

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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Mount searches for permanent President

The Mount community received an email from Mary Kane, Chair of the Board of Trustees, on February 3, announcing the appointment of a Presidential Search Committee. This committee will work to submit one or more nominations for the position of permanent president of the university to the Board for action at its June meeting. Members will consult with faculty, administration, staff and students in order to reach the best possible decision for the university.

The university recently hired retired Brigadier General Timothy Trainor in August to serve as Interim President for an expected term of two years. In the email sent out to alumni, current students, faculty and staff, Kane stated Trainor has been doing a "magnificent job bringing the Mount community together." She also stated "in today's rapidly changing higher education environment, stability in leadership is critical," as reasoning for starting the search early. Trainor is being considered for the position, along

with other candidates, and intends to stay on as permanent president of the university.

"When I came to the Mount six months ago as interim president, I did so not as a caretaker but as someone who has the opportunity to help advance the university. Since then we have come together again as a community, and are working hard together to move the university forward," stated Trainor, "We have made great progress in a short time."

Trainor is the former dean of the Academic Board at the United States Military Academy at West Point and came to the Mount at the end of a tumultuous year of having former president Simon Newman resign in February 2016 after bringing national attention to the university over controversial comments on retention strategies.

Trainor has since been hard at work to make improvements and to move the university forward. Some of the initiatives he has started in his short time in office include a strategic planning process, the launch of



Mount Interim President Timothy Trainor has been warmly received by the student body. He has initiated changes that have put the Mount on the path to being one of the country's top Liberal Arts Universities while ensuring its long term success.

a capital fundraising campaign, the start of new academic programs and a partnership between the university, the Shrine Grotto of our Lady of Lourdes and the National Shrine of St. Elizabeth Ann Seton.

"The Seton Dubois initiative strives to increase visitors to the National Shrine of St. Elizabeth Ann Seton and the Grotto, which will benefit our local economy," stated Trainor, "This partnership has the potential to establish our area as a national leader for innovation in Catholic education and

in service learning to the poor and disenfranchised."

Trainor and his wife, Dr. Donna Brazil, have used their time in the area to get involved on and off campus through attending Division I and club level sporting events, visiting the Seton Shrine, meeting with Mayor Briggs and getting involved with the Emmitsburg VFW.

"My wife Donna and I feel very much at home here at the Mount and we hope to be a part of this community for many years to come."

Carroll Valley Borough building opens

On March 1st, the brand new, much-anticipated Carroll Valley Borough building opened to the public. This grand opening included the unveiling of the borough offices, the re-located Fairfield branch of the Adams County Library, and the new police department offices and facilities.

The new building, which faced some initial discontent and concern from residents of Carroll Valley, has been a project long in the making. The Borough has been diligently saving for the past ten years to ensure that this new building would not result in a financial cost to the residents. Many residents initially anticipated a future increase in their taxes to cover the cost of the \$3.599 million building, but Borough Manager David Hazlett continuously assured residents that a tax increase would not happen.

Staff and Council members experienced the structure's poor condition first hand every day and knew that starting over was really the only feasible option. Council member Ken Lundberg stated that: "the building is in poor shape; there is inadequate ventilation, black mold is in the walls, and because of poor initial construction (especially to the foundation) renovation was just not an option. Demolition was the only real answer."

However, the Borough took the residents' concerns and input very seriously because in the end the new building is meant to be shared by the community. Several plans were discussed and over time the size and cost of the building decreased.

The new building stands at 11,440 square feet, a significant decrease from the original 2015 plan of 12,686 square feet. Of that square footage, 2,878 square feet houses the borough offices; 3,789 square feet for the community center; 3,347 square feet for the police department; and the Adams County Library System's wing of the building encompasses 2,072 square feet. The borough accomplished this reduction by decreasing office space set aside for the police department, eliminating one meeting room and one conference room, decreasing the size of the library, and overall reducing room sizes. The reduction in size saved the Borough approximately \$300,000 in construction cost.

In addition to the savings seen from reducing the building size, the Borough has also received some of the hoped for grant monies. This includes a \$1 million Redevelopment Assistance Capital Program (RACP), which was received in October of 2016. This money covered the \$70,000 annual appropriation from



The new Carroll Valley Borough building opened its doors for business on March 1. This new building houses the Borough offices, the Fairfield branch of the Adams County Library and the Carroll Valley Police Department.

the general fund that had been budgeted for the building project, explained Hazlett. "We knew we'd applied for a grant, but I didn't realize what a huge impact this would have on our budget. This is a very good thing for the Borough."

The borough's funding consultant, Amy Kaufman of GMS Funding Solutions, explained that the Borough will also realize a savings of more than \$489,000 in interest payments as a result of the grant being applied to a principal pay down on the construction loan that is financing the new complex. "After paying

all consulting and related costs, the Borough will realize more than \$1.3 million in net financial benefit."

As borough staff is still in the process of finishing the move, residents are kindly asked to remain patient if phone calls and emails are not answered right away. Staff will do their best to answer as diligently as possible. The demolition of the old building is slated for March 6. Community members are invited, as always, to attend the monthly Borough Council meeting, which will be held on the 14th to see the new building.

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EMMITSBURG NEWS

Pool closed this summer

The Emmitsburg community pool will not be open this summer due to the construction of a brand new pool. The Board of Commissioners and Town staff were faced with the decision to replace the pool completely or continue with repairs. Either decision would have resulted in the inability for the Town to open the pool this summer.

The much-needed pool renovation began in November 2016, after receiving a \$217,000 grant and approval from the Board. A \$123,000 Make N Waves Inc. contract was accepted and work began later that month.

At the time of the bid, there were some unknown costs, which included the repair of the leak, as the origin of the leak was unknown. After running several tests, the Town was presented with some bad news. The tests showed several faults in the plumbing lines, and the entire plumbing apparatus was not up to code. The pool also sustained some beam damage, and an overwhelming number of cracks in the pools' plaster caused concern. Four layers of plaster were surrounding the pool, all of which would need to be removed in order to continue with the demolition.

Make N Waves representative Dylan Daugherty said that all the plumbing needed to be replaced and a new deck would need to be constructed. Unfortunately, as Daugherty not-

ed, it appeared that the job wasn't done correctly the first time, and the pool wasn't maintained properly.

To date, the Town has spent \$55,000 on the renovation. This includes the demolition thus far, special tests run, and the hiring of a leak specialist. The estimated cost of continuing repairs and demolition would be, at minimum, \$240,650, as they foresaw an estimated \$117,650 in additional costs to the renovation on top of the original \$123,000 bid from Make N Waves.

The Board was faced with the decision to continue with the renovation, or completely budget a brand new pool. Make N Waves estimated the cost of a new pool to be \$369,000. Adding in the money already spent on the project, a new pool would cost \$424,700.

The Town had to find a way to fund the remaining balance of \$207,500. Town staff presented the Board with two options: paying for the new pool in house or taking out a loan to cover the costs. Town Manager Cathy Willets noted that the Town already has ten open loans, and taking out an additional loan could incur \$11,400 to \$32,800 in interest depending on the payback option chosen. The Town could completely fund the remaining cost internally, through fund 2. There are funds set aside in several accounts, five line items of which were chosen

to pull money from for the funding of the pool renovation, if the Board were to choose this option. There is also \$23,000 left from the pool contract this fiscal year as well as an estimated \$44,000 from not having to implement a pool management system this summer.

Commissioner Tim O'Donnell asked fellow Commissioners if they wanted to see the project placed out for bid, as opposed to choosing Make N Waves' offer. Willets commented that her main concern with re-bidding the project was that Make N Waves' bid was already public, so the Town may not receive a truly competitive bidding process. Also, Make N Waves is already familiar with the project, as they have been working on it since November.

Commissioners Sweeney, Buckman and Blanchard voted in favor of the Make N Waves change order in the amount of \$369,500, and Commissioner O'Donnell voted against it.

The new pool will be completely ADA compliant including a beach entry for wheelchairs. The Board also discussed the possibility of lights around the pool or within the pool to allow for extended pool hours, and the possible addition of a sliding board. These features are not set in place, and would be an additional future cost, but could provide more of a draw for visitors using the pool.

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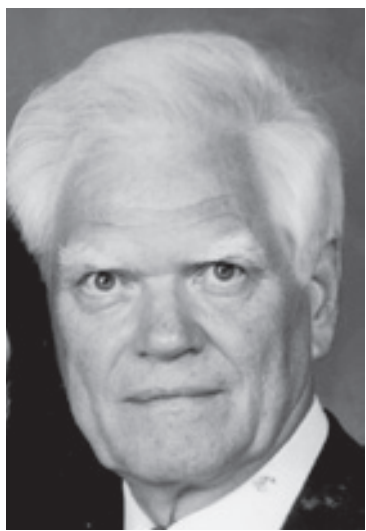
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Former Presbyterian Minister Ben Jones dies



(Magosh) Jones and his brother, Robert E. Jones, both in 1987.

He is survived by his wife, Rebecca (Hays) Jones; their children, Susan Noffsinger and husband Tim; Ann Low and significant other Kirk Winders; David Jones and wife Jane; Terree Brnck and husband Greg; Laura Weimer and husband Dan; Cindy Kelley and husband Mike; grandchildren, Tara Wynkoop and husband Doug; Laura White and husband Greg; Lauren Arbid and husband Ramzi; Ryan Low; Jennifer Jones; Daniel Alexander Jones; Kate Noffsinger; Annie Noffsinger; Lindsay Brnck; Ali Weimer; Emma Kelley; Sarah Kelley; Rebecca Kelley; Laura Kelley; great-grandchildren, Michael Wynkoop; Grayson Wynkoop; Carolyn Mercer; Alyssa Salters; brother, Henry Jones and wife Betty; brothers-in law, Thomas Hays; Robert Hays and wife Terree. And many nieces and nephews.

Ben began his education at the Maryland Institute of Fine Arts in Baltimore, Maryland. He then at-

tended and graduated from the University of Maryland, College Park. He spent the next four years at the Pittsburgh Theological Seminary. He was a pastor at churches in Pittsburgh, Hagerstown, Taneytown and Emmitsburg prior to his retirement from the ministry in 2006. He continued his painting career and his art shows at Hagerstown Community College, donating a percentage of each show's proceeds to the college Foundation to establish scholarships for students. Through Ben's faith in God and love of the arts he was able to touch the lives of so many people.

Ben was a board member of the Washington County Council of Fine Arts, an honorary board member of the Barbara Ingram School of Fine Arts, a contributor to the Washington County Museum of Fine Arts where a retrospective of his work was shown in 2011, a former board member of the Washington County Free Library, a former instructor of Sacred Studies at St. James School, and for many years, an adjunct professor in the Hu-

manities at the Hagerstown Community College.

Services will be Saturday, March 4 at 11 a.m. at St. John's Episcopal Church, 101 South Prospect Street, Hagerstown with the Rev. Peter Keith officiating. Interment will be held at Emmitsburg Memorial Cemetery, West Main St., Emmitsburg at 1:30 p.m.

Family will receive friends at the Douglas A. Fiery Funeral Home,

1331 Eastern Blvd. North, Hagerstown, on Friday, March 3 from 2 - 4 and 6 - 8 p.m..

In lieu of flowers, memorial donations may be made to the Jones Family Scholarship at the Hagerstown Community College Foundation, 11400 Robinwood Dr., Hagerstown, MD 21742, The Emmitsburg Presbyterian Church, P.O. Box 74, Emmitsburg, 21727, or The Emmitsburg Memorial Cemetery, C/O Eric Glass, 16117 Tom's Creek Church Rd., Emmitsburg, MD 21727.

Former Emmitsburg Presbyterian Minister R. Benjamin Jones, 80, passed away, Friday, February 24, at his home in Hagerstown.

Born July 20, 1936 in Sparrows Point, MD, he was the son of the late Ralph and Julia (Sellers) Jones. He was a Presbyterian minister, a teacher and an artist.

In addition to his parents, Ben was predeceased by his first wife, Audrey



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FAIRFIELD/CARROLL VALLEY NEWS

LCAC preserves 77 acres in Highland Township

In January, the Land Conservancy of Adams County (LCAC) finalized an agreement with Highland Township resident Allen Knouse to preserve his 77.5 acre property from development.

"I'm the third generation of my family to own this land," Knouse said. "My grandparents were tenant farmers on this land for five years and then they bought the whole farm. They built the home that I live in today in 1922. I still own 77 acres of what was the original farm—most of my land today is on a hill and covered with trees."

Knouse protected his land from development through the use of a conservation easement, a legal document describing the amount and kind of development a landowner chooses to allow on the land, both now and in the future. The easement is recorded with the property's deed and limits the development rights of future land-

owners in perpetuity.

"Allen Knouse's property is in the Marsh Creek watershed, which has long been a Land Conservancy priority area for preservation," said Land Conservancy Land Preservation Coordinator Sarah Kipp, who worked with Knouse to finalize his preservation project. "Being large and entirely forested, this land provides important ecosystem services such as carbon sequestration, water purification, and wildlife habitat."

While some landowners receive financial compensation in exchange for limiting the development rights to their land, Knouse chose to donate his conservation easement, meaning he received no financial compensation, though for many landowners, donating an easement can result in significant tax savings.

The Land Conservancy of Adams County is a fully accredit-



The preserved property is in the Marsh Creek watershed, which has long been a Land Conservancy priority area for preservation.

ed, member-supported nonprofit land trust with the mission of preserving the rural lands and character of Adams County. The Land Conservancy partners with lo-

cal landowners to preserve farmland, woodland, and historic and recreational spaces from development. Since its founding in 1995, the Land Conservancy has worked

with Adams County landowners to preserve nearly 10,000 acres of rural land. For more information about the Land Conservancy, visit LCACnet.org.

Carroll Valley elects new Council member

After reviewing seven applications for the empty seat on the Borough Council, residing members appointed David Lillard to fill the open position as Borough Council member. Council had to schedule a special meeting to elect a new member due to a deadlock vote between two applicants during the scheduled Borough Council meeting on February 14. The second meeting was held on February 20 and Vacancy Board member Frank Buhr-

man attended and presided over the meeting.

This special meeting was the first time in the history of the Borough that the Vacancy Board needed to gather. Before voting, Buhrman noted, "I think it's awesome that we had the number of candidates that we did." He recommended to Borough staff that they reach out to the remaining six candidates to find other positions within the Borough's committees to showcase their ideas,

as all applicants offered new and unique points of perspective that would be beneficial to the community.

Buhrman, who spoke highly of both candidates, broke the tie and voted for Lillard. Lillard currently serves as the Vice Chairman of the Borough's Planning Commission, and has been on that committee for seven years. He is also an active member of the Water and Sewer Commission. He is a teacher by profes-

sion and is actively involved in the school community, serving as a track and field coach. He noted a desire to work more closely with the Fairfield School Board to further promote education in the future generations of the community. He has lived in the Carroll Valley community for over fifteen years and mentioned how much he enjoyed the quiet, peaceful nature of the community, and believed in the importance of maintaining it in this way.

Current Council members noted their decision to vote in favor of Lillard because he showcased dedication, problem solving skills, and an ability to listen to all sides of an issue while remaining level headed and composed. It was also noted that there is both a desire and a need to have more members of the younger generation step up and take positions on the Council in order to present some fresh ideas and opinions.

Lillard will be officially sworn in at the next meeting, scheduled for March 14.

Fairfield area news-briefs . . .

Community invited to name Hamiltonban park

The Hamiltonban Township and Fairfield Borough Joint Parks and Recreation Commission is in the process of accepting name suggestions from the community for the new park that will be located at 4020 Bullfrog Rd.. The original name was Middle Creek Park, but members of the Parks and Recreation Committee wanted to offer this decision as an opportunity to get the community involved in the park. The names under consideration are: "Bullfrog Park," "Foot-hills Park," "Hamiltonban Community Park," "Middle Creek Park," and "Orchard Valley Park."

Community members of Hamiltonban Township and Fairfield Borough are invited to email their preference to the Township office at hamiltonban@embarqmail.com or call at 717-642-8509. Votes will be tallied and the winning name will be announced on May 1.

Iron Springs Plaza update

The Iron Springs Plaza bid process has been delayed due to an expired permit. Originally, as Board of Supervisors Chairman Bob Gordon mentioned, the project was in-

tended to be sent out for bid by the end of February, but this little hiccup has caused another delay. The process of getting the permit updated and approved by the Fairfield Municipal Authority is currently underway. The bid process will not begin until the permit is approved. Further information will follow as it is released.

Liberty Township begins forensic audit

A forensic audit has been issued and began January 17. The audit was filed in regard to the prior Secretary/Treasurer Shafer scandal. Gettysburg College Forensic Accountant Karen Frey was engaged for the job. The Township will be charged a flat rate of \$500 per audit, instead of an hourly charge. Residents can expect to hear any progress as it is presented to the Township staff, but there is no timeline for the audit's expected time of completion.

Carroll Valley debates yard waste removal amenity

In September of 2016 The Carroll Valley Borough Council discussed the removal of the accumulating yard waste at the yard waste disposal site, but chose to delay

said removal due to lack of funds. However, four months later, the yard waste at the disposal site has nearly doubled and now the need to remove the waste is necessary.

Unfortunately, as many residents are using the disposal site properly, there are also many people, mainly contractors/companies both within and outside Carroll Valley who are using the disposal sites improperly. Some use the area to dump larger items that are not included as part of the properly disposed of material, and have been costing the Borough extra space and now, money, to truck out.

Borough Manager Dave Hazlett found a company called Ground Solutions Inc. that would take the material grind it and use it for mulch. The company would charge \$8,500 to remove the waste. The funds for this removal would be taken out of the Highway General Fund.

Council member Tyler Pyles recommended Hazlett look into a possibility of negotiating a contract with the company for a few years so the Borough would have a definitive price to budget for the upcoming years of usage. Hazlett will be looking into this con-

tract but advised Council to continue thinking of a better way to monitor the site to avoid, if pos-

sible, the dumping of excess yard waste and non-yard waste by contractors.





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THURMONT NEWS

Trolley restoration project

The Thurmont trolley car that was once utilized in Thurmont's history, and currently resides on East Main Street as part of the Thurmont Trolley Trail, is in need of some restoration. Mayor Kinnaird noted the necessity to repaint the trolley car, and hoped the town would account for that project in this year's budget.

However, Kinnaird also mentioned his desire to re-visit the original concept for the trolley car, which was to make it into a small museum displaying the trolley's history with the town.

The Thurmont Trolley began life in 1886 when the Monocacy Valley Railroad Company built a steam train line to haul iron from Catocin Furnace to Thurmont and the Western Maryland Railroad. Two years later, the Northern Railroad Company extended the line to Frederick. In 1908, the lines became electric. Finally in 1913, the Northern Railway Company connected to the Washington County railroad lines and the Hagerstown and Frederick Railway Company was formed. From 1908 to 1954, Thurmont was the

"end of the line" for the trolley system that traveled from Frederick to Thurmont.

During its prime, the Hagerstown and Frederick Railway carried 3.8 million people per year. The trolley that currently resides in Thurmont began its life in 1922, when it was built. Considering that the trolley has history with Thurmont, Kinnaird would really like to see it showcased and display the history in a special way.

If the plan comes into fruition, the museum will display artifacts, photos, and a diorama or scale

model to show visitors how Hagerstown and Frederick interacted with Western Maryland. Kinnaird noted that he already has several artifacts waiting to be displayed such as one of the trolley's control systems, tokens, tickets, and photographs, but would like to see people donate more pieces from this time in history. He would even like to possibly see a video that could be played on loop showing clips of the train back in the day.

This trolley car museum would be a great educational opportunity for visitors, residents and especially the younger generation who are unaware of this piece in Thur-

mont's history. The museum could even be opened during special events happening in the town.

Kinnaird would like to begin working on this project this year, and begin gathering ideas. Commissioners favored the idea but want to see the trolley car restored to its glory, not rush the restoration. It was suggested that the trolley be repainted first, and then move to the inside to begin with the museum.

Kinnaird will work to get some plans together and will ask the Economic Development Manager, Vickie Grinder to begin looking into possible grants for the restoration.

Thurmont news-briefs . . .

Bid approval for new Food Bank parking lot

The demolition of the property located on 8 Frederick Road in preparation for the construction of a new Food Bank parking lot was approved and a bid was accepted by the Board of Commissioners.

\$50,000 was already set aside for this project, and the Town has already used \$1,050 of this total for lead and asbestos analysis of the building on the property. After posting the property, advertis-

ing the intended demolition, and receiving no public comment, the project was sent out for bid. Four bids were considered. RL McNair & Son placed a bid in the amount of \$33,925, Dirt Express, \$42,230, Wastler & Son, 43,014, and WF Delauter & Son, \$46,748.

Town staff recommended the Board accept the lowest bid from RL McNaretson, who upon further inquiry received several positive references. The Board unanimously voted to accept the \$33,925 bid.

Budget amendments

During the February 7 Town meeting, the Board of Commissioners voted to accept two mid-year budget amendments for the FY17 Budget.

The first amendment was to increase the Streets Capital Expenditures Budget line by \$10,500. This money would be taken out of the FY17 General Fund Unrestricted Fund Balance and will be used for the rebuilding of the storm drain boxes on Hammer Street.

The second amendment was to increase the Police Department Building Repairs and Maintenance line item by \$3,832.14 for the building's HVAC system repair. This was originally supposed to be taken out of the Operating Budget in FY16, but the work didn't begin until July, so the Town assigned that part of the Unassigned Fund Balance from FY16 in this year's audit.

Maryland - Midland Railroad Bridge

The Town is considering a rehabilitation project for the Maryland-Midland Railroad Bridge on Church Street. Members of the Town have been talking about making improvements to the bridge for many years, and agreed that it would coincide as part of Main Street improvements. A painted bridge could be a poten-

tial attraction to get more people to visit Thurmont.

The bridge, which has been in place since 1936, is in need of some aesthetic improvements. For now, the bridge definitely needs to be painted, and the Mayor hopes that the existing paint can be painted over, as it will be too expensive to sand blast and remove the existing paint before applying new paint.

A committee may be formed by persons interested in thinking of ideas and recommendations for this project. The committee may take public comment and form recommendations to bring to the Board. Some ideas already in mind are "Thurmont" being painted on the bridge, and murals underneath the bridge depicting a trolley station, steam engine and train station, in an "old-timey" style. Mayor Kinnaird has already looked into the potential cost of very basic work to refinish the faces of the abutments prior to painting. The estimated cost is \$13,000.

Before a committee can be formed, Town will be reaching out to Genesse Wyoming Inc. for opinions and permission to proceed with the potential project.

Trolley station artwork update

Yemi Fagbohun updated the Board on the trolley station artwork during the February 14 Town meeting. With these murals, he hopes to showcase all that represents Thurmont, and specifical-

ly wants to focus this project around Camp David. Yemi noted that every president has spent time in Thurmont, due to its proximity to Camp David, so his idea is to feature every president since Franklin D. Roosevelt through the present time.

Yemi will be reaching out to Catocin High School art students to help him paint the murals, which gives them the opportunity to gain some professional experience while learning from Yemi himself. This will be a great way to get the students involved.

Commissioners liked the idea of showing the connection between the town and Camp David, because it shows one aspect of Thurmont's rich history. Yemi noted that he "wants the building to serve as a focal point where people will come and visit and realize how precious Thurmont is." "Thurmont is the most beautiful place I have been to in the United States, and I want to make this a place to visit."

He will be promoting the artwork via radio shows, TV, magazines, newspapers and social media outlets. Frederick Arts Council is the fiscal agency that will be collecting the funds for the project and will assist in planning the event. Yemi is working with some funders for the project, and has already received a few commitments, but will release that information once it is finalized.

The unveiling of the artwork is projected for spring of 2018. More information will follow as it is released.

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100 YEARS AGO THIS MONTH

February 1917

March 2

Shooting Accident

As a result of a shooting accident in McSherrystown on Saturday, young Philip Lawrence, son of this Mr. and Mrs. Paul Lawrence of this place, was struck in the mouth from a ball from a small rifle, the ball knocking out two teeth and lodging in the throat under the jaw, where it still remains. The shot was fired, it was said, by William Weaver, another boy, who was aiming at a board Lawrence was holding up over his head as a target. The injured lad is not seriously hurt, it is believed, and is expected to recover.

Civic League

The meeting of the Civic League last Friday night was one of the most interesting this winter. The most important questions centered about sanitation. The fact that the condition of certain alleys, pig sties, and other objectionable places within the corporate limits have been the subject of continual complaints it was determined that, in so much as these places are being allowed to remain in an unsanitary condition, a condition deleterious to the health of the community, the matter would be referred to the State's Attorney for legal action.

In order to instill the idea of town cleanliness into the minds of the schoolchildren, the League voted to award substantial prizes upon for a limited number of boys who would be willing to gather and properly dispose of paper and trash thrown upon the streets and pavements.

Home Burned

We are sorry to hear of the misfortune of our former neighbor, Theophilus Hahn and family who were burned out of house and home Sunday evening near Detour. The house and the contents were burned. No insurance was carried. The origin of fire is not known.

March 9

A Very Ingenious Pet Cat

"Kitty Kimo" is an Emmitsburg cat - a Maltese cat that does wonderful clever things and displays great inge-

nuity when it comes to getting what she wants. Mistress Cynthia Clagett, whose protégé "Kimo" is, says that "Kit" comes nearer filling that qualification applied to dumb animals: "doing everything but talk," then any cat she ever saw. All the neighbors vouch for "Kitty Kimo's" sagacity, and they are willing to wager that no other cat can open the front door like this feline wizard.

The latch on Mistress Cynthia's outside door is at least 4 feet from the level; but "Kimo," like the proverbial lover, laughs at locksmiths and their intricate locks. When she wants to gain access to the house she leaps up to the handle, places her left paw within the loop, hangs on, and with the right paw presses down the latch and, presto! "Kitty Kimo" is within. Hall of Fame? "Kitty Kimo" is the next applicant.

Snowstorm

Paralyzing traffic on county roads, wrecking buildings and flooding streams, Frederick County was hit Sunday by one of the worst snowstorms in recent years. About 12 inches of snow fell in Emmitsburg in just under five hours. In Liberty Township the barns of George Sites, Edward Seabrook and George Shryock suffered severe damage by the heavy snowstorm.

Over \$5000 Found In House

Search through the humble home of Amos and Annie Shang, brother and sister, who died within a few days of each other, has revealed gold, silver and notes aggregating in value between \$5,000 and \$6,000. The couple, who dressed shabbily and were apparently on the verge of poverty also, where the owners a quantity of clothing, 20 fine skirts being one item, which appeared on the appraiser's list made public Tuesday.

The elderly brother and sister had spent their entire lives on a little farm east of Fairfield. It is said that only two or three times did they go as far as 10 miles from her home. The brother died the day after the sister's funeral and their nearest relatives, two cousins, searched the house. The first thing that came upon was \$650 in gold, then \$360 in silver and finally the balance in notes and bank certificates.

March 16

Found In Hay Loft

Charlie Miller, formerly known as "Dutch Charlie" in this neighborhood where he has lived for a number of years, was found Wednesday by accident in a half starved condition in the hayloft of Mr. George Beam. Some charitably dispose people helped the poor fellow and reported the case to the authorities. Miller was suffering from the results of exposure at his feet, which were frightfully frozen. He was sent to Montevue so he could be cared for properly.

March 23

Herman Kane Returns From Trip To German Barred Zone

Many people in Emmitsburg remember Herman Kane, who back in 1898 was the proprietor of the Western Maryland Hotel, now the Hotel Spangler. Mr. Kane remained here for several years before moving to Motter's Station where he conducted a hotel there for year. For Motter's Station he went to Taneytown. After spending several years in Taneytown he moved to Gettysburg where he has since made his home. Mr. Kane is at home taking a vacation having just returned from a rather exciting trip to the German submarine exclusion zone.

The ship on which he sailed carried 1,030 horses for the armies of the Allies and the journey across the ocean required 16 days. During the voyage, Mr. Kane was made assistant foreman over the force of horse tenders, and sees chance not only a further adventure, but also of advancement. It is not unlikely that he will make the trip in the near future.

\$500 Awarded for Garden

The jury in the condemnation case of the Western Maryland Railroad against Martha Eckenrode awarded the latter \$500. The railroad company had purposed enlarging the siding and claimed that the land they required as not worth very much money. Mrs. Eckenrode held that it would be damaging to her property which is situated near Emmitsburg and that to sell the land to the company would mean a loss of a part of her garden.

"Dutch Charlie" Dies

Charles Miller, known in Emmits-

burg as "Dutch Charlie," who was taken to Montevue Hospital, died at that institution early Wednesday morning. He was 64 years and 11 days old. His death was caused by lockjaw resulting from the effect of exposure.

Formation Of Local Militia.

Ever since the European war began, the need of preparedness has become plainer day by day. It is important that all men know something of military affairs. It is therefore suggested that the young men of this vicinity former a troop of cavalry, or company of foot soldiers, ready for volunteer service. After having been well drilled, the government will provide guns, uniforms and other equipment.

March 30

Local Branch of the Red Cross Society

By appointment from the Chairman of the Woman's Auxiliary of the Frederick County branch the National Defense League, Mrs. Andrew Annan, is the chairman of the Emmitsburg Auxiliary Unit. The object of the local branch is the formation of a woman's club to make bandages and other needful accessories for Red Cross work.

German Spies Captured

Two German spies were apprehended in Emmitsburg; one on Tuesday, the other on Wednesday. The arrest was the outcome of the activity of the Secret Service Department of the War College at Harney University. The head of the service, disguised as a bunch of dock weed wading through 3 miles of calimus swamp en banc as the quarry was in the act of adjusting a time bomb with which he intended to blow up the Toms Creek Fleet's cruiser "Paprika," which was laying in anchor at Whitmore's Wharf. A Limburger cheese, a beer opener, and a complete map of the fortifications of the forts along Turkey Run were found in their possessions. The prisoners were interned in the guardhouse on Bungalow Point where they will wait the action of the Spy Corps.

Death of Charles Hoffman

Charles Hoffman, a Civil War veteran, died at the home of his son, James Hoffman, Liberty Township, Sunday morning. He has spent his entire life

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in that community. He was a blacksmith and retired about 10 years ago. Mr. Hoffman served during the Civil War, first in the 158 Pennsylvania Infantry and later enlisted in the 21st Pennsylvania Cavalry. The two enlistments totaled 28 months.

Object to Negro Giving Commencement Speech

There is much contention among the graduates of the Waynesboro High School this year on account of one Gladys Willis, a colored girl, being assigned a prominent part in the graduation exercise. For the first time in the history of the high school a Negro will graduate. On account of her high marks the Negro girl has received, she has been selected to deliver one of the commencement speeches. It is for this reason that several of the graduates are rebelling. Several of the class threatened to refuse to appear on the stage commencement night to receive their diplomas.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

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FROM THE DESK OF . . .

County Council President Bud Otis

How generous are you?

As a people, we'd like to think we are generous, caring and have a good heart. When others serve you, how generous are you to them? So many times hard working servers do their very best to provide good service and are left with little or no tip and not even a "thank you". To me that's sad and it's not reflective of how most folks feel about who they are themselves.

The servers make minimum wage, right? Well, yes and no. Tipped workers are paid \$3.63 per hour in Frederick County. The employer is required by MD State Law to compensate the

wait staff (or any tipped employee) to at least minimum wage, which is currently \$8.75 per hour, \$18,200 annually. So, on a not-so-good day, they take home minimum wage. Then come taxes, fees, and other deductions.

Enjoying a nice meal out with your family, your friends, co-workers, or just by yourself is a welcome experience. Sometimes getting out of the house, not having to prepare a meal, cook and cleanup is a real treat. So, after the meal is over, you've had a nice time, it's time to express your appreciation to your waiter or waitress. When you tip generously it certainly helps them have a

bit more money to take home.

How equal are tips on a credit card versus cash? Cash will go to the person directly. Credit card tips are calculated at the end of the shift and the employer may deduct the credit card processing fee portion from all tips. The employer may also hold tips until the weekly or bi-weekly paycheck.

Some restaurants may add a "mandatory service charge" on to bills for large tables of diners, private parties, or catered events. Under federal law and in most states, this isn't considered a tip. Even if you think that money is going to your server so you don't leave

a tip on the table, the employer can keep any money designated as a "service charge." Many employers give at least part of these service charges to employees, but that's the employer's choice - employees have no legal right to that money. A couple of states have different rules, intended to make sure that customers know whether their money is going to the employer or the server. However, Maryland is not one of them.

I was stunned when doing this research about a year ago and it's changed how I tip, every time. The percentage is certainly up to each person, but I en-

courage you when possible to tip, tip with your heart, and in cash. It certainly helps the server, and this applies to all tipped wage earners.

I see generosity everywhere I travel from north to south, east to west in our wonderful Frederick County. I hope this little bit of information encourages you to consider cash tipping and even giving \$1 or \$2 more, or even a higher percentage to deserving servers.

Appreciation goes a long way, a simple thank you is very meaningful. A tip, helps show that gratitude one step further, and makes a bigger difference at the end of the day than you can imagine.

Thank you for letting me share my thoughts.

County Councilman Kirby Delauter

When our current County Executive Jan Gardner (CE) was running for office just 2 years ago, her mantra was "open and transparent government where everyone can be part of the process". She said she wanted to reform the ethics laws so we could trust our government. It all sounds just wonderful, it sounds like something out of a fairy tale from the land of milk and honey. While Jan is spewing these lines to

draw your attention in that direction, she is behind the scenes doing other things that aren't exactly "open and transparent".

As you may be aware Senator Hough has introduced legislation in Annapolis to override CE Gardner's fluff, feel good ethics proposal. Gardner's proposal does nothing that isn't already on the books. Her premise in doing her version, is so during the next election she can talk

about her ethics reform. Although her reform is only a whiskers difference from what already exists, she can skew the facts and state she is now the champion of ethics in the County. Nothing could be farther from the truth.

Now, back to Senator Hough's proposal. His proposal actually brings some real reform to the ethics law. He has three provisions, the main provision is that any campaign donations of \$500 or more received must be reported and available for public view within 24 hours of receiving them. This allows the people to see who is contributing to who, and when they contributed. As it stands now, if someone contributes to an elected official in March, you may not see this until the following January. CE Gardner is livid over this proposal and for good reason if you're a crooked politician. If you're not on the take, and you make decisions based on what's best for the county over what's best for your campaign account, you probably could care less if this passes.

Here are just two (there are many more) reasons that CE Gardner has a big problem with Senator Hough's ethics proposal.

Back in March of 2016 Comcast was in negotiations with the County (CE Gardner headed these negotiations) on their service and collection of fees. This represents a lot of dollars to Comcast and they are very interested in the outcome of these negotiations with the Executive. Well, low and behold, if you look at Jan Gardner's campaign finance report during the same time period these negotiations are ongoing, Comcast donat-

ed \$500 to her account. Now, you may say Delauter, you're crazy, maybe it was just an odd coincidence? Really? Let's keep looking. In December of 2016 CE Gardner had been pushing for the Downtown Hotel Conference Center (DTHCC). She pushed so hard against the opposition that she went ahead and approved a (TIF) tax increment financing tool to assist in getting this project of the runway. Once again we look at her campaign finance account and see that the lobbyist for the DTHCC also paid \$500 into Gardner's campaign account.

When I was on the Board of County Commissioners, we approved several TIF's for infrastructure. Two of which were the bridge at the Jefferson Tech Park which has created thousands of jobs and increased revenue to the county. Another will be the Meadow Road interchange which will ease congestion from the Linganore area and also route 144. It's funny, back then Jan Gardner was adamantly opposed to TIF's, she said the taxpayers were footing the bill for developers. I guess when Comcast and Lobbyists start padding your campaign account she can then see the light as to how a TIF will now be a good thing for a downtown hotel.

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NOTICE OF PUBLIC HEARING
Zoning Text Amendment - Limited Farm Alcoholic
Beverages Tasting Rooms

Notice is hereby given that the Frederick County Planning Commission will hold a public hearing on Wednesday March 15 at 7 p.m. (or soon thereafter), 1st Floor Hearing Room, Winchester Hall, 12 E. Church Street, Frederick, MD. To consider a recommendation to amend the Frederick County Zoning Code Use Table (§1-19-5.310(A)), Permitted Uses {119-8.431}, and Definitions {1-19-11.100} to allow Limited Farm Winery, Farm Brewery and Farm Distillery Tasting Rooms in the Agriculture and Resource Conservation Zoning District.

Copies of the staff report are available from the Division of Planning and Permitting, 30 N. Market Street, Frederick, Maryland. Written comments should be addressed to the Frederick County Planning & Permitting Divi-

sion or inquiries may be directed to Steve Horn, 301-600-1153

All parties of interest and citizens will be given an opportunity to be heard. Public comments will be limited to 3 minutes per speaker. Recognized organizations will be limited to 10 minutes.

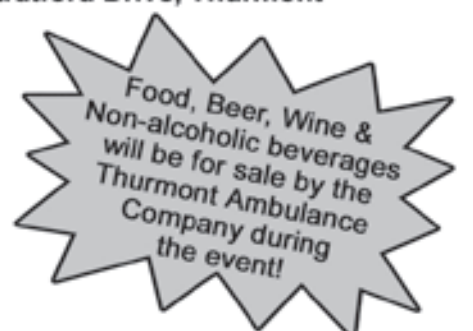
Individuals requiring special accommodations are requested to contact the Division of Planning & Permitting at 301-600-1138 (TTY: Use Maryland Relay) to make arrangements no later than seven (7) working days prior to the meeting.

Frederick County does not discriminate on the basis of race, color, national origin, sex, religion, or disability in employment or the provision of services.

Thurmont
Business Showcase
Saturday, April 22
11 a.m. - 3 p.m.

Thurmont Ambulance Event Complex
13716 Stratford Drive, Thurmont

The Thurmont Business Showcase will feature businesses & non-profit organizations from the Thurmont area. The Thurmont Business Showcase is a one day "Pop-Up Business Community" to experience what Thurmont businesses have to offer you! This is an opportunity for businesses to 'showcase' their skills, products, services & innovation all under one roof! Invite your friends, family, co-workers & neighbors to experience "Takin' Care of Business" & see how they can take care of you!



If you are a business in the 21778, 21788 & 21780 zip code or Lewistown you may download an application at thurmontmainstreet.com or contact Vickie at vgriinder@thurmontstaff.com

GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardner

I am proud that Frederick County has the strongest ethics laws in the State of Maryland. When I ran to serve as Frederick County's first County Executive, I promised to restore trust in government. Citizens deserve to know what their government is doing and to be assured that decisions are being made in the best interest of the public.

Working together, we have strengthened our ethics laws to make clear that county officials cannot do business with the county or profit from their position. We have restored criminal penalties for serious ethics violations that were eliminated by the prior administration. We provided the Ethics Commission with additional investigative powers and we prohibited retaliation to protect those who file justified complaints.

My administration has successfully cleared the air in county government, ended the perception of "pay to play", and the influence of special interest money. We have accomplished this in large part due to the work of a citizen-based Ethics Task Force that reviewed the county's ethics ordinance, provided expert advice, and recommended changes. With the support of the County Council, we have adopted stronger ethics laws. In fact, we are the only county in the State with an independent nominating process for the appointment of members to the Ethics Commission.

Strong ethics is a work-in-progress. That's why I have recently introduced additional steps to ensure the public trust by prohibiting new rezoning requests during the six months

prior and three months after an election. This separates politics from land use decisions and prevents the rush of re-zoning decisions seen in 2014 under the prior administration.

Working with the Ethics Task Force, the non-partisan League of Women Voters, and others, the county advanced stronger ethics legislation to our delegation in Annapolis. The measure we proposed would require Planning Commission members running for county offices to disclose ex parte communications and prohibit campaign contributions during the pendency of a land use request. This was a strong proposal that closed an existing loophole and addressed a real problem in our ethics provisions.

Unfortunately the county bill to Annapolis was hijacked by the dele-

gation and replaced with a weak ethics bill with little chance to pass due to legal and implementation issues. This new delegation bill proposes mandatory provisions that apply only to some county officials but not to our state delegation. Why? Good ethics laws should apply evenly and fairly to all elected officials and candidates for office.

Some have asked why I have not supported the bill proposed by Senator Hough. The answer is simple. It is a bad bill.

First, it has legal issues. The State Attorney General's office issued a five page opinion raising concerns about constitutionality and indicating that a court would likely find at least one provision to be unconstitutional. I cannot support a bill that violates our Constitution.

Second, the bill requires volunteers serving on over sixty county boards and commissions to resign if they decide to run for a county office. Then, it further requires a former volunteer board member who becomes a candidate to report certain campaign contributions "instantly" within 7 business days. No other non-incumbent candidate would face these requirements. This is uneven and unfair.

Most important, good ethics legislation requires a public process with integrity. Hough's bill was written in secret, behind closed doors, with no public input. It deserves some sunlight and a fully vetted public process by the citizens of Frederick County

including our Ethics Commission and Ethics Task Force. That is how good government works.

Unfortunately for the citizens of Frederick County, no ethics laws will likely pass this state legislative session. Politics has gotten in the way of good government.

I suspect this debate was entirely about providing those with an interest in running for County Executive an opportunity to accuse me of wrongdoing and not supporting ethics. Nothing could be further from the truth. I have never accepted campaign money from anyone while they had business before the county. And, I have changed public policy to prohibit the taxpayer giveaways of the prior administration. County residents will no longer provide taxpayer subsidies through TIFs to residential developers as Blaine Young, Kirby Delauter and Billy Shreve did to the tune of \$140 million. Taxpayer giveaways have come to an end. I will always protect taxpayers. Senator Hough's bill would not prohibit or change anything I have ever done related to campaign finance.

I am proud to stand for strong ethics laws for all elected officials. I am proud to have restored trust in county government and delivered honest and open government.

I value the trust the citizens of Frederick County have placed in me and I pledge to never violate that trust. Citizens deserve elected officials who meet the highest standard of conduct.

NOTICE OF PUBLIC HEARING

Re: Bill No. 17-02 – Reallocation of Recordation Tax Revenues

The County Council ("Council") of Frederick County, Md., will conduct a public hearing on Tuesday, March 7 at 7 p.m. in the first floor hearing room of Winchester Hall, 12 East Church St., Frederick, Md., to Discuss:

An ACT to: Allocate and specify the uses of Frederick County recordation tax revenues.

Copies of the bill may be obtained from the Council's Office, 1st floor, Winchester

Hall, 12 East Church St. Frederick, Md. 21701 301-600-1135

The Council may modify the bill in whole or in part before the enactment.

Individuals will be given an opportunity to be heard at this public hearing. Comments will be limited to three (3) minutes per speaker.

Persons requiring special accommodation for the public hearing are requested to contact the

County Council's Office at 301-600-1135 (TTY: Use Maryland Relay) to make the necessary arrangements no later than three (3) business days prior to the hearing.

Frederick County does not discriminate on the basis of race, color, national origin, sex, religion, or disability in employment or the provision of services.

BY ORDER OF THE COUNTY COUNCIL
Bud Otis, President

Facebook, false information and facts

Justin M. Kiska

I hate Facebook. There, I said it. Let me say it again just so I can make myself crystal clear and no one misunderstands. I hate Facebook. For years I have said – only half joking – that it will be the downfall of our society. After what I have seen over just the last year, I am convinced I'm right.

When Facebook first became a "thing," it was a great way to stay connected with friends and family who you didn't see on a regular basis. Old friends who lost touch could reconnect, while grandparents could see what was going on with their grandchildren living on the other side of the country. It started out alright, as a means of bringing people together.

Now, Facebook is doing more to tear people apart than bring them together. Facebook has become one of the most popular places to argue with friends and family about . . . well, pretty much anything and everything. Since it is all being done without any actually personal interaction, people

aren't afraid to say some of the nastiest things.

Typing anger and vitriol seems to be perfectly acceptable. But would some of those people say the same thing if they were face-to-face with one another? I can only hope not.

What concerns me even more though, is that Facebook is becoming a source where people get their "news." Please note, here I'm using the term "news" extremely loosely. People will see headlines on Facebook and then read the comments posted based on those headlines. More often than not, those headlines can be misleading and the comments that follow become the story.

I can't tell you how many times someone comes to me frantic about a headline they just saw on Facebook and then proceed to tell me everything people are saying it means. When I ask if they've read the article or actually looked at whatever documents or government action was being talked about, the answer is invariably, "no."

Headlines don't always tell the story. A person's post is not always accurate. We cannot just take what we see online as fact. Especially now when so many people and groups are actively

trying to distort the facts to fit their side of an argument. I'm not saying this hasn't ever happened before. Just never to the degree with which it is now.

Look at what happened during last year's election. The misinformation that was spread about the various candidates and their positions . . . It was sickening.

Now let's talk about personal responsibility. We, as individuals, need to take the time to do our own research and not just trust what someone tells us. Sometimes it's hard to find the truth. Talking heads on one television channel say one thing, while those on another channel say the exact opposite. No one actually wants to sit down and read one of the president's executive orders, but that's the only way to know what it actual does.

If we continue to just sit back and allow others to tell us what is fact and fiction, things will only get worse. The already deep divisions we are faced with will never be able to feel. We need to educate ourselves. We need to take responsibility for knowing fact from fiction. And we need to turn off Facebook every once in a while.

FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

It is March and with any luck we are over the snow and ice. March 1st the Adams County Library extension opened for service and the Borough office opened for official business in our new building. Plans are being developed to hold an Open House event in May to celebrate the completion of the building. The old borough building finished their construction in May 1977. It is planned to be demolished on March 6th. There are several special days that come to mind for March. Hopefully, you didn't forget Employee Appreciation Day on March 3rd. It is a day set aside to honor employees. If you did miss it, you can recognize your employees every day. Remember to turn your clock forward one hour to mark the beginning of Daylight Saving Time on March 12 at 2 am.

Also on March 12th we celebrate Girl Scout Day. This day celebrates the creation of the first Girl Scout group on March 12, 1912 by Juliette Gordon Low. She started the group in Savannah Georgia with 18 girls. The Girl Scouts became a national organization and chartered by the U.S. Congress on March 16, 1950. The

Ides of March is March 15th. It is the day back in 44 B.C. that Julius Caesar was stabbed by Marcus Brutus and other members of the Roman Senate. We celebrate St. Patrick's Day on March 17th. Watch out for that green beer. If you get a green glow about you, please do not drive. The NCAA March Madness begins on March 14th with the final four being played on April 1st and April 3rd. The Vernal Equinox is March 20th. Spring starts. Equinox means "equal night". The day and night are approximately equal (12 hours each).

This year the Fairfield High School students, who completed a semester of Spanish, have been given the amazing opportunity to travel to the Dominican Republic. This week-long trip, scheduled for April, will be a wonderful opportunity for these students to explore the culture, gain a better grasp of the Spanish language, and help others through service projects while in the Dominican Republic. As you can image, a trip like this comes at a cost. These students have been trying to do as much fundraising as they can to help defray the costs (i.e.,

trip cost, meals, tips and spending money).

They have already had a few events to raise money towards their trip. With only a month away, they are planning one last fundraiser, a "Thirty-One Bingo" event. This event will be held at the Blue Ridge Sportsmen's Association on Sunday, March 12th. For \$25 you can play 20 games of bingo, each game with a prize of a Thirty-One bag packed with great items. In addition to the bingo games, there will be raffle and 50/50 tickets available for purchase. How can you help? They are in need of items to fill the bags and are looking for local businesses that are willing to make a donation. Examples of donations include money, items that represent your business, gift certificates, or anything else you are willing to donate. These contributions are greatly appreciated and would really help this fundraiser to be a huge success. Any donation, whether large or small, will help these students out. If you are willing to donate or would like additional information, please contact Lisa Mumpower at 301-471-1012 or via email at lmumpower@embarqmail.com.

The Fairfield Fire & EMS Chief Bill Jacobs wanted to remind our residents to make sure they have the proper house number lettering on their mailboxes so the fire company, ambulance, and/or the police department can find you. In an emergency, seconds count. It is so important that it is addressed in the Borough of Carroll Valley Ordinance §27-706. The ordinance states all improved property within the borough is required to post the official street address in three (3) inch numbers which are luminous (reflective). The number shall be easily read from 20 feet day or night. If there is no mailbox at a residence or if it does not clearly identify the house, the reflective street address numbers shall be placed on the front of the house. If the residence sits back off the road or is not visible due to trees or bushes, a sign shall be erected displaying the proper address.

Does your house meet code? If not, you can buy a reflective mailbox sign for just \$8 from the Police Department. These signs are 6" x 18" aluminum and covered in green reflective vinyl with white reflective vinyl numbers attached on both sides. They have the same highly visible qualities of PennDot directional signs. If you are inter-

ested in one of these signs, visit the Borough Police Department and ask about ordering one. You can also contact the Police Department Administrative Assistant at pdadmin@carrollvalley.org.

During this past month, had the opportunity to attend the Fountaindale Volunteer Fire Department Annual Awards Banquet and the 3rd Annual Daddy Daughter Fairy Picnic. To see the pictures, go to www.ronspictures.net and click on the desired gallery. You can also go to Facebook.com/MayorRonHarris and click on the appropriate link to see and download the pictures. I thank everyone involved. Congratulations to David Lillard. He was appointed by the Vacancy Board to the Borough Council. The Borough will be holding the following meetings in March: Planning Commission (Monday - Mar 6th), Borough Council (Tuesday - Mar 14th), Sewer/Water Authority (Mar 20), Parks/Recreation Committee (Wednesday - Mar 22nd) and Finance Committee (Monday - Mar 27th). If you have any questions, please do not hesitate to contact me by email at MayorRonHarris@comcast.net or by cell at 301-606-2021. Be careful driving on the trails.

State Representative Dan Moul

There are signs Gov. Tom Wolf is beginning to recognize the fiscal realities facing this Commonwealth. In the days leading up to his 2017-18 state budget address, and with an estimated \$2.5 billion to \$3 billion structural deficit facing the Commonwealth this year, Wolf announced plans to close a state prison in Pittsburgh and to consolidate four health-related state agencies — the Departments of Health, Human Services, Aging, and Drug and Alcohol Problems — under a new

Department of Health and Human Services.

The cost of human services continues to rise with the increasing cost of health care and lower federal contributions to offset it. At the same time, our senior population is growing rapidly and placing an even greater demand on human services.

At its mid-year budget briefing in December, the administration projected the Commonwealth will end fiscal year 2016-17 with a \$604 million deficit. In addition, the state's

pension obligation is expected to grow by \$304 million, the Commonwealth's debt obligation will rise by \$133 million and the state Lottery Fund will need changes to ensure its solvency.

Clearly, we all need to closely examine the way state government operates to ensure that we are being responsible stewards of your tax dollars. The steps announced recently by the governor indicate that he may now be willing to consider some of the bold moves that will be required to bring state spending under control.

With a solid Republican majority in both the House and Senate, I am hopeful the governor will work with us to bring about positive change in the way government is structured and works. I am optimistic we can restore common sense in our budgeting, spending only the revenue that comes in and greatly reducing the burden on taxpayers.

In the 2017-18 session, I have some initiatives of my own that I would like to reach the governor's desk. I plan to reintroduce my bill to eliminate the \$35,000 cap on weekly prize payouts for nonprofit and club licensees offering small games of chance, which would en-

able them to make larger contributions to local charities such as already cash-strapped fire companies and Little League teams. This legislation passed the House by a wide margin last session, but the Senate failed to act on it.

The same is true of my bill to expand protections for landowners who open their land — free of charge for recreational use — from frivolous lawsuits. Adams County has a lot of farmland and open space. My legislation would encourage landowners to open their land for recreational use without fear of being sued if someone gets hurt through no fault of the landowner. The Pennsylvania Farm Bureau and 38 other organizations support this legislation. I am reintroducing this bill in the new session.

I am also reintroducing my bill to limit a state agency's ability to implement regulations that have not first met the approval of the appropriate legislative oversight committee by a simple majority. My bill would prevent any administration or agency from circumventing the Legislature and imposing its will.

I will also introduce legislation that would expand on my prior legislation — now law — that permits wildlife conservation officers to wear body cameras. My bill would

extend the law to include sheriffs.

Finally, in the new term, I will be joining with several of my House colleagues in examining the practices of the Susquehanna River Basin Commission. The SRBC is an interstate compact comprised of New York, Pennsylvania, Maryland and the federal government, which is responsible for comprehensive planning and management of water resources in the Susquehanna River Basin.

In my view, the SRBC has gone well beyond its mission to monitor water tables and water usage and needs to be reined in. The SRBC is currently sitting on a \$40 million surplus while charging our hydro-power companies, water companies and municipal authorities outrageous fees and fines that I believe are unjustifiable and out of control. Those costs ultimately fall on the shoulders of ratepayers and that's not fair. My colleagues and I will be looking into this to determine what actions may be taken to correct this situation, up to and including pulling out of the regional compact.

This session I am pleased to have been reappointed to the House Agriculture, Children and Youth, Tourism and Recreational Development, and Game and Fisheries committees, on which I served last session. I expect this will be a very challenging and productive legislative session, in which we plan to address the unfunded liability in our public pension systems and to restructure state government to bring it into line with our fiscal realities.

As always, I encourage my constituents to contact me with any questions or requests for assistance regarding any state-related matter.

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Bill Elker

GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Jim Martin

Generally when I visit Washington, D.C. it has an awesome effect upon me, especially knowing the history behind monuments and governmental buildings. The Washington Monument is one such structure. It truly has the marks of history. Construction began pre-civil war using one shade of granite. Construction was interrupted by the Civil War and resumed following the Civil War using a different shade of granite. The contrast between the two colors is unspoken evidence of the divide that existed in our nation.

On January 20, 2017 I had the opportunity to return to Washington, D.C. for another awesome experience. This was the first Presidential Inauguration that I ever attended. Being in the foreground of the Capitol Building stage for the ceremony gave my wife and me a rich memory that connected us with a moment in American history. We enjoyed the camaraderie of individuals from across America seeking to experience the festivities of inauguration. However, there were others who were not there for the purpose of enjoying the ceremony and festivities. They had other intentions which were to

dramatically disrupt ceremonies and impede spectators from walking and entering security check points.

Security like I have never seen before was in place to deal with those with less than favorable intentions. It was comforting to know there were perimeter barriers to protect the activities of the inauguration and parade. Unfortunately the ominous security barricades 12 feet high were a cold reminder that we can no longer enjoy life as we once did. There is obviously a divide that has grown stronger rather than weaker and one that we wish did not exist. We obviously prepare for the worst and pray for a better day.

Martin Luther King prayed for a better day and put feet to those prayers. The result was pulling down the barriers of discrimination. However, when barriers are removed through legislation, there is no guarantee that the barriers of a hard heart will be removed. I hope you will regularly join in prayer that our county does not become a cold monument of barriers. Good needs to prevail, but it must begin somewhere. That somewhere begins when the heart of a nation

seeks to follow a moral compass; may we see that in this generation.

Another better day would be the day that our county is free from drug abuse and addiction. Last year Adams County recorded the highest level of drug overdose deaths. Many in our community who have said this must stop, have joined together to form the Adams County Heroin Awareness Task Force. The Task Force is forming various action committees to deliver an awareness program to the community. A goal of the task force is to be a strong and sustainable community network that can be a resource in the battle against substance abuse.

The Task Force is using the assistance of the Penn State Extension Service and the University of Pittsburgh to help develop an effective organization. The formation of the Task Force was an initiative of the Adams County Criminal Justice Advisory Board (CJAB). The CJAB will be placing the leadership of the task force in the hands of community leaders with various backgrounds having a nexus to drug abuse. We ask that you please support this effort to turn the tide against the

growing number of over-dose deaths.

Is there a better day ahead for the county's economy and employment picture? The answer is likely somewhere between hopefully and maybe. From 2015 to the end of 2016 the county had .4% drop in unemployment; a modest improvement. In 2016 Adams County's economic output (GDP) increased 2.5% over 2015; that is considered by economists to be just above anemic. This could be an encouraging sign since 66% of counties across America experienced slower growth in 2016 than 2015. The dilemma for Adams County is how can we grow further without commercial and industrial growth? We cannot, sad to say.

Thus, without commercial and industrial development our tax base growth hardly rises above stagnate. Residential growth does help the tax base, but it cannot carry the day. As we look through the months ahead for 2017 we will again hope that the county's efforts to birth economic development will pay dividends and attract investors willing to navigate the obstacle course of various municipal approvals. That being said, I

would like to commend our area businesses that are capturing opportunities to expand their businesses.

There is one definite economic development to report that can lead to a better day. Several years ago the Adams County Economic Development Corporation (ACEDC) was awarded a RCAP grant through the efforts of Senator Alloway and Governor Corbett's office. This type of grant cannot be in the form of a direct payment; it must be for reimbursement for payment of eligible expenses. That requirement presented a problem. ACEDC did not have the funds they needed to pay for their project, the Commerce Park lots improvements. Without the improvements the lots would not be attractive to buyers.

The county made the project possible by loaning the ACEDC \$500,000, an amount equal to the grant. All expenses for improvement of the lots have been paid. The lots were definitely transformed into a sellable commodity. In the very near future the ACEDC will use their grant reimbursement to repay the Adams County loan in full! That will become a welcomed financial reserve to strengthen the county's fiscal position.

Let's end on a good note with chords of better days ahead.

State Senator Richard Alloway

The first few weeks of the 2017-2018 legislative session proved to be busy and productive for the Senate chamber.

In fact, we were able to reintroduce and move a number of bills that stalled and died in the previous session. We are moving swiftly on a number of conservative issues there were hung up in the House last year.

Here is a glimpse of what we passed in the first nine session days, and I voted for all...

Sanctuary cities: SB10 disqualifies municipalities that declare themselves as "sanctuaries" from receiving state grant funding or participating in surplus property purchases. The legislation punishes cities who offer sanctuary to illegal aliens that are arrested for committing a crime.

Cordelia's Law: SB69 adds equines to the animal cruelty statute.

Paycheck protection: SB166 prohibits the collection of political money – as defined in the legislation – using state resources. The bill would finally remove the state from the practice of collecting political contributions from public employees' paychecks. This legislation does not in any way limit an employee's ability to contribute to any organization they choose, it simply removes the state from the process of collecting the money – something the state should have never been doing in the first place. Pennsylvania's taxpayers should not be forced to assist in the political fundraising efforts of any organization. The bill does not prohibit the collection of regular union dues or fair share money.

Equal pay law: SB241 takes steps to ensure equal pay for equal work for women and provides for a statewide preemption of all equal pay laws.

Real ID Act: SB133 cleared the

Communications and Technology Committee, and advanced to the floor for consideration. The legislation aims to repeal Act 38 of 2012, requires PennDOT to apply to the US Dept of Homeland Security for an extension and ultimately moves Pennsylvania into compliance with the Federal REAL ID Act.

Local radar: Pennsylvania is the lone state in America that does not allow its local police department to use radar. I have sponsored this bill every session, and for the first time ever, a bill advanced out of Senate committee last fall. This bill (SB251) was reintroduced, and cleared Transportation Committee.

Overall, I've also reintroduced by Libre's Law bill to punish those who commit aggravated cruelty to animals, and I'm looking forward to passing a pension reform bill that will change our state system to a 401k-style format for new hires only.

The pension reform package will not impact current employees or retirees. By reforming the state's pension system, we will finally be able to begin "righting the ship" and get our state back on stable fiscal ground.

As always, I encourage everyone to check out my website www.senatoralloway.com for up to date information on legislation in Harrisburg.

Chesapeake Bay watershed

The Chesapeake Bay watershed serves as a critical source of food and drinking water for millions of Americans. Unfortunately, the Bay and its tributaries are being choked by excess nutrients that not only diminish drinking water quality, but also threaten the fragile ecosystems within the entire watershed.

Lawmakers have struggled over the past several decades to devise a

strategy to reduce pollution from municipal runoff, farms, overzealous gardeners and other human activity. Run-off from these sources accounts for a significant percentage of all pollutants in the Chesapeake Bay watershed. Farmers have been working incredibly hard to address the situation, but almost half of the nutrients emitted by livestock is airborne ammonia, which buffers and wastewater treatment plants cannot treat. Even after passing numerous laws and investing billions of dollars, we've seen little progress in

stemming the tide against the pollution of one of our nation's most important resources.

As Pennsylvania struggles to meet federal nutrient reduction mandates, we must take a closer look at alternative strategies to help address one of the greatest environmental challenges of our time. Right now, there are hundreds of private sector technologies that could play a role in meeting that challenge.

The commonwealth should partner with the private sector and create a competitive bidding process for verified nitrogen credits. The credits can be applied toward meeting the federal mandate

in a more cost-effective manner for taxpayers. Through a competitive bidding process, Pennsylvania can produce credits toward meeting the mandate and cut costs by 80 percent, according to a recommendation by the non-partisan Pennsylvania Legislative Budget & Finance Committee.

As policymakers explore a variety of new ways to reduce long-term costs to taxpayers as part of state budget negotiations, this solution could help clean our waterways and save taxpayers billions. As budget season begins, this idea should absolutely be among our highest priorities.



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 106 E. Main St., Fairfield, PA 4 BR, 2 BA, possible 4th bedroom, could be a rental or place for in-laws. Natural gas FHA, partly fenced back yard, patio. \$128,900	 1075 Carlisle Rd., Biglerville, PA Gorgeous 1850s brick home, currently 4 units. Beautiful views! Small barn and fencing for horses. MOTIVATED SELLERS! \$295,000	 60 Broad Wing Dr., Hanover, PA 3 BR, 2 BA, split level design, vaulted ceilings, gas fireplace, covered deck, all appliances, most furniture & decor for sale. \$68,500

14 Northern Tr., Carroll Valley, PA - 0.52 ac., well req., public sewer at site, close to Lake Kay, skiing & golf course, easy commute to MD. Motivated Seller! \$18,400	64 Meadowlark Tr., Carroll Valley, PA - 0.92 ac., well req., perc appr., septic design done, minutes from skiing & golf. \$29,900
11 Bunny Tr, Carroll Valley, PA - 0.63 ac., well drilled, public sewer at site, cul-de-sac, level, wooded. \$29,900	WA 25, 26 Jacks Mountain Rd., Carroll Valley, PA - 1.5 ac., well req., perc appr., beautiful location, nice views, offered w/2 additional lots for \$59,900. Near ski resort & 2 golf courses. \$32,500
26 Ski Run Tr., Carroll Valley, PA - 0.52 ac., well req., public sewer at site, level, clear, ready to build, close to ski resort and golf course, easy access, beautiful home site. \$32,500	13 Oak Ridge Tr., Carroll Valley, PA - 0.61 ac., well at site, perc appr., peaceful, private, mature trees, 200' road frontage for easy placement of home, septic design done. Seller Motivated! \$39,000

THE PASTOR'S DESK

Lent

Pastor John Talcott
Christ Community Church

As we enter the liturgical season of Lent, so closely matched to spring, it calls to mind the hope of new life, growth, and change that honestly should characterize every season of our Christian lives. Lent really is both a reminder and an invitation into the grace filled life of the follower of Jesus Christ. As we enter this season of reflection, we remember the Son of God, who comes into our history, lived without sin, died on the cross, rose from the dead, and ascended back into heaven. That is good news... amazing news... not just of a believer's forgiveness today, but of lasting hope for tomorrow!

With that in mind, there is no doubt some confusion when hearing the call for believers to exercise self-denial, to identify with the Lord's suffering and death, and to prepare through works of prayer, fasting and almsgiving. It doesn't sound or look much like good news to a world that is starving for a glimmer of hope; just a glint of good news. So how do I, pastor of Christ's Community Church... how do we, the Church, the body of Christ, align our faith, values, and practice with the gospel of Jesus Christ, who said, "When you fast, do not look somber as the hypocrites do" (Matthew 6:16).

Well I for one, will delight in the Lord, rejoicing in God my Savior, who has clothed me with garments of salvation, even "a robe of righteousness" (Isaiah 61:10). I refuse to allow myself to get caught up in a spirit of mourning or somberness this Lenten season, because it's just not right to say, "Jesus was rejected, shamed, and suffered... so I need to be rejected, to be shamed, and suffer too." It's just not right to think that somehow there's humility in that... that somehow there's still the gospel of grace, because it's not there. It's just not true to think that there is something... anything... that you or I can do to aid our Lord, the suffering servant, in the sufficiency of His sacrifice (Isaiah 53:11).

The Bible is very clear in Hebrews 10:10 that "we have been made holy through the sacrifice of the body of Jesus Christ once for all". It was a once for all occasion, complete, and sufficient. When the Lord had offered for all time one sacrifice for sins, he sat down at the right hand of God. "It is finished" he said (John 19:30). And since that time "he waits for his enemies to be made his footstool, because by one sacrifice he has made perfect forever those who are being made holy" (Hebrews 10:12-14). As we face these 40 days of Lent, may we be reminded that it was for all 365 days, every day of the year into eternity, that Jesus Christ "gave himself for us to redeem us from all wickedness" (Titus 2:15).

Each and every day of the year we

are beneficiaries of His grace. Daily we can celebrate... daily we can rejoice... "Surely the Lord has done great things" (Joel 2:21). Our King has come, righteous and having salvation. Be glad and rejoice, for He has "made perfect forever those who are being made holy" (Hebrews 10:14). He gave himself, not inclusive of anything we do, not through the life we live, but through his sinless life, his substitutionary death, and his bodily resurrection.

The big idea I want to convey is this; God has done something for us. "God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life" (John 3:16). He "gave" means it's a gift. You and I can't stand before God and say, "I earned it." No one can stand before God and say, "I deserved it... I was baptized as a baby... I went to church my whole life... I gave generously... I tried to do good... helped the poor... looked after widows and orphans." All of that may be great, but it's not enough to overcome the debt of our sin to God... it's not enough to pay the price. But here is where we encounter the good news recorded in Romans 3:23-24, "All have sinned and fall short of the glory of God, and are justified freely by his grace through the redemption that came by Christ Jesus."

So what God is saying is this, we're all sinners, we've all messed up, and we're all separated from him. His just judgment, his wrath hangs over all of us, like an unsurpassable mountain. Yet the great truth of the Lenten season is that Jesus comes as "the Lamb of God, who takes away the sin of

the world" (John 1:29)! The Christ, the Son of God, lives a perfect life, and doesn't sin, but in love of us, in love for us, he goes to the cross, dies in our place for our sins, and takes the wrath of God and punishment that we deserve. The end result being, that God's wrath is taken away, it's diverted from us, and poured out on Jesus Christ. We are the beneficiaries, receiving the inheritance, the forgiveness, the life, love, and righteousness of Jesus Christ, when we trust him and receive his grace.

That's the heart of everything I believe as a follower of Jesus Christ. That's the reason why, at Christ's Community Church, we celebrate Lent with great joy. Not only do we celebrate what Jesus has done for us, but we also celebrate what Jesus does in us and through us. I pray that we would never lose sight of the fullness of the glory of the Christ, never be derailed, and never diminishing in any way what Jesus accomplishes for us who believe. I am eternally grateful for the work he



has done in us. And I pray that the joy of Christ may be in you and that your joy may be complete (John 15:11). I pray that this Lenten season, you will take the opportunity to respond to God, pursuing a new life, overseen by a new Master, whose name is the Lord Jesus Christ. God bless you!

To learn more about Christ Community Church visit them on-line at www.cccemmitsburg.org or better yet, join them for Sunday service at 303 W. Lincoln Ave. Emmitsburg.

Emmitsburg Community Lenten Services

March 8, noon - Lunch in the Saint Anthony Shrine Hall followed by a service titled "Detours to the Cross" led by Rev. Heath Wilson.

March 22, noon - Lunch at Elias Lutheran Church followed by a service following the Taize Prayer format led by Rev. John Holliday.

April 5, 6 p.m. - Dinner at Trinity United Methodist Church followed by a service on the Stations of the Cross led by Rev. Jon Greenstone.

April 16, 6:30 a.m. - Easter Sunrise Service at the Grotto.

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FREE Community Dinner!
 Trinity United Methodist Church, 313 West Main St., Emmitsburg,
 invites all residents of the Emmitsburg area to share a free meal and
 fellowship. There is no charge for these meals and we welcome your attendance.

March 29, 2017
 Meals will be served from 5:30 - 7:30 p.m.
 Please call Merri Saylor at 301-667-6169 for more information.

Introduction of Inoculation



Lady Mary Wortley Montague

March 18

March 18th 1718, Lady Mary Wortley Montague caused her infant son to be inoculated with the virus of small-pox, as a means of warding off the ordinary attack of that disease. As a preliminary to the introduction of the practice into England, the fact was one of importance: and great credit will always be due to this lady for the heroism which guided her on the occasion.

At the time when Dr. Sydenham published the improved edition of his work on fevers, in 1675, small-pox appears to have been the most widely diffused and the most fatal of all the pestilential diseases, and was also the most frequently epidemic. The heating and sweating plan of treatment prevailed universally. Instead of a free current of air and cooling diet, the patient was kept in a room with closed windows and in a bed with closed curtains. Cordials and other stimulants were given, and the disease, assumed a character of malignity which increased the mortality to a frightful extent. The regimen which Dr. Sydenham recommended was directly the reverse, and was gradually assented to and adopted by most of the intelligent practitioners.

Inoculation of the small-pox was reported to have been practiced in some mode in China and Hindustan, and it had been in use among the Arabians from ancient times: but no mention is made of it by any of the Arabian medical writers known in Europe.

It was in the course of her residence in Turkey, with her husband, the British ambassador there, that Lady Mary made her famous experiment in inoculation. Her own experience of small-pox had led her, as she acknowledged, to observe the Turkish practice of inoculation with peculiar interest.

In one of her letters, dated April 1st, 1717, she gives the following account of the observations which she had made on the proceedings of the Turkish female practitioners:

"The small-pox, so general and so fatal amongst us, is entirely harmless by the invention of in-grafting, which is the term they give it. There is a set of old women who make it their business to perform the operation every autumn, in the month of September, when the great heat is abated. Peo-

ple send to one another to know if any one has a mind to have the small-pox. They make parties for this purpose, and when they are met (commonly fifteen or sixteen together), the old woman comes with a nut-shell full of the matter of the best sort of small-pox, and asks you what vein you please to have opened. She immediately rips open that you offer to her with a large needle (which gives you no more pain than a common scratch), and puts into the vein as much matter as can lie upon the head of her needle, and after that binds up the little wound with a hollow bit of shell, and in this manner opens four or five veins

The children or young patients play together all the rest of the day, and are in perfect health till the eighth. Then the fever begins to seize them, and they keep their beds two days, very seldom three. They have very rarely above twenty or thirty on their faces, which never mark, and in eight days' time they are as well as they were before their illness. Where they are wounded there remain running sores during the distemper, which, I don't doubt, is a great relief to it. Every year thousands undergo the operation: and the French ambassador says pleasantly that they take the small-pox here by way of diversion, as they take the waters in other countries. There is no example of any one that has died of it: and you may believe me that I am well satisfied of the safety of this experiment, since I intend to try it upon my dear little son. I am patriot enough to try to bring this useful invention into fashion in England."

While her husband, for the convenience of attending to his diplomatic duties Lady Mary occupied a house about fourteen miles from Constantinople, and there she carried out her intention of having her son inoculated. On 23rd of March 1718, a note addressed to her husband at Pera contained the following passage:

"The boy was ingrafted on Tuesday, and is at this time singing and playing, very impatient for his supper. I pray God my next may give you as good an account of him. I cannot ingraft the girl: her nurse has not had the small-pox."

Lady Mary Wortley Montague, after her return from the East, effectively, though gradually and slowly,

accomplished her benevolent intention of rendering the malignant disease as comparatively harmless in her own country as she had found it to be in Turkey. It was an arduous, a difficult, and, for some years, a thankless under-taking. She had to encounter the pertinacious opposition of the medical professors, who rose against her almost to a man, predicting the most disastrous consequences: but, supported firmly by the Princess of Wales she gained many supporters among the nobility and the middle classes. In 1721 she had her own daughter inoculated.

Four chief physicians were deputed by the government to watch the performance of the operation, which was quite successful: but the doctors were apparently so desirous that it should not succeed, that she never allowed the child to be alone with them for a single instant, lest it should in some way suffer from their malignant interference. Afterwards four condemned criminals were inoculated, and this test having proved successful, the Princess of Wales

had two of her own daughters subjected to the operation with perfect safety. While the young princesses were recovering, a pamphlet was published which denounced the new practice as unlawful, as an audacious act of presumption, and as forbidden in Scripture by the express command: 'Thou shalt not tempt the Lord thy God.' Some of the nobility followed the example of the Princess, and the practice gradually extended among the middle classes. The fees at first were so expensive as to preclude the lower classes from the benefit of the new discovery.

Besides the opposition of the medical professors, the clergy denounced the innovation from their pulpits as an impious attempt to take the issues of life and death out of the hands of Providence. In addition to denunciations such as these from high places, the common people were taught to regard Lady Mary with abhorrence, and to hoot at her, as an unnatural mother who had risked the lives of her own children.

So annoying was the opposi-

tion and the obloquy which Lady Mary had to endure, that she confessed that, during the four or five years which immediately succeeded her return to England, she often felt a disposition to regret having engaged in the patriotic undertaking, and declared that if she had foreseen the vexation and persecution which it brought upon her she would never have attempted it.

A new era in the progress of inoculation commenced when the Small-pox Hospital was founded by voluntary subscription in 1746, for the extension of the practice among the poor of London and carried it on to an immense extent between 1790 and 1800. In 1796, a vaccination was discovered for the small-pox, and gradually superseded inoculations, and in 1840, the practice of inoculation of the small-pox was prohibited by an act of the British Parliament.

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COMMENTARY

Words from Winterbilt

Distrust of government and a military coup?

Shannon Bohrer

We know that we have some differences. Our beliefs about our politics are a good example of the differences that we sometimes discuss and argue about. Why we discuss and argue about our differences is very obvious, it is because we have very strong beliefs, not just about what we believe, but also about the way we think things should be. Of course what we have in common is that we know that our beliefs are correct and the other side is wrong.

Even with our known differences, I was somewhat taken back when I read that nearly one third of Americans, to some degree, would support a military coup against the United States of America. While I just recently heard about this, my first thought was more fake news. So I went to my trusty sources, on the internet and I found - that it was true. The poll was taken in 2015.

My first thought was WHY? Why would anyone think that a military coup against the United States of America is a good thing? If -we experienced a successful military coup, any rights, privileges or liberties that we current enjoy, would be gone. To those that believe that a revolution and military coup would be good for them, or the country, I have to believe they are very misguided and/or delusional. The history of military coups tells us that they are not waged by benevolent leaders. A

coup is a power grab and any winners are just that, more powerful than the losers. And after they have more power, they tend not to share....

So I started thinking - what does it take for someone to be so upset with our current government and think a military coup would be a good thing? Yes, we have differences, but how does someone come to such a radical belief? Remember, the poll was taken in 2015 and at that time we were early in a presidential election. Did that influence this poll? Could our political divide be so strong and entrenched that people really believe that a Military government would be better than the government we have, or had?

Our history tells us that we started having political differences very early in our history, starting with our third president, and we did not even have parties then. So the fact that we have differences is not new. Has our divisiveness divided us to the degree that we see the other side as an enemy? Even if each side sees the other as the enemy - a military coup is not solution for either side.

A large complaint with the current party in office is that the opposition party is not working with them. And to some degree they are correct, but they seem to forget their own past. When President Obama came into office his support from the opposing party was not just non-existent, the opposition made it their goal to be de-

structive. Their stated goal was to oppose and obstruct everything he did.

In 2009, on President Obama's inauguration day, a dinner party was held where 15 of the top republican leaders gathered. The leaders worked out a plan, which they made public. The plan was to oppose, obstruct and block anything the new president did, to ensure that he would be a one term president. They kept their promise but he was still re-elected. Of course since the one term presidency did not work, four years later they changed the goal to just make his presidency a failure. Did it work?

Opposing the President's agenda included vilifying everything he did, including the stimulus package and the Affordable Care Act. Anything he proposed they opposed. They opposed and vilified him to the degree that a good segment of society came to believe that our president was anti-American, a secret Muslim and was foreign born. In 2016, 41 percent of republicans still believed that President Obama was not a U.S. Citizen, because he was born in Kenya? And that is just one false belief. In August of 2016, 69 percent of Trump's supported believed the election was rigged, were they right? So the question is, how or why do people believe something that is not true? Maybe there is an answer, well sort of.

According to Social Psychology people can have such strong beliefs that

they exhibit a "Belief Perseverance" which means that they can be confronted with information that discredits their beliefs, (like a birth certificate) but they ignore it because it does not fit with what they "know", or at least believe they know. It may seem strange, but sometimes to learn something new, one has to question what they already think. So, in an odd way it is almost logical that what we know, or believe we know, prevents us from learning or believing something different.

When examining "Belief Perseverance" and its effects, politics is often used as an example. The reason politics is used is that both sides deal with the same facts but offer different perceptions. Of course politics has strong motives to create a different perception and to differentiate itself from the opposition, even when it sometimes the differences don't exist.

The opposition would always talk of Obama's "failed" economic policies, as if his policies put the country in a recession. When President Obama was sworn into office, the country was facing another great depression and to combat that a stimulus package was passed. The stimulus package was also termed a "failed stimulus package" and yet the stimulus package did start a recovery. Over 11 million new jobs were created with 75 months of job growth. That includes an unemployment rate of just 4.7 percent. If you were fired and did not get another job, then yes, it was not enough. But compared to President Bush's eight years when only 2.1 million jobs were created, 11 million does not look like a failure.

The most well-known opposition was for the "failed" Affordable Care

Act. During President Obama's term the opposition decried and vilified the health care act and voted to repeal it over 50 times. And possible by the time you read this, it will be repealed.

Just how bad the health plan was, was never really discussed, it was just "a failed act." But the numbers tell a different story. Under the previous administration, from 2001 to 2008 the average family premium went up 58 percent and under the Obama administration the increase was 33 percent. If you examine the numbers from 2011 to 2016, after the Affordable Care Act was passed, the average family premiums rose 20%. 20% in six years is too high, but it's the lowest increase since they have been keeping numbers. (The source is the Kiser Foundation.)

"Everyone is entitled to his own opinion, but not to his own facts." Daniel Patrick Moynihan

When the republican's leadership opposed and obstructed everything from the Obama administration, they set the bar very high, or very low depending on your perspective. Not just opposing a party, but opposing and obstructing a party for 8 years - may have a cost.

I wonder if currently a third of the population would still in some degree support a military coup against the United States of America, or could it be more? If - during the next presidential election the winner fails to have the majority of the popular vote, how many people would then support a military coup?

To read past editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.

Common Cents

Table top

Ralph Murphy

Economic and political dealing relative to personal and social stability or growth often require difficult balancing. To presume immediate competence from politicians in their new private sector dealings is often fanciful. World organizations such as the struggling European Union (EU) reflect that problem and could not likely stay active without external support. Such support appears to be coming from the Americans who unwittingly "float" a merger action with what should be overt investment capital, but appears bank theft instead. That linked to "under the table" program maintenance for suspect gain and quantifiable loss.

The Goldman Sachs Group was once a venerated New York City bank founded just after the American Civil War. The operational aspects of what appears a merger of the investment bank with a government alliance has to be reviewed as it may have fostered linked systems to include the EU. Otherwise, they probably could not survive without Goldman's capital and affiliated political support from abroad. The bank doesn't make the top four usually tied to the 2008 Treasury fund access, but has spun off too many top government officials both here and abroad to delay scruti-

ny as to their actual objectives.

Bipartisan US Treasury Secretaries from Robert Rosen in the late 1990s to Henry Paulsen - and just confirmed candidate Steve Mnuchin were all senior executives at Goldman Sachs. More troubling is the Bank of England's chief Mark Carney - a Canadian, who also was a Goldman Sachs senior leader. The real issue of concern now is the European Central Bank (ECB) head Mario Draghi a Goldman Sachs executive from 2002- 2005 who has maintained his position since 2011. That is, shortly after the Treaty of Lisbon afforded the bank directors virtual, unlimited monetary management and presumed debt relief powers. Those are finance links, but the group even includes politicians such as Australia's Malcolm Turnbull who worked there before his Prime Minister post.

Goldman Sachs Director Lloyd Blankfein testifying before a Congressional Financial Crisis Inquiry Committee In 2010 claimed that the Sachs group's objective was a market where near term profit was secondary. In the Goldman Sachs case it appears they established the market, as the EU and others passed the financial dealing to other banks. This to include Citigroup with access of about \$ 1.7 trillion in assets. That funding level was almost twice Goldman's 2015 \$861 billion. Loans appeared for Greece, Ireland, Spain, Italy, Por-

tugal and most all of the then 28 EU members who needed help. Europe simply lacked the coordination capital or expertise to afford the money. Much of it was American - most of it as debt, and Blankfein was good to his word in that no profit from production in investments of any scale was registered.

Other banks such as North Carolina's Bank of America with over \$2.18 trillion In post 2008 assets were probably used for the EU project money. The other top US banks such as J.P. Morgan and Wells Fargo with combined assets of over \$ 4 trillion dollars last year appeared more exposed to the American western states and Far East. That government, private sector banking arrangement needed political support to facilitate the transactions and it does appear to have been allowed. Last year, however, it made a troubling turn as the Panama Papers were broached from the legal firm of Mossac Fonseca to a German news magazine. Fonseca had managed many of the suspect accounts.

The report implicated over 45 heads of state and governments as well as their families for allowing or investing (what appears illegal bank funds) in " shell companies, for fraud, kleptocracy, tax evasion, and the avoidance of international sanctions". The issues were very serious, but the legal sanction had to generally be sponsored by the politicians'

host system unless extradition was tried, and few arrests were made. However, It did leave a lasting series of political scars and may have contributed directly to hasten the exits of leaders such as Britain's Prime Minister David Cameron and Argentina's President Cristina Kirchner - both of whom quickly stepped down from power. There were other factors that could have contributed to their early departure, but the issues were still standing.

The reports also directly implicated the Spanish Royal family perhaps because they had "ground work" in the very unusual show trial of Princess Caroline tied to email issues and unwitting influence peddling. She relinquished her title. The report demurred on the British Royals although their exposure to revenue in question is listed as the largest in 21 jurisdictions of mostly British territories that controlled up to \$2 trillion dollars. The ceremonial power structure then had military and paramilitary support as well as possible global syndicate links. Britain's domestic economy includes mostly small and medium sized enterprises (SME's) with often high- quality goods but which yield, low earnings. In varying degrees SME dominance remains the standard for most all of the developed world except for the Americans, Germans and Japanese who dominate large enterprises (LE) as well. So, the money level was probably an alliance scheme with the finance branches who controlled far more and almost

none of it was invested. Almost all of it can be sourced for return.

The EU can't long survive without American bank help. That's ironic as the organization was initiated in an attempt at host resource control. They can however work gainfully and independently on a small or medium (SME) scale. There are exceptions, but they can't seem to bring together the resources for competitive large industry without mostly US investments. A strong work ethic is often lacking amid cultural restraints. An aversion to mental adaptation when selecting inputs for needed product change is routinely the case as well for Old Europe.

If Goldman Sachs were to pull out of the EU along with their bank affiliates, it would probably quickly collapse. The SMEs would however be enough to comfortably float the European economies until conventional, over-the-table dealings have investment potential on that debt-formed, theft alliance. It's likely to happen as the New York bankers now appear to view the Obama era as an aberration that was out of touch with the systems and standards of the communities they once served. A rough patch probably is ahead but the Europeans should allow experts to invest in areas of their expertise and sever the links of intrusion and manipulation that tie the current appearance of propriety.

To read past editions of Common Cents, visit the Authors section of Emmitsburg.net.

The American Mind

Echo Chamber politics

William Hillman

I beseech you, in the bowels of Christ, think it possible that you may be mistaken

—Oliver Cromwell, 5 August 1650

What is the real effect of information in politics? More specifically is there a danger of too much information? The common belief is that people use information to expand their view, open their mind. We have been told over the years that to survive, a democracy needs an informed electorate. Is it possible to have too much information? I believe there is a point where people stop using information to expand their mind and use it to build and entrench their own bias views of events.

I am not talking about access to facts. I am talking about information. Information is what is conveyed or represented by arrangement or sequence of facts and opinions.

In the ring counties around Philadelphia there is a higher concentration of college degrees and almost all houses are wired with high-speed internet and cable television. In these areas, voters cast ballots for parties not individuals. This pattern goes back the last four election cycles (the furthest back I can easily obtain reliable election data online). Election outcomes can be accurately predicted for any election by simply knowing voter turnout. This behavior is so strong that two years ago voters in the rich, highly educated and totally wired area of Lower Merion ignored the corruption and ultimate indictment of Congressman Chaka Fattah and gave him an almost a 70% victory over his Republican

rival, simply because he was a democrat.

As, I look at voting data further away from the cities, where there is less connection to the internet and no cable television, voting trends dramatically change. It becomes evident in these areas that people vote for the person. In this last election these people voted for Trump for president but then voted for a Democrat for Senator. And a majority of the voters pulled a lever for a democrat for Auditor General and Attorney General. In many cases the same voters went back and then voted for republican for local office.

Of all the Democrat majority counties that Trump won, Democrat candidates also won.

What I believe we are seeing is people with more access to information use that information to strengthen and galvanize their own biases and become more steadfast in their ideology and convictions. People with less access to information are more likely to question their own biases and ideology.

Over the past few election cycles, clear patterns are emerging that support my theory that people with more access to information tend to have very strong biases and are more politically polarized. People do not use information to question their own beliefs and research the validity of assumptions, but use that access to information to seek out support for their own narratives of events.

I first came upon this idea while reading the Black Swan. In his book, Nassim Nicholas Taleb warns of the danger of information overload and how too much information impedes a person's ability to make choices and see what is truly going on. We build false narra-

tives that fool us into thinking we know why events happened and what will happen. To steal a quote from Donald Rumsfeld, "danger does not lie in what we know, and what we know, we don't know. The danger lies in what we don't know, we don't know."

Unfortunately, most of us don't know what we don't know. We buy into the notion that all events have simple knowable causes and future, events are predictable.

We're drawn to information that reinforces our favorite narratives of what is happening and what is going to happen. It is argued that people crave linear causation to events. Trump won the presidency because (your favorite explanation here). The truth is, there is no single cause to why Trump won. As is the case for most (not all) political campaigns, victory or defeat is caused by an infinite number of variables. Many of these variables are outside the control of the candidate, and go unseen by those involved. We only focus on variables that we might have control over.

Today's news is filled with technical experts in all fields who try to convince us that they know what is going to happen in the markets next week, where the unemployment rate will be this time next year, who will win what political campaign, and what the next terrorist target will be. Their whole industry revolves around them, convincing us, that they have some crystal ball that tells the future. What these experts do have is a better understanding of the mechanics and history of their discipline, but no crystal ball. (My financial adviser knows never to tell me something is a sure thing, and when we talk investments we also talk about hedging investments in



case our assumptions are wrong.)

The authoritarianism of the expert is a marketing ploy and we buy into it. Think about all the family savings that were lost by people who believed the real estate experts who said that property value would continue to rise at 15 - 20% per year, with no end in sight. When that market crashed, the people and families who took the "experts" word as gospel were devastated. How many people go out into the woods, unprepared because a weather forecaster says, no chance of rain today.

This is the reason so many people were devastated by Hillary's loss, they believed all the political pundits who said no one would vote for Trump. They believed the election was predetermined. All the information they surrounded themselves with, reinforced their narrative that Trump was the Devil and Hillary was the second coming of Christ. They went into their Facebook groups of like-minded fanatics, sharing news article and tidbits of information that continued to fuel this narrative. They frothed on stories of Trump demeaning women. In their echo boxes they treated opinions and stories from the Huffington Post as the word of God. Their information filtered facts to build on its

own narrative of Hillary good, Trump bad. They saw their issues as the most important issues in the campaign and could not imagine how anyone else could consider other issues. They believed Trump was lying to the American people because the unemployment rate was at the lowest it has been since 2007. What their echo chamber would not let in was the dismal employment participation rate and the decline in average household income over the last 8 years. Their minds were closed to all the other issues that shaped the election. They were stuck in an information loop. And a fish is not aware it is in water until a fisherman pulls it onto land.

The same is true for Trump supporters. They also locked themselves in Facebook pages. They shared negative stories about Hillary and talked about the unfair news media. There will surely be some sad days for those that think Trump can do no wrong.

The less information you're exposed to, the more open-minded you're likely to be. Turn off the computer and cable TV and pick up a book.

To read past editions of The American Mind, visit the Author's section of Emmitsburg.net.

Down Under

Giving the green light

Lindsay Coker

Melbourne, Australia

I question the right of national sovereignty to burn its children to save its pride.

—Anthony Meyer, September 27, 1990

You may never have heard of Talisman Sabre, but it is, in fact, one of the biggest ongoing military training exercises for American troops. Held in semi-tropical Queensland, Australia, it involves most arms of your military, along many of ours. It has proved to be invaluable - and not just for the training it gives, but because it has become one of the reasons for our alliance. There are many reasons for this, the chief being our respective needs; Ours for protection, yours for strategy, with the links thus formed proving strong and appreciated.

Australia and America have had an increasingly close relationship since 1948, ever since we felt we had been abandoned by the British. We have long known that our location in the South Pacific is of significant strategic importance, but our population of 23 million

was insufficient to enable us to stand alone. So alliance with you became the goal, and successive administrations have sought to strengthen that, especially as China grew into a major player in the region. Various trade deals have been entered into, (never with the real benefits flowing to us), but that was a price we were prepared to pay, even as we felt cheated.

Then there are the arms deals. We bought your fighters as an assurance of our status as ally (and all the benefits we believed that gave) as well as submarines, even when we could not really afford them. Then, as we exported our actors and imported your culture, we were encouraged to ramp up other commitments which finally resulted in this wonderfully named Talisman.

America's financial contribution to our economy was never publicised, but remains significant. We were reassured you would defend us with all your big guns if needed, we would support you in pretty much anything you did, including the debacle in the middle east. However something started to change about two years ago. As China began its island building in brinkmanship mode, Amer-

ica seemed to be at a loss in how to respond. A degree of panic spread throughout this country; would we be caught between you and them? Our cash cow is China, our security is you. Long suppressed beliefs that we needed to be more independent surfaced, leading to assessments of our ability to take the lead in our defensive capabilities.

Then we experienced the wild and almost incomprehensible rhetoric of your new president. Build walls, repel asylum seekers, put up the shutters, suggest Japan rearms, make nuclear a possibility.

Those alarm bells grew louder, producing a sudden rethink of our foreign policy.

Plans to expand the area used for Talisman Sabre had been vehemently opposed by the farmers who own the land required, but had been told it would be compulsorily acquired. Now, our PM, Malcolm Turnbull, has thrown his hands in the air and declared that farmers who presently own the land may sell to the ADF (Australian Defence Force) if they choose. Compulsory acquisition will be not be enforced.

This and other things - the sale of the port of Darwin to the Chinese, for instance - have led your leaders to try to repair any damage by reaffirming their high regard for us. Mr. Trump has gone so far as to say we are your number one ally, even though he'd told our PM where to go over the deal to reset-

tle asylum seekers in America, agreed to by President Obama, calling it 'the dumbest deal ever done'. This, together with the many other irrational pronouncements he's made, have produced in a quiet state of dismay. We're so used to good manners and diplomatic discussion that the descent into alternative facts, altered truth, and arbitrary rejoinders is, frankly, making us sick.

But it has made us take a much harder look at where we stand. Many of us have been saying that it's high time that we took a 'grown up' approach to you, one where we do not roll over and say, 'Yes please, thank you sir', one that while we acknowledge our vulnerability, we also have the diplomatic skills to deal with threats, the ability to take our own far more inclusive and tolerant line, and to say no to dodgy trade deals.

Australia is small by any standard except in area and resources, yet it nears the front of tolerance, human values, health care, endeavour, and the practice of true democracy. We were settled by convicts, meaning authority has always been resisted. We looked out for our neighbours, welcomed outcasts, and introduced some of the basic human rights - enfranchisement, forty hour working week, federal healthcare, liveable pensions rates, and many other things that have made us the preferred place to live. Just like you used to be.

Mr. Trump may believe we are your chief ally, but appears to have no idea

of the reach China is forging. They are currently pumping billions of dollars into Papua-New Guinea, immediately to our north and immediately to the south of Indonesia. They are out-gunning Australia, whose investment and assistance to that country has fallen year by year. China is not doing this out of the goodness of their heart, but are establishing a southern perimeter in the south Pacific.

Indonesia is very worried. The Philippines have already told your forces to get out, even though you have a number of naval bases there. China is also setting up much of Africa to be Chinese territory. Their enormous wealth is buying them the emerging world, and you appear to not care. We are trying to forge a trade deal like the TPP without you.

Fortress America, which seems to the new reality, is a green light to China. It will not be long before they control the region, and Australia will either have to learn Mandarin or adopt a fighting stance.

America, once the most powerful and influential peacekeeper in the world, appears to be so frightened by terrorists that fighting that shadowy menace is taking up all your time and money. Xenophobia is not foreign policy.

Lindsay, baring arms, in Melbourne, Australia.

To read past editions of Down Under, visit the Authors section of Emmitsburg.net.

THE (retired) ECOLOGIST

The “Why?” question

Bill Meredith

Definition of a “Scientist:” “You could look for the tiniest bug and see it and call it a bug, but if you were a scientist you would know more than a hundred names for it.” By a fifth-grade student.

March is here again. At noon today, the sun’s rays will hit the earth just below the equator, and because the earth’s axis is tilted 23.5 degrees, each day the sun will appear to move just a bit northward. As a result, each day will be about two minutes longer. And on the 20th, the sun will stand directly over the equator, and spring will begin.

From my earliest memories, March has always been an interesting time. Of course when I was three or four years old I knew nothing about the earth’s movements, but I knew January and February didn’t seem to have much personality; they were always cold, and the ground stayed covered with snow, which was pretty for a day or two when it fell, but it soon became a dingy gray color from the smoke of our coal-fired stoves and furnace. But as March approached Grandma would begin sitting at the kitchen table with her Almanac, planning the garden; and she would start tomato and pepper seeds in big clay pots, while she waited to see if March would come in as a lamb or a lion. And I knew March was windy, so soon we would be able to go up to the neighbor’s farm, which was on the highest hill-top in the area, and fly kites. March was a good time to be four years old in those days.

My grandmother was a much better gardener than I will ever be. She

knew when to plant and how to tend and harvest things; and the foundation of it all was what she had learned from her parents and grandparents. She knew the “signs;” root crops like beets and carrots were planted in the “down sign,” while tomatoes, peas and beans were planted in the “up sign.” And she followed traditions: potatoes were planted on St. Patrick’s Day, except when it fell on a Sunday. She added to that base of information by reading seed catalogs and magazines like the Farm Journal; so she knew a lot. In those days, you weren’t supposed to be proud of what you knew, because pride was a sin; but she was an intelligent woman, and she took pleasure in knowing things. Her limitation was that the kinds of things she knew were answers to “what” and “how” questions. She didn’t ask “why,” because in that time and culture, the answer to “why” was already known. It was “because that’s how God made it.” The effect of celestial mechanics on the earth’s movement and the passing of the seasons were known to science then, but they were of no interest to her.

Sometime in the 1960s, I ran across the definition of “scientist” quoted above in one of the journals I subscribed to. I suspect when I was in the fifth grade, I might have agreed with it. It seemed that when you started learning science you were hit immediately by learning a whole new vocabulary of names for things. Biology is especially plagued by this; we had to learn to tell oak trees from ash trees, but then we had to learn that oak was *Quercus* and ash was *Fraxinus*... and then there were all of those different species of oaks and ashes, each

of which had a Latin species name. In a way, I was lucky because I had the kind of mind that finds memorization fairly easy... even like a game sometimes... so I was good at “what” questions. I sounded smart because I learned big words easily; but at “why” questions, which require logic and problem-solving, I was a pretty average kid.

The study of ecology goes through a progression of questions. For example, if you decide to study a forest, you must start by finding out what lives there; so you begin by doing a survey to identify the plants and animals... the “what” question. Then you start counting things and determine what species are most common and most rare... the “how many” question. As a result, you end up with huge amounts of information; you have described the forest, but you haven’t really explained anything. In a forest around here, you would see that the most common trees are oaks; there are old rotting chestnut stumps and logs, but no living chestnuts. Why? And there are many patches where the oaks have died recently. Why? And where the oaks died, there are locusts and aspens growing, but no new oaks. Why? What happened in the past? What is happening now? What will happen in the future? Why, why, why?

This pattern of education is not unique to science; most other disciplines are similar. You have to begin with a common language: in history, places and dates; in literature, authors, prose and poetry; in economics, production and consumption... and so on. A vocabulary must be learned, which is potentially boring. Good teachers find ways to make it interesting; inferior teachers resort to memorization. The “who, what,



when” questions occupy an excessive amount of time at the beginning; but you have to learn them before you can understand the really interesting and important stuff, the “how” and “why” questions. In our school system, most students don’t get to those really interesting questions until high school, and by that time many of them have been turned off. Nearly 7% of high school students drop out... that’s 1.2 million kids a year. This has profound consequences; during their lifetimes they will earn \$200,000 less than those who graduate, and a million dollars less than college graduates.

It would be wrong to presume these people are unintelligent or morally deficient. I believe they fall into the same normal distribution of ability as the rest of the population... a few are below average, a few are above, and most are somewhere in the middle. The difference, I think, is that these kids left the educational system before they learned how to deal with “why” questions. They have not learned ask “why,” and to demand accurate facts when looking for an answer; so they can be persuaded by rumors or outright lies. And they have not learned to assemble complex facts into a logical explanation or argument. Hence, as the world becomes more complicated, they are vulnerable.

Years ago, I saw a TV interview

with the last survivor of Hitler’s Reich, and industrialist who received a life sentence at the Nuremberg trials. He was very old, but alert; I think he might have been Albert Speer, but I’m not sure. I have not been able to find a record of the interview; but I remember almost verbatim what he said. The interviewer asked him how Hitler was able to persuade so many people to follow him; and the old man replied, in perfect English: “We Germans are a remarkable people. We are honest, intelligent, and industrious; we are clean, generous, and cultured; we love music and art. But we have a fault. We are easily misled.”

That was, as I said, a long time ago. I was a teacher, so I was concerned about how people learned; and those were worrisome times. As the idealism of President Kennedy faded, the disillusion of Vietnam grew, and the amorality of Watergate increased, I saw a change in how young people reacted to the educational process. The theory of “why questions” hadn’t occurred to me yet; but it was beginning to germinate. And as computers started to take over our thinking for us, it progressed. So now, here we are... easily misled?

To read past editions of the Retired Ecologist visit the Authors section of Emmitsburg.net.

Frederick County Recycling poster contest

Local residents and students have an opportunity to showcase their artistic talent and their support of recycling by participating in the Department of Solid Waste Management’s Recycling Poster Contest. The program, which runs through March 27, asks participants to create artwork that provides education on or promotion of the topic of recycling.

Entries may be in any medium (drawing, painting, digital illustration, etc.). Selected entries will be reproduced as posters, so artwork should be designed with that goal in mind. County staff will select one Grand Prize Winner to receive a \$150 award and four K-12 students to each receive \$75 awards. Voting on Facebook will select a “Com-

munity Choice” winner to receive an additional \$100 award. (Funding for contest prizes has been made possible by a grant from Waste Management Recycling America.)

The announcement of contest winners will be made in conjunction with the County’s acknowledgement of “Earth Day,” the week of April 22. Printed posters reproduced from participants’ artwork will be available for distribution at DSWM and community events.

For more information, please contact Annmarie Creamer of the Frederick County Department of Solid Waste Management Recycling Outreach Program at 301-600-7405.



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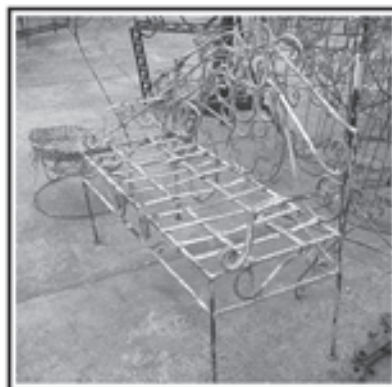
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Behind the maple scene

Kay Deardorff

It seems as though spring is finally arriving. Crocuses will soon be blooming and daffodils are peeking through the soil's crust. These are the things that we can see this time of the year. The days can get warm enough to remind us that spring is just around the corner. Then the nights are so cold that we need to throw an extra log onto the fire.

But there are things happening in nature that we cannot see. The maple trees have sap flowing as the temperatures fluctuate from about 20° F overnight to approximately 40° F during the day. Essentially, the life source of the tree is preparing to nurture new growth for the upcoming spring. During the beginning of the sap flow, it is an ideal time for the backyard hobbyist to tap trees; collect sap; and boil it down to sweet, syrupy goodness for his breakfast delight.

Today, we don't take the approach of our Native American predecessors and toss a tomahawk into the bark of a nearby maple tree and then wait for the sap to ooze from the wound. With experience comes increased knowledge, and we now know we must look for a tree that's just the right size and use the proper tools to capture the naturally sweet maple flavor.

In order to insure minimal damage, the standard tree size should be at least 10 inches in diameter. Tapping the tree consists of drilling a 7/16" hole 1½ to 2" deep and inserting a plastic, wood, or steel spile. Sap can be collected in the traditional method using buckets. Most metal taps have a small hook, from which a bucket may be hung. This extracts only about 10% of the sap produced by a tree each year. Each tap yields an average of 10 gallons of sap per season: that yields about one quart of syrup. About 30 - 55 gallons of sap are evaporated to make one gallon of syrup.

Another method of gathering sap is by using plastic tubing or 1 gallon jugs. This tubing can be connected to the plastic taps. When tubing is used, in commercial operations, a vacuum pump is often connected to the tubing to improve sap collections on cloudy days.

A sugar shack is where the sap is boiled into maple syrup in an evaporator. Sap breaks down quickly, and so it should be boiled into syrup the same day it is collected. Evaporation that is too fast or too slow can affect the color and the flavor of the syrup.

The syrup is finished when it is exactly 4 degrees above the boiling point of water, which is 212° F.

But how would you find that perfect tree for the best results? Here are some facts to look for when searching for the best producer. Sugar maple sap has the highest sugar content of all maple trees. In the summer and fall you can identify the tree by its leaves that are 3-5 inches wide; 5-lobed; bright green upper surface and a paler green lower surface. The leaf on the flag of Canada is a sugar maple leaf. The leaves are located opposite one another as opposed to many other trees with an alternate leaf pattern. In the winter look at the bark of a sugar maple which is smooth and gray on young trees up to 4-8 inches. Older trees have developed furrows and ultimately long, irregular, thick vertical plates that appear to peel from the trunk in a vertical direction, but are in fact very strongly attached. The bark on the lower trunk also often appears to look somewhat twisted around the base. The younger upper branches will have smoother bark.

Black maple trees are also used even though the sugar content is less than the sugar maple. Find them by noting the similar leaf, but usually 3-lobed and is thicker. It often appears to be drooping. Likewise, the bark is similar to the sugar maple, but usually darker and more deeply grooved or furrowed.

If no sugar or black maples are available, you might locate a red maple. Its 2-6 inch wide leaves are 3-lobed. There are small sharp teeth along the margin and mature leaves have a whitish appearance underneath. Young trees have a smooth, light gray bark when they are only 4-8 inches in diameter. When they have reached the mature size for tapping they will have gray or black ridges and ultimately narrow scaly plates. Red maples are the most common maple in this area and the bulk of the maple trees on the Preserve.

Finally, you may find silver maple trees to produce the sap you need for maple syrup. However more work will be involved with the collection of the sap as well as more time in the evaporation process since the sugar content in the sap is much lower than the sugar maple trees.

Every year, Strawberry Hill Nature Preserve, near Fairfield, presents a maple sugaring program that al-



lows participants to have a hands-on experience with all facets of the sugaring process. During this 90-minute program, attendees learn the history of maple sugaring and then are led to the forest where they select a tree, drill into it, hang a sap bucket, collect sap and watch fresh sap being cooked down into syrup before their very eyes. As soon as the syrup is ready, participants have a chance to taste the finished product.

Strawberry Hill demonstrates the entire process to school classes, home schools, organized groups, Boy and Girl Scout troops, and the general public. The program is suitable for all ages. It's educational, fun, and a wholesome family activity. After participating in the program, participants will have all the knowledge needed to do sugaring in their own backyard. There will also be maple syrup for sale as well as maple collecting kits.

You won't want to miss Strawberry Hill's pancake breakfast on Saturday, March 4th being held at Camp Eder, located at 914 Mount Hope Road, just a mile from the Preserve. Enjoy pancakes, eggs, and sausage before you check out the local craft ven-

dors on site. You may want to sign up to learn about the maple sugaring process while you are there. 90-minute programs are offered hourly from 9 a.m. through 12 p.m.

Come out and experience the mag-

ic of the maple trees this winter. It's an experience you won't soon forget!

To read other articles by Kay Deardorff, visit the Authors section of Emmitsburg.net.

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For more to see and do in Frederick County, call 800-999-3613 or visit www.VisitFrederick.org

REAL SCIENCE

Wind power and tomatoes

Michael Rosenthal

We've written before about producing energy from wind. Wind power is emerging as a very active component in the evolution of energy production. For years, energy production from wind was stymied by high costs, regulatory hurdles, and the opposition to the windmills citing interference with ocean views. Windmill progress is now moving forward, and here are some of the recent developments in wind power production.

The Long Island Power Authority in New York has reached an agreement to build a 15 turbine wind farm, serving some 50,000 homes, in the ocean about 35 miles from Montauk. The Power Authority sees this as just a beginning to developing other wind locations around Long Island. The financial aspects seem to have been worked out between developers and utilities. In Europe energy production from offshore wind is thriving, costs have dropped, and the acceptance by the public is coming into play. A Norwegian company, Statoil, is planning to develop a 79,000 acre site south of Jones Beach on Long Island. If people can get past the feeling that wind farms are not aesthetic, this will be a truly wonderful way to produce energy without a negative impact on the environment. With no carbon dioxide emission, the production of energy from wind produces no global warming. People like to live on

our coasts, home to half the population of the United States. Our coasts offer some of the strongest wind resources in the world, possessing in theory, enough energy to produce 4 times the power now produced in the United States. It is cheaper to construct these turbines on land, but the East Coast has strong winds and shallow waters. With careful planning, then, many of the turbines can be placed farther out to sea and will, thus be less visible. I myself like the sight of a wind turbine, but not everyone feels that way. New York is a prime focal point for wind development because of Governor Cuomo's commitment to meet 50% of New York's power from renewable sources by 2030.

We've written previously about the various attitudes toward use of plastic bags. The New York State Legislature voted to prevent New York City from a proposed plastic bag law that would have charged five cents for each plastic bag used in a sale, allowing merchants to keep the money. It was not a tax, but an incentive, said the Legislature, to encourage better habits and limit trash. The Legislature voted to block the law, prohibiting a fee and to delay for a year any effort of New York City to impose such a fee. They said it was a tax on the poor who "needed the nickels to buy bread and eggs". Governor Cuomo agreed with the Legislature and signed the bill, and promised to form "a statewide task force to develop a uniform state plan



Our coasts offer some of the strongest wind resources in the world, possessing, in theory, enough energy to produce four times the power now produced in the United States. It is cheaper to construct these turbines on land, but the East Coast has strong winds and shallow waters. With careful planning, many of the turbines can be placed farther out to sea and will thus be less visible.

for addressing the plastic bag problem." Why not use reusable and then recyclable paper bags, I say, and protect the environment from some of the plastic debris we see on the road and in trees on every road trip we make? The battle continues, in New York and elsewhere.

Another ongoing issue is the disposal of nuclear waste. However you feel about nuclear power, we all agree that there has to be a safe way to dispose of nuclear waste. I was surprised to see that the fuel rods from the closed reactor at Indian Point were still being stored on the site.

We have made reference in earlier articles to the nuclear plant explosion and fire at Chernobyl in the Ukraine in 1986. Engineers are putting the finishing touches on the New Safe Confinement structure at Chernobyl, that will fully encapsulate the reactor and remaining nuclear material. The 1.6 billion dollar project is intended to last 100 years. It is as tall as the Statue of Liberty

and as long as two football fields. It will withstand tornados and earthquakes typical of that region. In utilizing nuclear power, an important source of energy that does not have any global warming effects, we need to continue to find safe solutions to the nuclear waste disposal issues.

Finally, here is an update on the Flint, Michigan, water crisis. The drinking water in Flint is now in compliance with federal regulations on lead and copper content, but officials say that it may be a year or more before it is safe for residents to drink from their faucets because of the need to replace lead-tainted pipes. The mayor said, "We are not out of the woods yet," and she urged Flint residents to continue to drink bottled water or use filters. The city is working to remove some 20,000 lead tainted water pipes; it plans to have 6,000 replaced by the end of 2017. The lead pipes were installed from 1983 to 1988.

One of our summer activities is growing some vegetables, partic-

ularly tomatoes. I'm sure it's obvious to most of us that tomatoes purchased in supermarkets do not have the flavor of home-grown tomatoes or those found at local fruit and vegetable farm markets. A group of researchers at the University of Florida have done genetic sequencing of almost 400 varieties of tomatoes, and have identified, using human taste panelists, the specific molecules that lead to the best flavor and odor. From this work the scientists then proceeded to determine the molecular markers that can be used to breed back the tastier tomatoes we once knew.

Tomatoes are America's favorite produce product, reflecting nearly 10% of the fruit and vegetable market sales. The development of produce in recent years has focused upon good looks and ease of transport, instead of flavor. Most supermarket tomatoes have a genetic mutation that partially delays the production of ripening hormones, thereby adding one to two weeks of shelf life. As Mel Brooks said (one of my favorite quotes!) "Everything is Show Biz." Now that is understandable, not just from a financial standpoint, but to allow for availability. We've all been faced with the frustration of not finding availability of a favorite fruit or vegetable in a supermarket. Then there is the issue of flavor versus aesthetics. Spotty green patches on wild and heirloom varieties that tomato breeders have sought to eliminate on aesthetic grounds contain chloroplasts that actually enhance sweetness and flavor. Larger fruits also often have less sweetness due to a change in enzyme use. So, the goal is to find a balance – a tomato that has the flavor we seek, but yet large enough in size and sturdy enough for distance shipping. The laboratory, at The University of Florida, directed by Professor Harry J. Klee, is said to fill requests for a packet of their improved tomato seeds, for a donation of \$10 or more.

To read past articles by Michael Rosenthal visit, the Authors section of Emmitsburg.net.



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THE VILLAGE IDIOT

My qualifications to be Mayor

Jack Deatherage

With the current Mayor of Emmitsburg's term end this September, people will be lining up to take his place, so I figured before everyone else gets going, I'd spell out why I think I'd be a choice.

The Municipal Charters of Maryland: The Mayor must be a legal resident of Emmitsburg, Maryland, for at least two years immediately preceding his election and shall be a qualified voter.

I've resided in this burg since August 1979 and passed out in several backyards in town for years before that! Of late, I've been sober (mostly) at the same street address since 1988. I registered to vote as a Democrat (while I was working on sobering up in 1992) and later (having attained sobriety) changed party affiliation to Republican, which party has since given me reasons to imbibe again.

There is mention of a salary in the Charter. I'd have to refuse that. Can't be having my below the federal poverty level income bumped up to where I'd think I was worth more than compost. No. I'd suggest to the town commissioners that my salary be applied to a few projects I'd do my best to implement. The primary project would be establishing an Emmitsburg public education program. Public in that any child living within the burg would have access, and said program would likely be established on public property.

I figure whatever the mayor's salary is it would more than suffice for the education program I've in mind. Socrates didn't need four walls and a roof to educate his students, nor did I to teach my kidlet to read, or to provide a bunch of IWLA kids with an impromptu history/geography lesson while standing under the tulip poplars along the archery range. Nope. I'd just need a friable piece of ground with a dependable water source to begin the education program I'd advocate.

Under Powers and Duties: Generally. The Mayor shall see that the ordinances of the town are faithfully executed and shall be the Chief Executive Officer. The Mayor shall be responsible for the administration of the town's affairs to the Board of Commissioners and to the voters of the town. (Blah blah blah.)

I'd have to trust the town employees to handle much of this. I haven't a clue. I do understand how to administrate. I'm a fan of Joey Stalin's methods. Which reminds me, should I actually lose what little mind I have and file to run for the mayor's seat, a local artist has offered to create a banner (free of charge). He did mention something about it being reminiscent of a hammer and sickle. Which would fit in perfectly with the education program I

have in mind!

Also, Approval or Veto of Legislation: The Mayor shall approve or disapprove every order, resolution, or ordinance passed by the Board of Commissioners. Every order, resolution, or ordinance passed by the Commissioners shall be submitted by them to him immediately after its passage at a public meeting and within ten calendar days after the date of the meeting at which the action was passed he shall act thereon.

Not a problem. I'd sleep through most of that stuff anyhow, trusting the board to do its job better'n I'd ever do mine. Of course I'd operate on the adage, when in doubt- veto.

Further along in the Charter: Appointment and Discharge of Officers and Employees.

(YAWN) Since I've been told the mayor hasn't the power to have heads cut off I'd leave replacing and hiring bodies to the town staff's discretion, and the board's wisdom.

And lastly: Miscellaneous Powers and Duties. The Mayor shall have such other duties and powers as are given to him by other Articles of this Charter and by ordinances passed pursuant to this Charter by the Board of Commissioners, such as, but not limited to, the financial supervision of the town and preparation of the budget. (Res. No. 2, 12-30-80.)

Whatever. I suppose I'd have to get someone who can interpret government gobbledegoop to explain what that entails, but I'd still not give a rat's... Ummm would I have to learn to curb my vulgar tongue if I were mayor? (DW says I would. That might well be a deal breaker right there.)

Which brings to mind some things I believe I've seen past mayors of this place do. First, I'd not be bringing land I own into the town limit, or greasing/easing the skids for developers to develop. Not because I think such things unethical, but because I have no land to use to my own ends. Second, there'd be no pictures of me glad-handing various community group leaders. Two reasons behind that. One, I don't own a tie, and two, I'm not a pol needing my ugly mug before the public eye so I can win another seat in some fu-

ture election.

Having met the town's mayoral qualifications (and in my mind, exceeded them) I move on to a likely speech about the platform of my campaign.

"Friends, relatives and aliens, terrestrial or no. Lend me your testicles and spines 'cause you all ain't using them and I need all the help I can get to flip this dead tur- (DW says she's going to have to heavily edit my speechifying) of a town over so's I can plant the seeds to grow a new garden!

"Yes, a garden. What else can we do with this burg incapable of escaping the state and county's death decrees of "bedroom community"?

"They's taken away your high school! They ship your Rugrats off to Thurmont when they reach middle school grades.

"Be dere enough voters here to change that? Hell's no!" (Some swinging my arms wide in theatrical gestures of encompassation. Gods! Did I slop some wine from the drinking horn? Oh horrors!)

"Hell's no we can't escape the machinations of people who rule here without living here! But!" (Take a sip. Belch politely) "We can rebuild our community without those who have no concern here other than we vote for them every two, four or six years, pay our taxes and approach them, hat in hand, to beg their munificence when we need to raise money for some civic project that they must first approve.

"As mayor, the county and state would be sources of last resort for the projects I'd stomp and curse for. 'We can do it.' would be my rally cry as I set about gathering those outside of government to my cause of renewal and rebirth. After all, who benefits from a vibrant, self-fulling, self-sustaining community? Not Frederick county government. Certainly not the state government! (Except for the taxes they take.)

"No people, I ask YOU to set aside your stupid phones and turn off your giant flat screen TVs and take a minute, not more, (cain't be taxing your underdeveloped brains too quickly) to turn out to vote for the one idiot not interested in gaining anything from being your mayor, other than beginning

Deatherage
For Mayor!

Speaking the plain truth -
like the Village Idiot I am!

a garden to educate your Rugrats so's they have some tiny chance of growing up as humans capable of forging their own gawda- Oops. (DW insists I let her edit this speech. Freakin' overly sensible females anyhow.) Forging their own

Paths through this turn of the ever changing drama known as Emmitsburg!"

To read other articles by Jack Deatherage visit the Authors section of Emmitsburg.net.

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PETS

Meet Sasha



Jennifer Vanderau
Cumberland Valley Animal Shelter

This girl has so stolen my heart. Allow me to explain. On September 8, we arrived at the shelter to find a dog in the outside kennel. Sadly, this isn't a unique occurrence, but the little terrier girl we found inside has turned into such a sweetheart.

We discovered she was found running around and brought to us overnight. We named her Sasha and realized she's definitely a senior lady – at least 10 years old.

When she was spayed the vet found a lump. That's never good on an older dog, but we hoped for the best when we sent it out to be biopsied. It came back with a very small percentage of cancerous cells.

The good news is the vet believes

she got it all. Now, we just need to find Sasha a second chance.

This little baby has quite the personality. On Thursday mornings I take animals to the radio station, News Talk 103.7, to promote them. It's in downtown Chambersburg and is actually surrounded by glass so all the passerby can see in. It's pretty cool.

Anyway the morning I took her it was cold. Darn cold. In fact, I think it was snowing a bit. When I pulled up outside of the station and went around to the passenger side to get her, she took one look at me and one look at the ground and I swear I could read her mind saying, "Oh, no way, sister. I'm not doing that."

She stayed in the car. No kidding. I couldn't get her out no matter what I did.

We laughed about it on the air and

I took a picture of her little face in the window. So cute!

It's when I got her back to the shelter that I thought, "Now what?" How was I going to get her out of the car? She had recently had her surgery, so I didn't really want to pick her up.

This time, when I opened the passenger door, she crawled over to the driver's seat. No matter how much I reasoned with her about this was the shelter where her kennel and breakfast were. Nothing.

So I sat in the seat next to her and again went for logic. This time, she put her front paws on the console between us and when I leaned down to plead my case one more time, she licked my nose.

That was the exact moment my heart became hers.

She walked slowly into my lap and I scooped her up and took her back in.

As is evidenced from this story, Sasha hates the cold. In fact, she has a fluffy bed and a blanket in her kennel that she likes to snuggle up in – and by "snuggle up in" I mean you often don't realize there's a dog in the kennel. She's on her bed, under the blanket and she's really just a lump.

The cutest thing she does when someone gets her attention is poke her head out from the blanket and walk out of the bed – dragging the blanket behind her. Because of this, I often have to check on her to make sure she's actually covered up. If you step into her kennel and hold the blanket over her bed, she'll crawl right in and wait for you to cover her. That's what she wants and she's so happy to be able to snuggle in that bed and blanket.

It's so dear.

Our friends at Wilson College recently gave her a dental. And just this morning, she was video taped for a Dog Law informational segment on the importance of licensing your pup. She was quite the star!

Our dog warden was filmed taking Sasha in and out of the truck and what a little trooper our Sasha was. In fact, for the return segment to the kennel, Sasha apparently didn't want to stop filming. They had already done it twice and little Sasha was ready for a third take. She strutted right down the kennel floor like a model on a runway.

I said she was just finding her inner Kim Kardashian! Ha!

Everyone that was here for the video and everyone at Wilson College fell really hard for this sweet girl.

I really think getting Sasha her dental and surgeries has helped her feel



Kia is a one-year-old gray tabby cat who still has a lot of kitten in her. Just look at that face! You know she loves to play. She will make a really fun companion for someone.



Daisy came to us from another shelter where she was found in their overnight cages. Daisy is a very sweet girl, but can be a little shy sometimes. Daisy can be possessive of people, especially around other dogs, so she would need to be the only dog in the house. Since we don't have any history on her, we're looking for an adult-only home for her. Daisy loves to cuddle with people and loves attention! If you can help Daisy out, please stop by to meet her.

better. She really does seem to trot around with a swing in her step more than before.

Here's the thing. I know Sasha is a senior pet and I know she comes with a somewhat cancerous growth already having been removed. And I know a lot of people can't stand the pain of losing a four-legged friend and aren't all that anxious to take on an older one because the time will be short.

But even though the time may be short, it doesn't mean it can't be special and poignant and filled with great memories. It doesn't mean it won't mean something to an older dog who really needs someone to reach out and say, "You're not broken. You're still worthy of love."

And Sasha. Man, if any animal is worthy of love it's her. Sasha has those eyes that seem to just look right into your soul. And she has the sweetest personality.

She's been through a lot, I won't sugar coat it, but I think because she still maintains such a sweetness, such a

soft charm, it makes her quite special.

No one looks for the older dogs. Everyone wants the puppies.

No one gives a thought to the pup who – through no fault of her own – found herself in a shelter later in life and would like nothing more than a nice bed and a kind touch for however many years she may have left.

I know it's difficult and it requires a very special, very big heart to take on this kind of thing, but if you give my Sasha a chance, I promise you won't be disappointed.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.

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Cocoa and Puff

Kimberly Brokaw DVM
Walkersville Vet Clinic

Back when I was in high school I had a boss who told me "Don't just do something, stand there." At first I thought he had mixed up the saying but with time I realized that his version was much better than the original. Throughout my veterinary career I have seen numerous situations where things have been made worse by well meaning owners who acted quickly rather than thinking about what they were doing and acting appropriately. The majority of the time the owner was in a panic as their pet was injured and they gave medication without thinking about the consequences.

There are two particular cases that come to mind of well meaning owners inadvertently contributing to the death of their pet through good intentions. The first case was while I was working the ICU shift in vet school. Puff was a cat that belonged to one of the undergrad students at Virginia Tech. The student lived a short distance away from campus in a pet friendly apartment. She'd gotten Puff before she left for college and Puff had been her "study buddy" for her senior year of high school and first two years of college. Puff liked to sit on her books and computer while she did class work as well as on the bookcase.

One afternoon, Puff's owner came home from class and found that the bookcase had fallen over and landed on Puff. Puff's owner was relieved to find that Puff had managed to be in between the shelves of the bookcase when it fell so

he wasn't crushed. She pulled him out from the book case and while he looked a little sore, she didn't think he had any serious injuries. However, as she was concerned that he was in pain she gave Puff ¼ of a tylenol tablet to help. Puff's owner then went out again and didn't return for several hours. When she came back Puff was lethargic, his face was swollen, and he was having trouble breathing. She thought that perhaps that bookcase had injured Puff worse than she thought and immediately took Puff to the vet school's hospital.

Puff's clinical signs were actually caused by the Tylenol and not the bookcase. Unfortunately Puff's owner didn't realize that Tylenol is extremely toxic to cats. Puff was immediately started on IV fluids, oxygen, and a variety of medications to help with toxicity. Unfortunately Puff did not survive.

Cocoa's case is very similar to Puff's. Cocoa was a small fluffy pony. He was a super easy keeper and lived out in a field with hay, water, and a run-in-shed. He preferred having the freedom to come and go out of his run-in-shed over the forced confinement of the stall. As Cocoa and his young owner got older, Cocoa was retired and got to live out full time. On one particularly windy day, Cocoa was seeking shelter in his run-in-shed when the wind blew it over and it landed on him. His owner's mother found him stuck laying underneath the shed. She had fed him breakfast only a few hours before so she knew he couldn't have been like this for long.

She immediately got some neighbors

to come over to help lift the shed off of Cocoa and gave the small pony an entire tube of banamine paste to help with his discomfort. In her hysteria she hadn't read the instructions that were written on the tube of banamine and rather than giving Cocoa a 400 pound pony dose, she gave him a 3,000 pound horse dose. A dose that high could cause a myriad of side effects from stomach ulcers to kidney failure. As it was upon getting the shed off of Cocoa and getting him to his feet she realized that he was badly injured. I arrived at the farm and told his owner that Cocoa had broken his femur and that it had significantly displaced. As he had a very poor chance of recovery from the fracture, euthanasia was elected before Cocoa developed any side effects from the banamine overdose.

One of the saddest things I see as a veterinarian is when a well meaning owner inadvertently harms their pet. People frequently slam dogs' tails in doors and crush paws underneath chairs. While accidents like that happen, it is important to pause and think before you rush to give your pet a medication trying to make them feel better. Certain medications are toxic to pets. Cats are very sensitive to Tylenol, Advil, and Aleve. Dogs can get perforating stomach ulcers from Aleve, Advil, and some types of Motrin. Even if you know that a medication is safe to give to your pet, verify the dosage. Nothing is more heartbreaking than having to tell an owner that, while they had good intentions, they inadvertently poisoned their pet.

To read other articles by Dr. Kimberly Brokaw, visit the Authors section of Emmitsburg.net

The importance of microchipping

Shelby Smith
Antrim Veterinary Hospital

It's the beginning of a New Year! Let's get started right with our pets. Hello, it's Shelby again at Antrim Veterinary Hospital. Microchipping is very important to our furry family members, let me tell you why. Pets like to explore their surroundings but what if they explore too far and find themselves unable to get back home? Even an indoor cat may be an escape artist, or heaven forbid a natural disaster such as a tornado, fire, or earth quake leaves you without your home. Your beloved pet may be lost. Having your pet microchipped can drastically increase your chances of finding him/her. Collars and tags can break, be lost, or removed. As tags get old they become hard to read. Tattoos can be difficult to read, covered by hair, fade, or can be altered. A microchip is tamper-proof. Dogs without a microchip have only a 21.9% chance of being returned to their owner but having a microchip increased these odds to 52.2%. Only 1.8% of cats without a microchip are ever found by their owners but 38.5% of cats with a microchip are reunited with their owners.

A microchip is about the size of a grain of rice and is placed under the skin between the pet's shoulder blades. It does not require anesthesia and can be done in a matter of seconds. It is no more painful than having a routine vaccine or injection. Each microchip is encoded with a unique identification number and is permanent once placed.

Once the chip is inserted the pet is scanned to ensure proper placement and the identification number is checked. Microchips do not have a battery so there is nothing that needs replaces and they require no maintenance.

There are many different microchip companies. Some have annual fees or fees to update your information. At Antrim we carry PetLink which has only the initial fee at the time of placement. It is a lifetime registration with no renewal fees. It is easy to register and update your information if needed. This information is used to reunite you with your pet if they are ever lost.

Never assume a pet is a stray; this includes cats. If you see a cat or dog wandering please contact your local animal control or police station as a pet may be unpredictable if scared. If you are able to safely secure the animal you may take him/her to your local veterinarian or animal control facility as they will be able to scan the pet for a microchip. Most, if not all, shelters and humane societies have microchip scanners. If you must take the unknown pet home do not introduce it to your own pets for fear of disease transmission or fighting.

Millions of lost pets are taken into shelters each year so make sure your pet is linked in with a microchip. If they have no means of identification it is possible that if the shelter is over capacity that the unthinkable could happen. This could be prevented with a simple microchip. What a wonderful gift to give your 4-legged family member and kick off the New Year.



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THE MASTER GARDENER

Invasive insect update

Mary Ann Ryan
The Bug Lady of Gettysburg

Insects. Just the word can make some people's skin crawl. "Over 900 thousand different kinds of living insects are known...and in the United States the number of described species is approximately 91,000." That's a lot of bugs! However, of these many species, very few, less than 1%, are actually pests.

True pests in our landscapes may include insects like Japanese beetles, bag-worms, and aphids. Most of which can be easily maintained with mechanical control like hand picking, or soft pesticides like insecticidal soap or summer oil. However, some pests can be deadly to our trees or shrubs and gardeners, homeowners and property managers should be on alert.

One such insect is the Emerald Ash Borer. This small borer is rarely seen, but the damage it leaves behind is very evident. It specifically targets ash trees, and this time of the year, when the leaves are off the trees, the damage is very apparent. Typically, woodpeckers make the D-shaped exit holes

of the adult beetle even larger, as they go after the larvae for food, and the bark almost looks like it's shedding due to woodpecker damage.

In PA, Emerald Ash was first discovered in the western part of the state back in 2007. In Adams and York Counties it was confirmed in the summer of 2014 and July, 2012 in Franklin County. Emerald Ash Borer (EAB) has been in Maryland at least since 2008. Quarantines have been set for the state of PA and MD, which limits any firewood that is moved across state lines. Unfortunately, this insect will destroy the ash trees in the forests and landscapes. If found on your property, the best measure of control is to cut the tree down and burn the wood.

If there are valuable ash trees on your property that are worth saving, there are pesticides that can be used prior to infection. The use of a systemic insecticide is the most effective way of controlling these insects before they attack a tree. Imidacloprid is a common active ingredient that is available to homeowners. It may be a good idea to contact an arborist to apply the insecticide, and they typ-

ically have more options as well.

A newer threat in our forests and landscapes is Thousand Canker Disease. As the name suggests, small lesions, or cankers, form under the bark, reducing the flow of water and nutrients up and down through the tree. This disease involves the walnut twig beetle as well as a fungus. The beetles carry the fungus and bore into the tree, thereby infecting the tree. Small cankers form where the beetles tunnel. Over time, the walnut tree declines, eventually to its death. Early symptoms include yellowing leaves and opening of the canopy. Eventually, large limbs will die and not soon after the entire tree will die too.

Unfortunately, there is little control for this disease and insect. Management for this disease involves removal of the infected tree. A quarantine has been placed on Bucks and Chester counties as well as Delaware, Montgomery and Philadelphia counties. "The quarantine restricts the movement of all walnut material including nursery stock, budwood, scionwood, green lumber and firewood. It also covers other walnut material living, dead, cut or fallen including stumps, roots, branches, mulch and composted and uncomposted chips. Due to the difficulty in distinguishing between species of hardwood firewood, all hardwood firewood is considered quarantined.

The quarantine also restricts the movement of walnut material and hardwood firewood from states known to have Thousand Cankers Disease including Arizona, California, Colorado, Idaho, Indiana, Maryland, Nevada, New Mexico, North Carolina, Ohio, Oregon, Tennessee, Utah, Virginia and Washington.

Non-compliance with the quarantine order could result in criminal penalties of up to 90 days imprisonment and a fine of up to \$300 per violation, or a civil penalty of up to \$20,000 per violation."

Spotted Laternfly is the most recent pest of concern. This spotted moth



Spotted Laternfly is the most recent pest of concern. This spotted moth with orange/red coloration "has the potential to impact the green industry, grape growers, tree fruit growers, and the forest- and wood-products industries in Pennsylvania as well as throughout the United States."

with orange/red coloration "has the potential to impact the green industry, grape growers, tree fruit growers, and the forest- and wood-products industries in Pennsylvania as well as throughout the United States."

It has one generation per year, overwintering in the egg stage. The eggs hatch in late April/early May, as many as 50-60 per egg mass. They go through four nymph stages before becoming adults in July. At the present time, they have been found in the western part of PA. Visit www.agriculture.state.pa.us for more information on the quarantine.

The Viburnum Leaf Beetle is a concern for our native viburnums as well as the non-native viburnum species. There is one life cycle per year. Both the larvae and adult will feed on the viburnum leaves, skeletonizing the leaves and after feeding on the plant for a few years, the plant will die. Damage will appear as early as June.

Initially found in New York and Maine, the insect has been working its way south into northern and central PA. At this time, it has not yet been detected in south central PA. However, when it does reach this part of the state, there is control for the home gardener.

Take a look at the twigs of the viburnums in late winter - early spring. The insect overwinters as eggs and these masses can be seen as swellings along the twigs. When seen, prune them out and destroy the egg masses. Continue to monitor the plant during the spring for any feeding on the leaves. If spotted, spray with acephate, carbaryl, cyfluthrin, imidacloprid, or malathion in May to control the larvae.

Among some of the insects that have

not yet reached this part of the state, but potentially pose a threat, is the Asian Long horned beetle. This insect was initially found in New York and is now also infecting Massachusetts and Ohio. There are regulatory and control actions in these states.

This insect is a boring insect as they work by tunneling into trees and girdling them, and they affect many tree species. Symptoms include yellowing leaves, reduced crown cover, branch die-back and eventually death. They create distinctive round exit holes. This beetle has not yet been found in PA, but there are a few look alikes that are often mistaken for an Asian Longhorned Beetle. If ever there is a beetle in question, take the sample to your local extension office for identification.

We will always have pests in our forests and landscapes. The hope is that we can manage them to reduce economic and environmental damage. The best way we can do this is by being informed and asking questions. Your local extension office is a wealth of information. Extension offices across the state have contact information to get you to the folks that know, and often times, have the answers without searching any further. Call, stop by or email us with your questions. We'll find the answers. Our office is located at 670 Old Harrisburg Road, Gettysburg, PA 17325, 717-334-6271, email at mar35@psu.edu. In Maryland, call 301-600-1596, stop by at 330 Montevue Lane, Frederick, MD 21702, or visit us on line at: www.extension.umd.edu/learn/ask-gardening.

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

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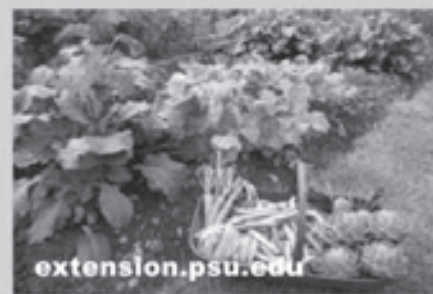
March 30: Plant Rotation and Companion Planting - This class focuses on nutritional needs of vegetable plants and natural ways to manage fertilization and insect management. After attending this session, you'll have a better understanding of soils, compost, and plant management.

April 6: Early Spring Crops - Gardening can begin as early as March, if the weather permits. This class will cover the spring crops: leafy greens, peas, potatoes, and brassicas. After this class you'll want to start digging! We will also talk about how to manage these same crops in the fall.

April 13: Summer Crops - Warm season vegetables bring a different set of issues than any other season of veggies. Tomatoes, peppers, cucumbers, and melons can be the most difficult plants to grow. The temperatures and moisture play a huge role in these crops and what diseases and insects attack them. This class focuses on best practices for growing these widely used and grown summer crops.

Registration Fee: \$75 to register visit www.extension.psu.edu/plants/gardening/events or call 717-472-0261

The Garden Patch Through the Seasons



Thursday Evenings, March 23, 2017 through
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For the third class, we will concentrate on container gardening. Do you have a small outdoor space and still want to garden? This class will focus on containers: types of containers, managing container plantings, and best selections—from soil to plants.

Our final class will be on design elements in a small-scale garden. Space and micro-climates may seem limit-

ing, but also can create many design opportunities.

The courses will be held Wednesdays, March 1, 8, 15, and 22, from 6:30 - 8 p.m. at the Agricultural & Natural Resources Center, 670 Old Harrisburg Road, Gettysburg, 17325.

Vegetable Patch Through the Seasons

Thursdays, March 23, 30, April 6, & 13, 6—8 p.m., at the Adams County Ag & Natural Resources Center, Registration fee: \$75

Managing Backyard Fruit

Saturdays, March 11 and 18, 1—2:30 p.m., at the Penn State Fruit Research & Extension Center, Biglerville. Registration Fee: \$25.

Frederick County Master Gardener winter seminars

March 11

"Pollinators in Your Vegetable Garden." What type of pollinators are in your vegetable garden? This will be revealed, along with the mysteries of native bees and honeybees. Learn how to build a pollinator-friendly habitat in your garden, including plants that attract pollinators year round. Register online using the links below; or find links on our website (<http://extension.umd.edu/frederick-county/>); or call 301-600-1595. Doors open 30 minutes prior to start times. Walk-ins are welcome if there is room.

March 18

"Small Fruits and Berries." 2017 is the Year of the Small Fruit! Learn how to choose, plant, maintain, care for, and harvest small fruits and berries. Check out recommendations for new varieties. Tips on when and how to prune will also be shared. Register online using the links below; or find links on our website (<http://extension.umd.edu/frederick-county/>); or call 301-600-1595. Doors open 30 minutes prior to start times. Walk-ins are welcome if there is room.

Small Town Gardener

Big Dreams Small Gardens

Marianne Willburn

Over the last eight years, I have written many columns encouraging people to face the space in which they find themselves and create the garden that lives within them – particularly in the midst of the difficult economic period of the last decade.

Disturbingly, one of the things that I often heard when I initially spoke to groups or talked to people about the plans they had for that space was the statement that they were not living where they wanted to live, so they were just going to wait until they were, and start gardening then.

Many felt frustrated – sometimes downright angered – by life events and economic downturns that were not of their making and which had placed them somewhere they didn't want to be, no matter how hard they had worked or how good their choices had been.

When you're feeling trapped by your own circumstances and watching others live the dream you once had for yourself and your family, it's hard to move on. I understand that feeling – I've lived it.

It's a stimulating job, but it can also be mentally tough. I quickly grasped that I could either wallow in constant comparisons – which always left my garden wanting and made me feel envious, or I could use those ideas as inspiration for my own outside space.

During that process I began to understand a fundamental truth: that the simple act of gardening has a

healing effect upon one's sense of connection and contentment. And that's something that no amount of money can buy.

As time went on, I saw how enthusiastically people absorbed this message when spelled out in those terms. It spurred me to write a book to make that message even clearer, helping others see the potential in their own garden – whatever it happened to be.

That book comes out this month.

Big Dreams, Small Garden is a step-by-step plan for creating an ideal garden in less than ideal circumstances. It's a stimulating, practical, often lighthearted book for a tough economic age that doesn't just tell the reader how to garden, but why to garden, showcasing the many ways in which claiming your outside space and gardening the heck out of it can re-connect you to your environment, your family, your neighbors and your community – even when you're facing numerous obstacles and don't know when

Lavishly illustrated, the book is set up in four sections: Visualize, Achieve, Maintain and Enjoy, and it profiles many real-life gardeners across the nation who didn't wait for the perfect space to create their perfect garden.

In Visualize, readers are not only encouraged to dream and plan, but shepherded through the uncomfortable process of candidly facing their obstacles so those plans can become reality.

In Achieve, they're given methods to approach the design process, find resources, and build basic skills.

Maintain helps them plan for the often anti-climactic part of gardening – the everyday work – and successfully tailor those demands to their lifestyle.

And in Enjoy, readers are challenged to make their outside space a dynamic part of their lives and the lives of their families and friends – not just a showpiece between front door and driveway.

If you have been mentally struggling with a challenging space, I hope that this year is the year you decide to start, and I hope that Big Dreams, Small Gardens helps you do it with inspiration, encouragement and laughter. And if you know someone who just needs a little boost to see the potential in themselves and in their garden, I hope you'll think about leaving a copy on their doorstep in the season ahead.

"We must claim our living spaces, whatever they are, because they are just that – our living spaces. We nest here. We raise our kids, live our heartbreaks, and experience some of our greatest joys here. For gardeners, would-be gardeners, and if-only-I-had-the-perfect-place gardeners, we cheat ourselves if we keep waiting."

Don't wait. Create. Let this be the season you start.

"Big Dreams, Small Garden: A Guide to Creating Something Extraordinary in Your Ordinary Space" is available now in bookstores, and online through Amazon and Barnes and Noble. Skyhorse. 203 pp. ISBN:1-5107-0912-6.

Marianne is a Master Gardener who writes from Lovettsville, VA. You can read more at www.small-towngardener.com

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Junior Firefighters Colleen Rudisill, Lida Fitz, Zachary Haines, Olivia Scott and Claudia Rudisill presented the membership a photo collage in appreciation of their support. Chief Dave Martin accepted the gift on behalf of the department.



The 2016 Member of the Year award was presented to Karen Rudisill for her 25 years of dedication to the department.



The Wesley Chapel United Methodist Church Outreach Committee was presented with an award for their work in supporting the events held in the Fountaindale community. Cynde Overholtzer and Harriet McCleaf are shown accepting the award.



Front row, (L to R)- Dave Martin, Sarah Ginn, Peggy Martin, Cynde Overholtzer, Harriet McCleaf, Hillary Maples, Butch Maples, Lisa Smith, Steve Yingling. Back row, (L to R)-Chris Corle, Kelli Corle, Brad Hartdagen, Claudia Rudisill, Colleen Rudisill, Sam Ginn, Olivia Scott, Lida Fitz, Zachary Haines, Karen Rudisill, Steve Smith



The 2016 Fundraising Appreciation Awards were presented to Hillary & Butch Maples and Lisa & Steve Smith.



Fire Chief Dave Martin and Past President Richard Cline burn a copy of the recently paid off mortgage. Through the hard work of its volunteers the Fountaindale Volunteer Fire Department is currently debt-free.

2016 Top Responders

- | | |
|----------------|----------------|
| Kelli Corle | Brad Hartdagen |
| Peggy Martin | Sarah Ginn |
| Steve Yingling | Chris Corle |
| Brad Martin | Sam Ginn |
| Zachary Haines | Dave Martin |

2017 Line Officers:

- | | |
|-------------------|----------------|
| Fire Chief | Dave Martin |
| Deputy Fire Chief | Sam Ginn |
| Lieutenant | Steve Yingling |

Board of Directors:

- Charles Berger, Chris Corle, Sam Ginn, John Ruppel and Steve Yingling

2017 Administrative Officers:

- | | |
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COMMUNITY NOTES

DePaul dental program

Since 2007, Seton Center's DePaul Dental program has served nearly 400 uninsured adults in northern Frederick County. The average cost per patient treatment plan is \$1,250. In the fiscal year of 2016, 70 persons were served at a cost of \$83,521 for comprehensive dental care. Many clients require partial or full dentures. The average cost for an extraction is \$200 and the average patient requires 4 extractions.

None of this would be possible without the skill of the dedicated dental professionals who generously partner with Seton Center. From July 2015 to June 2016, these Maryland providers offered a total of \$28,199.40 in donated services: Dr. Timothy Bringardner of Emmitsburg; Dr. Michael Hargadon of Emmitsburg; Dr. Richard Love, of Thurmont; Mid-Maryland Oral Surgeons of Frederick; and Dr. Sherri McGee of Jessup.

The DePaul Dental program is funded by grants from the Department of Aging, The Community Foundation of Frederick County, and the Raskob Foundation, as well as donations from the community. This funding allows our program to cover fillings, extractions, dentures and much more for the poorest residents in northern Frederick County - services that are necessary and sometimes save lives. As of February 13, there were 35 clients waiting to receive care and the wait list grows daily. Even with the generous discounts provided, funds run dry quickly.

Having access to dental services has long-reaching effects - reducing pain and visits to emergency rooms, lifting self-esteem, increasing job attendance, opening employment opportunities and improving the overall health of the community. Seton Center cannot reach these goals without the generous support of the participating dental providers, individual donors and grant monies.

"My teeth are perfect and I have no pain," exclaimed a participant of Seton Center's DePaul Dental Program. Nearly everyone coming into the DePaul Dental Program is in pain, the most common reason people give for seeking dental assistance.

"My teeth were so bad from chemotherapy that my health was deteriorating." Many health issues like cancer & diabetes, chemotherapy treatments and medications can destroy teeth and lead to dental infections. DePaul Dental Program Coordinator Kelly Mays receives an average of 5 calls each week requesting assistance with dental care. In the past year, as more people have had access to medical care, health insurance companies have even been referring their clients to this program. Seton Center helps them receive the dental care necessary to treat infections and improve their overall health.

"I now can chew the foods I need for my diabetes and good nutri-

tion." It is difficult to eat without teeth. That is a frank reality that many of the program's participants face daily as they struggle to maintain proper nutrition; a link in the relationship between dental and physical health, especially for senior citizens. In an effort to improve nutrition, the DePaul Dental Program provides dentures to those who would be unable to afford them.

"It was real embarrassing only having a few teeth." Dental problems can affect more than physical health and wellbeing. Many of dental program participants battle embarrassment, low confidence and poor self-esteem due to dental issues. This embarrassment has kept people from enjoying or even engaging in social activities.

"I'm not afraid to smile anymore!" is the most common unplanned result of receiving adequate care. "I have a much better chance at obtaining a respectful employment." Like self-esteem, employment can also be affected by missing teeth. Few employers are willing to hire customer service employees who are unable to offer a friendly smile. By helping people with dentures, partials and other restorations, many of participants are able to find better employment.

"I was embarrassed having to ask for help and thought I would be looked down upon. Your staff always was friendly and respectful." Asking for help is difficult for

most of us. Whatever the reason, many people put off asking for dental help until there is no other

choice. Seton Center and the participating dental providers understand this and strive to be compassionate, understanding and friendly to all of the participants. One commented, "They treated me with such dignity and respect - I felt like royalty! I actually cried coming out of their office."

"[A] few months back, I prayed to God concerning my tooth. There is Hope in the Valley... Bless all the donors for all the wonderful help I received."

If you would like to support Seton Center's DePaul Dental program, please call 301-447-6102, ext. 17.

Community Workshops Offered

Seton Center's mission is to empower northern Frederick County residents to build a hopeful future, regardless of income level. It is their vision to be a leading community resource by providing emergency social support services and to serve as a catalyst for systemic change.

One such effort is their Build Your Resources program which offers varied and relevant workshops available to the entire community. Subjects include the many resources identified for success such as: emotional, financial, hidden class rules, integrity, mental, motivation, physical, relationships, spiritual and support system.

March 7 from 5:30-7:30 p.m. - "Couponing Smarter Not Harder" presented by Jennifer Ward of Family Finance Success.



From humble beginnings selling beer and wine out of the candy store in 1985 to being honored as Frederick County's best liquor store by the readers of Frederick Magazine, it has been quite a ride for us. Quality products at good prices paired with good customer service has been the keys to our success. We are also blessed with a great location and an expanding base of awesome customers that makes it a pleasure to come to work. We would like to extend our deepest gratitude to all of our loyal customers past, present and future. Without you, none of this is possible, THANK YOU! - Maggie Doll, Gateway Liquors, Thurmont.

March 20 from 6-8 p.m. - "The Accountability Experience" presented by Accountability Facilitator Dan Keller, to challenge common mindsets about the concepts of personal responsibility, self-empowerment and personal accountability, delving deeply into what each person believes about these concepts.

March 29 from 4:30 to 6 p.m. - "Buy a Used Car the Smart Way" presented by Second Chances Garage of Frederick.

All workshops are held at Seton Center, 16840 South Seton Avenue, Emmitsburg. Registration for each workshop is required. For more information or to register, call 301-447-6102, ext. 17.

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Thursday	Steamed Shrimp \$9.50 lb. \$2 Coors Light Drafts 12 oz. Ribeye Steak \$14.99 (Topped with crab imperial & comes with 2 sides)
Friday	Tempura Hand Battered Fish & Chips \$9.99
Saturday	Chicken Chesapeake & 2 Sides \$14.99
Sunday	Fried Chicken Dinner & 2 Sides \$9.99 HAPPY HOUR - 4 TO CLOSING

ENTERTAINMENT SCHEDULE

Open Mic Night Every 2nd & 4th Thursday of the Month
 Brian Mo - Every Friday Night - 8:30 - 12:30
 March 4th - "Ragged Maggie" - 8:30 - 12:30
 March 12th - "Yoga with John" 10:30 a.m. - 12:00 Noon
 Advance Tickets: \$25 - At The Door: \$35
 (Check our Facebook link, each ticket comes with 2 beer or wine beverages after the class.)

March 17th - "St. Patty's Party" with Brian Mo - 8:30 - 12:00
 Corned Beef & Cabbage (All Day)
 \$5.00 CarBombs - \$7.00 Irish TrashCans

March 18th - "Steppin' Out Band" - 8:30 - 12:30
 March 25th - "Lakota Band" - 8:30 - 12:30

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HEALTH NOTES

Understanding cancer treatments

Diagnosis and treatment plans

Kelsey Shupe
Frederick Memorial Hospital

Hearing the words “you have cancer” changes everything.

Feelings of stress, anxiety and helplessness are very common. Many people find it helpful to counter “out-of-control” feelings by finding out as much information as possible about their diagnosis, and exploring all of their treatment options. In many cases, getting a second opinion is the beginning of that process.

Getting a second opinion doesn't mean that you think the first diagnosis is wrong, or that you doubt your doctor. Seeking out a second opinion simply gives you and your loved ones an opportunity to get “fresh eyes” on a complex condition, giving you the opportunity to ask additional questions. What is the best treatment for me—surgery, radiation, chemotherapy, or a combination? Should I enroll in a clinical trial? Are there additional things I can be doing to manage discomfort and side effects? When the second opinion confirms your original diagnosis, you and your

loved ones will have more peace of mind as you move forward with the originally recommended course of treatment.

“People used to be reluctant to request second opinions,” says Dr. Mark S. Soberman, an MD Anderson Cancer Network certified physician and Medical Director of Frederick Regional Health System's Oncology Service Line. “But today they seem to be much more comfortable, as well they should be. After all, this is their healthcare and ultimately their life. Getting a second opinion is everyone's right as a patient.”

Doctors want patients and their families to feel comfortable with their treatment, says Dr. Soberman. A second opinion can offer patients a better understanding of their diagnosis, additional treatment options, or the reassurance that the original plan of care is the best choice.

When Recommendations Diverge

Patients who have seen a local cancer specialist will be encouraged to remain under their care when all recommendations agree. If the second opinion offered is different from the patient's original di-

agnosis or treatment plan, we will explain why. As always, it will be up to the patient and their primary care provider as to where they receive their treatment.

“Many patients in our community currently travel to Baltimore or D.C. for such services,” says Dr. Soberman, “We hope to increase access to the expertise they seek while allowing them to remain close to home.”

Frederick Regional Health System's Second Opinion Clinic is part of our MD Anderson Cancer Network-certified oncology program. After an examination by one of our Network-certified oncologists, a multidisciplinary team considers the case, and evaluates each diagnosis and treatment plan with respect to MD Anderson's pathways and guidelines. Our physicians have the option of consulting with MD Anderson faculty before arriving at their final assessments and treatment recommendations.

For more information about the Second Opinion Clinic, or to schedule an appointment, call Frederick Regional Health System's MD Anderson Hotline at 301-418-6465, or visit fnh.org/secondopinionclinic.

We realize that after a cancer diagnosis, a lot of information, numerous appointments, insurance commitments, and practical challenges often overwhelms patients and their loved ones. We realize this is a stressful time, and that good communication throughout this entire process is critical. Keeping in touch with the patient is the responsibility of an important member of our multidisciplinary team—the nurse navigator. Within 24 hours of making an appointment for a second opinion, our nurse navigator reaches out to the patient to provide assistance.

Frederick Regional Health System Launches New Medical Oncology Nurse Navigator Program

To better prepare patients for cancer treatment, Frederick Regional Health System (FRHS)'s award-winning medical oncology program recently launched a new nurse navigator program. Inspired by FRHS's own nurse navigators, who have worked with tumor patients since 2005, and similar programs at the nation's top cancer hospitals, the program provides full care coordination, from diagnosis to survivorship.

The nurse navigator's goal is to help

ease the patient's anxiety and eliminate barriers to care access. As personal cancer care experts, they offer education, support, and resources to help the patient as well as their families.

“Cancer is a family disease. It is complex and devastating. Patients have a hard time navigating their way through it all,” says Carol Mastalerz, director of oncology services at FRHS. With a nurse navigator, each patient will now have a valuable source of support as they cope with a cancer diagnosis.

Cancer patients in Frederick County will benefit by having:

- All questions answered in a timely and efficient manner so they're well informed to make decisions about their care
- A direct link to their physician through a nurse navigator
- Unlimited education opportunities
- Coordination of testing, treatment, and appointments
- Family meetings with their nurse navigator and/or physician, as requested
- An advocate and ally as they make their way through the maze of cancer diagnoses and treatment

“Our experience with our tumor nurse navigators is really why we chose to do this for medical oncology,” says Mastalerz. “We found it to be successful. Now that we have an affiliation with MD Anderson Cancer Network, it all fits together very nicely to give our patients complete access to quality care and services.”

FRHS' nurse navigators are registered, certified oncology nurses with more than 10 years of experience in the field. They have worked with patients in infusion center settings and hospice care. Patients benefit from their compassionate care and expertise, while physicians benefit from having another partner in providing optimum care to the community.

To learn more about the new nurse navigator program at FRHS or other cancer care available in Frederick County, visit fnh.org/cancer.

James M Stockman Cancer Institute Update

Later this year, Frederick Regional Health System is expanding its award-winning oncology program into a fully integrated, comprehensive cancer care center that will be known as the James M Stockman Cancer Institute. Scheduled for completion later this year, The James M Stockman Cancer Institute is fast becoming a reality. With a beautifully and carefully designed environment to promote healing and relaxation, this new facility will have ample space to accommodate our patient-centered, multidisciplinary approach to care.

Combine these advantages with our recent affiliation with MD Anderson Cancer Network®, and we are well on our way toward bringing a new level of experience and compassionate care to the Frederick Community.

To learn more about the James M Stockman Cancer Institute, and to watch a video of our progress, visit fnh.org/cancer.

To learn more about the FRHS Regional Cancer Therapy Center, visit fnh.org/cancer.



14th

Kathy Iverson is a breast cancer survivor and Frederick County resident.

Frederick Regional Health System is the 14th health system in the country to become a certified member of MD Anderson Cancer Network®.

When Kathy, 59, was diagnosed with breast cancer, she knew it would be a long and challenging journey to be cancer free. With the oncology team at Frederick Regional Health System—and their affiliation with MD Anderson Cancer Network®, a program of MD Anderson Cancer Center—Kathy not only survived; she thrived.



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WWI NEWS REPORTS FROM THE FRONT

Germany proposes dismemberment of America



Revelation of "Zimmerman Note" which outlined, in broad terms, how Germany would reward Mexico and Japan for joining her in an attack on the United States, has been pointed to by historians as the "straw that broke the camel's back" and brought America into WWI.

Editor's note: Try as we could, we were unable to compress the WWI news reports into our standard two pages. As you will see - March 1917 turned out to be one of the most pivotal months of the war to date, and we didn't want to sell it short. We hope you approve our decision.

March 2

Revelations of how Germany, expecting war with the United States as a result of her campaign of unrestricted submarine warfare, plotted to unite Mexico and Japan with her for an attack on the United States has stirred the capital to its depths.

Members of Congress, many of whom have been hesitating over President Wilson's request for full authority to deal with Germany in the present situation, went to the Capitol today. They read documented evidence of the intrigue which was proposed to separate Japan from the Allies, and added the United States to the list of nations which Germany hopes to see conquered in her dream of world domination.

How Germany, confident that unrestricted submarine warfare is the instrument by which she will

bring England to her knees, proposed a triple blow, is revealed in a set of instructions from German Foreign Minister Zimmerman to the German Ambassador in Mexico City.

Germany proposed to weaken the Allied alliance by the defection of Japan, striking a crushing blow at England's naval power by cutting off the vital supply of Mexican fuel oil, and thoroughly engaged the attention of the United States by an invasion, in which Japan was to be invited to join, and for which Mexico should be rewarded by re-conquering her lost "provinces" - Texas, New Mexico and Arizona.

This document dated, January 19, shows plainly that Germany, while making repeated protestations to the United States that she had no intention of resuming unrestricted submarine warfare, was making the final arrangements for its execution two weeks before it was announced.

The text of this document is as follows:

"Berlin, January 19, on 1 February we intend to begin severing warfare unrestricted. In spite of this, it is our intention to keep neutral with the United States of America.

If this attempt is not successful,

we propose an alliance on the following basis with Mexico: that we shall make war together and together make peace. We shall give general financial support, and it is understood that Mexico is to re-conquer her lost territory in New Mexico, Texas and Arizona. The details are left to you for settlement.

You are instructed to inform the President of Mexico of the above in the greatest of confidence as soon as it is certain that there will be an outbreak of war with the United States and suggest that the President of Mexico, on his own initiative, should communicate with Japan suggesting adherence at once to this plan, at the same time, offer to mediate between Germany and Japan.

Please call to the attention of the President of Mexico that the employment of ruthless submarine warfare now promises to compel England to make peace in a few months." Signed Zimmerman

Aside from the plan to alienate Japan from the allies and turn that country against the United States, the plot to embroil Mexico in a war against the United States commands chief attention because it is regarded as proof of long smoldering suspicion of German activities to stir up trouble elsewhere in the Western Hemisphere, where the United States, by the Monroe doctrine, is morally obligated to maintain order.

The London Standard says: "The United States is only experiencing a little of what Great Britain suffered during a period of profound peace. Germany worked long and assiduously to format trouble in India, in South Africa, in Persia, in Afghanistan, in North Africa, while Germany rolled British opinion into unsuspecting rapport. This attempt to mobilize Japan and Mexico against America while protesting friendship is too Judas-like to be forgotten by the straightforward people like Americans."

The German attempt to embroil Mexico and Japan into war against America adds another chapter to the celebrated report of Jules Cambon, the French ambassador in Berlin before the war. The report tells of Germany's worldwide plans for stirring strife on every continent where they might aid her in the struggle for world domination, which she dreamed was so close at hand.

The authenticity of the "Zimmerman Note," was vouchered for by the President in the Secretary of State last night in a reply to Senate resolution asking information regarding the source of the note. However, neither President nor the Secretary of State was willing to state categorically how they obtained the note.

The Senate resolution, asking for the source of the note, came at the close of the day of solemn debate, which reached a climax

with Republican senators, joining Democrats in condemning Sen. Stone, Chairman of the Foreign Relations Committee, who declared the story of the plot was given out by the government to affect public opinion and insisted upon asking the President whether the information was received from the representatives of any of the allied belligerent nations. Sen. Stone said he'd been told by a newspaperman that the note had been handed to the American government by the British government.

March 9

Congress is expected soon to take the final steps toward giving President Wilson the authority to arm American merchant ships for defense against submarines. The Navy Department is ready with guns and gunners to carry out the President's orders. Despite the extended discussion, little real opposition to the measure was expressed. A number of senators declared they believe the arming of merchant ships would lead to war, but said they were willing to accept such a result.

German Foreign Minister Zimmerman, in response to a question from a reporter on his note to his Mexican Ambassador said: "Germany expects and wishes to remain on terms of friendship with the United States, but we have prepared measures of defense in case the United States declared war against Germany. My note only implies that we would use means universally admitted in case the United States declared war. The whole note falls flat to the ground in case the United States does not declare war against us. America, from the beginning of the war, really participated in it by putting the immense resources of the United States at the Allies disposal, and that America has not declared war only because they felt sure that the assistance by friendly neutrality, would be touring that time much more efficient for the Allies and direct participation in the war."

Zimmerman's frank admission that Germany sought to ally Japan and Mexico with her to war against the United States caused no surprise to American officials, although it may be said they did not expect so full and free an acknowledgment of the exposures. Some officials have, for there might be an attempt to discredit the authenticity of the revelations by offering an explanation of the different character. American officials never had the least doubt of the authenticity of the evidence in their hands.

One Swiss newspaper, questioning on the manner in which Secretary Zimmerman hoped to reach the Mexican president, said: "he should have been able to spare at least one submarine and sent an emissary in it to Mexico to make

the proposition verbally. When one does such things one never lets oneself get caught."

Meanwhile, the Japanese government issued a formal reply to the German note. In its statement it said "we were greatly surprised to hear of the German proposal, we cannot imagine what Germany was thinking about to convince that she could possibly involve us in a war with the United States. This is too ridiculous for words." Needless to say, Japan remains faithful to her allies.

Following the receipt of a note from Austria, declaring she should agree to the German principle of unrestricted submarine warfare, the officials in Washington hold out little, if any hope, that a break between the United States and the Austrian government may be avoided. A break with Austria would probably be followed by a break with Bulgaria and Turkey.

March 16

President Orders Merchant Ships Armed

On Saturday, President Wilson issued an executive order for guns to be placed aboard American merchant ships immediately, and they will be sent to sea under orders to fire on German submarines which attacked them. Navy Yards were ordered to equip the vessels as fast as possible.

The action will put the United States in the position of armed neutrality, the next step beyond the severance of diplomatic relations with Germany, and possibly a preliminary for war.

With the departure of the first armed American ships it was necessary for the Navy Department to issue instructions to gun crews as to the manner in which the weapons are to be employed.

The mere appearance of a German submarine or its periscope in the presence of an American merchant vessel would entitle that ship, according to the State Department's opinion, to take all measures of protection on the presumption that the U-boat's purpose was hostile. Under this ruling an American armed merchant could fire on a German submarine the moment it was cited, without being considered as taking aggressive actions. This view is based on Germany's declared intention to sink within certain zones all vessels, neutral as well as belligerent, and whether passenger vessels, freighters are contraband carriers.

Fraught with the gravest possibilities of war with Germany, in case there is armed contact between American merchantmen and German submarines, President Wilson's decision to proceed in arming American guzzles was taken only after he had been officially advised by the Attorney General and the Secretary of State that he had such rights, and only

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RUSSIAN REVOLT FORCES CZAR TO GIVE UP THRONE; WHEREABOUTS UNKNOWN

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Pushed With Greater Vigor.

OVERTHROW OF MINISTRY ACHIEVED
BY ALMOST BLOODLESS REVOLUTION

All Classes Joined in Revolt and Troops Refused to Fire on the People.
New Cabinet Formed by Members of Duma and Is
Given General Support.



His name is now relegated to the dustbin of history, but had Alexander Kerenski been successful, the world as we know it today would not exist. WWI would still be the Great World War, not the first of two. The second world war and the Cold War would most likely have never happened, and the Soviet Union may not have been created. Europe, or for that matter, the world, would bear little resemblance to today's world. Kerenski's insistence on remaining in World War I, his failure to deal with urgent economic problems (particularly land distribution) and his moderation enabled the Bolsheviks to overthrow his government later in 1917, after which the Soviet Union was formed.

after he was convinced that Germany actually is proceeding with their campaign, unrestricted submarine warfare, and had made efforts to plot with Mexico and Japan against the territorial integrity of the United States.

Emperor Nicolas II abdicates as Czar of Russia

On Thursday, Nicholas II, Emperor of Russia abdicated, and grand Duke Michael Alexandrovitch, his younger brother, has been selected as regent. The Russian ministry, charged with corruption and incompetence, has been swept out of office. The ministers, as well as the president of the Imperial Council are under arrest.

A new national Cabinet was announced, with Prince Lvoff as president of the Council and Premier, and the other offices held by the men were close to the Russian

people. The Council nobility already has held special meetings in 15 provinces and endorsed the new revolutionary government.

The abdication of the Czar came as a result of a successful revolution led by the Duma, word of which was first received yesterday. According to an Russian report: "The population of Petrograd, excited by the complete disorganization of the transportation services and food shortages, had for a long time been restless. The population holds the government responsible for all its sufferings. The government, expecting trouble, took measures on a large scale in order to maintain order, and ordered dissolution of the Duma."

However, on March 11, the Duma decided not to accept the Imperial dictate, but to continue its meetings. The Duma immediately instituted an executive

committee, presided over by the president of the Duma. That committee declared itself to be a provisional government that issued the following appeal:

"Considering the difficulties in regard to domestic tranquility, which are due to the policy of the former government, the executive committee of the Duma feels compelled to take public order in its own hands. Fully conscious of the responsibility arising in this decision, the committee expresses the certainty that the population and the Army will lend assistance for the difficult task of creating a new government which will set the wishes of the people and enjoy their confidence."

The executive committee rested itself upon the population of the capital, which was in full revolution, and upon the army, completely united with the revolutionaries. They arrested all the ministers of the former government and sent them to jail. The Duma declared that the ministerial cabinet no longer existed.

Of the complete success of the revolutionary movement, in which the lead was taken by the Duma, there appears no doubt. Such news has been received, and indicates that the military, together with all the popular forces of the Empire, is backing the new government. The civil forces of the nation are cooperating with the government most heartily in restoring normality in the life of the empire. That revolution means more vigorous prosecution of the war, and is adept blow to Germany's hopes of a separate peace with Russia, is universally accepted as a fact.

The old regime of conservatives has been supplanted by a government of liberals. Alexander Kerenski, the new Minister of Justice, is a socialist. He accepted the portfolio on the stipulation that there should be absolute freedom of speech and of the press in full political amnesty.

The overthrow of the Russian aristocracy was accepted here as a victory for the anti-German sentiment in the empire, removing virtually all chances of Russia being

drawn away from our allies into separate peace.

From the earliest Russian military reverses the German press has been filled with rumors and predictions of a separate piece in Russia worked out by those in the aristocracy who believe that Russia's destiny lay with Germany and not against her.

The Russian Revolution is commented upon editorially in here with enthusiasm, making a great triumph for the Allies and the great disaster for the Central Powers. The press describes it as the death of German hopes and more crushing and a more far-reaching blow Germany has yet received. The liberal papers also welcome it as a triumph of democracy, presaging great influence on the cause of liberty throughout the world.

British Capture Baghdad

On Monday, Gen. Frederick Maude, commander of the Allied forces in Mesopotamia, telegraph the welcome news that British troops had occupied the city of Baghdad, the chief Turkish city and Mesopotamia, and formerly the capital of the empire of the Caliphs. The occupation was affected

without resistance, and with only slight losses.

The fall of Baghdad, in the opinion of the London press, is of even greater significance for the effect that it is expected to have on Germany aims them for the value in restoring British prestige in the eyes of the Mohammed's. British misfortunes in Mesopotamia have been serious influences on the prestige of the British power in India and Egypt, and claims that the capture of Baghdad will restore the balance.

The chief gratification expressed is that the success of the British expedition has shattered the dreams that Germany has indulged in for more than twenty years. The German proud vision of the Eastern Empire is dissipated before their eyes, the German route to the East is blocked and the existing terminus of their Berlin to Baghdad railroad has passed into British hands.

The British advance in Mesopotamia, which has covered more ground in a shorter period than almost any other movement of the war, has been assisted by extensive defections of the native tribes from Turkish rule. Turkish troops are being menaced not only by British, but by strong forces of Arabs, organized by the British, who are harassing the fleeing Turks.

Grand Sharif of Mecca, several months ago, declared independence of Ottoman rule; various Bedouin tribes have put aside year old enmities and united. Peace has been made between the Emir Arab Ag Roweih from near Damascus, and Hakim Ibn Mahid Hakim of the great Enzeh tribe, in the vicinity of Aleppo. These two powerful tribes have agreed to assemble a troop of horsemen to fight the Turks and issued a proclamation to their followers calling for men and equipment. In preparation for actual warfare, they were supplied by the British, who affected the organization of an Arab fighting unit.

continued on next page



Thomas Edward Lawrence was a British author, archaeologist, military officer and diplomat. Stationed in Egypt, in 1916 he was sent to Arabia on an intelligence mission and quickly became involved with the Arab Revolt. Working closely with Emir Faisal, a leader of the revolt, he participated in military activities against the Ottoman army. His ability to vividly describe the events taking place during the Arab uprising earned him international fame as "Lawrence of Arabia"—a title used for the 1962 film based on his wartime activities.

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WWI NEWS REPORTS FROM THE FRONT



The overthrowing of the Czar was initially greeted with joy by the Allies, as many feared that pro-German influences within his court were on the verge of convincing him to sign a separate peace treaty with Germany and take Russia out of the war.

The example of these two Emirs has been followed by the lesser tribes, which are extending the movement from the borders of Syria to Persia. The promoters of Arab union are anxious to light the fire of rebellion in Iraq between the Euphrates and the Tigris.

It is also asserted that the great and powerful Sheik Khazal Khan has sent a deputation to the Sheriff Suleimun I, King of the Hejaz - announcing his cooperation and submission as well as his readiness to respond to a call for men and money. It is believed that an offensive and defensive treaty has been made between him and the Emir of Kuseit.

March 23

There are somewhat conflicting reports coming out of Russia regarding the fate of the Romanov dynasty. Dispatches on Saturday announced that Grand Duke Michael has accepted the throne from his brother, Nicholas II, subject to the consent of the Russian people expressed through plebiscite.

In accepting the offer to assume his brother's throne, the grand Duke issued the following mem-

orandum: "This heavy responsibility has come to me at the voluntary request of my brother, who has transferred the Imperial throne to me during a period of warfare which is accompanied with unprecedented popular disturbances. Moved by the thought which is in the minds of the entire people, that the good of the country is paramount, I have adopted the firm resolution to accept the supreme power only if this is in the will of our great people, who, by a plebiscite organized by their representatives in a constitutional assembly, shall establish a form of government and new fundamental laws for the Russian state. Consequently, I urge all citizens of Russia to submit to the provisional government established upon the initiative of the Duma and invested with full plenary power, until such time, which will follow with as little delay as possible, as the Constitutional assembly, on the basis of universal, direct, equal and secret suffrage, shall, by its decision as to the new form of government, expressed the will of the people."

As early as two months ago, rumors became current that the emperor would be forced to surrender his throne. The prevalence of

rumors of court scandals and intrigues and the existence of mysterious channels, which seemed to run from court circles into the camp of the enemy, contributed to bringing the family into complete disfavor. Whether these were true or not, it was felt that the weakness of the ruling family and allowing persons to direct the affairs of the country who were secretly designing against the best interest of the nation and apparently doing all possible to interfere with the proper conduct of the war, unfitted them to govern the country.

So swiftly, unexpectedly and completely did the great change come that the people are almost scarcely able to understand which has occurred. Injured through centuries to the grinding oppressiveness of aristocrat rule, the people regarded freedom as a glorious dream, which would forever remain a dream. The people seem disposed to regard their liberation, at most, merely a temporary reprieve which must soon give way to the ancient law of Imperial will.

Nicholas Romanoff, as the former Emperor now is designated, left with his staff today for his personal estate on the southern coast of the Crimea. It is understood he will be permitted to live in retirement at his villa in the Crimea, far removed from the capital and the scenes of military operations. The general policy of the new government is opposed to any acts of vengeance against persons connected with the old regime. While it has been recognized that if Nicholas could obtain a following and were disposed to combat the new government, civil war might result, there has been no indication that he contemplated such a move or could obtain the necessary support.

Accounts of his last hour as ruler depict him as resigned to his fate and determined not to stand against the wishes of the people. Nothing has been heard, howev-

er, in regard to the attitude of the former empress, a German, whose powerful influences at the Russian court is said to have been exerted against all Democratic tendencies.

It is believed that the new Russian government will be in the form of a Republican government, not under a President, but under commission similar to the government of Switzerland. If this becomes an eventuality it is not unlikely that the present cabinet, containing the most popular leaders in the country, will form the commission that will govern the country.

In any event the old regime is dead, the foreign office today informed the Associated Press, and nothing can resurrect it. If the people decide upon a monarchy it will be a monarchy of the most limited type, and the monarch will be stripped of all traditional powers which belong to the Emperor, and he will be little more than ruler in name.

The Petrograd press, no longer under the strict censorship of the old regime, is taking advantage of its new liberty to publish facts heretofore suppressed in regard to the assassination of Gregory Rasputin, the mystic, whose influence in court circles stirred the country. While the whole nation was breathing a sigh of relief at the deliverance from Rasputin's malign influence, the Imperial family was laying away his remains, with great reverence and pomp in the Royal Borough.

After Rasputin's body was found, it was taken in an imperial car, in which rode the then Minister of the Interior. The body was taken directly to the imperial powers. The funeral ceremony was held in the imperial church. A silver coffin, containing the body, was carried to its resting place by the Emperor's key ministers of his government, and the head of the Russian army, followed by the Emperors in deep mourning. The affair caused a great scandal at the time and further inflamed the people against the Empress.

President Calls Congress To Session

On Wednesday, President Wilson, recognizing that Germany practically is making war on the United States on the seas, called Congress to assemble in an extraordinary session on April 2 to deal with the situation.

While all of official Washington acknowledges that a state of war practically exists between the United States and Germany, there is a wide range of speculation on the precise action President Wilson contemplates. The issuance of a proclamation of President Wilson that a state of war exists between the United States and Germany is discussed among the possibilities.

Meanwhile, the government is preparing forceful actions to carry out the policy of armed neutrality, clear transatlantic steamship lines of German submarines, and protecting the U.S. coasts.

60 submarine chasers, 110 foot speedy craft, were ordered from the New York Navy Yard, to be

completed in about two months, and bids for 200 more will be opened by the Navy Department. The New Orleans Navy Yard also is directed to build for chasers at once. The Naval Academy was ordered to graduate the Senior Class in March, and the Junior Class in September, so that 374 more junior officers may be available speedily.

Informal negotiations will be started for an agreement with the British and French patrol squadrons now endeavoring to protect ships passing through the German submarine zone. This plan to make America more safe against submarines for all ships with the understanding that American ships will receive full protection in the zones patrolled by the Allies.

All the allied nations openly gave indications of their belief that the United States soon will be involved in the war. Dispatches from abroad declared that the German government expects a state of war within the next 48 hours when the first American armed ship reached the war zone.

The ruthless destruction of one of them unquestionably would be an act of war. On the other hand, the sinking of a German submarine by one of the armed merchantmen probably would be met as an act of war by Germany.

March 30

Preston Wilson has taken steps to place a nation or a war footing and additional moves are being announced hour by hour.

Every step possible for the United States government to take, in preparation for actual war with Germany, is being taken in the most decisive, rapid and complete manner. When the cabinet adjourned, late Saturday afternoon, it was discovered that one of the most important subjects under discussion was the mobilization of skilled labor, so that munitions factories in the United States may be supplied with artisans in sufficient numbers, if necessary, to keep them running on a 24-hour day basis.

Likewise, it was learned that the cabinet discussed the possibility of assisting the Allies in connection with the huge loan, the figures ranging from \$1 billion - \$5 billion.

By Executive Order, the President has directed that the Navy be recruited without delay to full-authorized war strength of 87,000 listed men. Taken in connection with submarines already ordered, that means that the President has exercised the full limit of his legal powers as Commander-in-Chief to prepare the Navy for war.

Orders were placed by the Navy Department today with the American Steel and Wire Company for the media construction of 100 steel rope submarine nets. The Nets will cost \$1,881 each and will be 1,000 feet long, 30 feet wide with a twelve-foot mesh. Deliveries will begin within three weeks and continue at a rate of ten a week thereafter.

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MARCH 1917

PRESIDENT CALLS CONGRESS APRIL 2 TO ACT ON GRAVE NATIONAL POLICY

LAWMAKERS STAND READY TO DECLARE GERMAN ACTS AT SEA HOSTILE TO NATION

Action Expected to Amount to Technical Declaration of Hostilities by United States.

Meanwhile Both Branches of Military Service Take Steps to Protect Country.

President Wilson, recognizing that Germany practically is making war on the United States on the sea, today called Congress to assemble in extraordinary session on April 2 to deal with the situation.

GERMANY MAY NOT AWAIT U. S. MOVE

Officials Consider Possibility of Immediate Beginning of Hostilities.

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With the knowledge that the United States is probably about to declare a state of war against Germany, officials here believe that Germany may begin war operations against the United States in a few days.



TEN TOWNS SEIZED BY FRENCH FORCES IN SWIFT ADVANCE

Important Gains on Loos Road—Corry Savinnois, Castle and Justy.

HEAVY LOSS IN PARIS' LATE REPORT

German Reported in Champagne, British Armes Exploit Further Progress.

WAR DECLARATION BY CONGRESS SURE, IS OPINION TODAY

No Doubt Expressed That Lawmakers Will Follow President's Lead.

VOICE OF MONEY AND MEN TO MEET ALL DEMANDS

Partisanship Apparently Disappears in Face of Prospective Conflict With Germany.

Almost every edition of the daily paper was filled with reports of sinking of American ships by German submarines. While the ships were legitimately sunk by Germany while trying to break the German blockage of England, they nevertheless infuriated the American government and people. With no end of the sinking in sight, President Wilson called Congress back into session to get approval for an Act of War.

For the Army, the President directed that two new military departments be created on the Atlantic Coast region. This order means that the task of organizing the army for Congress to authorize would be divided among six departmental commanders instead of four, in the interest of speed and efficiency immobilization.

Temporary embargo on telephone service extensions throughout the country was ordered to be put on hold to reserve facilities that may be needed by the government should be it necessary for war.

President Wilson still has an open mind as to his recommendation for Congress when they meet next Monday in extraordinary session to deal with a ruthless summary warfare being waged by Germany against American lives and American shipping.

There are three courses under consideration for action by Congress. These are: first, a resolution supporting the armed neutral-

ty policy of the government, endorsing everything Pres. Wilson has ordered or done in the way of preparedness and devoting a large cache sum for the conduct of war were Germany and case for war results; second, a resolution declaring that a state of war exists between Germany and the United States; and third, a resolution declaring war against Germany for its ruthless acts against American lives and shipping in contravention of walls and the protest of the United States.

Which of these courses will be recommended by the President to Congress there is no way of knowing, but indications are that the President will ask Congress next Thursday to declare that a state of war exists between Germany and the United States.

No one pretends to speak for the President in such a grave issue as that which now faces the country. However, the march of events brings to the President's advisors the realization that the Unit-

ed States government must take, sooner or later, official recognition of the fact that Germany is making war on American lives and American shipping, and many of his advisors believed, at the time, to recognize that fact and to act upon it, has come at last.

One of the most interesting developments today was a conference Sen. Hastings of Wisconsin had with President Wilson. Sen. Hastings told the President that the pro-Germanization and the pacification that has existed to a large extent in Wisconsin, larger because of the German population in that state, are rapidly disappearing. He informed the President, it is understood, that a number of loyal meetings have been taking place in Milwaukee and other German centers in Wisconsin, where the results that thousands of Germans are manifesting their support of United States government at this time. There is no question where Wisconsin will stand in the present international situation, Sen. Hastings said.

It is understood that the Senator told the President that since the publication of the Zimmerman note, in which we showed that Germany tried to embroil the

United States, Mexico and Japan, the residents of Wisconsin have, to a large extent, abandoned party lines and racial ties in favor of the President.

Meanwhile, in Russia, the Grand Dukes and the royal princes, in a joint telegraph addressed to the provisional government, not only formally associated themselves with the abdication of the Grand Duke Michael, but also turned over to the new revolutionary government all their official wealth, namely their buildings on Crown lands and other state grants heretofore attached to their station.

The Russian revolutionary government appealed to the workmen

of the German and Austrian coalition to rise against imperial authority and to establish there. The appeal was directed to the proletariat of the world, but especially designated the Central Powers, urging the workmen of those countries to throw off the yoke of aristocratic rule as the Russian people have overthrown the Imperial aristocrats and refuse to serve any longer as an instrument in the hands of Kings, capitalists and bankers. "By united efforts," the appeal declares, "we can stop this offer murder which is a shame of humanity."

To demands for the immediate introduction of internal reforms in Germany, particularly in Prussia, where socialist and radical parties have been advocating for months, a strong impetus from the Russian Revolution has been received.

To press of these German parties, it is declared that Russia's revolt to democracy leaves Germany and Austria alone among the belligerence as representatives of non-parliamentary regimes, and necessitates German reforms without waiting for the end of the war. They declare that otherwise, the conviction of the Allied nations that they are now fighting for the freedom of the world against antiquated modes of government, will grow stronger and stronger.

To read past editions of WWI News Reports From The Front, visit the Historical Society section of Emmitsburg.net.

Amy G. Straub



at Spirit Trust Lutheran in Gettysburg for many years.

Mrs. Straub is survived by her two sons; Robert E. Straub and wife Gretchen of Apex, NC and Bruce E. Straub and wife Karen of Dillsburg, PA, seven grandchildren, her brother, Robert Gillelan and wife Delores of Gettysburg and several nieces and nephews. She was predeceased by her two sisters; Margaret G. Wood-Hays and Marianna Kormanski.

A Memorial Service was held on February 18 at St. James Lutheran Church, 109 York Street, Gettysburg with her Pastor, Rev. Michael Allwein, officiating.

In lieu of flowers, memorials can be made to St. James Lutheran Church, 109 York St., Gettysburg, PA 17325. The Monahan Funeral Home in Gettysburg is assisting the family with the arrangements, online condolences can be made at monahanfuneral-home.com.

Amy G. Straub, 97 of Gettysburg, died Saturday, February 11 at the York Hospital.

Born in Emmitsburg, Maryland on August 10, 1919, she was the daughter of the late Harry Robert & Mary Louise (Beam) Gillelan. Mrs. Straub was predeceased by her husband, Edward Straub, Jr. who passed away in 2005.

Mrs. Straub owned and operated a beauty salon in Gettysburg for many years. She was a member of St. James Lutheran Church in Gettysburg and served as a Stephens Minister. She enjoyed volunteering



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MOM'S TIME OUT

Custom window treatments

Danielle Ryan

Heart & Hands Decorators Workroom, located at 5B West Main Street, Thurmont, offers designers the opportunity to design the perfect window treatment to complete any room. Owned and operated by Thurmont resident Pamela Hamrick, customers can be assured that they will receive quality service and high-end custom-made designs, at a fair price.

Those looking for the perfect window treatment to complete a room can be certain that they will receive quality pieces from Heart & Hands. Valences, drapery, panels and curtains are all custom-made pieces that can be designed in any size, length, and fabric. Store-bought treatments can limit what a person can choose from, as stores only offer what is currently in stock. Those su-



Pamela Hamrick, of Heart and Hands, can make your dream design come to life with a custom-made window treatment such as this one.

perstore options may or may not work for someone's dream look, but custom-made pieces can help people realize the exact look they wish to achieve.

Customers can expect the attention to detail that Hamrick provides in her work. They will be able to get exactly what they pictured and walk away with a piece that fits the room and their personal style perfectly. Hamrick has over a dozen different styles of valences to choose from and will also work with those who wish to draw their own win-

dow design, creating a truly unique one-of-a-kind piece.

There are many benefits to utilizing window treatments in a room. Drapes and curtains help hold the heat in during cold winters. Window treatments also bring a warmth and welcoming atmosphere to a room that may seem a little cold. They say something about the homeowner's style and personality and can really serve as a focal point in any room.

Unfortunately, Hamrick explained, there



Custom-made window treatments are a great way to pull a room together and showcase a homeowners' personal style.

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really are no standard window sizes in this day and age, which is one of the many reasons that custom-made window treatments are the way to go. She will make window treatments that will fit the window perfectly. Customers can additionally expect their custom-made window treatments to mirror each other, meaning that the patterns, designs, and lines will all match, making for a completely cohesive look.

Although Hamrick understands that many people find it tempting and "easier" to purchase window treatments from superstores like Walmart, what they don't know is that they may actually be spending more money by having to replace them sooner than originally anticipated, due to the lesser quality. Custom-made window treatments give customers the piece of mind that that they may only need to replace the treatments if they choose, not because they are falling apart.

Heart & Hands is a full-service business, including the design process, selection of fabrics, creating the designs and finally, installation. Hamrick will even make home visits, if the customer so chooses, to help the design process. Hamrick wholeheartedly stands by her work and never sends something out her door if she isn't completely satisfied with it. "I lose sleep over projects that aren't done to my satisfaction," stated Hamrick. Not only is her work custom-made, it's made to last.

If you're looking for the perfect window treatment that will be the highlight of your room, stop in to Heart & Hands. The shop is typically open Monday through Friday from 9 a.m. to 3 p.m. Evening appointments are also available by appointment. However, Hamrick noted that it is best to call prior to stopping by to ensure that she is in the shop and not at a home consultation or delivery. For more information, or to get started on designing your new window treatments, call 301-271-1028 or email PamelaHamrick@heartandhandsworkroom.com. Hamrick asks that customers please leave their name and contact information in the message, and if interested in getting started on a project to call first to discuss the details.

To read past editions of Mom's Time Out, visit the Author's section of Emmitsburg.net.

Potatoes: From the field to the plate

Carol Cogliano
Hollabaugh Bros., Inc.

Most everyone loves (or at least, likes) potatoes, in some way, shape or form – baked, mashed, deep-fried, pan fried – it's a staple side dish in many of our diets. But how much do you actually know about how potatoes are grown? I was faced with this question last summer, when I had to teach children attending our summer "Read, Learn, Grow" program all about potatoes. Each week, when faced with a fruit or vegetable topic that I was unfamiliar with, I would ask our Production Manager, Bruce Hollabaugh, for the "101-level" crash course on the crop of the week. So before sharing my yummy recipes with you, I'd like to pass along the "Potatoes 101" information that Bruce shared with me this past summer. Chances are, you will learn something new about how it is farmed (at Hollabaugh's) before it makes it to our farm market and your plate!

Potatoes are an annual crop (from an agricultural perspective), planted from "seed potatoes" which are potatoes saved from the previous year's harvest. This is asexual propagation – as is done with fruit trees.

A potato is a tuber which is the below-ground starch "organ" or rhizome used to pack away carbohydrates by the plant, and is what we eat. We dig it up before the plant starts to grow and take back out of its tuber. A potato plant is actually a perennial – we just don't allow it to be one, or we'd never harvest anything!

You don't eat the berries from a potato plant, as they are poisonous! They're also the way the potato plant naturally reproduces. Again, just like tree fruits, the potato plant that grows from the berry seeds will not resemble the parent it came from. That is why we step in and treat it as an annual crop – because we want potatoes!

Potatoes are in the solanaceous family. They are actually closely related to tomatoes (their flowers look very similar – except white or pink, instead of yellow). Interestingly, they are also in the same family as nightshade – a

poisonous weed that's quite pesky on our farm and grows little yellow berries that look a lot like potato berries!

When kids say, "Ew, gross...my potato is green, and I don't want to eat it"...you really shouldn't eat it! It's green from lying out in the sun, and it will have higher levels of toxin found in the berries and can make you sick. It takes a lot more than a serving to make you sick, but it can...

"New potatoes" are just the first potatoes harvested in the "new" season – not a different variety of potato. The skins are soft, tender and almost always eaten with the potato.

At Hollabaugh's, we wait and harvest potatoes after they have "toughened up" their skins. This happens naturally after the tops have all died back in the late summer or fall. After they've been brown and "dead" for at least 2 weeks, we'll dig the potatoes and store them in the dark, at room temperature.

If you store potatoes in the cold, the starch will start to break down into sugar, and the potato will have a slightly "sweet" flavor. Since this isn't desirable, if you store it back at room temperature for a few days, it will mostly convert the sugars back to starch and be normal tasting.

Storing potatoes in the cold will also make them tend to turn brown when cooked.

I hope that this crash course taught you as many new things about potatoes as it did for me! Now...on to the delicious recipes...

Loaded Baked Potato Casserole

Recipe courtesy of: The Hollabaugh Family Cookbook

Ingredients:

5 lbs. potatoes, washed, peeled and cut into large chunks
Enough water to cover potatoes in a large stock pot
1 (8 oz.) pkg. cream cheese
1 stick butter
½ cup sour cream
¼-½ cup milk
1 tsp. salt
½ tsp. black pepper

½ tsp. garlic powder
2 cups sharp cheddar cheese, shredded
8 slices bacon, cooked and crumbled
4 green onions, sliced

Instructions:

In a large stock pot, arrange the potato chunks. Add enough water or chicken broth to cover the potatoes. Bring to a boil and cook for 20-30 minutes or until the potatoes are tender. Drain the liquid from the potatoes. Return the potatoes to the pan.

Add in butter, cream cheese, sour cream, salt, black pepper, and garlic powder.

Using a potato masher, mash the potatoes until most of the clumps are removed.

Preheat oven to 375 degrees.

Add in the milk, up to ½ cup and continue mashing until the potatoes are smooth and fluffy. Add more milk if desired.

To the potatoes, add in 1 cup cheese and half of the cooked bacon crumbles. Stir to combine.

Spread the potatoes in a lightly greased 9x13 casserole dish. Top with remaining cheese and bacon. Bake for 20-25 minutes or until the cheese is melted and bubbly.

Garnish with green onions and serve immediately.

Slow Cooker Baked Potato Soup

Recipe courtesy of: The Hollabaugh Family Cookbook

Ingredients:

6 large russet potatoes, peeled and cut into ½ inch cubes
1 large onion, chopped
3 (13 oz.) cans chicken broth with roasted garlic
¼ cup butter
2 ½ tsp. salt
1 ¼ tsp. freshly ground pepper
1 cup whipping cream or half-and-half
1 cup shredded sharp cheddar cheese
3 Tbl. chopped fresh chives
1 (8 oz.) container of sour cream (optional)



Loaded Baked Potato Casserole.

4 bacon strips, cooked and crumbled
Shredded cheddar cheese, for topping

salt to taste
chopped fresh parsley to garnish

Instructions:

Cut the potatoes into 1/2 inch thick pieces.

Place the potatoes into a medium mixing bowl and add the rest of the ingredients, excluding parsley. Mix everything well.

Arrange the potatoes in a single layer on a baking sheet. I recommend using parchment paper or silicone mat to prevent the potatoes from sticking to the sheet.

Bake in preheated oven at 450F for about 25-30 minutes. Take them out of the oven, flip each piece over, and bake for another 10-15 minutes.

Garnish the potatoes with some chopped parsley and/or grated Parmesan.

Instructions:

Combine potatoes, onion, chicken broth, butter, salt and pepper in a 5-quart slow cooker. Cover and cook on high 4 hours or on low 8 hours or until potatoes are tender.

Mash mixture until potatoes are coarsely chopped and soup is slightly thickened.

Stir in cream, cheese, and chives.

Top with sour cream, if desired, and sprinkle with bacon and cheddar cheese before serving.

Parmesan Crusted Potatoes

Recipe courtesy of:
www.cooktoria.com

Ingredients:

5 medium red potatoes, peeled
1/2 cup grated Parmesan cheese
1 tsp paprika
1 tsp garlic powder
3 tbsp olive oil

Carol Cogliano is the Director of Events at Hollabaugh Bros., Inc. Visit www.hollabaughbros.com for a full listing of their upcoming events and classes or call 717-677-8412 for more information.

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LIBRARY NEWS / SCHOOL NEWS

Local library events

Blue Ridge Summit Free Library Events**Standing Events**

Monday- Lego and Wee Build Creation night!!! Let your imagination show its genius! All ages welcome. From 3-5:30 p.m..

Tuesday- Coloring Club 3-5 p.m. Release your inner Monet! All ages welcome.

Wednesday – Coffee club in the community room from 3-5:30 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, etc. Food donations appreciated.

Wednesday– VITT (very important teens and 'tweens) night. The community room is reserved for teen use from 6:00-7:30p.m. Just hang out or play Wii, board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Saturday - Join us at 11 a.m. for Story and Craft Hour and all of its festivities! What could be better than a great book, a good snack, and a fun craft?

Upcoming Special Events

Tuesday, March 7th we will be hosting our continuing education

class of scherenschnitte, German papercutting from 6-7:30 p.m.. The class is geared for ages 10 and up and children must be accompanied by an adult. Learn about this art's rich heritage and create a beautiful image of your own. This is a wonderful family or individual hobby. All experience levels are welcome and materials are provided. Returning students, please bring your blades.

We will be showing the Oscar nominated family movie "Kubo and the Two Strings", rated PG, on Thursday March 9th at 6:00p.m. "Kubo lives a quiet, normal life in a small shoreside village until a spirit from the past turns his life upside down by re-igniting an age-old vendetta. This causes all sorts of havoc as gods and monsters chase Kubo who, in order to survive, must locate a magical suit of armor once worn by his late father, a legendary Samurai warrior."

On Monday March 13th from 6:30-7:30p.m. our first calligraphy class will be held. "Beautiful Writing: Calligraphy You Can Do", will illustrate how to write in a calligraphy style, outline the origin of writing and the western alphabet, and show the importance

of proper posture and hand grip. The class will last for 6 weeks and will be every Monday, 6:30-7:30 p.m., March 13th-April 17th. The class is free and is geared for ages 11 to adult. There are 12 spaces available, please. Materials are provided.

Join us on March 14th at 6:30p.m. for the special program; Creating a Vibrant Body, Peaceful Mind and Joyful Heart - Simple steps on the journey of Well-being with Simone Heurich; Certified Yoga Teacher, Functional Diagnostic Nutrition Practitioner, and Holistic Health Consultant and Coach. What you eat, think, and feel are ingredients to creating a Vibrant Body, Peaceful Mind, and Joyful Heart. However, underlying these elements, which can be very specific and unique to each person, is the understanding and implementation of the skills of self-awareness, self-love and self-care.

On March 16th at 6:30p.m., Allison Morris will be joining us for a continuing education class on essential oils. Join us to learn about therapeutic essential oils. This workshop will cover what essential oils are, how to apply them, and a few of the hundreds of uses these volatile aromatic compounds provide. You will also have the opportunity to create your own essential oils blend to take home with you. Space is limited to 8 so please register.

On Monday March 20th from 6:30-7:30 p.m. our 2nd calligraphy class will be held. "Beautiful Writing: Calligraphy You Can Do", illustrates how to write in a calligraphy style, outlines the origin of writing and the western alphabet, and shows the importance of proper posture and hand grip. The class will last for 6 weeks and will be every Monday, 6:30-7:30 p.m., March 13th-April 17th. The class is free and is geared for ages 11 to adult. There are 12 spaces available. Materials are provided.

The Oscar nominated adults only free movie "Loving", rated PG-13, will be shown at the library on March 23rd at 6 p.m. "The story of Richard and Mildred Loving, an interracial couple, whose challenge of their an-

ti-miscegenation arrest for their marriage in Virginia led to a legal battle that would end at the US Supreme Court."

On Monday March 20th from 6:30-7:30p.m. our 3rd calligraphy class will be held. "Beautiful Writing: Calligraphy You Can Do", illustrates how to write in a calligraphy style, outlines the origin of writing and the western alphabet, and shows the importance of proper posture and hand grip. The class will last for 6 weeks and will be every Monday March 13th-April 17th. The class is free and is geared for ages 11 to adult. There are 12 spaces available, please register. Materials are provided.

To register for any of these events please call the library at 717-794-2240.

Frederick County Public Libraries

We are excited to announce a new program beginning this month. Boomer Afternoons is a monthly series designed to appeal to older adults. Our first session is Wii Bowling on March 15 from 3-4 p.m.. These programs are free and do not require registration.

Teens are always welcome to come enjoy the new Teen Zone at the library. Special book displays feature all the latest books, a variety of teen magazines are available and staff are always available to help with homework and research. Programs are planned for this spring too. For example, on Saturday March 11 at 10 a.m., the library will host Teen Tech Week: Digital Storytelling. Teens, grades 6-12, will discover how to create their own comic strips online and through different apps. Snacks provided! And on Saturday, March 18, teens can drop in for open STEM lab hours from 2-3 p.m..

A special reception is planned on Sunday, March 12 at the Thurmont Regional in conjunction with a special "Maryland Public Television Salutes Vietnam Veterans" exhibit. Everyone is invited particularly veterans and their families. Enjoy the exhibit plus a special musical performance by Kenny Ray Horton, gold record award-winning songwriter and an

active member of the US Navy Band. Light refreshments will be served courtesy of The Friends of the Thurmont Regional Library. Also in conjunction with the exhibit, on Sunday, March 26, the last day of the exhibit, the public is invited to experience the Vietnam War through the photography lens of Frederick County native and infantryman, Tom Nikirk. Mr. Nikirk will present a selection of 35 mm slides documenting his personal experiences in Vietnam. Discussion will follow.

LEGO WeDo Explorations (Grades K-5) - Explore science through robot-based learning with LEGO (R) WeDo! Students will engineer, code, and experiment! March 13 and March 20, 4 p.m.

Lucky Leprechaun Hunt (Ages 3-8) - Learn about leprechaun lore and follow clues to uncover the leprechaun's gold! March 18, 1 - 2 p.m.

R.E.A.D. with Wags for Hope - The Reading Education Assistance Dogs listen to children read. March 20, 5 p.m.

Women's History Month: Girls in History (Grades 1-5) -A sample of History Camp activities at Rose Hill Manor Park and Children's Museum. Explore history through the stories of Samantha and Molly, March 29, 4 p.m.

Special Adult Programs at the Thurmont Regional Library
Curious Minds: Minors to Majors with Keys Baseball - Curious Minds is a monthly afternoon series for older adults to engage and learn together. While targeted at older adults, it is open to all adults interested in discovering new skills, ideas, and hobbies. This month we find out how a Class A minor league team operates to support the major leagues. Geoff Arnold, Broadcasting and PR Manager for the Frederick Keys shares an inside look. March 27, 2-3:30 p.m.

There's something happening at the library every day and for every age. Visit fcpl.org for more information or stop by our information desk and ask about our latest events and happenings.



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LIBRARY NEWS / SCHOOL NEWS

Governance of the school system

Michael Bunitsky
Frederick County School Board

“So how do you like the job?” Is a question I get asked by people from all over Frederick County and I usually respond that I really like doing the work. As I write this, I have been a member of the Frederick County Board of Education for seventy-five days. In that time a variety of issues have come up that may be characterized as “hot topics”. And of course, many people want to know what the board is doing about them.

When I was a candidate, it became apparent from some of the questions I was asked, that many people do not really understand the responsibilities of the BOE. Some assume that we over see every detail in the school system. In candidate forums, many fellow citizens asked specific questions pertaining to employees, divisions, and bus routes. These are not areas that the Board of Education makes decisions about, unless the Superintendent brings an issue to us.

In Maryland, Boards of Education have one employee and that is the Superintendent. And as in any large system, there are multiple layers of responsibilities and leadership in Frederick County Public Schools.

The BOE has limited contact with the key decision makers and FCPS staff deals with day-to-day issues. So while the Superintendent keeps us informed, we do not make decisions related to personnel or specific applica-

tions of policy, unless there is an appeal to the board.

Hot topics can be intriguing and if they should come to the board on appeal we will deal with them. But right now I have other interests.

The BOE must decide how can we meet our budget and continue to increase the number of qualified teachers we hire and retain. I’m interested in the number of instructional assistants we employ and how they benefit our students. I want to know how we can find a way to expand the number of guidance counselors and support them as they work with our students on mental health issues in this fast paced world. And we must resolve how the new testing guidelines from the Department of Education will be implemented. These are a few of the questions I am really interested in working on and are urgent issues for the BOE.

The Board of Education creates policy and the Superintendent works with staff to implement that policy through various regulations. The first policy lists the responsibilities of the Board of Education.

From Policy 100 – Governance of the School System

The Board is responsible for determining the mission and vision for the school system, and adopting goals to help achieve that vision. The Board will adopt policies consistent with these goals and will regularly review such policies and the progress towards

attainment of these goals. The Board will also advocate for adequate funding for the school system and will direct the expenditure of resources to best fulfill the goals.

The primary functions of the local Board can generally be classified into three broad categories: legislative, executive, and quasi-judicial.

Legislative responsibilities include promulgating policies to govern the school system and are made pursuant to and within the scope of Maryland statute.

Executive responsibilities are administrative in nature, involving the implementation of policy or statutory responsibilities of the Board. Examples include the appointment of certificated personnel, the selection and evaluation of the Superintendent, and the selection of Board officers and committee assignments.

Quasi-judicial responsibilities occur when the Board considers and rules on matters of appeals from students, employees, or other individuals adversely affected by a school system decision.

The authority of the Board is collective and not individual. Except where the Board has delegated decision-making to one of its members, Board members cannot act on behalf of the Board. Legal Reference Annotated Code of Maryland Education.

Board members must act within these parameters. The 24/7 news cycle has put pressure on the deliberative process that is necessary for

good decision-making and to protect the rights of individuals. The public may want immediate response from a board member, but it is our role to point citizens to the department that is involved or to clarify the appropriate process to follow.

By all means keep asking us ques-

tions. Citizens must hold elected officials accountable. We want to maintain open lines of communication. But understand that good governance in any large, public system requires persistence and patience with the process. We can work together to set solid and sensible policy and respond to events with wise decision-making that results in the best for all of our students.

Mother Seton School S.T.E.M. Fair

On March 7-9, come see what our emerging scientists and aspiring engineers have to present during the annual Mother Seton School S.T.E.M. Fair. Science, technology, engineering and mathematics (STEM) are basic skills expected by employers. As 21st-century citizens, our students will have to make some of the toughest decisions of any generation, based on their understanding of emerging science and technology. STEM fairs involve students in the practice of

science and engineering, requiring them to apply those skills to a topic of interest to them. Doing science is the key to understanding science.

We invite you to stop by and take a peek at the various projects. You’re bound to learn something new—about our talented students, as well as about science! The public is invited to visit and see the projects that will be on display. Judging takes place on March 8 at 6 p.m.. For more information visit www.mothersetonschool.org.



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19565R15	\$92	20550R16	\$102
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21565R15	\$103	21555R17	\$116
21565R16	\$108	22555R17	\$120
18560R15	\$90	20550R17	\$107
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20560R15	\$96	22550R17	\$117
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FOUR YEARS AT THE MOUNT

This month, each of our writers reflects on an entry from 100 years ago section of the paper. Now, a century later, we imagine what must have been going on in the lives of the people who once lived in the area.

Freshman Year

Over \$5,000 found in house

Angela Tongohan
MSMU Class of 2020

I watched as my sister descended from the stairs of our shabby little farm house dressed in the same old, worn, long skirt and faded pink blouse that she always wore on Tuesdays.

"You look beautiful, Annie," I said with a small smile, as she gave me a little twirl.

"You flatter me, Amos," she said with a brilliant smile. She then proceeded to ready breakfast.

When the bread had been sliced and the butter pulled out of the icebox, I took my place at the head of the table. We sat in silence, as we did most days, and quickly finished our little meal.

Annie deserved so much more. I knew it in the deepest corner of my heart. She deserved more than this little farm house and this stale breakfast.

Annie was beautiful, with golden locks and big brown eyes. She was a princess, and she deserved everything that a princess had and yet here she sits, dressed in the

same clothes our mother wore.

"I'm going to tend to the garden," said Annie as she quickly rinsed the dishes.

I grunted, pretending to examine our old couch as she skipped her way out the front door. When I heard the soft sound of her humming sneak in from outside, I slowly made my way to the attic.

The attic was the darkest room in the entire house, and most definitely the dustiest. The slanted ceiling and window-less walls gave the room a cramped feeling. And the inability to see the corners because of the lack of light made me feel eerie.

I slowly made my way to the very back where a single large chest sat. It was black in color and would have been easily unnoticed by a stranger. I pulled the small golden key out from under my shirt where it hung on a simple gold chain.

With a slow turn, I heard the lock click and the chest pop open.

I always take a slight pause when I open the chest. The magnificence of the piles of gold and

silver coins never cease to amaze me. Together, they amounted to exactly \$1,010. I got up and made my way to the right end of the room.

Feeling my way through the dark, I patted the dirty, rotten floorboards until I was met with a hollow thud. I pulled the floor board open and pulled out a pile of notes and bank certificates. Carefully, afraid that I might rip them, I counted them once more. It was exactly \$3,990.

That meant \$5,000 altogether.

I sighed. This money could easily buy a million skirts and a thousand blouses for Annie. I could buy a bigger house, a nicer house. And for breakfast we could have savory food. I might even be able to hire a servant, so that Annie could focus on doing the things she loves like tending the garden.

I looked down at the pile of money in my lap and remembered a time when I was much younger. A time long ago.

My father had come home. It was one of the few times I had ever seen him. One of maybe seven in my entire lifetime. He was wearing an expensive blue suit and in his hand he held a sparkling silver cane.

He told me then to help him bring up the chest. The same black chest that sat in the back of the attic.

"This is for you, son," he said to me after we set the chest down. He pulled a wad of bills out of his coat pocket and handed them to me, "Hide it. Don't use it all at once."

"He won't be using it at all," said my mother, who was standing in the doorway, "We don't want your blood money."

My father stood up with a sigh, "It's not blood money, sweetie," he said.

"Oh, don't give me that!" my mother cried, "Tell me! Tell me how many men died for that money. Died working in factories and who knows where to earn that money for their families, only for you to take it away!"

My father rolled his eyes, "They shouldn't have borrowed more money that they could pay," he said, "They must pay the interest. That's the way the world works, sweetie."

"Even if it means that children starve," she screeched, grabbing the wad of money from my hands and throwing it on the ground.

"Don't you ever use that money," she said to me, glaring straight

into my eyes, "It's cursed money. I forbid you from ever using it!"

I grimaced. I slowly placed the pile of bills back under the loose floorboard, and made sure the old chest was shut. I hung the old key back around my neck and tucked it under my shirt. Slowly, I made my way back downstairs.

I opened the front door and found Annie still tending to the garden. Her pale hands were covered in dirt, and grass stains appeared on her skirt from where her knees settled on the ground.

She looked up at me with a smile.

"Isn't it beautiful, Amos?" she said, waving proudly at her small garden of flowers.

I nodded. I knew then that no amount of money could make Annie as happy as she was at this moment. That she didn't need to live like a princess to be a princess. She was so utterly content with life and living life that she found no need for materialistic things that money could give her. She was satisfied and she was happy. And that was good enough for me.

To read other articles by Angela, visit the Authors section of Emmitsburg.net.

Sophomore Year

Snowstorm

Michael Kenney Jr.
MSMU Class of 2019

The door chime rattles and the man reenters, the German Shepherd slinking close to his side. He stomps his boots as his companion shimmies himself free of every loose flake. All eyes are set on him in breathless anticipation.

"There's no getting out," he says. The room exhales in unanimous discontent. "Not tonight, probably not for the next couple days either." He unravels his scarf and swipes the snow

off his portly figure. I look down into my now foamless, half-empty beer. Ridiculous, I think, absolutely ridiculous.

I am convinced the storm is retribution on my Aunt Eleanor's behalf. I ventured to Emmitsburg for her funeral, a visit she would have deemed long overdue. I left Minnesota for Princeton three years ago, and I entertained her fantasies of a shared East Coast, of weekly letters and bimonthly visits. Her plans evaporated from my mind almost immediately upon my campus orientation. Yes, she concocted the storm, and she smirks

at my misery from wherever she sits.

"A refill, sir?" I look up and nod at the waitress. "And would you like me to renew your reservation for tonight as well, sir?" I nod again. The lodge is at maximum capacity.

Matters could be worse, I think to myself. I overheard one gentleman at the bar talk of his original intention for a one night pit stop in Emmitsburg before making it to his goddaughter's wedding in Kansas. I looked out my bedroom window before dinner and saw that a barn's roof caved in by the weight of the snow. I can only begin to imagine the illness that this storm spawns. Nevertheless, I too am burdened by a missed weekend at school, so I mope my way to the dregs of this glass and prepare for another.

The crowd dwindles until I am the only one left in the lounge. I look outside and consider the flurries. If I was not trapped by them, I would say that there is something hypnotic about their nature, their chaos. How do they know exactly where they want to land? I think to myself as I watch the flakes drunkenly dart every which direction. As I ponder the beautiful chaos, lines from Aunt Eleanor's eulogy wander in and out of my thoughts. "She was a good woman....A loving sister and a dear friend....She is in a better place now." Indeed, she was always very well intentioned, I think to myself as I stroke my finger against the empty mug.

The soft, warm buzzing in my head blends nicely with the crackling embers and the entrancing cataclysm of snow. Life is not all that bad, and yet I believe it cannot get any worse. With the thought of this pacifying juxtaposition, I drift into a deep sleep.

I jolt awake by a woman's shriek. I squint my eyes in attempts to orient myself. I have a panging headache. It is still dark and cold. The wind still whips the snow in every which way beyond the lounge window, and the embers in the chimney scintillate the pitch black ashes. The woman screams again. This time, adrenaline rushes through my body. Upstairs, I think to myself. The voice is coming from upstairs. I feel my way towards the staircase. Footsteps above me patter towards the noise. The grandfather clock strikes three and the woman screams and screams and screams. I run up the winding staircase, taking the steps two by two, and I finally meet a huddle of visitors surrounding the voice. I crane my neck over the crowd and push my way past them. I am instantly paralyzed as my eyes transfix themselves on the crying woman draped over a corpse.

More individuals scamper to the scene until every resident in the lodge surrounds the woman in utter disbelief. Finally, an elderly woman emerges from the crowd, gently peels the woman away from the corpse, and cradles the woman's face against her chest.

"Oh sweet, Jesus!" A voice sounds. Everyone instantly recognizes the man as the dispatcher who confirmed the road's poor condition just a few short hours ago. His head is lolled to the side and his glasses are strewn beside it. He could not have been more than 65 years old. Did he suffer a heart attack? A stroke? A bad fall?

Two men come forward and propose that we move the body away from the crowded hallway and into the lounge. No one raises an objection.

Within minutes, the man's cold body lies on the couch. The old woman holds a cup of tea to the shocked lady's lips. She strokes her blonde, disheveled hair and whispers "There, there, sweetie. There, there. Can you tell us what happened? What did you see?"

"I couldn't sleep, so I was going to get a glass of water. I went outside my room," she clutches her fist against her lips and fighting back tears says, "And then I saw him." The crowd's attention shifts from the woman back to the body.

"I called the medic and the police," says the bartender. "But they can't make it over here until the roads are cleared. It's still a mess out there."

"Who is he?" The crying woman asks.

"George Brithes," the bartender says, rubbing his neck in disbelief. "He owned this place for 30 years."

I draw closer to George's body. He is still in his day clothes. His boots still drip from the snow, and his fingers are charred with cigar ash. I notice the intricacies of his mustache and the pores of his skin. I then notice something that I and everyone else in the room had previously overlooked. George has a significant bump on his temple and bruising around his neck. It then hits me: George Brithes was murdered. I stagger backwards. The pain in my head now quivers in my knees and stomach. I think I might vomit. George Brithes was murdered, I think to myself. Murder! He was killed inside this hotel, and the murderer could not possibly flee Emmitsburg until the snow storm subsides...

To read other articles by Michael, visit the Authors section of Emmitsburg.net.



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INSIDE 100 YEARS AGO

Junior Year

Formation of local militia

Sarah Muir
MSMU Class of 2018

Ever since the European war began, the need of preparedness has become plainer day by day. It is important that all men know something of military affairs. It is therefore suggested that the young men of this vicinity form a troop of cavalry, or a company of foot soldiers, ready for volunteer service. After having been well drilled, the government will provide guns, uniforms and other equipment.

The world always seemed so big to George, for the first several years of his life, he didn't see much of it though. He grew up in a small town, with small people, living small lives, and he was happy. That was until he started learning all about what the wide world had to show him and he more he learned the more he wanted to see. He wanted to see people in far off exotic countries, buildings so tall they brushed up against the sky, a world of adventures he only could day dream of and all of them took

place outside his small little world.

He was about to turn 15 when he noticed that the world that he was so enamored with was trickling into the minds of those around him. It had started small, grumblings heard all the way from Germany, whispers from Austria-Hungary and the Ottoman Empire. All the warring undertones grew louder with a terrible story of a husband and wife shot a world away from George's small town. And George felt the tone of everything shift. It was like someone had hit the wrong cord and now the entire orchestra was playing a different tune, one that was dark and tense and building to an uncertain finale.

He was 18 when he was drafted. He remembered that his mother had cried and his father clapped him on the shoulder and said something along the lines of "make us proud" in a suspiciously wet voice. He left for Fort Meade the next week to begin training and in six and a half months, was ready to be shipped out to France.

A year later, George's world had become one of passages and rooms, all with walls made of earth, metal, and sandbags. All around him, men his age spoke to one another in different languages, some he was starting to understand. Every now and then one would crack a joke and everyone who heard it would laugh; whether they understood seemed to be irrelevant, everyone just needed to laugh. He had met someone that he had gone to school with, they had been good friends what seemed to George to be an age and a half ago. The boy he had known looked older, his face marked with dirt, but they had smiled and laughed at seeing each other there—of all places. The old boy remarked on how small the world was and together they spoke of the ghost stories of home, of clean sheets and of Mr. Hertz's ice cream parlor and the sweet-faced girls from school.

He cherished his letters from home, hiding them away incase some harm would come to them. Each one carried the precious words of banality and well wishes. He read of a home life that seemed to like an odd sort of fairytale that took place in a faraway little town, with little people where nothing happened.

George had been shot. Twice. But he didn't quite know where. All he knew was that he was being carried and that there was a tearing pain spreading throughout his body and something hot and wet and vital was spilling from somewhere. A nurse appeared, veiled in the usual white. He felt her hands press against his wound, they were terribly cold. She said something to him and though he couldn't understand what it was she said, her tone was comforting and her skilled touch worked quickly as she shouted something over her shoulder. Some part of George's brain that wasn't occupied with the searing pain thought about how the nurse looked like a girl he went to school with and wondered numbly what she was doing here of all places before he realized she wasn't her at all.

When the chaos was over, he was lying in a cot, his body throbbing, but still very much alive. He looked next to him to see the boy he had known a lifetime ago, in that faraway little painless place. Half of his face was covered as well as a good portion of the right-hand side of his body. His eye gazed at George and flickered in recognition, George mumbled something about it being

a small world and both of their lips twitched in response.

After the war and the fanfare and the homecomings, the world tumbled on into an almost peace. George went back home to the small town that seemed to have become more exotic in his absence. The years came and went and George was old enough to notice the inevitable change in the weather, the whispers said different things but they all boded the same; all cried out for war.

George was a man now sitting in a bar next to a group of boys in uniform, watching with a tight smile as they laughed and occasionally shoved each other. One sauntered up next to George, receiving the next round of drinks.

"There's a big world out there, kid," said the bartender setting down the drink and waving the payment away, "are you sure you're ready?"

Before the boy could answer George spoke up, "The war is big, but the world? You'll find out that it's smaller than you think."

To read other articles by Sarah, visit the Authors section of Emmitsburg.net.

Senior Year

Object to Negro giving commencement speech

Leeanne Leary
MSMU Class of 2017

There is much contention among the graduates of the Waynesboro High School this year on account of one Gladys Willis, a colored girl, being assigned a prominent part in the graduation exercise. For the first time in the history of the high school a Negro will graduate. On account of her high marks the Negro girl has received, she has been selected to deliver one of the commencement speeches. It is for this reason that several of the graduates are rebelling. Several of the class threatened to refuse to appear on the stage commencement night to receive their diplomas.

I heard the whispers this morning, not for the first time. The whispers are normally full of hate, followed by flying crumpled paper, or preceded by an eye roll. This time, though, the whispers were harsh, they were screams. They were punctuated with a distinguished hate and anger. I didn't know what was going on, but every bone and every nerve in my body responded to the heightened attention of this morning, March 4, 1917.

My whole morning felt something like this. Mr. Ritts, my Chemistry teacher handed back my graded exam with a smile that resembled more of a grimace, he lingered for an extra moment before continuing his walk around the classroom.

I have a few friends, but when I passed Marilyn in the hall this morning, she acted like she didn't see me. She turned and laughed with the girl whom she spoke with, brushing past me like I was as despicable or irrelevant as the poster on the wall beside me.

Still confused, I tried to continue my day as normal. I wasn't unaccustomed to the hatred, to the whispers, still, though,

something was different.

I kept my head down, repeating words from my Mama over and over again in my head:

No tears, Glad, they don't know what they're doing now, but someday they will. Until then, we write our own story. They can't edit a story you write unless you let them.

Still not sure what is going on in this world around me today, I felt a tap on my left shoulder. I look up to see a 9th grader standing at the door with a note for my teacher. The principal wanted to see me in his office.

The principal? I remembered thinking, nothing good has ever started this way.

Ms. Byrns looked at me with the same grimace that Mr. Ritts had earlier as I stood up to walk out of the room. I looked to Ms. Byrns, "Should I bring my things?"

"Yes," she grimaced once more, "bring everything."

Her expression was noted by everyone around me, all of whom snickered as I bent back over to grab my things and made my way to the door. I dropped my pencil about five feet from the door, but couldn't bring myself to look back.

I still had no idea what was about to happen.

I walked, slowly, to the principal's office, accompanied by the 9th grader who trailed about three feet behind me the entire way down the hall.

I've been in school for 12 years now, I am almost done. I am almost the first from my family to graduate high school. I am almost the first negro person, and girl, to graduate from Waynesboro High School. I am so close, there are only three months left in the year. I am so close.

I am so close.

I knocked twice on the open door of Mr. Pratt's office.

He looked at me and smiled, a real smile. For the first time today, somebody was smiling at me without a shadow of a pained expression or a hint of hatred. Mr. Pratt and I have had our differences. He, too, is going through a first with me and Mama tells me that I should try to understand that.

"Have a seat," he said as he gestured to an open chair with the smile still plastered across his face.

I set my books down on the floor beside me as I found the seat of the chair, fixed my skirt, and folded my hands in my lap, the way I had learned.

"I have some exciting news," Mr. Pratt began.

I walked out of his office exactly 24 minutes later. I walked back to class. I found my seat again, and took out my pencil.

I was going to give a graduation speech.

That is where all the stares and sharp-edged whispers came from. The pitying glances from the teachers, they knew what I was in for. Everybody had heard before me. I was valedictorian. I, the first negro girl to graduate from this high school. I, the first negro valedictorian.

The rest of the day, I didn't have a thought. My shock propelled me through the day, disallowing any fear or anxiousness.

That night, I waited for Mama to get home from work. When she asked how my day was, I walked up to her and placed my left hand on top of hers. I told her the news, but when I did, I felt my eyes well up and the tears, for the first time, began to fall.

What have I gotten myself into?

Mama didn't hesitate for a moment, she pulled her hand away from mine and pulled my whole body towards hers.

"I am so proud of you," she whispered.

I looked back, "Mama, everybody

hated me today, and that was before I even agreed. Mama, they're going to hate me."

"Remember, my girl, they do not know what they are doing. Let them respond, let them rebel, let them believe that they are right, but show them that they are wrong. They do not know yet what they are doing. They will, Glad, they will. I don't know what

will happen, I don't know if the whole town will keep their kids at home when you walk across that stage, but you will walk across that stage, and you will stand in the middle of it and show them that you, Glad, are the valedictorian of that school."

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FASHION

Fashion treasures for a timeless age

Valerie McPhail
MSMU Class of 2015

In the month of March, fashion finds itself in a limbo between seasons and direction for ways of dressing. Between the spring and fall seasons, after the rush of fun Fashion Week looks are instantly released on social media and then gushed over on Vogue Runway, the story continues abroad in London. As we say, "adieu," New York is left with rain — a torrential downpour of overdone and maxed out statements, begging for attention. Trends have become tasteless, drowned in the prescribed trendy styles treading from last year.

Variations of a similar outrageous art print and cut-out blouses can only hold interest for so long. The interest of fashion and clothing as a means of communication has turned into a statement about elitism, exclusivity and entitlement. For among these are the bloggers and reporters who wear such styles. Passion for the story behind runway collections and style has become a fight against all that stands for frivolous statements overdone. If any statement was made this season, this has become its echo. The industry is going through some growing pains and rather than latch onto the fashionable statements claimed for the season, invest in the styles that stir conversation, time after time.

Even after all is showcased and reviewed, fashion treasures those pieces of timeless age. These are

those items that stay beautiful after being found scrolling page after page on hotspot designer websites, including Mr. Porter, the Outnet and MyTheresea.com, and continue to surprise style gurus with details of reform and accents that keep their design hot on the market. These items are tokens, not because their defined style, but because they offer interesting perspectives and practical applications for the ways dressing.

Jeans

Today's denim brands Paige, J Brand, Frame and AG Adriano Goldschmeid take over the scene, as jeans become a staple for both casual attire and dress-up. In the recent world of higher fashion, Raf Simons' debut as Women's fashion Creative Director at Calvin Klein fall/autumn 2017 collection during New York Fashion week, last month, brought a whole new buzz around the denim enthusiasm.

The collection's denim pants labeled with the image of Brook Shields' 90's ad campaign ignites the one thing that made Calvin Klein's mark on the map: relaxed fashion designs and sexual sensibility. One can only predicts that Simons will take the brand to greater heights with such a start. The advent is timely since the revived street style interest in denim. The material no longer carries a strictly casual look, but rather, as editors and bloggers dress in denim to attend the shows and presentations, the denim jean stays on trend. This recent news reveals

the consistent interest in denim. From the streets of style to the runway, denim surpasses all forms of fashion.

Printed jumpsuits

The frills and fun of the printed jumpsuit come with dynamic form. The designs are either shorts and long sleeves, or pants and sleeve-less tops, creating a uniform outfit taken from the colder weather through spring and summer.

Brands filled with playful energy and elegant poise, such as J CREW and L'Agence add a spark of light in the dark shadows of fashion collections by repeatedly showcasing party dresses that take over the runway. The alternative is a jumpsuit. In high fashion terms, this would also mean a power suit, jumpsuits are practically one uniform piece. This itself offers a statement. The one-sie currently found in bold colors as paisley prints and animal-inspired patterns are heavy for this time of year. Its story is a style adventure focused on all that is fun, flirty and only practical for a party. The jumpsuit is a staple because among the history of fashion, its design is fairly innovative. Its design stays featured in fashion for its design is composed, it stays the same each season while its prints and interest in material and adornment with lace and appliqué — for such is the recent case — and prints create its buzz worthy attention.

Loafers and Lace-ups

This is the shoe that takes you from day to night. Dressy enough to wear to the office, and comfortable enough for an evening out after work, the loafer fancies all walks of life. The loafer is the transition shoe of the season for it can be worn with socks when days are



A denim look from Raf Simons' runway debut at Calvin Klein A/W 2017 Collection.

cold, and without, for when you need time to breathe. This pair of shoes guides fashion statements to levels where practicality becomes the recognized purpose of fashion. There is a standard, found in the penny loafer and ankle cut, patent leather model. Alternative forms include a heel, Marc Jacob's Mary Jane Collection for women and suede lace-up Chuckka boots by Grenson for men.

Not only do they carry a timeline of ranks in fashion, these styles offer stability as the seasons and ways of dressings change. Pair with denim, dresses and office slacks the loafer is smartly stylish for its nature to bring solidarity to the ever so changing nature of fashion.

Anoraks

Tis the season for anoraks, also referred to as a rain coat. This simple, solid color is in the ranks of the menswear industry. The design hit the scene off runway shows since last season's AW2016 shows and has stayed on the market ever since Barbour, and fad for outdoor adventures encouraged by brands such as Canada Goose, Carhartt and Patagonia hit the market.

Some may say that a print featured by one of those street style brands may be eye catching, and influential enough to become a concept borrowed by high fashion labels including Gucci and Prada. In the end, the color of Burberry's trench, a timeless trinket of wealth stands at a caliber of the meaning of an anorak this season: Practical yet aesthetically appealing, and typically leaving this trend with solid colored pieces as opposed to prints and patterns. The anorak preps for the rain, but also serves as a light jacket when the weather takes a turn for the better.

The beauty of these pieces is found in their genuine support. It is reliable and loyal, better than another political statement fashion could ever make. As the industry chases its desire for the new, these are the pieces that consistently stay on the market for they are practical just as much as they are a statement of fashion. The pieces that consistently mix and match amongst the temporal interest in design creates a meaning for style. The denim jean, printed jumpsuit, penny loafer, anorak can face the withstand any season of fashion. Understanding its functionality is the first lesson, but seeing its vision for style within your wardrobe brings the pot of gold.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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Jean Pierre

Leeanne Leary
MSMU Class of 2017

Jean Pierre has a Mama, he has a Mom, and he has a dad. He has a house mom, a house dad, and 36 house brothers and sisters. Jean Pierre was born in the ravine, and given to the Rev Home three weeks ago.

The home was established in 2008 after the flooding in Gonaives that destroyed their orphanage and killed most of the village's residents. Then, 16 children were brought to Port-au-Prince and given a home in the extra classrooms of Christian Hope and Learning School, thus establishing Christian H&L School Children's Home. That number of 16 has grown to 36 over the last eight years after the 2010 earthquake and various individual tragedies. When ownership of the Christian H&L School changed, so did the name, becoming the Rev Home. Rev means dream in Creole.

At 17 months old, Jean Pierre makes number 37. He is the youngest to ever come to the home, and so he has his own nanny, known as Mama. Mama sleeps most of the time that Jean Pierre is awake. So JP has taken to wandering the courtyard of the home with a look of mischief paired with joy in his eyes, finding entertainment in one of his brothers until one of his sisters comes, scoops him up, and takes him away to feed or play. Nikkelange, an 11 year old girl who is also new to the home by only a few months before JP, has taken a particular interest in JP's every need. She carries him with pride in her eyes that is almost unfitting of a pre-teen. He has learned, in the past three weeks, that his finger fits perfectly into any ear that comes within his reach and that in this home he will get as much food as he needs, a sippy cup will save his clothes, and if he sticks out his bottom lip to the right girl, he will get a little extra of anything he needs.

I am scooping the last bite of potatoes into my mouth when Lucilla walks into the room with a look on her face that makes me put down my food and turn in my chair. There are seven of us in the room, a makeshift kitchen on the second floor of the school, 20 steps down the road from the home.

She walks directly to Jenn and whispers a few hurried words in her ear before grabbing her arm and dragging her from the room.

"What's happening? What's wrong?" I mean to think, but find myself saying out loud. Something has to be wrong.

"It must be one of the kids," someone says absently, maybe in response to me, but more likely a thought that slipped out.

The possibilities were running through all of our heads and were endless. For the next six or seven minutes, the five of us who remained shared possibilities and worries in the form of murmurs as we waited for Jenn to return.

It could be a shooting.

It could be an election riot.

It could be a fight.

It could be nothing.

It could be about anything.

Jenn walked back in to grab her phone. It was Jean Pierre.

Jean Pierre had come to the home because his family could not afford to feed him. That was all the information that had been given. That night, we learned that Jean Pierre's father was a leader in the Voodoo community and Jean Pierre's mother was currently sitting at Rev Home with charred clothes and burned legs desperately pleading for her son, Jean Pierre. She cried that she had no choice, her husband, and JP's father, requested that he come back. He was waiting for both of them.

That night, we all went to bed concerned, with worries that were waiting and unconfirmed, but there was one thing we could do. The next morning, we added a stop to our Baby Feeding route. The cooks had been able to find out where Jean Pierre lived, and we stopped there last, with enough soup and peanut butter to last him until the next day. I waited about three steps behind as we approached the door. His mom came to the door with a tired look on her face and Jean Pierre on her right hip. She exchanged a few words with the cook, but I don't know what she said. I looked immediately to Jean Pierre who had his finger in his own mouth and sweat running down his face. His eyes weren't lit and he cried

painfully as he wrestled himself down to the ground.

I knelt and reached out one hand as he stumbled my way, but the next second he was gone. I looked up to find his father had scooped him up with one hand and was shooing us away with the other. We left, quickly, nervous, but satisfied that Jean Pierre had enough to eat for the day. We walked quickly to report back to the whole family, especially Nikkelange, who were waiting at the gate to find out how their baby was doing.

The day was filled with the same questions, asked over and over again as they sought reassurance.

"How did he look?"

"Did you give him his vitamin?"

"Is he okay?"

"When will he be home?"

We got through the day answering these questions the same way, "fine, yes, yes, soon," and then deliberating over dinner that night as to whether answers were honest or not.

I woke up the next morning planning to repeat the day before almost exactly. We got to the ravine and the whispers and murmurs started. Soon, we were hearing them clearly, Jean Pierre was gone. The father had taken his wife and son and fled the ravine overnight.

They were gone.

He was gone.

And nobody was saying anything else. Once that message was clear, there was silence. We were not supposed to, or allowed, to know where they went. The people standing in front of us holding their babies were torn. They were torn between loyalties, between their concern for our baby and their natural inclination to protect their own. So out of respect, we left. We walked away and today when we walked through the gate, our answers were not honest.

"He's okay," I whispered as I walked into the home, grabbed Lucilla, and walked down to the school.

As soon as we shared the news with the Haitian staff, they made a beeline for the ravine. I realized then, Jean Pierre was their baby, too, even down here at the school where he had visited maybe once. He had more moms than I realized, because I've never seen a flurry of concern quite the same as half of the school's staff, teachers, and families hearing the news we brought.

An hour later, they all returned. I don't believe they meant to look the way they did. I believe they meant to look determined, but they looked grim. They walked in and my stomach dropped. I made eye contact with Rosemarline, a second grade teacher, and she quickly looked away, turning towards Edmond who was sharing the news.

"There is to be a ritual tonight. There is nothing we can do. We don't know where the ritual is. There will be a child sacrifice. We will try our best to find out more. Right now, we need to pray."

I have no power in this moment, in this situation. There is nothing I can do. I'm trying not to cry as I feel a hand on my leg, I can't look up. I can't help.

There is silence only for a few moments before Edmond sits himself on a desk in front of all of us, looks up at a tile in the ceiling, and begins to pray.

He prays in Creole first, and then in English.

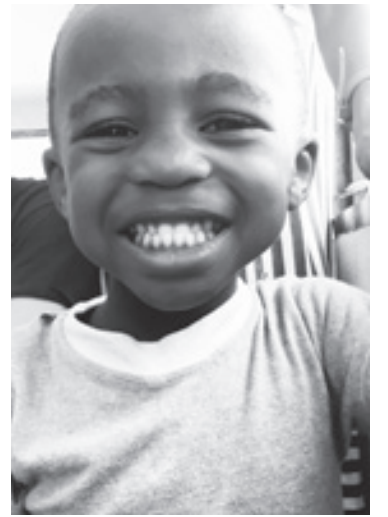
He thanks God first, and then asks for help.

He thanks God for JP. He thanks God for all of the children. He thanks God for information, for hope, for community. He thanks God out loud over my quiet and begging thoughts. Then he asks for protection. For a miracle. He asks that God give guidance to those Voodoo leaders who are currently resting for their ritual later that evening.

Everybody takes turns, and nobody moves for nearly an hour. Soon, we have to get back to work, but in these moments every ounce of effort that I'll be able to give for the entire day is focused on these words, "Please protect our baby."

The silence broke and we all went back to our tasks, avoiding every question and shielding 36 children from the truth that Jean Pierre would more than likely never come back to them.

Two nights later as I sat on the steps in the front of the home with Camilla on my lap, braiding the front of my hair, we heard a knock on the gate. It was dark. Typically, we don't stay out after dark. All the kids were either in the yard, bathing, or in their rooms, so whoever was knocking on the gate was probably just someone coming up from the school. I yelled for one of the boys to go to the gate as there was another knock. James walked out, asking



over his shoulder if we wanted to play cards, and peeked through the opening in the gate.

He turned back to me quickly, whipped around, and unlocked the gate.

Jean Pierre was perched on his mother's hip.

I stood up and yelled for Lucilla. Camilla screamed and ran to get the girls.

I ran down the steps towards JP and wrapped my arms around both of them.

I yelled for Lucilla again as we walked to the steps. They both needed help, bandages, and food. Jean Pierre was covered in dirt and urine but wasn't bleeding or burnt. His mom had burns running up her back and no longer had hair. She cried out in pain as she sat on the first step, and handed Jean Pierre over as James ran down the street to the school to raid the pharmacy.

As James cleaned JP's mother's back she told us what she did. The afternoon of the ritual she ran away. She was told by the Voodoo priests to go fetch water. She told us that as she went to fetch the water, she didn't start running until she got to the pipe. She didn't feel like she could run away until she got to the pipe because she didn't know where to go. When she reached the pipe she realized she had somewhere to run to.

The night she brought JP back to us, she was taken to a domestic protection mission shelter. She visits Jean Pierre at the home about once a month. Jean Pierre learned, that night, that he has 36 brothers and sisters and a family who will stay up all night just to hold him and pray over him. That night we all learned that miracles do happen.

To read past articles by Leanne, visit the Authors section of Emmitsburg.net.

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ARTS

The golden dragon acrobats

Jean Grubeský
The Majestic Theater

The spellbinding artistry, feats of athleticism, and daring heart-stopping stunts of “The Golden Dragon Acrobats” will thrill the whole family at the Gettysburg College’s Majestic Theater on Friday, March 31 at 7:30 p.m. “This is family entertainment at its best,” remarked Jeffrey W. Gabel, Majestic Theater’s Founding Executive Director. “It has thrills galore, colorful costumes, dancing drag-

ons and non-stop action.” “The Golden Dragon Acrobats” represent the best of a time-honored tradition that began more than 25 centuries ago. The company’s reputation is solidly rooted in a commitment to the highest of production values and an attention to artistic details that is unparalleled in the art form. World-renowned impresario Danny Chang and choreographer Angela Chang combine award-winning acrobatics, traditional dance, spectacular costumes, ancient and contemporary

music and theatrical techniques to present a show of breathtaking skill and beauty.

The ancient art of acrobatics has developed into one of China’s most popular art forms. As well as evolving into many forms of performance - dance, opera, martial arts and sports - acrobatics has served an important role in the cultural exchange between China and Western nations. The citizens of China continue to present their acrobatic art for the world today, to portray their hard-working nature and set

forth an example of the rich traditions of Chinese culture.

The group’s founder, producer and director, Danny Chang, is one of the world’s leading promoters of Chinese acrobatics. He began his training at the age of eight with his family’s acrobatic school in Taipei, and began performing with its touring wing, “The Golden Dragon Acrobats”, at age ten. He is the recipient of many awards, including the prestigious Medal for International Faith and Goodwill by the Republic of China’s Coordination

Council for North

Performing feats on chairs stacked 10 stories high; the troupe has traveled to all 50 states and to more than 65 countries on five continents. “The Golden Dragon Acrobats” have received two prestigious New York Drama Desk Award nominations for its Broadway performances. Their recent 5-week run at Broadway’s New Victory Theater in 2014, marks the only acrobatic troupe from China chosen to perform twice at this prestigious venue.

To purchase tickets \$45, \$39, \$33 (students/children \$5 discount), call 717-337-8200, visit www.gettysburgmajestic.org or stop by the Box Office, 25 Carlisle Street, Gettysburg.

WOB’s Marquee Mysteries Series

The Way Off Broadway Dinner Theatre, the Frederick area’s only year-round producing theatre, is not only known for its Broadway-style Mainstage productions and one-of-a-kind Chil-

dren’s Theatre, but also for its interactive murder mysteries. Marquee Mysteries launched in 2005 with A Rock-n-Roll Golden Oldies Mystery. So popular was the show, that eleven more interac-

tive mysteries have appeared at Way Off Broadway since, while even more are now produced outside of the theatre, including regularly on the Walkersville Southern Railroad.

For the 2017 Season, Way Off Broadway’s producers have announced a full Marquee Mysteries Series, made up of four hilariously over-the-top interactive mystery events. The first of which, Murder by Marriage, will appear at the theatre March 17th and 18th.

As the evening begins, guests are cordially invited to the wedding reception of Troy and Christine. They made it through a year of planning the big day, the ceremony went off without a hitch . . . almost, now it’s time for the reception. But all those attending should be prepared because the event will be anything but ordinary. Because when one of the



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members of the wedding party ends up “belly up,” it will be up to the audience to figure out who is behind the crime. It won’t be easy. Everyone involved with the wedding has motive from Christine’s crazy aunt to Troy’s divorced mom. If you thought your family was dysfunctional, you haven’t seen anything yet.

Detective stories and mysteries have been a part of entertainment culture for as long as anyone can remember. From the days of Sir Arthur Conan Doyle and Agatha Christie to the modern television crime shows of today, everyone loves a good mystery. Everyone thinks they can be the next Sherlock Holmes. At Way Off Broadway, they have that chance!

Bringing the zany wedding party characters to life are a cast of Marquee Mystery All Stars including Betsey Brannen, Mary Ellen Cameron, Matt Crawford, Sarah Melinda, Jordan B. Stocksdale, Jeremy Trammelle, Joseph Waeyaert, and Shannon Wells.

The show is based on characters created and developed by Justin M. Kiska, who is overseeing the production.

Friday evening, March 17th and Saturday evening, March 18th, doors open and the “reception” begins at 6:30 p.m. All tickets for Murder by Marriage are \$43 per person and can be purchased by visiting the theatre or calling the Box Office at 301-662-6600.

Following Murder by Marriage later this year are The Funeral Farce, Game of Gangsters, and A Holiday Who Dunit?

To learn more about Way Off Broadway’s Marquee Mysteries, or any of the theatre’s productions, visit www.wayoffbroadway.com

Mount spring mainstage

Jack Williams
MSMU Class of 2017

February has come and left pretty quickly this year, and spring is just around the bend. When temperatures rise, so do the number of things that we'd like to do outdoors! Winter is a period where we cozy up, bunker down, and find fun things to do indoors. We play games, watch movies and television, root for our favorite teams, and enjoy the closeness of our company. Now that spring is so close, why not head to the campus of Mount St. Mary's University and check out what the Fine Arts Department has planned for the end of this month?

Like last year, the Fine Arts Department has a number of activities scheduled to exemplify the ambitions of both the student body and the faculty. If you remember from last year, the Mount's Fine Arts Department put on a rousing performance of Mary Zimmerman's *The Secret In The Wings*. If you didn't attend, this was a modern interpretation and retelling of classical fairy tales, made famous by The Brothers Grimm. It was an intriguing play, and provided rich new meaning into the stories whose plots we know from cover to cover. This year, the Mount's theatre department will be airing *The Metromaniacs* by David Ives.

What is *The Metromaniacs*? Why is it worth seeing? What can you expect? Let's get into each of these ques-

tions one at a time. *The Metromaniacs* is a stage play adapted from an earlier French play from the mid-18th century. Many elements of the French play have been preserved; it contains the satirical dialogue characteristic of many performances during that period, while modifying the language to resonate with a contemporary audience. Dr. Kurt Blaugher, assistant professor of theatre and director of this performance, discussed the play in similar terms, "[*The Metromaniacs*] captures the Neoclassical social satire of the original play, and at the same time mixes in traditional bedroom farce with contemporary language and comic timing."

But what is "metromania"? It isn't a psychological term, and doesn't touch upon something that is endemic to everyday life. What parallels can we discover that touch upon our own experiences? Clues to the meaning of the word can be ascertained if it's broken down; it refers to the obsessive affection and enthusiasm to the creation and appreciation of poetry, hence the inclusion of "meter" in metromania. I'm sure many of us have seen *Dead Poets Society*, a film that emphasized the importance of creativity and individualism through the appreciation of poetry.

In many ways, I feel that many of us appreciate poetry but often within certain acceptable situations and friend groups. For instance, I'm sure that a great number of our readers would love to hear the student-writ-



Mount students will turn out again in droves to support the Mount's Theatre Department's spring play – come join them and experience some of the best collage theater on the East coast!

ten poetry that will be read aloud this year at Mount St. Mary's SPARC Festival, scheduled for the 25th and 26th of April. Or, similarly, we may read their poetry in the *Lighted Corners* literary magazine. It should be emphasized, however, that the appreciation of poetry need not be limited to circumstance! Some of the greatest writers we can name could not live without the written verse. Percy Bysshe Shelley, the Romantic writer who authored the famous poem *Ozymandias*, was an avid defender of his craft. In a series of essays published between 1909-1914, entitled *A Defence of Poetry*, he beautifully encapsulates one of the greatest strengths of poetry: im-

agery. He writes, "Poetry is a sword of lightning, ever unsheathed, which consumes the scabbard that would contain it."

Why is it worth seeing, if you don't consider yourself a metromaniac? This play itself is not a recitation of poetry, even though that is the passion within the characters and in one of the lead characters, Damis, who falls madly in love with the craft. It is centered in France at a time when public admiration of poetry was pervasive. Poets were the celebrities of their time, and Damis feels a strong, romantic affection for one of the most famous poetesses in France. Little does Damis realize, however, that many poets and poetesses write under pseudonyms; he feels romantically attracted to a middle-aged gentleman writing under a false name. Nelson Pressley, a theater critic for *The Washington Post*, commented that *The Metromaniacs*, "is a marvel of old and new, with punchlines that glisten with classical flair and contemporary savvy! *The Metromaniacs* is a riotous farce about upper-class twits obsessed with poetry in 18th century France."

This play has many comedic moments, capitalizing on satire, mistaken identities and a number of plot twists! It will be a great series of evenings (and a matinee!) that is not only a great opportunity to support the Mount St. Mary's community, enjoy the weather outdoors, but also a fantastic way to sustain the local arts community! The first performance will take place on Thursday, March 30 at 8 p.m. and will continue through Saturday, April 1, beginning at the same time. On April

2, the Sunday matinee will be shown at 2 p.m. All tickets for the production of *The Metromaniacs* will run at \$7. Come and support the Mount!

There are other art events scheduled at the Mount for the near future as well. The Music Department at Mount St. Mary's will be performing a Wind Ensemble/Lab Band recital in tribute to Sgt. Peppers. More details will be released later this month, and this two-day concert will be featured on April 21 and 22. It is difficult to minimize the influence of this famous album, and the wide-spanning effect it had on popular music. A tribute to The Beatles, and this album in particular, will be an event to mark in your calendars! Stay tuned next month when added details will be discussed in depth!

Additionally, following the final production of *The Metromaniacs* on the 2nd of April, the Theatre Department will be showcasing the final senior projects for the coming semester. Seniors will be responsible for putting on their own plays, and if last semester's performances are any indication, this spring's list of performances will not be any to miss either! These will take place at 8 p.m. on Thursday, April 20 through Saturday, April 22. Check back next month for additional notes on what can be expected!

I hope that this next month, and the arrival of spring treat you well. Be sure to keep watching television, reading your novels, and if the weather is right, maybe enjoy a new book of poetry outdoors!

To read past articles by Jack, visit the Authors section of *Emmitsburg.net*

Frederick Arts Council "Celebration of the Arts"

The Frederick Arts Council will commemorate its 40th Anniversary with a "Celebration of the Arts" on Saturday, March 11th at the Weinberg Center for the Arts. The event's program will feature remarks by keynote speaker David Rubenstein, Board Chairman of the Kennedy Center, and a performance by Sally Taylor, accomplished musician and daughter of James Taylor and Carly Simon. Ms. Taylor will be performing with the Something Underground Band.

The evening will begin at 7 pm, when there will be a ticketed VIP reception where guests can mingle with Mr. Rubenstein and Ms. Taylor. Following the reception, the program will begin at 8 p.m., and from 9:30 to 10 pm will be a brief post-program reception for all in attendance.

This year marks important anniversaries for a number of foundational arts organizations in Frederick, such as the Maryland Ensemble Theatre and the Frederick Art Club, and the March 11th event will celebrate the strength of the arts community in Frederick as well.

Keynote speaker David Rubenstein, Board Chairman of the Kennedy Center, is one of the principal philanthropists, businessmen, arts advocates, and hu-



manitarians in the United States. His generosity has allowed the restoration of the Washington Monument, Monticello, and the Lincoln Memorial, among other national treasures. He purchased one of the last privately owned originals of the *Magna Carta* so that it could be displayed at the National Archives. He has long been an active proponent of the importance of the arts to a vibrant society and speaks eloquently on topics ranging from American history to the Citizen Artist.

"We are pleased to celebrate forty years of the arts in Frederick on March 11 and we are eager to look toward the future together. Frederick has a vibrant arts scene that attracts major talent and we look forward to the next 40 years of supporting our members and making the arts even stronger," said Louise Kennelly, the executive director of the Frederick Arts Council.

Scheduled performer Sally Taylor is an accomplished artist and musician as well as the daughter of James Taylor and Carly Simon. Her albums

include *Tomboy Bride*, *Apt #6S* and *Shotgun*. She has done a TEDx talk on her arts education initiative *ConSenses*, an effort dedicated to enlarging the scope of artistic collaboration, the recognition of art as a journey, and the exploration of human perception. She has also established a record label.

Tickets for the pre-program VIP reception (which include program admission) are \$125 and can be purchased through the Frederick Arts Council's Eventbrite linked at frederick-arts-council.org. General admission tickets are \$25 and can be purchased starting Friday, January 27th on the Weinberg's website at weinbergcenter.org.

The Frederick Arts Council invests in a vibrant and cohesive arts community for the people of Frederick County. The organization fosters an environment where the arts flourish in the community through grants and scholarships, arts advocacy, and links to essential resources. FAC is responsible for large-scale programming such as the Frederick Festival of the Arts, Art in the Park, and Frederick County's Arts in Education grants. For more information about the Frederick Arts Council, visit www.frederick-arts-council.org.

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Main Street Matinees and Game Night are held at the Thurmont Main Street Center, 11 Water Street, Thurmont. For the complete listing of events go to: thurmontmainstreet.com

SPORTS

Lady Cougars get their first win

Sean Vietri

While the Catoclin Girls Basketball team celebrated their Senior Night on the evening of February 10, there would be more to remember before the going home. Playing the Brunswick Railroaders, who had beat them 53-46 in January, the team looked to come back on top in the rematch.

The Cougars started strong by winning possession on the tip-off but after an early jump ball, it was awarded to the Railroaders. The first points of the game were made by Brunswick's #23 C. Winskad who shot a three pointer. After a shot by Catoclin's Allison Larochelle, Raegan Smith rebounded and was fouled while shooting to make one of two free throws. Larochelle played up her defensive skills by stealing the ball from Brunswick's #30 C. Reeves and sending it to Olivia Crum to make two points. C. Reeves came back on the offensive and was fouled while making a basket, but missed her free throw.

After C. Winked made two more points both sides saw difficulty in scoring with Railroaders turning over the ball three times and the Cougars turning it over twice. Brunswick made three more points holding on to their lead but Catoclin finished the quarter strong with Jessica Bry-

ant hitting a three and putting back one of Elizabeth Dougherty's two free throws. The score stood 10-9, Brunswick. The Railroaders looked to have a slight edge over the Cougars, which was expected.

The second quarter started off strong for Catoclin. Crum gave a quick pass to Melanie Topper who went up to score a basket. Then Madison Tobery stole the ball on defense and sent it back to Crum for two. Then on defense Tobery hit the ball off a Brunswick player for a turnover. With the Cougars back on the offense, Topper drove the ball through the Railroaders' defense for a layup. Brunswick regained a bit of ground by making one foul shot followed by two points but then Catoclin's Brietta Latham canceled their progress out by hitting a three.

After Catoclin's Alexis Smith rebounded a shot by Brunswick, her teammate Raegan Smith made a basket. After Catoclin entered the bonus situation, C. Reeves was one and one at the line but missed on her first shot. Catoclin's Dougherty fared better with free throws when after being fouled while shooting, drained both of hers. To top it off Alexis Smith made two free throws to bring the Cougars to 25 points and four for four in free throws in the second quarter. Brunswick was given one last opportunity to exploit

Catoclin's bonus situation but again missed their first free throw while shooting one and one. The score at the half stood 25-13, Catoclin.

Going into the third quarter Brunswick knew they would have to bring their A-game to compensate for Catoclin's last eight minutes. They began making the comeback with C. Winskad putting two on the scoreboard. After Catoclin had difficulty finding the basket, Brunswick's #15 D. Gardener made a free throw and #3 B. Walker scored from outside the arc. Catoclin's Topper then made two off a fake. Unfortunately for Brunswick, they lost the ball after a defensive rebound to allow Tobery to easily put the ball up for another basket. Brunswick went on to make three free throws. With the ball in play, Catoclin's Smith powered through to make two points while falling down. Crum made a three pointer to end Catoclin's third quarter points, while Brunswick made two shots from inside the arc and an impressive buzzer beater three to bring the score to 34-29 with eight minutes to go.

Crum replicated her three-point luck by making another one to kick off the last quarter. After Brunswick's #11 E. Davis, who made the buzzer beater, doubled dribbled, Catoclin's Raegan Smith was fouled while shooting to make one of two shots.



Catoclin's Melanie Topper takes the ball up the court.

Larochelle then fouled D. Gardener, Brunswick, who missed both of her free throws. Dougherty then scored on a traditional three-point play but D. Gardener equated the points made by shooting a three pointer. Larochelle kept up Catoclin's lead by making two free throws. Shortly after, Brunswick brought back the heat with B. Walker scoring a three-pointer. Larochelle blundered when she traveled to give C. Reeves the ball for two points.

No more points were made despite the substantial amount of turnovers. Back to back jump balls that led to Brunswick's possession gave them a chance to make up lost points and gave Catoclin pressure to run down the clock. Brunswick fouled Tobery while on offense but because they had entered the double bonus, Tobery shot two free throws and missed both. Brunswick fought till the end attempting a three pointer but it missed and the clock wound down to close out the game. Catoclin won, 43-39. It was their first win of the season, which has seen a few

When asked about how it felt to win on her Senior Night, Catoclin's Jessica Bryant commented, "It's amazing, I mean we all played well as a team and we have a lot of young girls but I think we have a lot of potential for the next few games."

The Girls Team went on to play Boonsboro the following Monday. Similarly to the game against Brunswick, they trailed the opposing team by one point at the end of the first quarter. The competition remained fierce, as at the end of the half, the game was tied up, 19-19. The Cougars had a solid third quarter for the most part, at one point with a six-point lead, but the Warriors made the most of their last few possessions, coming back to be up by two at 32-30, Boonsboro with eight minutes left to go. Brunswick went on to make another 13 points as they did in the third quarter, while Catoclin had their lowest scoring quarter with only seven points. The game ended with the Warriors coming out on top, 47-37, Boonsboro.

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Mount Lacrosse season preview

Kelly Smith
MSMU Class of 2017

Lacrosse season is here for the Mount St. Mary's University Men's and Women's teams. The men and women have both been selected to finish fifth in the Northeast Conference Preseason Coaches Poll. This is going to be a good year for both teams and their hard work and dedication will pay off as the levels rise.

For the men's team, the Mountaineers finished the 2016 season with a 6-8 record and a 2-4 record in conference match-ups. The Mount opened their 2017 season versus Delaware at the Waldron Family Stadium on February 11. Although the team came up short in a 18-5 loss, there were some highlights from players that will make for a promising season. Freshmen Brenden McCarthy and Brendan Doyle both made their first collegiate goals, while Chris DiPretoro scored his first goal of the season.

Before the season kicked-off, the Mount announced the addition of two new coaches, Assistant Coach, Scott Meehan, and a Volunteer Assistant Coach, Joe Wilson.

Head Coach Tom Gravante informed, "I am very glad to have Scott Meehan and Joe Wilson join our 2017 men's lacrosse staff. Both coaches bring a strong background to our program to assist, direct and develop our players into better student-athletes and people."

Meehan spent last season as an Assistant Coach at Richmond and before that spent three seasons at Franklin & Marshall College in Lancaster, Pa. Meehan graduated from Washington and Lee University in 2012 with a degree in the field of economics.

Wilson graduated from The University of Tennessee with a degree in communication. Wilson became an Assistant Coach at Sewanee (a young program) in Tennessee and then the offensive coordinator for Western Reserve Academy in Ohio. His career as a coach began to take off when he became the Assistant Coach at King's College for a year. This led him to the position of Head Coach at St. Andrew's University in Laurinburg, N.C., which led him to the Mount.

With the new addition of experienced coaches, the Mount has a 2017 schedule full of competitive games against several experienced programs.

The Mount is prepping for three back-to-back home match-ups against Towson (February 18), Richmond (February 21) and Furman (February 26).

The road trips begin on March 11 versus Bellarmine then back to Emmitsburg to open Northeast Conference play against Bryant on March 18. Then the men travel to Robert Morris on March 25 and at VMI on March 28. After the NEC road trip, the men have two home games against Sacred Heart (April 1) and Bucknell (April 8). The Mountaineers then play Wagner on April 15, before finishing non-conference play against Georgetown in Emmitsburg.

To conclude the regular season, the

men play reigning NEC Champion, Hobart away on April 22 and then last year's conference runner-up Saint Joseph's on April 29 in Emmitsburg. The Northeast Conference playoffs begin on May 4-6 at the home stand of the tournament's highest seed.

Head Coach Tom Gravante announced that Bubba Johnson, Tommy Lyons, Kevin Verkler and Mike Pascali will be the team captains for the 2017 season. Johnson and Lyons are returning graduate students, while Verkler and Pascali are seniors.

Last season, Johnson was a First Team All-Northeast Conference selection in the midfield. He tallied 16 goals and nine assists for 25 points.

Lyons played in all 14 games last season and finished the year with 21 ground balls and eight caused turnovers. Lyons commented about the upcoming season, "Our goal for the season has remained constant through the years: NEC Championship. The important factor is that we make the right steps, doing the little things each and every day." He continued, "We have a lot of freshmen making a lot of big contributions for us this year. Not all of them may be during games, which is crucial. We have talented freshmen giving us great new looks in practice which allows the upperclassmen to develop as the underclassmen continue to gain experience."

When asked what he is looking forward to the most about this season, Lyons said, "This season I'm looking forward to conference play. Compared to past years, the NEC does not have any major favorites. Everyone has got a great shot at taking the conference. I'm really anticipating each game being very competitive."

Senior captain, Pascali, played in all 14 games last season as well. He finished with two goals and two assists, while adding 15 ground balls and eight caused turnovers last year alone.

Verkler played in 13 games last year with 12 starts on defense. Verkler scored his first collegiate goal over Wagner and finished the 2016 season with 10 caused turnovers and 11 ground balls.

It is safe to say that the men's team is in good hands with these men as their team leaders.

As for the women's team, the Mountaineers finished last season with 5-12 record and 3-4 in conference play. The Mount returns with 15 letter winners from last season, including three of the top four scorers, seniors Kelly Maloney and Sammie Knapp and junior Nicole Lantuh.

The women have 15 games this season, nine of which are here in Emmitsburg at the Waldron Family Stadium and eight conference match-ups.

The Mount opens the season against Longwood on February 26 in Emmitsburg. The women then go on a road trip to play UMBC on March 1. Next they play Niagara (March 4) at home and then go to Furman on March 11 and Binghamton on March 15. The month of March closes with three final non-conference games at home versus Saint Joseph's on March 19, Radford on March 25 and UC Davis on March 30. Northeast Conference (NEC) play begins at Waldron Family Stadium versus Robert Morris (April 7) then a game at Saint Francis U (April 9). On April 14, the Mountaineers host three games against NEC Champion Wagner, LIU Brooklyn (April 21) and Sacred Heart (April 23). The regular season ends after two matchups against Bryant on April 28 and Central Connecticut on April 30. The NEC playoffs begin May 5-7 at the home of the tournament's highest seed.

The Mount also announced the addition of former All-American and University of Southern California star



Mount senior and lacrosse team captain Kevin Verkler prepares to defend the goal at a recent game at Mount St. Mary's. Mount lacrosse games are free and open to the public - so come enjoy some fast paced action.

player, Amanda Johansen, as Assistant Coach for the Lady Mountaineers.

Head Coach Lauren Schwarzmann said, "I'm excited to announce the hiring of Amanda Johansen to our staff. Amanda comes from an extremely well-coached, competitive, and elite program at USC. Amanda's experiences as a top player at USC and on the Baltimore Ride (professional team) will immediately impact our program on and off the field. Amanda brings a tremendous work ethic and knowledge of the game to our team and will be an integral part of our coaching staff."

Johansen, a Glen Head, N.Y. native, tallied 194 points on 134 goals and 60 assists in her four years at USC. She was drafted by the Balti-

more Ride in the inaugural draft of the United Women's Lacrosse League during summer 2016 and earned All-American honors after her senior year in college. Johansen was also named to the MPSF All-Conference First Team every year in college and also earned IWLCFA All-Region honors four times.

Johansen graduated from in 2016 with a bachelor's degree in business administration and obtained a minor in sports media studies.

This is going to be an exciting year for Mount Lax! Come support both the men's and women's teams at Waldron Family Stadium this spring. Schedules and player information are available on MountAthletics.com. Go Mount Lax!

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COMPLEMENTARY CORNER

Choose inner peace

Renee Lehman

On January 28th we entered the Year of the Rooster (in the Chinese zodiac). The Rooster crows in the morning as the energy is rising (as the sun rises). The Rooster literally WAKES US UP! Close your eyes and imagine that someone is yelling for you to wake up. Can you feel the energy rising up within you? This is the type of "rising energy" that will be all around us during this year of the Rooster.

Another event which is resulting in a rising energy is the changing from the season of Winter into the season of Spring. Even though the Spring Equinox is March 20th, we have been gradually moving into Spring since February. Remember those warmer days during the middle to end of February? Yes, that was Spring showing that it is coming.

This is a tremendous amount of rising energy that we are experiencing! When you look at nature during this time of the year, it is a time of beginnings and renewal, flourishing, growth, enthusiasm, and a lot of activity. Overall, there is more "rising energy" happening in nature during the Spring than compared to Winter.

Can you see how there is much rising energy all around us? Rising energy in the universe, in nature, in our society, etc. The Five Element Theory in Traditional Chinese Medicine (TCM), gives us a Universal framework to see how the structures and systems in our bodies are connected

to each other; how we are connected to our environment and the natural world; how our world is part of the greater universe. We are considered to be a hologram of the Universe, so what is happening in nature is happening within us, and vice versa. Even if it is difficult to feel this connection with nature and the Universe, this Universal principle of connection still exists nevertheless.

Thus the Chinese proverb:

If there is light in the soul, there will be beauty in the person.

If there is beauty in the person, there will be harmony in the house.

If there is harmony in the house, there will be order in the nation.

If there is order in the nation, there will be peace in the world.

In TCM, the season of Spring is associated with two organs within your body, the Liver and the Gallbladder. These two organs have the responsibility for the smooth movement of your emotions, energy (Qi), and blood. Other associations with the season of Spring, and the Liver and Gallbladder organs, include your tendons and ligaments, the emotion of anger, and the sound of shouting.

In TCM, the Liver and Gallbladder have many functions on a body, mind, and spirit level.

The Liver is responsible for assessing the circumstances within and around us, and creating a plan on how to flourish in life given these circumstances. The Liver is also responsible

for the smooth release of emotional baggage that we tend to carry. It is the organ within our body that is most affected by excess stress or emotions.

The Gallbladder has the ability to make determinations about what is "right" for you (the inner wisdom that comes from your Heart), and then makes good decisions based on accurate judgment, to be able to see all sides of a situation, and to turn resentment and anger into effective action. Sometimes it takes courage and initiative to take action toward a goal — this falls under the realm of the Gallbladder.

So, how do we find balance with all of the rising energy around us and within us? To balance the rising energy, we must participate in practices that allow for energy to move inward. It is important to create balance within you, because this balance and harmony will then impact everything and everyone around you.

For example, if you are feeling angry (rising energy), remember that meeting anger with anger only makes things worse. That is like throwing gasoline on a fire! Plus, holding onto anger is not productive, either. As Buddha said, "Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned."

So, what can you do to move your energy inward and create a balance within yourself? What can you do to create an inner peace that can then be displayed to the world around you?

Stay calm and move slowly into the season of Spring. Don't get caught up in Spring's powerful upward rising energies! Take things easy and go slowly; take a nice long walk in the park or do other gentle exercises to relax your mind, body, and spirit. Let go of any stressful situations that you can.

Practice mindfulness. Mindfulness is a mental state achieved by focusing one's awareness on the present moment, while calmly acknowledging and accepting one's feelings, thoughts, and bodily sensations. When you're mindful, you observe your thoughts and feelings from a distance, without

judging them good or bad. Mindfulness gives you the ability to find peace within yourself so that your actions come from a place of compassion.

Practice things that ground and center you. Being grounded means you have stability, security, and control over your life. It means being ready to handle life's challenges. There are many ways to center or ground yourself: through prayer/meditation, qigong, yoga, walking in nature, singing, dancing, or just sitting in stillness.

Remember that we are all connected, that we are a hologram of the Universe. So, if you are angry over someone or something, realize that you have the opportunity to learn from this situation. Often, what we find irritating in someone else is a shadow aspect of ourselves that we do not want to look at. As the Dalai Lama stated, "Our enemies are our greatest teachers." They give us the chance to examine and heal our own issues. Don't be afraid to look at your own blind spots.

"You will not be punished for your anger. You will be punished by your anger."

—Buddha



"Peace cannot be achieved through violence, it can only be attained through understanding."

—Ralph Waldo Emerson

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

—John 14:27

Renee Lehman is a licensed acupuncturist and physical therapist with 30 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.

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FITNESS AND HEALTH

The importance of core strength

Linda Stultz
Certified Fitness Trainer

A strong core is the foundation of a healthy strong body. The stronger your core or back and midsection of your body the stronger your extremities will be. That means if you work on making your back and abdomen as lean and strong as they can be your arms, legs and neck and shoulders will benefit greatly. I know many of us work on our midsection just to get rid of belly fat and that is a very important factor in a healthy body.

That is not the only reason to work your mid-body. Strong back and abdominal muscle groups not only help keep our spine straight and strong and help with good posture but it also gives a sturdy base for our arms and legs. Good posture starts with our feet but it is continued and mostly noticeable in our back and neck areas. Anyone with a back or

neck issue should check out the feet and shoes first to see if the problem is coming from there. Once that is taken care of the next place to work on is the back and abdominal muscles to be sure they are strong and able to support your body.

Simple exercises are the best to strength your back and getting that belly as flat as possible is also a big part of a healthy and sturdy back. Many people complain of back problems and they think is it coming from their hips or their back when, in reality that extra weight in the front is pulling on the back muscles and putting a strain on the spine.

Dropping a few pounds and strengthening your lower back muscles can ease back pain and prevent an aching back and neck. Neck pain can also come from leaning forward when we walk or not holding our head over our shoulders and shoulders over our hips and hips straight over our feet.

I know that sounds like a song you may have learned in grade school but it is really important to keep everything as straight as possible to avoid getting out of alignment. Keeping everything strong and in line is also very important for balance. As we age our balance begins to get weak and that is a big reason for falls and injuries. The stronger our core the better our balance.

I hope you see how I keep referring back to a strong back and midsection and how they connect to so many aspects of the importance of a healthy body and everyday life. Our balance, ability to lift and carry things, climb stairs or ladders, keep up with our children and grandchildren, sit at the desk and work or any other activity we do each day is all centered around our strong frame.

My massage therapist gave me the idea for this article because she said that is an important aspect she tries to convey to her clients and she knows that

is also the basis for strength and conditioning and building muscle strength. My clients know that we work on the core at each workout session and I stress the importance of keeping your back strong and straight.

I hope you will think of these ideas as you are sitting at your desk or taking a walk and maybe it will remind you to pull those shoulders back and straighten your back and neck. It may feel hard at first but once you hold yourself up

straight it will become a natural way of standing and will help your back and body feel less fatigued and more energized.

You can always reach me with questions or suggestions at 717-334-6009. Remember to keep moving, you'll feel better because of it.

If you have any questions or suggestions you can contact me at 717-334-6009. Remember to Keep Moving!

Ask the trainer

Jason Blough
Anytime Fitness

Question - Any advice on sticking to my New Year's resolutions this year?

Answer - To be honest with you, I don't really like the whole res-

olution approach at all. It's clear you want to make some changes—that's what resolutions are all about—but it sounds like it's your mindset that needs to change. You have to determine how committed you are to living a lifestyle of health, even when life throws chal-

lenges at you. After all, it takes dedication and hard work to exercise consistently, make healthy food choices most of the time, and get adequate sleep each night. And these are just some of the behaviors that define wellness. But here's the thing—when you decide that re-vamping your lifestyle is more important than reaching some short-term goal, New Year's resolutions will become a thing of the past!

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ASTRONOMY

The night sky of March

Professor Wayne Wooten

For March, the moon is new on February 26th, an annular solar eclipse for South Africa, and just six new moons until our own Great American Eclipse of August 21. On February 28th, look for the crescent moon ten degrees south of brilliant Venus in the twilight. On March 1st, the waxing crescent moon passes four degrees south of red Mars. The moon is first quarter on March 4, and passes through the Hyades cluster in the head of Taurus, occulting several of the stars that make up the "V" shape of the Bull's face.

The Full Moon of March, the "Grass" Moon, is on March 12th. The waning gibbous moon passes two degrees north of bright Jupiter on March 15th, with the bright star Spica in Virgo just south of Jupiter as well; all three rise about 10 p.m. in the southeast. The Vernal Equinox occurs at 5:29 AM CST on March 20th. On the same morning, look for the last quarter moon passing three degrees north of Saturn, both rising in the SE about 12:30 a.m. The new moon is on March 27th, but note that by now, retrograding Venus has already moved into the dawn sky. However, Mercury temporarily is taking her place in the evening sky, and is visible seven degrees to the lower right of the waxing crescent moon on March 29th, with Mars



Our photo this month shows M-65 at top left, M-66 at lower left, and almost edge on NGC 6538 at the right.

five degrees north of the Moon on the same evening.

Mercury moves into the evening sky at the end of March. Venus starts the month well up in the SW and very bright. On March 1st, she is magnitude -4.6 , shows a 16% illuminated crescent disk $47''$ wide. But as she retrogrades between earth and Sun this month, she draws closer and bigger, but a more slender crescent as seen from earth. On the 15th, she is up to $57''$ wide, but only 4% still sunlit, and setting right after the Sun, about 7 PM. Try spotting her thin crescent with hand held binoculars during the last weeks of March in twilight. Then on March 25th, Venus is at inferior conjunction, passing just north of the Sun into the dawn sky by month's end.

Mars is slowing losing its race with the sun, but still visible in the

SW evening sky throughout the month. Jupiter is nearing opposition on April 7th, and rising earlier in the evening sky each day in March. Small telescopes will reveal the four Galilean moons, all in a row around Jupiter's equator. The bright star of Virgo, Spica, is much fainter and just south of the giant planet this month. Saturn is now in the dawn sky in Sagittarius, and rises about 1 AM by the end of March. The rings are now tilted most toward earth and Sun, and a spectacular sight in the telescope for the rest of this year.

The constellation Cassiopeia makes a striking W in the NW. South of Cassiopeia is Andromeda's hero, Perseus. Between him and Cassiopeia is the fine Double Cluster, faintly visible with the naked eye and two fine binocular objects in the same field. Perseus contains the famed eclipsing binary star Algol, where the Arabs imagined the eye of the gorgon Medusa would lie. It fades to a third its normal brightness for six out of every 70 hours, as a larger but cooler orange giant covers about 80% of the smaller but hotter and thus brighter companion as seen from Earth. At Perseus' feet for the famed Pleia-

des cluster; they lie about 400 light-years distant, and over 250 stars are members of this fine group. East of the seven sisters is the V of stars marking the face of Taurus the Bull, with bright orange Aldebaran as his eye. The V of stars is the Hyades cluster, older than the blue Pleiades, but about half their distance. Yellow Capella, a giant star the same temperature and color as our much smaller Sun, dominates the overhead sky in the northwest. It is part of the pentagon on stars making up Auriga, the Charioteer (think Ben Hur). Several nice binocular Messier open clusters are found in the winter milky way here. East of Auriga, the twins, Castor and Pollux highlight the Gemini; it is directly above us as darkness falls in early March. UWF alumni can associate the pair with Jason and the Golden Fleece legend, for they were the first two Argonauts to sign up on his crew of adventurers.

South of Gemini, Orion is the most familiar winter constellation, dominating the southern sky at dusk. The reddish supergiant Betelgeuse marks his eastern shoulder, while blue-white supergiant Rigel stands opposite on his west knee. Just south of the belt, hanging like a sword downward, is M-42, the Great Nebula of Orion, an outstanding binocular and telescopic stellar nursery. The bright diamond of four stars that light it up are the trapezium cluster, one of the finest sights in a telescope and among the youngest known stars.

In the east are the hunter's two faithful companions, Canis Major and minor. Procyon is the bright star in the little dog, and rises minutes before Sirius, the brightest star in the sky. Sirius dominates the South East sky as darkness falls. At 8 light years distance, Sirius is the

closest star we can easily see with the naked eye from West Florida.

When Sirius is highest, along our southern horizon look for the second brightest star, Canopus, getting just above the horizon and sparkling like an exquisite diamond as the turbulent winter air twists and turns this shaft of starlight, after a trip of about 200 years!

To the northeast, look for the bowl of the Big Dipper rising, with the top two stars, the pointers, giving you a line to find Polaris, the Pole Star. Here it sits unmoving 30 degrees high in on our northern sky locally.

If you take the pointers of the Big Dipper's bowl to the south, you are guided instead to the head of Leo the Lion rising in the east, looking much like the profile of the famed Sphinx. The bright star at the Lion's heart is Regulus, the "regal star". The folk wisdom that "March comes in like a Lion" probably refers to the head of Leo rising just after sunset in early March. Below the hindquarters of the lion is the "Leo Trio" of galaxie. Our photo this month shows M-65 at top left, M-66 at lower left, and almost edge on NGC 6538 at the right.

If you follow the handle of the Big Dipper to the south, by 9 p.m. you will be able to "arc to Arcturus", the brightest star of Spring and distinctly orange in color. Its color is an indication of its uniqueness. Its large speed and direction through the Milky Way suggests it was not formed with our Galaxy, but is a recent capture from the Sagittarius Dwarf Galaxy, a smaller satellite galaxy now being assimilated by our huge spiral galaxy. Many of its lost stars, like Arcturus, follow a band across the sky at about a 70-degree angle to our galactic plane. Arcturus is at the tail of kite shaped Bootes, the celestial bear driver chasing the two bears from his flocks. Spike south then to Jupiter and Spica in Virgo.

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Farmers' Almanac

"In the Spring, a young man's fancy lightly turns to thoughts of love"
—Alfred Lord Tennyson (1809-1892)

Mid-Atlantic Weather Watch: Showers (1, 2, 3, 4); windy and colder with lake-effect snow (5, 6). Fair and cool (7, 8, 9, 10, 11, 12, 13, 14, 15) with showers and snow in the northern part of the region (16, 17, 18). Windy with more lake-effect snow (19, 20, 21) turning warmer with showers (22, 23, 24) Fair and mild (25, 26, 27, 28) with the month ending with showers and storms (29, 30, 31).

Full Moon: March's Full Moon will occur on March 12th. It earned the name Sap Moon from many Native Americans because, during this time, sap begins to rise and run. It has also been referred to as Worm Moon because, due to the warmer temperatures, the soft-

ening of frozen earth, earthworms begin to appear in abundance.

Special Notes: Daylight Savings begins on Sunday, March 12th at 2 a.m. EST. Don't forget to 'spring' ahead and set your clocks ahead one hour. The Vernal Equinox will occur on Monday, March 20th and signals the arrival of Spring (at long last!).

Holidays: Ash Wednesday is observed on Wednesday, March 1st. Be sure to wear something green in honor of St. Patrick on Friday, March 17th. Palm Sunday is on the 19th of March.

The Garden: Get outside and rake old grass and debris (that is, once the temperatures have warmed up and the snow has all gone!). Begin removing protective mulch from around rose bushes. Don't feed azaleas or rhododendrons until after they bloom.

Then, give them a fertilizer that is specially formulated for plants that prefer acid soil. And don't forget to throw old coffee grounds around the base of these blooming beauties! Prune trees and vines but stay away from birch and maples as they often bleed sap at this time of year if pruned. As soon as your compost pile thaws, start to turn it with a fork as best you can. March is prime time for feeding shrubs and perennials that bloom in the Summer months. Start slow-growing and cool season seeds such as onions, leeks, parsley, celery, broccoli, cauliflower, cabbage, eggplant and peppers. It's also time to start tomatoes, lettuce, and many other vegetable seeds indoors. Try and plant your peas on St. Patrick's Day. As a general rule for most warm weather annuals, delay sowing until after the final frost.

J. Gruber's Thought For Today's Living

"One should never forget that no success or failure is necessarily final".

COMPUTER Q&A

Do you feel behind on technology?

Ayse Stenabaugh
Jester's Computer

Every time I sit down with a new client for one of our one-on-one technology classes I hear a familiar set of words. They fall along the lines of "I'm computer illiterate" or "I'm a dummy when it comes to computers". I have found that the biggest thing that holds my clients back is a lack of confidence that they can use the computer and they don't have to worry as much as they do! Learning from family and friends can be frustrating which is exactly why our resident tutor offers patience and an experience that is completely tailored to our clients' needs.

The best way for a beginner to learn is to start with some basic skills that are used throughout windows and can be applied in various ways. On Windows computers, there is almost always several ways to complete the same task which can seem confusing but we always try to teach our clients at least one way that will be consistent across all devices.

Learning how to click

First things first you need to know if you are left clicking or right clicking and whether to single click or double click. For almost everything you are going to left click and you are never going to double right click your mouse in Windows to perform any actions.

When you are looking at your desktop screen with no programs open you will see your desktop icons which you click on to open programs. These desktop icons will always require a double click to open. Anytime you are trying to open a folder or a document you are going to double click. If you are clicking on a link on a website, opening your start menu or clicking on an icon on your task bar (the bar at the bottom of your screen that has the clock inside it) you are always going to use a single left click.

The only time you are going to right click while using your computer is to open what I like to call your "edit menu". Right clicking while basically let you edit or manipulate the object that you are right clicking on. You will see a menu appear and while options will vary depending on the target you will typically see options like rename, delete, cut, copy, paste and properties.

Learning about Web Browsers

A web browser is a program that allows you to view webpages. There are several different web browsers and if you own a Windows computer your device will come pre-installed with Internet Explorer and if you are running Windows 10 you will also have Edge pre-installed. If you are running a Mac machine you will have Safari as your default web browser.

Different web browsers will have similar features that may be slightly different to use but the same basic features will be found in each one. At the top of all web browsers you will see an address bar where web addresses are displayed. In this address bar you can give a website's exact address, for example our website is www.jesterscomputers.com

puters.com if you typed that into your address bar it would take you directly to our website

If you just typed Jester's Computers however, you would be provided with a list of search results because you provided a search term and not an exact web address. Using a search engine to find websites is okay but you should always type in the web address if you know it because you may end up on a different website than what was intended when using a search engine.

In addition to searching the web and viewing webpages, you can use features inside your web browser to bookmark or save your favorite websites to re-visit them easily later. This allows you to provide easy access to websites that you intend to visit frequently, or to save something such as a recipe for when you are going to use it. Keep in mind that the web is constantly changing therefore a favorite website could be removed in the future if you absolutely need the information it's still a good idea to print it out if possible.

What else can I use my computer for?

Everyone uses their computer differently which is why we offer individual classes tailored to the needs of the student. Some people take a lot of pictures and want to be able to store their pictures in an organized fashion on their device. You can even use printing services such as Shutterfly or Walmart Photo online to have prints made from the convenience of your home.

Those who love music enjoy being able to download their favorite songs from websites like Amazon or iTunes to be able to store them on an mp3 player or iPod for listening on the go. Other's enjoy using popular streaming services and apps like iHeartRadio or Spotify to play their favorite music while online.

Some have a need for word-processing and use software such as Microsoft Office (Word, Excel etc) or Open office (a free alternative). Those who are in business or track their own financials may primarily use their computers to access software such as Quickbooks or Quicken.

Whatever you may use your com-



puter for if you find yourself struggling with completing a task or just want to learn "a better way" to accomplish tasks more efficiently contact us at Jester's Computers to schedule an affordable one-on-one class with our computer tutor! We are located at 5135 Fairfield Road in Fairfield. You can reach us at 717-

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UPCOMING EVENTS

March 2 & 3

Elias Lutheran Church Yard Sale: Easter/Spring things, clothing of all kinds, books, kitchenware and you name it! For more information call 301-447-6239.

March 3

Fort Ritchie Community Center's 2017 Speaker Series "Lewis the Robber". Garry Johnson, a local history buff, will share the story of "Lewis" who is described as a Robinhood-type character that moved through the region in the 1800's stealing from the well-off and then re-distributing that wealth to less fortunate citizens. In addition to running afoul of the law, Lewis is also adept at escaping from the law including a high profile escape from the Franklin County Jail. Each event is held at the Fort Ritchie Community Center located in Cascade. The evening includes catered Hors d'Oeuvres and the opportunity to speak with the presenter during a social hour. For more information visit www.thefrc.org.

March 4

Mount Hope Maple Madness, held at Camp Eder! People of all ages are invited to see the tradition of sugaring brought to life by Strawberry Hill Nature Preserve naturalists. You will learn how trees are tapped, view sap-collecting methods past and present, and see the boiling process that produces delicious maple syrup. The event includes a pancake breakfast, local art & craft vendors, and maple sugaring tours. For more information or to schedule a program call 717-642-5840.

Elias Lutheran Church Yard Sale and annual spring supper. Yard sale includes Easter/Spring things, clothing of all kinds, books, kitchenware and you name it! The supper features Roast Beef, Turkey and Ham. For more information call 301-447-6239.

March 5

Music, Gettysburg! presents Aire Duo - Music for soprano and trumpet, from Susan Hochmiller and Steven Marx, two of the stars

of the Sunderman Conservatory. Concerts are free and open to the public. For more information, call 717-338-3000 x2197.

March 10, 17, 24, 31

St. Francis Xavier Parish's sixth annual Lenten Fish Frys at Xavier Center, 465 Table Rock Road, Gettysburg. Dine In or Take Out. Adult, Children and Reduced Portions will be available. Children under 5 eat free. For more information call 717-334-4048, or visit www.stfxcc.org.

March 11

Benefit Breakfast for Trisha Robertson held at Thurmont's Trinity United Church of Christ. All you can eat pancakes, sausage, puddin, hominy, scrambled eggs, chipped beef gravy, biscuits, juice, fruit cup, coffee. Sponsored by the Thurmont Lion's Club and Trinity United Church of Christ.

March 11, 12, 18, 19

46th Annual Maple Syrup Festival - at the Houck Lake Area of Cunningham Falls State Park. Food will be served including pancakes, sausage, sausage sandwiches, hot dogs and other items. Maple syrup products will be sold including maple syrup, maple cream and maple candy. A maple syrup making demonstration will start every hour and continue throughout each day. Live music will be provided by local bands. For more information call 301-271-7574.

March 12

Taneytown Fire Company toy show, to be held at the Taneytown

Fire Company Carnival grounds. Admission \$3. Children under 12 free. Free parking and food available all day.

March 12, 18, 19, 25

Catoctin Mountain Park Orienteering Classes at the park visitor center. Participants will spend approximately one hour in a classroom setting learning to read a map and compass then venture outdoors to find orienteering posts located near the visitor center. The outdoor portion of the class requires hiking over rough terrain. Participants should wear sturdy shoes or boots and dress for the weather. Maps and compasses are provided. Class size is limited, and reservations are required. Call 301-663-9388 to make a reservation or get more information.

March 14

Mackenzie's Light bereavement support group will meet at the Thurmont Regional Library. Discussion leader is Colt Black of Black's Mortuary in Thurmont. Anyone impacted by the loss of a loved one is welcome. For more information, call 240-288-1300.

March 17

Stitch and Chat, for a get together with others who enjoy knitting, crocheting, cross stitch, embroidery, quilting, &c. All experience levels welcome. 2 - 4 p.m., Emmitsburg Library Activity Room. For more information call 301-447-6566.

March 18

Taneytown Lion's Club pancake breakfast in the building at the Fire Company Carnival grounds. All you can eat breakfast includes pancakes, eggs fried to order, sausage patties, sausage gravy, fried potatoes, pudding and hominy, fruit cup, orange juice, coffee and tea. Cost: Adults \$8; Children 6-12 \$4; children 5 and under eat free

4th annual Lucky Leprechaun 5k/10k & Little Leprechaun 1 Mile Fun Run. The Lucky Leprechaun is a festive, family oriented event for all ages. 5k/10k participants are welcome to use strollers as well as walk the 1-mile course. It is highly encouraged for everyone to costume-up! Awards for the best holiday wear will be given. All proceeds benefit the YMCA of Frederick County's Annual Campaign. For more information visit www.frederickymca.org

9th annual Mountaintop Community Spring Event. Held at the Blue Ridge Mt. Vol. Fire and Rescue Company fire hall, 13676 Monterey Lane, Blue Ridge Summit. As always, the event is free and open to the public. Have an item from the attic - have it appraised at our Collectibles Road Show from 10 a.m. until 12 noon and visit with artisans, historians, crafters and authors. Be sure to bring the kids and don't miss the magic show and balloon characters of Jim Greer at noon. Listen to

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Saturday, May 6th, 2017 (Rain date: Saturday, May 13th)
 Raffle Food Door Prizes Music
3 AWARDS EACH FOR 5 CATEGORIES
 Cars + Trucks + Hot Rods + Motorcycles + Tuner Cars
 People's Choice Award Best of Show Award
 *Dash plaques given to the first 200 cars to arrive
 Location: Mother Seton School 500 Creamery Road, Emmitsburg, MD 21721
 Entry Fee: \$15.00 at door; \$12.00 pre-registration via billykuhn1971@yahoo.com (benefits Mother Seton School and Hospice Frederick County)
 Info: Call Bill Kuhn at 800.529.5835 or stop by His Place Inc. at 20 Creamery Way, Emmitsburg, MD
 Schedule of Events: 8-12 Registration 12-2 Judging 3 p.m. Awards

Vigilant Hose Co. #6 Ninth Annual Spring Fling!
\$30,000 GIVEN IN PRIZES
June 2017 - Mt. St. Mary's
 Benefit: Vigilant Hose Company & VHC Explorers Post
 You do not need to be present to win. Tickets cost \$30 per person.
 Ticket includes admission, food, drinks, entertainment, and chance on prizes!
HORSESHOES - FOOD - BEVERAGES
50/50 TIP JARS - LIVE MUSIC & TONS OF FUN!
Tickets: \$30.00 Per Ticket
Tickets Purchased & Turned In By March 1st Will Be Entered In A BONUS DRAWING FOR \$500!
 For tickets and more info contact us at www.vigilanthose.org or call...
 Chris Stahley 301-447-3081
 John Glass 301-447-3648
 Gabe Baker 301-447-2212 or Bill Boyd 717-642-9717

UPCOMING EVENTS

entertainment by Rich Fehle during the morning hours and enjoy good food from the fire company kitchen. For more information call 717-642-5645.

March 25
Taneytown Lion's Club all you can eat shrimp and chicken feed. Event is held at the Taneytown American Legion Hall. Cost is \$25 per person. Cash bar available. For tickets, call 410-848-3163 or 410-756-2241.

March 26
Fort Ritchie Community Center Cash Bingo. Tickets (20 games) \$20; the Works (20 regular games, 3 early birds, 3 specials, 3 50/50 tickets, 3 raffle tickets) \$35. 50/50, tip jars, and food available. For more information, call

301-241-5085 or visit www.thefrcc.org.

March 28
Gettysburg Community Concert Association's presents the Boston Trio. The Boston Trio, consisting of Irina Muresanu, violin, Jonah Ellsworth, cello, and Heng-Jin Park, piano, have been playing together since 1997. Their "keen musicality" and "wondrous balance" as an ensemble have earned them appearances throughout New England and in Europe, including appearances at Tanglewood and with the Boston Symphony for Beethoven's Triple Concerto. The Trio's program will feature work by Haydn, Brahms, and Dvorak. For information call 334-5738 or visit www.gettysburgcca.org.

Events at Hollabaugh Bro's

March 4
Introduction to Iyengar Yoga. This introductory class is designed to meet the needs of those who have never before practiced yoga, those who have been away from regular study, and those who are new to Iyengar yoga.

March 11
March Kids' Cooking Class – When Irish "Eyes" are Smiling: Potatoes. Learn how to make several Irish-inspired potato recipes, so you can celebrate St. Patrick's Day with some luck o' the Irish! Cost includes recipe booklet, all ingredients and supplies. Classes fill quickly, so call today to register!

March 18
Paint-Along Event "Tulips in Vase." A professional artist will walk you through the entire painting process. The basic design is pre-drawn for you. Beginners are most definitely welcome! Bring a friend and enjoy an afternoon of creativity and fun, or meet some new friends! Class fee includes all painting supplies needed to complete a 16 x 20" canvas panel, along with some light refreshments from Hollabaugh's bakery!

March 25
Ladies' Spring Tea Inc. We'll start with an informal tea, featuring delicious recipes and baked goods. After we have time to chat with your friends and new acquaintances, we'll con-

clude our gathering by creating a craft to add a touch of the season to your home. Payment is required at the time of registration.

"Meet the Grower" a Q&A Open Discussion with Bruce Hollabaugh. No registration required. This month's focus will be Genetically Modified Organisms. We hope you will join us for this informative, educational and helpful discussion. No registration required – this is a free, walk-in event.

For more information or to register for any of these events, call 717-677-8412 or visit www.hollabaughbros.com.

Seton Family Store

Spring CLEARANCE SALE

March 1st - 4th
10 a.m. - 4 p.m.
75% OFF

Any excluded items will be marked.

16840 South Seton Avenue
Emmitsburg

All sale proceeds are used to support Seton Center's outreach programs and services.

Like us on Facebook at www.facebook.com/setoncenterinc
Visit our website at www.setoncenter.org
or call 301-447-6102, ext. 15

Elias Lutheran Church

100 W. North Street, Emmitsburg • 301-447-6239
(Just 1 block up the alley from the Fire Department)

ANNUAL SPRING SUPPER

Saturday, March 4th - 12-5 p.m.
Menu: Roast Beef, Turkey, Ham, Mashed Potatoes, Gravy, Green Beans, Cole Slaw, Stewed Tomatoes, Applesauce, Cake

Adults: \$12 Children 6-12: \$4
Carry Out: \$14

YARD SALE - March 2nd, 3rd & 4th - 10 a.m.-4 p.m.
Easter Items, Spring Items, Clothing of all kinds, Books, Kitchenware

EASTER SERVICE - April 16th - 10:30 a.m.
EASTER EGG HUNT for the children - 9:30 a.m.

Join us for worship every Sunday at 10:30 a.m. and Wednesday at 9:30 a.m.



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NEC Tournament Time is Here!

Best of luck to our men's and women's basketball teams in their post-season games. Follow the games either in person or online at necfrontrow.com

Tournament Schedule – Men's Teams

Wednesday, March 1, 7 p.m. - Knott Auditorium

Saturday, March 4, 2 p.m.*

Tuesday, March 7, 7 p.m.*

Tournament Schedule – Women's Teams

Sunday, March 5

Wednesday, March 8*

Sunday, March 12*

* if necessary



Learn More About Our Graduate and Adult Programs

Graduate Degrees, Graduate Certificates,
Adult Undergraduate Degrees

The Mount's Frederick Campus is where working adults attend affordable, accelerated evening classes one night a week. Eighteen programs offer the opportunity to gain new skills and knowledge to advance your career.

Graduate & Adult Programs Open House

March 22

Drop in: 5–7:30 p.m.

Presentation: 5:30 p.m.

Frederick Campus

5350 Spectrum Drive, Frederick, MD 21703

Register at www.msmary.edu/OpenHouse



www.msmary.edu



Events at the National Shrine Grotto of Our Lady of Lourdes

Worship Opportunities

All Masses held at 12 p.m.

March 1 Ash Wednesday

March 4 & 5 Weekend Mass

March 11 & 12 Weekend Mass

March 18 & 19 Weekend Mass

March 25 Annunciation of the Lord

March 26 Weekend Mass

University Calendar of Events

Frederick Symphony Young Artist Finals

Saturday, March 4, 10 a.m. – 4 p.m., Horning Theater, Delaplaine Fine Arts Center

Spring Break

March 6–10

Classes will not be held on the main campus in Emmitsburg—classes will be held at the Frederick campus.

Cabaret Night

Friday–Saturday, March 17–18, 8–9 p.m., Horning Theater, Delaplaine Fine Arts Center

The Metromaniacs

Thursday–Saturday, March 30–April 1, 8 p.m.

Sunday, April 2, 2 p.m.

Horning Theater, Delaplaine Fine Arts Center

The spring Mount Mainstage production is an adaptation of a 1738 French play. This modernized version captures the Neoclassical social satire of the original play, and at the same time mixes in traditional French bedroom farce with contemporary language and comic timing. All tickets are \$7.

Around the Mount Triathlon and Running Festival

April 29, 8 a.m.

Register at www.alumni.msmary.edu/triathlon

Elizabeth DiNunzio Memorial 5K Fun Run/Walk

June 3, 8:30 a.m.

Register at www.alumni.msmary.edu/dinunziurun2017