prolific musician, having written around 1,500 songs in his lifetime, along with writing the scores for nineteen Broadway musicals and eighteen Hollywood films. Even if you don't know Irving Berlin by name, you certainly know some of his

output, including songs like *White Christmas*, *Happy Holiday* (famously sung by Bing Crosby), and his most famous song *God Bless America*.

Such an accomplished songwriter deserves a touching and memorable tribute, and that is exactly what *I Love A Piano* offers. Instead of following a human character, *I Love A Piano* tracks the journey of a piano from the turn of the century to the modern day. Along the way, after entering into the lives of many different people, the story comes to life through some of Berlin's work, with songs like *Puttin' On The Ritz*, *Cheek to Cheek*, and *How Deep Is The Ocean*. Some high capable performers will play the roles of those who receive the piano throughout its journey, such as Jane Labanz, Johnathon Rayson, Taylor Knapp and Shawn Martin.

This show will run from July 7 – July 23. Like *The Drowsy Chaperone*, there will be three preview performances on July 7 and 8 that run at \$20 a ticket. From July 9 to the 23rd, tickets will be \$50 a seat.

The Totem Pole Playhouse has two more plays set for performance near the end of the summer in August. The first is one you may have heard of, *Million Dollar Quartet*. If you haven't, it's a jukebox musical that opened on Broadway in 2010. The play focuses on four famous artists, Johnny Cash, Jerry Lee Lewis, Carl Perkins, and Elvis Presley at the Sun Record recording studio in Memphis, Tennes-



There are a number of ways to celebrate summer evenings - one great option is The Totem Pole Playhouse.

see on December 4, 1956. The musical has some musical numbers based on songs that you are almost certainly familiar with, with Presley's *Blue Suede Shoes*, Cash's *Folsom Prison Blues*, and Lewis' *Great Balls of Fire*. This musical will be at The Totem Pole Playhouse from July 28 through the 20th of August. Three preview shows are scheduled for the 28th and the 29th, with tickets at \$20 apiece. Tickets, like the other two plays, will run at \$50 a seat.

The last play, with a shorter run, is *Love Letters*. Two famous actors, Meredith Baxter and Michael Gross from *Family Ties*, star as two characters who lived together earlier in life, then went off in different directions.

Even though they separated, they still share their confidences with touchingly personal and intimate detail throughout the course of their lives. The nature and extent of these letters is shared with the audience, creating a funny, evocative and moving experience that is definitely not one to miss. This play will be at The Totem Pole Playhouse from August 22 – August 27. Due to its short run, there are no preview performances, but tickets are reasonably priced at \$35.

If you're interested in attending any of these plays, more details can be found at The Totem Pole Playhouse's website at totempoleplayhouse.org, or by contacting their ticket office at (717) 352-2164!

Local artist and educator, Dorothea Barrick, is having an extensive display of her paintings and original monotypes at the newly renovated "The Parrot" Restaurant in Gettysburg. Hillary Styer and Gus Zucco, the new proprietors, have visions to expand events, the menu and availability seven days a week.



Dorothea was instrumental in organizing the art studio program at Mt. St. Mary's in the 70's when it became coed. She received her BFA & MFA degrees at MICA, Baltimore. Barrick was Artist in Residence at Hood College and has taught in numerous colleges and she continues to teach at FCC. Having been awarded several grants from Maryland and Pennsylvania, Dorothea taught printmaking and painting to selected students in public schools.

She continued to teach for the FCPR and has an Open Studio class in Emmitsburg.

Her large colorful exhibition of 40 pieces exudes spontaneity and grace of life. Repertoi of works include oils, acrylic, mixed media paintings and original monotype prints.

The exhibition will be on display through August 27th. For more information about the artist: www.foothillsartists.net, www.hanover-areaartists.com, and saatchiart.com

TOTEM POLE PLAYHOUSE

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I Love a Piano

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SPORTS

Catoctin softball's playoff run

Sean Vietri and Edison Hatter

It would be difficult for the Girls Softball Team in the playoffs to follow last year's run to the State Championship game. The team played both Williamsport and Mountain Ridge in the first two rounds; the girls lost in the Regional Final to South Carroll. Catoctin still

dominated Frederick County however, winning the Central Maryland Conference title in a nail biter game against Liganore.

Throughout the year, few teams have come close to beating the Catoctin Girls Softball Team. The exception to that would be the Liganore Lancers, who, after losing at home 6-7, beat the Cougars

on their field 8-6. The two well-matched teams faced off each other on May 8 at Hood College in the County Championship game.

The Cougars had trouble getting on base in the first two innings, with solely fly outs. On the other side, Liganore's #17 Jordan Specht brought leadoff batter #13 Kennedy Ambush home with a single. In the bottom of second inning, Liganore got on second and third, but Catoctin's Jessica Bryant struck out #21 Shylo Arneson to shut down the Lancers. In the top of the fourth, Catoctin scored their first run when Allison Laroche came home on a hit to center field by Reagan Smith. In the bottom, Bryant threw past Liganore for three consecutive strikeouts. After Liganore scored another run in the fifth to give them a slight lead, the game became interesting. In the sixth inning, impressive hitting from Catoctin's whole lineup earned them six more runs. Then in the seventh, a home run from Grace Mazaleski brought the score to 9-2, Catoctin. The game looked as if it was over for the Lancers.

The phrase "It's not over until it's over" could find some anecdotal evidence in the bottom of seventh inning. After a double went way out



While the Catoctin softball team lost the state championship, they dominated Frederick County.

to left field, an error on shortstop Cassidy Tobery put two runners on bases, with #21 Arneson on the plate. She hit a home run, bridging the gap by three runs. Her teammate #22 Logan Breidenstein then brought herself and two more in with yet another home run. While coming very close, the Cougars still managed to hold off the Lancers for a final score of 9-8, Catoctin.

Moving on to the playoffs, the Cougars started by taking on the Williamsport Wildcats at home on May 15. The Wildcats started out strong with their leadoff batter, #5 Amanda Curra taking both second and third on a sacrifice bunt. She

then found her way home when her teammate, #16 Emily Talbert hit a single. The Cougars matched the Wildcats' energy with Allison Laroche scoring the first run for Catoctin. The game remained tight until the bottom of the third, when Catoctin's Jessica Bryant hit one over the fence. Catoctin's Reagan Smith then hit a double and was brought home, along with teammate Michaela Persinger, by Grace Mazaleski. With the game far from over, Williamsport scored five runs to edge Catoctin, but another homerun by Bryant tied up the game going into the fifth. With no runs scored in the fifth, Catoctin went

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SPORTS

on to put both Bryant and Smith on second and third with two outs. Persinger stepped up to the plate. She hit a home run, giving Catoclin the advantage they needed to close out the game. The game ended 9-6, Catoclin.

In their next game on the 17, the girls played Mountain Ridge. The Cougars established their dominance early on, with Persinger hitting a two RBI triple. Bryant followed suit in the second inning, hitting for a two RBI single. Smith brought Ashley Mayton home to bring the score to 5-0 going into the third. Catoclin's offense slowed down a bit, scoring nothing in the third. Mountain Ridge's #11 Tessa Lutton hit a triple, to give the Miners a chance to score, but she was left stranded on third base. The Cougars solidified the gap by scoring two runs in the fourth. Even though Mountain Ridge had a solid fifth inning, putting two runs on the scoreboard, they could not catch up. The two teams went on to score on more runs each, before the game was called early 8-3, Catoclin.

On Friday, May 19, the South Carroll Cavaliers traveled to Catoclin for an early afternoon match-up to determine who would be the 2A West Regional Softball Champion. For the game, both teams sent their aces to the mound; #2 Chloe Sharman for South Carroll and Jessica Bryant for Catoclin. South Carroll began the game with a pair of baserunners on a couple of infield singles. Two runs came in to score thanks to a double by #10 Lyndie Hoff that fell in front of Catoclin's center fielder, Michaela Persinger. Bryant escaped the inning without further damage and got a run back for Catoclin in the bottom of the first with a long homerun to left field. South Carroll batted around in the second, scoring a run each on a fielder's choice groundout by #12 Morgan Alder, and a base hit from #9 Sydney Ruckel. South Carroll led 4-1 after one and a half, and continued to until the bottom of the fourth as both Bryant and #2 Sharman put a few goose eggs up on the scoreboard.

The bottom of the fourth inning began with back-to-back singles from Bryant and Catoclin's clean-up hitter, Reagan Smith. That brought Persinger to the plate, who hit a homerun just over the right-center field fence. The many fans who came out to support Catoclin erupted in cheers. Catoclin continued to bat around, but failed to score despite having runners on second and third and no outs. The inning ended on a controversial double play as Catoclin's Grace Mazaleski was ruled to have left third base early on a sacrifice fly after an appeal from South Carroll.

To compound issues, Catoclin gave up a run in the top of following inning, partially due to a throwing error by Smith, Catoclin's catcher. The game remained 5-4 South Carroll into the top of the last inning, but the Cavaliers were able to tack on an extra run thanks to a throwing error by Catoclin's third baseman, Madelyn Krantz. The Cougars came to bat in the bottom of the seventh, with three outs to work with, needing two runs. Catoclin's leadoff hitter, Allison Laroche took one for her team, getting hit with an 0-2 fastball. That was followed by a fielder's choice groundout to short to get out Catoclin's right fielder, Ashley Mayton, bringing Bryant to the plate. Bryant worked a long seven pitch at-bat against #2 Sharman and was rewarded, blasting a two-run shot to center to tie the game. Catoclin failed to secure a walk-off win in the inning, and the game progressed into extras.

In high school softball, teams begin extra innings with a baserunner on second. South Carroll was able to bring the runner on second as well as another run in to score due to two errors: one by Persinger and one by second baseman Jessica Wood. Catoclin continued to fight in the bottom of the inning, loading the bases with two outs. That brought Laroche to the plate, who fought during a hard eight pitch at-bat that ended with her grounding out to second to end the game 8-6, South Carroll and Catoclin's amazing playoff run.

Cougars sign collegiate intent letters



Back row: Neil Metzgar, Head Boys Lacrosse Coach; Keith Bruck, Assistant Head Athletic Director; Bernard Quesada, Principal; Kevin McMullen, Head Athletic Director; Scott Motter, Head Girls Track & Field Coach; Jessica Valentine, Head Softball Coach; Front row: Jeff Entwistle, Assistant Boys Lacrosse Coach; Keith Dorsey, Lacrosse, Tennessee Wesleyan; Brandon Benitez, Lacrosse, Keiser; Kia Braithwaite, Track & Field, Clarion; Michaela Persinger, Softball, McDaniel

Edison Hatter

On the afternoon of Wednesday, May 24th, four Catoclin High School senior student-athletes signed their letters of intent

The four signees were Keith Dorsey, starting goalie for the varsity boys lacrosse team, Brandon Benitez, starting attacker for the varsity boys lacrosse team, Kia Braithwaite, sprinter and hurdler on the track and field team, and Michaela Persinger, starting center fielder on the varsity softball team. Keith Dorsey will be on his way to Tennessee Wesleyan University to continue his lacrosse career. Dorsey had a fantastic season this year, highlighted by a game against Frederick County lacrosse powerhouse Oakdale in which he only allowed two goals. Brandon Benitez, also a member of the varsity boys lacrosse team, will continue his lacrosse career at Keiser University in Florida. Benitez also had

an outstanding year, netting a hat trick against Urbana and St. Maria Goretti and putting up an "assist hat trick" against Tuscarora. Catoclin is the second smallest school in Frederick County, making it difficult for athletes to get recognition and be able to continue their athletic career in college. Interestingly, Tennessee Wesleyan and Keiser played against one another in a non-conference game this past season. Both Dorsey and Benitez are excited about the possibility of getting to play against one another in college. Kia Braithwaite will continue her running career at Clarion University in Pennsylvania. Braithwaite is a three-season athlete, running cross country, indoor track, and outdoor track. Her greatest moment this year came at the end of April, in Philadelphia during Penn Relays, an elite east coast track meet. She split a 62.28 second 400 meter leg on the 4X400 meter relay team that broke that school record (4:05.80). Michaela Persinger will be staying local, taking her soft-

ball talents to McDaniel College. Persinger was the starting center fielder for the Cougars this year and a key part of the team that reached the state final game last year. While the softball team's season came to an end in the 2A West Regional Final this year, they may not have gotten that far had it not been for Persinger. She hit a three-run homerun in the bottom of sixth in the Cougars's first round game against Williamsport that broke a 6-6 tie and provided the winning runs for the Cougars. McDaniel College had been on her radar since freshman year and she made the decision to attend McDaniel in the middle of last year. She knows some of the members on the team and feels it will be the right fit for her. Coaches of the athletes, Neil Metzgar and Jeff Entwistle for boys lacrosse, Scott Motter and Ryan Lenhart for track and field, and Jessica Valentine for softball, were in attendance and each said a few words about their athlete(s).

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COMPLEMENTARY CORNER

Embrace your awesomeness!

Renee Lehman

Several years ago, I wrote an article titled, Lessons from Master Oogway. This article dealt with the life lessons found in the movie, Kung Fu Panda. This past February, I wrote an article titled Lessons from Kung Fu Panda 2. I love all three of the Kung Fu Panda movies! They are a series of animated martial arts movies about a clumsy, chubby, panda bear, Po, who becomes an unlikely kung fu hero. He is chosen as the Dragon Warrior (who protects the Valley of Peace) by Master Oogway, and then undergoes martial arts training by Master Shifu.

In Kung Fu Panda 3, Master Shifu announces that he will no

longer be the martial arts teacher. Po will now be teaching martial arts. Po also witnesses Master Shifu harnessing Qi to make a flower bloom. Po has a poor debut as the new martial arts teacher, and tells Master Shifu that he will never be a good teacher like Shifu. Master Shifu replies that he's not trying to turn Po into himself. Master Shifu is trying to turn Po into Po.

Po's long-lost panda father suddenly reappears. Po is then taken to a secret panda paradise where he learns to train his fellow pandas to fight the supernatural villain Kai, who has been taking the Qi of all of the great kung fu masters. Kai can only be stopped by a true Master of Qi. Po and the

pandas must rediscover their mastery of Qi that has been long forgotten.

The wisdom from Kung Fu Panda 3 is timeless and noteworthy. Here are some quotes that are very inspirational.

"Time is an illusion, there is only the now." – Master Shifu

Do you realize how frequently your mind wanders? Many of our waking hours are spent either thinking about the future or our past. We even spend time constructing our future based on our past. Does this sound like something that you do? Focus on this moment in time, because this is the only time that you have. Focus on what you can do right now. You cannot change the past, and you cannot predict the future. Remember this quote from Kung Fu Panda: "Yesterday is history, tomorrow is a mystery, and today is a gift... that's why they call it the present." Live in the moment.

"Get ready to dance... with danger!" – Panda Mei Mei

In order to become a successful person, you must learn to embrace and endure life's changes and challenges. "Dance" with issues, problems, and hardships. At a spiritual level, everything happens for a reason. Use everything that happens to you to help mold you into the person you aspire to be.

"Before the battle of the fist comes the battle of the mind." – Master Shifu

As Lao Tzu said, "Knowing others is intelligence; knowing yourself is true wisdom. Mastering others is strength; mastering yourself is true power." (Tao Te Ching, Chapter 33) The Mind in Traditional Chinese Medicine consists of your thinking, emotions, beliefs, consciousness, etc. Your be-

"There is always something more to learn."



liefs and way of thinking shapes your life. Choose to think positively. People who are extraordinary know themselves and master their thoughts.

Quote #4: "Your real strength comes from being the best you can be. Who are you? What are you good at? What makes you, you?" – Kung Fu Panda

We all have gifts. What are yours? Do you share those gifts with others? When you discover your gifts and use them... Watch out world! By following your heart, you can accomplish so much in life!

"There is always something more to learn. Even for a master." – Master Oogway

No matter how much we know on a particular subject or how good we are at something, there's always something for us to learn. Commit and be open to life-long learning. The Universe presents us with endless possibilities and opportunities for continued learning and mastery.

"If you only do what you can do, you'll never be better than what you are." – Master Shifu

As Albert Einstein said "If you always do what you always did, you will always get what you always got." Want a different outcome? Do something different! Be

open to making changes in your life. Think outside of the box. Be willing to shed preconceived notions about yourself! As Lao Tzu said, "When I let go of what I am, I become what I might be."

"When will you realize? The more you take, the less you have." – Master Oogway

As Lao Tzu wrote in the Tao Te Ching, Chapter 46: "Great trouble comes from not knowing what is enough. Great conflict arises from wanting too much. When we know when enough is enough, there will always be enough." Make a decision to give to others. Practice random acts of kindness, lend an ear or a hand, and give joy.

"If you want to become full, let yourself be empty." - Lao Tzu

"Embrace your awesomeness!" - Kung Fu Panda

So, if you have not seen the Kung Fu Panda movies yet, please watch them! And, if you have already seen them and are a fan of the movie like me, go ahead and watch them again to discover many other words of wisdom that you may have missed!

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.



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FITNESS AND HEALTH

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Linda Stultz
Certified Fitness Trainer

I have written about the importance of an active lifestyle in almost every article because it is so essential to a long, healthy way of life. Sitting is the fastest way to lose energy, flexibility, strength and a sharp mind. Leading a sedentary lifestyle is easy to do but it is one of the habits that will take away your ability to live the life you enjoy. We all have to make adjustments in our workload and activity level when a change in

our lifestyle occurs.

I recently fractured my ankle and am not able to put any weight on it for six weeks. This injury has taught me how hard it is to follow my own advice that I have been giving to my clients. I have been trying to exercise my upper body with strength training and exercising my legs as much as possible. It is challenging to find ways to use your muscles when you can not walk or put weight on your leg.

I realize sometimes health problems affect how much we can do and may slow us down

faster than we anticipated. Even if you find yourself facing something you did not intend, try to find a way to keep motivated and do whatever you can to get some exercise. Moving will usually help you feel better and get back on your feet a little faster, even if you can only start slowly.

Getting an injury or getting older cannot be slowed down but feeling older definitely can. Regular exercise like walking, swimming, dancing and golfing will keep your muscles and bones in good shape. Going to the gym or meeting friends for

an outing will keep you active in both body and mind. Seniors who participate in organized activities like going to the senior centers, playing cards, bowling or anything that gets you out of the house and involved with others seem to have more energy and feel younger.

Everything I have been writing is not just geared toward seniors. Everybody, no matter what age needs to exercise and lead an active lifestyle in order to keep their health thriving. Children, teens, adults and seniors will all benefit from keeping busy and

moving. The sooner you start moving the longer you will be able to live the active life you enjoy and be able to keep going with ease as you age. I can't wait until I can go for a walk or ride the recumbent bike. My energy, muscles and mood all need a boost right now.

Any questions or ideas please contact me at 717-334-6009. Remember, Keep Moving, You'll be Glad You Did.

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Anytime Fitness raises \$1,600 for charity

On April 29, Anytime Fitness Thurmont held its first Annual Inaugural Anytime Fitness 5K race. The day began with foreboding weather and some spitting of rain, but as soon as the runners were ready to take off at 9 a.m., the skies cleared up. 110 runners attended the 5K, and all went smoothly, minus one small mishap with a malfunctioning air horn, said Anytime Fitness owner, George Puvell. "We got the crowd all hyped up and ready to go, pressed the button on the air horn, but instead of a grand alarm as expected, the horn simply fizzed." The crowd couldn't help but laugh though, and the rest of the event continued on smoothly.

Puvell noted that the slight air horn mishap was laughable and in a sense meaningful to him, because it reminded him of the type of prank his late daughter, Samantha would have played. In 2011 the Puvell family lost their nine-year-old daughter to the fight against cancer. The journey that the Puvell family went through during the nine-year battle inspired them to host an event to benefit the Ronald McDonald House of Greater Washington.

The Puvells spent a lot of time at the Ronald McDonald house while their daughter was fighting

cancer, and during that time they met many of these struggling families. "The Ronald McDonald House provides families with the comfort and peace of mind and allows them to unburden themselves with some stress while allowing them to focus on the care of the child," said George Puvell. It was he, and his families' intent to do something to continue supporting this charity, further helping other families receive the comfort that they, themselves, received.

"When we were going through the fight for cancer, we were so blessed by the community. Friends and members of the community were so supportive. We knew that we wanted to find a way to give back in any way that we could." This was the first year the 5K was held, but with outstanding support from the community, it

was a tremendous success. Anytime Fitness raised \$1,600, which will cover the cost of over 100 nights for families fighting children's cancer.

Puvell wanted to thank all the sponsors for the event, who graciously donated \$100 each as well as all the participants who attended the event. "The sponsors didn't even bat an eyelash," Puvell said, "when asked if they would consider being sponsors, they were more than willing to show their support. The generosity of these sponsors covered a significant amount of the costs to get the event off the ground."

The event also would not have been possible without the work from the dedicated team at Anytime Fitness. John Grim, Jason Blough, Jordan Stouch, Melissa Borns, Bette Troxell and Melissa Stotlemeyer were all key players in making this

event a success. Vince Testa from the Thurmont Police Department and the Guardian Hose Company also lent their services for the event.

Anytime Fitness in Thurmont has been avidly involved in the community of Thurmont, always looking to give back to a community that has showed them so much support. Staff members have been involved with

the local food bank, blood drives, CPR classes and self defense classes. Hosting the first Inaugural 5K event is just another way that Anytime Fitness in Thurmont will continue giving back.

Puvell said he looked forward to holding the 5K event next year. He hopes to continue building on the event every year, contributing to the Ronald McDonald House and many other charities.

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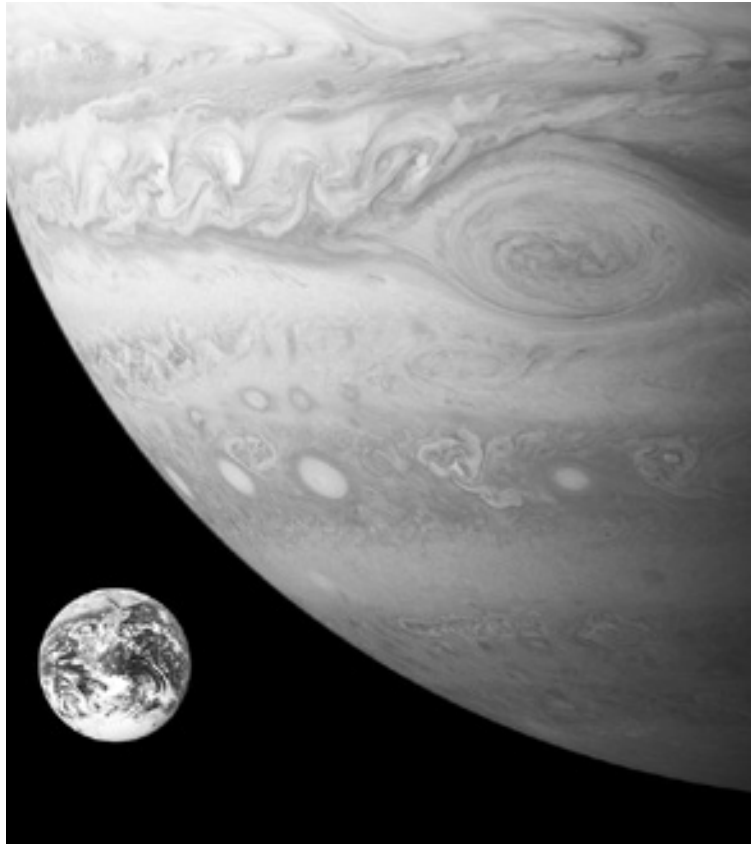
The night sky of June

Professor Wayne Wooten

For June 2017, the Moon will be first quarter on June 1st. The waxing gibbous moon will pass two degrees north of Jupiter on June 3rd for our Pavilion gaze. The Full Moon, the Honey Moon, is on June 9th. It will be three degrees north of Saturn, which itself lies opposite the sun at opposition only six days later. The Moon is last quarter on June 17th. The waning crescent moon passes two degrees south of brilliant Venus in the dawn sky on June 20. The summer solstice occurs just before midnight on the same day; this is the longest day, with about 14 hours of daylight locally. The Moon is new on June 23rd; two more new moons until the total solar eclipse of August 21st!

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spotting specific deep sky objects. For a detailed map of northern hemisphere skies, about May 31st visit the www.skymaps.com

website and download the map for June 2017; it will have a more extensive calendar, and list of best objects for the naked eyes, binoculars, and scopes



At about 89,000 miles in diameter, Jupiter could swallow 1,000 Earths. Vibrant bands of clouds carried by winds that can exceed 400 mph continuously circle the planet's atmosphere. Such winds sustain spinning anticyclones like the Great Red Spot -- a raging storm three and a half times the size of Earth, located in Jupiter's southern hemisphere.

on the back of the map. There is also a video exploring the June 2016 sky from the Hubble Space Telescope website at: http://hubblesite.org/explore_astronomy/tonights_sky/.

As June starts, Mercury is briefly visible in the dawn sky, but the dawn belongs to brilliant Venus, which reached greatest western

elongation, 46 degrees in front of the rising sun, on June 3rd. Mars lies behind the sun for the next two months, but a year from now, will be at opposition, the best view of it since 2003. Jupiter is well placed for evening observers in Virgo, just west of Spica. It is the brightest evening planet out now, and any small scope will also spot its four Galilean moons. Our featured photo this month is the Great Red Spot is unusually red now, and should also be spotted among its clouds at 100X with even small scopes.

But in the SE, Saturn, just

north of the tail of Scorpius, is a great show all night. It comes to opposition, rising in the SE at sunset, on June 15th. Saturn's rings are now open about 27 degrees at its solstice. You may also see some belts and zones on the planet's disk. The largest, Titan, will be seen in any small telescope, but others will need larger scopes to spot. Again, you can get great views and shots of it at our beach gazes now!

The winter constellations are being swallowed up in the Sun's glare, but you might spot Sirius low in the SW as June begins. Sirius vanishes into the Sun's glare by mid-June, and this sets the period as "Dog Days", when Sirius lies lost in the Sun's glare. In reality, Sirius is about 20x more luminous than our star, but also lies eight light years distant, while our star is eight light minutes away from us.

The brightest star in the NW is Capella, distinctively yellow in color. It is a giant star, almost exactly the same temperature as our Sun, but about 100X more luminous. Just south of it are the stellar twins, the Gemini, with Castor closer to Capella, and Pollux closer to the Little Dog Star, Procyon. By the end of June, all the winter stars, like Sirius, are vanished behind the Sun.

Overhead, the Big Dipper rides high. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west.

If you drop south from the bowl of the Big Dipper, Leo the Lion rides high. Note the Egyptian Sphinx is based on the shape

of this Lion in the sky. Taking the arc in the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring.

Spike south to Spica, the hot blue star in Virgo (with Jupiter now to its upper right), then curve to Corvus the Crow, a four sided grouping. It is above Corvus, in the arms of Virgo, where our large scopes will show members of the Virgo Supercluster, a swarm of over a thousand galaxies about 50 million light years away from us.

To the east, Hercules is rising, with the nice globular cluster M-13 marked on your sky map and visible in binocs. This rich cluster is one of the top telescopic sights in good sized scopes. Several other good globular clusters are also shown and listed on the best binoc objects on the map back page.

The brightest star of the northern hemisphere, Vega rises in the NE as twilight deepens. Twice as hot as our Sun, it appears blue-white, like most bright stars. Its constellation, tiny Lyra, looks like a parallelogram just south of Vega, but was the harp of Orpheus in Greek legends

In the southeast, Antares rises about the same time as Vega does, in the brightest of all constellations, Scorpius. Antares appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Saturn lies north of the stinger tail of Scorpius, on the border of the teapot shape of Sagittarius rising in the SE after sunset.

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Farmers' Almanac

"I wonder what it would be like to live in a world where it was always June."

—L. M. Montgomery (1874-1942)

Mid-Atlantic Weather Watch: Severe storms (1, 2, 3); fair and very warm (4, 5, 6, 7). More severe storms (8, 9, 10) turning fair and very warm again (11, 12, 13, 14, 15, 16). storms (17,18,19) with fair and very warm weather (20, 21, 22); storms (23, 24, 25) Fair and hot (26, 27, 28, 29, 30).

Full Moon: June's Full Moon will occur on Friday, June 9th. Because roses start to show their gorgeous blooms at the beginning of the month, it has called Rose Moon. It has also been referred to as Strawberry Moon because the first strawberries of the season become ripe for the picking (and eating!) in June

Special Notes: Summer official starts with the Summer Solstice that occurs on Wednesday,

June 21st. For all of you eager fishermen, remember that many states allow fishing without a license during certain days of June. Check with your local fishing shop or your state's Department of Natural Resources for specific dates and good luck!

Holidays: Fly "Old Glory on Flag Day, Wednesday, June 14th! Father's Day is Sunday, June 18th. Make his day special. Remember, he is the guy who a) paid for 4 years of college, b) paid for a really nice wedding, c) helped you finance that new (fill in the blank), or d) All of the above!

The Garden: Transplant when the rainy season starts but remember that working in the garden when plant leaves are wet can spread many diseases. Lawns should get 1.5 inches of water a week. If Mother Nature is stingy, water deeply once or twice a week but not daily. Here's a good tip: spray the underside of your mower with a thin coating of vegetable

oil to prevent grass from sticking. Continue to pinch flowers up until the beginning of July.

Check the underside of rose leaves for rose slugs and watch for scale infestations on Euonymus and pachysandra. Be sure that all tall annuals and perennials are securely staked so that they will remain upright during the afternoon thunderstorms that are so common for this time of year. Tick-proof your yard this summer. Deer are likely to bring ticks into your space so plant species that deer do not eat like the thorny barberry, bugleweed, forsythia, foxglove, and most needle-leaved conifers. Always remember that when working outside in hot sun for any prolonged period of time, be sure to take salt tablets, drink plenty of water, and take frequent breaks in the shade.

J. Gruber's Thought For Today's Living

"Gardens are for all ages: to the young, for hope of the future; the elderly for fond memories of the past, and for those in between, the rewards of a better life, now"

COMPUTER Q&A

Facebook basics – let's get social!

Ayse Stenabaugh
Jester's Computer Services

Learning how to use Facebook can be intimidating at first, especially if you are not the most computer savvy person. Friends and family can sometimes explain how something works so quickly that we can feel left behind. It certainly helps to have some patient guidance when learning and if you are interested in learning Facebook basics, the upcoming seminar presented by Jester's Computers may be just what you need to get started. Below we have shared just a few of the many features and tips that are provided in our upcoming seminar.

Creating your account

When you set your account up you will want to make sure you provide 100% accurate personal information. You will be asked to provide your email address or phone number as well as your name, date of birth and you will be asked to choose a password for your account. Once the account is setup Facebook will send a verification code to the email or phone number you provided which you will need to enter on Facebook's website. This verifies that you are not a robot lets Facebook know that you have provided them with a valid email or phone number. If you forget your password or get locked out of your account, you will use your email or phone number to receive a code to unlock your account. If you forget to update your phone number or email address and it is no longer valid, you will need to provide proof of your identity which is why you want to provide accurate personal information. It is against Facebook's terms of use to provide false information during the creation of your account, this is mostly to prevent people from posing as someone else.

Privacy

Facebook has many settings that allow you to control the privacy of the information you are sharing. You can share your pictures or posts so that only your Facebook friends can see them. When creating a post or sharing a picture be sure to check the privacy settings at the bottom of the post before posting your content. You can change each individual post by clicking the button to the left of post and choosing the audience you would like to share your content with. Those who sign up for Facebook and are between the ages of 13 and 18, will not have the ability to post publicly they will only be able to post things their Facebook friends can see.

Editing/Deleting a post

If you make a mistake or decide maybe you shouldn't have posted something to Facebook after all, you can delete or edit your post. First locate the post you wish to

update and press the downward facing arrow in the top right corner of that post. You will see the option to edit or delete your post from here. Keep in mind that people may have already seen your post. If you choose to edit your post there is a way for people to see changes you have made to your post. If you prefer not to allow people to see the changes then it's best to delete the post and create a new one!

Notifications

When you first sign up for Facebook you will begin receiving emails that alert you on Facebook

activity involving you and your Facebook friends. This can quickly become overwhelming and some people stop using Facebook all together just to get rid of the emails that are flooding their inbox.

There is a better way! You don't need to have any emails sent to you from Facebook at all – you just need to know where to go to turn them off. When you are on Facebook.com on your computer, look for the downward facing arrow in the top right corner of the Facebook page. The arrow is found right beside the help question mark. Once you click on the arrow

a menu will appear and you should choose settings. Once you are on settings you will see a notifications tab appear on the left. Clicking this tab will allow you to edit your notification settings not only for email but for your cell phone too if you have one added to your account. On a mobile device look for the three horizontal lines in your Facebook app then scroll to the bottom and choose account settings, then notifications.

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UPCOMING EVENTS

June 2 - 4
24th Annual Frederick Festival of the Arts. This event is held along Carroll Creek Linear Park in the heart of Historic downtown Frederick. For more information, call 301-662-4190.

June 2
Hollabaugh Brother's Kids' Date Night with Mom or Dad, featuring a family-friendly Comedy/Magic Show from "Insanity Factor" followed by yummy snacks and great music!! For more information call 717-677-8412 or register online by visiting www.hollabaughbros.com.

June 3
National Trails Day at Cunningham Falls State Park - William Houck Area. Free and open to the public. For more information, call 301-271-7574.

D-Day Living History Encampment at Eisenhower National Historic Site. WWII living historians will portraying units that landed on the Normandy Beaches on D-Day. Visitors will have an opportunity to learn about the D-Day invasion and Eisenhower's relationship with the troops through a hands-on experience with equipment and uniforms.

The program will be presented at 10:15 a.m., 12:15 p.m., and 3:15 p.m. For more information call 717-338-9114 or visit the website at www.nps.gov/eise.

Springfield Winery and Distillery's Pig Roast fundraising event for the Shriner's Hospital for Children. All proceeds from the sale of the food go to the Shriner's Hospital for Children. Cost of the meal is \$15.00. Live music will be by Sonorous. Tickets may be purchased in advanced Springfield Winery and Distillery's webpage or may be purchased at the door.

June 8, 9 & 10
Gettysburg Brass Band Festival. The 2017 brass festival will be held on the Main Stage at the Lutheran Seminary with the Adams County Community Band and The Gettysburg Big Band. This free event is organized by volunteers in partnership with the Lutheran Seminary Music, Gettysburg! For more information call 717-334-4576 or visit www.gettysburgbrassbandfestival.com.

A full afternoon and evening of music begins at noon, Satur-

day June 10th on the Gettysburg Tours Main Stage and Hill Unger Stage on the historic grounds of the Lutheran Theological Seminary on Seminary Ridge. The festival hosts several North American Brass Band Association Champions (NABBA) including the 2017 National Champion, New Jersey's Atlantic Brass Band and 2017 North American Brass Band Association Section 2 Champion, the Rockville Brass Band! Past Champions include the Chesapeake Brass Band (Delaware) and Spires Brass Band (Maryland). Also included in Saturday's lineup, Benfield Brass Band from Maryland, the Brass of the Potomac from Virginia, the Syracuse University Brass Ensemble and the Dixieland Express from Lancaster, Pennsylvania. The Gettysburg Brass Band Festival closes with the moving "Taps" Tribute as buglers bring honor from historic sites on the Gettysburg battlefield.

June 10
MorningStar Family Church's fourth annual Giveaway Day in Thurmont. For those of you who are new to this event, it's just like a yard sale except every item is ab-

solutely free! This event is open to the general public. No dealers, retailers, or wholesalers. Nothing is for resale. The event and items are for those who have a need. We are accepting donations through June 7. If you have any questions, email us at contact@morningstarfc.org

Hollabaugh Brother's Ladies' Summer "Luau-themed" Tea and craft mini-workshop to celebrate the beginning of summer. We'll start with an informal tea, featuring delicious recipes and baked goods. After we have time to chat with your friends and new acquaintances, we'll conclude our gathering by creating a craft to add a touch of the season to your home. To register, call 717-677-8412 or visit www.hollabaughbros.com to register online!

St. John's Lutheran Church's benefit dinner. Fried Chicken and Spiral Ham Dinner, Sweet Potatoes, Green Beans, Garden Lettuce, Rhubarb Sauce, Apple Sauce, Rolls, Coffee, Iced Tea and Coffee. Dinner Benefits Cindy Heilman. For more information please call 301-304-2507. 8619 Blacks Mill Road, Creagerstown.

Mt. Tabor Church of Rocky Ridge will hold a festival at Mt. Tabor Park, home of the big slid/ Come enjoy good home-cooked food: Soup, Sandwiches, Iced Tea and Ice Cream & Strawberries. Music by "River Bend Band." Come join us in Christian Fellowship - surely a good time for everyone of all ages.



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BENEFIT DINNER
St. John's Lutheran Church Parish Hall
8619 Black's Mill Rd., Creagerstown, MD

Fried Chicken & Spiral Ham Dinner
Sat., June 10, 2017 - 12-5 p.m.

Menu: Fried Chicken, Spiral Ham, Sweet Potatoes, Green Beans, Garden Lettuce, Rhubarb Sauce, Apple Sauce, Rolls, Cake, Iced Tea and Coffee

Adults: \$16 Under 12: \$8 Under 5: FREE
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UPCOMING EVENTS

Thurmont Main Street clean-up from 9:30-11:30 a.m.. Be a part of Team Clean to help keep Main Street looking Sweet! Meet at J. Rothrock Outfitters (3 East Main Street) at 9:15 a.m.. After the clean-up enjoy complimentary pizza & cold drinks! For more info contact Thomas at tkesten@mtb.com

June 11
Music, Gettysburg! presents American Songbook. Wayne Hill, Michael Matsinko and special guests return, this time presenting the greatest hits of Irving Berlin and Jerome Kern, plus the melodies of WW2. For more information call 717-338-3000 or visit www.musicgettysburg.org

Concert on Thurmont's Memorial Park featuring the Spires Brass band.

June 12
Mackenzie's Light bereavement & drug awareness groups invite the public to a free picnic at the Thurmont Community Park Large Pavilion. Anyone impacted by family loss or drug abuse is welcome. Call 301-524-8064 or 240-288-1300 for more information.

June 12 - 17
Taneytown Volunteer Fire Company Carnival. For more information call 410-596-4994.

June 14, 21 & 28
Hollabaugh Brother's "Read, Learn, Grow!" summer program series. Kids (ages 3-8) who participate in our Read, Learn, Grow program will: Enjoy story time each Wednesday morning with books on farming, fruits, veggies, insects and more; Immerse themselves on the farm, visiting different areas pertinent to the book of the week; Participate in an activity and take home something special each week - from hand-picked fruit to a handmade craft; Learn not only about agriculture, but also how fun it is to read! For more information call 717-677-8412 or visit our website at www.hollabaughbros.com.

June 15
Hollabaugh Brother's "Orchard Photo Walk" for photographers of all experience levels, through our beautiful orchards and farmland. An experienced photogra-

pher will guide you on a stroll through our orchards, providing tips and techniques so you can capture the most beautiful photos possible! Registration is required, so call 717-677-8412 today or register online by visiting www.hollabaughbros.com. Amateurs welcome! We hope to see you there!

June 16
6th annual Emergency Services Golf Tournament to benefit the Fairfield and Fountaindale Volunteer Fire Departments. The event will be taking place at the Carroll Valley Golf Course at Liberty Mountain. Registration deadline: June 12, 2017. To register your team call Sarah Ginn at 717-729-1998.

June 17
61st Annual New Oxford Antique Market & Craft Show. This is the longest continuous running antique show in the Country. 200

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June 17 & 18
Springfield Manor Winery & Distiller Lavender Festival. Join us for a day in the lavender field. Enjoy picturesque views, vendors, live music, food, wine, and handcrafted distilled spirits. Relax in the fragrant field, photograph the scenery, and shop the artisan vendors. Gifts, plants, fresh & dried lavender, and cut your own bundles will be available for purchase. All adults and children over 2 years of age require tickets. Ticket covers a single day entry to festival. Advanced ticket purchase required. All ticket sales are final and event will be held rain or shine. Space is limited - purchase your ticket today.

June 21
Penn State Master Gardeners of Adams County Garden Chats at the Ag Center, 670 Old Harrisburg Road, Gettysburg, to learn about the plants in our gardens. There is no fee for this garden tour! Come enjoy our gardens and get ideas for your own landscape! For more information call 717-334-6271.

June 24
Pennsylvania Cider Festival. Taste the best of Pennsylvania's ciders at this exciting festival. Live music,

demons, samples, food and shopping are waiting for you in Pennsylvania's apple country. Home to over 30 cideries and ranked 4th in the country for apple production, Pennsylvania is celebrating cider in a big way with a statewide festival. Saturday's festival will welcome cider makers from all over the state to showcase their ciders, provide samples and to sell product to ticket holders. Activities will include special seminars from cider experts focusing on apple pressing, cider apples, cider pairing and tasting tips. With live music and orchard tours, Adams County orchards will offer a picturesque backdrop to taste the finest PA-produced ciders. Taking place rain or shine (no refunds), the festival will also feature foods for purchase from local food trucks and vendors. For more information call 717-334-4888 or visit www.paciderfest.com.

Emmitsburg Community Heritage Day Festival.

June 26 - July 1st
Harney Volunteer Fire Company Carnival. New this year come and ride the Mechanical Bull Ride. Inflatable Rides, pay one price for rides all night Weekly nightly Bingo all week in air condition. Chances on Big Money Drawing for Fire Company and Ladies Auxiliary!!!

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The Mount Celebrates a Stellar Academic Year

Mount St. Mary's University student **Brigid Flay, C'17** (right), was recently selected as a finalist for a 2017–18 Fulbright English Teaching Assistant (ETA) Program Award to Kazakhstan through the Fulbright U.S. Student Program.

Earlier this year Mount St. Mary's students **Samantha Solis, C'16** (left), and **Alyse Spiehler, C'17** (center), were also named Fulbright ETA finalists to Argentina and Mexico, respectively. The addition of Flay means the Mount's only three applicants have all received the award. Last year only one institution in the nation had a perfect 100 percent success rate with at least three applicants.

The Fulbright U.S. Student Program is designed to provide research, study and teaching opportunities through grants in over 140 countries to recent graduates and graduate students.

Recently the Mount has also learned that students **Elizabeth Boyle, C'19**, and **Sydney Johnson, C'19**, have been selected for Fulbright Summer Institute programs. Through the US-UK Fulbright Commission, these programs offer participants the opportunity to visit a world-renowned U.K. university for an immersive, exciting academic experience, learn about the culture, heritage and history of the region, and come away with enhanced research, presentation and communication skills.

This academic year has also been punctuated by the academic success of several Mount alumni.

- **Nancy Abu-Bonsrah, C'12**, and a member of the honors program, became the first African-American female neurosurgery resident at Johns Hopkins University School of Medicine.
- **David Ginty, Ph.D, C' 84**, the Edward R. and Anne G. Lefler Professor of Neurobiology at Harvard Medical School, has been elected to the National Academy of Sciences (NAS) for his "distinguished and continuing achievements in original research." Ginty was also the keynote speaker at the Mount's annual academic celebration known as the SPARC Festival in April.
- The Palmieri Center for Entrepreneurship was recently established with a \$1 million donation from **Paul Palmieri, C'92**, and **Diane Loiello Palmieri, C'83**. The Palmieri Center for Entrepreneurship will provide interdisciplinary, co-curricular programs focused on entrepreneurship.

To read more about the academic achievement of these Mount scholars visit www.msmary.edu.

Summer Swim Lessons at The Mount

Learn about water safety and how to swim this summer! The instructional swimming program offers progressive swimming curriculum for children ages six months to 14 years.

For more information about class times and to register visit www.msmary.edu/aquatics.



www.msmary.edu



Summer Hours:
9 a.m.–4:30 p.m. (Gates close at 5 p.m.)

Worship Opportunities

All Masses held at noon

June 3 First Saturday Devotions, noon in St. Mary's Chapel

June 4 Outdoor Grotto Mass, noon at the Grotto Cave

June 10 Weekend Mass and Our Lady of Lourdes Rosary Crusade, 10:30 a.m. at the Grotto Cave

June 11 Weekend Mass

June 17 Weekend Mass

June 18 Father's Day

Reconciliation, 11 a.m. in the Confessional near St. Mary's Chapel

Mass, noon in St. Mary's Chapel

June 23 The Sacred Heart

Reconciliation, 11 a.m. in the Confessional near St. Mary's Chapel

Mass, noon in St. Mary's Chapel

Exposition with novena & prayers to the Sacred Heart of Jesus, 12:30 p.m.

June 24 & 25 Weekend Mass

June 27 Our Lady of Perpetual Help

Reconciliation, 11 a.m. in the Confessional near St. Mary's Chapel

Mass, noon in St. Mary's Chapel

University Calendar of Events

PNC Sports Complex

Summer Hours:

Monday–Friday, 6 a.m.–8 p.m.

Saturday, 8 a.m.–5 p.m.

Sundays, closed

PLEASE NOTE: Mount St. Mary's will host high school graduations on June 1, 2, 5 and 7. The ARCC will remain open – however parking will be very limited. For more information, pool hours and fitness class schedules visit www.msmary.edu/recreation.

Elizabeth DiNunzio Memorial

5K Fun Run/Walk

Saturday, June 3, 8:30 a.m.

Register at

www.alumni.msmary.edu/dinunziurun2017