

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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Local elections fast approaching

Both Emmitsburg and Thurmont gear up for their upcoming elections this fall as both Towns currently have openings for Commissioner seats and the position of Mayor.

The Emmitsburg town election will be held on September 26 with residents voting to fill the seats currently held by Emmitsburg Mayor Don Briggs and Commissioner Joe Ritz. The deadline for candidates wishing to file to run for either Mayor or Commissioner in Emmitsburg has already passed, but write-ins are still welcome until September 19 at noon. Candidates elected to both positions will be sworn-in and assume their positions during the October 2 Town meeting.

Only three candidates have stepped up to run in the upcoming Emmitsburg election. Current Mayor, Don Briggs, will once again be running for the position of Mayor. This will be the second term in a row that Briggs will run uncontested for the position. If re-elected, this will be Briggs' third term as Mayor. Briggs has filled the position of Mayor since 2011, when he secured a win over Hoover with 209 votes versus Hoover's 176 votes, ending

Hoover's nine-year run as Emmitsburg Mayor.

Two candidates vie for the open Commissioner seat. Current Commissioner Joe Ritz will be running for re-election against Jennifer Joy who ran against Elizabeth Buckman and Glenn Blanchard last fall for the open Commissioner seat. Joy finished dead last in that election.

Ritz was first elected a Commissioner in 2014, and has served as the town liaison for the Citizen's Advisory Board as well as, more recently, the Parks and Recreation Committee.

To learn more about Joe Ritz's goals for his next term, read his article on page 7. Joy chose not to submit an article to outline her goals to the residents of Emmitsburg.

The position of Emmitsburg Commissioner and Mayor are both three-year terms. Commissioners are compensated \$4,000 annually and the position of Mayor, receives a compensation of \$8,000 annually.

Voter presence in Emmitsburg elections over the past several years has been less than impressive. In the past, polls showed that voter presence increased when several candidates were running for open positions, however, they fall dras-

tically when candidates run unchallenged. Last year's election, which saw three candidates vying for two positions, brought 181 voters to the polls, which is an improvement from the prior year's election, which only brought 38 voters out. Hopefully, this year numbers will be even higher.

Thurmont elections run a bit differently in comparison to Emmitsburg's elections. The Thurmont election process begins with a nominating convention, which will be held on September 26 from 7 – 9 p.m. at the Municipal office. All those who wish to run in the election are invited to attend. Self-nomination will be accepted at the convention as long as second nominations are present.

Following the nominating convention, approved candidates face election on October 31 at the Guardian Hose activities building. Positions open in Thurmont are two Commissioner seats currently held by Commissioners Wayne Hooper and Mart in A. Burns and the po-



Emmitsburg residents will have the opportunity this month to reward Councilman Joe Ritz III by re-electing him to the Town Council for his persistent efforts in scrutinizing the town's expenditures of taxpayers' dollars.

sition of Mayor currently held by Mayor Kinnaird. Thurmont Commissioners serve four-year terms, meet every Tuesday, and are paid \$5,500 per year. No official word has been received concerning potential candidates running in the Thurmont election this fall. We will carry more details next month on the Thurmont election once official candidates have been announced

Pippinfest a community event for all

The 37th Annual Pippinfest is on its way once again, as dates this year are set for the weekend of September 23 and 24 along Main Street in Fairfield. The festival dates back to 1980 and is now organized by the Fairfield Borough Pippinfest Committee. Organization for the festival typically starts in February, but really kicks in during the month of June, when Committee members begin setting the schedule and organizing vendors.

Dating back to 1980, the Pippinfest festival holds its roots firmly in community togetherness. The festival was started as a way to promote local non-profits, which has been a tradition that has continued ever since. As a way to bring townspeople together, David Thomas, the owner of Fairfield Inn in 1980, invited local clubs and school groups to participate in a community-wide celebration of the apple harvest.

A community festival, such as the Pippinfest, allows local non-profits to fund raise for their causes. Local Boy Scout troops, high school groups, churches and many others are able to sell food, drinks and other goods in order to help raise money for their organization. The Pippinfest brings people into the

community, fosters an environment of fun for everyone, and brings community members together. Additional funds made during Pippinfest go into a reserve and can be used by the Borough for community enhancement. Recently, funds from this reserve were used to purchase new conference tables and chairs for the Borough Hall office, restoration, framing and matting of the town map, the purchase of a complete Pippinfest pottery collection, and the display cases to house the pottery collection.

Pippinfest 2017 has many events in store this year. As always, yard sales and craft and food vendors from all over the region will be happening on Saturday. Additionally, there will be a quilt show with demonstrations by Stitch 'N Peace from 10 a.m. - 4 p.m.

Sunday is the big day at Pippinfest with entertainment from several musical groups, children's games, pony rides, and inflatable rides by Phantom Shadow. Antique autos, hot rods, vintage race and muscle cars, street rods, motorcycles and trucks will be on display for all to admire during the "Cruise-In Car Show and Swap Meet." Take in a bit of local culture and visit the beauti-



Pippinfest hosts a variety of activities, vendors, food, and entertainment for everyone to enjoy - animals included!

ful display of Pippinfest Pottery; enjoy a root beer float and don't miss the apple dessert contest on Sunday. With close to 100 craft and food vendors, no one will go home without having a treat!

For over three decades, Pippinfest, which literally means "apple festival," is still going strong. The festival has grown and offered attendees a memorable weekend full of fun

and entertainment for all ages. Volunteers from the local community work year round to bring this amazing event to people near and far. From school and musical groups, to local charities, Boy Scouts, and church groups, Pippinfest has been a town-wide celebration of community, the harvest, and tradition. For activity, event times and locations, visit www.pippinfest.com.

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EMMITSBURG NEWS

Seton Center breaks ground

On August 18, Seton Center, Inc., a leading community resource for the residents of northern Frederick County held a groundbreaking ceremony for its new Center. Due to the potential of looming storms throughout the area, the ceremony took place indoors at the Daughters of Charity building.

The brand new Center will now be located at 226 East Lincoln Avenue in Emmitsburg, not too far from its original location. Daughters of Charity of St. Vincent de Paul, including Sister Martha Beau-doin, D.C., Executive Director of Seton Center, and Sister Catherine Mary Norris, D.C., Provincial of the Daughters' Province of St. Louise, were present for the ceremony. Seton Center, Inc. is a sponsored work of The Daughters of Charity.

"We are very excited about Seton Center's future here in northern Frederick County," shares Sister Martha. "We expect construction to last eighteen months and are excited that we will be able to expand our program offerings and serve more of our neighbors in a beautiful, welcoming and efficient space. The new Center will be a boon for

everyone in the Valley!" The future of the old building has yet to be determined.

This building has been a project in the works since 2012, when the idea of constructing a new building was first mentioned. The choice of location brings the new Seton Center into the heart of Emmitsburg and the new building will not only enhance the town's image, but there is a goal of building as many elements of "green" environmental systems as possible.

The new Center will not only house Seton Center programs but will provide additional office spaces for other programs and agencies to use, such as The United Way of Frederick County, Frederick County Workforce Services, Healthcare Access Maryland and many more. An all-purpose meeting room in the new building will provide a venue for civic groups to meet.

Founded in 1969 by the Daughters of Charity, Seton Center provides emergency support services and strives to be a catalyst for systemic, long-term change. The Center introduced the "MyBudget-Coach™" and "Getting Ahead in

a Just Getting-By-World" programs in recent years. Graduates of both programs have been successful in changing their financial situations. The "Build Your Resources" program is a new workshop series that just completed its first year. Topics mirror the eleven resources identified by the Getting Ahead program so participants are better equipped to do more than just get by. The supports needed include emotional, financial, hidden class rules, integrity, mental, motivation, physical, relationships, spiritual and support systems.

From July 2016 through June 2017, Seton Center served 328 persons. Nearly 100 volunteers gave 4,957 hours valued at over \$81,000.00 in support of the Center's mission. "We are here to stay and here to continue to make a difference," concludes Sister Martha. "Families and individuals living in northern Frederick County can count on Seton Center to be a caring, trusted and reliable source of support and encouragement." This new center will continue to provide valuable resources for the community.

Town invites public opinion on warranty partnership

Emmitsburg Town staff and the Board of Commissioners invite residents to a special public meeting, which will be held in October to learn more about the potential partnership with Utility Service Partners (USP).

During the July 10 Town meeting, Town staff and the Board of Commissioners listened to a presentation about a potential partnership with USP to provide homeowners with infrastructure warranties. In August, the Board discussed pros and cons to the program, while some members stood in favor, others stood against.

The program is aimed at addressing the public policy issue of aging infrastructure for homeowners specifically. The homeowners' portion of infrastructure maintenance is often overlooked, as many communities look at maintaining public infrastructure primarily. By utilizing this program, USP would partner with the town to make the program voluntarily available to all residents in Emmitsburg. The program would provide homeowners with an optional protection or warranty on external water lines, external sewer lines and in-home plumbing.

The program offers three products for homeowners. Those interested in participating would not be obligated to sign up for all three, but can pick and choose which products they want. The product that offers warranty on external sewer lines costs \$7.75 per month; the external water line product costs \$5.75 per month; and the in-home plumbing product costs \$9.99 per month. Residents wouldn't be required to commit for any particular length of time. They could choose to continue with the product on a month-by-month basis if they so chose.


As discussed, anything that impedes the sewer, water or plumbing lines is susceptible for repair. A homeowner would simply need to call one of the toll free numbers provided. Under the warranty, up to \$8,500 would be given toward each incident and every repair. There is no annual or lifetime limit on the number of repairs a homeowner may have.

Considering that all lines are something every resident is responsible for in order to help maintain the infrastructure of the Town, this could be a viable option for the Town. Commissioner Sweeney commented "This

could really be beneficial for Emmitsburg. It can help those who may not be able to afford to make certain repairs when the Town can't help." Sweeney believes that about 70% of the town will benefit from this, due to low-income levels and the inability to afford costly sewer and water repairs.

One of the main concerns held by Commissioners is that if this partnership were made, some residents may view it as the Town endorsing a single warranty provider. Commissioner Tim O'Donnell mentioned that he's not sure if there is any value in the town endorsing a single product because the town will be drawn into the consequences no matter what the outcome may be. If service is unsatisfactory for residents, the town may receive backlash as a consequence of "endorsing" this one warranty provider. However, no one has found another provider like USP that offers the same kind of product.

An additional concern is the potential of not having an adequate list or number of plumbers available for those residents who sign up for the program. After approval, USP reaches out to all plumbers licensed in the area to inquire about interest in the program. If a plumber agrees, they go through a vet-



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ting process before final approval.

Other small, local towns including Thurmont and Taneytown already utilize the program. Town Manager, Cathy Willets, reached out to Thurmont town staff that believes the program is working really well and residents who signed up seem satisfied with it.

Willets suggested the Board solicit public comments on this issue through either a referendum on the upcoming election ballot, or through a special public meeting. The Board decided to schedule a public meeting in October to allow residents to see the presentation and ask questions.

Seton Center to host job fair

The Seton Center Outreach Program, in cooperation with Mount St. Mary's University and the Town of Emmitsburg, is inviting local employers to attend the first annual Job Fair of the Northern Frederick County Region on October 9th, from 1 to 4 pm at the Mother Seton Elementary School.

The goal for this Job Fair is to help residents of the neighboring communities get hired by local employers. To help accomplish this goal, we are inviting employers that are actively recruiting entry-level, semi-skilled, skilled, and professional workers as well as re-

cent college graduates for part-time or full-time positions.

If you are a job seeker interested in employment, the Seton Center will be actively promoting the Job Fair during the next several weeks. Job Seekers of all skill levels and work experience are welcome to attend. The Job Fair will be an open-door event so there is no need to register in advance, however, the Seton Center will be offering basic resume writing and interviewing skills for anyone that needs assistance. Job seekers needing information or assistance should contact the Seton Center at: 301-447-6102 x18 or x12.

We are requesting that employers register in advance with the Seton Center to reserve table space within the school building. Foldable tables and chairs will be set up for employers throughout the gymnasium which will allow ample space for meeting job seekers and conducting interviews. We also plan to use the adjacent cafeteria to accommodate representatives from state and county employment services as well as local job training resources. In order to register, employers can call the Seton Center at 301-447-6102.



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FAIRFIELD/CARROLL VALLEY NEWS

Carroll Valley Mayor receives Mayor of the Year award

Carroll Valley Mayor Ron Harris received the Mayor of the Year Award on July 22 at the Pennsylvania State Mayor's Association meeting held in Erie Pennsylvania. Several Mayors from all across the state of Pennsylvania attended the August 15 Borough Council meeting to once again honor Mayor Harris with the award, this time in front of family, friends and the entire Carroll Valley community that he serves.

"The Mayor of the Year Award is the most prestigious award that any Mayor could receive," said Whitehall and Allegheny Borough Mayor and President of the Pennsylvania State Mayor's Association, Mayor James Nowalk.

The nomination and votes come from colleagues and other Mayors throughout the state. "Who knows you better than your own peers?" stated Mayor Nowalk. Carroll Valley Borough Council President Sarah Skoczen nominated Mayor Harris this year for all of his outstanding work in the community, not only in Carroll Valley but also across Adams County. This nomination went before the Mayor of the Year Committee that consists of a group of six Mayors covering each region of Pennsylvania.

Mayor Keith Moss, Chair of the Mayor of the Year Committee, presented Mayor Harris with the award and noted just a few of the many organizations that Mayor Harris is involved in. Mayor Harris is the chairman of Fairfield Emergency Management Agency, member of the Adams County Tax Collections Committee, Adams County Borough Association, Adams County Council of Governments, Adams County Re-assessment Appeals Board, Vice President of the Pennsylvania State Mayor's Association, and member of the Southwest Regional Comprehensive Planning Committee. "Can you do anything else?" joked Borough Manager Dave Hazlett when reading

the extensive list of accomplishments and organizations Mayor Harris has been involved in.

"It is my distinguished honor to be the 2017 Mayor of the Year," said Mayor Harris. "This is such a special moment in my life of service to my country and my community. To be selected by my peers means so much to me." Mayor Harris has served the community for over 33 years; eleven of those years were spent fulfilling the role of Carroll Valley Mayor. He thanked Borough staff members and Council members who behind the scenes work every day to help improve the community as well as his

family who has been his main support system throughout his entire time as Mayor.

Senator Richard Alloway, Congressman Scott Perry, and Representative Dan Moul sent letters of congratulations and awards of superb recognition to Borough staff to present to Mayor Harris. In his letter, Senator Alloway regarded Mayor Harris as a "smart, kind and humble servant" who is widely recognized for his efforts and services throughout the community. Congratulations abound for Mayor Harris, for everything he has done for the community, recognition this year is dually deserved.

Carroll Valley discusses yard waste removal service

Back in late March, Ground Solutions Inc. collected the looming pile of yard waste material in order to grind it up and use it for mulch. The company charged the Borough \$8,500 to remove the waste. Now, five months later, the pile has once again grown to the size that it had previously been in the spring. The Borough is faced with the same decision that they were a year ago: should they terminate the services or should they

look into other avenues to monitor the site in order to discourage improper dumping.

Many Carroll Valley residents utilize these services properly, and are grateful that the Borough provides them. However, there has also been an increasing amount of improper usage by non-residents, specifically commercial dumping by contractors performing work in Carroll Valley

and the surrounding areas. Borough Manager Dave Hazlett noted that the yard waste pile no longer consists of exclusively yard waste, but it has also been filled with debris from larger non-decomposable materials such as decks, appliances, lumbar etc.

The possibility of placing security cameras and extra lighting and signage has been discussed several times in the past year, but has been passed over. Additional signage and security cameras would

aid the Borough in monitoring all who utilize the yard waste and oil waste disposal site. However, one downside to using security cameras is the potential difficulty in identifying offenders. Unless a license plate is caught on camera, identification of people and tracking them down may be difficult.

Council members have also discussed suspending the services, because it may be too costly for the Borough to continue providing them. However, Borough staff and Council understand that the absence of the services would be most likely be frowned upon community wide. For now, Borough staff will put together price quotes to install security cameras at the waste removal site and look into additional signage to warn commercial vehicles that they may not use the site.

Letters to the editor. . .

It is with deep regret that I feel duty-bound to write this letter. There appears to be derisiveness in our Liberty Township governing body caused by a certain supervisor and a few resident individuals. It is a perception of an agenda gone astray from the routine practice of professionalism to a total lack of respect for authority and scorn within township governing body, which includes one of the supervisors and certain attendees at our meetings.

Most recently on Aug. 1st, the monthly Board of Supervisors Meeting was disruptive, chaotic and hostile. One supervisor and the Township Police Office were not present. Their absence seemed to present an opportunity for a member of this faction group to speak with a vicious tone while accusing the two presiding Supervisors for taking no action against the Township Secretary being accused of embezzlement. As the condemnation continued, demanding answers, no amount of statements quenched his thirst, even from the Township lawyer. The pandemonium continued until our Chairman was forced to close the meeting and Chief Briggs called to the Municipal Building. His arrival calmed the situation which allowed the meeting to reconvene. Upon leaving the building a friend of the 'obnoxious resident' was overheard to have said, "We need more citizens like you".

It is believed that the actions of Aug. 1st meeting were deliberately orchestrated. Apparently, the attempt was to show the worth of one supervisor and belittle the other two supervisors. This 'Faction' has demonstrated rebellion toward our governing body with mockery and false accusations with the ultimate desire for control. Their actions resemble the descriptive words in Saul Alinsky's book, 'Rules for Radicals'. For example: agitate, rub resentment, fan hostilities, ridicule, and domination.

The intent of this letter is to encourage Liberty Township Citizens to be fully informed of the position of each of the two candidates running for the supervisor's position this November. Consider each candidate critically, their qualifications, their skills, their integrity and fresh ideas. Please help us restore our Liberty Township Valley back to the peaceful community we once knew. Your vote holds our future in the balance.

Agatha Foscato

Having become aware of the problems of our township and now having been involved in the campaign to expose the truth I am amazed and alarmed in the apathy in Liberty Township.

During these past months of investigation I have become exposed to what looks like from the outside looking in some of the most clever and arrogant machinations of small government I've ever seen, but I've also had the pleasure of meeting someone who single handedly is standing up to the wrongs that plague this country right down to little Liberty Township. Walter Barlow is an incumbent on the Republican ticket in November.

No matter what insults and what problems they lay at his feet, he picks them up walks over them and continues on in his battle to right wrong.

The insults are alarming because they come when he's on a well deserved vacation with his lovely wife, away from the stress this has to create in his home. They come behind his back, which is telling because another of the supervisors admitted to me they wanted to keep the problems of

the township behind closed doors away from prying eyes. Seems to be a recurring theme here.

Mr. Walter Barlow seems to me, to be a straight forward, shoot from the hip government official. It is black and white. It is black and white for all, not some, and just because I know him now I don't get the impression he would do any more for me than he would for any other resident in this township, or member of his church or a stranger in need.

When you read the insults and derogatory remarks about him please take my evaluation into consideration. I call it as I see it. I don't sugar coat anything to the dismay of most of my family. I've reviewed both sides

of this case exhaustively.

There is a forensic audit coming that I fear is going to boggle the mind. The only person in that Supervisor Panel wanted it was Walter Barlow. The only person wanted to turn the information over to the authorities was Walter Barlow. The only person I have seen speak out trying to see all residents get the same services from this township is Walter Barlow.

I believe he and finding men like minded are the only answer Liberty Township deserves. I'll be voting Walter Barlow come November, I encourage you to join me.

Donna Powers

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THURMONT NEWS

Thurmont looks to assemble band and chorus

Thurmont is in the process of forming a brass band and a chorus to perform at various local events. Thurmont local, Morris Blake, is taking the lead on both the community brass band and chorus groups. Morris has had a vision for several years to assemble a brass band in Thurmont similar to the Spires Band in Frederick. The formation of these music groups will be a great way to join members of the community together, for something new and fun. The community brass band would play at Thurmont events along with a summer concert

or two in the park. Blake's aspiration is also to have the chorus singing at various town events, but especially Christmas Caroling on Main Street throughout the holiday season.

Blake is currently the music director and organist at Ft. Detrick, and possesses a passion to bring musical enrichment to the community for all to enjoy. After all, music is the universal language! Morris is looking for trumpet, trombone, French horn, and baritone musicians to form the brass band. Auditions for the brass band will require sight-reading a piece of music and

good breathing control if possible. Auditions will take place September 10, from 3 - 4 p.m.

For those interested in joining the chorus, Blake is looking for musicians to be able to carry a tune, sight read, and sing on breath if possible. Chorus auditions will take place following the band auditions on September 10 from 5 - 6 p.m. All auditions/practices will be held at the Main Street Center located at 11 Water Street. Blake is willing to work with anyone who wants to be a part of this valuable community group. Members of each group

must be sixteen years or older.

The community brass band and chorus does not have a name yet, so a contest will be held to name each group individually. The group name submissions will open on September 5 and close on September 20. You may call Blake at 301-271-4831, or email Vickie Grinder at vgrinder@thurmontstaff.com. Two contests - two winners, so please be specific for which group (brass band or chorus) that your suggested name belongs to. All submitted entries will be available for voting to select the winning name for each group be-

tween September 26 through October 6. Ballets will be available at the town office located at 615 East Main Street, or through a survey link at facebook.com/Thurmont-First, or thurmontmainstreet.com. The Mayor and Board of Commissioners will have final approval of the chosen names. The winner of each category will receive two free tickets to the Maryland Symphony Orchestra at the Maryland Theatre in Hagerstown, and dinner for two at a local Thurmont restaurant. For more information on this exciting project, stay tuned!

Thurmont News-briefs . . .

You Make Thurmont Proud Award

Thurmont has instituted a new business award to recognize businesses who receive awards, or receive special recognitions that make Thurmont Proud. The name of the award? You Make Thurmont Proud! The first two recipients of the "You Make Thurmont Proud Award" are Gateway Liquors and Thurmont Child Care Center, Inc. Gateway Liquors received the "You Make Thurmont Proud" award for their accolade in the 2017 Frederick Magazines Best of the Best Reader's Choice Awards,

and was voted "Best Liquor Store in Frederick County!"

Thurmont Child Care Center, Inc. was presented the "You Make Thurmont Proud" award as they were voted one of the five awardees in the 2017 "Best Places To Work" in Frederick County. Thurmont Child Care Center, Inc. won the small business category. The Frederick County Best Places to Work Awards campaign is a county-wide program to increase quality of life opportunities for Frederick County employees. The awards are sponsored by Frederick County Work Force Services, the Frederick Chamber, Freder-

ick County Office of Economic Development, and Thrive Frederick.

Phone scam in Thurmont

On August 21, the Thurmont Town Office received several complaints from citizens/businesses reporting a scam. The citizens reported that they received a call with a Town of Thurmont caller ID showing up. The Caller also made reference to CAO Jim Humerick and advised the citizens/business that they owed the Town money for a delinquent Utility Bill. The complainants were threatened that their Electric would be cut off unless they paid immediately. Residents should be aware of this scam and should always

contact the Town Office or Thurmont Police Department for verification. Citizens should not send money or authorize any transfer of funds to an unknown Caller without performing verification. Questions or concerns should be addressed to the Thurmont Police Dept. at 301-271-0905.

Thurmont hosts new art event

The Thurmont community and surrounding areas have a new event to look forward to this fall, as Thurmont will be holding its first annual Plein Air entitled Main Street Easels Plein Air on October 21. Main Street Easels Plein Air is open to any artist for a small \$20 fee and who loves painting outdoors rain or shine!

For those who may not be familiar

with the term "plein air" it can be described simply as painting outdoors. Plein air, or "open air" painting is for those who love to be outdoors in nature, and people who love to paint landscapes as well as other outdoor subjects like buildings, old barns, flowers, gardens, and animals. The plein air style of painting has been taking off across the country, and even locally, as the Eastern Shore, Frederick and Cumberland, have been very successful with these events. Some may be familiar with "Easels in Frederick" which has been going strong for the past six years.

Main Street Easels Plein Air will kick off at 10:30 a.m., with the Main Street Center doors opening at 9:30 a.m. All artists involved must meet back at the Main Street Center by 2. Artists may paint any building or scene in the Main Street Designated Area. Artists will bring their easel and preferred artistic medium of choice, whether it is oils, acrylics, watercolors or whatever is desired and at the start of the event will select a building to paint.

After all participants are back at the Main Street Center, judging will commence at 2:30. During the judging period, artists may not be near the judging area. Food and beverages will be provided to the artists during this time. Frederick Artist Bill Watson, the curator at the ArtistAngle Gallery in Frederick, will perform judging.

For those who are interested in participating in this event, registration deadline and payment is due by October 10, so there is plenty of time to sign up! For more information contact Thurmont Economic Development Manager Vickie Grinder at vgrinder@thurmontstaff.com or 240-626-9980.



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TOWN OF THURMONT ELECTION NOTICE

Notice Is Hereby Given Of The Upcoming Town Of Thurmont Election For Mayor & Two (2) Commissioner Seats

September 26, 2017
Nominating Convention 7P.M.
Thurmont Municipal Office
615 East Main Street
Thurmont, Maryland 21788

October 3, 2017
Last Day To Register To Vote (Close of Business)

October 6, 2017
Absentee Ballot Applications Will Be Available

October 31, 2017
General Election To Be Held At
The Guardian Hose Activities Bldg.
123 East Main Street
Thurmont, Maryland 21788
Polls Will Be Open From 7 A.M.—8 P.M.
Persons In Line At the Time Of Closing Shall Be Permitted to Vote

For More Information Contact the Town Office at 301-271-7313

<p>Large Selection Of MOONSHINE</p>	<p>Fall is Here! Warm up the chilly evenings!</p> 	<p>TUESDAY SPECIAL Save 10% Every Tuesday On WINE & LIQUOR ONLY! PURCHASES OF \$40 OR MORE CASH ONLY 7% DISCOUNT ON CREDIT CARD PURCHASES</p>
 <p>RUM CHATA HORCHATA CON RON ICED COFFEE READY TO DRINK - 1.75 L</p>	<p>!!! SPECIAL SALE!!!</p> <p>WOODBIDGE BY ROBERT MONDAVI White Zinfandel Sweet White 2 Flavors Only \$9.99 1.5 Liter</p>	 <p>JIM BEAM VANILLA BOURBON 750 ML</p>
 <p>Flor de Caña THE SLOW-AGED® RUM 1.75 L</p>	 <p>Paul's Pit Stop DISCOUNT BEER, WINE & LIQUOR Website: m.paulspitstop.net 150 S. Seton Ave., Emmitsburg, MD 21727 301-447-6262 Monday-Thursday 9 am-10 pm, Friday & Saturday 9 am-11 pm, Sunday 11-8 pm</p>	 <p>TRULY SPIKED & SPARKLING SELTZER 12 PAK CANS VARIETY OF FLAVORS LOW CARB</p>

100 YEARS AGO THIS MONTH

September 1917

September 7

Re-opening of Women's Exchange

In response to the gracious and much appreciated demand of many friends and patrons, the woman's Exchange will reopen on Saturday. This demand, the committee said, is very timely; for the library needs funds where written to pay for new books just ordered. People have been good enough to say that, in many instances, they have had to rely upon the Exchange for delicious pastries and for very attractive and useful articles in hand embroidery. This is gratifying to the committee and argues well for a successful season.

Two Boys Leave For France

Two homeboys, Sidney O'Donoghue and Simon Klosky, left New York recently for somewhere in France.

Telephone Lines To Be Moved

In line with the improvement of Frederick Street, the C&P telephone poles on Frederick Street are being removed. The line will be replaced in the alley. A decided improvement to the southwest corner of the square is the concrete walkway being laid on the Fredrick Street side of the post office. Meanwhile, the county has appropriated \$150 for the repair of the streets of Emmitsburg.

Wild West Performance

A free open-air Wild West performance was given in Emmitsburg on Monday, the show including one remarkably strong and exceedingly irate heifer, two able-bodied toreadors, and a young tree, 60 feet of fencerow and several hundred spectators. The animal breaking loose from a local butchering emporium and accompanying the afore mentioned properties and the two staunch welders of the Toledo Blade, gave a two-hour exhibition, covering a distance of several miles through alleys, streets and county roads.

Robbery

Sometime Wednesday night or early Thursday morning the Blue Ribbon Egg Co. was robbed of seventeen cases of eggs. The thieves entered in the same manner as those, who just

about a year ago, robbed the company's warehouse; entry was made by prying open the large door at the south alley entrance. The company carried full or early insurance. Another robbery was committed Wednesday night, the thieves made way with a tire, two inner tubes, some tools, and about six gallons of gasoline. The property belonged to Gillelan & Son.

September 14

Emmitsburgian Safe in France

Mr. and Mrs. William Sellers, on Monday, received word from her son, Robert Sellers, a member of the Railway Engineers Expeditionary Forces, telling of his safe arrival, somewhere in France. Mrs. Seller stated that he was well and made lots of friends. It is believed by Mrs. Seller's parents that he is the first Emmitsburgian to reach the other side.

Boozer Tries To Exchange Wife

Samuel Welty, a charter member of the Former Former Boozer's Association, showed up at the opening of the Women's Exchange and attempted to exchange his wife Emma for a new wife. The matrons of the Exchange were less than polite in informing Mr. Welty that that was not the purpose of the Exchange. A thoroughly inebriated Welty cursed the organizers for misleading advertising and said that if they "really wanted to raise funds for the library they should allow men to exchange their womenfolk for women who would not interfere with a man's constitutional rights to drink."

Edgar Rowe Dies

Quincy Edgar Rowe, a lifelong resident of this place, son of Nathaniel Rowe, died Friday evening. Mr. Rowe was born on March 18, 1848, the year of the death of his namesake - Quincy Adams, sixth President of the United States. In his early life, he was engaged in the mercantile business and worked in that capacity a number of years for the late George Rowe, a well-known merchant of Emmitsburg. He also served for a time as conductor on the Emmitsburg Railroad. Mr. Rowe then re-entered business life a second time and again conducted a merchant store.

More Robberies

Since last week's issue of the Chronicle, other robberies have been committed in Emmitsburg. On Friday night a side of beef was stolen from the butcher shop of Gillelan & Son. On Saturday, a brand-new tire was stolen from a garage of Rosensteel and Hopp and that same night Dr. Jamison was also relieved of a tire. Detectives are now on the lookout for the offenders.

September 21

Delightful Dance At Fairfield

The hospitable home of Mr. and Mrs. George Kebil, of Fairfield, was the scene of a charming dance on Monday evening. The evening's entertainment was in honor of Mr. Paul Kebil's birthday. Dancing was indulged in until a late hour and a buffet luncheon was served between the dances.

Company A Boys

Word was received by different parties in Emmitsburg from the local boys of Company A., First Maryland Infantry, now stationed in Alabama. All seems to be going well at the camp and the boys are in the best spirit.

More Boys Ordered To Report To The Colors

Daniel Brown, Clarence Baumgartner, Maurice Moser, Robert Hahn, John McMorris, Joseph Kreitz, Thomas Frailey, George Smith, Joseph Turner, Elmer Bailey, William Schuff, Edward Worthington, Morris Wetzel, Charles Ohler, and Clarence Frailey have been ordered to report to the Army as a result of their draft numbers being called.

Bumper Crops

The corn crop, in this local, is expected to be an extraordinarily large one this year. The corn not only being plentiful but is so extremely large on the stalk. One farmer is exhibiting one stalk that is fifteen feet tall and has three enormous ears. Some corn!

A large number of peach growers find that they have so many peaches that it is a problem to decide what to do with them. The farmers find that they cannot possibly secure enough pickers to harvest the crop. They have a couple hundred or so, but that isn't half enough. One of the largest orchards in the area expects a crop of



Clarence Baumgardner arrived in France in the spring of 1918, just in time to participate in some of the harshest fighting seen in the war. Maurice Moser arrived in France in the spring of 1919 and never saw combat.



over 200,000 bushels.

Knight Of The Road

Last Wednesday several residents of St. Anthony's were visited by a poor old "Knight of the Road," trying to induce the sale of some of his corn plasters. The sales did not amount to much. This chap promises to be your friend by selling you something to help heal a cut, but be careful, his plasters bear no manufacturer's name, and they may be the cause of some severe suffering should you buy any and have an occasion to use them.

Autocars Collide

Sunday evening, two local autos collided in front of St. Anthony's Church. One was a Ford and the other Chevrolet. Those viewing the wreck noticed the little Ford escape the easier while the Chevrolet was badly crippled. The drivers, Lutherans, said they were hurrying by the church lest they get struck by lightning being so near a Catholic Church.

September 28

Hit By A Train

Stepping from the main tracks to avoid the Blue Mountain Express, Y. C. Harbaugh, watchman for the Western Maryland, was struck by a through freight train and killed.

Mr. Harbaugh was born near Blue Ridge Summit, but spent the greater portion of his life in the vicinity of Emmitsburg. Last spring he moved to Hagerstown to be with his children. He was aged 65 years.

Improvements

The cement curbing and gutter work on Frederick Street is about completed and additional cement sidewalks have

been laid. Authority has been given for surfacing not only Frederick Street but Gettysburg Street also. The roadway will be concrete and will be done by the contractors who are building the road from Taneytown to Emmitsburg. The C&P Telephone Company has a force of men engaged in changing the company's lines from Frederick Street to the alley adjoining. The work is rapidly nearing completion.

Trojan Horse

A Trojan-like wooden horse, operated by automobile power, was a novelty seen in Emmitsburg Wednesday. The animal, a huge gray Percheron, had a very competent jockey and was followed by a glaring yellow car occupied by an advertising agent for a well-known beverage.

Autoist Arrested

Wednesday morning the deputy sheriff arrested a man from Gettysburg who was operating an auto without having an operator's card. When the auto came into Emmitsburg via Frederick Street there was every evidence that it had received rough usage. The windshield was smashed and on one side of the car grass and dirt were clinging. The charge against the chauffeur was "operating a car while under the influence of liquor." But, on the testimony of two physicians, this charge was dismissed and the operator, who had fares for five soldiers, was fined \$10 in cost.

More Robberies

Early Saturday morning a thief, or thieves, stole from the garage of Gillelan & Son, their Ford Touring car. Every effort is being made to locate the car but so far no clue has been found.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

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<p>224 Depaul St., Emmitsburg</p> <p>Big Spacious open floor plan with over 2100 sq. ft. on 1 level. 3 BR & 3 BA. Master with Jacuzzi and walk in closet. All wood doors & trim stained. Beautiful addition with large family rm. & rec. rm. (or BR) with 3rd BA. Eat in kitchen with lots of cabinets, built in pantry. 1 car garage. Beautiful rear yard.</p> <p>FR9951760 \$249,900</p>	<p>16507 Annandale Rd., Emmitsburg</p> <p>The Marshall estate 4.38 ac. has 2 homes. The main house is a 2 story, with 4 BR & an efficiency apartment on the 2nd level with separate entrance. Live in the main house & lease the 2nd 1 story home with 3 BR on main/efficiency apt. in LL w/ 1 car garage. In-ground pool as is. Put some sweat equity in & reap the rewards.</p> <p>FR10006886 \$359,900</p>
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FROM THE DESK OF . . .

County Council President Bud Otis

Laws governing use of ATVs in county

Caring about each other brings a "good neighbor" stream of thought to mind. As the Frederick County Council, we passed Bill 16-15 Nuisance – Noise Levels and Enforcement. This Bill was brought forward by the Sheriff, Chuck Jenkins, and supported by our County Executive to "establish measurable criteria and enforcement to restrict generation of excessive noise and designate enforcing agencies and enforcement officials." During the day, the noise level may not exceed 65 dBA in residential areas, and at night, may not exceed 55 dBA. It also contains specific provisions related to the use of ATVs in proximity to neighboring residences.

A brief note: Section E 2 of the Bill states in part... "A person may not operate or permit to be operated an off-road internal combustion engine powered recreational vehicle, including, but not limited to, a dirt bike, an all-terrain vehicle, a go cart, a snowmobile, or a similar vehicle, closer than 300 feet to a neighboring residence, without the written permission of the affected resident..."

If you believe there exists a vio-

lation, please contact the Sheriff's non-emergency number: 301-600-1046 or 301-600-2071.

We love our beautiful county. Many people move here to be in the country and get away from the hectic pace of the city, to relax, take in the sights and sounds of nature, ride horses and bikes, walk the trails, and just simply breathe.

I hope to encourage all neighbors to be mindful of each other. Racing motorbikes, ATVs and other vehicles can be great fun, but can also cause concern to your neighbors. Please be mindful of those around you and guide your children to be good stewards of the land as well.

Amongst some of the turmoil in our world today, it may be a nice respite to share some great news about our northern Frederick County neighbors and communities.

In mid-August Mayor John Kinaird threw a parade for our very own Thurmont Little League 2017 State Champions! What a heartfelt event with so many folks out cheering and supporting this accomplished team with accolades from the Mayor,

Town Commissioners Marty Burns, Wes Hamrick & Bill Buehrer, Chief of Police Greg Eyer, Sheriff Chuck Jenkins, myself and fellow councilman Kirby Delauter. It was a great outpouring of joy.

Our pride is overflowing for the tremendous sportsmanship of these young athletes. Each one of them are individually skilled in the sport of baseball and also embody the hidden attributes of humility, character, integrity and charm. It was a real pleasure to meet them in person and I am grateful for their team, coaches, manager, and for their parents who have raised such outstanding young men. It warms my heart to know that they will be our future leaders and will excel in whatever field they choose to challenge themselves.

This team made it all the way through to becoming the Mid-Atlantic Region Runner Up! We couldn't be prouder of their accomplishments individually and as a winning team. They showed the State of Maryland and this part of the east coast what a great team the Thurmont Little League produced and for that we are grateful to each of you. The team will

attend one of our upcoming Council Meetings in September so we can formally recognize their accomplishments as well. I can't wait to see them again. What a team, way to go!

Moving from sports to the aspect of education...Thurmont's Catocin High School. Principal Bernard Quesada and his staff have earned, for the fifth year running, the prestigious designation by the MD Center for Character Education at Stevenson University as School of the Year for 2016/2017. Another great accomplishment and reflection of the level of excellence we have in northern Frederick County! Catocin High School's focus on ethics and substantive character is important especially in our society today. The students learn from their curriculum and so much more internally from mentors and solid examples of human strength. I applaud the efforts of all those involved in making this achievement possible. Principal Quesada and Guidance Counselor Dana Braeshear came to our August 22nd Council Meeting to be recognized for their efforts by our full Council. Thank you!

Community service. I have been a

proponent of protecting those less fortunate in our community for decades. As such, it was an honor to attend a recent ground breaking ceremony for the new site of Seton Center, Inc. in Emmitsburg. We had to move inside due to the weather, but it was even more meaningful to see the great cooperation and joy in getting to this point in the development process. The new site will be at 226 East Lincoln Avenue in Emmitsburg. There were many Sisters of Charity there to support the three Sisters who reside at our Seton Center. I counted about thirty hands in the air when I asked all Sisters to raise their hands during the ceremony. How impressive!

Their mission is grounded in the tradition of human services handed on by Saint Vincent de Paul and Saint Elizabeth Ann Seton. Their Center offers many programs for the residents of northern Frederick County including infant and child care, adult day services, in home care volunteers, performing arts programs and a thrift shop, Seton Family Store, which accepts donations and provides good products at a very low price.

As always, I'm open to any and all comments. Please email me at BO-tis@frederickcountymd.gov or call 301-600-1101. Thank you.

TOWN OF EMMITSBURG ELECTION DAY

Tuesday, September 26, 2017
22 East Main Street
7:00 a.m. - 8:00 p.m.

The last day to register to vote with Frederick County is August 28th.

Registration applications can be obtained at the Town Office located at 300A South Seton Avenue, Emmitsburg, Maryland or by visiting www.elections.maryland.gov.

Candidates must file written application for candidacy and their Financial Disclosures with the Town Clerk no later than August 28th at 4:00 p.m.

All candidates will be posted on the Town bulletin board in the order they are received.

The write-in deadline is September 19, 2017 at Noon.

The Mayoral Seat and one Commissioner Seat are open.

For More information visit www.emmitsburgmd.gov or call the Town Office at 301-600-6300

County Councilman Kirby Delauter

Recently the State of Maryland and Governor Larry Hogan announced that they were looking to private industry to assist in solving the problem of sedimentation overflowing from the Conowingo Dam in Pennsylvania downstream which eventually ends up in the Chesapeake Bay. This sedimentation that spills over the dam is so large after extreme rain events that it can be seen by satellite photos.

The US Army Corps of Engineers has estimated that it will cost \$3 Billion to remove excess sediment from the dam, which is far too much for the state of Maryland to assume alone. My question would be, if the dam is in Pennsylvania, why would Maryland taxpayers pay anything to have it cleaned up and sediment removed? Shouldn't the

State of Pennsylvania along with Exelon Energy (that operates the hydroelectric plant assume this cost? Why Maryland?

Now if you recall, when I was a Frederick County Commissioner from 2010 – 2014 we were dealing with what was known as "The Rain Tax" from the then Governor Martin O'Malley administration. The Rain Tax was supposed to cure all issues with the Bay, IFF the state treasury could just get their hands on the excessive taxation that Gov. O'Malley and the Democrats in Annapolis were proposing. They promised if they could just get a few billion dollars out of unsuspecting Marylanders, that they would clean up the Bay once and for all. We knew that was a boldfaced lie then and with Governor Hogan now addressing the real issue,

the Conowingo dam, we were correct in our justification of \$0.01 fee.

In Frederick County they wanted to tax you as much as \$1.88 Billion over 20 years to pay for this nonsense. What did this mean for county taxpayers who own property? It meant that your tax bills would have at least tripled had this egregious unnecessary taxation taken place. So for example if your property tax bill is \$3000, you could have faced a minimum of \$9000 in property taxes alone right here in Frederick County.

Had that happened, it would have decimated the real estate market as well as the existing home values. Those who have been lucky enough to get out at the onset would see the rest who remained watch their property values plummet due to the fact that the taxes would be unaffordable for the majority of buyers in this area.

As a Commissioner I asked what would be the minimal amount we could impose on our property owners to comply with the state mandated fraud of the Rain Tax? The answer came from then Delegate Galen Claggett who stated, \$0.01 was the minimum and that is exactly what we imposed, the bare minimum allowed by law or \$0.01 one penny. I knew this was nonsense back in 2010, seven years ago. I asked the questions for the scientific data to show that by taxing our residents into financial ruin what would be the benefit to not only Frederick County, but the Chesapeake Bay as well? The answer, nothing! The state just wanted your money, they had no solution and we knew it.

On another note I'd like to congratulate the Thurmont Little League for their run at the regional Mid Atlantic World Series title. This team showed incredible character in their wins as well as their losses. Great job by the coaches, parents and the players as they represented Thurmont and Frederick County in their efforts. They reminded us that character does count.

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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardner

I'm excited to celebrate and congratulate the Thurmont Little League on a fabulous season! We watched with pride as these young men earned the state title and advanced to the Mid-Atlantic Regional Tournament finals. The team clearly understands the importance of hard work and determination. These young men made us proud and did a wonderful job representing Thurmont and Frederick County. I am confident they will go far in life!

And the great news keeps coming! Frederick County leads the way in job growth. We are expected to add new jobs at the fastest rate in Maryland, at 9.2% by 2024, according to recent projections from the Department of Labor, Licensing and Regulation. My goal is to make sure that people who live here can also work here and fully enjoy our high quality of life. Frederick County has built a strong economy that will carry us into the future.

IT and technology fields are expected to see significant growth locally, and we are poised to take advantage of this opportunity. Root, a county-owned business and innovation center in downtown Frederick, is being renovated to add a business incubator focused on IT start-ups and tech businesses.

Look at how our economy has grown in just two short years:

- Frederick County added more than 4,000 jobs across nine different industry sectors.
- For the first time ever, the number of jobs in the county topped 100,000.
- Our unemployment rate remains below 4%, lower than both the state and national rates.
- Our commercial vacancy rate is at a five-year low.
- Investment in commercial & industrial projects so far this year stands at nearly \$143 million – more than double the investment during the same period in 2014.

Clearly, Frederick County is a great place to do business.

Heroin & Opioid Crisis

Every day on average, someone in our community overdoses from heroin or a related opioid. Every week, another life is lost. So far in 2017, more than 200 overdoses have been reported in Frederick County. Sadly, over 30 people have died. These people are our neighbors, children, co-workers, and friends. Heroin is not simply an urban problem, a suburban problem, or a rural problem. There are no boundaries.

If someone you know is struggling with an addiction to heroin or opioid pain medication, you need to know that there is help and there is hope. A great first step is to call 2-1-1 for information, resources and help.

Members of the Heroin Consortium that I established in 2015 are working diligently on the battle against heroin and opioids. I want to share some new information about what county government and our partners are doing.

Good Samaritan Law. We know that people are often afraid to seek help for someone who is overdosing because they think they can get into trouble with law enforcement or be arrested, particularly if drugs or drug paraphernalia are present. In a recent case, a woman died in a parking lot where she was dropped off because her friends were afraid to take her into the hospital emergency room for help. Maryland's Good Samaritan Law protects people who seek help when drugs or alcohol create life-threatening emergencies. Victims and those who help or seek help on their behalf also cannot be arrested or charged for possessing or using drugs or drug paraphernalia, or for providing alcohol to minors. Calling 9-1-1 will not affect a person's parole or probation status. The goal is to save lives and get people the help they

need. If you witness the medical emergency but do not help, the law will not protect you. You can learn more about the Good Samaritan Law at MdDestinationRecovery.org.

In our schools. The Frederick County Health Department and Frederick County Public Schools are working together to keep our students and staff safe. When classes begin after Labor Day, the overdose reversal drug known as Narcan or Naloxone will be available in all of our schools. Incoming freshmen will be provided with heroin and opioid awareness information at their high school orientation. When there are specific concerns, the school system can refer students to a substance abuse disorder assessment conducted by the Health Department at no cost to the family. It is important to reach our youth as soon as possible. Early intervention is key.

Outreach. Frederick County will benefit from a federal grant through AmeriCorps that will be used to expand education and prevention programs across Western Maryland. Senators Ben Cardin and Chris Van Hollen announced the grant this summer. This grant will allow us to increase our Peer Recovery program. Through Peer Recovery, people who have experienced addiction are trained to connect others to services and to support individuals struggling to stay on the path of recovery. While

many peer recovery coaches are volunteers, paid peer recovery coaches are embedded in the hospital's Emergency Department, the Adult Detention Center, and at Parole & Probation to work with people in crisis. The Frederick County Health Department has lead the way in the state with peer recovery coaches. In the first year, over 75% of the people touched connected with needed services.

It will take all of us, working together as a community, to successfully fight this epidemic. Law enforcement, government agencies, Drug Court, the hospital and many non-profit human service agencies are on the job and up to the task. We need you to join in the fight. Talk to your children and grandchildren, talk to your co-workers, volunteer as a peer recovery coach, or train on the use of Narcan. Watch stories of real life experience and successful recover at TakeBackMyLife.org. These are powerful stories to share with your family. If you need information about substance abuse, you can find it at www.stayintheknow.org or call 2-1-1 if you need help.

Frederick County is a great place to live because of the people who call it home. We have great schools, a safe community, and a high quality of life. Contact me if you have a question or need some information at 301-600-3190 or jgardner@frederickcountymd.gov.

Emmitsburg Town Commissioner Joe Ritz

Hello Emmitsburg! Commissioner Joe Ritz here, happy to report that I have decided to run for another term to better serve you. I feel I've accomplished a lot these past three years. Specifically, the highlights I'm most proud of are:

- Proposing that the construction of the second entrance into the Northgate development be added into the Town's Comprehensive Plan.
- When it was reported that the Town is selling back excess electricity for less than we are purchasing it, seeking clarification on the actual cost savings associated with the Solar Farm project.
- Listening to concerned residents of Southgate and not

agreeing to the construction of the dog park in such close proximity to that development.

- Questioning potential changes and failed opportunities related to Town history, including the Doughboy Statue and the John Armstrong Rifle display.
- While serving as Parks and Recreation liaison, ensuring that the Emmit Gardens park be moved one step closer to reality.
- Thoroughly reviewing my agenda packets for Town meetings to come prepared with questions, sometimes tough in nature.

Yes, I feel that these past three years of service to you have been effective and eventful. However,

I'd like the chance to do more. If re-elected, I plan to address the lack of parking in Town. It is unfortunate that there is no significant and reliable off-street parking available. This issue must be formally acknowledged and investigated rather than ignored.

Another area that's lacking is youth-friendly activities in Town. We will have a new community pool in 2018, and we have well-maintained parks with a few scattered events scheduled during spring and summer. I'd really like to see full Summer in the Park series come to fruition. Wouldn't it be fantastic to have various forms of summertime entertainment - bands, choruses, movie nights, magic shows, etc.? While I'm at it, a big Thank You to

Mr. Jim Click and his crew for all they do in keeping our parks in excellent order.

However, it would be great to have more year-round activities for our children. Once upon a time, Emmitsburg had a movie theater, a bowling alley, and an outdoor skating rink. When I was a kid, even going to Crouse's on the Square, or Boyle's Store was a real treat. Just a few years ago, we had Emmitsburg baseball teams winning multiple state championships. Now we have players being actively recruited to play for neighboring towns. Let's bring those championships back to Emmitsburg. Let's keep our children's pride here at home.

As I am preparing this article, Hurricane Harvey is bearing down on the Texas Gulf Coast. With all of the rainfall projected for that storm, I think of what damages flooding can do, and how it adversely affects developments with a single ingress/egress. Now is the time for action, and not after a catastrophic event

in our community, to finalize the second entrance to Northgate. If re-elected, I will not settle for deprioritizing what is required for the safety of Northgate residents.

Finally, if re-elected, I want to continue to be an open channel for your concerns. I had many residents approach me during my first term with questions regarding storage shed building permits, issues related to their water/sewer bills, requests to change trash dumpster collections from 5AM to 7AM, and complaints of noxious chicken waste odors emanating from the leased lagoon site. I feel that I effectively listened to and followed up with these inquiries both officially and personally. If you allow me to serve another term, please note that I will continue to do so. Whether you give me a call, send me a text, email me, or approach me on the street, or at Jubilee, the Ott House, the Post Office, the Family Barber Shop - wherever - I am here for you.

Thank you for your time and I ask for your vote on September 26th.

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FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

On August 1st, the 2017 National Night Out event was held in Carroll Valley. The purpose was to strengthen the relationship between the citizens and first responders. It also was an opportunity for our residents to meet with representatives from different Adams County agencies. Over 407 adults and children were in attendance. Adams County SPCA gave 25 rabies shots and microchipped 3 pets. Boy Scout Troop #76 prepared free hotdogs and chips for the 12 and under crowd. They also ran the Bike Rodeo. Special thanks go to our Carroll Valley Borough Police Secretary, Jo Ann Myers (the event coordinator), and our Police Chief Richard L. Hileman II.

I would like to thank the following who met with our residents: Representative Dan Moul, Holly Suthphin representing Congressman Scott Perry, Adams County Constables Association, Adams County Sport Handgunners Association, Well Span Rehabilitation Program, Western MD K-9 Search and Rescue, PA Counseling Service Collaborating for Youth, Children's Advocacy Center, Safe Kids, the PA Department of Military and Veterans Affairs, the Adams

County Sheriff James Muller, Adams County Constables, the Fairfield Fire Department Water Rescue Team, the police departments of Carroll Valley Borough, Cumberland Township, and Liberty Township, Katie Myers and the Fairfield High School Show Choir, Carroll Valley Councilor Sarah Skoczen and Dr. Lisa Wolkind, DVM for Adams County Community Cats and TNR program. To see the pictures of the event, go to www.ronspictures.net and select the NNO 2017 gallery or go to [Facebook.com/MayorRonHarris](https://www.facebook.com/MayorRonHarris).

Under the leadership of Chief Dave Martin, Fountaindale Fire Company, the first Adams County Volunteer Emergency Services Association Junior Firefighter Academy class was held at the Adams County Department of Emergency Services Training Center from August 6th to August 12th. The 2017 class involved 18 cadets from 10 different fire departments from Adams and York County. Local department attendees were Colby Wivell from the Fairfield Fire Company and Colleen Rudisill, Zachary Haines, and Claudia Rudisill from the Fountaindale Fire Company. Plans were started in August of

2016 to get this first Academy up and running. The committee met for a year in preparation for this to happen.

The week would not have been complete without Karen Rudisill who along with Martin and Ginn spent 24 hours a day with the cadets for the entire week. Karen served as "Mom" to all the cadets and staff with her preparation of food, daily laundry days, making sure cadets took their prescribed medication and lent a shoulder for everyone. Karen even got in on the training as she taught the cadets how to properly fold their clothing. When they lost their flag to the staff, the only way they could get it back was to properly fold their clothing to her satisfaction. This Junior Firefighter Academy was a team effort by many people – the cadets and families, the staff, the fire departments who provided apparatus and equipment and meals, the many businesses and folks who provided meals, transportation, clothing to those who provide moral support. It was a team effort. As president of the Adams County Boroughs Association and Mayor of Carroll Valley Borough, thank you for a job "Well Done."

The month of September brings with it a time to honor the American

worker on Monday, September 4th. On a somber note, September 11th is a time to reflect on the lives lost during a terrorist attack on our homeland during the morning of September 11, 2001. Nineteen militants hijacked four planes. Two planes hit the north and south towers of the World Trade Center in New York (2,606 victims). One plane hit the Pentagon in Washington D.C. (125 victims). And, the fourth plane crashed in Shanksville, Pennsylvania (40 victims) because of the heroic efforts of the passengers. It was thought that the fourth plane's target was the Capitol Building in Washington D.C. I encourage you to take a moment on September 11th to reflect on this horrible event and say a prayer for the victims who died and their families, especially the children.

The Carroll Valley Library has announced they will be holding a Coffee & Classic Movie Series every Wednesday afternoon at 1 pm. The first movie to be shown on October 4th is "Singing in the Rain". The next Teen Book Club meeting is September 25th at 6 pm. The Graveyard Book will be discussed. Bring a snack to share! An Adams County TV & Computer Recycling event will be held on Saturday, September 9th, from 10 am to 2 pm at the Adams County Emergency

Services Facility at 230 Greenmyer Lane, Gettysburg. Check out the Adams County home page at www.adamscounty.us for all the details (cost and acceptable items). To participate you must pre-register by contacting the Adams County Planning Office at 717-337-9827. Registration deadline is September 6th. However, registration may end sooner if total items allowable are reached prior to September 6th. Flyers are available in the Carroll Valley lobby. The Carroll Valley Yard Sale is scheduled for September 23rd from 8 am to 2 pm in the Ski Liberty parking lot. The Pippinfest event will be held in Fairfield this coming September 23rd and 24th. On September 30th, Senator Richard Alloway's Concealed Carry Seminar will be held at the Fairfield Fire Hall from 9 to 11 am. Registration will be restricted to the first 200 Pennsylvania residents in Senator Alloway's 33rd District. To register online go to: <http://www.senatoralloway.com/concealed-carry-seminar-fairfield/>

Carroll Valley Borough meetings to be held in September are: Planning Commission (Sept 5th), Council Borough (Sept 12th), Finance Committee (Sept 25) and Parks/Recreation (Sept 27th). If you have any questions call me at (301) 606-2021 or email me at MayorRonHarris@comcast.net.

Liberty Township Supervisor Walter Barlow

Some of our elected officials – including in my own area, Liberty Township, Adams County, Pennsylvania – argue that the greatest threat to our communities comes not from negligence or abuse of authority, but from "troublemakers" who speak out against misconduct by their representatives. The threat is most acute, they say, when the "troublemaker" is a fellow official, who uses his position to investigate and expose misbehavior by others in office.

There is a synonym for this kind

of "troublemaker": a public servant. One who takes seriously his position as steward of the public trust. One who carries out with diligence and determination his responsibility to manage and maintain the public's funds. One who ensures that all citizens – not only friends and political contributors – are treated fairly and equally. One who shines a light on government, regardless of what problems it may reveal.

We need more, not less, of these "troublemakers." Corruption – like

cockroaches – thrives in darkness. Officials who operate behind closed doors, without public oversight or input, can and do adopt measures to benefit only themselves and their supporters, at the expense of the community.

Cockroaches scurry when someone turns on a light. "Troublemakers" turn on the light.

Shining a light on my own township – as I have done since becoming a supervisor – has certainly exposed some problems. Township meetings were routinely conducted in se-

cret, in violation of Pennsylvania law, and measures were regularly adopted without any public deliberation or discussion. Permits and other benefits were granted to friends and supporters of township officials and denied to others. And tens of thousands of dollars of township funds – perhaps much more – were misspent or misappropriated (or outright embezzled) as a result of lax oversight and financial mismanagement over the course of years.

Abuses of this type, in my town-

ship and elsewhere, can be uncovered and prevented only if we join together to demand, loudly and consistently, that all government business be conducted in the open, for the benefit of the public as a whole. In other words, we must all be "troublemakers," willing to recognize and speak out against corruption and malfeasance and take action to address it – including at the ballot box. That is why I originally ran for my position as supervisor, and it is why I am running for reelection this November: to continue to be a "troublemaker," helping to ensure that our government serves us, not itself.

Vincent Gee, Candidate for Liberty Township Supervisor

Summer is almost over, fall is upon us. With this, the evenings will grow cooler, the swimming pools will be closed and the kids will be Trick-or-Treating before we know it. With the changing of the seasons, we have a chance to change the direction of the Liberty Township supervisory management. The general election gives every citizen a chance to voice their choice on whom they believe will do the best job and be dedicated to the cause.

Folks, I want to undo the carnage Mr. Barlow has plagued us with for the last year. He has failed to provide solutions to the problems that plague us. We need a person capable of providing solutions.

If I am elected, I will promote the creation and usage of "Business Controls". Controls are documented policies and procedures which provide an auditable record of payments, vendors, contractors, hours, etc. I will also assist in allowing the public to view these documents without fees or FOIA requests by posting them on the township website.

It is my belief that he has achieved nothing productive while in office this summer and has failed to complete even the smallest of tasks. I also question his dedication to the township with his record of absenteeism during his term. I will take a great deal of heat over this statement, but let me explain.

I can easily identify two specific instances of dereliction of his duty. First, he was tasked many meetings ago with procuring new propane tanks to replace the tanks the township currently leases. Not only did he fail to complete the task, but recently reassigned the task to the township secretary. Secondly, elected supervisors are required to complete the National Incident Management courses to be NIMS certified for FREMA/FEMA. These courses educate supervisors on how to handle incidents involving threats and hazards. Apparently he does not believe that our safety is important or he would have completed these classes upon being elected.

Regarding his attendance at township meetings, he has an absenteeism

rate of about 20% since he was elected. In addition, he has a tendency to show up thirty minutes late, which just so happens to be when public comment closes. When conversations critical of him occur when he is absent, his allies cry out, "How can you attack a person who is not here?" The question that comes to my mind is, "Why is he not here? These meetings are planned out months in advance!"

Instead of bringing lawsuits against the township, I will bring modernization.

Instead of dividing the township I will promote balanced communication.

Our township needs a person who has experience with improving business operations, tightening policies and procedures and most importantly, a dedication to serve the people. In my opinion the incumbent demonstrated he does not possess these skills or the ability to build them based on his track record as a supervisor, his disastrous School Board Director stint and his alleged 40 years of community service.

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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Randy Phiel

Have you asked yourself recently what you can do with the old TV's and computer equipment you have sitting in the corner of your garage? I know I have asked myself that question with two TVs in my garage awaiting their fate. Adams County, in partnership with the Adams County Council of Governments and Adams County Office of Planning, will be sponsoring a TV & Computer Re-cycling Event on Saturday, September 9th, from 10-2, at the Adams County Emergency Services Facility, 230 Greenmayer Lane behind the prison. To participate you must pre-register and this opportunity is open only to Adams County residents. This is exclusively for residents, business/commercial items will not be accepted. You can pre-register by contacting the Adams County Planning Office at 717-337-9827. There will be a charge for CR Tube TV's at \$25 and CR Tube Computer Monitor at \$10. Other permitted items, free of charge Towers, Laptops, LCD/Flatscreen, TV/Monitor's, TV Remotes, Keyboards, Mouse, Personal-Sized Hard Drive/Printer/Scanner/Router/Modem/Server, Wires, Cables, Small Circuit Boards, CDs, Tapes, Disks, UPS and Joysticks. No other items will be accepted. Payment is by CASH ONLY the day of the event. Participants are encouraged to complete registration as soon as possible, as there is a limit to the total number of items that

can be accepted!! The registration deadline is Wednesday, September 6, 2017. Registration may end sooner if total items allowable is reached prior to September 6. The event will be staffed with volunteers from Adams County staff, Adams County Planning, and Adams County Council of Governments; as well as other members of the community that support environmentally responsible re-cycling. Don't delay - call and pre-register now!

Who is that guy with the glasses, beard and camera with the New York accent that seems to be everywhere with his camera and is active in so many community events and organizations? If you said Carroll Valley Mayor Ron Harris - you would be correct. On Tuesday, July 22nd, Ron was honored by his peers in Erie receiving the Pennsylvania State Mayor of the Year Award. Many of us in Adams County and Northern Maryland echo this recognition for Mayor Harris. Whether it is taking pictures at too many events to even mention, serving on the county radio committee, facilitating the Boroughs Association meetings, serving as President of Community TV, being the active mayor of Carroll Valley or advocating for the community at large, Ron defines the term "dedicated public servant." Congratulations Ron, we appreciate everything you do for our community!

The Adams County Volunteer Emergency Services Association

(ACVESA) recently completed the task of erecting their Fire Tower Training Prop at the Department of Emergency Services Complex. The tower stands 40 feet tall and is equipped with features such as, a maze, a rappelling station, and an attic simulator. Our local fire service volunteers will now be able to conduct engine company, truck company, and rescue training without the need to travel outside of Adams County. The Prop was manufactured by American Fire Training Systems of Lemont, Illinois, and the foundation work was completed by Conewago Contractors. Congratulations to ACVESA for completing this important training tool. Thank you for your valued and critical service to our community.

The completion of this fire training prop along with the current on-going construction of the new Adams County Law Enforcement Firearms Training Range are two significant training additions for Adams County Emergency responders! It was a long-time coming but the bulldozers are making headway at the new Adams County Firearms Training Range beside the 911 Center. The contractor has estimated it will take 2-3 months to complete the project which involves storm water management initiatives along with normal excavation. The three large berms at the front and sides were groomed by heavy equipment and grass matting has just been placed on

them. Once the excavation is done the plan is to build a memorial flag plaza, storage/range master observation building and a small pavilion. The land is being leased by the county for \$1 to the Adams County Law Enforcement Association and the entire construction project is being done through a public/private partnership at no cost to county taxpayers. While the bulk of the money has been raised there is a need for additional funds and donations to complete the project. Approximately 86 individuals and organizations have so far contributed approximately \$100,000 to support this project. The goal is to raise \$30,000 additional for final construction, structures and on-going maintenance. To make a contribution or for more information you may contact Capital Campaign Co-chairs Sheriff Jim Muller or Commissioner Randy Phiel. Donations can be made to the Adams County Law Enforcement Association Range Project, 1935 Mummasburg Road, Gettysburg PA 17325.

Adams County residents need to be aware that West Nile Virus is being detected this summer in mosquitoes across Adams County. Katie Seymore, Mosquito Borne Disease/Conservation Technician for the Adams County Conservation District, received notification from the PA DEP that mosquito samples collected on August 4th and 8-10 were tested and returned positive for West

Nile virus. Samples taken were from the Conewago Township, Bonneville Boro, Carroll Valley Boro, Gettysburg Boro, Littlestown Boro, and Union Twp. These positive tests should make every Adams County property owner more conscious of mosquito breeding areas on their property. Mosquito's breed in swampy areas and stagnant water in puddles, old tires, buckets, garbage cans, and any other receptacles that hold stagnant water. If you have any questions, please feel free to contact Katie Seymore, Adams County Conservation District, 670 Old Harrisburg Road, Suite 201 Gettysburg, PA 17325 (717) 334-0636 ext. 3049. For more information on mosquitoes and West Nile Virus, please visit the county website at <http://www.adamscounty.us/Dept/Conservation/Pages/West-Nile-Virus.aspx> or the state DEP website at <http://www.westnile.state.pa.us/index.html>.

Adams County farm markets are bursting at the seams with Adams County produce. I now have one batch of Adams County ripe peaches in the fridge ready to eat and one batch on the counter ripening at all times. Fresh peaches never last long enough for me. Cherries, corn and watermelon and finally local tomatoes currently round out our kitchen counter. It is hard to believe that Apple Harvest Festival is just around the corner. No matter what you do get out there and experience all the historical, recreational, agricultural, natural and cultural activities that beautiful Adams County has to offer.

State Senator Rich Alloway

As the bitter debate continues in Harrisburg about how to fund the state budget, it may be useful for lawmakers to take a step back and reevaluate how we can set aside our differences and cooperate in the best interests of our constituents. Pennsylvanians chose divided government for a reason; neither side of the political spectrum holds all of the right answers.

Bringing the battle over state revenues to a merciful conclusion will require cooperation among all parties. Although that idea may sound farfetched given the current political environment, there is ample precedent for lawmakers transcending partisanship and doing what is right for the people we represent. We need to look no further than last month's passage of a bipartisan, bicameral animal protection bill as an example.

For years, almost everyone agreed that Pennsylvania's animal cruelty laws were too lax. Many abusers got away with torturous behavior with little more than a slap on the wrist - if they received any punishment at all. Even though all parties agreed the law needed to be improved, there was some disagreement about exactly what changes needed to be made. That was one of the reason why the bill stalled in the House of Representatives last year and failed to reach Governor Wolf's desk, despite broad bipartisan support for the overall concept of preventing animal cruelty.

We renewed the fight for these critical animal protections this year, and that effort finally paid off with final passage of the most significant animal cruelty prevention measure that has passed the General Assembly in decades. The new law creates

a felony statute for the worst abusers, prevents dogs from being tethered in unsafe conditions, adds horses to the state's animal cruelty laws, and creates a new classification for


crimes against guide dogs and police animals.

Although the process was long and difficult, the end result is something that all parties can be proud of. The fact that lawmakers from the Senate and the House of Representatives were able to find com-

mon ground on that bill gives me hope that we can do the same on the furious debate regarding the state's spending and revenue challenges.

We need to show our constituents that compromise is possible in Harrisburg. We have done it before. We can do it again.

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16 Creek View Tr, Carroll Valley, PA - 4 lots, 2.35 ac., well req. perc appr., 400 ft. of Friends Creek in back yard! Unique! \$69,900	Parcel 29B Tract Rd., Fairfield, PA - 29.76 ac., well req., perc appr., great for your home or hunting. Motivated Sellers! \$199,900	Warren Tr., Carroll Valley, PA - Great location, nice views, perc appr., 1.5 ac., fronts on 3 streets, Warren, Pine, Jacks Mtn. \$32,500					

THE PASTOR'S DESK

To follow God's calling

Rev. Andrew Peck-McClain
Trinity United Methodist Church

What a privilege it is to introduce myself to Emmitsburg and the surrounding communities today. I am Rev. Andrew Peck-McClain, or Pastor Andy, the new pastor at the Trinity United Methodist Church in Emmitsburg. I want thank the people of Trinity for their warm welcome this summer. My family has not only moved to Maryland, we have also welcomed a baby. Ezra Charles Peck-McClain was born on June 26 and is doing well, healthy, and growing.

In addition to Ezra, my wife Emily and I have two older children. Zoë is 6 and Phoebe is 3. They bring a lot of love to Ezra, caring for their baby brother. Emily is a seminary professor at Wesley Theological School in Northwest Washington D.C. We moved to Maryland from Harrisonburg, Virginia, where Emily taught at Eastern Mennonite Seminary and I pastored the Mt. Clinton UMC. We are glad to have found a house in Rockville, Maryland, where both Emily and I can head out to the communities we are called to serve.

In my time working as pastor of United Methodist church-

es, I have learned and grown with lots of people. Our life has taken us to a wonderful variety of places from the fast pace of Manhattan and Staten Island to the towering mountains and farmland of Harrisonburg. The beauty of the Hudson Valley, north of New York City, to the vibrant city of Durham, NC. In all these places, with such a variety of people, one constant remains – we are all people. We all celebrate joys and suffer hurts in life. We are reminded of our brokenness, yet hope for wholeness. In the middle of all of life, I continue to discover the presence of the God in whom we live and move and have our being (Acts 17:28).

I grew up in the Hudson Valley and was nudged to consider ministry as a teenager by some pastors who saw gifts and graces in me. I am always appreciative of that nurturing presence, but cannot say that I signed right up and started seminary out of college. I wrestled with the call, honestly trying to discern where God was leading me. Yes, maybe avoiding it a little bit. But trying to best put to use a love of working with teenagers, whether as a school teacher or a youth pastor.

I finally found myself at Drew Theological School in the fall of 2000. I had said that I would go to see if that's where I needed to be. And if seminary was not where God was leading me, I would know. Pretty quickly, I could tell that seminary was the place where I had been called. Through struggles came growth, and as I was stretched I also was drawn deeper to God's presence. I graduated in 2005 and was appointed as a United Methodist pastor in 2006.

As I mentioned, life has taken Emily and I to a variety of places. We have moved from Manhattan to Staten Island to Durham to Cornwall (NY) to Harrisonburg to Maryland. Our hope is to be a little less nomadic! We have appreciated sharing life alongside doctors at Duke Medical and truck drivers in Rockingham County, Virginia. In all, we have tried to find the best in our wanderings. In each place, we have sensed God's unique presence for that time, that corner of the world.

The Israelites similarly felt like journeying people. They spent 40 years in the wilderness, and some were later taken into exile during the Babylonian conquest. In all, the people of Israel tried and tried to find God's presence. Sometimes they connected, other times it was hard, and a golden calf turned their gaze from the Creator.

So it is for all of us. I believe we earnestly seek to be in relationship with God. Right relationship with God. Yet as humans we find ourselves tripping up. Sometimes we get it, and we savor those moments. Other times we look back and realize how far from God's welcoming embrace we really were.

For me, practices like silence and listening to God while outdoors help me to stay close to God. My spiritual life was deeply enriched by a Personal Spiritual Deepening Program with the Shalem Institute for Spiritual Growth in 2016. (For more information, visit www.shalem.org) I gained more insight into ongoing spiritual practices. And learned of different ways to worship a God who creates beauty while gathered in community.



I continue to be fed when reading contemplative voices and adoring God's handiwork on College Mountain here in Emmitsburg.

At the end of the day, life is a journey. It is God who journeys with us as the people of Trinity UMC, in the midst of the high points of life. It is the risen Christ who nourishes the people who follow Jesus, giving strength during times of struggle. It is the Holy Spirit who sustains the church, bringing transformation and challenging the church to more fully love our neighbors.

As the church, that is my hope for what we can be. The God who leads us hopes that we too can journey with others in all the parts of their lives. At Trinity, we hope to welcome others who have yet to taste of God's goodness. The doors are open and all are welcome to join us.

We gather for worship at 9:00 a.m. on Sunday mornings at 313 W. Main Street in Emmitsburg. We sing some traditional hymns, like Standing on the Promises or How Great Thou Art. We sing some newer songs with the help of the guitar, like God of Wonders or Shine, Jesus, Shine. I have found the community at Trinity to be very warm and supportive of one another as joy and concerns are lifted. And when my sermon gets boring, there's wonderful stained glass around the sanctuary to look at!

Trinity also has ways to be involved outside Sunday morning worship. Our Community Meals will return on September 27 from 5:30 to 7:00 p.m. We also have evening Healing Services every

quarter, with one in Advent this December focusing on healing in times of darkness. This past summer, we had three evenings of Adult Vacation Bible School, with singing, crafts and toys to take home. The theme was God in the galaxy, and it was a blast! We also had movie nights on Friday evenings, and two pool parties for our Rock Solid children. We look forward to those summertime God sightings again in the summer of 2018. For more information about our church, visit us at www.trinityumcemmitsburg.com or call (301)447-3740. You can also email me at pastor.trinityeburg@gmail.com.

I look forward to getting to know all the people of Emmitsburg and beyond. I have shared a little bit of my journey with God with you here. Send me an email and share some of yours. It doesn't need to be all candy canes and roses. God can be revealed to us in our times of suffering or vulnerability. I have found that in those times in my life, the people who have pointed God's sustaining presence to me are extremely valuable.

Come and walk alongside us. Come and look for the presence of God, the one in whom we live and move and have our being. Join us at Trinity, as we seek to grow together, loving our neighbor just as God loves us. Come, taste and see that God is good.

If this article inspires you to learn more, come join us for Sunday service at 9 a.m. at 313 W. Main Street in Emmitsburg. For more information, visit www.trinityumc.yolasite.com.

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Dana Talcott Children's Ministry

FREE Community Dinner!

Trinity United Methodist Church, 313 West Main St., Emmitsburg, invites all residents of the Emmitsburg area to share a free meal and fellowship. There is no charge for these meals and we welcome your attendance.

Wednesday, September 27, 2017

Meals will be served from 5:30 - 7:30 p.m.

Please call Merri Saylor at 301-667-6169 for more information.

Please
Join
Us!

BOOK OF DAYS

Shower of animals



A 19th-century English cartoon illustrating the phrase "it is raining cats and dogs" (and "pitchforks" too).

September 20

On the 20th of September 1839, an English officer, residing in the neighbourhood of Calcutta, saw a quantity of live fish descend in a smart shower of rain. They were about three inches in length, and all of one kind. Some, falling on hard ground, were killed; some, which fell on soft grass, continued in life. 'The most strange thing that struck me in connection with this event,' said the officer, 'was that the fish did not fall helter-skelter, everywhere, or here and there: they fell in a straight line, not more than a cubit in breadth.' Shortly after this event, at a village near Allahabad, 3,000 or 4,000 fish were found on the ground, of a well-known species, and about a span in length, but all dead and dry.

The instances are more numerous than most observers would suppose, of animals falling to the ground in the manner of rain, sometimes accompanied by real rain. On the 14th of April 1828, Major Forbes Mackenzie, of Fodderty, in Ross-shire, while walking in a field on his farm, saw a great portion of the ground covered with herring-fry, three to four inches in length, fresh and entire. The spot was three miles from the Firth of Dingwall.

About two years afterwards, in the island of Islay, in Argyleshire, after a day of very heavy rain, the inhabitants were surprised to find a large number of small herrings strewed over the fields, perfectly fresh, and some of them alive. On another occasion, during a strong gale, herrings and other fish were carried from the Firth of Forth so far as Loch Leven, eight or ten miles distant.

More recently, a Wick newspaper stated that, on a particular morning, a large quantity of herrings were found lying scattered in a garden about half a mile from the shore at that town. The peasants cooked and ate them—not without misgiving on the part of others as to the possibility of some Satanic agency having been concerned in the transfer of herrings to such a spot.

Hasted, in his History of Kent, narrates that about Easter, 1666, in the parish of Stanstead, which is at a

considerable distance from the sea, and has no fish-ponds near it, a pasture-field was found strewed over with small fish.

Frogs and insects have similarly rained down upon the fields, but more rarely. Professor Pontus, of Cahors, communicated to the French Academy in 1804 the particulars of a shower of frogs near Toulouse. Pontus saw the young frogs on the cloaks of two gentlemen, who were caught in the storm on the road. When the diligence in which he was travelling arrived at the place where the storm burst, the road and fields were observed to be full of frogs, in some places three or four deep; the horses' hoofs killed thousands during the passage of the vehicle along this spot.

Concerning showers of 'insects, we will simply notice one instance recorded in the Journal de St. Petersburg for 1827. A heavy snow-storm occurred on the 17th of October, at Pakroff, in the government of Tver. The snow was accompanied by a prodigious number of black insects about an inch and a quarter in length; they had flat shining heads, antennae, a velvety kind of skin marked with rings or bands, and feet which enabled them to crawl rapidly over the snow. Such of them as were carried into a warm place, died presently; but the rest remained alive for a considerable time in a very severe temperature.

How are these phenomena to be accounted for?

There seems little doubt that winds, whirlwinds, and waterspouts are the chief source of their production. Waterspouts are not unknown in that portion of Ross-shire where the shower of herrings took place in 1828. The herring fall at Islay occurred after a day of very heavy rain; and that at Loch Leven during a strong gale from the Firth of Forth.

The occurrence at Wick was attributed, by the more intelligent inhabitants, to a waterspout. At Stanstead, a thunderstorm preceded the fall of fish. At Calcutta, the fish-shower was both preceded and accompanied by a smart shower of rain. At Allahabad, a blast of wind came on suddenly, so violently as to blow down several large trees; and it was after this wind that the fish were found on the ground.

At Toulouse, the shower of frogs was preceded by the sudden appearance of a very thick cloud from the horizon, and the bursting out of a thunderstorm. In all these instances, the results were probably due, wholly or in part, to this fact (ascertained by modern science), that wind has a strong tendency to become circular or rotatory, sucking up from beneath any small light objects that may be in the way, carrying them to a distance, and depositing them when the force is allayed. If this occurs on land, we have a whirlwind; if on sea, a waterspout.

There is one case on record, in Norway, of a colony of rats, while migrating in vast numbers from the high to the low countries, having been overtaken by a whirlwind; they were caught up, carried to a neighbouring valley, and there fell as a rat-shower.

Miscellaneous Sayings

It is unlucky to enter a house, which you are going to occupy, by the back door - I knew of a family who had

hired a house, and went to look over it, accompanied by an old Scotch servant. The family, innocently enough, finding the front door 'done up,' went in at the back door, which was open; but great was their surprise to see the servant burst into tears, and sit down on a stone outside, refusing to go in with them. If I recollect rightly, she had the front door opened, and went in herself, hoping, I suppose, that the spell would be dissolved, if all the family did not go in at the back door.

Superstitions with respect to the cutting of the nails are of very ancient date.

Cut 'em on Monday, you cut 'em for health;

Cut 'em on Tuesday, you cut 'em for wealth;

Cut 'em on Wednesday, you cut 'em for news;

Cut 'em on Thursday, a new pair of shoes;

Cut 'em on Friday, you cut 'em for sorrow;

Cut 'em on Saturday, you'll see your true love tomorrow

Cut 'em on Sunday, and you'll have the devil with you all the week.'

The last, again, seems to have arisen from considering the cutting of nails to be a kind of work, and so to be a sin, which would render the breaker of the Sabbath more liable to the attacks of the devil. This view is strengthened by the fact of the Sunday being placed not at the beginning, but at the end of the week, and thus identified with the Jewish Sabbath. Indeed, I have found that among poor people generally, it is reckoned as the seventh day, and that on the Sunday, they speak of the remainder of the week as the next week.

If, when you are fishing, you count what you have taken, you will not catch any more.

This may be paralleled with the prejudice against counting lambs, mentioned in a former paper. It is a western superstition, and was communicated to me by a gentleman, who, when out with professional fishermen, had been prevented by them from counting the fish caught til the day's sport was over.

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COMMENTARY

Words From Winterbilt

The election and the Electoral College

Shannon Bohrer

The presidential election was decided last November and yet we often hear the experts and pundits say that the election is still being fought. Some of the issues that are still being discussed include the possible Russian influence, fake news and the popular vote. To individuals and groups discussing these topics – they are important, to others, the election is over. What is usually not discussed, but is really important, is the Electoral College.

When President Trump was elected he received 306 Electoral College votes to Hillary's 232 Electoral College votes. It was neither an historical win, nor a close race. The magic number necessary to win the election is 270, so President Trump was well within that margin. However, in the same election Hillary Clinton received 65,844,610 votes and Trump received 62,979,636 votes. Winning three million more votes than a competitor and then losing the election – does not seem reflective of a democracy.

I believe the popular vote count annoys President Trump, since on several occasions he has complained that if not for the illegal votes he would have won the popular vote. This alternative fact has been disproven numerous times, but there are others that still believe it. What it does say is that even

President Trump is not happy with losing the popular vote. It could also say that even President Trump believes that winning an election in a democracy – means winning more votes than your opponent.

So -why do we have the Electoral College? The Electoral College voting system was created early in our history with the 12th amendment. The purpose, according to historians, was to prevent the more populated states from ruling over the less populated states. This was in contrast over a direct election (where everyone's vote counts) and was thought to balance the interests of small and large states. The reality is, and has been, that our differences are not small and large states. Our differences have been the northern and southern states and also the coastal and the interior states.

Another popular argument for the Electoral College system, at that time, was that many citizens would lack the knowledge to make informed decisions. To address this, even with the Electoral College the electors are not bound by law to vote for the person receiving the most votes. So basically, the electors could determine who wins, ignoring the popular vote.

Very early in our history the Electoral College system demonstrated that it had problems. In the 1824 election, John Quincy Adams won the election with 113,122 votes, or

31 percent of the known popular vote. Andrew Jackson received 151,271 votes, which equaled 41 percent of the votes - and he lost. There were two other candidates received 88,387 votes, or 24 percent.

So you might be asking yourself, in that 1824 election, how did John Quincy Adams win with so few votes? Or how did Andrew Jackson, who had the most votes - lose? In the 1824 election the electors could not reach a consensus in selecting a president, which at that time required 131 Electoral College votes. As there were four candidates reaching the right number (131) became difficult. So the president was selected by the House of Representatives. Could this happen again?

Following the 1824 election, in 1876, 1888, and 2000 and again in 2016, the winner of the presidency, lost the popular vote, but won the Electoral College. Since President Trump is our 45th president, and in five elections the individual that won the presidency lost the popular vote, that means that eleven percent of the time, the person receiving the most votes – is not elected. That's significant.

Currently the Electoral College consists of 538 electors, representing the 435 members of congress, the 100 senators and 3 electors from the District of Columbia. With 538 electors, 270 votes are needed to win. The

number of Electoral College votes for each state is determined by the number of senators and congressmen that each state has. Since every state has 2 senators, which was another way of not offending the smaller states, each state starts with 2. Currently, Alaska, Delaware, Montana, North Dakota, South Dakota, Vermont and Wyoming all have 3 electors, because each of these states has 1 congress person and 2 senators. California has the most with 57 electors, representing their 2 senators and 55 members of congress. Behind California is the State of Texas with 40 electors, representing the 2 senators and 38 members of congress.

While the 12th amendment was created for "fairness" to the smaller states, it is anything but fair. If you divide the population of each state by the number of Electoral College votes each state receives, the representation is anything but equal. In Texas and California, each Electoral College vote represents about 696,000 voters. However, in South Dakota, each Electoral College vote represents 281,625 voters. In Wyoming, each Electoral College vote represents 194,219 voters. All of the states that have a minimum of 3 representatives have more voting representation over the other states. That seems unfair.

Another issue that seems unfair with the Electoral College system is that in 48 of the fifty states, all Electoral College votes all go to the winner in that state. So if your candidate loses with 49 percent of the vote, they get nothing. In the states of Maine and Nebraska they use the congressional district method, which means

the winner in each congressional district gets the Electoral College vote. Even in those states the person with the most popular vote, state wide, is not guaranteed the Electoral College votes. Think about this, there is not one state that divides the each Electoral College vote by the popular vote in that state. Of course, it really doesn't matter since the electors are not bound by the voting. Somehow – that makes it seem worse.

With the unfairness of the Electoral College system, you may want to ask yourself – why does it exist and why has it not been changed? It could be that because the beneficiary of its existence is the TWO PARTY system. It is almost impossible for a third party to obtain the 270 Electoral College votes. Additionally, the more candidates running in an election the higher the probability that no one will reach the magic number of 270. So if no one wins the Electoral College vote, the party that controls the House of Representatives would vote for their candidate, even if he, or she, came in third or maybe even fourth. The Electoral College system ensures that the president will be a republican or a democrat.

Maybe we should be asking our congressional representatives – to fix the system. How annoyed will you be when the congress appoints a party member as president that was third, or fourth in the presidential election? It will happen again - we just don't know when.

To read past editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.

Common Cents

What does "smart growth" mean to you?

Kai Hagen

Certainly most Frederick County residents have heard of "Smart Growth," as it has become a frequently used and increasingly familiar term over the past two decades. But, even if nobody is for dumb growth, it doesn't mean that "smart growth" means the same thing to everyone, or that we all share the same view about what constitutes good, responsible...or smart... planning and development.

The origins of "smart growth" as a distinct term, with a clear and shared definition, can't be readily pinpointed, but it seems to have evolved out of a few reports and plans in the nineties, including the "Smart Growth and Neighborhood Conservation Act," which passed in Maryland twenty years ago.

It's not surprising that the term or concept is often poorly understood, especially since it is often appropriated and misused, out of ignorance or for self-serving purposes, by those from politicians to development interests. Some have attempted to characterize "smart growth" as just a way to say "no-growth," or have used it as a way to sell certain development plans.

If we're going to use the term, or even other, similar terms we hear from candidates during elections, or from developers, such as responsible growth or managed growth or measured growth,

it's important we have a better sense of what we are talking about.

The key to understanding what the term actually means is knowing that it's a list or combination of separate but related principles, values and goals.

Something is not "smart growth" because it reflects or embodies just one or two of the principles, but we see it used that way all the time, when something is described as smart growth just because it is infill, or higher density, or near public transit, or has a mix of uses, and so on.

For instance, when I was a county commissioner, and the liaison to the Frederick County Planning Commission, we heard a land use attorney, who was representing a developer and advocating for a particular project, describe the proposed development as "smart growth" simply because it was "infill."

What was being proposed was a low density, rural subdivision of new homes, all on well and septic, on a tract of farmland and forest. He described it as "infill" because the farm and woodland happened to be situated between two older rural and isolated subdivisions constructed a few decades earlier, when the county wasn't thinking or worried about suburban sprawl, or the preservation of good farmland, or the actual cost of developing infrastructure and providing public services.

Whether you think a lot more of that sort of development is a reasonable

way to approach land use in our growing county or not, please appreciate that it is not "infill," as the term is meant to be used, that it is unlikely to conform to most or any other smart growth principles, and that it isn't, as the attorney argued, "Smart Growth."

Nowadays, many requests for zoning changes or annexations are made, and more than a few development projects are proposed under the banner of smart growth because they are said, or even actually do, conform to one or two of these principles.

If we cherry-pick a single principle or two, and we ignore the longer list and the broader concept, and don't use and apply the term thoughtfully and properly, even massive suburban sprawl is possible under the label of "smart growth."

You can find a few different lists of the basic principles that describe "smart growth," but they are all only slight variations on this list:

1. Mix land uses
2. Take advantage of compact building design
3. Create a range of housing opportunities and choices
4. Create walkable neighborhoods
5. Foster distinctive, attractive communities with a strong sense of place
6. Preserve open space, farmland, natural beauty, and critical environmental areas

7. Strengthen and direct development towards existing communities
8. Provide a variety of transportation choices
9. Make development decisions predictable, fair and cost effective
10. Encourage community and stakeholder collaboration in development decisions

In short, among other things, "smart growth" is a means of ensuring sound, high quality choices for the future of our communities and our economy, by maintaining and revitalizing existing communities, protecting the value of our public investments, and minimizing obviously negative impacts such as traffic congestion, air and water pollution, the degradation and loss of natural habitats and farmland, overcrowded schools, and more, which can be fairly viewed as ways we residents and taxpayers subsidize poorly planned growth with unnecessary sacrifices to the quality of life in the broader community we call home.

"Smart Growth" helps or enables us to avoid the trap of allowing current growth pressures — and they are not likely to go away — to diminish our future through a wide variety unnecessary and undesirable negative impacts.

For many reasons, including our proximity to two major metropolitan areas, our position along major interstate highways, our relatively prosperous and attractive small cities and towns, the natural beauty of the county and more, Frederick County is going to grow.

And it will grow, albeit a little faster or slower, perhaps, regardless of how much or how well we plan for that growth...

and even if we plan so poorly that traffic gets worse or schools are overcrowded or recreational parks are inadequate or the air quality diminishes, etc.

So, while we have to recognize things will change, it is vital for us to be smart in preparing and planning for those changes, and basic smart growth principles provide an invaluable and helpful foundation to consider the consequences and possibilities.

Think of it this way: The opposite of smart growth — or growth that does not apply these basic principles — is random sprawl, which will, eventually, consume our farmland and open spaces, leaving our incorporated towns and other established communities connected by and lost in a sea of suburbia, along with all of the clearly negative consequences that comes with it, from much worse traffic to higher taxes and a far too long list of other things most of us would like to avoid.

Using smart growth principles, good planning initiatives identify the relationship between how we grow and our quality of life, and include policies and practices that promoting better housing, transportation, economic development and protection of our environment.

Smart growth is essential to getting beyond the never-ending and false debate between growth and no growth, so we can focus effectively on how best to plan and direct for the growth that is coming.

And that is only possible with informed and involved citizens.

To read past editions of Common Cents, visit the Authors section of Emmitsburg.net.

The American Mind

The same side of the same coin

William Hillman

Trump's critics have gotten a lot of mileage out of suggesting that his condemnations of the Ku Klux Klan and the Nazis were not strong enough and fast enough after the tragedy in Charlottesville VA. The truth is, President Trump condemned the violence in stronger words than the previous president ever used to condemn those involved in the Soros-sponsored riots of Ferguson, Baltimore, Atlanta, and LA. This denial of reality by progressives' part of their grand plan and in a smaller way, a product of the hatred they still hold towards President Trump for beating Hillary Clinton. (There is a lot of hypocrisy here, Just a few years ago Hillary called Klan leader, Robert Byrd, her mentor. And Hillary's husband, Bill Clinton, delivered the eulogy at the funeral of Robert Byrd in West Virginia. Hillary gushed on about the greatness of this man who tried to filibuster civil rights act of 1964, and refused to join the army in WW2 because he did not want to be around "the words he used to describe minorities is not appropriate to print in this paper)

The reason the left refuses to accept the Presidents condemnation of the violence in Charlottesville is because the left is not looking for an apology. What they want is for trump to take responsibility for the two hate groups. The progressives want to tie the KKK and the Nazis to the Republican Party.

The narrative confirms leftists in their belief that Trump is the embodiment of fascism and white supremacy, and that racism and Nazism are on the right.

The Ku Klux Klan, the Nazis and the rest of the fascist groups share a philosophical line of Progressivism. "American Progressivism—the moralistic social crusade from which modern liberals proudly claim descent—is in some respects the major source of the fascist ideas applied in Europe by Mussolini and Hitler." - Jonah Goldberg's Liberal Fascism.

The KKK was reborn and given power by the progressive president, Woodrow Wilson, as the militant wing of the Democratic Party. It was progressive's beloved democrat president, Franklin D. Roosevelt, who appointed KKK member, Hugo Black, to the Supreme Court.

The Nazi Socialist party is the fulfillment of progressivism. You don't have Nazis without the progressives of the 1920s. You don't have Mussolini's fascism without the philosophy of progressivism.

The white nationalists in Charlottesville were wearing "Make America Great Again" Why would this be if they belong to the Democratic Party. The Democratic Party invented white nationalism and used it for almost a century to maintain their political supremacy in the South.

The Best Answer to this question was given by Dinesh D'Souza, "To-

day's Democratic Party is different from the past. Today the Democrats affirm every type of ethnic nationalism—black nationalism, Latino nationalism, Asian nationalism—except white nationalism. So whites can't show up to the multicultural picnic, because all these other nationalisms are mobilized against white nationalism. Whites have become the bad guys. Consequently, the white nationalists have to turn elsewhere.

So where can they turn? They don't fit easily in the Republican Party, because the GOP is all about individual rights and the rejection of ethnic nationalisms of every stripe. Nor is Trump their man, because Trump supports not white nationalism but American nationalism. Trump's American nationalism, however, at least includes all Americans. Consequently, the white nationalists may consider it a better alternative to being hated and reviled in the Democratic camp."

So where do these groups come from?

Progressivism is a philosophy of control where society and the government is more important than the individual. This philosophy is opposed to classical liberalism, where the rights of the individual are inalienable. Both the Nazis and KKK campaign for centralized control and racial purity, which are in direct conflict to classical liberalism, which believe in the right of self-determination, freedom of speech and assembly. They do align very nicely with progressivism's philosophy of

centralized control and adherence to uniformity.

Take one look at how the left has always fought for government support of Planned Parenthood. This organization embodies the progressive foundation of social control and engineering of progressivism with the fascists method of forced adherence.

"While Margaret Sanger was an avid eugenicist, today Planned Parenthood celebrates her as a champion of 'choice.' One is hard pressed to find references to eugenics in Planned Parenthood brochures featuring Sanger's pioneering role in the organization. This is all part of the big lie; the real Sanger opposed choice. As we have seen, she demanded that rich, educated, and 'fit' populations must have more children and poor, uneducated, and 'unfit' populations must have fewer children. Sanger, like Hitler, believed that reproductive choices must serve the larger interests of society and the species. If"

—Dinesh D'Souza, The Big Lie: Exposing the Nazi Roots of the American Left

To quote Johan Goldberg again, "The Nazis played the same games against Jews that today's left plays against 'Eurocentrism,' 'whiteness,' and 'logo-centrism.' When you hear a campus, radical denounce 'white logic' or 'male logic,' she is standing on the shoulders of a Nazi who denounced 'Jewish logic' and the 'Hebrew disease'...The white man is the Jew of liberal fascism."

Anti-Fascist.

This group is anything but Anti-fascist. It takes its name from the Nazi propagandist, Joseph Goeb-

bels' directive to accuse your enemy of your own sins. For the last year, this group calling themselves "Anti-Fascist" or "antifa" have used violence and intimidation to deny citizens their right to freedom of speech and assembly. If you get a dictionary and look up fascism, this group fits the definition. (You'll need to use a printed dictionary; the progressives have been busy on the internet changing the definition of words like fascist to suit their purposes. As their fore father, Joseph Goebbels said, if you repeat a lie often enough, people will believe it, and you will even come to believe it yourself.)

As you can see, what we have in Charlottesville, is the old democrat/progressive fascist represented by the KKK and neo-Nazis fighting the new democrat/progressive fascist who call themselves Antifa. Maybe the solution is to give them both baseball bats, turn off the cameras and let them beat some sense into each other.

There is another reason for the Progressives' need to keep up the narrative of impending disaster and governmental collapse to push their new "World Order" without going through the legislative and democratic process.

"Crisis is routinely identified as a core mechanism of fascism because it short-circuits debate and democratic deliberation. Hence all fascistic movements commit considerable energy to prolonging a heightened state of emergency. Across the West, this was the most glorious boon of World War I."

To read past editions of *The American Mind*, visit the Authors section of Emmitsburg.net.

Down Under

Coalition of hate

Lindsay Coker
Melbourne, Australia

Remember all men would be tyrants if they could. Abigail Adams, 1776

The response from President Trump over the Charlottesville massacre has removed the camouflage he was parading in for the past couple of years. His refusal to condemn the white supremacists has revealed to the world the fundamental values he holds, his disdain for democratic values, his derision for people that do not fit his notions. It shows that he is unfit to be the president of a great nation.

The contempt he shows for justice, truth and tolerance is now so clear that even those who were prepared to give him the benefit of the doubt now know the reality. In 'Animal Farm', George Orwell points out that all of us are born equal - but some of us are more equal than others. This has always been true, but to be a democratic leader means having to reduce the disparity as much as possible. Mr. Trump has sought to do the opposite.

His plan is (well, was his plan one hopes) to benefit the top 10% of the population while keeping the rest anesthetised, full of happy juice and diversions. Not just any 10% either - only the white part, because if your skin is not Aryan white you don't deserve to have a say, should not expect to be more than a lackey in the white man's world. Sad to say, so many fell for this that his calumny was smothered - until now.

Most of the world has not owned slaves for centuries, but often profited from their use. Why not? It is not prohibited in the bible, and was common practice among the Israelites. Prohibition was not there, only their treatment and conditions. The claim that this justified their continued use is unfounded, because we and nearly all nations have abolished it - just as we have abolished child labour, the burning of witches and animal sacrifice. The enlightenment brought many freedoms to the proletariat, the chief among them the right to liberty and equality. That is the opposite to slavery, and the desire to maintain that right is both profound and entrenched, but still hated by those who have

never gone away from wanting the good old days to return.

White supremacists, harking back to the days when white men could imagine they were better than coloured, slaves or not, are still trying to maintain that fiction by glorifying the flag under which it took place. They kneel at the feet of monuments to their heroes, showing their hatred of anyone who dares challenge them. Such attitudes have no place in modern society because we know that progress is only achieved by embracing diversity, allowing us to live in profitable and close proximity to vast numbers of people who have different values and cultures. We have to be tolerant, show that we have a set of ethics and morals that transcend hatred - or set up ghettos where we can insulate ourselves from the riffraff - or vice-versa.

It's a funny thing about supremacists - they actually demonstrate their innate fear by trying to make themselves seem important. If they really knew they were, they'd just smile and get on with things - you do not need to polish your jewels to show how rich you are. Naturally no one should forget the past. Just as Germany has done over the holocaust, images and history of slavery must be there as reminders of how trapped

in the practices your forebears had become, or of the mindless cruelty that resulted. The fact that most of you have renounced it and reckon it to be a shameful blot on your history cannot be allowed to be forgotten.

But - white supremacists will always believe that slavery was their right, that they were, and still are, superior and are the only ones that matter. They know that lynching is OK, gun ownership a divine right, and skin colour is the dividing line between ruling and servitude.

It's not just those groups that want to live in the past, it is the armed militias, the fundamentalists, and others like them. They have formed a coalition of hate, and want to return things to the old ways because not only did they become rich and powerful, but they could write laws that entrenched the system. Their lives were easy, built on forced labour for their gain and glory. They went to war in defence of the indefensible, to preserve the present and deny the future, to subvert the government and run networks to undermine resistance. Today, in pursuing the same aims, they aid Russia in destabilising your power, but, like Russia, are incapable of running a country where freedom and equality rule.

You may say that there is no such thing as equality, that it's just an idea, and you'd be right - except it's a very powerful idea that has been fought for for centuries. You, hanging grimly onto being leader of the world, have tried to introduce the concept to other nations. It is horrifying to see that some of you are vehemently opposed to that, but want to re-establish the rule of master-slave. Under your constitution laws are there to ensure that everyone is treated with an even hand. It's often not the reality, but that's the aim. Neoliberalism and the far right have twisted it in their favour, white extremists have unwittingly added to their power, meaning the downfall of society is that much more certain.

When you add a president with sociopathic morals and narcissism to that mix, you have a case of national terrorism being generated by a coalition of hate, bigotry, elitism, greed, and insatiable hunger for power. Anyone who supports that group is signing their own death warrant.

By the way, the quote at the beginning is from a letter written to John Quincy Adams by his mother.

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THE (retired) ECOLOGIST

Straight land cycles in nature

Bill Meredith

*Ezekiel saw the wheel,
'way up! in the middle of the air;
Ezekiel saw the wheel a-turnin',
'way in the middle of the air.*
—Spiritual, Anonymous

"Goldfish and hamsters and white mice and even the little seed in the Styrofoam cup - they all die. So do we."
—Robert Fulghum, All I Really Need to Know I Learned in Kindergarten

My grandmother led an orderly life in which the daily tasks of housekeeping were arranged between radio programs. The names of them are gradually fading from my memory now, but some remain... one of the first soap operas, "Oxydol's Own Ma Perkins," evangelists like Billy Sunday, a former baseball player who would run the bases and "slide home safe for Jesus" every morning; and a variety of country and Christian music programs that would "come through the air from our KDKA studio to your own living room."

At the age of three, I took everything literally, and I actually believed the musicians were shrunk in size and sat on little chairs inside the radio as they played their guitars and sang. Many of the songs were the ones we sang in church, but the ones that fascinated me most were Spirituals. I especially liked the one about Ezekiel; he was in one of the Bible stories Grandma read to me, and it was easy to envision the scene. So, it was fascinating to think that the singers were sitting inside Grandma's radio as they sang about Ezekiel; I re-

member actually envisioning the Little Wheel spinning inside the Big Wheel above their heads, and wondering where the wheels went when the radio was turned off.

All of this drifted into my consciousness one morning last week. I really don't know how or why; there was no logic to it... for I was sitting at the breakfast table, watching a hummingbird at the feeder outside the window. It had a tiny white speck at the base of its beak on each side, so I knew it was a young bird, recently out of the nest, which is somewhere in a tree on the west side of our house; and it was a female, for it had a white throat. Her wings were a blur, beating 50 or 60 times a second and holding her body motionless as she sipped from the feeder. It was amazing to watch... but to me, the most amazing thing about it was that at the age of two weeks or so, she was living independently and already knew all she would need to know in life.

If she fits the average pattern of her species, her family is around somewhere. Each day, I see adult hummingbirds at the feeder; they are probably her parents, for they are territorial and would chase other adults away. The parents normally raise two broods each summer, and the mother's body isn't big enough to produce more than two eggs at a time... so there could be as many as four young siblings buzzing around in my yard, if they were not eaten by squirrels or blue jays before they left the nest.

When they fledged, they may have followed their mother to the feeder, but their brains already contained the information that if they poke their beaks into those brightly-colored round

things that we humans call flowers, they will find food. And they are not aware of it, but their brains are recording the fact that each day is about two minutes shorter than the one before; this stimulates their endocrine glands to produce hormones, and they are storing fat in their bodies. In a week or two, the adults will leave, without saying goodbye, and head south toward Guatemala or Columbia, as they did last year. And in another week or so, my little female will take one last sip from the feeder and fly off as the pattern of nerve cells in her brain directs her.

She has no idea where she is going, but she will fly at an average speed of 20 mph for about 100 miles each day, allowing for time to rest and eat. Depending on prevailing winds and storms, in a week or two she will reach the Gulf of Mexico. There she will rest and eat to create fat reserves for several days; and then one day when there is a tail-wind to the south, she will fly over 500 miles, non-stop, to the coast of Mexico somewhere on or near Yucatan. And if she avoids accidents, predators, disease and weather, she will come back to the Emmitsburg area next May.

When we teach Biology, we look for patterns. If we find one that describes how something lives, we call it a "life cycle," and when we have studied it in detail, we can make generalizations about other organisms. When I took Botany, I learned the life cycle of moss plants... remember sporophytes, gametophytes, antheridia, archegonia? We looked at microscope slides, drew diagrams, and memorized... and most students hated it. Most students forgot those details as soon as the exam was over, and went



Humans tend look at their life cycle as being linear; it has a beginning, a middle and an end. Yet it is a cycle, just like moss plants and hummingbirds.

on to make their careers in other fields. But a few of us found that it was fascinating; furthermore, it was actually useful, for if we mastered the moss life cycle, it was easier to learn about ferns, and then cone-bearing plants, and then flowers. And then, amazingly, animals. Life cycles were common to all of them. So those few of us who found it interesting became biologists.

As humans, we have a life cycle too, but it is harder to think about it because we are so directly and personally involved. We are too close to have any perspective when we try to apply cyclic ideas to ourselves. Instead of being cyclic, to us life looks linear; it has a beginning, a middle and an end. Yet it is a cycle, just like moss plants and hummingbirds. But there the difference begins, because we are human.

We are born knowing almost nothing, we learn to walk, speak, eat some things but not others, clean and dress ourselves, read, play games with rules,

calculate sums, then products, then ratios, then probabilities, place value on certain things, develop skills to support ourselves, select a mate, build a home, raise a family, recognize when we need medical help, teach our grandchildren, cope with aging... and, sooner or later, we die. All along the line, we keep learning things that other living organisms do not know: history, morality, ethical standards, social skills, psychology, politics...

All of this from looking at a hummingbird? Yes. Honestly. Believe it or not. As I watched her, she would move in a circle around the feeder, sipping from each of the yellow plastic "flowers;" then she would dart in a bigger circle to the geraniums in the window box, then to some late-blooming hostas by the path, then to the rose mallow by the plum tree, and then back to the feeder. A little wheel in a bigger wheel... Aha! Ezekiel! Ah, yes. Remember how they sang that on Grandma's old cathedral radio? Golly, that must have been 1936, because Dad didn't have the '37 Chevy yet... I would have been three then! And I'm just now beginning to understand it all. Hmmm- how did the other verse go?

*And the little wheel turned by Faith,
And the big wheel turned by the Grace of God.*

*A wheel inside a wheel, a-turnin'
Way in the middle of the air.*

To read past editions of the Retired Ecologist visit the Authors section of Emmitsburg.net.

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Thursday, Sept. 7 - 6-9 pm & Friday, Sept. 8 - 8:30-11:30 am - Entry of exhibits in the gym

Friday, Sept. 8 - 6 pm - Show Opens, **7 pm** - Opening Ceremonies with Community Organizations Flag Ceremony honoring the 50th Anniversary of St. John's Christian Pre School and the Radio Station WTHU.
8:15 pm - Baked Goods Auction (Auditorium), **9 pm** - Champion Baked Goods sold.

Saturday, Sept 9
9 am 4-H & FFA Goat, Beef, sheep & Swine Show (Ag Center)
10 am - Blue Ridge K9 Dog Demonstration & Pet Show (Front Lawn)
10:30 am-3 pm - Pony Rides, Petting Zoo, Face Painting & Farm Animals Display
3 pm Elower Sicilia Productions Dance Program (Auditorium)
4 pm - Martial Arts Demonstration (Small Gym)
3-7 pm - Thurmont Grange, Roasted Turkey & Country Ham Buffet (Cafeteria)
6-7 pm - Catoctin Mountain Boys Band (Auditorium)
7 pm - Catoctin FFA Alumni Goat, Beef, sheep & Swine Sale (8 Goats, 9 Steers, 11 Hogs, 10 Lambs)
Buyers Welcome. (Ag Center)
7-9 pm - Taylor Brown's "Elvis Tribute Show" (Auditorium)

Saturday, Sept 10
9 am - Goat & Dairy Cattle Show (Ag Center)
10 am-3 pm - Pony Rides, Petting Zoo, Face Painting & Farm Animals Display
Noon - Chicken BBQ By Catoctin FFA Alumni (Cafeteria)
12:30-1:30 pm - Catoctin Mountain Boys Band (Auditorium)
1 pm & 2 pm - Martial Arts Program (Small Gym)
1 pm - Martial Arts Program & Horse Shoe Pitching
1:30 pm - Kiddie Pedal Tractor Pull (Ag Center)
1:30-3 pm - Taylor Brown's "Elvis Tribute Show" (Auditorium)
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IN THE COUNTRY

Sewell's Farm new fall fun festivities

Danielle Ryan

Opening weekend for Sewell's Farm fall festivities will be taking place the weekend of September 23rd. For the opening weekend Sewell's Farm invites Justin Satudinger, from RUST by Justin, Lisa Walters, CreativeLei lettering extraordinaire, and the Taneytown Dance Studio who will be performing on September 24 at 1:30. Of course, this won't be the only weekend to enjoy the festivities, because Sewell's Farm will be open every weekend 9 a.m. – 5 p.m. through the end of October!

Last year, was the great pumpkin - this year guests will see the unveiling of a spectacular fort. Children will be able to explore and play inside the fort and there's even a sliding board for small children to enjoy. In addition to the new children's fort, the giant pumpkin house, as promised, has a new addition – a giant tube slide!

This year, take note of the spooky spider crawling up the side of the pumpkin looking over the entrance. Visitors will surely want to come back and make this experience a tradition every year to see what the pumpkin has in store each fall.

In addition to visiting the giant pumpkin and taking your fill of fun pictures in and around the massive structure, visitors will also be able to participate in other family activities. Get lost in the sunflower maze, a fun twist on the traditional corn maze, or if you're more of a traditionalist, you can enjoy the corn maze, new this year.

Since this is a celebration of all things fall, Sewell Farm will once again be offering pick-your-own pumpkins. So once you've made your way out of the maze, make your way over to the pumpkin patch to pick out your very own pumpkin. Pumpkins of all shapes, sizes and textures are available, so there is certainly a pumpkin for everyone!

From the pumpkin patch, you can

take a hayride around the farm or participate in a farm scavenger hunt. New this year is a more advanced scavenger hunt, for those looking for more of a challenge. The advanced scavenger hunt will weave in and out of the Christmas tree field and into the woods. For more of an elementary hunt, there will also be the scavenger hunt in and around the Christmas trees.

In addition to the new fort and scavenger hunt, the Sewells also have new games planned. Ever heard of "foot darts?" Imagine a giant inflatable wall set up similarly to a target. Players kick a Velcro ball at the target, earning points depending on where the ball lands. This is certainly a game many may not have heard of, so come on down to check it out, but if "foot darts" aren't your thing, try the soccer obstacle course, also new this year. Both games will be sure to entertain both kids and adults.

Before you leave, stop into the Christmas shop, which is filled

with both Christmas and Halloween knick-knacks and decorations. Pre-picked pumpkins will also be available for purchase, if you aren't able to pick your own as well as other fall décor such as corn, winter squash and mums.

Admission to the farm is \$7, and includes the pumpkin house and fort, sunflower maze, scavenger hunts, soccer obstacle course and hay ride to the pumpkin patch. The "build-your-own scarecrow" and "foot darts" activities are an additional charge.

Of course, once the fall season has commenced, Sewell's Christmas tree season will once again open. After a short break, Sewell's Farm will begin their Christmas season from Saturday November 18 to December 22, seven days a week.

For more information on Sewell's Farm, their fall activities, or their Christmas tree season, visit www.sewellsfarm.com/ or visit them on Facebook at www.facebook.com/sewellsfarm.



Sewell's Farm will be open every weekend September 23 through the end of October for their fall festivities. Stop by to check out their giant pumpkin and their brand new children's fort!

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REAL SCIENCE

Acupuncture and Chinese medicine

Michael Rosenthal

In an earlier article of Real Science, I spoke of acupuncture and the fact that it was often found to be helpful to people, but that no generally accepted scientific explanation of its operation had been put forward. I haven't seen anything new about acupuncture since that article, so imagine my surprise when on a recent visit to a Johns Hopkins physician that I found a brochure in the office entitled Acupuncture and Chinese Medicine, subtitled "Treating the whole person naturally," and stating "Blending Traditional Healing with Modern Biomedicine." It identified itself as a publication of "Johns Hopkins Integrative Medicine and Digestive Center." The following material in quotation marks is word-for-word from that brochure.

"Acupuncture is based on the concept that the body has specific channels or meridians through which Qi (pronounced "chee") flows. When Qi, or energy, flows smoothly, there is no pain or disease. If Qi is either deficient or excessive in quantity, or is not flowing smoothly, disease, pain, or illness results. The insertion of acupuncture needles in specific points on the skin redirects energy to bring about a healing response." The presentation then goes on to discuss the treatment procedure. "The practitioner may employ additional therapies such as Cupping, Guasha, Moxabustion, Qigong, and Asian Bodywork to enhance the

overall healing benefits of the treatment. Our patients' most common response to treatment is a deep feeling of relaxation and wellbeing."

Acupuncture and Chinese Herbology are identified in the brochure as two of the most commonly sought-after therapies of Chinese Medicine. Also referenced are "Asian Bodywork, Chinese Dietary Therapy, and QiGong, a style of healing energy work."

So what is Chinese Medicine? It is identified in the brochure as follows: "Chinese Medicine comprises a host of ancient healing principles historically practiced in Asian cultures. Over 3000 years old, Chinese Medicine uses various therapeutic techniques to promote health and prevent disease, as well as to treat acute and chronic health issues and address pain syndromes. In the United States, Acupuncture and Chinese Herbology are its two most commonly sought-after therapies, but it also includes Asian Bodywork, Chinese Dietary Therapy, and QiGong, a style of healing energy work"

And what do they say about Chinese Herbology? The brochure states, "As with Acupuncture, Chinese Herbology works at the body's energetic level, promoting the free and healthy flow of Qi. Following the conclusion of a thorough patient history, the practitioner dispenses one of more formulas designed to address the patient's health issues. Unlike Western Herbalism, where a single herb may be dispensed, Chinese Herbal-

ists typically dispense formulas that may include anywhere from two to 20 herbs or more." Following this is a specific discussion in the brochure of uses of the herbs.

Finally, there is a section entitled, "What Chinese Medicine Treats." Included in this section are tendonitis, carpal tunnel syndrome, injuries, nerve pain, osteoarthritis, headaches, migraines, addictive behavior, autoimmune disorders, cognitive deficiency, dermatological conditions, digestive disorders, anorexia, bulimia, gynecological issues, infertility, menopausal symptoms, morning sickness in pregnancy, side effects of chemotherapy and radiation, symptoms of cancer, pediatric health issues, psychiatric issues, respiratory ailments, and sexual dysfunction.

If you had shown me this brochure without identifying its source, I would have said it seems like blatant pseudoscience; however, the brochure is published by the Johns Hopkins Integrative Medicine and Digestive Center, with treatment costs, physical locations, phone number, fax number, and e-mail address, at Baltimore and Lutherville locations. The high level of credibility and public respect for Johns Hopkins, which I share, leads me to believe that this alternative medical treatment may be of genuine value.

Now let's take a look at some updates on topics we've discussed in previous articles.

We've examined the issue of moving toward energy production that is kinder to the environment, specifically reduction of the production of greenhouse gases. The problem is being addressed at various levels of concern elsewhere in the world, and a very interesting story has emerged in a recent New York Times story on Chile. Chile has established South America's first geothermal energy plant at 14,760 feet above sea level.



Over 3,000 years old, Chinese Medicine uses various therapeutic techniques to promote health and prevent disease, as well as treat acute and chronic health issues and address pain syndromes.

This plant is drawing steam from the earth which powers about 165,000 homes. Chile has made a commitment to making a transition to clean energy. The transition includes fields of solar receptors and wind farms. Chile has established a constellation of solar fields in the Atacama Desert, one of the driest and sunniest places on earth. The sun is so strong there that workers in the solar fields must wear protective suits and thick layers of sunscreen. Chile's goal is move to producing 90% of its energy as clean energy by 2050. Latin America has always been a leader in producing clean energy, having an earlier reliance on water power (hydropower) at dams. Latin America's investment in renewable energy has increased 11-fold since 2004, nearly double the global rate, making Chile, Mexico, and Brazil among the top 10 renewable energy markets in the world. Lagging somewhat but with renewed commitment, Argentina has invited foreign companies to bid on renewable energy projects and has declared 2017 to be their "year of renewables." Mexico is striving to rely on clean energy for 35 percent of its electricity by 2024, an increase of 21% over today, and setting a goal of 50% clean energy by 2050.

The geothermal plants take advantage of volcanic areas and thus dredge steam to the surface from

deep in the earth, and the cooled steam is then passed back into the earth using injection wells. This is to minimize environmental impact on the earth, a consideration that should always be taken into account.

This input of electricity has had a positive economic effect as well. Ollague is a tiny town at the Chile and Bolivian border which has undergone an economic renewal since residents now get electricity 24 hours a day. We take 24 hour electrical availability for granted, but this town, before the new project, used to lose power every night at 1 AM. Ice cream was not available there! Students left the town after eighth grade to finish school, but a high school is now in the works. Can you imagine such a situation in northern Frederick County? And now Ollague residents can be found to have laptops and smartphones!

Finally, let's get back to our earlier discussion of supplements. The following material is from Consumer Reports, one of my favorite reliable sources. The proliferation of supplements offering wonderful benefits continues to increase, some of them being very expensive. Though vitamin deficiency can be a genuine problem (my physician has me taking daily Vitamin D3), many of the widely advertised supplements are useless or even may be dangerous. Consider supplements that claim to support healthier hair and nails. As reported in The Washington Post, Peter Cohen, a medical faculty member at Harvard Medical School and an expert on dietary supplements, states "I'm not aware of any robust data suggesting that any supplements can treat natural, aging-related hair loss or nail damage, or give you healthier skin." It is well to remember that dietary supplements are not well regulated and might contain substances not listed on the label. Dr. Cohen says that if you want to do the best you can to support healthy hair, skin, and nails, you should get 30% of your daily calories from protein, be cautious with hair dye and hair abuse from blow dryers and flat-irons, and you should protect your nails by wearing cotton-lined gloves when washing dishes, moisturize your hands daily, and use moisturizing soap. Keep the humidity level in your home up at 30-50%, use sunscreen to protect yourself from ultraviolet radiation, and don't smoke.

To read past articles by Michael Rosenthal visit, the Authors section of Emmitsburg.net.



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THE VILLAGE IDIOT

This retirement thang

Jack Deatherage, Jr.

*"But oh Lord, we pay the price
With the spin of a wheel, with
the roll of the dice
Ah yeah, you pay your fare
And if you don't know where
you're going
Any road will take you there"*
-George Harrison

I heard DW's da say it several times, "Whatever you think retirement is, it isn't."

So I decided I'd not retire. Nope. I'd just drop dead at work.

Ha! I shoulda known. Few plans ever survive intact when confronted with reality. None of my plans have -ever. Of course the factory would close before I collapsed -a lifeless pile of old bones and worthless meat before the spray booth. Of course none of the businesses outside of factory work need a balding, gray bearded, pot bellied, six-eyed macaque not worth the mandated minimum wage cluttering up their work areas.

Sooo forced retirement it is.

The offspring asks me, "Enjoying retirement, eh?"
"No."

I'm just existing. Though of late I've been trying to slow the state of entropy I have found myself in. A thirty or forty minute walk each morning after dropping the DW at her parents' house to get their day started is becoming routine. With joints popping and muscles complaining I feed the beasts and ready myself for the morning's amble. With luck I'm out the front door by 6 AM. Camera in hand, I todder off looking for subjects to capture with megapixies, or pixels -depending on what I believe is happening inside the camera on any given morning. Home before the traffic picks up and the noise levels become irritating. A few minutes loading pictures on the Net for family and friends hundreds of miles away and it's breakfast time.

Breakfast has become Asian instant soups of late. Having finally ventured into H-mart in Frederick I've begun exploring a culinary world I'd only glimpsed in Asian cookbooks and nasty instant soups in foam cups bought in supermar-

kets. I top off the belly tank with a Twinkie if I have it, dried seaweed snacks if I don't. Swallow some vitamins and an occasional pain pill. Then it's naptime until DW needs fetching home.

Lunch - a seaweed based soup I build from scratch and another nap until it's time to grumble down the hill to the tattoo shop where I watch Tattoo Don, Pillar of the Community work his trade. Whether he's drawing a tatt design or pricking the inks into someone's skin there are many aspects of tattooing that I find fascinating and he seems willing, if not eager, to explain everything to me. Everything but why anyone wants a tattoo.

Obviously tattoos are the "in thing", an acceptable adornment that means something different to every individual getting one. I've seen family members sharing a design, mothers have their children's birth colors embedded in their skin as if wearing a bracelet that they are never likely to drop or misplace. People come in groups egging each other on to get their first tattoos. Others come in wanting memorials of loved pets or lost parents. Most have some cool design they want to carry to the grave with them.

When no one else is in the shop, Don and I get to talking about our childhoods and how we have come to be where we are. Him -passionate about tattooing, me -wondering if I'll ever figure out why I'm here.

"Jack, in the time I've known you I've watched you move from one interest to another. You've brought fantastic breads to the shop. Your New Orleans style muffaletta and bourbon banana

cakes with honey butter frosting are to die for. Don't bring any more of them please!

"You're passionate about gardening and I think you'd make a great teacher if you ever find the right people to build your youth garden with. You know how to turn water in to wine! You're interested in topics most people never think about!"

"Has it ever occurred to you that maybe you're supposed to learn a little about everything? That you're a facilitator?"

I ponder that idea. Don has remarked that my chatter distracts some of his clients from the unpleasantness of having their skin traumatized for the sake of a tattoo. And my fascination with the flash (pictures tattooers base their work on) has jump started First Sister back to paints and brushes. The koi she's worked into fabric and sent north left us agape.

"Do you think your sister would consider letting me sell her shirts out of the shop?"

And away I go sending tattoo flash by the dozens, arguing and cajoling until I get a "We'll see. I really like the various styles of tattoos, and painting the shirts for you is giving me the opportunity to learn a new medium. You always ask me to paint weird stuff. Which I do because it forces me to expand my skills."

"Let me think about it. Every other time I've tried to make money off some craft I've ended up losing money!"

Ahha! I introduce First Sister to Don via the Internet. With me and my lack of business expertise out of their way they decide First Sister will do a series of t-shirts with flash that appeals to wom-



As we go to press, we received word that Jack will be coming out of retirement, having too much self respect, he opted not to run for Mayor, but instead accept the position as the town's official clown.

en. Flowers and brightly colored birds in the Japanese style before moving along to clockworks and owls. But first she has to finish a fourth fish for me, and a tiger, and a crane. All of which will hang in the tattoo shop so we can gauge peoples' responses and determine a price point.

First Sister understands that Don will never sell enough shirts, nor can she paint enough, to make a living off of. Best scenario, First Sister will expand her artistic knowledge, make enough cash to pay for her supplies and have some pocket money left over. The tatt shop will draw in some new clients as word gets around the shirts are only available there. And I continue my destiny.

Yep. I'm cool with being a facilitator. Not a bad way for a gray bearded, balding, pot bellied, six-eyed macaque to survive a forced

retirement. (Though it pays nothing toward buying a bottle of now-and-then bourbon.)

Should the straw bale garden tomatoes and peppers ripen before first frost, and the pole and runners beans fill a few pods I'll be jazzed enough to reconsider taking another shot at getting a youth market garden up and running.

Oh. Last Brother is building a fishing rod for me that I will eventually need some kidlet to pass it along to. Which likely means an IWLA kid will end up with it since this burg doesn't seem to produce kids interested in much other than their little 'borg phones.

"And if you don't know where you're going Any road will take you there"

To read other articles by Jack Deatherage visit the Authors section of Emmitsburg.net.

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PETS

Leah

Michael Hillman

I've often found myself wondering while looking at cat and dog adoption posters – what did the animal do that caused its owner to give it up? In today's world of immediate gratification, for some, simply surrendering an unresponsive, or unaffectionate animal to a shelter is an easy out – sort of like trading in a car that no longer excites you for a new car.

Unfortunately, dogs and cats are not inanimate objects, they have feelings and personalities, and it's up to

us humans to take the time to figure them out.

Such was the case with Leah.

Living in the country affords you many opportunities for wildlife encounters, which includes stray feral kittens. I can remember finding Leah lying in the middle of a country road on one of the hottest days of the hottest summers in a long time. No more than six weeks old, she had struck off into a corn field from the farm where she had been born, and for what I'm sure to her seemed like an eternity, she eventually made it to the road.

The first thing on my mind was to get her home and cooled down. I took her home to my wife, and after she took a drink she looked up at the two

humans looking down at her. "We're going to have to keep her away from the rest of the cats until we know what we're dealing with."

My wife retrieved the "kitten box" from the attic. The kitten box is a large cardboard box with plenty of room to accommodate a kitten, with a litter box, room to play, food and water as well as a stuffed animal companion to keep her company. However, Leah didn't seem too keen on the box, as she voiced her opinion rather loudly about being confined. For now though, this was where Leah would remain.

That evening, after she had consumed what probably was her first decent meal since leaving her mother, I placed her in front of my computer while I worked. Leah rolled over at me, smiled, and promptly passed out.

The next order of business was a veterinary appointment. Our vet identified that Leah had mites/feline mange, roundworms and respiratory issues. So she was de-wormed, prescribed antibiotics and sent on her way. She was definitely dealt a hand of bad luck. Instead of having a happy kitten-hood, Leah was forced to live alone in a box and undergo daily baths and administration of antibiotics for a month.

At the time all of our attention was focused on the needs of the geriatric senior cats, Leah got less than her fair share of attention. With no one to play with, Leah withdrew into her own world.

Unfortunately, with her experiences as a youngster, she never truly associated human touch with a positive experience, so as she grew up, she didn't enjoy being touched. If you did dare to try to touch her, she screamed, as a result, she was miserable to have around.

This aversion to touch, of course,



Leah quickly discovered that the best place to get attention was in front of my computer.

made yearly visits to the vet challenging – for both Leah and my wife.

However, in Leah's defense, by the age of two, she had acquired a few personality quirks that did bring smiles to our faces. She developed a curiosity for opening doors, and after a while became quite good at it. She always seemed incredibly proud of her "naughty" feats in opening just about any cabinet door.

Cat enclosures are a great way to allow indoor cats to safely experience the outdoors, and in doing so, blow off steam. As expected, Leah was the first one to explore the new enclosures. She thoroughly approved, and for a while, things seemed to settle down. She still hissed at you if you tried to pet her, or pick her up, but at least she seemed happy while outside.

Seeing how happy she was, we decided that maybe we could make her an inside/outside cat, like two other cats we had. Of course, to do that would require months of training, all of which would be predicated on her accepting the leash and harness.

We held our breath as we put the harness on her and brought her outside. For the first fifteen minutes she relished exploring her new surroundings. I was beginning to feel pretty optimistic. That thought had just entered my mind when Leah turned around and saw the leash – which apparently she mistook for a snake, and promptly had a melt down. It was all I could do to throw her into one of the enclosures as she turned herself inside out.

My wife said all she saw was a flash followed by a leash as she ran through the house. By the time we cornered her and took the harness off, she looked like she looked the first day we had found her.

But we weren't ready to give up on Leah yet – we just needed to figure out what she was saying. It occurred to us that she was forever clawing at the window of the back door, as if wanting to go out, all the while yowling the same cry she did late at night. So one day I picked her up, held my breath, and carried

her outside. For the first time in what seemed like years, she purred. She was quite content to be held in my arms. Her head bobbed and weaved as she took in everything around her. When I put her back in she ran into the enclosure and began to yowl again. So I went out, opened the enclosure door, picked her up, and walked around the house with her. This time, when put down safely inside, she trotted off, grabbed a quick bite of food, and went to bed.

The next day, she repeated it with my wife, who took a more leisurely walk around the property with Leah in her arms – all the while Leah purred and gawked. Gone, for at least a short time was the hissy cat we had known for the past five years.

Now, whenever she sees anyone returning home, Leah rushes to the cat enclosure where she waits for the 'ride' that she knows will come. The 'rides' have made her much more approachable inside as well. She now relishes pets, and even comes to seek them out.

Leah now has a 'thing' of her own. The 'thing' that sets her apart from every other animal in the house, a 'thing' we are only too happy to indulge her in, and a 'thing' we will remember the most fondly when she is a distant memory.

It took us five years to figure Leah out, but we finally did. I'm glad she never gave up on us – or us her. She now will come and show signs of affection by rubbing on our arms or legs, something we thought we would never, ever, see. Age seems to be helping Leah mellow out a bit, in conjunction with the cat enclosures of course.

As the old saying goes, good things take time. So before you decide to toss away that unresponsive dog or cat, ask yourself – ask yourself: "have I really tried to figure their 'thing' that will make them feel special out?" If not, you may be tossing away a lifetime of happy memories for both you as well as them!

To read others articles by Michael Hillman visit the Authors section of emmitsburg.net



Leah had to endure multiple baths as a kitten to cure her of mites/feline mange.



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Picking a horse trailer

Kimberly Brokaw DVM
Walkersville Vet Clinic

The second most exciting thing (after buying a horse) for a horse person is buying a truck and trailer. There are lots of things to consider on the purchase of a trailer. Depending on your plans, your needs may vary. If you are planning on doing local trips to trail ride then an elaborate living quarters with shower and kitchen are probably not a high priority. However, if you're planning on elaborate week long camping trips then a nice living quarters would be desirable. Another factor to consider is the number of horses you need to fit in the trailer. If you're a trainer going to shows then you may need to transport 4 or more horses at a time. However your average person is looking at getting a 2-horse trailer, possibly with a small tack room.

While it is fun to be able to show off to friends a fancy trailer complete with a blender and margarita machine, the most important part is, does it safely transport your horse? A used trailer should be inspected by someone knowledgeable in trailers. Floors rust and rot. There is nothing worse than driving down the highway at 55 mph and having your horse fall through the floor of the trailer and onto the highway because you did not have the trailer floor inspected. Tires rot.

When I was a 17 year old, learning to drive a trailer, I had two flat tires while bringing my horse home from pony club camp. Although the tires had been inspected 8 months prior, they were old and had developed dry rot. Fortunately, I was close to home, was able to change one tire, and was able to get my horse home before the second tire became completely flat. A friend had their horse trailer catch fire because the trailer had not had regular maintenance and the wheel bearings had not been replaced. Having your trailer catch fire is also a highly undesirable scenario.

In addition to making sure the trailer is safe and in good repair, look at how the trailer is designed. Does the horse have plenty of headroom? Is there enough space? If you are in an accident can you easily access all the horses? While slant load trailers are popular, I personally hate them. There is not enough room for your larger horse so you end up stuffing them in. If you are in an accident, the middle horse in the slant is difficult to get to if it needs treating. Features such as built in mangers, that are common in small two horse trailers, have pluses and minuses. If your horse panics and ends up climbing into the manger, it may be very difficult to get him out of the manger without major injuries.

Make sure your trailer and towing vehicle are compatible. Trying to pull a 3,000 lb trailer that has two 1200 lb horses, while using a small SUV with a 5,000 lb towing capacity is a recipe for disaster. Make sure your hitch is rated for the weight of the trailer that you are purchasing, and that the trailer ball size matches the trailer. Get a good trailer shop to inspect your towing vehicle and trailer to be sure everything is compatible and in good working order.

Even if you've done everything right when selecting a safe trailer, horses still can get injured in them. One of my clients was driving her horse back from a farrier appointment. Twinkles is an upper level performance horse that requires glue on orthopedic shoes in order to stay sound. He has competed at multiple shows, is an expert at get-

ting in the trailer and rides well. His owner is an experienced, cautious driver who has a very nice spacious horse trailer so Twinkles always got on the trailer willingly. On the way back from the farrier appointment Twinkles' owner was cut off by another car and the owner had to slam on the trailer brakes to avoid crashing into the car. She heard and felt Twinkles scramble in the back of the trailer but as she was close to home continued to drive there figuring she would check on him in a few moments and see if he was okay.

When she got home and unloaded Twinkles she realized he was hurt. When she slammed on the brakes, he'd hit his head and had lots of abrasions and one laceration that needed stitches. I was called out to the farm. Upon examination I found Twinkles was alert but clearly in a lot of pain. I gave him some sedatives and pain medications and proceeded to examine him. He had significant bruising on his head. In addition to the puncture he had broken the bone above his eye. I pulled out a few bone fragments and thoroughly washed out the wound. I cautioned the owner that I might not have removed all of the pieces of bone and it was possible that it might get infected later. I offered to refer her to a hospital if she wanted a CT scan or a surgeon to examine her horse. As it was she elected to treat him on the farm and when I came out the next day he was actually doing very well. Obviously he was still painful but the swelling was down and he was eating



Having the right truck and trailer not only makes a rider's life better, but also may, in the end, save the life of your horse.

and seeming comfortable considering the trauma.

Luckily Twinkles was in a good trailer with good brakes so while he did get hurt, it wasn't catastrophic. When you're driving and you see a horse trailer please give them plenty of space. Not only can trailers not stop as quickly as cars but when they do have to brake quickly the horse may be injured.

After you purchase your trailer,

it is time to go out and enjoy it.

One of the best parts of owning a horse and trailer is being able to go out and ride the trails at our local parts. Gettysburg, Union Mills, Morgan Run, Woodstock, Little Bennett, and the C and O Canal are all great places to take your horse and have fun!

To read other articles by Dr. Brokaw visit the Authors section of Emmitsburg.net



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THE MASTER GARDENER

Fall shrubs and trees

Mary Ann Ryan,
Consumer Horticulture
Penn State Extension
Adams County

As fall approaches, many of us spend our time rushing to and from school, meetings, and many other fall activities, often missing the wonderful things nature has for us to enjoy. Take a break and look at the beautiful gardens nature has provided. Ever wonder what those plants were that are holding their berries? Or the tree that has bark peeling from the trunk? How about those shrubs with red or yellow stems by the creek?

Many plants will come to life through colorful leaves and bark beginning in late September. Fall is the second best time to plant, so why not design a fall/winter garden? Many garden centers will receive fresh stock in August and September, so you may have a great selection to choose from. It is important to carefully choose, place and plant your trees and shrubs. The trick is to know what the effect is that you may want, design the area for an all-season garden focusing on the fall and winter, and choose the right plant for that particular location.

We can create these gardens with just a few good choices of plants that will thrive in our climate. When thinking about designing a fall and winter garden, let's think about texture and form. Unless you

choose an evergreen shrub, leaves will be leaving us this time of year. So bark, color and form become a high importance.

If you are in the planning mode, measure the area that you will be working and commit it to paper. This will allow you to see the space you are planting and work through the design of the garden. When you do this, it also allows you to learn about the plants, see on paper the potential size of the plants, and therefore determine the right plants for the location.

Visit nurseries and garden centers and check out what is available. Many trees, like sweetgum, sourwood, red maples and serviceberry offer wonderful color in the fall. Shrubs, like oakleaf hydrangea and fothergilla are also beautiful during the fall and winter months.

Many shrubs offer beautiful berries, like red chokeberry, inkberry holly and callicarpa that may hold their fruit through the winter. Consider mixing plants that have fall and winter interest with the plants that you enjoy in the spring and summer. Here is a short list some plants you may want to try.

- Hydrangea quercifolia, oakleaf hydrangea, is a large shrub that not only has summer interest with its big, white conical flowers, but also has terrific red to purple fall color. The bark on the shrub is a cinnamon col-

or and peeling. A native shrub it is grown best in part shade, this plant will be generous with its fall color. Typically reaching a height and spread of 6', this plant should be sited in a shrub border or as a specimen plant. Dwarf cultivars are available as well. Well drained soil is its preference.

- Fothergilla gardenii is a great native small to medium sized shrub reaching 4 -6 feet in height as well as spread. It's not only showy in the spring with its white, bottle-brush flowers, but the yellow, orange, and red fall colors are spectacular. This plant is a slow grower, making it a good choice for foundation plantings. It does prefer an acidic soil with good drainage and part sun to full sun.
- Aronia arbutifolia, red chokeberry, has proven to be another spectacular native plant for fall and winter interest. You can enjoy this plant's bright red fruit from September through January as well as its red fall color in October. It tolerates most soil types, but does prefer well drained soils. It will reach 5'-6' and is a good selection for the shrub border.
- Callicarpa japonica, beautyberry, is a shrub that will stretch 4' to 6' in height. It likes full sun to part shade and gets lovely purple berries in the fall – hence the fall attraction of this shrub, as purple is not a common color this time of year. Use this plant for a shrub border, or mix it in with some spring blooming plants. The stems with berries are great for indoor arrangements.
- Lindera bezoin, spicebush, shows a great yellow fall color. This plant is known for its fragrant stems when broken. However, the yellow color mixes wonderfully with the oranges and reds of the fall palette. It likes part shade to full



The peeling bark of a River Birch adds interest to any garden.

sun, but becomes more open and wild the more shade you provide it. It is a large shrub, potentially reaching 8', making it a good native plant for the shrub border.

- Liquidambar styraciflua, sweetgum, is a large native shade tree reaching 60-75' in height. The beautiful tree offers tons of fall color – colors ranging from yellow, orange, red and purple. It wants full sun and will grow well in most soil types. The star-shaped leaves give this tree an interesting texture through the summer months.
- Nyssa sylvatica, or blackgum, is a tree often overlooked. This native tree has a habit very sim-

ilar to the pin oak. The canopy is pyramidal in shape, like the pin oak, but the leaves are oval. The fall color is one of the best of our native trees, changing from dark green in the summer to a brilliant scarlet in the fall. It will stretch to 30 – 40 feet, but is slow growing, making it a good street tree and nice large specimen tree.

- River birch, Betula nigra, a native tree to river and creek banks as well as marshy areas, has interesting bark. The cinnamon colored peeling bark is exciting in all four seasons. The leaves on this tree are small, and the canopy is not dense, allowing the bark to be visible in and out of leaf. This tree will reach 50'. This tree will thrive in moist soils, but lucky for us, it is very versatile, adapting to drier locations as well. In a grouping of three or five, this selection is outstanding. Use it as a plant grouping in the yard, or as a single tree as a specimen in a foundation planting. Grown in clumps or single stemmed allows for a variety of design styles, from a more natural look to a formal appearance.

The paperbark maple, Acer griseum, is one of my favorite trees. This slow-growing tree offers a cinnamon colored, peeling bark on the trunk and branches. It is a slow grower that likes part shade to full sun and reaches about 20-25'. It's not fussy about soil, but don't place it in a really dry location. Well drained soils are best. This is a great

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THE MASTER GARDENER

Small Town Gardener Preparing for the end of the season

Marianne Willburn

There is an end to every good party and thankfully, every bad one, but whichever one your garden has taken you to this year, it's time to start hunting for your coat and keys.

You might have exited early – wearied by the interminable small talk and tedium necessary to sustain the first half of any gathering. But if you stuck it out and began to reap the rewards, there's a good chance you may not want to say goodbye. You might still be giddy from an exciting encounter with a late season canna, or thrilled (like me) to have witnessed the pairing of *Ruellia britoniana* 'Purple Showers' with *Miscanthus sinensis* 'Morning Light' that happened in the back beds while everyone was examining new arrivals for interesting personality traits.

Yet leave we must – and how we leave very much determines what we'll be invited to next year.

The metaphors (sadly for my editor) are endless. Will you hang on till the bitter end – sipping the last of the wine, nibbling at the chip crumbs and trying to convince yourself and the hostess that there is still a party going on? Or will you begin to tidy up in the kitchen – aware that putting leftovers in the fridge and running the dishwasher might make things a lot easier for everyone tomorrow?

I'm in the former camp due to a personality

that craves a bit of organization – but at the same time I'm anxious to get the most out of my autumn garden.

Systematically winding down just makes everything easier.

One of my first fall chores is determining which potted plants will come in this year and preparing them for that eventuality. They must be checked for pests such as mealy bug, scale or spider mite and treated as necessary, then brought inside before wild temperature fluctuations encourage dormancy and leaf drop. Omitting this crucial step and hauling them in when temperatures threaten the freezing mark is to subject my inside spaces to weak, spindly plants in mid-January.

Staying on top of late-season weeds in established beds is also a huge priority for me. After so much work planting them up, it makes little sense to allow opportunists to seed themselves for the following season. This is so worth the time you can make to stay on top of it.

A really good tidying of the potting shed and garage is also in order by mid-September. Doing so makes it easy to bring in totes of canna rhizomes and large ceramic containers as well as other nonsense that needs protection over the winter. It also allows me to locate trays and sowing supplies that will be required shortly after the last celebrity rendition of 'Jingle Bell Rock' is piped over Pandora.

I am also taking small cuttings and potting up pups of tender succulents that I wish to overwinter such as *echveria*, *crassula*, *kalanchoe* and *aloe*. This way I can dispose of overgrown plants that would take up far too much room on a crowded light table. They will join softwood cuttings of boxwood I am trying to propagate to increase my stock.

There are plants being moved and/or planted (and that's one of the thrills of the season), but there are also shrubs and small trees (such as *crepe myrtle*) that must wait for a spring shovel or be killed over the winter.

If they're marginally hardy in our Zone 6/7 climate, a good rule of thumb is to wait to transplant and instead cover the pot with a good pile of mulch over the winter. There are exceptions to this rule. For instance, Zone 4 red buds do better for me (read: live) if they are spring transplanted – but overall if the plant is finicky, I wait and mark them with tags to jog the memory in March.

There is a pleasant satisfaction to ending the growing season on my own terms. There will be years I don't mind being thrown out on my ear, but when I think of all the brush clearing to be done in January and February, it makes sense to take a rest between parties.

Marianne is a Master Gardener and the author of Big Dreams, Small Garden.. You can read more at www.small-towngardener.com .

selection for a specimen tree or focal point in the garden where the tree bark and color will be visited on a more personal level.

So why plant in September and October? Warm soils in the fall will encourage root growth of plants and typical rainfall in our area reduces the amount of watering that gardeners need to do – and – the weather is so much cooler to work in the garden. Because of better root development in the fall, when spring arrives, the plants have a much better start when compared to plants planted in the spring. Then when the hot dry weather of summer hits, the fall planted plant will be well established and therefore, can withstand the tough summer environment.

Container grown plants as well as balled and burlapped plants do well planted during this season. If planting a container grown plant, be sure you break up the root system before placing it in the hole. This will encourage the roots to grow into the existing soil. A balled and burlapped and container plants can be plant-

ed well into the late fall until the ground freezes. These plants move best when they are going dormant, because the roots are disturbed when digging. Just be sure to roll back the burlap from the top of the ball, and cut all string from the ball, especially around the trunk.

Whether planting a container or balled and burlapped plant, be sure you don't plant it too deep, the top of the soil ball should be level with the existing grade. Be sure to water the plant well after planting.

Imagine your garden with a variety of plants for fall color. The plants discussed here are just the "tip of the iceberg"! Many more plants are available on today's market, and with the love of gardening growing, many more selections will become available to us. Enjoy your garden, whether old or new, and always continue to learn about nature's wonders!

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COMMUNITY NOTES

Want Wellness? Try mindfulness

Fads come and fads go, and so do many other exercising techniques, but there is one program that is most certainly not a fad, and that is Yoga. After all, Yoga has been around for more than 5,000 years, but what is Yoga? Many of us associate Yoga with bending and stretching into weird positions, but Yoga is much more than the physical perception most of us envision. Yoga is a total mind and body workout that combines strengthening and stretching poses with deep breathing, meditation, and relaxation. Yes, relaxation through the stretching, breathing, and one of the most important components—meditation for the mind!

The Mind—key word here. The Thurmont Main Street Center will be hosting a series of workshops for Mindfulness in September, but what is Mindfulness? According to Psychology Today, “Mindfulness is a state of active, open attention on the present. When you’re mindful, you carefully observe your thoughts and feelings without judging them good or bad. Instead of letting your life pass you by, mindfulness means living in the moment and awakening to your current experience, rather than dwelling on the past or anticipating the future.”

So what about the stretching and bending part of Yoga? According to Web MD., “There are many

types of Yoga, from the peaceful hatha to the high-intensity power Yoga. All types take your workout to a level of mind-body connection. It can help you relax and focus while gaining flexibility and strength. Yoga can also boost your mood. Yoga is not competitive. Focus on your own practice and don’t compare yourself to other people in your class. Practicing Yoga has many potential health benefits including relieving low back pain, assisting with stress management and is practiced by all ages.”

Yoga and Mindfulness is mental state achieved by focusing one’s awareness on the present moment, while calmly acknowl-

edging and accepting one’s feelings, thoughts, and used as a therapeutic technique. Want to create a healthier mindset, destress, and learn techniques without bending and stretching? Then join us for mental wellness workshops on Main Street in September. If you are too occupied in everyday tasks, and no time to think about anything but what your next task is, then these workshops are for you! Make time for Your Mindfulness! Join us for Mindfulness on Main Street with Seminars/Workshops with Instructor Jon Phebus, RYT/CALC Thursday nights from 6:30 – 7:30 at the Main Street Center.

Apart from the regular classes,

there are also classes available for beginners. Yoga on Main at the Creeger House - for absolute beginners, community spirit all ages / families/ all levels welcome! Every Saturday in September starting September 9, from 11 a.m. – Noon. Held in the beautiful backyard of the Thurmont Historical Society’s Creeger House, parking is located at the Creeger House located at 11 North Church Street. Please bring a mat. In lieu of a normal class price, the fee for these classes is by donation. In the event of rain, class will not be held.

For more information on the Mindfulness workshops and Yoga on Main Street contact Jon at jon@yogatoyou.us Jon Phebus is a Registered Yoga Teacher (RYT)

Rocky Ridge Carnival wraps up carnival season

Most carnivals in this day and age feature bright lights, rides, and other amusements. Rocky Ridge’s annual carnival doesn’t feature any of these modern-day carnival staples, but huge crowds showed up every night to experience the event. Games of chance including a gun raffle, money wheel, and chance jars were extremely popular among the over-eighteen crowd in attendance. Underage attendees enjoyed other games including a soda toss, goldfish, hermit crab, and lizard toss, and dime pitch. People of all ages could be seen playing bingo, go-

ing on hayrides, and taking a trip down the famous Mt. Tabor Park Slide. The slide is thirty-five feet high and one hundred feet long, the longest and steepest slide in all of Frederick County. The slide was built over sixty-five years ago, in 1950, but a large fire destroyed the slide less than a year after it was built. However, the community of Rocky Ridge rallied together to rebuild the slide so it could be enjoyed for generations to come.

The food and music at the Rocky Ridge carnival are strong draws for those that continue to come back year after year. Hamburgers, sloppy

joes, ham sandwiches, crab cakes, french fries, and Breyers ice cream could all be found at the various food stands. As for the music, live bands played every night of the carnival. On Monday night, Debbie Williams and Band provided entertainment, while the Faith Boyz and the Carroll County Ramblers played on Tuesday night. Wednesday’s entertainment was provided by the Catocin Mountain Boys, LODI performed on Thursday, The River Band provided the tunes on Friday, and The Hazards finished out the week on Saturday. People both young and old could

be seen enjoying the food and listening to the music every evening.

The annual parade on Wednesday night was one of the most popular events of the week. Children of all ages sat along the street, bags in hand to collect the candy thrown by the floats. Some local dignitaries, including Chuck Jenkins, Frederick County Sheriff, and Abigail Hampson, Frederick County Jr. Miss Fire Prevention, were spotted towards the beginning of the parade. Emergency vehicles representing Rocky Ridge, Emmitsburg, Thurmont, Libertytown, Lewistown, New Market,

New Midway, Graceham, Wolfsville, Walkersville, Union Bridge, and Fremont County were present. A battering ram vehicle recently purchased by the Frederick County Police Department was featured at the front of the parade. Political candidates Kathy Afzali and Kirby Delaugter were seen on floats trying to earn support for the upcoming elections. The antique vehicle category was highlighted by a 1930 Ford Model A, and a 1930s Ford Model T with an original rumble seat. The Harmony Cornet Band,

continued on next page

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COMMUNITY NOTES

continued from previous page

one of the oldest bands in the state, and the Catoctin Aires provided entertainment during the parade. Other groups present included Girl Scout Troop 81178 and Korean Vets Chapter 142. Many businesses provided floats for the parade including Black's Funeral Homes, the Rocky Ridge Mini Circus, and the Speak Family Antique Trucks and Vehicles.

Hot temperatures may have affected the turnout, nonetheless, at least a couple hundred people showed up every night, with the highest number of attendees being Wednesday after the parade.

Some of those in attendance said they have attended the carnival every year, while others haven't been in a long time. "We haven't been here in at least forty years," Ron and Bonnie Albaugh, two locals from Rocky Ridge, commented, "the last time we were here was in 11th grade when we played with the Thurmont High School band in the parade." The carnival is hosted and run by the Mt. Tabor Church every year. The church also hosts other events at the park throughout the year. Next up will be the Fall Festival during the weekend of October 14th and 15th.



A right of passage for all kids attending the Rocky Ridge carnival is the opportunity to slide down the three story tall wooden slide at the fairgrounds.



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HEALTH NOTES

Fight against Alzheimer's disease

Kelsey Shupe
Frederick Memorial Hospital

When President Ronald Reagan designated November as National Alzheimer's Disease Awareness Month in 1983, fewer than 2 million Americans had Alzheimer's. Today, nearly 5.4 million people are suffering from the disease. As the disease affects more people every year, it is important to understand the warning signs, get screened, and take advantage of public information and resources.

Know the Warning Signs

Alzheimer's is the most common form of dementia, accounting for 60 to 80 percent of all dementia cases. It worsens over time and there is no cure, although there are treatments available that can delay the symptoms and improve quality of life. If you feel that you or someone you love may be suffering from Alzheimer's, it's important to know the 10 warning signs that could help you detect it early.

A common symptom of early-stage Alzheimer's is memory loss that affects daily life. Forgetting information that was just recently learned, important dates or events, and asking for the same information, multiple times are all symptoms of memory loss.

Many people in the early stages of Alzheimer's lose the ability to follow a plan or work with numbers; they have difficulty completing tasks they would otherwise consider simple.

Someone who is suffering from Alzheimer's may struggle to remember how to drive somewhere they've driven many times before, or forget the rules of their favorite game.

Losing track of dates, seasons, and the passage of time is a warning sign of Alzheimer's. A person suffering from the disease may forget where they are and how they got there.

They may also misplace things and forget how to find them. Putting items in unusual places or accusing others of stealing is not uncommon.

Other potential warning signs in-

clude difficulty following or joining a conversation; poor decision-making; vision problems; withdrawal from work, family, and social obligations; and changes in mood.

Get Screened

If you or someone close to you is suffering from any of these 10 warning signs, it's important to schedule an appointment with your doctor immediately. Early detection can make all the difference in quality of life for both those diagnosed with Alzheimer's and their caretakers. You can also take advantage of treatments that could lessen symptoms and help you or your loved one maintain as much of their independence as possible, for a longer period of time. Early detection gives you and your family more time to plan for the future and make decisions about care, transportation, living options, and legal matters.

Many people dismiss the warning signs as "senior moments" or something less serious than Alzheimer's. A screening could be vital to getting



someone suffering from Alzheimer's the treatment they need.

Resources for Families

There are 15 million Americans pro-

viding unpaid care and support to family members with Alzheimer's or other forms of dementia. In 2016 alone, these same caregivers provided an estimated 18.2 billion hours of care valued at over \$230 billion. Nearly 35% of them reported their health had declined due to their responsibilities to their loved ones. In comparison, only 19% of those who cared for elderly loved ones without dementia felt their health has gotten worse.

It's important for families on this journey to know they're not alone. Alzconnected.org allows caregivers to connect with an online community of people who are impacted by Alzheimer's. Here, families can find advice from other supporters, and get the strength they need to keep moving forward.

Local Resources for Alzheimer's Care & Support

If you're looking to connect with someone face to face, support groups are available right here in Maryland. Individuals with Alzheimer's disease as well as their family, friends, and caregivers meet regularly once a month. They create a safe place for patients to go where people understand them, and caregivers can find emotional and spiritual support too. Call the facilitator listed at your local support group to become a member.

The Frederick County Health Department and the Frederick County Department of Aging are two local resources available to Frederick County residents that provide information and assistance to people suffering from Alzheimer's and dementia.

New Alzheimer's Research Study at Frederick Memorial Hospital

Frederick Memorial Hospital's Imaging Services Department is the only registered specialist site in Frederick County to participate in a new \$100 million study called Imaging Dementia Evidence for Amyloid Scanning (IDEAS) Study. IDEAS is sponsored by the American College of Radiology (ACR) and American College of Radiology Imaging Network (ACRIN), with funding and direction from the Alzheimer's Association.

Visit FMH.org and search IDEAS Study to learn more.

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Kathy Iverson is a breast cancer survivor and Frederick County resident.



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Mount hosts National Envirothon

Edison Hatter

Mount St. Mary's University recently hosted a national environmental competition during the week of July 23. However, many people were not even aware that the event was taking place right in their backyard. The competition is open to high school students from all over the United States, Canada, and even China. This year, fifty-four teams competed in the national event, representing forty-five states, seven Canadian providences, and two Chinese providences. Teams of five students compete in five different knowledge areas: soils/land use, wildlife, forestry, aquatic ecology, and a fifth issue that changes every year. The fifth issue for 2017 was agricultural soil and water conservation stewardship. At the national level, teams must present a twenty-minute solution to a "problem" relating to the fifth issue.

Teams first compete at the county and state levels before earning the right to attend the national competition. Locally, a group of Catoctin High School students, known as the "Mudcats", won the Frederick County competition and traveled to the eastern shore for the state competition in the middle of June. The team of Alyssa Baker, Brietta Latham, Edison Hatter, Jimmy Kempisty, and Devin Shorb finished fourth overall at the state competition, just six points behind the winning team. However, they did finish first in the soils category and won a pair nature prints for the school to display. Their coaches were April Wells, a science teacher at Catoctin, and Ron Albaugh, a local Envirothon legend. Albaugh coached Middletown's team over twenty years ago and took two teams to Nationals, finishing sixth in the 1995 competition in Idaho and second a year later in Nebraska.

While the Catoctin High School Mudcats did not compete at the national event, Maryland did have some local representation as Carroll County's Venturing Crew 202 finished

tenth in the national competition. The Venturing Crew is similar to a Boy Scout troop, but is co-ed and open to boys and girls ages fourteen to twenty-one. The team, made up of members Abby Bollinger, Lilianna Bowman, Nate Bowman, Heather Fettke von Koeckritz, and David McDaniel, said that they met their own expectations and were very proud of their tenth place finish this year. "We all had very busy summer schedules," Bollinger commented, "and we didn't have much time to study together. We were lucky to get two or three of us together at a time." The team believes that the lack of studying together may have hurt their scores a little, but definitely felt they had an advantage being the home state team. "Having the National Envirothon just thirty minutes away was a huge advantage," Bollinger added, "we were able to study most of the same material from the state competition to prepare."

While Carroll County's team was unable to bring home the national title for Maryland, the big winners were not far away as Penncrest High School's team won the event with 635 points. Penncrest is located in Media, PA, just thirteen miles outside of Philadelphia. Their coaches, Mark Samilenko and Chrissa Kuntz, were both inducted into the National Envirothon Hall of Fame this year for all their years of dedication to the competition. In the twenty years they have coached the team together, Samilenko and Kuntz have won an incredible twenty-four consecutive county titles, thirteen state titles, and four national titles. "We had no idea that we were going to win," Samilenko commented after the awards ceremony, "it was a huge shock. The kids were anxious, it was a lot of pressure, but they worked very hard and performed well."

The team from Pennsylvania won three categories: the fifth issue, wildlife, and forestry. Meanwhile, Missouri won the soils competition, New York won aquatics, and Illinois won the presentation round. Overall, New York finished second and New Mexico finished third.

While almost twenty-five indi-



Teams compete in five different knowledge areas: soils/land use, wildlife, forestry, aquatic ecology, and agricultural soil and water conservation stewardship.

viduals on the Maryland Envirothon Committee helped organize the event, Thurmont native and co-chair of the Maryland Envirothon Host Committee Barry Burch was a key part of making the event happen, not just this year, but also in 2003 when Mount St. Mary's hosted the event as well. For his almost thirty years of dedication to the Envirothon program, Burch was inducted into the National Envirothon Hall of Fame, joining Craig Zinter and Craig Hartsock as the only Marylanders in the hall of fame.

Burch first submitted the proposal for Maryland to host the 2017 event almost four years ago. Soon after, the plan was accepted and Burch had to fundraise almost \$200,000 to ensure the event could be held. Many people donated to the cause, some giving just a few dollars, while some larger sponsors gave thousands. "It was stressful trying to raise that much money in such a short time," Burch commented, "if not for our large sponsors, including the Maryland Department of Natural Resources, Maryland State Soil Con-

servation Committee, Maryland Department of the Environment, NAI Michael, National Resources Conservation Service, Maryland Department of Agriculture, Maryland Association of Soil Conservation Districts, Smithfield, and Rural Maryland Council, this event may not have been possible."

Burch also added that the competition was an opportunity to "show off all that Maryland, America in miniature, has to offer" and "provide an opportunity for high schoolers to interact with natural resource experts." The students visited the Herbst's family farm, better known as Misty Meadow Creamery, in Smithsburg for training sessions before the competition.

The competition itself was held at the Zene Wolf family farm in Wolfsville. Other stops during the week included Catoctin Mountain Orchard and the Loy's Station Bridge. After dinner each night, participants heard presentations from local speakers, including Mark Spurrier of the Scales and Tales program and Adam Dunn of the Chesapeake Bay Foundation.

Both Spurrier and Dunn were participants in the Maryland State Envirothon during their high school days.

On the day after the competition, the group had an "Educational Day" and explored the National Mall and the Lincoln Memorial. Afterwards, they headed to Sandy Point State Park for a dinner of Maryland blue crabs and catfish. Nearly 50% of the four hundred students and advisors picked crabs for the first time in their life. While the Envirothon has come and gone for this year, next year's competition is on the horizon, and Burch encourages those interested to get involved in the event. "If you're a high school student that's interested in the competition," Burch advises, "get outside, explore nature, get experience in outdoor nature programs, and join your school's team next year."

To learn more about the Envirothon, visit envirothon.org for the national event and mdenvirothon.org for the Maryland event or contact a local high school science teacher or soil conservation district.



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WWI NEWS REPORTS FROM THE FRONT

Russia begins descent into chaos



German Kaiser Wilhelm and his troops celebrate the German occupation of Riga, which opened the door for a German advance on Petrograd, the Russian capital.

September 7

In response to questions regarding plans for a winter campaign, Maj. Gen. Pershing declared "the American people must learn the meaning and value of patience, and not to expect that the expeditionary forces that landed in Paris can be rushed immediately to the front-line trenches. To put an inadequate, insufficiently supplied force into actual combat," he said, "would merely be making a mistake, which the Germans unquestionably have hoped and expected the United States would make. When America does take her place in the line, shoulder to shoulder with the other allies next year, she will be fully prepared to go through the summer campaign and make the Germans feel the full weight of her military power.

"Those of us who have fully studied the situation and know what is necessary to be done," said Gen. Pershing, "are anxious that the troops at home shall strive to realize the immensity of the task in which we are engaged, and shall, through patience and confidence, help us to accomplish that task in the shortest possible time.

"We came into the war without an Army. We have always been a peace loving people, and undoubtedly the great majority of us hoped we should be spared war. So now we must build an entire new organization, and build it so big and so strong that we can take our place

along with our allies, who already have had three years time and experience."

"I realize how very difficult it is for the people at home to visualize the war, to visualize the effort that lies behind the war. Our problems are greater than any France or Great Britain had to solve, but we are solving them and will continue to do so."

"It is impossible to create a vast fighting machine merely by the wave of a wand. I wish that it were possible to do so and that we might be fighting the Germans this minute. We know that the only way to defeat the German Army is to hammer it and keep on hammering it. That is what we expect to be doing with all our fresh strength and enthusiasm during next year's campaign. But until we can properly take our place in the line, the people must be patient and as confident as we are; we know what we are doing and what we must do."

After a week of comparative inactivity along the Western Front numerous signs of a revival of fighting are appearing. In preparation for an Allied push, the Germans are reported to be removing the civilian population from districts extending twelve miles or more to the east of the present front in West Flanders. One theory for the reported evacuation is that the German command, dreading the effects of the next drive, is preparing to flood the lowlands, thus blocking any movement by the Allies. Another supposition is that the Germans, lacking the manpower to

hold the present line firmly enough, are preparing for another strategic retreat.

Meanwhile, on the Eastern Front, German troops have crossed the Dvina River, Southeast of Riga and are advancing in a northerly direction. In response, the Russians have withdrawn from Riga.

With Riga abandoned and the potential German occupation of Petrograd looming, the seat of the Russian provisional Government undoubtedly will be moved to Moscow. Much as they may regret seeing the Russian capital occupied by a German army, the forward thinking men of Russia, working to set up a government, may regard it as a blessing in disguise.

There are many advantages to moving the Russian capital to Moscow. It is held in almost religious regard by the Russian population as the ancient capital of the old empire, surrounded with traditions of Russia's greatness - the triumphs of Alexander, Catherine and Peter the Great.

Furthermore, some of the members of the new government are said to think the German occupation of Riga and Petrograd might be a wholesome lesson for the radical elements which have been hampering the new government, and that experience under the military heel of Germany might convince them of the need to support the government as now constituted to save their Fatherland for the Russians.

Those disposed to regard the extension of the German lines further into Russia as being of any little military gain to Germany, recall the old adage that King Winter was too much for Napoleon. They point out that Germany only takes on the task of caring for an army frozen in far from base. Instead, they believe Germany's chief objective is the effect on the political situation in Russia.

The possible ultimate military consequences of the loss of Riga are difficult to estimate. The right flank of the entire Russian Western Front was anchored on the Gulf of Riga. It is too early to see if the Germans will be content with the occupation of the Baltic Sea port the Russians have left them, or, if an attempt will be made to swing back the entire Russian line on this front, creating an opening for an operation with Petrograd as the objective.

Riga had a population of more than 500,000 persons before the war, and aside from Petrograd, is the most important Russian commercial city having access to the Baltic. It had a large German population before the opening of hostilities and was founded in 1155 by German merchants. The city passed through the control of various northern nationalities during the centuries and finally, in 1721, it was incorporated into the Russian Empire.

The Germans long have had their eyes upon Riga. At the close of the great campaign of 1915 when Poland was overrun, an extraordinary effort was made by Field Marshal Hindenburg to advance towards Riga. The Russians at that time, however, were able to hold their grip, being aided by the advent of winter.

A leading German military expert considers that with the capture of Riga, operations on the Riga front have ended.

It is considered too late in the year to advance further, as that would require the construction of new roads and the establishment of depots. The approach of the wet and cold season militates against a real push towards Petrograd at present, it is held, even if Hindenburg had the men to spare for the difficult task.

September 14

Russian Premier Kerensky has declared that a state of war exists in Petrograd. He has ordered Gen. Korniloff, the Commander-in-Chief of the Russian armies, to resign, in consequence of Gen. Korniloff's demand for supreme power.

Members of the Russian Cabinet today told the Associated Press that the Provisional government regarded Gen. Korniloff's demand as an act of rebellion, which must be ruthlessly suppressed. The Soldiers and Workmen's body, has ordered all Army organizations to obey the Provisional government against the conspiracy, stating that Gen. Korniloff will be punished for treachery.

In response to repeated questions Kerensky issued the following statement:

"On September 8, a member of the Duma called upon me, in the name of Gen. Korniloff, to hand over all civilian and military powers to the generalissimo, who would form a new government at his pleasure. The authenticity of the summons was afterwards confirmed by Gen. Korniloff himself, who had a conversation with me over the direct telephone wire."

"The summons, addressed through me to the Provisional government, was an attempt by certain quarters to profit by the difficult situation of the country and establish a state of things contrary to the revolution. In response, the Provisional government has charged me to take all urgent and indispensable measures necessary to cut out this root of evil against the supreme power and rights of the citizens won by the Revolution."

"I, therefore, have ordered Gen. Korniloff to hand over his functions to Gen. Kiembevask, Commander-in-Chief of the Armies of the Northern Front. Second, I declare a state of war in the town and district of Petrograd. I appeal to all citizens to remain calm, and maintain the order necessary for the welfare of the Fatherland."

Russian embassy officials believe that the actions of Gen. Korniloff were motivated by elements of the Council of Workers and Soldiers delegates opposed to enforcement of the death penalty for mute soldiers. Representatives of the Workmen and Socialist Soldiers and the Kerensky Cabinet, it was pointed out, had been dissatisfied with these stringent measures adopted to restore the Russian Army to discipline, fearing the power might menace the new democratic ideals of the Republic. They insisted that a less drastic disciplinary code would revive more wholehearted support of the Army, and consequently would be more effective.

Following Gen. Korniloff's order for his troops to march on Petrograd, Government infantry moved out of the capital to oppose them.

Gen. Denikine, Commander of the Russian Armies on the Southwest Front, has telegraphed Kerensky that he intends to support Gen. Korniloff. Gen. Kaledine, Commander of the Cossacks, telegraphed Kerensky threatening that if he does not agree to Gen. Korniloff's demands the Cossacks will cut the Moscow railway line, thus isolating Petrograd. Gen.'s Denikine and Valueff, commanding the Southwest and Western fronts, respectively, have joined Gen. Korniloff.

Gen. Stcherbatcheff, Commander of the Russian forces on the Romanian front, has ordered his armies not to take part in the conflict, remaining true to the Provisional government. The Premier has received a telegram from the Commander of the Baltic Fleet promising support.

Premier Kerensky has sent instruc-



Gen. Korniloff, the Commander-in-Chief of the Russian armies. He is today best remembered for his unsuccessful plan to strengthen Kerensky's Provisional Government, which eventually undermined the rule of Kerensky, setting the stage for the 'October Revolution' and the rise of the Bolshevik party.

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SEPTEMBER 1917



Following the collapse of General Korniloff's revolt, the Russian Provisional government declared itself a republic, modeling its institutions after those in the United States.

tions to all railroad organizations, requiring the officials to refuse to obey any orders from Gen. Korniloff, and government officials are tearing up the railway tracks 40 miles north of Petrograd in order to stay the approach of Gen. Korniloff's troops.

Evidence of the loyalty of the troops and people to the Provisional government is being received from all the provinces, while all public organizations have announced their determination to support the Provisional government by every possible means.

Kerensky, however, is having difficulties within the capital with the Bolsheviks and Maximalists. The Council Soldiers and Workmen Delegates urge that all power should pass into the hands of the Socialists. It was resolved at the meeting, however, that Premier Kerensky should be supported unconditionally and a solution to the situation should be found which will prevent internal war.

Meanwhile in Germany, difficulties continue to be felt with her inability to supply fuel to its industry and population. The era of voluntary, or compulsory, selection of the fittest establishment for survival in various branches of trade and industry already has opened and businesses will be conducted in these, while others will be shut down, except those applying heat and light. Butchers will be allowed to keep their places open late two afternoons a week; otherwise they must close with the sun. Jewelers will be allowed to open only on those days when artificial light is unnecessary, which, during the German winter, are very few. Many German cities have already suspended street lighting entirely on account of the lack of coal.

The German press and public are, for the moment, far more keenly interested in the problems of fuel and food than in politics and developments at the fronts. Farmers are demanding an abandonment of the compulsory administration of crops and the return to the system of commercial supply demand as a sole practice to ensure the necessary supply for human consumption. Urbanites, on the contrary, maintain that unless the government protects them, humans would get potatoes only at prices impossible for the poor.

September 21

Gen. Korniloff, leader of the rebellion against the Provisional government has

been arrested. The question of the probable fate of Gen. Korniloff is exciting public opinion. Indications are that the government must face serious difficulties over the matter.

An interesting feature of the conflict is the credible absence of bitter feeling and clamor for vengeance. Having re-established capital punishment at the front, however, the government, if it spares the rebel Commander, must face the reproach that it executed common soldiers for less serious offenses and it would be virtually impossible to impose the death penalty in the future. Against this are the facts of Gen. Korniloff's brilliant service, his chivalrous, and personal character are a happy circumstance that there had been no bloodshed so far.

There are indications that the government is seeking a way out and reports have been circulated that the government has decided not to take extreme measures against Gen. Korniloff, as it does not wish to appear vengeful.

In a note to the Army, Kerensky said that the revolt by Gen. Korniloff disorganized the operation at the front. The Premier instructs the soldiers to resume the transport of troops according to orders of the general staff, and to stop arresting their commanders.

Following the collapse of the rebellion, Kerensky has been busy forming a new Cabinet to govern the country. Newspapers report, however, that difficulties have already arisen. Representatives of the Social Democrats and the Social Revolutionists visited Premier Kerensky with almost identical resolutions declaring that it would be impossible to join the new Cabinet if Constitutional Democrats were also made ministers. The grounds for this decision are the view of the parties that the Constitutional Democrats as a whole aided with and encouraged Gen. Korniloff.

The newspapers assert that Kerensky is in a very difficult position and that his resignation is not excluded from the possibility. The problem is complicated by the attitude of Petrograd's Council of Deputies, in which the Bolsheviks, for the first time, gained an overwhelming majority of 279 against 115 in favor of their extremely radical program.

The Bolsheviks demand that all representatives of the propertied classes must be excluded from power, as they are merely a cause of counter-revolutionary plotting.

The Bolsheviks also demand the abolition of private property and land, the

transfer to peasants of all stock and machinery on estates, control by working classes over production, the nationalization of all branches of industry, merciless taxation of capital and the confiscation of war profits.

The Bolsheviks further demand the expulsion of counter-revolutionaries from the command of the Army, the satisfaction of the demands of Ukraine and Finland for independence, and the abolition of privileges of nobles.

Meanwhile, American infantrymen of the expeditionary Army held their first field day today since landing in France. A battalion of infantry Regiment gave demonstrations of machine gun, rifle and bayonet assaults, concluding with a genuine American athletic program, hundred yard dashes, tug-of-wars and boxing bouts.

Several British non-commissioned officers have been detailed to give the American soldiers pointers and machine gun, grenade, bayonet and signal exercises and on delivering gas and liquid fire attacks. Demonstrations are given to the men in the morning and lectures to officers and non-commissioned men in the afternoon.

September 28

Passengers who arrive from England today on an American steamship report that five British steamships out of a convoy fleet of six, which left Ireland September 3, were sunk by German submarines within a few hours of their departure from port.

The five vessels, it was said, convoyed by the destroyers, put to sea shortly after midnight, and were attacked by the mass submarines at daylight the following morning. The news of the disaster was learned when the destroyers, which escaped, returned to port, brought the survivors of the merchantmen back to port.

The closest secrecy was immediately thrown about the incident, a merchant ship officer said. The survivors were given instructions to say nothing about it, and no details as to the names of the ships or the extent of the loss of life could be learned.

Convoying of merchant ships by American and British naval vessels has materially reduced losses from submarine attacks, the Navy Department said. Since the convoy system was adopted, records show the Allies were losing approximately one half of one percent of convoyed merchant craft to German submarines. The figures have not been worked up for the past week, but indications are that since the American Navy have joined, even this small percentage has been very much reduced.

There have been no recent submarine losses in the vicinity of Gibraltar or the Azores, which tend to support the view that the convoy system is proving itself effective. Some Navy officials believe that the massed attack by six German submarines on the convoys indicates a change in the tactics by the German Admiralty. British and American naval strategists are working on a method of meeting massed attacks.

Crown Prince Rupprecht of Bavaria, commander of the German Army on the northern end of the Western Front, has issued an order that the First American officer captured on his

front should be taken immediately to his headquarters.

Reports that the German military authorities have offered a reward to the first German capturing an American soldier was denied in a statement by the official German news agency. However, the diary of a Prussian Sgt. captured previous to September 15 mentioned that a German general on the Western front had offered for the First American, dead or alive, 400 Marks or two weeks leave and the Iron Cross of the First-Class as a reward for their capture.

In response, Sen. Clemenceau who recently visited the American Army zone in France, devoted a long article in praise of American soldiers and their chiefs. In the course of the article he related the following antidote: "As I reminded, the Germans had endeavored to ridicule the American Army. Yes they have offered 400 marks, or \$75 and two weeks leave to the German soldier who first captured an American soldier, but all I could do is promise \$.10 with a nights rest to the American who first brought me a German prisoner. \$.10 is a big price for a Boche, don't you think so?"

Meanwhile, hard fighting has developed at various points along the front of the new British offensive east of Ypres. Generally speaking, however, the situation on the Western Front remains unchanged, although there has been some slight give and take of more or less unimportant points along the line.

British casualties reported during the month of September a total of 104,598. The severity of the fighting in which the British had been engaged in September is indicated not only by the total casualties of more than 104,000, but, upon comparison with the August figures which were only 59,000. The total compares favorably with the figure for September 1916, the third month of the Battle of the Somme, where the casualties were 120,000.

Fifteen persons were killed and seventy injured in an air raid on London on Tuesday. Since there was perfect weather for air operations, Londoners expected a visit from German craft,

and their expectations were fulfilled. Shortly after eight o'clock guns were heard firing in the suburbs and the city had a repetition of the experience to which it has become accustomed.

Between eight and nine o'clock the noise of the battle was heard throughout the city. Anti-aircraft guns were being fired from numerous points and bombs could be heard dropping. Searchlights played out over the city and the rocket-like burst of shrapnel furnished an interesting spectacle. The purpose of the Germans, apparently, was the indiscriminate slaughter of the civilian population. The Germans did not attack any point of military importance, but dropped their bombs, as usual, on the residential districts, mostly upon the dwellings of the poorer classes.

There were unusual scenes in the Underground Railroad stations. Women in evening clothes rub shoulders with workmen homeward bound carrying kids the tools. Many persons sat down on the stairways and read newspapers while waiting for the signal that always cleared. Others sang and some danced. But there was another side of the picture. Mothers unable to get home or distressed about the safety of their children and wounded soldiers hobbled to places of safety on crutches, attended by their nurses.

One of the most daring escapes from interment camps was affected yesterday at Kegworth, Nottingham. Twenty-two German prisoners disappeared through a tunnel extending from a hat in the camp to appoint outside the barbed wire fences. How the tunnel was dug is a mystery. Nine of the prisoners were recaptured. The Germans made dummy locks of cardboard, substituting them for the locks on the cell doors. Dummy figures to deceive the sentries made from bed-clothes and some of their own garments. To make these figures more realistic they were decorated with locks of hair from their mattresses.

To read past editions of News Reports from the Front, visit the Historical Society section of Emmitsburg.net.



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HISTORY

Character of early settlers

James Helman
Edited by the Emmitsburg
Historical Society

Part 6

In localities settled by the early emigrants, a great deal of superstition prevailed; spooks, tokens, hobgoblins, &c. The different nationalities settling here appear to be free from this humbug, as no reference is made by the oldest citizen. It has its origin amongst the ignorant. The class of persons settling here gives evidence of being men of more than ordinary culture for that age. Hence, the lack of superstition, take the first named person and his occupation, Capt. Richard Jennings, merchant.

The merchants of that day, and long after, were all trained men, having served an apprenticeship; not so now. Capt. Jennings was an educated man, and a trained merchant; Adam Hoffman, hatter, a trained mechanic; John Rogers, tavern keeper. That did not mean the keeper of a grocery. Oh, no. It meant a fine gentleman. Such as engaged in that occupation at that time.

Michael Smith, blacksmith, an expert at the anvil, an intelligent

mechanic; Frederick Baird, carpenter, he has left evidence of his handiwork in the house he built; James and Joseph Hughes, both merchants and architects. Could we suppose for one moment that they, practical men, could harbor such deception. Never! Samuel Emmit, a far-seeing man, a man of intelligence, Wm. Shields, a surveyor, always true to the compass; John Hughes, who built a two story brick house; Christian Flautt, who built the first tan yard; John Ropley, a justice of the peace for Emmitsburg, Taneytown and Pipe Creek; Martin and Margaret Cocoran, who taught the school in 1800.

If the settlers were of this class, which no doubt they were, we are assured superstition was below par. Later, the men who came, as settlers, evinced they were men of strong character. Whether in church, professions, merchants, mechanics, or what not, they gave a moral and religious tone to this entire community that it feels today, and is demonstrated by their descendents. The foundations laid by these first men, have never been dug out, nor will the structure they built upon; their names are unknown; none of their posterity in many cases lives



Black's Tavern, (now known as the Emmit House) in 1863, was a popular guest house and tavern. Note the water pump in front of the hotel. This is the same style water pump that once graced the center of the town square before it was replaced by the town fountain.

here but scattered through the West can be found, those whose ancestry were born here, and Emmitsburg is remembered.

Tan Yards

The first tan yard in the town was built by Christian Flautt. He sold it to Lewis Motter in 1798, who successfully carried it on until his death in 1837. Opening a store in part of his house, also acting as magistrate. It passed into the hands of his son Lewis, who continued the enterprise until 1880, when he closed the vats and abandoned the business. Michael Sponseller carried on a tan yard at the same time at the lower end of town. This yard was

not operated later than 1850. Jacob Oyster conducted a yard on a lot east of foundry at an early date. Jacob Troxell married his daughter, continuing the business until his death in 1833, after which his sons, Samuel and William, continued the yard until Samuel's death, 1850, when the yard was closed, William moving to Kentucky. Jacob Rickenbaugh conducted a yard at the west end, afterward he moved to Waynesboro. Jacob Motter continued at the same yard. In the county, Arnold Livers below the college; Gorley up in the mountain; Robert Annan on Toms Creek. This yard was burned, rebuilt, and continued for a time. Taylor Brothers purchased the farm connected with the yard, tearing down the buildings in 1876; today all are in ruins, thus an enterprise of great value to the community has passed away. We observe when one enterprise ceases there is no other to take its place, and industries that once proved so profitable here, the same products have to be sought for elsewhere. Why is it?

has been running perhaps a century; built by Kephart, 1800; Shultz owned, then Rhodes. The Hartman Mill was built by Dr. Robert Annan for a clover mill, afterwards converted into a grist.

The Grable Mill is an old stand, perhaps a century old. The Sheets, Sell, Myers Mill is an old mill, as George Sheets was one of the earliest men to settle in that section, 1746 or earlier. At these mills meetings were arranged for whatever the community was interested in, as they were centers for the people to gather, many waiting for their grist. Young men met here to play cards, dominos, and pitch quoits. The trouble connected with the large water wheels in the wintertime was overcome later by the turbine wheel. Now, the picking of the burrs has been displaced by the improved roller process.

The millers in this locality today are David Rhodes, George Ginglo, Cover, Cump, Howard Martin, and Daniel Hartman. The present improved mills make superior flour to the old process, giving whiter bread, but someone says not so sweet.

Post Office

[Historical Society Note: Recent detailed research conducted in support of a new book on the history of the Emmitsburg area does not support Mr. Helman's assertion that the post office was ever called Poplar Fields ... for the correct history, please read: Setting the record straight, the real history of Emmitsburg's founding.]

Poplar Fields was the name of the first post office. William Greenmyer was the first post master; he died in 1802, in his 30th year, a son-in-law of John Troxell. The second postmaster was Patrick Reid, landlord of the Eagle hotel. The third was Louff, a German; the



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HISTORY



For years the Emmitsburg Post Office was located on the town square, with mail being delivered to rural customers using horse and buggies.

fourth, Joseph Hughes; fifth, Joachim Elder; sixth, Dr. A. Taney; seventh, Joachim Elder; eighth, Robert Crooks. After his death, Jacob Crooks, his son; James Knauff, Maj. O. A. Horner, S. N. McLain, James A. Elder, S. N. McNair, James B. Elder, John A. Horner, Ezra R. Zimmerman; after his death his wife, Emma Zimmerman, present incumbent.

Stage Coaches and Mail

Everybody has heard of the stage-coach. It is within the memory of many in Emmitsburg. When the stage left here in the morning, very early, for Baltimore, the passengers having a whole day's jogging along. Weary and worn out when they reached the city, no uncommon thing to have from ten to twelve passengers, besides the boot back and front filled with baggage, carry-

ing the mail and stopping at Taneytown and Westminster to change the horses as well as the mail. An omnibus left Baltimore, headquarters Western hotel, Howard and Saratoga streets. If you wished to come west you went to this hotel and engaged passage. Early in the morning the driver in Emmitsburg would go along the street blowing a horn to awaken the passengers.

This was continued until 1856, when the railroad was made from Hanover to Littlestown, the stage running daily there, carrying the mail. When the railroad was made to Gettysburg, 1858, Gettysburg was the point. Again the passengers and mail were transferred to the Western Maryland R. R. When completed to Westminster the coaches made the daily trips there. As the road advanced to Linwood, to Union Bridge, to New Windsor,

York Road Double Pipe Creek, R. Ridge and Thurmont. The stage continued running to Thurmont until the Emmitsburg railroad was made. In 1872 the road was graded; the tracks laid 1875; the first train November 22nd, 1875 free excursion all day; the first mail on railroad December 6th, 1875; the first excursion to Baltimore November 27th, 1875- 400 passengers on the train to Baltimore. John Donohue, the contractor; Taylor Brothers built the bridges.

The mail at one time was carried on a horse from Frederick to Gettysburg. Later, 1860, an omnibus was run between Emmitsburg and Frederick; each former was abandoned as the railroad facilities increased; an incident in connection with staging as follows: The commencement at St. Joseph's was over Thursday; wagons loaded with trunks started early for Gettysburg; when they arrived there they could not deliver the baggage as the cars did not come further than New Oxford; the teams loaded with over a hundred and fifty trunks drove the ten miles, when the stages loaded with a hundred young ladies, from the school, followed on to New Oxford. That was the last train run west of Hanover until after the battle at Gettysburg. The wagons and stages returned via Littlestown. Lt. Bad crossed into

Maryland; the next week the fight was on. One day later and those scholars would have been left.

Still Houses

These were dotted over the country on farm, at mills, seldom in towns. Amongst the earliest in this locality were John Grabill, Jonathan Hazlet, one on the John Eckard farm before 1800, George L. Shriner on Marsh Creek, McDivit's on Toms Creek, Rhodes on Middle Creek, Eichelberger's on Turkey Run, Wagerman's, Cretins, besides report says many on cooking stoves, called illicit distilleries. This whiskey was not all drunk in the community. It was shipped to the city, whilst other liquors were brought from the city to the town.

In connection with the manufacture or sale of this article there has always been a suspicion that the parties thus engaged feel they are tinder ban, and the business is not right. Again the saying is common, "Liquor money will not stick." Without seeking information elsewhere, what has been the sequel to its sale and manufacture in this community, at your leisure, count up the men from the days when Emmitsburg became a town, at Hockensmith's tavern, to this date, and count the number of men engaged in this calling during the interim, and make out a balance sheet.

Hotels

The first record of a landlord is John Rogers, 1786, tavern keeper. At this time few taverns were needed, as the people stayed at home, they had work, hard work, regular work, to build and till the soil. The travelers were on foot or on horse; the accommodations were limited, and beds of feathers or straw, covered with the old coverlet, flowered in gay colors, the chimney place the only fire in the house, candles being the only light.

James Hughes built the Eagle Hotel, known as Mrs. Agnew's and conducted it. Mrs. Agnew was the successful landlady; her house was filled with boarders, principally from the South. She died in 1853, when Hager refitted the house, continuing as proprietor for a few years, when Daniel Wile purchased his interest. A few days after the sale was consummated, Hager and Wile were standing face-to-face examining a revolver, Hager having it in his hands. It discharged accidentally, the ball passing through Wile's neck. A bed was made on the parlor floor, where he remained until sufficiently recovered to be moved. This was about 1856 or 1857, directly after the old hotel was torn down. The four-story hotel was built by Wile; it was burned in the fire of June 15th, 1863.

The Taylor Brothers built the present hotel. It was first conducted by Raphael Jarboe, afterward by Busby and Adelsberger, William Crouse, Harnish, Bowers, Eyster, Spangler, and J. B. Elder.

Black's Tavern was one of the old stands. After the death of Mrs.

Black came Jerry Black, her son, then Gunther, Riddlemoser, Hoffman, Hoke, Hoffman.

In 1879 Samuel Smith bought the property and built the Emmit House. After him, Sutton, Hoke, Wilson, Hoke, Smith, Munsselman, Hemler.

Getter's Hotel was increased by the addition of all the property to the square. Devit of Philadelphia was the landlord. Burned in the fire of 1863.

Lowhead's Hotel, where the Joshua Motter property stands, other small taverns stood where the bank stands, Mrs. E. R. Zimmerman's house, and others.

Slagle house, first kept by William Spalding, then Slagle. No boarding houses in the town at any period, as the residents keep house, strangers the hotel patrons.

Physicians

Dr. Brown settled on the banks of Toms Creek. The earliest tradition tells of Dr. Rench who came whilst Brown was living, and died prior to 1800, buried at Toms Creek. Dr. Robert Annan is next, born 1765, died 1827. His brother, Dr. Samuel Annan, was associated with him. He left Emmitsburg. Drs. Daniel and Robert Moore practiced for a time; they removed to Baltimore. Dr. Buchanan is spoken of. Dr. James Shorb, Dr. W. Patterson, Jefferson Shields, Dr. Wells. Andrew Annan born 1805, died 1896. J. W. Fichelberger, 1804, died 1895; Augustus Taney, 1804-1853; Felix McNeal, John Grover, C. D. Richelberger, J. W. Hichelberger, John B. Brawner, Robert L. Annan, J. K. Wrigley, Timothy Sweeney, Dr. Swartz, Dr. Troxell in country. E. D. Stone and I. B. Jamison. Dr. J. W. Reigle, horse farrier.

The doctors of long past carried a large pocket book filled with the various drugs to compound the doses. No drug stores or the handy prepared tablets and pills of the present day.

Drug Store

William McBride opened a drug store in Dr. Patterson's one-story building, east of his dwelling, on the Square. About 1850 J. A. Elder purchased McBride's stock and continued in this building until 1854, removing it to the old building, standing where he afterward erected the present one, continuing until his death in 1898, when T. F. Zimmerman bought the stock. He is the proprietor now.

Dr. Charles D. Richelberger opened a drug store in the present post office room in 1878. A few years after he purchased his present building on the opposite side, where he has continued to supply the trade.

The general stores keep a limited stock of the coarser drug, a custom dating back to the time when the stores were the only vendors of drugs, etc.

VFW's Patriot's Pen

Each year the VFW Post 6658 Auxiliary sponsors a contest titled "The Patriot's Pen," which is open to students in grades 6 through 8. Students are required to do a typed essay of 300-400 words based on the theme "America's Gift to My Generation". Monetary prizes are given the winners on local, state and national levels. Judging is based on knowledge of theme, theme development and clarity of ideas. If interested please contact Annette Wivell at 301-447-3475 for an entry form. Deadline for obtaining the form is October 31.

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MOM'S TIME OUT

College bound

Michele Brown

This is it and I am not ready... my first child heads off to college this Friday. I believe this has completely snuck up on me. Until recently I have been doing very well, but that was then and this is now. I have actually been surprised and pleased at how well I have been handling this. Unfortunately I am far from doing well; I am all but a basket case and completely unprepared.

The summer started like any other (except for a graduation). The kids want to veg all summer long and my husband and I have to point out that there are things that need to get done even though summer is here. Our summer always starts out rather relaxed. We are usually planning the two birthday parties/ get togethers

that didn't happen in May and then suddenly it is July and we are planning one more. This summer had the added stress of trying to get all of my college bound sons practice driving hours in so he can get his license before he goes off to college. Add to that two teenage boys with jobs and did I mention neither of them drive. The driving thing is a topic for another month though.

I guess maybe the reason I have done so well with this is because I have been too busy to think about it. Fast forward about a month and now it is August. The first couple weeks are alright because I am running kids to camps and we are having our staycation. Then it all comes crashing down around me. We are at a picnic with three other families (the four best friends who grad-

uated together and are starting college at the same time). At the picnic two of the moms announce that their boys go back a week before mine. Suddenly I am struck by this overwhelming feeling of panic. Yes, I have gotten a few college supplies but I haven't actually put much thought into it. So I ask them what I need to be looking for and these four different lists come pouring towards me like the lava at Pompeii and I am literally buried alive.

That was a Saturday and on Monday my son makes reference to needing to put his laundry in when we get home. My husband then jokes, "Hey buddy, this might be the last time you do laundry at home". Cue the tears. Yes out of nowhere I start to cry. The week wasn't too bad. The most unusual and silly things would set me off and there would be the tears again. I was able to purchase a few more staples for his departure without a scene in the Target. I still had a ton left to get together, but I still had almost 2 weeks to go before he moved into his dorm.

Then suddenly we were down to less than a week and I was in a bit of a panic. In less than a week we needed to do a bit more shopping, finish up his practice hours for his driving test, do a bit a laundry, pack, and cry. I got on the laundry right away (and cried so I was at least multitasking). Every errand I had to run he drove so the driv-



ing hours would be done before his test. The shopping was probably the hardest. I would pick up the silliest thing, like bandaids for a little first aid kit, and start to tear up. I was constantly talking myself off the emotional ledge.

Without any warning the day came and it was time to take my baby to college (hard to believe but I am having a hard time typing this through all of the tears). The van was packed and we got up early and left for the exciting and sad drop off. When we arrived we checked him in without tears and headed to his room to unpack his things. I had a few moments of weakness but still no tears. Apparently as long as I had a task I could contain myself. I also kept reminding myself that this was a good thing and the way God intended, for him to be on his own. It didn't hurt that I didn't want to upset him

or start his college experience off on a bad note. I knew I would cry but I was trying to maintain until it was time to say goodbye.

After we moved in we grabbed some lunch and luckily his college had a few activities planned for the families (which definitely took my mind off of the tears). Next was a lovely dinner to end the day (at least for the parents). After dinner it was time, time to say good bye, time to leave our baby boy at college, time to cry. As we left I tried to keep it together with no avail. I cried and hugged and cried and hugged. At this point I was so grateful for a friend of mine. When I asked her for suggestions of what supplies I needed to get for my son for college she suggested a box of tissues for the ride home. She couldn't have been more right. My husband and I actually shared the box, he only needed one and I used the rest.

Turns out as we kept driving I did get better. I was told I would survive and I did. I survived the tears, the heart ache, the excitement and the weird dreams about heading to college and forgetting to take my son. Does that mean that the tears were finished... NO, of course not. I plan on crying periodically for the next couple of months (if I am lucky). What an amazing time for my boy, no matter how many tears I shed I am still super excited for him.

To read past editions of Mom's Time Out, visit the Author's section of Emmitsburg.net.

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Apple Harvest recipes

Carol Cogliano
Hollabaugh Brothers

Last month, I hope that you enjoyed learning all about peaches – straight from the experts! (My guess is that several of you might have missed the recipes, though.) To make up for it, this month, I am going heavy on the recipes and light on the information.

Apples are a fruit that we can typically enjoy year-round, thanks to the fact that they can be stored in ways that preserve their freshness for a longer span of time than other fruits. Nothing, however, beats the quality and taste of the freshly-harvested apples that are available to us during the months of September and October – the height of apple harvest season in our region.

Apples grow in so many varieties! When shopping for apples, be sure to select a variety that is best suited for your intended use/recipe. Apple varieties range from tart and firm to soft and sweet. If you are shopping in a farm market, never hesitate to ask questions. Many markets will have descriptive signs posted by each variety, to clearly inform their customers about that variety's qualities and taste. At Hollabaugh's, we encourage customers to ask questions, and if they'd like, we can prepare a sample for them to taste. For snacking, it is certainly a matter of personal preference, but for baking, it is best to select a variety that holds up to the heat (such as Granny Smith, Jonathan/Jonagold, Golden Delicious, Honeycrisp, Goldrush, Winesap or Braeburn).

I hope that you enjoy one – or all – of the following delicious apple recipes. Many are courtesy of the "Hollabaugh Family Cookbook", which are tried and true recipes provided by their family members and friends! Happy Apple Harvest!

Mom's Apple Fritters

Recipe courtesy of: Hollabaugh Family Cookbook / Kay Hollabaugh's mom, Dorothy Ernst

Not only is this recipe absolutely delicious, it was contributed to the Hollabaugh Family Cookbook by Mrs. Dorothy Ernst, mother of Kay Hollabaugh (who is married to 2nd generation Hollabaugh family member, Brad). Dorothy is an amazing woman who just celebrated her 100th birthday on August 14th! Happy Birthday, Mrs. Ernst!

Ingredients:

- 2 apples, peeled and diced
- ½ cup flour
- ½ tsp. salt
- 1 egg
- ½ cup milk
- ¾ tsp. baking powder

Instructions:

Mix all ingredients together and drop a spoonful on hot, lightly greased griddle or fry pan.

Brown quickly on both sides and sprinkle with powdered sugar.

Note: A family favorite! One

batch is never enough!

Baked Apple Chips

Recipe courtesy of: momsneedtoknow.com

These baked apple chips are so easy to make and are absolutely delicious. They are a great way to give your kids a healthy snack without reaching for a bag of potato chips!

Ingredients:

- Granny Smith Apples
- 1 tbsp. Sugar
- 1 tsp. Cinnamon
- Apple Corer
- Mandolin slicer

Instructions:

Preheat oven to 240F. Core each apple, using the corer. Slice each apple about ¼" thick using the mandolin slicer.

Mix cinnamon and sugar together and toss with the apples to coat.

Place apple slices on a metal baking sheet and bake for 2 hours, or until the edges are curled and dry.

Transfer slices to a wire rack to allow to cool and completely dry.

Store any leftovers in an airtight container for up to 4 days.

Nan's Apple Muffins

Recipe courtesy of: The Hollabaugh Family Cookbook / Nan Robison

Ingredients:

- 1 egg
- ¾ cup milk
- ½ cup oil
- 2 cups flour
- ⅓ cup sugar

- 3 tsp. baking powder
- 1 tsp. salt
- 1 ½ cup chopped, peeled apples
- 1 tsp. sugar

Instructions:

Grease bottoms only of 12 medium muffin cups.

Beat egg. Stir in milk and oil.

Stir in remaining ingredients all at once just until flour is moistened.

Fill muffin cups ¾ full. Bake at 350 degrees until golden, about 20 minutes.

Note: A variation of this is to mix ⅓ cup brown sugar and ⅓ cup nuts and ½ tsp. cinnamon and sprinkle over tops of the muffins before baking.

Autumn Apple Salad with a Maple Vinaigrette

Recipe courtesy of: houseofjumm.com

Autumn Apple Salad with a Maple Vinaigrette will let you celebrate all the flavors of fall! Pecans, cranberries, apples, feta and baby spinach all drizzled with an easy to make maple dijon vinaigrette!

Ingredients:

- 2 cups baby spinach
- ¼ cup dried cranberries
- ¼ cup halved pecans
- 2 tablespoons feta cheese
- ½ granny smith apple sliced
- ½ fuji apple sliced
- 2 slices bacon cooked and chopped
- Maple Dijon Vinaigrette
- 2 tablespoons extra virgin olive oil
- 1 tablespoon apple cider vinegar
- 1 tablespoon maple syrup



1 and 1/2 teaspoon dijon mustard salt & pepper to taste

son jar. Shake to mix. Pour over the salad. The dressing recipe makes enough for two salads.

Instructions:

Add the spinach to a medium size bowl or plate.

Top with dried cranberries, halved pecans, feta cheese, sliced apples, and cooked bacon.

Add all the ingredients for the maple dijon vinaigrette to a small ma-

Notes: Maple Vinaigrette recipe adapted from Martha Stewart .

Carol Cogliano is the Director of Events at Hollabaugh Bros., Inc. Visit www.hollabaughbros.com for a full listing of their upcoming events and classes or call 717-677-8412 to register.

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LIBRARY NEWS

Blue Ridge Summit Free Library Events

Standing Events

Monday- Lego and Wee Build Creation night!!! Let your imagination show its genius! All ages welcome. From 3:30-5:30 p.m.

Wednesday - Coffee club in the community room from 3:30-5 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, etc. Food donations appreciated.

Wednesday - VITT (very important teens and 'tweens) night. The community room is reserved for teen use from 6 - 7:30p.m. Just hang out or play Wii, play board games, do puzzles, eat snacks, watch movies, make movies, etc.! The first week of Sep. the VITT night will be moved to Thursday, Sep. 7th.

Saturday - Join us at 11 a.m. for Story and Craft Hour and all of its festivities! What could be better than a great book, a good snack, and a fun craft?

Upcoming Special Events

Sep. 4th the Blue Ridge Summit Free Library will be closed for the holiday.

We will be starting a tween to adult anime manga club on Sep. 18th at 6 p.m. It will meet the 3rd Monday of the month. Movies, graphic novels, and books will be showcased. Scherenschnitte class on Sept. 12th

at 6:30 p.m. New members are welcome, old members are appreciated! Please bring your knives and boards if previous students. Appropriate for all ages and makes a great family project.

The Summit Stitchers Quilt Club is meeting on Sep. 19th at 5:30 p.m. New members and new projects are always welcome! Any skill level may attend. Challenges appreciated.

Ladies Night Out on Sep. 21st! We will be showing the movie "Wonder Woman", rated PG-13. The movie will start at 6 p.m.

Sep. 28th we will be kicking off our new adult book club with a local authors' panel/signing/discussion at the library. The book club will meet the 4th Thursday of the month.

The Blue Ridge Summit Free Library is located at 13676 Monterey Lane, Blue Ridge Summit, Penna., 17214

Frederick County Library

Back to Hogwarts Day (Ages 5-Adult) September 1, 12 - 3 p.m. Thurmont Regional Library TRL Community Room. Games, trivia, and screening of "Harry Potter and the Sorcerer's Stone" (PG). For new and nostalgic fans alike.

Doctor Who Global Comics Celebration (Grades 6-12) September 2, 1 - 3 p.m. Emmitsburg Branch Library. Escape from Gallifrey, games,

food, and cosplay.

Sustainable Crafts (Grades 5-12) September 6, 3 - 4 p.m. Thurmont Regional Library TRL Small Meeting Room. Using sustainable materials, make your own piece of art, Mother Earth-approved. 9/6: Fidget spinners; 10/4: Tin art; 11/8: CD art.

Homeschool Connection (Grades 1-5) September 6 & 20, 2 - 3 p.m. (Emmitsburg) 9/6: STEM Lab, 9/20: Papier Mache, 10/4: LEGO. Register begins 8/30.

Back to School Journal (Grades 5-12) September 7, 3 - 4 p.m. Thurmont Regional Library TRL Small Meeting Room. Using unique and colorful materials, make your own one-of-a kind journal for school or personal use.

Crochet Class (Grades 4 - Adult) September 7, 14, 21, & 28, 5 - 6 p.m. Thurmont Regional Library TRL Study Room 1. For beginners to advanced.

Outside the Lines: 3D Printing Demo Day (All Ages) September 12, 10 a.m. - 8 p.m. All Locations. Each FCPL branch will have a 3D printer in action all day, printing pieces to make a combined surprise object.

ILR Medically Curious for Older Adults September 12, 19, & 26, 1 - 3 p.m. Thurmont Regional Library TRL Community Room. Are you skeptical of television medical advice, drug company ads and appreciate evidence-based information on health? Presenter Dr. Romane is board cer-

tified in Emergency Medicine and spent 35 years as an ER doctor. This course is presented at no charge courtesy of an FCPL partnership with Frederick Community College's Institute for Learning in Retirement. The course has been funded by the Shirley Cruickshank Wolfe Fund which provides program support to the Institute of Learning in Retirement program at FCC. Space is limited. Registration required.

Drop in Day: Crash Course in Collage (Grades 5-12) September 13, 3 - 4 p.m. Thurmont Regional Library TRL Small Meeting Room. Using unique and colorful materials, you will learn the art of collage and make one for yourself!

Outdoor STEAM Lab (Ages 5-18) September 14, 4 - 4:45 p.m. Thurmont Regional Library TRL Deck. Explore STEAM concepts in nature!

Outside the Lines: Gnome Homes (Grades 5-12) September 14, 5 - 6 p.m. Thurmont Regional Library TRL Small Meeting Room. Using sticks, stones and little gnomes, build your own magical dwelling. Supplies provided.

World War I: Frederick Memorial Geocache Trail Kickoff (All Ages) September 16, 2017 9 - 10 a.m. Thurmont Regional Library. Discover the monuments and memorials in Frederick County honoring our 20th century veterans.

Minecraft (Grades 1-5) September 16, 11 a.m. - 12 p.m. (Emmitsburg) Enter the world of Minecraft to build, explore and destroy!

String Art DIY (Grades 6-12) September 16, 1 p.m. - 3 p.m. (Emmitsburg) Create 3D art using cork board, nails and embroidery floss!

ILR Creative Writing for Older Adults (Adult) Tuesdays, Sep. 19, 26. (Emmitsburg). Do you have a desire to write creatively? This 10 week course is appropriate for both experienced and novice writers. Participants may write in whatever genre of creative writing they choose and then share, if they wish, what they have written. A safe space is maintained by participants treating all work as confidential and being allowed to only make positive comments on each other's writing. Writing can be a wonderful way to form friendships.

National Talk Like A Pirate Day: The Goonies (Grades 6-12) September 19, 4 - 6 p.m. Thurmont Regional Library TRL Community Room. Celebrate National Talk Like A Pirate Day with a screening of "The Goonies" (PG)! Light refreshments served.

Vintage Vibes: Emmitsburg

Town Walk (Adult) September 20, 3 - 4 p.m. Emmitsburg Branch Library. Discover historic sights on a guided walk with Emmitsburg News-Journal editor Mike Hillman. Meet at the library.

World War I Film Series (Adult) September 20, 6 - 8:30 p.m. Thurmont Regional Library TRL Community Room. To commemorate the centenary of the U.S. entry into the First World War with three films set during the "War to End All Wars." Screenings are part of a series commemorating World War I and include a brief historical introduction and Q and A. 9/20: "Sergeant York" (NR); 10/11: "All Quiet on the Western Front" (NR); 11/15: "Gallipoli" (PG).

R.E.A.D.® with Wags for Hope (Grades K-5) September 23, 11 - noon. Thurmont Regional Library TRL Small Meeting Room. Children read to Reading Education Assistance Dogs.

Celebrate National Wilderness Month (Ages 4-8) September 23, 1 - 2 p.m. (Emmitsburg). Create art inspired by nature.

Curious Minds: Introduction to Tai Chi (Adult) September 25, 2 - 3:30 p.m. Thurmont Regional Library TRL Community Room. Instructor Caine Yentzer is dedicated to bringing the benefits of Tai Chi, a slow moving longevity exercise, to everyone.

Computer Coding for Kids (Grades 3-7) September 25, 27, & 29, 4:30 - 5:30 p.m. Thurmont Regional Library TRL Small Meeting Room. Explore basic Scratch programming and create your own project.

To register for an event visit FCPL.org or call 301-600-7212

September is Library Card Sign-up month. There are many things this free library card can give you access to. You not only get to check out books, magazines, movies, TV Series, and audio books but your new library card gives you access to FCPL.org. On our website you gain access to even more things like downloading eBooks and audio books, movies and TV shows through Hoopla, eBooks for kids, music from Freegal and more magazines from zinio! The website also allows you to access your account, renew materials, do research on our databases, get recommendations for what to read next and if we don't have a book or DVD in any of our eight branches, you can do an Interlibrary loan from many counties across the state. All free with your library card.

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SCHOOL NEWS

YMCA launches new Middle School program

Samuel Jackson
Frederick County YMCA

The YMCA is launching a new initiative in partnership with the Frederick County Government through the Office for Children and Families and the Frederick County Public Schools.

This grant will provide funding to the YMCA that supports daily activities that will include the following: Sports and recreation; Tutoring and academic enrichment; Arts and humanities; Readiness training for college and careers; and Service

learning and community service.

Research indicates that students that are actively involved and engaged in structured

“Out-of-School” programs demonstrate an improvement in their academic accomplishments, and social and behavioral outcomes compared to students who do not participate in enrichment activities. The YMCA has also partnered with Goodwill Industries of Monocacy Valley and New Spire Arts to create a comprehensive program that will also include weekly off-site field trips.

The S.T.A.R.S. program will be hosted at three locations,

serving students from the following five Middle Schools: Thurmont, West Frederick Middle School, Crestwood Middle School; Governor Thomas Johnson Middle School and Monocacy Middle School. The goal will be to serve a minimum of 30 students from each location and ultimately create a solid program base of participants that will support a stand-alone program at each campus.

Program registration will begin on Monday, August 21 at 8 a.m. at the Downtown YMCA. YMCA staff will also be in attendance at each of the five Mid-

dle School Open Houses and Back to School Nights to provide more detail on the program specifics and assist with on-site registration. The S.T.A.R.S. program will begin on Monday, September 18 from school dismissal until 6:30 p.m. and operate Monday – Friday.

For additional information on the program description, daily activities, and how to register, visit our website and contact Julie Marker, Youth/Teen Coordinator at jmarker@frederickymca.org or call 301-663-5131 Ext. 1227

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ing communities through youth development, healthy living and social responsibility. Across the U.S., 2,700 Y’s engage 21 million men, women and children – regardless of age, income or background – to nurture the potential of children and teens, improve the nation’s health and well-being, and provide opportunities to give back and support neighbors. Anchored in more than 10,000 communities, the Y has the long-standing relationships and physical presence not just to promise, but also to deliver, lasting personal and social change. www.frederickymca.org.

Where are you going?

Dr. Ken Kerr
Frederick Board of Education

It’s late summer in Maryland. Katydid, cicadas, and crickets are in full voice. black-eyed Susans and mums are in bloom. College is back in session with the public schools soon to follow. The cyclical nature of the seasons and school year feels as comfortable and familiar as an old shoe, and as predictable as the sunrise and phases of the moon. Another phenomenon has become predictable—students finishing high school and starting college without a plan or a clear goal for where they want to go and what they want to do.

In education, having a goal is essential. Goals help focus a student’s mind. They know where they are going. They can see the relationship between what’s going on in class and how it will help them professionally. There is a reason why a college degree seeks to give all students a solid foundation in general knowledge. But students without a clear goal have a hard time seeing it. They don’t see the value in studying math and science—let alone art and literature. However, a student with a clear goal can make those connections. For example, a business major in an art history class will begin to see the statement that art can make and how choosing art for an office can send a powerful message to a client. In a literature class, a nursing student can relate to meaningful lines of poetry she may want to share with patients and their families in difficult times. This broad exposure to general knowledge of arts and sciences provides flexibility in choosing a post-college professional path, changing careers, or distinguishing one’s self to advance in a career. But without a goal, the relevance of learning is lost. For a student who lacks focus, the information is soon forgotten like everything else we don’t see as important.

To paraphrase the Cheshire Cat in Lewis Carroll’s Alice’s Adven-

ture in Wonderland, “If you don’t know where you’re going, any road will take you there.” Students without goals and plans to reach those goals will end up somewhere—but it may be somewhere they don’t want to be.

Having a goal sustains momentum. Newton’s First Law says that a body in motion tends to stay in motion—and a body at rest, well, it tends to stay at rest. If a student knows where she wants to go and when she wants to get there, she is more likely to complete college on time and avoid the time and expense of taking classes that won’t help her reach her goals. It’s the student without a goal who tends to remain without a plan and turns a four-year degree into a six-years and a potential career into an extended stay in Mom and Dad’s basement.

Goals help students set priorities. I advise prospective college students, “Get into college, not into debt.” The lack of a goal and a plan too often leads to bad choices that then lead to debt and

worthless degrees. Goalless students often choose a college for its party potential rather than its academic programs. With no idea of where they are going, they figure they might as well enjoy the ride. However, a student with a clear goal and a clear plan is able to figure out exactly how long it will take and how much it will cost to complete the degree. He will also be able to make a solid assessment about what type of career the degree will lead to and what type of income he is likely to earn. Without a goal, all that is a mystery.

A college degree is no longer the golden ticket to a professional career and the middle class that it once was. The job market is too competitive, the economy too unforgiving to just get any degree. Sociology and philosophy majors too often find themselves at Starbucks and Whole Foods with \$30,000 in student loan debt. They had no goal beyond completing the degree.

Colleges have been criticized—often rightly so—for allowing stu-

dents to run up debt, linger in school far beyond the traditional 4 years, and complete a degree that does not lead to a career in their field. We have been working hard and making changes to keep that from happening. We have developed degree pathways to direct students who have chosen a major. We have established seamless transitions with transfer institutions so that all credits transfer, financial aid seminars, student success week. But students need to work with us on this. They need to take the necessary step of choosing a goal. Then we can help them develop a plan. We are ready on our end. But, as Bryant McGill, best-selling author and expert on human potential, says, “What we want for others doesn’t work unless they want it for themselves.”

On that first day of the fall se-

mester, I tell my “undecided” students that I want them to have a goal and declare a major by the end of that first week. They can always change their minds later. If they find a field is not for them, at least they have learned that about themselves. They can use that knowledge to refine their goal and plan. They have to start somewhere; they have to put that body in motion and be working toward something. Some take my advice right away and come to the next class and tell me so. The others? I’ll be checking up on them next week to make sure they follow through—and the week after that until they do.

College is still an affordable path to a rewarding career and a successful life—but only if you know where you are going. Only then can we help you get there.



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FOUR YEARS AT THE MOUNT

This month we asked our writers to ruminate on what it was that drew them to Mount Saint Mary's University. We also bid a fond farewell to our Graduate writer Leanne Leary and wish her well in her future endeavors.

Sophomore Year

Looking back at lobsters...

Angela Tongohan
MSMU Class of 2020

Second semester of my senior year of high school, I faced one of the most important decisions of my adolescence. Which was, I had to choose which college I wanted to attend. At the time, I had been accepted to a number of colleges in the area, but only two really caught my eye.

The Mount was always one of my top choices. From a young age, my family and I have been visiting the Grotto yearly. It was my mother's dream for me to attend Mount St. Mary's, and she was rather vocal about it.

I liked the Mount. But I always felt like it was a little too close. A little too familiar. Which wasn't a deal-breaker, but growing up in generally the same area for most of

my life, I was set on college being a completely new adventure.

My dream school was the University of Maine. I had always been in love with the state of Maine. The idea of small towns, the proximity to the ocean, the lighthouses, the lobster. Everything about it appealed to me. When I received my acceptance letter that year, I was ecstatic. I thought I had everything figured out.

My mother was not as excited as I was about my decision. She felt that Maine was a little too far, a little too big, and a little too unknown. She convinced me to visit the Mount. Just to make sure that I absolutely didn't want to go to this school.

Now, as we all know I did end up choosing the Mount; this is why. The minute I stepped onto the campus, I was amazed by how beautiful it was. It looked much different when you're standing next to the Mother Mary

statue up near the Grotto. There was something homey about the campus. It was like entering a secluded, gorgeous little world. Walking around, following the tour guide, I couldn't help but feel excited. And another thing I found peculiar was that everyone looked so happy.

The religious aspects of the school were also very prominent. The statues, the church, the view of the Mother Mary statue standing sentinel, over the entire campus. Everything was so enchanting. I was someone who grew up and grew into my Catholic faith, and being a part of a university that could foster that made me feel safe.

After that everything changed. All my plans for the University of Maine were replaced with plans for a future at the Mount. I joined the Facebook pages, followed their Instagram, I watched all their YouTube videos, and slowly but surely fell more and more in love.

When I finally attended the school my opinion of it only got better. Now, I'm in my second year, and I am pretty set on a double major in English

and Biology. I currently take a Genetics class and every Tuesday and Thursday, I attend an English Lit class., between the two of them and my other classes I couldn't be more excited.

Another plus is the Mount always has activities to do: outdoor adventure with Crux, parties with Amp, or (my personal favorite), social work with the Office of Social Justice. I never feel bored, and constantly feel fulfilled.

I also have great fun at work. For all those who feel like campus jobs are an absolute life-ruiner, it isn't here at the Mount. I work as an FA over at the ARCC, and it couldn't be a more pleasant experience. The supervisors are easy to talk to and skilled. The job itself is not stressful, and allows for time to also focus on your studies. I've made several friends from working at the gym, and I am so excited to work there again this year.

I do not regret choosing the Mount. Sure, there may be times that I wonder "What if?". What if I went to Maine? What if I chose to move so far away? But then I look outside my dorm window, see the gorgeous green

grass, the tall stone buildings, the clear blue sky, and think to myself, "I'm happy where I am now."

So, for all those students who are sitting at home, struggling to choose which school to go to, I would like to give some advice. Visit the school! That is so important. It is important that you feel comfortable and happy in the environment you will be spending most of your college career in.

Another thing I would say is, if you like me are use to being near home, make sure you are comfortable being far away. Because I thought I wanted to be as far as possible. I wanted to go to Maine for goodness sake! But now, I can't imagine being in school and not having the option to come home every weekend or so.

But the most important thing to think about when choosing your future school is, "Am I going to be happy here?" And if the answer is yes, then you've found the one, kid.

To read other articles by Angela, visit the Authors section of Emmitsburg.net.

Junior Year

Things are different at the Mount

Shea Rowell
MSMU Class of 2019

A few years ago, during my last year of high school, a single question was at the forefront of my mind. How could it not be, as every one of my friends, teachers, and family members would ask me the same question: where are you going to college? My answer was invariably some form of the ever-reassuring phrase, "I don't know." I had no clue where I would end up, or where I wanted to be. I was undecided as to what I would study, and completely lost in the sea of possible career choices. Many of my classmates were able to answer the question in startling detail, as if they had their whole lives planned. They'd be attending Shenandoah for nursing, JMU for accounting, Virginia Tech for engineering, or some specific combination of a dream school and career. I was not quite so certain. I knew that I enjoyed music, and that I loved to read and write. I wanted to incorporate both into my college studies. I wanted to continue my education in French, and even take a few classes in subjects I had never taken before. All I really knew was that I wanted to learn, and improve myself in as many ways as I could. To my dismay, none of my College Board research provided a school with a major in "Everything." Most schools I visited championed the career-oriented, fast-track programs that I dreaded, but one school was different. A liberal arts school, where every student was required to take classes in multiple disciplines. A school where faith was incorporated into the academic program, and where undecided students like myself would have the freedom to explore.

Before long, I found myself enrolled at Mount St. Mary's University, studying Music, English, and French. I fell in love with my major studies, and even those classes outside of my major like Mathematics, Philosophy, Theology, and Sociology. I was fascinated by the depth of knowledge my professors had achieved, and how they were able to challenge their students to think in new ways and expand their horizons. I found myself in awe of the people who I met there. Students standing in front of carefully-decorated poster boards, advertising Pan-Africa Club, Amnesty International, and Ballroom Dance Club communicated their enthusiasm for new members. The campus chaplain captured attention with his joyous demeanor, and friendly chatter with students. Campus calendars were filled with sports games, service trips, dances, and concerts. Even though I knew it would be impossible, I wanted to attend every event, join at least ten clubs, and take 22 credit hours of classes. The Mount had more opportunities to grow and explore than I had hoped for. I knew I had chosen the right school.

Every semester, every week, and every class I would spend at the Mount after that would affirm my choice. I would soon learn that the Mount is a place where everyone is given the opportunity to be an individual. Each person has an opportunity to grow and learn, to discover his or her passions, and to explore faith. Each is known by name by his or her professors, coaches, and instructors. At the Mount, a student is more than a number, a potential evaluation, or a blank stare in a lecture hall. Each student is a person with unique skills, passions, and backgrounds. This, for the Mount, makes all the difference.

The Mount is unique because of

the people who live and work with-in her. It's the professor whose door is always open for assistance during office hours. It's the music instructor who poses welcome challenges to his students, and guides them as they rise to it. It's the basketball players who salute their fans after a tough game out of state, and the coach who reflects upon their season with grateful tears. It's the resident assistants who work long hours to ensure the safety of their peers, and the students who spend late library nights with a large coffee and a paper to finish before morning. It's the dining staff who always greet you with a smile and familiar chatter—sometimes a hug if you're lucky. Each of these people contributes to the wider entity that is the university. Each of them leaves their mark on the school, and makes the Mount a place where everyone is given the encouragement not only to succeed, but to flourish. Sometimes, it seems that the Mount is a person herself. One with her own desires, motives, personality, and voice. She, influenced by her students, faculty, and staff, advocates for kindness, and values integrity over worldly success. She is welcoming, as many come to her seeking a home. She integrates scholarship with faith, and provides a place where students can come to live, learn, and grow.

And so I have. My two years at the Mount have passed faster than I knew time could move. But within them, I have learned about history and philosophy, theology, and sociology. I have travelled to Birmingham to explore Civil Rights history, and Gettysburg to explore the Holocaust and to experience a professional Shakespeare production. I have made music with local groups who have taught me to be courageous enough to play loudly and confidently (but also, to play the right notes), and not-

so-local groups who have taught me to survive rehearsals conducted in Russian or Chinese. I've cried through my first bite of spicy Pakistani food, and attended a morning prayer service at Frederick's local mosque with my roommate to pray as Muslims do. I've been challenged to tutor my peers in mathematics, and to climb a little higher at Cunningham Falls. I have escaped daily routines through Campus Ministry retreats, and have spent more time in prayer

and study of my faith than I ever thought I would. In many unexpected ways, the Mount and the people I've met there have given me the gifts of growth and exploration, study and faith. While in many ways I am still the same frightened young person whose future is uncertain, I couldn't be more enthusiastic to spend my present at Mount St. Mary's.

To read other articles by Shea, visit the Authors section of Emmitsburg.net.

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WHY CHOOSE THE MOUNT

Senior Year

So...It's my Senior year...

Sarah Muir
MSMU Class of 2018

As I have been informed by numerous persons, it's my senior year of college. It is funny how many people start off nearly every conversation with, "So...it's your Senior year..." and I am left to give an awkward drawn out confirmation coupled with a small presentation of what I plan to do with the next few decades of my life. Senior year, I have been told, is the odd combination of fun and arduous work. It's the culmination of one's formal education, a year filled with projects, papers, and internships to prove that one is ready and able to join the throngs of the adult working society. Perhaps I have made this sound a bit too cynical and if I did, know that it was not my intention. To be entirely frank, I feel a bit how I felt as a Freshman; nervous, excited, and a bit anxious. However, I do not feel entirely unprepared and that is entirely because of my education and experiences I have had here

at Mount Saint Mary's University.

Four years ago, I accepted to begin prepare for my future here at the Mount. I began as an undecided major, oscillating between History and English. I was seventeen, shy and a bit awkward (traits I haven't, nor will I ever, fully shake off). Yet, with all my apprehensions and "what ifs," things worked out better than I thought. In the first couple of months I fell, quite accidentally, into a job at a local newspaper because I told a girl named Lydia that I enjoyed writing, she remembered, and I was introduced into the Emmitsburg News-Journal. Now, four years later I am managing editor, which I had never expected to be. My first year of classes was wonderful, then again, I have always had a want for learning, a desire to know whatever there was for me to know. With the Liberal Arts education I have received the world has been brought closer to me, opened up, and I have been granted access to study it further with the tools I have received through my education.

I admit I complained a great deal

when, after fourteen years of formal Catholic education, I found religion classes were still a "thing" in college. Nevertheless, every theology and ethics course that I moaned and groaned about has made me a more thoughtful individual. Now, by "thoughtful" I do not mean "sharing is caring" or saying 'please' and 'thank you' (though you should do both). Rather, I have become more aware of the world around me and my place in it. More importantly, I have a deeper connection to God and my faith than ever before.

Since we have touched upon faith, the added benefit and one of the main reasons why I chose the Mount in the first place, was because it had the proper conditions to cultivate spiritual growth. My faith has always been important to me. At the Mount the Catholic faith and tradition is such an integral part of the community and I was able to thrive in my faith and reach a deeper understanding and love for God.

As far as my major is concerned, I fear I love English now more than I ever have. The professors I have met, whose courses I have taken, are filled with such an unbridled enthusiasm that it is positively infec-

tious. Even the subjects I did not much care for were redeemed by the professors. It is inexplicitly wonderful to see people so passionate and knowledgeable about the subjects they teach especially in my own area of interest. To see a love for language and literature, especially in a world that seems to be forgetting their importance is comforting. Some people seem to forget that to be an English major is not just about books, but it is a recognition of how an individual can change some parts of the world, for good or ill, with a command of words.

It is a bit bittersweet, this final year at the Mount, and I find that as the year begins I am already a bit homesick at the prospect of leaving. The Mount is a wonderful university and I am fortunate to be a part of her noble history. This brings into my mind a quote by Albert Einstein, "The value of a college education is not the learning of many facts, but the training of the mind to think," and with my senior year at the Mount beginning I find myself agreeing with him. I have been fortunate enough to receive a phenomenal education here; lessons and knowledge that will serve me long after I walk across the stage and

accept my diploma. I have learned to think and process the world around me through a multi-faceted lens all thanks to a liberal arts education and the professors that have served the Mount Saint Mary's community.

Though I'll be busy this year with internships, my studies and a few part-time jobs I know that all these things work towards a good future. I am unsure where my future is going or where my education will bring me, but I am happy to have had this time at the Mount, learning and growing and taking advantage of what they have offered to me. Throughout these four years at the mount, I have found it stunning how much can change and at the same time comforted that the particulars stay the same. I still love what I do, still strive and struggle to do it well. I am eager for this year's challenges and struggles and interested to see how I adapt and overcome whatever comes my way and see how much growing I still have to do. So, yes, it is my senior year and I am nervous about what lies ahead, nevertheless, I am looking forward to it.

To read other articles by Sarah, visit the Authors section of Emmitsburg.net.

The Graduate

"Write"

Leeanne Leary
MSMU Class of 2017

A few months ago, right before the commencement ceremonies at the Mount, I wrote a farewell to the Mount, my friends, professors, and all that accompanies life on the Mountain. Now, as students are preparing to say goodbye to summer and move back to campus for another year, I find myself saying another farewell, only this one feels more real.

As incoming freshmen are walking into their dorms for the first time setting up beds, desks, and laying down carpets all tied together by a unified color scheme and rising seniors are throwing garbage bags full of clothes, lamps, and sheets into apartments, I am sitting in Ft. Lee, VA out of the loop.

A large part of me thought that this moment would feel weird. The residence life and admissions offices are posting pictures of Pre-Orientation trips and I have friends positing about their final days of summer, and again, here I sit in what seems like a different world.

After this edition, I will no longer write for the Emmitsburg News-Journal and what seems like my final tie to Emmitsburg will begin to fade. I started writing for this newspaper when I was eighteen years old. I didn't know what I would end up majoring in, I didn't know what passions I would find, I didn't even know what religion I claimed. Yet, I sat down in front of a laptop that has since been deemed garbage, and wrote about a fundraising for Cancer event for my first article.

Over the past four years, anyone who has stuck with me has read as I figured these things out. I changed my major, joined ROTC on a whim, made my best friends, struggled through typical college stressors, took my very first trip to Haiti, ventured to India, Bulgaria, and Canada, and came out alive.

Not only did these things happen to me as they do to most people, but this Newspaper gave me the very exclusive and quasi-surreal chance to record it all as it happened. I could flip back to my March 2015 edition and probably feel the stress coming from my words as I prepared to watch all of my friends graduate at the end of my sophomore year. I could find August 2014 and marvel at my response to my first trip to a third world country, and track how that trip turned into my life over the next three years. I could pull out December 2014 and read between the lines to see a falling out with friends and how patience and apologies ruled over any classwork that might be on the table. October 2016 holds the tale of my student teaching and the 120 eighth graders I saw every day. Spring of 2017 found my love for Creative Writing and my Senior Research. This newspaper, even if nobody has been reading, even if you have only read the titles of my articles each month, has documented every ounce of growth during my time at the Mount, and it did it without me even realizing it.

The Mount will continue to go on, growing in virtues, community, leadership, discipleship, and so much more year after year as classes come and go. The Mount moves forward as the world does, and right

now a new Freshman student is moving into the dorm I cried and laughed and yelled and danced in four years ago. The majority of these passing years will never be rightfully documented or properly remembered. Some will end up as pictures in the front lobbies of the freshmen dorms and others will receive awards that earn them an engraved plate with a list of previous students, but the moments in between will exist primarily in memories and Instagram collages. Because of this newspaper and its readers, this will not be the case for me.

I probably wasn't always the most interesting read. Sometimes I was so caught up in the world of school that my articles were written frantically before deadlines. Sometimes I stared at my computer screen for hours listening to Taylor Swift Pandora and eating chocolate Ice Cream as I waited for the articles to write themselves. Sometimes my articles that sounded nice in my head turned into a blatant stream of roaming consciousness that never came to much of a conclusion. Regardless, the opportunity to share my perspective and my life with all of you and with my future self has been just that, an incredible opportunity.

What comes next for me is finally coming together. I will be moving full-time to Haiti in November of this year to teach. I will fly home for drill once a month and continue to try to live the double life that I hope I am called towards. What will come of that is entirely uncertain, but, as everything else has done over the past four years, I know that it will figure itself out and make much more sense than I could have planned for. What I do know, is that I will write it all down. This four-year journey has

taught me so much, but through this newspaper I have learned one of the most important lessons and that is to document, always. Everything will work out, or at least it has so far, but if it doesn't get written down, half the experience is lost. Writing captures all, and as I flip through the past four years of

editions, this becomes all the more obvious. So, though I am certainly not qualified to be giving life advice yet, I do have one piece of it; write it down, read it later.

To read other articles by Leeanne, visit the Authors section of Emmitsburg.net.



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FASHION

Back to school classics

Valerie McPhail
MSMU Class of 2015

September invites a new timeline. Out of sight and mind are the beach bum days, jaded by the summer sunshine; they are disrupted by a new season counting time by holidays and an academic calendar. This schedule sees time ticking quickly, gaining pace by imprudent fashion trends and growing shopping lists. Despite the fact, one shopping list sets the tone, and that is: back to school shopping.

Despite the lack, a reoccurring theme that accompanies the excitement of September fashion is back-to-school shopping. Backpacks, poppin pencils and scented highlighters are exciting accessories accompanying the classic pieces of fashion: navy polos, jean jackets and that perfect fitting white tee. These are the items that make getting dressed in the morning a joy, rather than a task for such classic pieces are easy to mix and match, and therefore, never go out of style.

Polos: Fred Perry

An alternative to the posh perspective defining athleticism in the 1990s, Fred Perry has become a match for a preppy look. The brand carries modern understanding to what Lacoste meant to sport's fashion in the early 2000's. Offering a color palette of darker shades, burgundy, navy and black, the direction

of it's style moves away from the upbeat sporty sensibility introduced by Lacoste, when polos were bubblegum pink, sunshine yellow, and green as fresh cut grass.

Rather, the British brand has supported the athletic field of fashion with designs that understand the tennis culture in another light. That is, polos featuring solid colors more often than not. Other designs sport a solid colored band decorating the front of the shirt. Made of cotton pique, the brand has created staple pieces, including the Fred Perry Shirt, a style that reflects a brand imagined by a Wimbledon titleholder, Mr. Perry to champion the court and street style fashion.

White t-shirt: Karla x Hanes

The hunt for the perfect white t-shirt has consumed fashion for seasons.

Karla Welch, renowned fashion stylist partners with Hanes Cotton Company to launch a t-shirt collaboration that marks the treasure pot. A partnership named Karla x Hanes, a variety of baby tee, sleeveless, crop and tank set the tone for a collection of standard styles and fits for every need.

Karla Welch, a figure of style, and notoriety for dressing celebrities such as Justin Beiber during his World wide "Purpose Tour" and supermodels in editorial shoots for magazines and advertising campaigns, is a natural avid t-shirt collector and aficionado for a solid white tee. Welch brings this passion to her recent col-

laboration with strong intention behind what looks like a simple design. She has disclosed in press interviews strong thought in creating a coarse fabric that softens over time and wear. Iconic supply brand Hanes proves the best support in this mission as it's price point of \$30 a-piece markets the collection on a larger scale. Karla x Hanes resolves a high fashion hunt with simplicity – what better way to set a statement of style.

Denim Jacket: Gucci

Flashback to 2010 when children's fashion became a trend among high fashion labels such as Gucci and Stella McCartney, two outspoken brands about their newly launched children's lines. Since the inception, children's clothing design has become a reflection of the fashions showcased in the mother lines.

One design of the Gucci children's embroidered denim jacket, bedazzled with patches of butterflies, bushes of roses and a sewn kitten patch is a premature version of the cropped jacket trending in both men's and women's fashion. The genesis of its style came into popularity as a summer favorite in cropped form, and remains a trending style moving into fall.

As mature style speaks of love at the writing of the phrase "L'Aveugle Par MAour," blind for love, found on the back of the jacket. The children's design inhabits the same sense of adventure through illustrations of colorful wildlife and mystical characters available on the brand's web-

site. In light of its higher price point, Gucci reflects a brand supplying fashion statements for children.

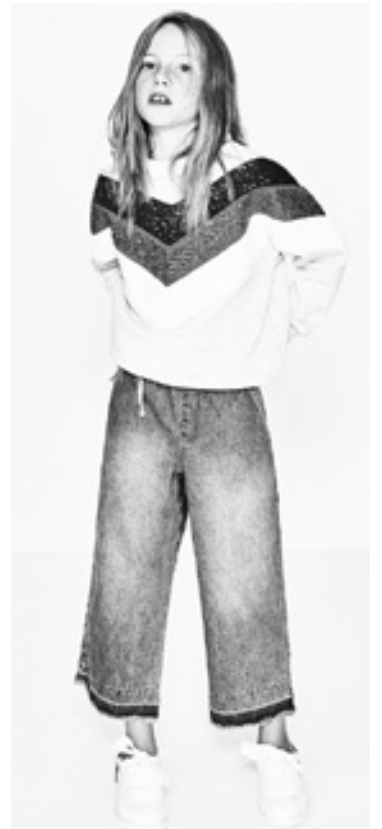
Culottes: Zara

Defined by the dramatic statement of its design: culottes are the wide leg pant found in different materials such as polyester, and cotton. When I was in Junior High School, the popular styles were made of spandex and lycra mix, offering a style equivalent to a yoga pant, now fashion has it's sights on denim designs.

As new styles of denim hold a standard title place on the back-to-school shopping list each season, it is fitting to find Culottes as a comeback style through denim. As denim experiments with style and design – the culottes support its innovations. Zara, a Northern Spanish retail fast fashion distributor, relates the current denim trend to children's fashion through designing culottes for children. Culottes have made a comeback, not as a practical piece of clothing, conceived for the function of breathability and ease, but now finds these characteristics for the purpose of style and drama in the name of fashion.

Sneakers: Converse all Star High Tops

A solid black and white, monochromatic canvas sneaker, accented with an iconic star has set territory in homes of many generations, starting as early as grade school. The minimalist style carries an earnest sense of practicality built in it's design tracing



The newest fashion statement is denim in children's culottes.

back to 1908, a product launched as a rubber shoe, later as an athletic shoe for basketball players sporting the "All Star" style in 1920.

The characteristics that have created this staple Nike brand line have also streamlined its appeal to the fashion industry. Durability and Simplicity has defined its longevity, and without a doubt it has remained in the school ground courts and expanded beyond, into interests of fashion editors and collaborations with high fashion brands. The charm behind the All Star design is its ability to support universal functions and great perspectives on style. With a sharp, distinct style, it provides expression without losing function.

Classic fashion brings a solitude perspective in the haste of pace found at this time of year. As fashion attends to the exotic styles leading the world of design, there is humility in finding fashion within the pieces that can never go out of style. Just like the practical items needed for school each September – a backpack, calculator and pack of pencils – in the same way there is value placed on the solid white t-shirt, sporty polo denim culottes found in the malls and available online shopping. Despite the lack of news, reporting on the current trends in children's fashion, the richness of its field design is found in timeless pieces, providing stability in the ever-changing, developmental period of a child's life. The reports on children's fashion rest on the constant fashion styles provided at this time.

As the pressure propels, preparation is key, and prompts dressing for success. This finds expression in fashion that will create the picture perfect outfit for the school's yearbook, and standard styles adhering to a school's expected dress code — reasons other than attention-seeking styles of the moment. The level of investment relies on practicality. Offered by timeless pieces, these are a fashion statement that cannot be beat.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.

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Nationally lauded musical group

On September 8, the Third Practice vocal ensemble will perform a concert of sacred music at the Immaculate Conception Chapel of Mount St. Mary's University at 7:30 p.m. The program features William Byrd's Renaissance masterpiece, Mass for Four Voices, interspersed between Joshua Bornfield's Reconstruction, a fantasy on 19th century American hymnody. The composer, who currently resides in Baltimore, will be present performing as a mem-

ber of the ensemble.

Third Practice is a chamber vocal ensemble specializing in adventurous programs that explore the connections between today's music and the music of the past. Since its formation in 2011, it has quickly grown into a leading voice of contemporary music in the greater Baltimore-Washington area. The ensemble has performed at such prestigious venues as the Washington National Cathedral, the Na-

tional Gallery of Art, Georgetown University, Dumbarton Oaks, and the Baltimore War Memorial.

Third Practice has been praised for their "ethereal voices" (Washington Life Magazine) and "first-rate" performances (New York Times). Their name references the late style of composer Claudio Monteverdi, in which he is said to have fused elements of the older "first practice" with the contemporary "second practice," creating a rich new musical language.



CATS Musical to help SPCA!

Gettysburg Community Theatre announced their cast of their upcoming production of CATS the musical, which will be a special fundraiser as a portion of every ticket sale will go to the Adams County SPCA.

The Andrew Lloyd Webber hit musical CATS, based on T.S. Elliot's "Old Possum's Book Of Practical Cats", is currently celebrating a Broadway Revival in NYC, but audiences may be very interested in seeing an all new concept production of this musical right here in Gettysburg for less than half the price of a Broadway ticket.

This new concept of an all youth cast production of this

blockbuster musical begins with children of today discovering a large pile of books from what seems to be abandoned, vacant remnants of a book store, and as they read, their imaginations run wild creating the various cat characters from T.S. Elliot's poems.

Performing Fridays and Saturdays at 7 p.m. and Sundays at 2 p.m. September 15th-October 1st, this production of CATS at Gettysburg Community Theatre is directed by GCT Founding Executive/Artistic Director, Chad-Alan Carr and Kate Sainer, one of the many talented Teaching Artists of GCT.

The cast includes an all youth cast of 40 children ages 4-18

from six different counties including: from Gettysburg: Jezebel Abma, Ellen Cadigan, Max Carlson, Harrison Crow, Hannah Green, Stephanie Green, Kalia Hoedemaker, Lilliana Hoedemaker, Gaven M. Jones, Paul Kennedy, Spencer K. Kennedy, Emma Kirk, Emma Landis, Giada Langville, Audrey Norwood, Gabriella Scavitto, Audrey Trax, Tessa Trax, Rachel Wessell; from Littlestown: Keira D. Lee, Aubrey Hancock, and Jordyn Willis; from Fairfield: Linden Carbaugh; from York Springs: Aurora Hicks; from Waynesboro: Gaven Dingle; from Fayetteville: Aidan Higgins; and from Emmitsburg: Richard Coursey and Madelyn Greco.

CATS was a big hit in its original productions on Broadway and in London, and currently has a revival production on Broadway closing soon.

"Many of the GCT cast of children will be taking a bus trip to NYC this month", says Carr, "to see the current Broadway revival production before performing in their own production of CATS here at GCT in September. But this youth production is like no other children's show you have ever seen before. It really can be more than just amazing dancers and choreography. It is really about storytelling, and imagination. It is after all, based on a book of poems."

Tickets to CATS are \$18 +tax/fees each. Reserved seating tickets are available in advance online or via phone or at the door if seats are available in GCT's very intimate 80 seat theatre.

As always at GCT, the lemonade, water, coffee, popcorn, and air conditioning is all complimentary. GCT is located at 49 York Street within the first block of Lincoln Square in historic downtown Gettysburg.

GCT box office phone number is 717-334-2692. Audition, ticket, educational, donation, volunteer opportunities and more can be found online at www.GettysburgCommunityTheatre.org

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Tony Little Owner & Jane Moore Co-Owner along with Cinnamon Smith our full time Property Manager had their Grand Opening of their new office at 320 S. Jefferson St on August 2nd. Attendees included Frederick Mayor Randy McClement, Heather Gramm, Kirby Delauter for making our day special. Just Right Property has been successfully growing since 2012, Tony and Jane manage properties from Frederick, to Washington County, Pennsylvania, & Montgomery Coun-

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Sportsman's



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Saturday, September 30, 2017

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- Game #12: MOSSBERG PATRIOT PKG 270 WIN
- Game #14: WINCHESTER SXP FIELD 12 GA
- Game #16: REMINGTON 783 CAMO PKG 243 WIN
- Game #18: WEATHERBY PA-08 20 GA
- Game #20: MARLEN 336W 30-30



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ARTS

Majestic presents the Red Hot Chilli Pipers

Jean Grubesty
Majestic Theator

World's most popular bagpipe rock band to play at Majestic Theater

Bagpipes with attitude. Drums with a Scottish accent. The Majestic Theater, Gettysburg will rock on Tuesday, September 26 at 7:30 p.m. with the Red Hot Chilli PIPERS – (NOT the Peppers!) – a 9-piece ensemble consisting of pipers, guitarists, keyboards, and drummers – who have been rocking the world from New York to Beijing to Melbourne and everywhere in between with musicianship of the highest order and a passion for pipes that will leave you breathless. “A Red Hot Chilli Pipers concert is akin to a traditional Scottish Hogmanay, or New Year’s Eve Celebration,” observed Jeffrey Gabel, The Majestic’s Founding

Executive Director. “So don your kilts and let’s party!”

A blazing rock band and show so hot, it carries its own health warning! It’s Bagpipes. It’s Rock. It’s Bagrock. AC/DC meets the poet Robert Burns. Where rock anthems sit comfortably alongside the great tunes from the glens and the mountains of Scotland. The band has four music degrees from the Royal Scottish Academy of Music and Drama and all the pipers and drummers have played at the top level in bagpiping.

Since they walked away with the top prize on the primetime TV talent show, “When Will I Be Famous” in the U.K. in 2007, the Red Hot Chilli Pipers haven’t stopped for a breath, other than to inflate their bagpipes! Formed in 2002, The Chillis have fast become a global phenomenon, taking their signature ‘Bagrock’ sound to the masses with their

unique fusion of rocked up Bagpipes and clever covers of popular songs from all genres. Their trademarked sound is a unique fusion of traditional pipe tunes – like “The Flowers of Scotland”, “The Hills of Argyll”, and “Amazing Grace” (done Chilli-style, of course!) – and contemporary anthems like Queen’s “We Will Rock You”, “Clocks” by Coldplay, “Chasing Cars” by Snow Patrol, “Let Me Entertain You” by Robbie Williams, and a fantastic rock medley of “Deep Purple”, “Smoke on the Water”, and AC/DC’s “Thunderstruck”.

The Chillis have never been more in demand for their infectious style of feel-good music which appeals right across the age range to people all over the world. They are the very best musicians from Scotland and across the globe – many holding World Champion titles and all serious players with impressive cre-



dentials and qualifications. There has never been anything quite like The Red Hot Chilli Pipers. Feel the Chilli heat: It’s time to come closer to the fire!

Tickets can be purchased, \$45, \$35, \$25 by calling 717-337-8200, visiting gettysburgmajestic.org or

stopping by the Box Office, 25 Carlisle Street, Gettysburg.

The Majestic Theater at the Jennifer and David LeVan Performing Arts Center is owned and operated by Gettysburg College as a cultural treasure for its campus and the community.

Weinberg announces 2017-2018

Ashley Birdsell

The Weinberg Center for the Arts announced the complete lineup for its 39th season of live comedy, music, dance, family programming, and film, reflecting its commitment to presenting diverse, affordable entertainment for the Frederick community. The season will open on September 29 with powerhouse singer Storm Large, known for her work with the band Pink Martini.

In addition to Storm Large, other 2017 Series performances include: Craig Morgan: American Stories Tour

– Sept. 30; Rhiannon Giddens: The Freedom Highway Tour – Oct. 1; Red Green: I’m Not Old, I’m Ripe Tour – Oct. 12; Classic Albums Live: Hotel California – Oct. 20; Martin Sexton Trio – Oct. 21, Tracy Lawrence – Oct. 22; The United States Army Band “Pershing’s Own” – Nov. 11; The Steel Wheels – Nov. 16; Shadows of the ‘60s: A Holiday Tribute to Motown – Dec. 2 and The Deanna Bort Band: New Year’s Eve – Dec. 30.

The Weinberg Center will once again host the Frederick Speaker Series, which is celebrating six seasons of bringing world-class leaders into

the community. As previously announced, the lineup features Dr. Temple Grandin, Ted Koppel, Mitch Albom, and Rita Moreno.

The 2017-2018 Family Series will feature familiar and new characters alike in performances appropriate for all ages. Shows will include Champions of Magic, Flip FabriQue: Catch Me!, Daniel Tiger’s Neighborhood – LIVE!, Lightwire Theater: A Very Electric Christmas, and Catapult.

The Weinberg Center will continue to showcase emerging artists in its pay-what-you-want Tivoli Discovery Series. The 2017-2018 lineup in-

cludes Bailen, The Commonheart, Cyrille Aimée, New Breed Brass Band, and Dead Horses.

Honoring its roots as the former Tivoli movie palace, the Weinberg Center will continue to present its Silent Film Series, featuring live accompaniment on its Wurlitzer organ. The series begins November 4 with a screening of 1925’s stop motion spectacle “The Lost World.” The popular Flying Dog Film Series returns September 27 with “Tombstone,” and will feature films such as “The Princess Bride,” “Dirty Dancing,” “Wayne’s World,” and “The Terminator.”

A cornerstone of the Frederick arts community, the Weinberg Center has offered high-quality live entertainment in a landmark venue since 1978. “Putting together a season is always an adventure, as our goal is to present a diverse list of events,” said John Healey, Executive Theater Manager. “The upcoming season presents some old favorites, but quite a few newcomers that help us fulfill our mission.”

A complete listing of artists and performers scheduled for the 2017-2018 season can be found at WeinbergCenter.org. Tickets and memberships can be purchased online at WeinbergCenter.org, by calling the Box Office at 301-600-2828, or in person at 20 W. Patrick Street.

Gettysburg Community Concert Association Launches 74th Season membership campaign

Join GCCA now during the membership campaign. The upcoming 2017-2018 season offers five concerts in Gettysburg with the extra value of a reciprocal agreement with the Hag-

erstown and Waynesboro Concert Associations adding eleven more shows for free with membership

GCCA fulfills its mission of bringing great classical performers to the area by opening the season

with “Silver and Strings” featuring Gettysburg’s own, Julee Hickcox, on flute, with viola, violin, and harp. “Adaskin Trio” with oboist Thomas Gallant, the all-female brass quintet “Seraph Brass”, “Armidia Quartet” from Berlin, Germany, and pianist Lorraine Min-

fer a stellar 74th classical concert season. Additionally, three Student Outreach programs, supported by membership donations and grants, will be performed in area schools.

Both of the regional partners in Hagerstown and Waynesboro go “a little bit country and a little bit rock

n’ roll” with programming ranging from a Hank Williams tribute, the “Three Red-neck Tenors” as seen on America’s Got Talent, the Gettysburg Big Band, some jazz, swing and tap, then wrapping it all up with the “Fabulous Hubcaps Rock N’ Roll” for a season of nostalgia and fun. An adult membership is \$50. Children to age 18 and college students with ID are free. GCCA concerts are at 7:30 pm in the large, comfortable and easily accessible Gettysburg Area High School Auditorium, 1130 Old Harrisburg Road, where there is always open seating and ample free parking.

For information call 717-334-3788; e-mail info@gettysburgcca.org;

www.gettysburgcca.org. The Gettysburg Community Concert Association 2017-2018 Season is supported in part by a grant from PA Council for the Arts, a state agency funded by the Commonwealth of PA and the NEA, a federal agency; the Adams County Arts Council’s STAR Grant Program which is funded by the Adams County Commissioners and the Borough of Gettysburg; the Adams County Community Foundation.

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Tickets: \$45, \$35, \$25

25 Carlisle Street, Gettysburg

Capitol Theatre presents Voodoo Daddy

Stephanie Allee

The Gilmore-Hoerner Endowment will present a special, one night only concert by swing revival band, Big Bad Voodoo Daddy on Friday, September 1, 2017 at 8:00 p.m. at the Capitol Theatre in Chambersburg, PA. Tickets for the event are \$12 each, all seats reserved, and will go on sale August 1, 2017 at the Capitol Theatre at 717-263-0202 or online at www.thecapitoltheatre.org. The Box Office is open from 11 a.m. - 4:30 p.m., Monday thru Friday and one hour prior to show. The theatre is located at 159 S. Main Street in Chambersburg.

2017 marks the 24th anniversary of Big Bad Voodoo Daddy's remarkable arrival onto the music scene. Since its formation in the early nineties in Ventura, California, the band has toured virtually nonstop, performing on average over 150 shows a year, and has produced a sizable catalog of recorded music, with sales of over 2 million albums to date. Early on, during their legendary residency at the Derby nightclub in Los Angeles, they reminded the world, in the midst of the grunge era no less, that it was still cool to swing.

The band, cofounded by singer Scotty Morris and drummer Kurt Sodergren, was at the forefront of the swing revival of that time, blending a vibrant fusion of the classic American sounds of jazz, swing, and dixieland, with the energy and spirit of contemporary culture. Big Bad Voodoo

Daddy's all original core line-up includes Scotty Morris (lead vocals and guitar), Kurt Sodergren (drums), Dirk Shumaker (double bass and vocals), Andy Rowley (baritone saxophone and vocals), Glen "The Kid" Marhevka (trumpet), Karl Hunter (saxophones and clarinet) and Joshua Levy (piano and arranger).

Big Bad Voodoo Daddy's efforts to promote and revitalize swing music have taken shape as much more than a simple tribute. Taking inspiration from the creators of this uniquely American art form, the band's original horn-infused music and legendary high energy show introduces the genre to a new and younger generation while remaining cognizant and respectful

of the music's rich legacy. Big Bad Voodoo Daddy's first phase of stardom featured an appearance in the 1996 indie film *Swingers*, a movie that not only launched the careers of Vince Vaughn and Jon Favreau, but introduced Big Bad Voodoo Daddy to an audience beyond their Los Angeles base. The band's music has appeared in countless films and television shows, including *The Wild*, *Despicable Me*, *Phineas & Ferb*, *Friends*, *Third Rock from the Sun*, *Ally McBeal*, and *So You Think You Can Dance*. They have appeared live on *Dancing with the Stars*, *Late Night with Conan O'Brien*, NBC's *Christmas in Rockefeller Center*, *The Macy's Thanksgiving Day Parade*, a remarkable seven appearances on *The Tonight Show with Jay Leno*,



and the Super Bowl XXXIII Halftime Show. The band has also appeared as special guests with many of the country's most distinguished symphony orchestras, and has performed for three U.S. Presidents. After 24 years, 10 records, over 2800 live shows, and countless appearances in film and television, Big Bad Voodoo Daddy is showing no signs of slowing down, and is looking forward to celebrating its 25th anniversary in 2018.

Created "in furtherance of the musical, literary, artistic and dramatic benefit and enjoyment of the citizens of Chambersburg forever", The Gilmore-Hoerner Endowment is a trust established by

William Stenger Hoerner (1867-1935) and his wife, Gail Gilmore-Hoerner (1870-1916). A graduate of Fort Loudon Schools and Franklin & Marshall College, William became a successful trial lawyer. A graduate of Wilson College, Gail was a member of a Chambersburg family that had been prominent in town affairs for several generations.

The couple's shared love of the arts and their concern for their community led to the establishment of the endowment. Since 1967, the Gilmore-Hoerner Endowment has sponsored over 50 programs including trips to cultural events, workshops, and per-

formances. Under terms specified by Mr. Hoerner in his will, the Endowment provides artistic and cultural opportunities for the community at remarkably low prices to enable greater participation for all ages, from senior citizens to families with children. While in the past, the Endowment partnered with local non-profits in bringing performances to local stages as well as providing small grants to local arts organizations to enrich their programs and outreach, the Endowment now uses its resources to bring higher-ticket programming to the community while retaining lower ticket prices.

Way Off Broadway presents Sister Act

The Way Off Broadway Dinner Theatre will welcome the "Sunday Morning Fever" this fall when its production of the Heavenly musical comedy *Sister Act* takes to the stage beginning September 8th.

Based on the hit motion picture starring Whoopi Goldberg, *Sister Act* is a musical comedy sensation. When disco diva, Deloris Van Cartier, witnesses a murder, she is put in protective custody in the one place the cops are sure she won't be a found: a convent! Disguised as a nun, she finds herself at odds with both the rigid lifestyle and uptight Mother Superior. Using her unique disco moves and singing talent to inspire the choir, Deloris breathes new life into the church and community but, in doing so, blows her cover. Soon, the gang is giving chase, only to find them up against Deloris and the power of her newly found sisterhood.

The original Touchstone Pictures film starring Goldberg as Deloris and Maggie Smith as Mother Superior was released in 1992, becoming a box office success. In total, the film brought in over \$230 million worldwide.

It wasn't until 2006 that a version of *Sister Act* first made it to the stage, premiering at the Pasadena Playhouse in Pasadena, California. At the time, a critic for the Los Angeles Times wrote that the musical had "Broadway

blockbuster written all over it."

The New York production ran for almost 600 performances and received a number of Tony Award nominations including ones for Best Musical.

The cast of this fall's production will be led by stage veteran Genevieve Williams as the wise-cracking disco diva Deloris Van Cartier. Williams will be joined on stage by Zachary Bryant, Joe Chacón, Melissa Gregory, Michael Hudson, Jaimie Lea Kiska, Carol Niedringhus, Michael Reid, Amanda Schrider, Jordan B. Stocksdale, Kasey Taylor, Tori Weaver, Megan E. West, and Jessica Billones as Mother Superior.

Way Off Broadway's production is directed by the theatre's Executive Producer, Bill Kiska, with choreography by Dee Buchanan, and music direction by Jordan B. Stocksdale.

Sister Act will run from September 8 - October 27, with performances every Friday and Saturday evening, and matinees on the 1st, 3rd, and 5th Sunday of each month.

Tickets can be purchased by calling the Box Office at (301) 662-6600 or by visiting the theatre in person. For additional information about *Sister Act*, or any of Way Off Broadway's productions, visit www.wayoffbroadway.com.



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SPORTS

Thurmont finishes 2nd in Regionals

Edison Hatter

Little League baseball has a magical ability to pull small communities together to cheer for a group of young baseball players on a journey. Some went to the Thurmont Roy Rogers, others trekked into Glory Days in Frederick, more traveled to Bristol with the team, and yet others simply watched from home. Thurmont was recently swept into the Little League Baseball exhilaration as their team competed in the Mid-Atlantic Regional Tourna-

ment for only the second time in the team's 66 year history. Before the team left for the tournament, they heard advice from John Tomasini, coach of the 2005 Thurmont Little League team that won the Maryland state tournament, and received a recorded message from Buck Showalter, manager of the Baltimore Orioles. "No matter what happens in Bristol," Tomasini told the team, "you've already achieved something only one other Thurmont Little League team ever has. You're already winners." "We're very proud of

you guys," Showalter said, "I know you're playing in Bristol, and we all will be watching. I can't tell you how proud we are of you."

Thurmont fell, 10-5, in their opening game to Pennsylvania, forcing them to fight through the losers' bracket if they wanted to make the championship game. Thurmont was back on the field again the next day, ready to begin the journey against Washington DC. After struggling early in the game, Thurmont pulled away for a 7-2 win, eliminating Washington, DC.

Thurmont had the next day off to prepare for another elimination round game, this time against Delaware with a trip to the losers' bracket final on the line. Lowery was back on the mound for Thurmont, but struggled in the first inning. The next batter, Paris Mitchell, hit a soft ground ball to second base that scored a run to give Delaware an early 1-0 lead. Skowronski worked a walk and Gisriel lined a single to center with two outs in the bottom of the first to give Thurmont a chance to tie the game or better, but they failed to score and trailed by a run after one inning. Delaware picked up a single in the top of the fourth inning, but Thurmont was able to keep them from scoring any runs in the inning. Thurmont couldn't keep Delaware off the board in the top of the fifth inning as a lead-off walk eventually scored on a two-out RBI single that gave Delaware a 2-1 lead. With their

season on line, Thurmont broke out in the bottom of the fifth, highlighted by two two-run homeruns, one from Logan Simanski and another from Gisriel to give Thurmont a 5-2 lead heading into the final inning. Skowronski and Simanski were able to finish off Delaware in top of the sixth to seal a 5-2 Thurmont victory as they once again avoided elimination and earned another date with Pennsylvania and a trip to the Regional Championship Game on the line.

The rematch against Pennsylvania started poorly for Thurmont as they left five runners on base through the first two innings while Pennsylvania picked up a few timely two-out hits to take a 3-0 lead into the third inning. However, Thurmont fought back in the top of the third and scored three runs to tie the game, including two on a huge two-out RBI single from McMannis. After holding Pennsylvania scoreless in the bottom of the third, Thurmont blew the game wide open in the top of the fourth inning, scoring ten runs on eight walks, an error, a pair of doubles, and a monstrous grand slam off the bat of Simanski.

Thurmont's final game of the tournament was held the next night against Jackson, New Jersey. One of Thurmont's star pitchers, Simanski, was back on the mound for the title game. After getting two quick outs in the top of the first, he allowed a solo shot to Chris Carntnick that just made it over

the fence to give New Jersey a 1-0 lead. Thurmont's defense made a crucial throwing error in the top of the second that allowed two more New Jersey runs to score as they took a 3-0 lead. New Jersey went on to score four more runs in the inning on a two-run RBI double and a two-run homerun to take a 7-0 lead into the bottom of the second inning. Thurmont finally broke through the New Jersey pitching in the fourth, scoring three runs on two RBI walks and an RBI single to get within four runs of New Jersey. Unfortunately, Thurmont couldn't drive in the run and trailed by four heading to the last inning. New Jersey finally broke through Castellow in the sixth, scoring an insurance run and leaving another runner stranded at third. Thurmont came to bat in the bottom of the sixth with their season on the line. Castellow lined a single to the opposite field with one out, but Thurmont couldn't rally and fell 8-3 to New Jersey to conclude their amazing season.

Upon returning home, the team was welcomed back with a parade through town the week after the tournament. Hundreds turned out to attend the celebration and celebrate the accomplishments of the team. In addition, the team was invited to Camden Yards on August 29 to be honored on the field prior to the game. The entire community of Thurmont and state of Maryland should be extremely proud of this team!

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Sports preview

Samantha Barbato
MSMU Class of 2018

The Mount has been lucky to announce an outstanding class of freshmen athletes to enhance the athletic program in the upcoming year, but that doesn't mean that that is the only change that has been brewing.

This year, in addition to welcoming incoming freshmen as well as new coaches and staff, the Athletic Department will also welcome a new team; Women's Rugby. The Mount Women's Rugby team will enter into its first year as a Division I sport this fall due to the success of the team in past years. This switch to Division I means that the Mount will be one of seven Division I Women's Rugby schools in the nation, competing with Brown, Harvard, Quinnipiac, Dartmouth, Sacred Heart, and the United States Military Academy. The team also welcomes Farrah Douglas, a member of the 2006 and 2010 National Rugby team, as their new head coach for their first season under the Division I title.

The Mount Women's Soccer team got a positive kickstart on their season during their first game at Loyola University on August 18. The Mount was able to cruise past Loyola, 3-1, with the help of goals from junior, Sarah Harmon, freshman, Maria Buonomo, and junior transfer from Villanova, Kayla Hughes.

The team won their first game of the season under the direction of Head Coach Joe Nezman as well as a new additions to the staff, Eliza Bona and Tori Krause. Bona, a Central Michigan soccer standout, joined the staff

this summer as the Assistant Coach for the team. Krause, who also joined as an Assistant Coach, was formerly the director of performance analysis for women's soccer at University of North Carolina as well as a player herself for four years on Dickinson's team.

The soccer team had their season home opener with a crowd on Sunday, August 20 against UMBC. The women fell to UMBC on home turf with a score of 0-1 after a tough fight.

The Mount Women's Tennis team will begin their season on September 8 at the Bucknell Invitational. The women will be playing five invitationals in their fall season for lots of matchplay in shorts intervals as they prepare and train for the NEC Championship in the spring.

"I'm really looking forward to the upcoming school and athletic year. I think that our new roster has a lot of potential to succeed this season," says junior Emma Blake. "I'm excited for the team to be able to create a bond that will help us to succeed on and off the court. I'm ready to grow with my fellow lady Mountaineers!"

The women will welcome three new freshmen to the roster this year, Megan Smith, Megan Gamble, and Mia Pitman, who they hope will bring a positive energy to the team aura as well as bring additional talent into the lineup.

The Mount Men's Tennis team also looks forward to the upcoming fall season, as they also will look to start their season off with wins at the Bucknell Invitational. The men will compete in invitationals this fall, alongside the women, as they prep and train for the NEC title.

Both teams look forward to the Mount St. Mary's Invitational, the first set of matches on home courts this year! They will welcome multiple teams from the state of Maryland for both the men's and women's teams on the weekend of September 22-24.

The Cross Country team also looks to improve their times and records this upcoming fall. Last year was their first year under the direction of Coach Fitzsimmons, and many athletes improved their performances under his coaching. "Everyone who bought into Coach Fitzsimmons program did really well last year so we're excited to see where that takes us this year," says Captain Chris Evans. The pre-season poll placed the team at 5th at conferences, but under of the direction of Fitzsimmons, they feel they can and

will prove that poll wrong.

The Swim and Diving team also looks forward to the upcoming year, as the second year with a men's team. The women look forward to the year ahead after ending the season last year with confidence. As for the men, they look forward to continuing their Mount legacy after an extremely successful inaugural season.

"There was a huge change having both a new men's team and a large freshmen class, but we really came together to form a great team," said senior Bridget Vaughan. "The men did really well at ECAC's this past year, which is really awesome for a brand new team. Our men's relay team made the final which was exciting to see."

Both men's and women's teams look forward to coming off of a posi-

tive season last year and will face their first opponent on October 6, when they will welcome Virginia Military Institute to the pool.

Mount Basketball was lucky enough to be recognized for leading the Northeast Conference in attendance at games this past year. The Mount community looks to carry this theme through to the rest of its sports, starting in the fall of this year! Whether you come check out the tough competition in Waldron Stadium from the Women's Soccer team and stop by the concessions stand, sit in the shade on the hill to watch some fall tennis, or check out the intense competition through the brand new Division I Rugby team, Mount sports are eager to see you at games and matches!

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COMPLEMENTARY CORNER

Being authentic

Renee Lehman

Merriam-Webster dictionary defines authentic as: not false or imitation; or true to one's own personality, spirit, or character is sincere and authentic with no pretensions. But what does being authentic look and feel like? I believe that in our modern-day society, we are currently seeing ill effects of us not being authentic.

Oscar Wilde stated, "Be yourself, everyone else is already taken." But how often do we do this? We can be so concerned with what others will think of us or how we will be perceived if we say/do one thing or another. So, my bet is that we often are not true to our own nature.

Mike Robbins, author and speaker, has said that authenticity takes courage, and dedication to look deep within ourselves and tell the truth about ourselves. It takes courage to be vulnerable and acknowledge, own, and share our true beliefs, thoughts, feelings, desires, insecurities, embarrassments, etc.

Did you know that the root of the word courage is cor - the Latin word for heart? Originally, the word courage had a very different definition than it does today. Courage originally meant "To speak one's mind by telling all one's heart." Over time, this definition has changed, and, today, courage is more associated with having mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty (Merriam-Webster dictionary).

We need to speak openly and sincerely about who we are, what we're feeling, and about our expe-

riences (good and bad) in life; to speak from the heart.

To do this, we must be willing to be vulnerable. In our society, we have the misconception that vulnerability is a weakness. Dr. Brené Brown, states that "we associate vulnerability with emotions we want to avoid such as fear, shame, and uncertainty. Yet we too often lose sight of the fact that vulnerability is also the birthplace of joy, belonging, creativity, authenticity, and love." She dismisses the cultural myth that vulnerability is weakness and reveals that it is, in truth, our most accurate measure of courage (The Power of Vulnerability, Sounds True, 2012).

In Dr. Brené Brown's TED talk - The Power of Vulnerability, she states that we are the most in-debt, obese, addicted, and medicated adult group in U.S. history. Why? Because we become numb to vulnerability. We live in a vulnerable world, and we become numb to vulnerability by over-spending, over-eating, over-medicating. Then, we don't have to feel vulnerable. But then, we also become numb to joy, gratitude, and happiness; because you cannot selectively numb one emotion without numbing other emotions.

Regardless of the reasons why we may not be living with authenticity, there are many benefits to being authentic. For example:

- You will be more content, rather than trying to make others happy.
- You won't have anything to prove, if you don't try to impress others.
- You will inspire others, if you are honest and follow your heart.

- You will make better decisions based on your truth, and not someone else's truth.
- People will be more likely to trust you. Honesty goes a long way!
- You'll attract people who appreciate the real you.
- Your unique, creative talents will stand out.
- You will improve your intuition.
- You will be more accepting of your own personal flaws, as well as others.
- You will realize that you are worthy, just as you are.

So how can we start being open and real? How can we become more authentic, increase our fulfillment in life, and empower ourselves?

Mike Robbins has five key principles to follow for being your authentic self (from Be Yourself, Everyone Else is Already Taken, by Mike Robbins (Wiley, April 2009)):

Know Yourself - Make a commitment to your own personal growth. Discover more of who you are. Seek out and allow the support, honest feedback, and guidance of others.

Transform Your Fear - There's nothing wrong with having fear, it's the resistance and denial of fear that is the real problem. When you admit, own, feel, and express your fear, you can move through it, transform it, and utilize its power in a positive way. Acting in the face of fear is courageous and empowering.

Express Yourself - Have the courage to speak your truth boldly. Deal with conflicts directly. Express your emotions fully. Be vulnerable and real about what you think and how you feel. While on the surface you may worry that this will be seen as "weak," expressing yourself completely gives you access to real freedom and power

Be Bold - Live, speak, and act with courage, passion, and truth — even if it's difficult or scary. Go for what you want in your work



We can think of no one who represents better the ten points Renee listed in her article than the man we quote on our masthead - Edward R. Murrow. While searching for his photo we came across this timely quote from him: "Is it not possible that an unruly head of hair, an infectious smile, eyes that seem remarkable for the depths of their sincerity, a cultivated air of authority, may attract huge television audiences regardless of the violence that may be done to truth or objectivity?"

and in your life. Then get back up when you fall down.

Celebrate Who You Are - Appreciate and honor who you are, what you do, and the gifts and talents that you have. Celebrating yourself is not about being arrogant. It's an awareness of your own power and it's the key to self-confidence, fulfillment, and authenticity.

Let yourself be seen. Love with your whole heart. Believe that you are enough! This will liberate you and touch others around you.

If you want more information on how to become more authentic, I would recommend reading Be Yourself, Everyone Else is Already Taken, by Mike Robbins (Wiley, April 2009), or one of Dr. Brené Brown's (a research professor at the University of Houston) books. You may even be interested in watching her TED talk - The Power of Vulnerability,

which is one of the top five most viewed TED talks in the world with over 30 million views.

"Always be yourself, express yourself, have faith in yourself, do not go out and look for a successful personality and duplicate it." — Bruce Lee

"It's hard to practice compassion when we're struggling with our authenticity or when our own worthiness is off-balance." — Brené Brown

"We are constantly invited to be what we are." — Henry David Thoreau

Renee Lehman is a licensed acupuncturist and physical therapist with 30 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.



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FITNESS AND HEALTH

Easing stiff muscles

Linda Stultz
Certified Fitness Trainer

Stiff muscles can come from a variety of things, some of which are sitting too long, sleeping wrong at night, exercise or over exertion. Whatever the cause, stretching, massage, heat and breaking up tight fascia may help. Applying heat before doing any of the others mentioned may help soften the muscles and enable them to ease the tension.

Stretching cold muscles could cause injury or just more tension to your problem areas. A good massage therapist will be able to find your tight spots even when you did not feel them. They are trained to detect tight muscles and tension and use the correct amount of pressure for the area in distress. They

may also use trigger points to help the muscle release at the sore spot and possibly all through the area.

Sometimes the spot causing the problem is not where you feel the hurt. The area affected may be inches away from where the actual knot in your muscle really is. Stretching is also a good way to work out the kinks in a tight muscle. You will want to start slowly and stretch out your muscles a little at a time and hold the stretch for a short time at first.

The secret to proper stretching that most people do not realize is that you need to hold the stretch for a slow count of ten or twenty seconds at first and add a few seconds each time you stretch. Many people stretch their arms or legs up and bring them down right away, like a waving motion. To get

the most out of your stretching routine you need to stretch up and hold it for a while. Stretching this way gives the muscles a chance to lengthen a tiny bit at a time not just be going in an up and down motion.

Sometimes people try to stretch too far at first and this can cause injury or tear the muscle. Starting slow, as with exercise or anything new, is the safe way to go. I have talked about heat, massage, stretching and exercise for tight muscles but something many people are not familiar with is fascia.

Fascia is a clear, sticky covering that holds our muscles, ligaments and organs in place under our skin. When the fascia gets tight and tangled it can cause tension, stiffness and pain.

Releasing fascia tightness with a deep massage, which can be done yourself at home, will help take away some of the pain from headaches, sore shoulders, knees or any part of the body that is affected. There is helpful information out there about how to massage muscles with some fascia blaster instruments that are simply rollers that you can use yourself.

As with everything new, if you have any questions, concerns or medical issues, always check with your doctor first. I was amazed at how just a few minutes a day could take away some nagging soreness that can cause headaches or other discomfort in your body. I hope

this information will be helpful to someone and may spark an interest in learning more about the connection between your muscles and fascia and how they work together.

Remember to keep moving to maintain and achieve your best health possible. Any questions, you can reach me at 717-334-6009.

If you have any questions, please call 717-334-6009. Fitness helps your total wellness. Sometimes fitness trainers can help you or we can direct you to someone who can help. That's what we are here for. Remember Keep Moving!!

Expert answers

Jason Blough
Anytime Fitness

Question: I was at the gym the other day and saw someone drinking a sports drink during their workout. Is this really needed if you're only in the club for a typical one-hour workout?

Answer: The short answer is no! The average person, who works out for 60 minutes or less, will need nothing more than water to get them through their workout. Your body has all the fuel it needs to exercise for that long, especially if you start the workout well-fueled—and you should! It really comes down to your goals, and the type of workout you're doing in order to reach those goals.

If optimal performance is your focus, or if the planned workout is very intense or longer in duration, then sports drinks may be a good choice. In these instances, your body will need the extra calories and electrolytes. In fact, research has proven this over and over again. If you have additional questions related to sports drinks and performance, then contact a sports di-

etitian or personal trainer.

Jason Blough is the Club Manager/Certified Personal Trainer at Any-

time Fitness in Thurmont To submit a question for future articles, please contact the author at thurmontmd@anytimefitness.com.



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ASTRONOMY

The night sky of September

Professor, Wayne Wooten

For September 2017, the moon will be full on September 6th, this is the Harvest Moon. The moon is last quarter on September 13th, and the waning crescent Moon passes Venus in the dawn on September 17th. The new moon is September 20th, but no more solar eclipses for us locally until 2023! The Moon is first quarter on September 28th, close to Saturn in the evening sky.

To the west, Jupiter is briefly visible in evening twilight at month's start, near the bright star Spica in Virgo. At dusk, Saturn lies north of the stinger tail of Scorpius, and its rings are tilted wide open for great telescopic views now. Venus is heading back toward the Sun in the dawn, and Mercury and Mars are also too close to the sun for easy viewing now.

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. It is this time of year at an American Indian legend tells of the Bear and three hunters. The bowl is the bear, the three handle stars of the dipper the hunters. The first carries a bow, and has shot



The Ring Nebula, "M-57" is a smoke ring of gas and dust expelled by a dying red giant star as it collapsed to a white dwarf. A similar fate is expected for our own sun in five billion years.

the bear in its flanks. The second optimistically carries a bowl on his shoulder for bear stew; look closely, and you can see the pot (Mizar, horse in Arabic, and Alcor its rider more traditionally). The last hunter carries firewood for the feast. The wound is minor, and the bear has not lost a step, but in the fall, as the bear goes into hiding along the NW horizon, the wound opens slightly, and blood oozes out to fall on the tree leaves and paint them red this time of year.

From the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Spike south to Spica, the hot blue star in Virgo. Jupiter is just NW of Spica, a little brighter and more

yellow in color. Note that Spica is now low in the SW, and by September's end, will be lost in the Sun's glare due to our annual revolution of the Sun making it appear to move one degree per day eastward. To the Greeks, Spica and Virgo were associated with Persephone, the daughter of Ceres, goddess of the harvest. In their version of "Judge Judy", the beautiful young daughter falls for the gruff, dark god of the underworld, Pluto. He elopes with her, much to the disapproval of mother Ceres, and they marry in his underworld kingdom of Hades...a honeymoon in hell...really, he does love her as well, and the marriage itself works well. But it is the reaction of Ceres that creates alarm. Very despondent over the loss of her young daughter to a fate as bad as death, Ceres abandons the crops, which wither. Soon famine sets in, and humanity appeals to Jupiter to save us all. Calling all together, Jupiter hears that Ceres wants the marriage annulled, Persephone loves them both, and

Pluto wants his mother in law to stop meddling. Solomon style, Jupiter decides to split her up, not literally, but in terms of time. In the compromise (aren't all marriages so?), when you can see Spica rising in the east in March, it means to plant your peas. For the next six months, she visits upstairs with as very happy mama, and the crops will prosper. But now, as Spica heads west (to the kingdom of death, in most ancient legends) for six months of conjugal bliss with Pluto, it is time to get your corn in the crib. This simple story, told in some form for as long as Noah's flood, was one of the ways our ancestors 7,000 years ago knew the solar calendar and when to plant and harvest. As you watch Spica fade, thank this star for agriculture, and in a certain sense, even our own culture.

To the south, Antares marks the heart of Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Saturn sits about 6 degrees north of Antares this fall. Near the tail of the Scorpion are two fine open clusters, faintly visible to the naked eye, and spectacular in binoculars. The clusters lie to the upper left of the bright double star that marks the stinger in the Scorpion's tail. The brighter, M-7, is also known as Ptolemy's Cluster, since he included it in his star catalog about 200 AD.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula,

M-8, easily visible with the naked eye. Many other clusters and nebulae lie toward the galactic center, and are shown on the SkyMap chart and discussed on its binocular and telescope object listing on page 2.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, "The Double Double." This is fine sight under steady seeing conditions over 150X with scopes 4" or larger. Our featured object of the month lies at the other end of the parallelogram of Lyra, between the two bottom stars; the Ring Nebula, marked "M-57" on the SkyMap, is a smoke ring of gas and dust expelled by a dying red giant star while its core collapsed to a white dwarf. A similar fate is expected for our own sun in perhaps five billion more years.

To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. At the other end of the "northern Cross" that makes up the body of Cygnus is Alberio, the finest and most colorful double star in the sky. Its orange and blue members are well resolved at 20X by any small scope. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear September evenings. Binoculars should be taken to the deep sky gazes to sweep the rich portion of the Galaxy now best placed overhead in this area. They will also reveal the easiest planetary nebula to see, M-27 in Vulpecula, just south of Alberio. This fine shot of it is by EAAA member John Vedeppo with an 18" scope.

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Farmers' Almanac

"Labor Day is a glorious holiday because your child will be going back to school the next day. It would have been called Independence Day, but that name was already taken".
—Bill Dodds

Mid-Atlantic Weather Watch: Periods of storms (1, 2, 3, 4, 5, 6); fair and warm (7, 8). Showers (9, 10) with fair and mild temperatures (11, 12, 13). More showers (14, 15) turning fair, warm, but a bit cooler (16, 17, 18, 19, 20, 21, 22, 23, 24, 25). Even more showers (26, 27, 28); with fair and mild weather (29, 30).

Tornado Watch: The Town and Country Almanack sees no tornado activity in the month of September.

Full Moon: September's Full Moon is most famously known as the Harvest Moon. It is the Full Moon that

falls closest to the Autumnal Equinox. During this time, the moon would rise very soon after the sun would set on several successive days, giving the farmer a few extra hours of 'light' and a little more time to finish up their daily chores. This year, the Autumnal Equinox will occur on Friday, September 22nd and will signal the beginning of Autumn. The Full Moon closest to that date will occur on Thursday, October 5th and is therefore, the Harvest Moon of 2017.

Special Notes: The Autumnal Equinox is Friday, September 22nd.

Holidays: Labor Day falls on the first Monday of the month, which is September 4th in 2017. On September 11th, 2001, America was attacked like never before. We honor those who perished then on Monday, September 11th. And we must never forget to honor all of the brave first-responders who also perished trying to mini-

mize the loss of life. United We Stand! Citizenship Day is observed on Monday September 18th, the first day of Ramadan is Wednesday, September 20th, and Yom Kippur begins on Friday, September 29th.

The Garden: Fall is a great time to plant and divide perennials and shrubs for next year's garden. By planting in the fall, your plants do not endure the stressful summer heat during establishment and have time to form sufficient root systems before the onset of winter dormancy. Don't retire the lawn mower when the growth of your lawn slows down this fall. As long as the grass continues to grow, it should be mowed. You can help leaves break down more easily by running a lawn mower back and forth over the pile. Put the shredded leaves directly onto the garden or compost pile.

J. Gruber's Thought for Today's Living

"A classroom is not the only place where a person can learn"

COMPUTER Q&A

Does technology make you feel left behind?

Ayse Stenabaugh
Jester's Computer Services

Every time I sit down with a new client for one of our one-on-one technology classes I hear a familiar set of words. They fall along the lines of "I'm computer illiterate" or "I'm a dummy when it comes to computers". I have found that the biggest thing that holds my clients back is a lack of confidence that they can use the computer and they don't have to worry as much as they do! Learning from family and friends can be frustrating which is exactly why our resident tutor offers patience and an experience that is completely tailored to our clients' needs.

The best way for a beginner to learn is to start with some basic skills that are used throughout windows and can be applied in various ways. On Windows computers, there is almost always several ways to complete the same task which can seem confusing but we always try to teach our clients at least one way that will be consistent across all devices.

Learning how to click

First things first you need to know if you are left clicking or right clicking and whether to single click or double click. For almost everything you are going to left click and you are never going to double right click your mouse in Windows to perform any actions.

When you are looking at your desktop screen with no programs open you will see your desktop icons which you click on to open programs. These desktop icons will always require a double click to open. Anytime you are trying to open a folder or a document you are going to double click. If you are clicking on a link on a website, opening your start menu or clicking on an icon on your task bar (the bar at the bottom of your screen that has the clock inside it) you are always going to use a single left click.

The only time you are going to right click while using your computer is to open what I like to call your "edit menu". Right clicking while basically let you edit or manipulate the object that you are right clicking on. You will see a menu appear and while options will vary depending on the target you will typically see options like rename, delete, cut, copy, paste and properties.

Learning about Web Browsers

A web browser is a program that allows you to view webpages. There are several different web browsers and if you own a Windows computer your device will come pre-installed with Internet Explorer and if you are running Windows 10 you will also have Edge pre-installed. If you are running a Mac machine you will have Safari as your default web browser.

Different web browsers will have similar features that may be slightly different to use but the same basic features will be found in each one. At the top of all web browsers you will see an address bar where

web addresses are displayed. In this address bar you can give a website's exact address, for example our website is www.jesterscomputers.com if you typed that into your address bar it would take you directly to our website

If you just typed Jester's Computers however, you would be provided with a list of search results because you provided a search term and not an exact web address. Using a search engine to find websites is okay but you should always type in the web address if you know it because you may end up on a different website than what was intended when using a search engine.

In addition to searching the web and viewing webpages, you can use features inside your web browser to bookmark or save your favorite websites to re-visit them easily later. This allows you to provide easy access to websites that you intend to visit frequently, or to save something such as a recipe for when you are going to use it. Keep in mind that the web is constantly changing

therefore a favorite website could be removed in the future if you absolutely need the information it's still a good idea to print it out if possible.

What else can I use my computer for?

Everyone uses their computer differently which is why we offer individual classes tailored to the needs of the student. Some people take a lot of pictures and want to be able to store their pictures in an organized fashion on their device. You can even use printing services such as Shutterfly or Walmart Photo online to have prints made from the convenience of your home.

Those who love music enjoy being able to download their favorite songs from websites like Amazon or iTunes to be able to store them on an mp3 player or iPod for listening on the go. Other's enjoy using popular streaming services and apps like iHeartRadio or Spotify to play their favorite music while online.

Some have a need for word-processing and use software such as Microsoft Office (Word, Excel

etc) or Open office (a free alternative). Those who are in business or track their own financials may primarily use their computers to access software such as Quickbooks or Quicken.

Whatever you may use your computer for if you find yourself struggling

with completing a task or just want to learn "a better way" to accomplish tasks more efficiently contact us at Jester's Computers to schedule an affordable one-on-one class with our computer tutor! We are located at 5135 Fairfield Road in Fairfield. You can reach us at 717-642-6611 or on the web at www.jesterscomputers.com.

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UPCOMING EVENTS

September 1 - 3

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friends, and much more! For more information call 717-642-8256 or email mkovacs@campeder.org.

September 4

Annual Labor Day at Our Lady of Mt. Carmel Parish, Thurmont. Family Style Fried Chicken and Ham Dinner. Air conditioned dining room and ample parking. Live Music by the Home Comfort Bluegrass Band, Bingo, Large White Elephant Sale, Bake Sale and Raffle. Carry outs available. Enjoy a day with us! For directions

visit our Website: www.sasolmc.org.

September 9

Fort Ritchie Community Center's Cobblestone Hotel & Suites Bass Fishing Tournament (grand prize is cash!). Bring the whole family for some friendly outdoor competition! Each tournament will have a grand cash prize winner! Second and third place prizes will be given out as well!

Super Saturday Outdoor Market at the Red Door Boutique. What is Super Saturday? It's the fastest growing event in Taneytown that fills the parking lot at The Red Door Bou-

tique with talented vendors. We believe that shopping small and local is important year round so we created a space for local entrepreneurs to gather and offer customers a one-stop shop each month. This is going to be one big Super Saturday and you don't want to miss out! Check out the lineup of unique super vendors this month on our website www.red-door-taneytown.com.

Fall Festival with live music co-hosted by Hundredfold Farm and Halbrecht Winery & Vineyard. This event will be held rain or shine. Enjoy live music on the veranda at Hundredfold Farm

and tours of this sustainable community. There will also be a hayride shuttle to neighboring Halbrecht Vineyards for free wine tasting. At 5 p.m., guests are welcome to stay for a potluck dinner; bring a dish to share. This event is free to the public. Residents are proud to say that Hundredfold Farm is a demonstration site for ecological sustainability as well as collaborative and cooperative living. For more information call 717-321-0004 or visit www.hundredfoldfarm.org.

September 9 & 10

13th Annual Gettysburg Wine & Music Festival. Enjoy a fall weekend at central PA's premier wine event located at Gateway Gettysburg. Savor hundreds of wines from over 25 Pennsylvania wineries and enjoy great live music. Proper ID is required to enter the festival grounds. No pets, weapons, or outside food may be brought onto the grounds. Chairs, portable tents, blankets, and empty coolers are welcome. For more information, call 717-334-8151 or visit <http://www.gettysburgwineandmusicfestival.com>.

September 14 & 28

Stitch and Chat at the Emmitsburg Library Activity Room. Bring your current work in progress or a new project for a get together with others who enjoy knitting, crocheting, cross stitch, embroidery, quilting, etc. All experience levels welcome.

September 15

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UPCOMING EVENTS

Gettysburg-Leon. The event will observe the 32 years of Gettysburg's Sister City relationship with Leon, Nicaragua. Salsa on the Square is also a Fiesta to celebrate the contributions of Latino people to the economy and culture of Adams County.

The Dance will take place on the first block of Carlisle Street, which will be closed from Lincoln Square to the railroad tracks. For the seventh consecutive year, the Salsa Dance will feature the Latino music of Hector Rosado and his Orquesta A-CHE. Local food vendors will include Ragged Edge, the Gettysburg College Servo Express and local Mexican restaurants. Gettysburg College students will organize children's games and activities. The Gigantona, a large Nicaraguan folk doll will again make her appearance. Gettysburg Mayor Ted Streeter will make a proclamation declaring September 16 Hispanic Heritage Day in Gettysburg. For more information, call 717-337-6490.

September 17

26th Annual Adams County Heritage Festival. The Adams County Heritage Festival is a celebration of ethnic music, food, and crafts that reflects the multicultural atmosphere of Adams County, Pennsylvania. The event will take place at the Gettysburg Area Recreation Park. Family-oriented entertainment includes music, dance, and a children's play, as well as a full afternoon of children's activities, including

games, storytelling, and piñatas. For more information, call 717-334-8943 or visit <http://icpj-gettysburg.org>.

September 22

Elias Lutheran Church of Emmitsburg will host Bluegrass Music with Spaghetti Dinner. Eat in and carry out available. Dinner is a benefit for Emmitsburg Council of Churches Mission to Kenya 2018.

September 23

Gettysburg Outdoor Antique Show. More than 120 antique dealers and collectors from the North and the South will converge on Gettysburg. Sprawling out from Gettysburg's historic Lincoln Square, the antique event is billed as a "buyers and sellers" paradise, with high quality antiques and collectibles. The event is held on Carlisle, Chambersburg, Baltimore and York Streets, along with Lincoln Square, all in Historic Downtown Gettysburg. The show is held rain or shine. The proceeds from this semi-annual event continue to support the community activities of the

Gettysburg Area Retail Merchants Association. For more information call 717-253-5750 or visit <http://www.gettysburgretailmerchants.com>.

September 29

Fort Ritchie Community Center's Speaker Series: Journey Through the Hallowed Ground. The mission of The Journey Through Hallowed Ground Partnership is dedicated to raising national and international awareness of the unparalleled history in the region extending from Gettysburg, Pennsylvania, through Maryland and Harpers Ferry, West Virginia to Jefferson's Monticello in Albemarle County, Virginia.

September 29 & 30

Oktoberfest at the Frederick Fairgrounds. Bratwurst, Oktoberfest beer, German wines, dancing, music, children's events and much more! And it all benefits Frederick County charities. Spearheaded by the Rotary Club of Carroll Creek, and the Rotary Club of Southern Frederick County this annual, family-friendly event not only

promotes cultural exchange, but it also supports both clubs' efforts in the community to raise tens of thousands of dollars for local non-profits. Kick off event featuring Flying Dog Brewery. Join us for an exclusive Oktoberfest Kickoff Event (Age 21+). Enjoy Flying Dog's Brewhouse Rarities and Limited Releases, special food pairings and live music. Friday night attendees receive four beer samples, one full beer, unlimited food pairings, and entertainment by Fuzzy Match. For more information, visit <http://www.frederickoktoberfest.org/friday>.

September 30

24th Annual National Public Lands Day hosted by the Catoctin Forest Alliance. Picnic area rehabilitation and forest restoration. All training and equipment will be provided. All vol-

unteers will receive a free one-day pass valid for all National Parks and Federal lands!

Chincoteague Pony Tea. Enjoy a pony-themed tea featuring a boxed lunch with ice cream and lemonade. Hosted by the Carroll County Farm Museum. After tea, children's author Lois Szymanski will give a presentation on the wild ponies of Chincoteague. Visit with a real Chincoteague pony after the presentation! Reservations by September 15.

Bingo at Upper Hall at St. Anthony Shrine, Emmitsburg. To benefit the cemetery perpetual care fund. 50/50 Bingo Games, 50/50 Raffle, Tip Jar games (must be 18 to buy or play tip jar games). food available for purchase.



Choose When You Want To Play!

THURSDAY NIGHTS
Great Food! Huge Jackpot!
Doors Open @ 5:30 PM
Bingo Starts @ 6:45 PM

TWILIGHT BINGO
1st Friday Of Every Month!
Food! 3 Jackpots! Larger Payouts!
Doors open @ 5:30 PM
Bingo starts @ 8 PM

Fairfield Fire & EMS
Follow Rt. 116 To Fairfield
Turn Onto J. Harry Kane Blvd.



SETON FAMILY STORE
FALL BAG SALE!
Fri., Sept 8th & Sat., Sept. 9th
10 a.m. - 4 p.m.

Seton Family Store will provide 2 different choices of bags to fill!
A plastic grocery bag for \$4
or
A brown paper grocery bag for \$7

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Fall is here and that means
BACK TO SCHOOL!





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Mount St. Mary's University Welcomes Second Largest Class to New Academic Year



Mount St. Mary's University welcomed the second largest class in its 209-year history to the university during the annual convocation celebration marking the beginning of the new academic year. More than 510 freshmen students, the second largest class in the school's history, as well as 53 transfer students, the most in its history, joined the student body. The Class of 2021 includes more than 100 additional students than last year's freshman class, marking a 25 percent rise in new student enrollment.

"We are excited to welcome such a large and diverse class to campus this fall," said Mount St. Mary's University President Timothy Trainor, Ph.D. "On behalf of administrators, faculty and staff, we look forward to helping all students succeed in their fields of study and make a difference in the Mount community and the world."

The students hail from 327 different high schools in 29 different states, helping make this class one of the most diverse in Mount history. The most popular declared majors for the incoming class are business (16 percent), biology (10 percent) and criminal justice (7 percent). Additionally, nearly a quarter (24 percent) of the incoming class are Division I athletes.

"We look forward to engaging with the freshman class to help them be successful in reaching their dreams," said Mount St. Mary's Interim Provost Jennie Hunter-Cevera.

The Mount attributes its success in enrollment growth to a number of positive factors, including the attention it received from having three Fulbright ETA Finalists and two Fulbright US-UK scholars. Also, the Mount launched new academic programs in cybersecurity and the interdisciplinary Politics, Philosophy and Economics, announced partnerships for cybersecurity and biology transfer opportunities with Frederick Community College, and garnered national attention in NCAA Division I athletics, particularly in men's basketball and men's and women's track and field.

"Prospective students and families are more aware than ever of the Mount's academic strength and broad spectrum of excellence, inside and outside the classroom," said the Mount's Vice President for Enrollment Management and Student Affairs Michael Post.

Earlier this summer, the Mount also announced that Trainor will be installed as its 26th president at an inauguration ceremony on Monday, October 23. Further helping improve the university's standing in the region, Trainor has led efforts to develop the university's strategic plan, reorganize academic departments, secure a \$1 million donation for the Palmieri Center for Entrepreneurship, and launch a capital campaign with the goal of \$30 million.

Seminary Graduate Fr. Stanley Rother to be Beatified Sept. 23



A Beatification Mass for Fr. Stanley Rother, S'63, will be held in Oklahoma City on Saturday, Sept. 23. Rother is the first U.S.-born martyr, and Mount St. Mary's Seminary is the first seminary in the country with a graduate who is both blessed and a martyr. The Mount will send a special delegation to the event led by Msgr. Andrew Baker, S.T.D., seminary rector. Members of the Seminary Schola will sing during the Mass.

Rother was assassinated in Guatemala on July 28, 1981 while on assignment as a missionary from the Archdiocese of Oklahoma City. He had spent 13 years working with the poor in a rural

town of the Central American country at the time of his death.

"As a good shepherd, Fr. Rother knew that he could not abandon his flock when his life was in danger. We teach our men that their dedication to their people as a priest must take priority over their own needs and even their own life. I think it means that the Mount has always formed and continues to form men to be saintly priests."

Cable television channel EWTN will air a documentary on the life of Rother, "Fr. Stanley Rother: American Martyr" and it is currently scheduled to air on September 18, 1 p.m. and September 22, 8 p.m.



Events at the National Shrine Grotto of Our Lady of Lourdes

Sept. 2 Vietnamese Pilgrimage
 Sept. 8 Nativity of the Blessed Virgin Mary Reconciliation, 11 a.m. in the Confessional near St. Mary's Chapel Mass, noon in St. Mary's Chapel
 Sept. 9 Our Lady of Lourdes Rosary Crusade, Grotto Cave 10:30 a.m.
 Sept. 9 & 10 Weekend Mass
 Sept. 16 & 17 Weekend Mass
 Sept. 23 & 24 Weekend Mass
 Sept. 30 & Oct. 1 Weekend Mass
 All masses held at noon.

Grotto to Dedicate St. Sharbel Shrine



Sept. 30, 2017
 Join us at the National Shrine Grotto of Our Lady of Lourdes on Saturday, Sept. 30 for a day of celebration in honor of the dedication of a shrine of St. Sharbel. A Holy Mass and reception will follow the dedication ceremony.

10:30 a.m. – Preparation
 11 a.m. – Dedication ceremony
 Noon – Holy Mass
 1 p.m. – Reception

For more information, visit nsgrotto.org

Women's Rugby Team Home Opener



Sept. 9 at 11 a.m. Echo Field
 Women's Rugby Team Home Opener
 Join us for the first home game of the Division I women's rugby team's inaugural season. The Mount will take on Kutztown at 11 a.m. on Echo Field.